



# BHS-SAC

BEHAVIORAL HEALTH SERVICES SCREENING AND COORDINATION



SACRAMENTO  
COUNTY

PRESENTER NAME

YOU'RE JUST ONE CALL AWAY FROM SUPPORT.

## Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

## Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have opportunity to experience optimum wellness.

## Our Values



# CULTURAL & LINGUISTIC NEEDS

## Threshold Languages

- ❖ Arabic
- ❖ Cantonese
- ❖ Farsi
- ❖ Hmong
- ❖ Russian
- ❖ Spanish
- ❖ Vietnamese

- Informing Materials provided in threshold languages.
- Cultural/linguistic needs explored during assessment and incorporated into treatment plans.
- Interpreters for a wide-range of languages are available free of charge, including American Sign Language.
- Behavioral Health Racial Equity Collaborative to improve behavioral health outcomes.



# WHAT'S CHANGING?

DECEMBER 31, 2024, AND PRIOR

SUBSTANCE USE PREVENTION AND TREATMENT SYSTEM OF CARE CALL CENTER



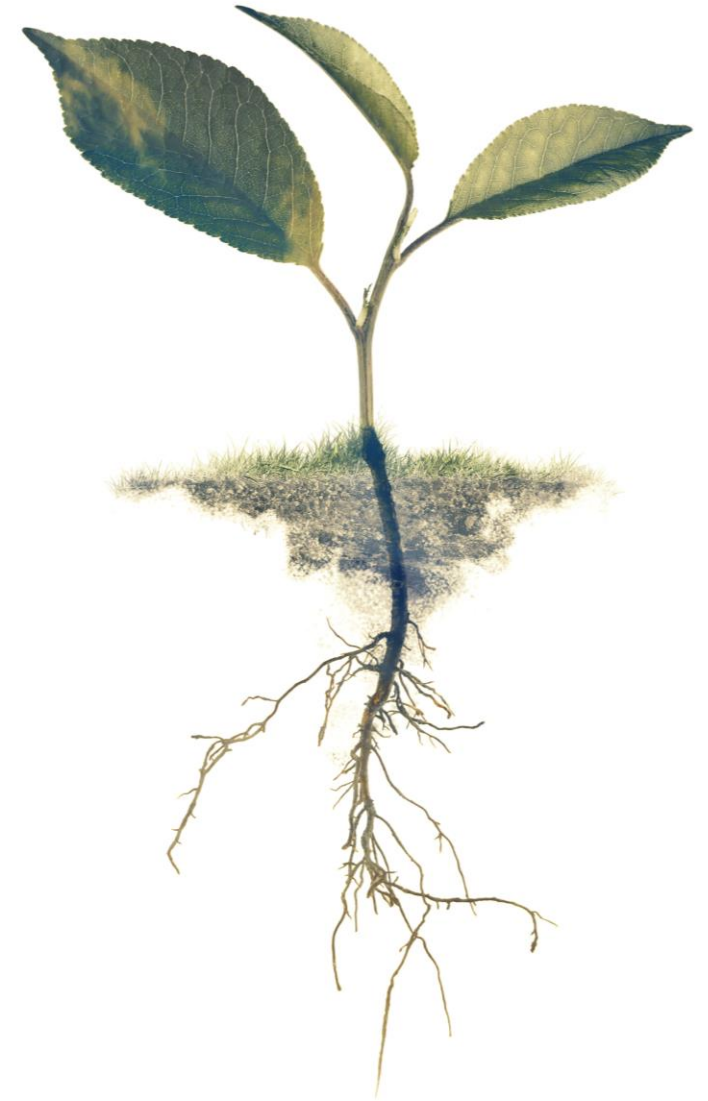
MENTAL HEALTH ACCESS CALL CENTER



JANUARY 1, 2025, AND FORWARD

BHS-SAC

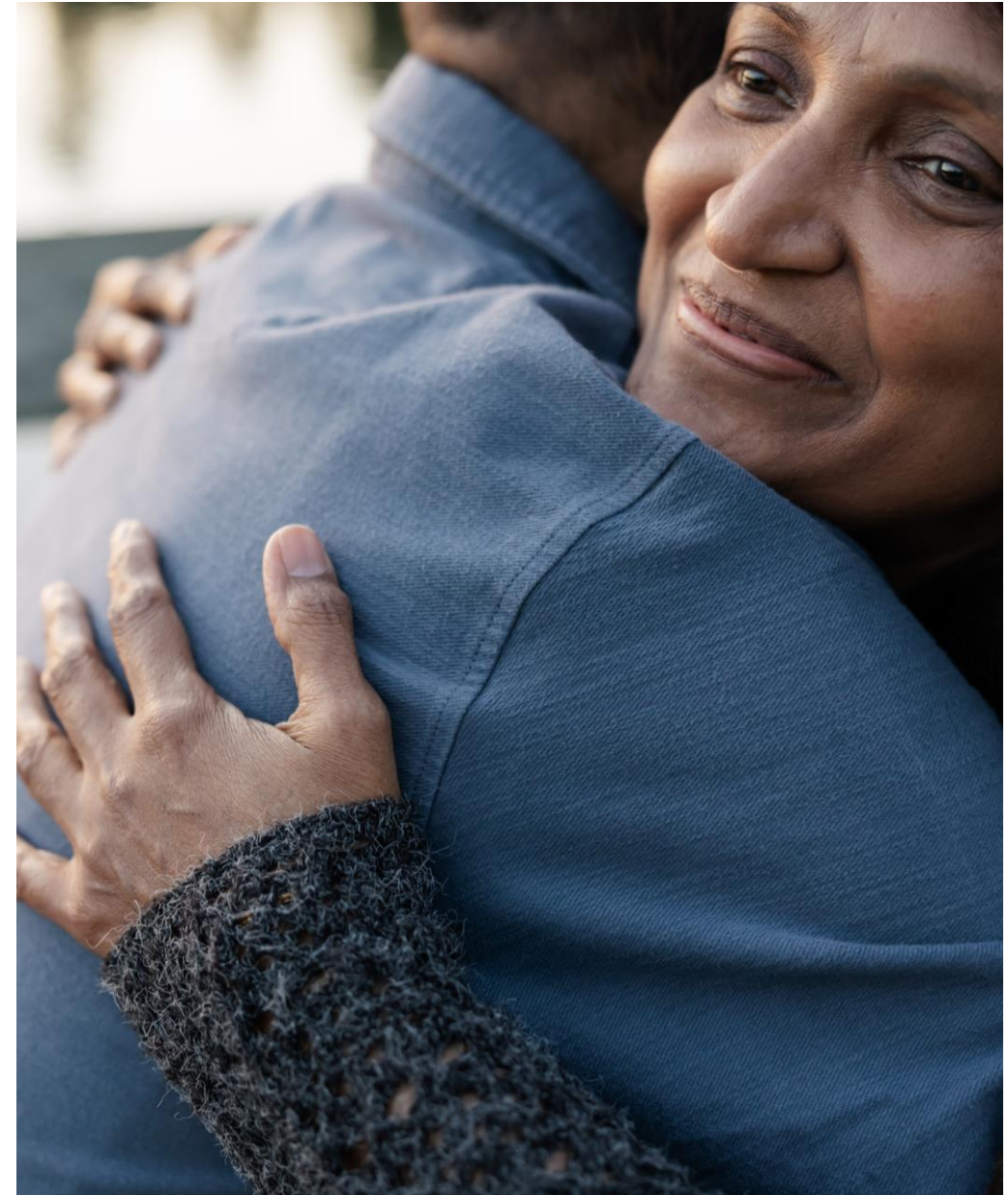
BEHAVIORAL HEALTH SERVICES SCREENING & COORDINATION CALL CENTER



# WHY THE CHANGE?

California Advancing and Innovating Medi-Cal (CalAIM) is a multi-year state-wide initiative to improve the quality of life and health outcomes of our population by implementing broad delivery system, program, and payment reform across the Medi-Cal program.

