

Department of Health Services
Timothy W. Lutz
Director



Divisions
Administration
Behavioral Health
Primary Health
Public Health

County of Sacramento

Sacramento County EMS Agency APOT Summit #2 2024

October 3, 2024
9:00AM – 1:00PM

- 9:00AM – 9:20AM:** Opening Remarks:
Greg Kann MD, SCEMSA Medical Director
- 9:20AM – 9:50AM:** Preparing for the Next Patient:
Jon Rudnicki, Assistant Chief – Director of EMS
- 9:50AM – 10:20AM:** APOT Mitigation Success Story:
Kimberly Adams/Chris Britton, Kaiser Roseville
- 10:20AM – 10:50AM:** APOT Alley:
Amelia Hart RN, Mercy San Juan Medical Center
- 10:50AM – 11:20AM:** Break – Refreshments
- 11:20AM – 11:50AM:** County APOT Mitigation Strategies – Making Durable Change:
Dale Ainsworth PhD, Assistant Professor,
Sac State University
- 11:50AM – 12:00PM:** County Leadership Perspectives:
Supervisor Pat Hume
- 12:00PM – 12:30PM:** SB43 and Impact on APOT:
Dr. Ryan Quist,
Sacramento County Behavioral Health Director
- 12:30PM – 1:00PM:** APOT Innovation – A Sacramento Story.
Monique Brown, The Growth Factory

Closing Remarks / Adjournment: Greg Kann MD

Division of Public Health
Olivia Kasirye, MD, MS
Public Health Officer



**Sacramento County Emergency
Medical Services Agency**
9616 Micron Ave Suite 940
Sacramento, CA 95827
phone (916) 875-9753
www.dhs.saccounty.gov/pub/ems



Sacramento County EMS Agency

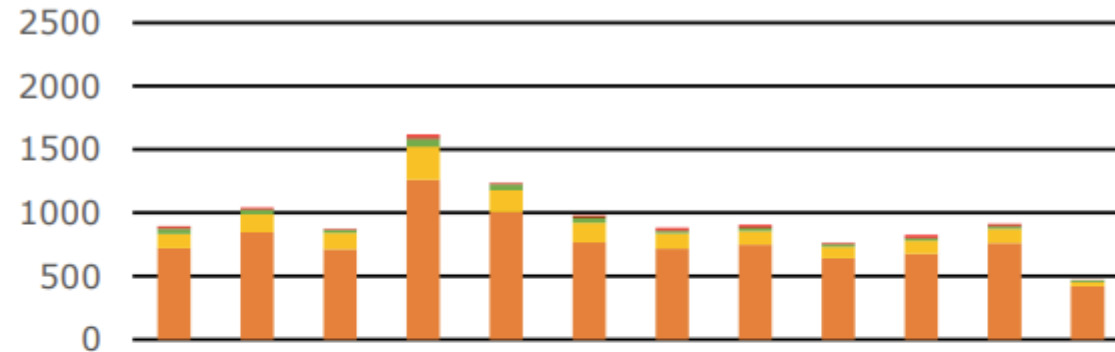
APOT Summit 2 2024

3 October 2024
9:00 am – 1:00 pm

APOT 1 - 90th Percentile

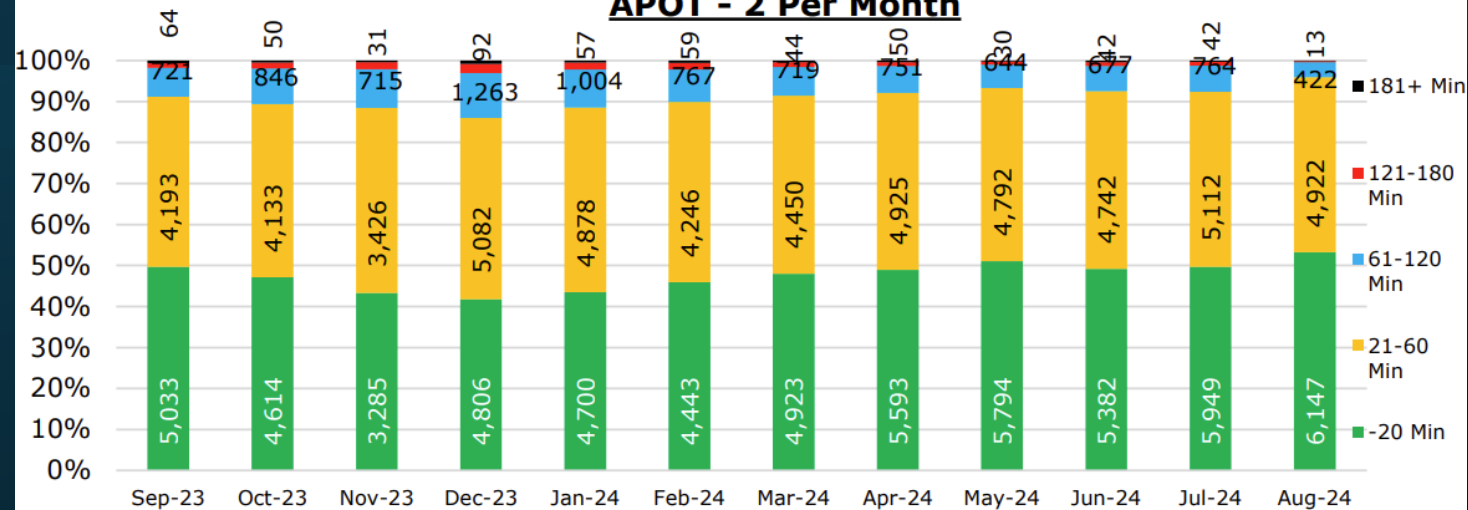


APOT >1 hr per Hour Range - per Month



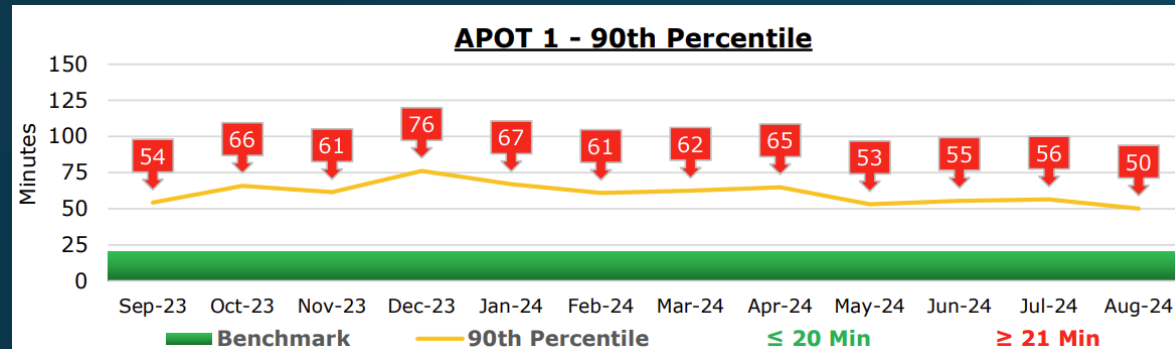
	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24
> 5	11	9	3	15	4	7	13	16	3	16	11	
4-5	15	7	7	17	9	15	14	11	11	7	11	2
3-4	38	34	21	60	44	37	17	23	16	19	20	11
2-3	112	143	127	260	175	154	119	104	87	101	108	31
1-2	721	846	715	1263	1004	767	719	751	644	679	764	423

APOT - 2 Per Month

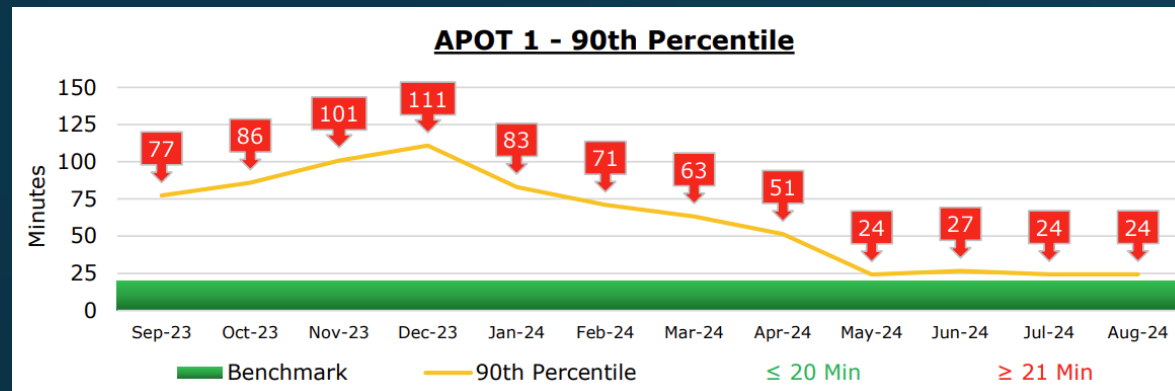


Month	APOT 90th Percentile HH:MM:SS	APOT Average in HH:MM:SS	Patient Count
01 - January	1:03:24	0:31:13	10,365
02 - February	0:58:28	0:29:28	9,618
03 - March	0:55:59	0:28:53	10,901
04 - April	0:53:51	0:28:13	11,065
05 - May	0:51:21	0:26:25	11,489
06 - June	0:52:41	0:27:39	10,935
07 - July	0:52:56	0:27:18	12,022
08 - August	0:43:32	0:23:37	11,463
09 - September	0:39:30	0:21:56	9,934

