

**Respiratory Disease Health Advisory – Masking Mandate**  
**April 3, 2026**

**Situational Update**

Overall respiratory disease activity continues to decline, with both influenza and respiratory syncytial virus (RSV) at very low levels. Sacramento County Public Health (SCPH) will be lifting the masking mandate as of **April 6, 2026**. However, institutions may choose to implement their own masking guidance. Health care workers with underlying health conditions, including those who are immunocompromised, should still consider wearing a mask.

**Actions Requested of Health Care Systems and Clinicians:**

1. **Continue to report** electronically to SCPH – via CalREDIE or confidential fax at (916) 854-9709 – the following laboratory-confirmed cases:

Influenza	COVID-19	RSV
Intensive care unit (ICU) cases of all ages	Hospitalizations via the National Healthcare Safety Network (NHSN)	Intensive care unit (ICU) cases ages <5 years old
Deaths of all ages	Deaths ages <18 years old <sup>1</sup>	Deaths ages <5 years old
Novel influenza viruses (e.g. H5N1, H7N9) and Outbreaks <sup>1</sup>	Outbreaks <sup>1</sup>	Outbreaks <sup>1</sup>

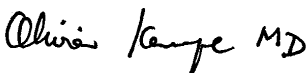
Medical records (e.g., admission notes, lab results, discharge summary, vaccination information) for **all** ICU and fatal cases should be uploaded into the CalREDIE filing cabinet or faxed.

2. **Implement** infection control precautions as appropriate.
3. **Treat** with antivirals as early as possible for patients confirmed or suspected to have influenza or COVID-19, especially for hospitalized patients and those at risk of severe complications.
4. **Ensure** ill health care workers remain home and do not go to work.

**Resources:**

1. Respiratory Virus Reporting Guidance for Local Health Jurisdictions (CDPH): <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Respiratory-Viruses/LHJreportingguidance.aspx>
2. Respiratory Virus Diseases Dashboard (SCPH): <https://dhs.saccounty.gov/PUB/Pages/Respiratory-Virus-Diseases-Dashboard-2025-2026.aspx>

Sincerely,



Olivia Kasirye, MD, MS  
 Public Health Officer