



# CIRCLE Clinic

*Comprehensive Integration of Resilience  
into Child Life Experiences*

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# CIRCLE Clinic

## Sacramento County Health Center (SCHC)

Corner of Broadway & Stockton



**UC DAVIS**  
**HEALTH**

**CHILDREN'S**  
**HOSPITAL**

# Who We Serve

- Children and families involved in Child Welfare
  - Children in foster care
  - Informal supervision
  - Kinship care
- Children and families at risk for Child Welfare involvement
  - Fragmented home environment
  - Fragmented care
  - Families with significant substance use or justice system involvement
- Complex medical and mental health needs

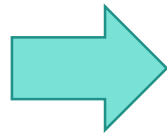
# Foster Youth and Health

- Higher rates of poor health outcomes, persisting into adulthood
  - Obesity
  - Cardiovascular disease
  - Substance Use
- Higher rates of behavioral/mental health challenges
- Higher rates of risky behaviors
- Lower graduation rates
- Lower employment rates

# CIRCLE Clinic

## Referral

- CPS Social worker
- Public health nurse
- Health providers
- Families / self
- Community groups



## Care Coordination

Coordinate care between different subspecialists, mental health



## Medical Care

Evaluation and full scope primary care

## Mental Health

Assess mental health, offer PC-CARE, brief intervention/parent support. Psychiatry services available.

## Behavior & Development


Assess behavior and development, brief intervention/parent support

## Family Resource & Family Navigator

Identify needs, connects families to local resources



# Highlights

- Trauma-informed, evidence-based
  - Developmental and psychiatric assessments in single medical home
  - Coordination with age-appropriate mental health services, including parent coaching
  - Coordination of care
  - Long-standing relationships with families and children
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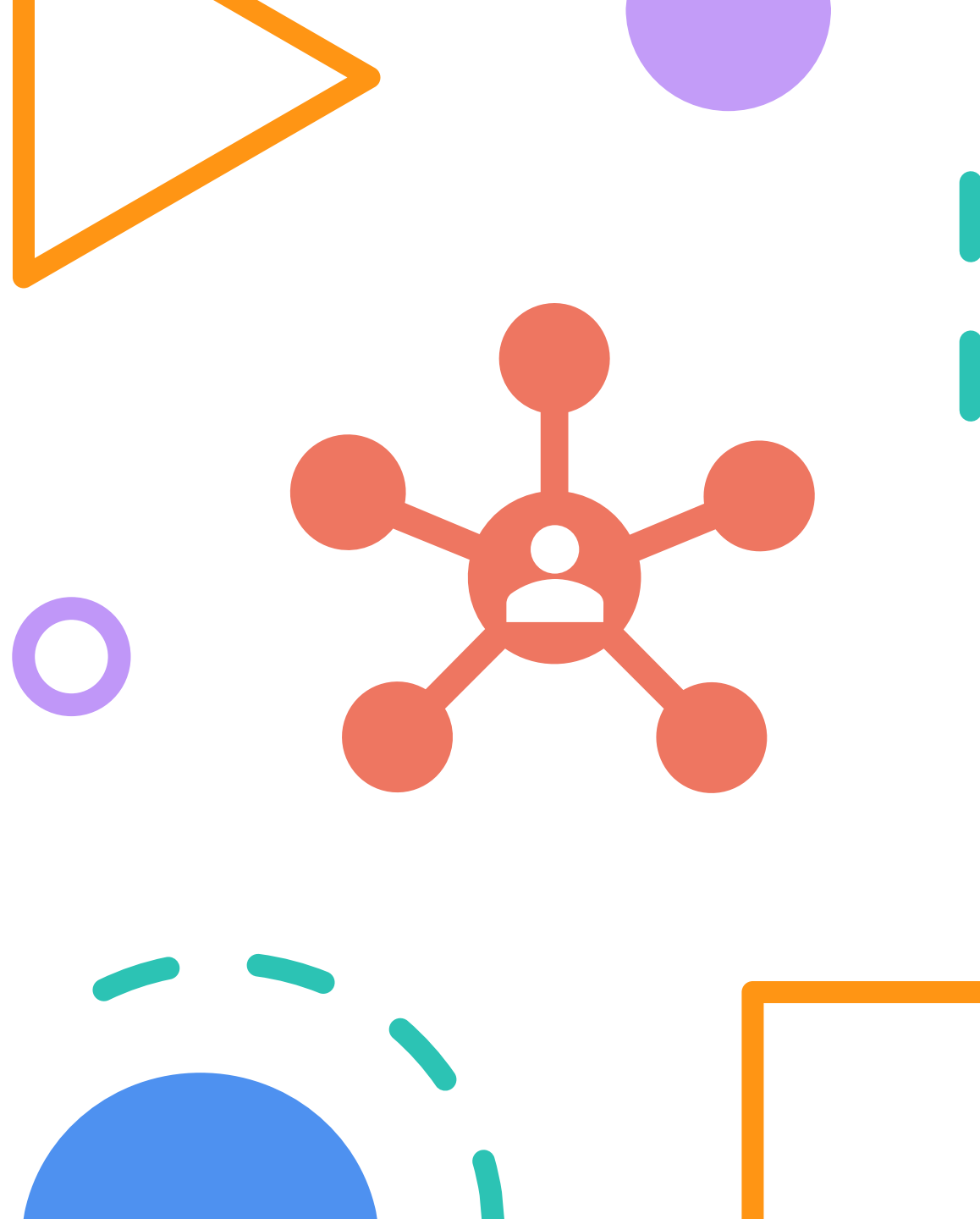
# Network of Care: Within **CIRCLE** Clinic

- Sacramento County Health Clinic
- UC Davis Department of Pediatrics
- CAARE Center
- MIND Institute
- UC Davis Child Psychiatry



# Network of Care: Beyond CIRCLE Clinic

- Child Welfare/Social Services
- Juvenile/Dependency Courts
- Court Appointed Special Advocates
- School Districts
- Regional Centers
- Medical subspecialists





# Challenges and Opportunities

- **Managed Care Medi-Cal**

- Plans often actually enroll foster children and youth into their plans from Fee For Service (FFS)M/C without the families being consulted
- Often disrupts our care as patient is assigned an outside PCP even if the MMC is accepted by our clinic?
- This may impact access to our follow up as well Specialty care referrals in place
- Foster children/youth are supposed to always be enrolled in FFS which would allow them to go anywhere but Sacramento County with 5 MMC plans does not necessarily adhere to this.
- Significant amount of time is spent with families trying to coordinate this situation and help them to change PCP to us if they want to do so



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Questions?

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