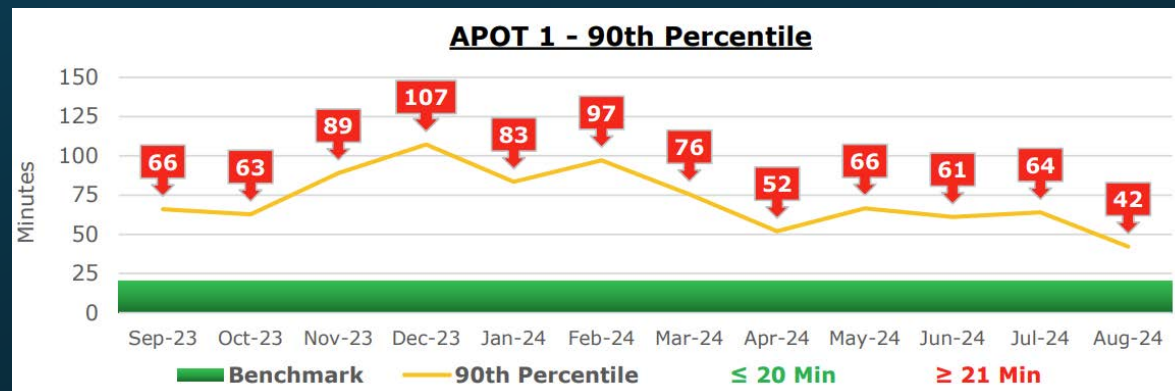
Kaiser North



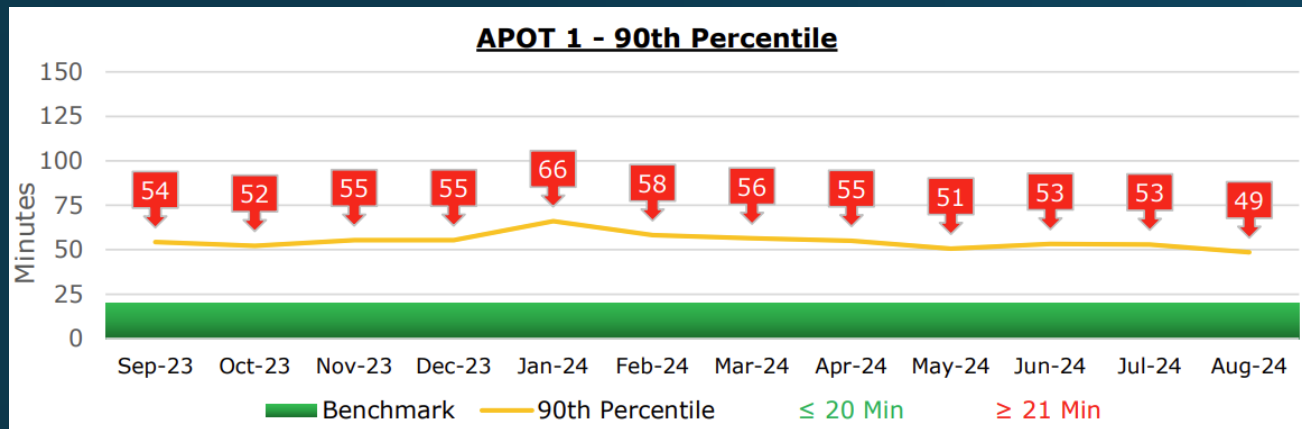
Kaiser Roseville



Kaiser South

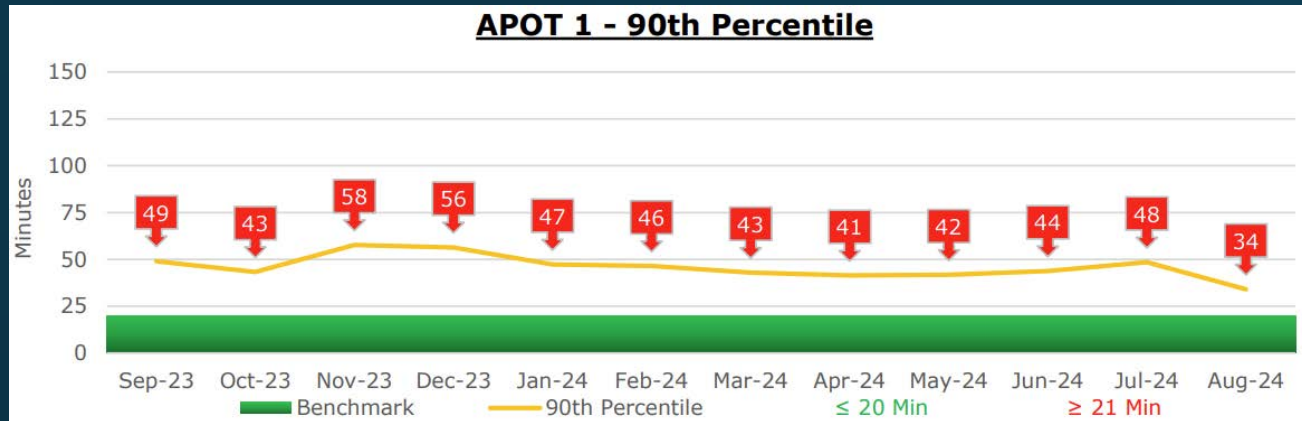


September Trending – 39 minutes



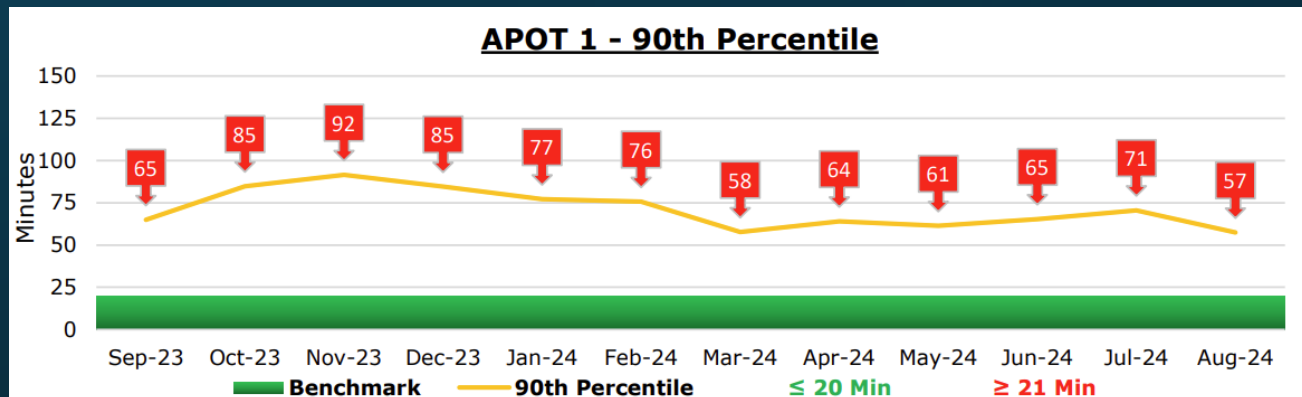
Mercy General

Last week - 47



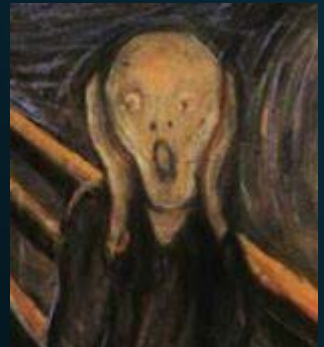
Mercy Folsom

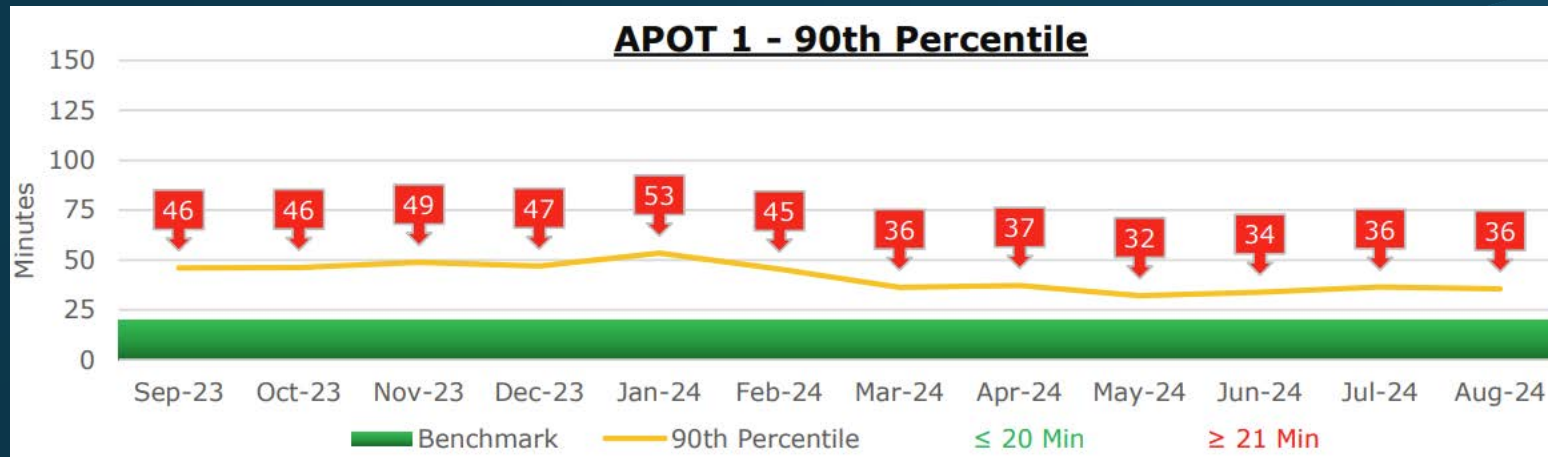
Last week - 27



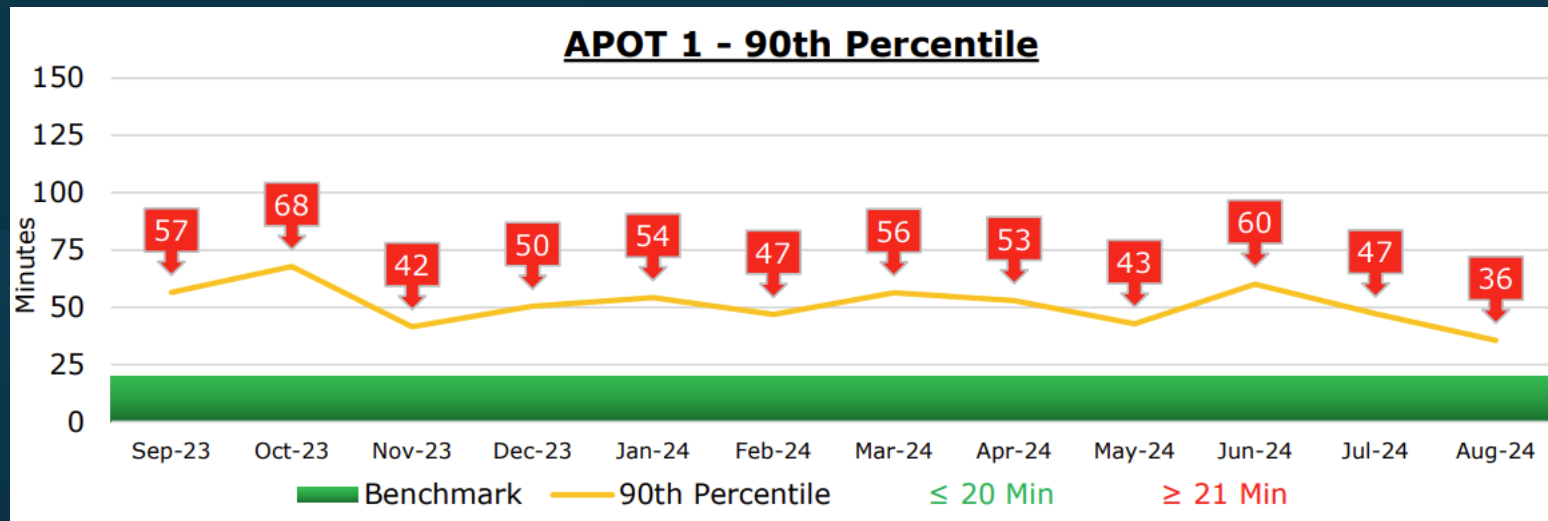
Mercy San Juan

Last week - 22

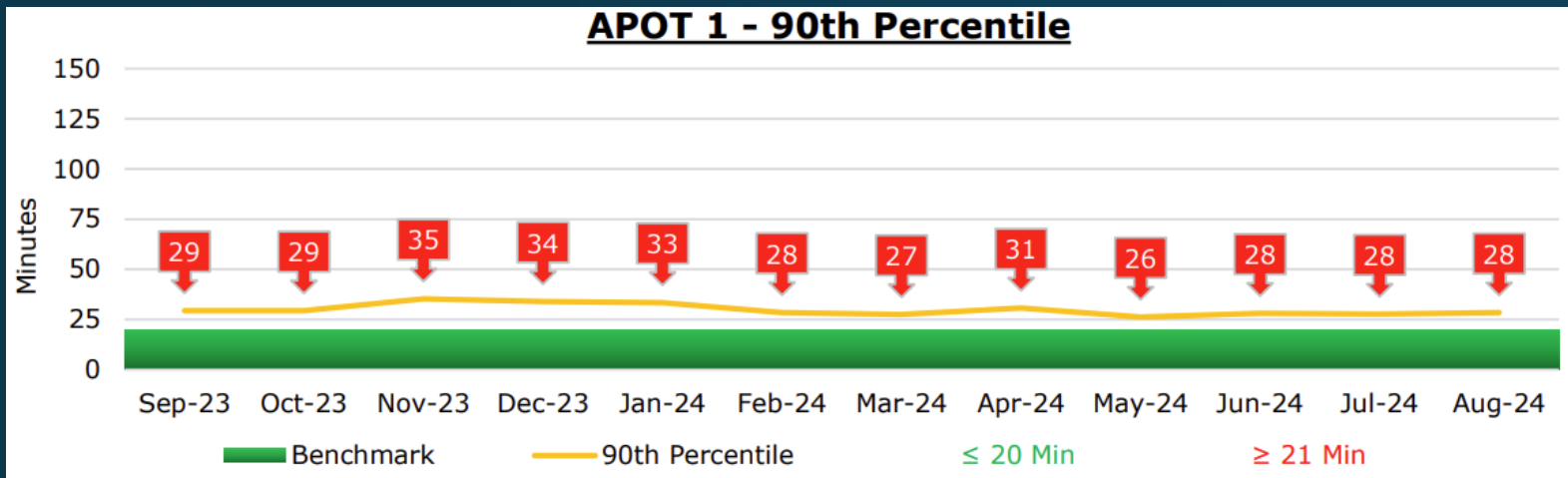