The Behavioral Health components of CalAIM are designed to support whole-person, integrated care. It aims to consolidate specialty mental health services and substance use prevention and treatment services into a single county-based behavioral health program. As such, a centralized place to call will make it easier for the community to seek services.



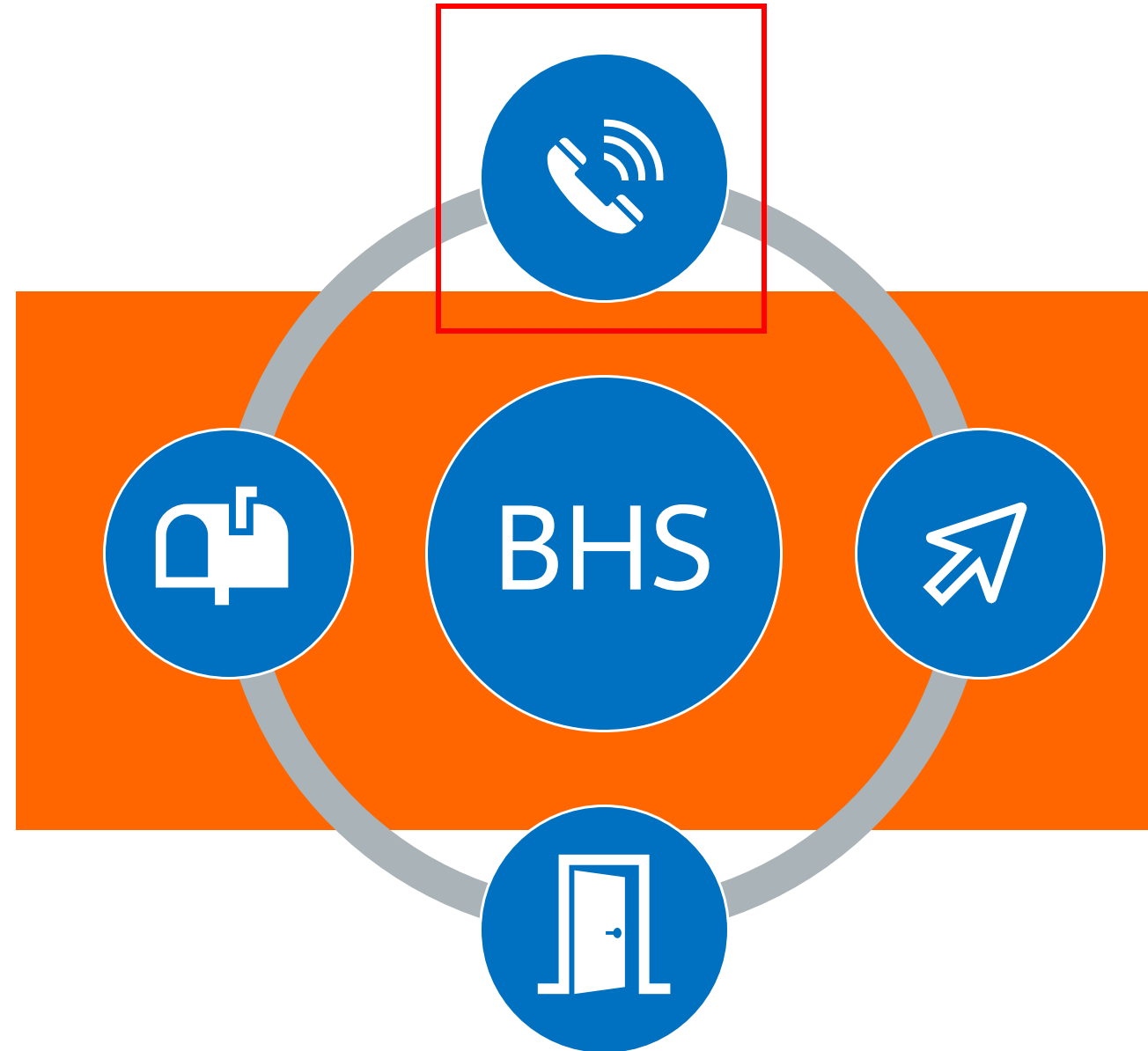


# BHS-SAC New Call Center

**STARTING JANUARY 1, 2025, SACRAMENTO COUNTY'S BEHAVIORAL HEALTH SERVICES (BHS) SCREENING AND COORDINATION (SAC) WILL LINK YOU TO SERVICES FOR ALL YOUR MENTAL HEALTH AND SUBSTANCE USE TREATMENT NEEDS!**

**Go-Live: JANUARY 1, 2025**

# HOW TO SEEK BEHAVIORAL HEALTH SERVICES



## CONTACT BHS-SAC



### PHONE NUMBER

916-875-1055,  
CA Relay 711



### TOLL FREE NUMBER

888-881-4881



### FAX NUMBER

916-875-1190



### HOURS

24 Hours a Day,  
365 Days a Year

If you are experiencing a behavioral health crisis, please call 988. If you are experiencing a life-threatening emergency, please call 911.



# WHAT TO EXPECT WHEN CALLING BHS- SAC

**Callers will receive a brief screening to help determine the best program and level of care for the individual.**





# DON'T FEEL LIKE CALLING?

WALK IN TO SERVICES TODAY!

## MENTAL HEALTH ADULT AND CHILD PROVIDER WALK IN HOURS

<https://dhs.saccounty.gov/BHS/Documents/Adult%20%26%20Child%20Provider%20Walk-in%20Hours%20List.pdf>



## SUBSTANCE USE PREVENTION AND TREATMENT COMMUNITY RESOURCE LIST

<https://dhs.saccounty.gov/BHS/Documents/SUPT/GI-BHS-SUPT-Community-Resource-List.pdf>

