



CIRCLE Clinic

*Comprehensive Integration of Resilience
into Child Life Experiences*

Hannah Snitzer MD MPH

Katy Carlsen MD

Jan Whiteside PHN

Salina Rodriguez LMFT

Nancy Rodriguez BSW

Scott Akins DO

Jihey Yuk MD

Anisha Srinivasan MD

Sean Munoz MD

Jenny Landini LCSW

Gaby Peralta

CIRCLE Clinic

Sacramento County Health Center (SCHC)

Corner of Broadway & Stockton



Who We Serve

- Children and families involved in Child Welfare
 - Children in foster care
 - Informal supervision
 - Kinship care
- Children and families at risk for Child Welfare involvement
 - Fragmented home environment
 - Fragmented care
 - Families with significant substance use or justice system involvement
- Complex medical and mental health needs

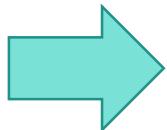
Foster Youth and Health

- Higher rates of poor health outcomes, persisting into adulthood
 - Obesity
 - Cardiovascular disease
 - Substance Use
- Higher rates of behavioral/mental health challenges
- Higher rates of risky behaviors
- Lower graduation rates
- Lower employment rates

CIRCLE Clinic

Referral

- CPS Social worker
- Public health nurse
- Health providers
- Families / self
- Community groups



Care Coordination

Coordinate care between different subspecialists, mental health



Medical Care

Evaluation and full scope primary care

Mental Health

Assess mental health, offer PC-CARE, brief intervention/parent support. Psychiatry services available.

Family Resource & Family Navigator

Identify needs, connects families to local resources

Behavior & Development

Assess behavior and development, brief intervention/parent support

Highlights

- Trauma-informed, evidence-based
- Developmental and psychiatric assessments in single medical home
- Coordination with age-appropriate mental health services, including parent coaching
- Coordination of care
- Long-standing relationships with families and children

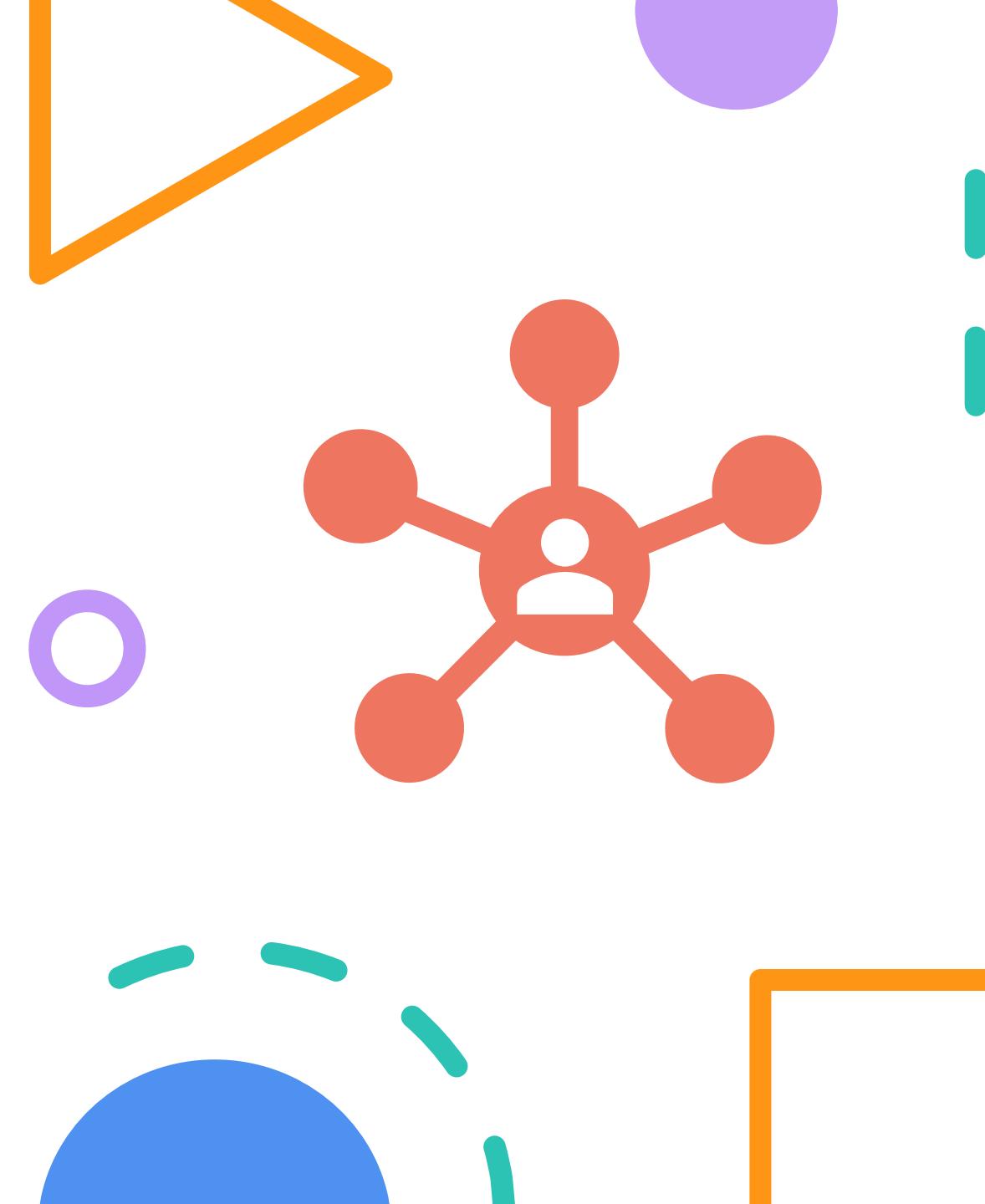
Network of Care: Within **CIRCLE** Clinic

- Sacramento County Health Clinic
- UC Davis Department of Pediatrics
- CAARE Center
- MIND Institute
- UC Davis Child Psychiatry



Network of Care: Beyond CIRCLE Clinic

- Child Welfare/Social Services
- Juvenile/Dependency Courts
- Court Appointed Special Advocates
- School Districts
- Regional Centers
- Medical subspecialists



Challenges and Opportunities

- **Managed Care Medi-Cal**

- Plans often actually enroll foster children and youth into their plans from Fee For Service (FFS)M/C without the families being consulted
- Often disrupts our care as patient is assigned an outside PCP even if the MMC is accepted by our clinic?
- This may impact access to our follow up as well Specialty care referrals in place
- Foster children/youth are supposed to always be enrolled in FFS which would allow them to go anywhere but Sacramento County with 5 MMC plans does not necessarily adhere to this.
- Significant amount of time is spent with families trying to coordinate this situation and help them to change PCP to us if they want to do so



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Questions?

Katy Carlsen, MD
Associate Clinical Professor Pediatrics
UC Davis Pediatrics
carlsenk@saccounty.gov

Hannah Snitzer, MD MPH
Director CIRCLE clinic
hesnitzer@health.ucdavis.edu