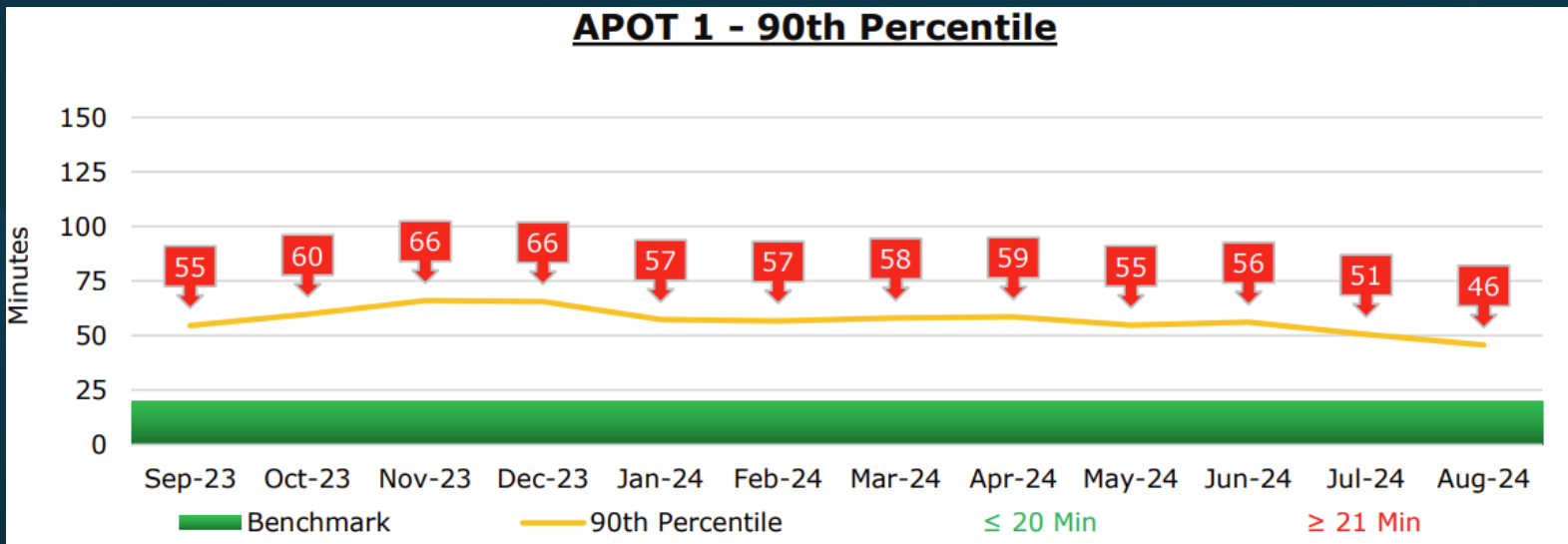
Methodist Hospital
September Trend - 31



UC Davis Medical Center



Sutter Roseville
September Trend - 24



Sutter Sacramento

Being Available for the Next Patient:



- Medic Draw Down Events: 0-8 Ambulances Available.
- 2023: 24 events.
- YTD 2024: 14 events.



Our Collective Approach to APOT:

Our 7 Pillars:

Hospital Collaboration – EMS pre-arrival notifications, dedicated offload zones.

Technology – Automation of APOT measurement. AI decision support.