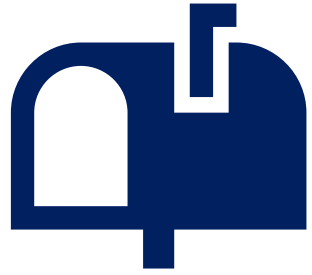




# DON'T FEEL LIKE CALLING?

THE ONLINE REQUEST FORM IS AVAILABLE!

- [Online Mental Health Services Request Form](#)
- [Online SUD Adult Universal Referral Form](#)
- [Online SUD Youth Referral Form](#)



# DON'T FEEL LIKE CALLING?

MAIL REFERRALS ARE AVAILABLE!

- Print and Mail the [Mental Health Service Request Form](#) to: BHS-SAC Team, 7001-A East Parkway, Suite 700, Sacramento, CA 95823
- Print and Mail the [SUD Adult Universal Referral Form](#) or [SUD Youth Referral Form](#) to: BHS-SAC Team, 7001-A East Parkway, Suite 700, Sacramento, CA 95823

# BHS-SAC – Services Offered



Screening for Mental Health and Substance Use Services



Mental Health and Substance Use Outpatient Treatment



Residential Treatment



Recovery Residences/Sober Living Environments



Care Coordination



Crisis Intervention



Medication Support



Medication Assisted Treatment



Therapy Rehabilitation Services and Groups



Driving Under the Influence Programs



Linkage to Community Resources



# BEHAVIORAL HEALTH SERVICES OVERVIEW



# ADULT SUBSTANCE USE PREVENTION AND TREATMENT CONTINUUM OF CARE

Prevention, Education, and Awareness



Outpatient & Intensive Outpatient



Withdrawal Management



Medication Assisted Treatment



Residential Treatment



Recovery Residences



Collaborative Court Programs



DUI Programs



**SERVICES PROVIDED TO YOUTH, TRANSITION-AGE YOUTH, ADULTS, OLDER ADULTS, PREGNANT/PARENTING WOMEN, AND OTHER SPECIAL POPULATIONS.**