Mobile Integrated Health (MIH) programs – Leveraging field-based care.

Renew our focus on telemedicine and alternative patient care pathways.

Nurse triage in dispatch – Sacramento County Dispatch recently ACE accredited.

Education and Training – Regular EMS and ED staff training to improve efficiency.

Policy and Protocols – Leverage 5050 and support offload pilot programs.

EMERGENCY MEDICAL SERVICES AUTHORITY

11120 INTERNATIONAL DR., SUITE 200
RANCHO CORDOVA, CA 95670
(916) 322-4336 FAX (916) 324-2875



August 16, 2024

David Magnino, EMS Administrator
Sacramento County Emergency
Medical Services Agency
9616 Micron Ave Suite 940
Sacramento, CA 95827

APPROVED

Dear David Magnino,

This correspondence is in response to your Triage to Alternate Destination (TAD) submission dated June 6, 2024 and subsequent addendum dated July 24, 2024.

The Emergency Medical Services Authority (EMSA) has reviewed your TAD program submissions and has determined that your submission meets established program requirements and is approved for implementation.

This approval of the Sacramento County EMS Agency TAD program shall be for twelve (12) months from the date of this letter. Renewal of the Sacramento County EMS Agency TAD Program shall be completed annually through submission of the Community Paramedicine Annex of your annual EMS Plan submission as required in California Code of Regulations Title 22 Sections §100183 and Section §100190.

Please contact Candace Keefauver, CP/TAD Program Manager, at Candace.Keefauver@emsa.ca.gov or (916) 969-6669 if you have any questions.

Sincerely,

Tom McGinnis

Tom McGinnis, MHA, EMT-P
Chief, EMS Systems Division

“This is why we do what we do”

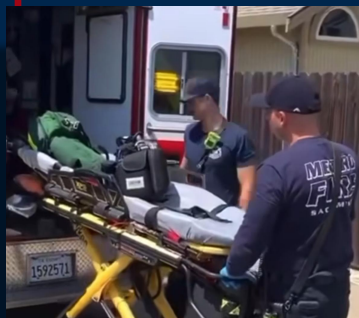




Firefighter



Who's lens are we looking through







WHAT WE ARE DOING

- Operational adjustments
 - Drawdown plan
 - 5050
 - Consolidation
 - Surge
 - BLS ambulance
 - Addition of ambulances
- Enhanced EMS services
 - Telemedicine
 - Mobile Integrated Health (MIH)
 - Transport to Alternate Destination (TAD)

39
Minutes

Sep - 24



Does Time Matter?

2101
Patient Initiated Refusal of Service or
Transport
2521.06
APOT Data Collection and Reporting
2033.15
Determination of Death
2524.05
Extended (APOT)
5102.17
Interfacility Transfers
5050.19
Destination
7500.17
MCI/Disaster Medical Services Plan
8001.18
Allergic Reaction / Anaphylaxis

8004.02
Suspected Narcotic Abuse
8015.26
Trauma
8018.21
Overdose and/or Poison Ingestion
8030.25
Discomfort/Pain of Suspected Cardiac
Origin
8031.25
Non-Traumatic Cardiac Arrest
8042.21
Childbirth
8061.19
Decreased Sensorium
8062.10
Behavioral Crisis / Restraint

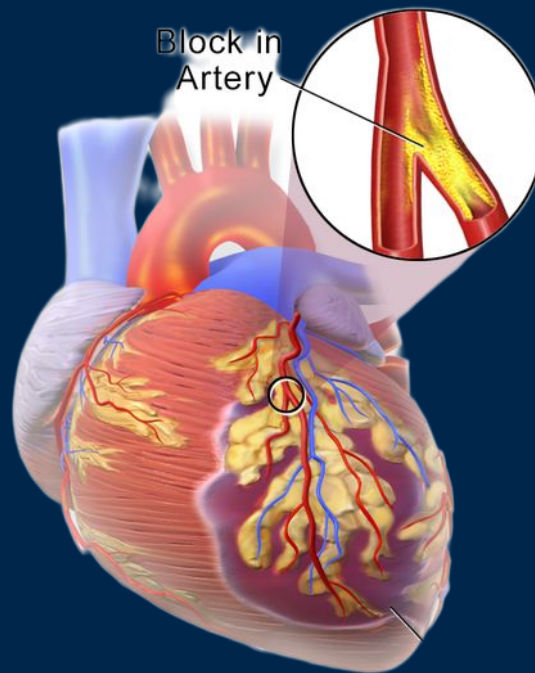
8063.10
Nausea / Vomiting
8067.04
Sepsis/Septic Shock
8808.17
Vascular Access
8810.11
Transcutaneous Cardiac Pacing
8829.09
Noninvasive Ventilation (NIV)
9002.17
Allergic Reaction / Anaphylaxis
9006.22
Pediatric Medical Cardiac Arrest
9007.03
Pediatric Diabetic Emergency
9011.01
Pediatric Overdose



Does Time Matter - Heart Attack

The standard benchmark is to achieve a Door-to-balloon (D2B) time of less than 90 minutes.

Although the 90-minute benchmark remains, aiming for even faster intervention, especially within 60 minutes, has shown to improve patient outcomes.

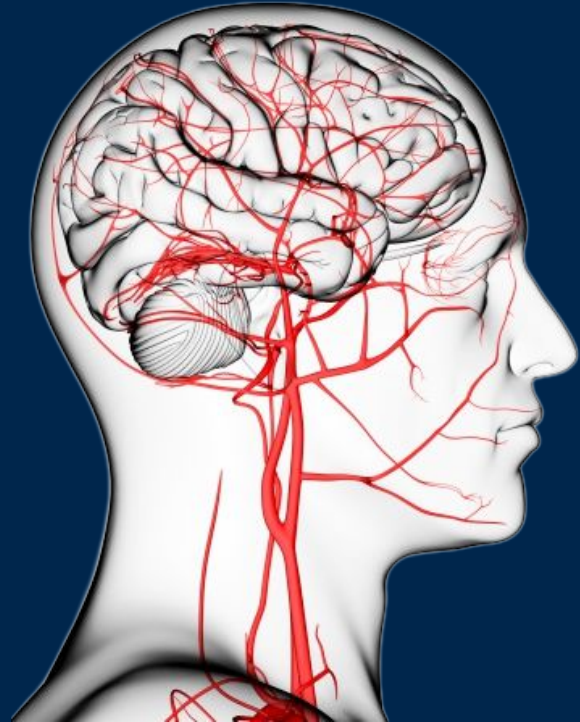




Does Time Matter - Stroke

The American Heart Association
**recommend a Door-to-Needle (DTN)
time of less than 60 minutes**

A study from the *American Heart Association's* found that reducing the DTN time by **10 minutes could significantly improve outcomes.**



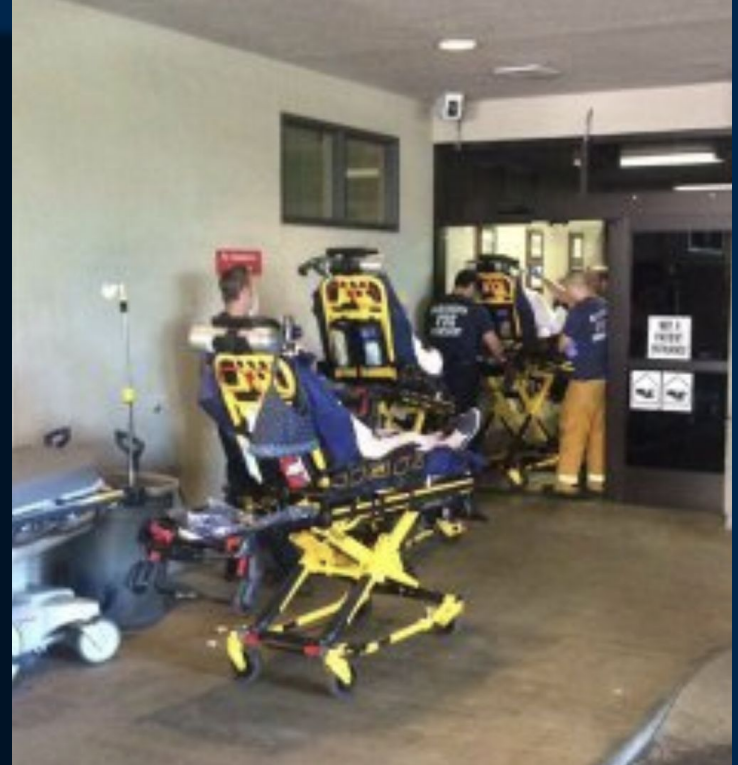


Does Time Matter - APOT

APOT Benchmark

VS

APOT Goal






AB40

APOT Standard means the maximum length of time for APOT **developed and adopted by the LEMSA, not to exceed 30 minutes**, 90% of the time.

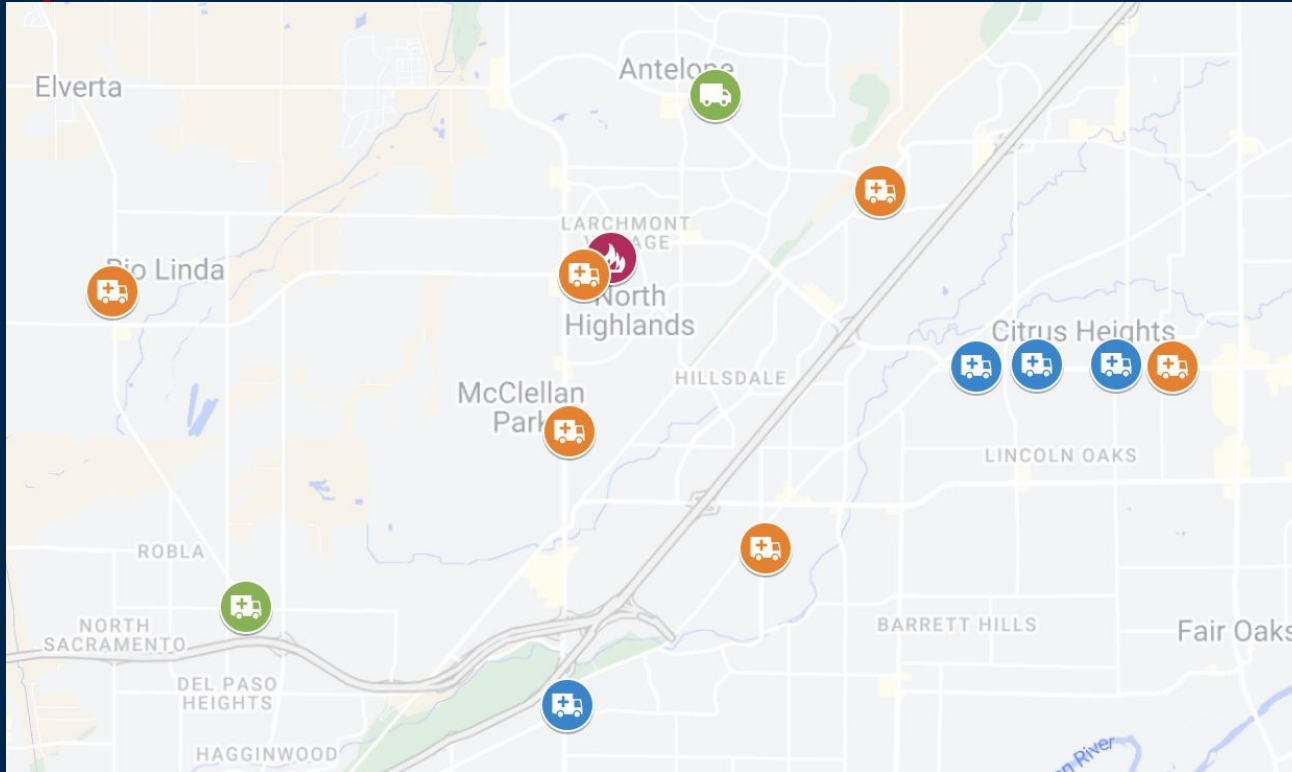


	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	2521.06
	<u>PROGRAM DOCUMENT:</u>	Initial Date:	10/10/16
	Ambulance Patient Offload Time (APOT) Data Collection and Reporting	Last Approved Date:	01/31/24
		Effective Date:	05/01/23
		Next Review Date:	12/01/24

Standard Offload Time APOT: Receiving hospitals have a responsibility to ensure policies and processes are in place that facilitates the rapid and appropriate transfer of patient care from EMS personnel to the ED medical personnel within **20 minutes** of arrival at the ED.



M821- 27 minutes APOT



M641-T2

M625-TA

M842-OS

M621B-TA

M821-27 minutes APOT

M623-67 minutes APOT

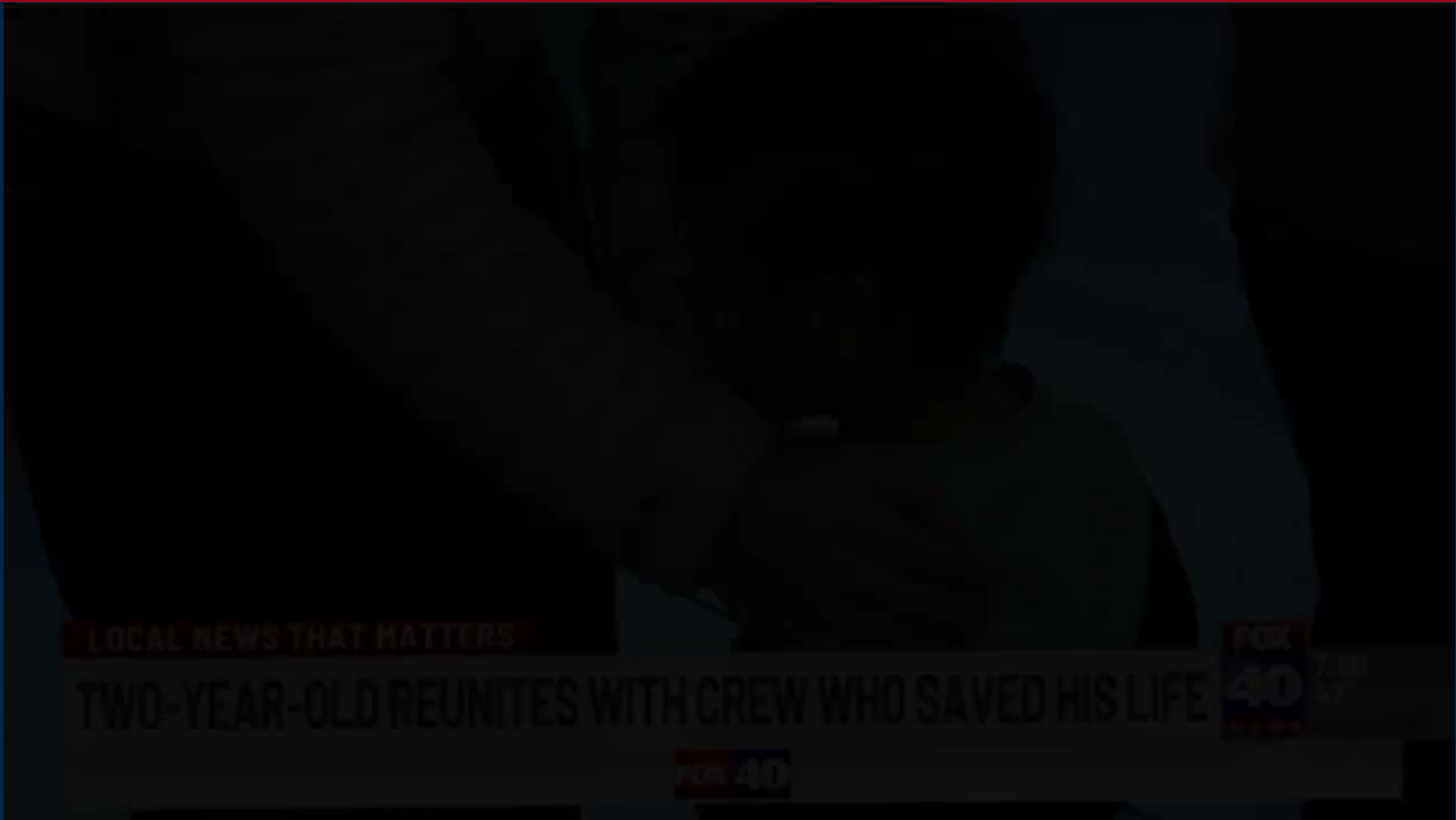
M823-48 minutes APOT

M624B-C3

M803-66 minutes APOT

M111-TA





LOCAL NEWS THAT MATTERS

TWO-YEAR-OLD REUNITES WITH CREW WHO SAVED HIS LIFE

FOX
40
7/20/17

FOX 40

“This is why we do what we do”



Ambulance Patient Offload Time Task Force

Kaiser Roseville Emergency Department

Kim Adams, MSN, RN
Emergency Department Director

Chris Britton, BSN, RN, CEN
Assistant Nurse Manager
October 9, 2024

AB40

- Develop an ambulance patient offload time (APOT) reduction protocol by September 1, 2024.
- The protocol will address mechanisms to improve hospital operations to reduce APOT.
- The hospital is required to file its protocol with the authority and to report any revisions to the protocol annually.
- The authority is required to monitor monthly APOT data for each hospital on or before December 31, 2024.
- The authority is required to report APOT in exceedance to the relevant local EMS agency and the Commission on Emergency Medical Services if, by December 31, 2024, the hospital has an APOT that exceeds the local EMS agency standard for the preceding month.

Ambulance Patient Offload Time (APOT) General Information



Ambulance Patient Offload Time (APOT) Definition – The time interval between the arrival of an ambulance patient at a hospital emergency department (ED), and the time the patient is transferred to the ED gurney, bed, chair or other acceptable location and the ED assumes full responsibility for care of the patient. The following NEMESIS Version 3.4 data elements, descriptions and calculations (as documented on the legal electronic patient care report by EMS personnel) are utilized to determine/report the APOT data:

ED Task Force Team

Front-line nursing staff

EMS Liaison

EMS Medical Director

Service Line Director



Off The Wall

Methodology

Reason For Action



Problem Statement: Patients who present to the ED via ambulance experience a delay in transfer of care from EMS to nursing.