**FY 2023-2024 YTD (JULY 1, 2023 – MAY 31, 2024), APPROXIMATELY 6,061 INDIVIDUALS RECEIVED TREATMENT SERVICES.**

**PRIMARY DRUG OF CHOICE:**

- Opiates – 41.9%
- Methamphetamines – 23.1%
- Alcohol – 21.4%
- Marijuana – 8.8%
- Other - 4.8%

# YOUTH SUBSTANCE USE PREVENTION AND TREATMENT CONTINUUM OF CARE

Prevention,  
Education, and  
Awareness



Outpatient &  
Intensive  
Outpatient



Residential  
Treatment



Coming Soon!



# ADULT AND JUSTICE INVOLVED MENTAL HEALTH CONTINUUM OF CARE

Prevention  
Early  
Intervention



Supporting  
Community  
Connections



Mental  
Health  
Respites



Community  
Programs



Entry Points



Intensive  
Outpatient  
Specialty  
Mental  
Health  
Services  
(CORE/FSP)



Courts/  
Justice  
Involved



Crisis  
Services



Acute  
Care



Sub Acute  
Care



**IN FY 2023-2024 YTD (JULY 1, 2023 – MAY 31, 2024),  
APPROXIMATELY 9,128 INDIVIDUALS RECEIVED  
TREATMENT SERVICES.**

## **PRIMARY DIAGNOSES:**

- **Psychotic Disorder - 35.2%**
- **Depressive Disorder - 24.6%**
- **Anxiety Disorder - 20.6%**
- **Bipolar Disorder - 16.1%**
- **Personality Disorder - 1.3%**
- **Other - 1.1%**

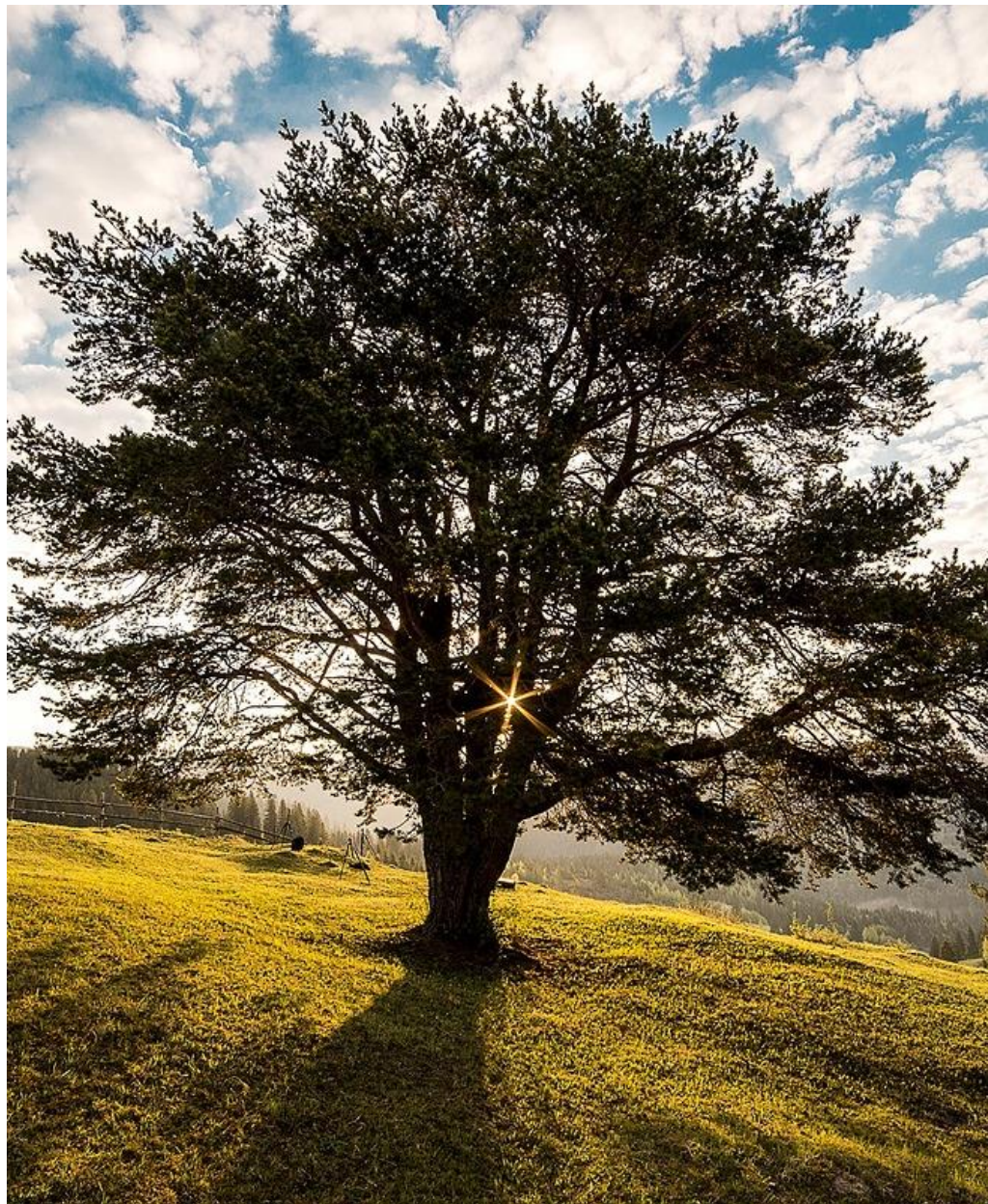
# CHILD AND FAMILY MENTAL HEALTH CONTINUUM OF CARE