Aim: To decrease the time it takes to transfer patients to a treatment space



Scope: Patients arriving to the ED via ambulance

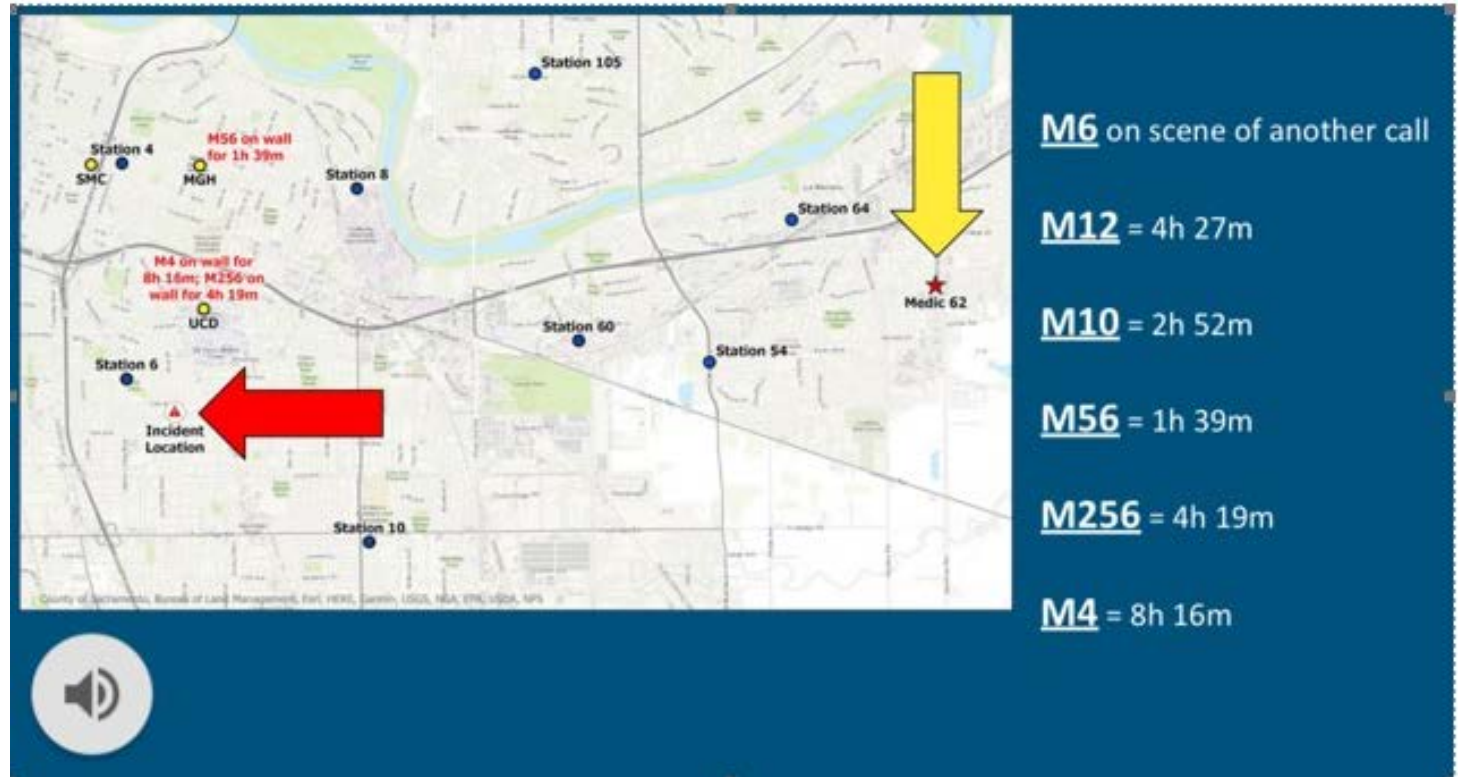
Initial State and Target State

Metric: APOT 90th Percentile

Initial State = 83 minutes

Target State = 30 minutes

Perspective



- Community
- EMS
- Emergency Department
- Hospital



Ambi ROAD

BUILDING A **ROAD** TO REDUCE APOT

Rapid Offloading of Ambis into the Department

In response to AB40, and to increase the safety of patients in the hospital and the community, the three aims of this initiative are to:

Mitigate APOT Delays

The goal is to reduce Ambulance Patient Offload Times (APOT) to 30 minutes or less.

01

Continue EKG Focus

Obtaining EKGs within 10 minutes of patient arrival promotes the identification of high-risk patients requiring immediate care.

03

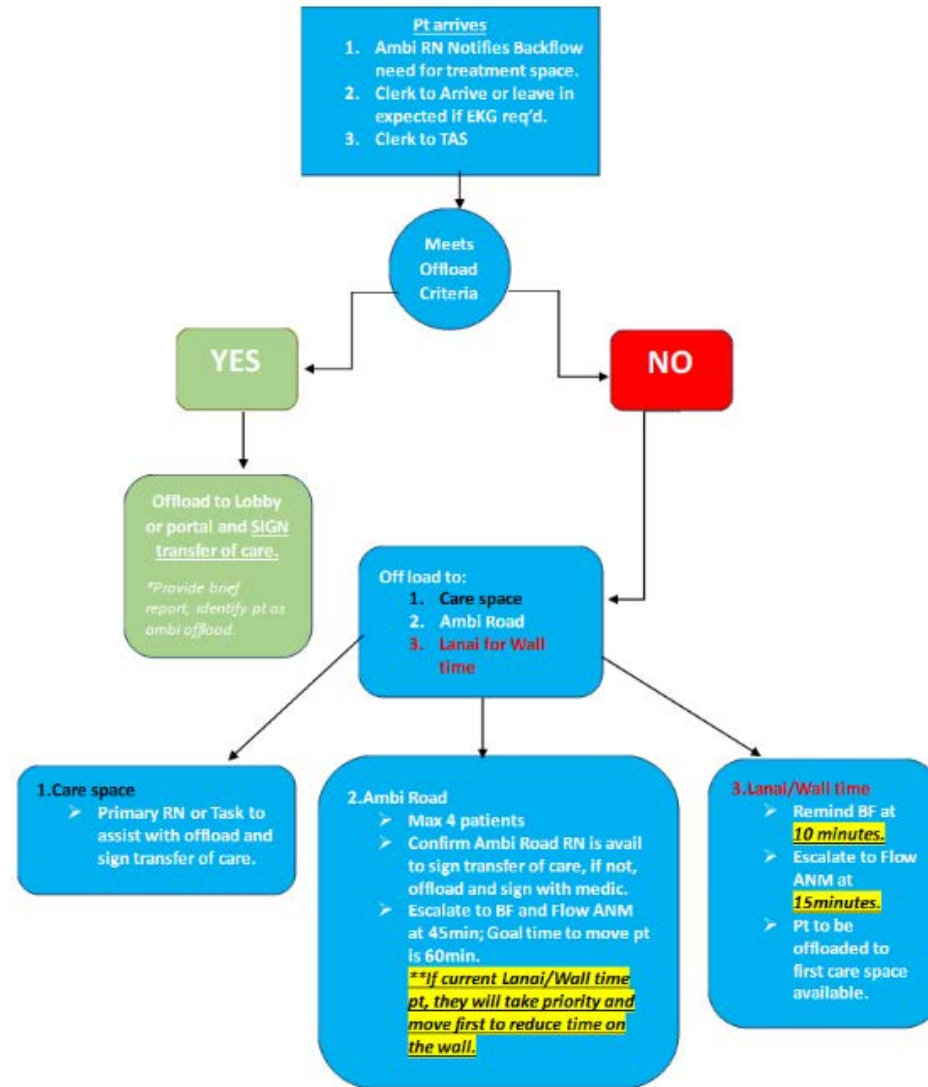
Facilitate Transfer of Care

Signing transfer of care facilitates the ability of EMS personnel to return to the community.

02

New Workflow

APOT FLOW



2024 Roseville ED 90th Procentile APOT for SSV & Sac County EMS



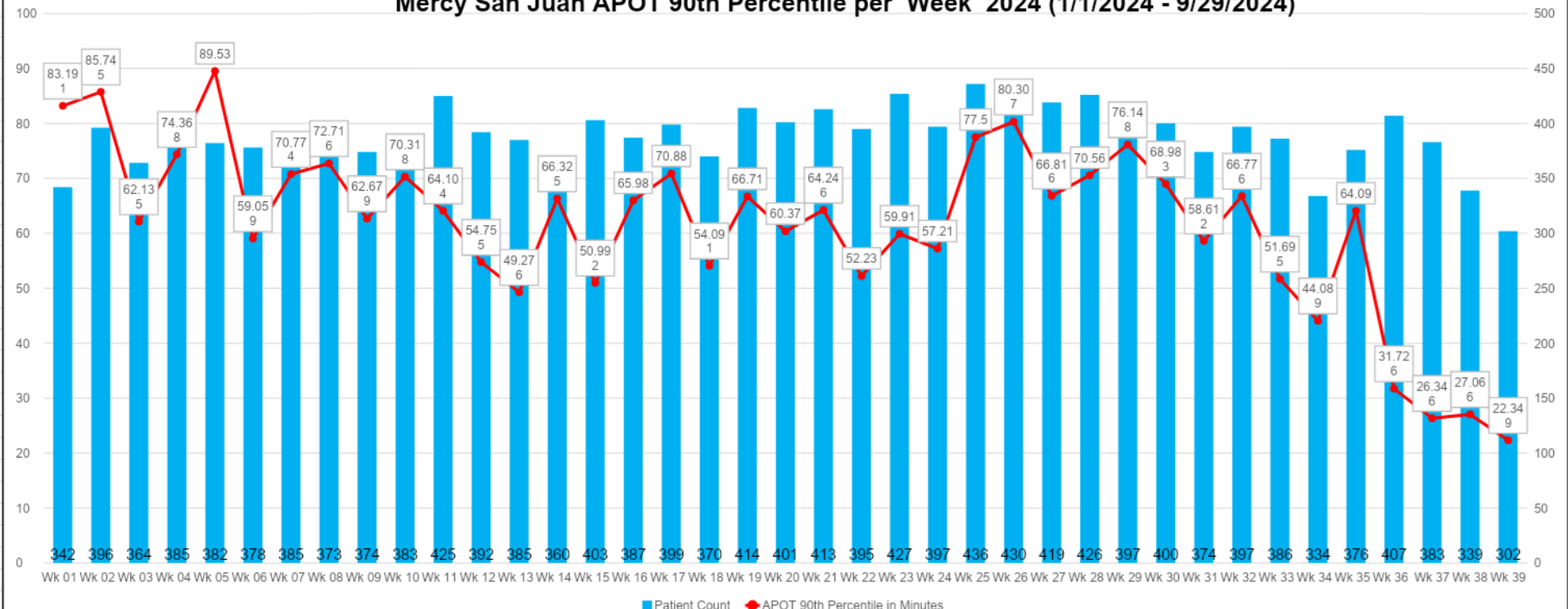
Questions ?

Mercy San Juan

APOT ALLEY

Amelia Hart, EMS Coordinator
October 3, 2024

Mercy San Juan APOT 90th Percentile per Week 2024 (1/1/2024 - 9/29/2024)

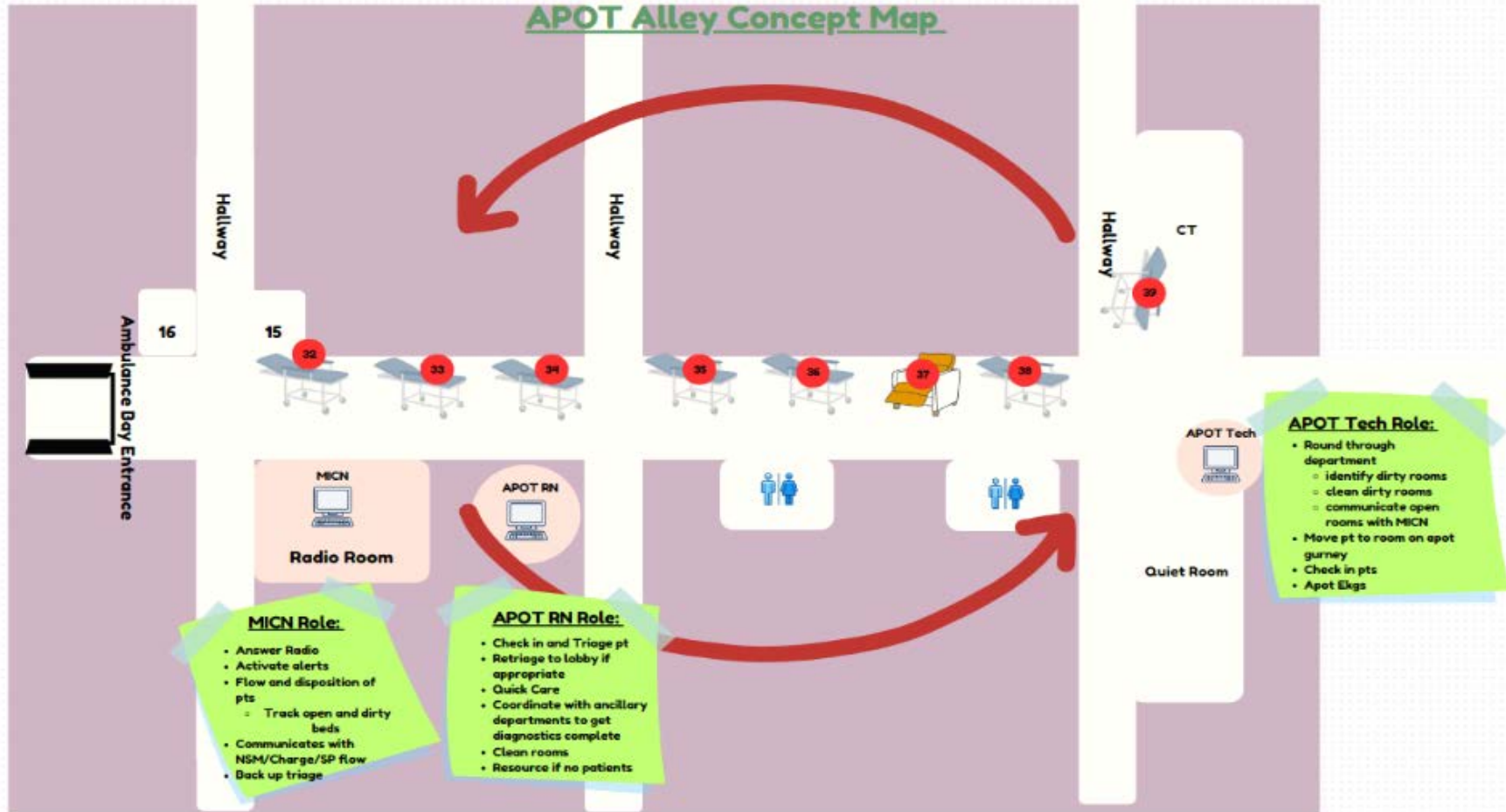


Destination Decision

1. Immediate Bed
 - a. Codes
2. Lobby
 - a. Lobby Criteria
3. APOT Alley
 - a. Cardiac Monitoring

RN initials _____ Time _____ MD _____ Time _____	
INTAKE	
Chief Complaint _____ Associated Symptoms _____ Patient Home TX _____ EMS Impression _____ Pertinent Info <small>(Mech injury, Description of Event, LWK, blood thinners, etc)</small> _____ BP _____ HR _____ RR _____ SPO2 _____ Temp _____ LMP _____ <input type="checkbox"/> BS <input type="checkbox"/> Pain <input type="checkbox"/> RA <input type="checkbox"/> NC <input type="checkbox"/> Pregnant: yes/no Height _____ Weight _____ Allergies _____	
EMS Interventions <input type="checkbox"/> D50/Glucagon <input type="checkbox"/> IM EPI <input type="checkbox"/> Albuterol <input type="checkbox"/> IV <input type="checkbox"/> ASA <input type="checkbox"/> Narcan <input type="checkbox"/> Benadryl <input type="checkbox"/> Nitro <input type="checkbox"/> Narcotics <input type="checkbox"/> Splint/bandage <input type="checkbox"/> IV Fluids <input type="checkbox"/> Zofran <input type="checkbox"/> Other _____	
Green Armband applied <input type="checkbox"/> Yes <input type="checkbox"/> No	
Living Situation <input type="checkbox"/> SNF <input type="checkbox"/> Board and Care <input type="checkbox"/> Room and Board <input type="checkbox"/> House/Apartment <input type="checkbox"/> Alone <input type="checkbox"/> With someone <input type="checkbox"/> Homeless <input type="checkbox"/> Other _____	
Capacity <input type="checkbox"/> Makes own decisions <input type="checkbox"/> Does not make own decisions <input type="checkbox"/> Conserved <input type="checkbox"/> POA/ Caregiver _____	
Name & Address of Facility _____ _____ _____	
Name of POA/Caregiver _____ Phone Number _____	
PAST MEDICAL HX Baseline Mental Status: _____ Ambulatory Status: Independent Assisted Bed Bound <input type="checkbox"/> POLST/DNR available Past Medical Dxs: <input type="checkbox"/> CAD <input type="checkbox"/> CVA <input type="checkbox"/> CHF <input type="checkbox"/> MI <input type="checkbox"/> Dysrhythmia <input type="checkbox"/> Liver Failure <input type="checkbox"/> HPT <input type="checkbox"/> Behavioral <input type="checkbox"/> Diabetes <input type="checkbox"/> Surgery <input type="checkbox"/> CKD <input type="checkbox"/> Cancer <input type="checkbox"/> COPD <input type="checkbox"/> Other _____ <input type="checkbox"/> Asthma _____ <input type="checkbox"/> Emphysema _____	
CURRENT MEDS <input type="checkbox"/> Nitro <input type="checkbox"/> ASA <input type="checkbox"/> Blood pressure <input type="checkbox"/> Seizure <input type="checkbox"/> Cholesterol <input type="checkbox"/> Thyroid <input type="checkbox"/> Diabetic <input type="checkbox"/> Blood Thinners <input type="checkbox"/> Cardiac <input type="checkbox"/> Psych meds <input type="checkbox"/> Narcotics <input type="checkbox"/> NSAIDs <input type="checkbox"/> _____	
APOT Start Time _____ APOT End Time _____ Time to Room _____	
<div style="background-color: #cccccc; padding: 10px; width: 100px; margin: 0 auto;">Pt Sticker</div>	