**FY 2023-2024 YTD (JULY 1, 2023 – MAY 31, 2024),  
APPROXIMATELY 8,141 INDIVIDUALS RECEIVED  
TREATMENT SERVICES.**

## **PRIMARY DIAGNOSES:**

- Anxiety Disorder – 32.9%
- Depressive Disorders – 20.3%
- Adjustment Disorders – 14.9%
- ADHD – 14.2%
- Other Disorders – 9.1%
- Conduct Disorder – 5.8%
- Bipolar Disorder – 1.3%
- Psychotic Disorder – 1.1%



# ADDITIONAL RESOURCES

## TURNING POINT COMMUNITY PROGRAM'S MENTAL HEALTH URGENT CARE CLINIC (MHUCC)

24/7 Walk in Mental Health and  
Substance Use Treatment

916-520-2460

## MEDI-CAL QUICK GUIDE

Find Out Important Managed  
Care Plan Information at a  
Glance

<https://dhs.saccounty.gov/BHS/Documents/GI-MediCal-Behavioral-Health-Quick-Guide.pdf>

## WELLSPACE HEALTH CRISIS RECEIVING FOR BEHAVIORAL HEALTH (CRBH)

24/7 Referral Based Sobering  
Center and Crisis Mitigation

<https://www.wellspacehealth.org/services/behavioral-health-prevention/crisis-receiving-for-behavioral-health-2>

## 988 SUICIDE AND CRISIS HOTLINE

Call or text 24/7 for Free,  
Confidential, Support and to Access  
the Community Wellness Response  
Team (CWRT)

<https://988lifeline.org/>



## BHS-SAC

- Main Line: (916) 875-1055
- (888) 881-4881

## Tory Ross, LMFT, Health Program Manager

- Cell Phone: (916) 809-5469
- [RossTo@saccounty.gov](mailto:RossTo@saccounty.gov)

## Lori Miller, LCSW, Division Manager

- Office Phone (916) 875-2046
- [MillerLori@saccounty.gov](mailto:MillerLori@saccounty.gov)



Thank You

Pedro Marinho 4/30/20