APOT Alley Concept Map



Lobby Criteria

- GCS 15
- Has capacity or caregiver with them
- Does not meet green armband criteria
- Can stand or maintain sitting position independently

Adult Vitals:

- SBP ≥ 100 and ≤ 200
- Diastolic ≤ 120
- Pulse ≥ 50 and ≤ 110
- Respiratory rate ≥ 10 and ≤ 24
- SP02 ≥ 94 or baseline on oxygen

Pediatric Vitals:

- Within normal limits
- Caregiver present

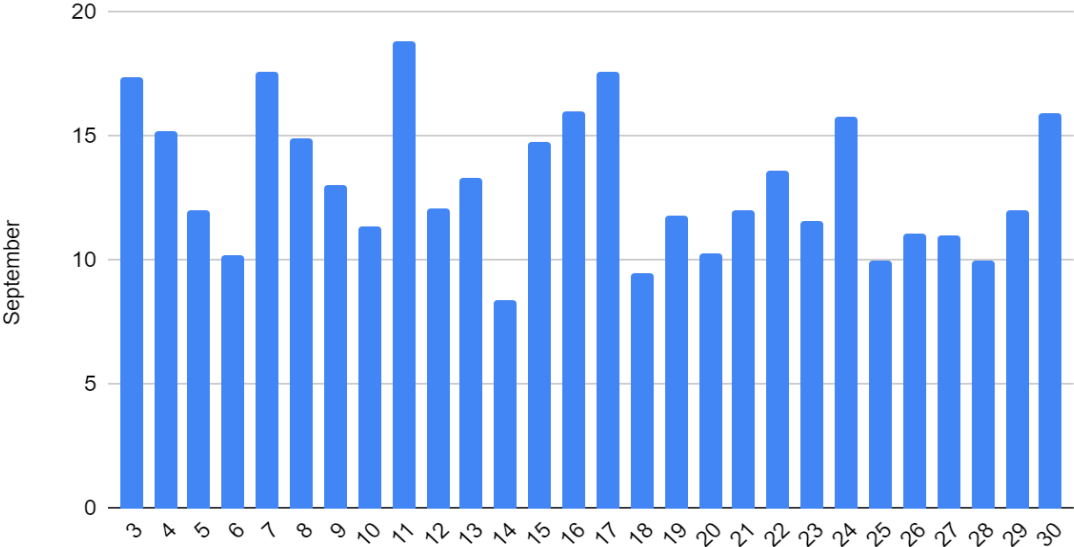
Lobby Criteria continued

- If after 30 minutes the pt is re triaged and now meets the above criteria the pt can be moved from APOT alley and into the lobby
- If chief complaint is chest pain and MD has cleared the EKG ok to go to lobby
- If any of the following prehospital medications were given must wait in APOT Alley 30 mins and have normal vitals prior to going to lobby:
 - Nitro - clear EKG and normotensive
 - Narcotics - ao x 4 and normal vitals

	B	C	D	E	F	G	H	I	J	K	L	M	N
1													
2	APOT Start Time	APOT End Time	APOT Total (Minutes)	Time to Bed	APOT to Bed (Minutes)	Reason 1	Reason 2	Reason 3	90th Percentile				
3	10:20	10:30	0:10	10:47	27				17.4	0:10		10	0
4	11:10	11:15	0:05	11:29	19					0:05		5	2
5	11:15	11:21	0:06	11:25	10					0:06		6	2
6	11:38	11:40	0:02	12:46	68	Boarding Psychs				0:02		2	3
7	12:46	12:58	0:12	13:57	71	Boarding Psychs	Patient Acuity			0:12		12	4
8	13:19	13:24	0:05	14:42	83	Boarding Psychs	Patient Acuity	Patient Volume		0:05		5	4
9	13:22	13:31	0:09	14:50	88	Boarding Psychs	Patient Acuity	Patient Volume		0:09		9	5
10	13:54	14:02	0:08	14:41	47					0:08		8	5
11	14:11	14:21	0:10	15:13	62	Boarding Psychs	Patient Acuity	Boarding Admits		0:10		10	5
12	14:11	14:23	0:12	14:57	46					0:12		12	6
13	15:56	16:00	0:04	17:15	79	Boarding Psychs	Boarding Admits	Patient Volume		0:04		4	6
14	16:08	16:12	0:04	16:54	46					0:04		4	6
15	16:15	16:21	0:06	17:10	55					0:06		6	7
16	16:31	16:38	0:07	16:55	24					0:07		7	7
17	16:43	16:52	0:09	17:40	57					0:09		9	8
18	17:32	17:37	0:05	20:35	183	Boarding Psychs	Patient Volume			0:05		5	9
19	18:01	18:14	0:13	20:25	144	Boarding Psychs	Patient Volume			0:13		13	9
20	18:10	18:27	0:17	19:15	65	Patient Volume	Boarding Admits	Boarding Psychs		0:17		17	10
21	18:18	18:24	0:06	19:45	87	Patient Volume	Boarding Psychs			0:06		6	10
22	18:21	18:24	0:03	18:46	25					0:03		3	11
23	18:33	18:40	0:07	20:25	112	Boarding Psychs	Patient Volume			0:07		7	12
24	18:45	19:01	0:16	19:30	45					0:16		16	12
25	19:10	19:23	0:13	20:20	70	Boarding Psychs	Patient Volume			0:13		13	13
26	19:47	20:06	0:19	21:56	129	Patient Volume	Boarding Psychs			0:19		19	13
27	20:42	21:51	1:09	21:51	69	Boarding Psychs	Patient Volume			1:09		69	16
28	21:06	21:06	0:00		#NUM!					0:00		0	17
29	20:20	20:22	0:02		#NUM!					0:02		2	19
30	21:40		2:20		#NUM!					2:20		140	69
31	21:42	21:53	0:11	21:53	11					0:11		11	140
32			0		0							0	

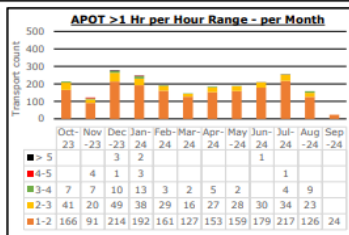
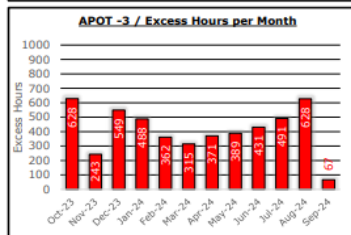
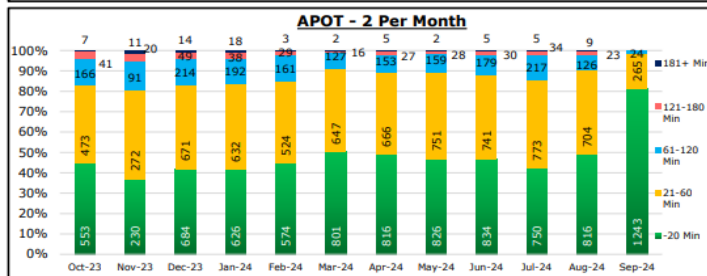
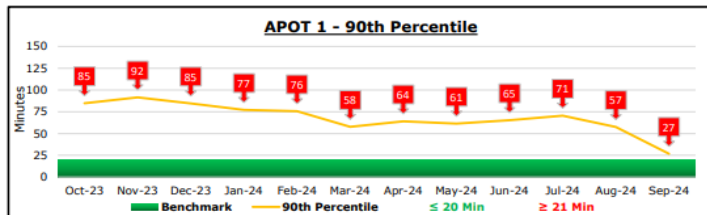
90th Percentile from 1000-2200

September 10a -10p APOT 90th Percentile



APOT 1, 2 & 3 - ROLLING 12 MONTHS / MERCY SAN JUAN (MSJ)

APOT-1 represents the time (in minutes) under which 90% of patients have their care transferred from EMS to hospital staff. **APOT-2** is the percentage of patients whose care is transferred from EMS to hospital staff by designated time frames (see graph key for time ranges). **APOT-3** represents the excess time (in hours) over 20 minutes (Min.) aggregate of patient transferred from EMS to hospital per month. Illustrated is the System Total Excess hours per month. Example: if APOT in minutes is 184 minutes then $184 - 20$ (APOT benchmark) = 164 minutes. Then $164 / 60 = 2.73$ hours. APOT > 1 hour represents any transport with an APOT greater than one hour per hour range.



Completed by: Sacramento County Emergency Medical Services Agency (SCEMSA)
Updated: 10.02.2024.

Thank you

Amelia Hart
amelia.hart@commonspirit.org



Sacramento County APOT Summit

October 2024

Creating Lasting Change in Healthcare Organizations to Reduce APOT



Main topics

- What is “planned change?”
- Why is it important?
- Why is it so hard?
- What are the “levers” of lasting changes?

AB40 reduction protocol must address the following factors...

- Notification (informing)
- “Mechanisms” to reduce APOT (examples, not mandates)
 - Employ a **different processes** (surge plan)
 - Improve an **existing process** (triage, transfer systems)
 - **Reduce number of patients** in hospital (transfers, no elective admissions, discharge, use alternative care sites)
 - **Increase resources** (staffing)
 - Improve **coordination** in hospital
- “Direct operational changes...”



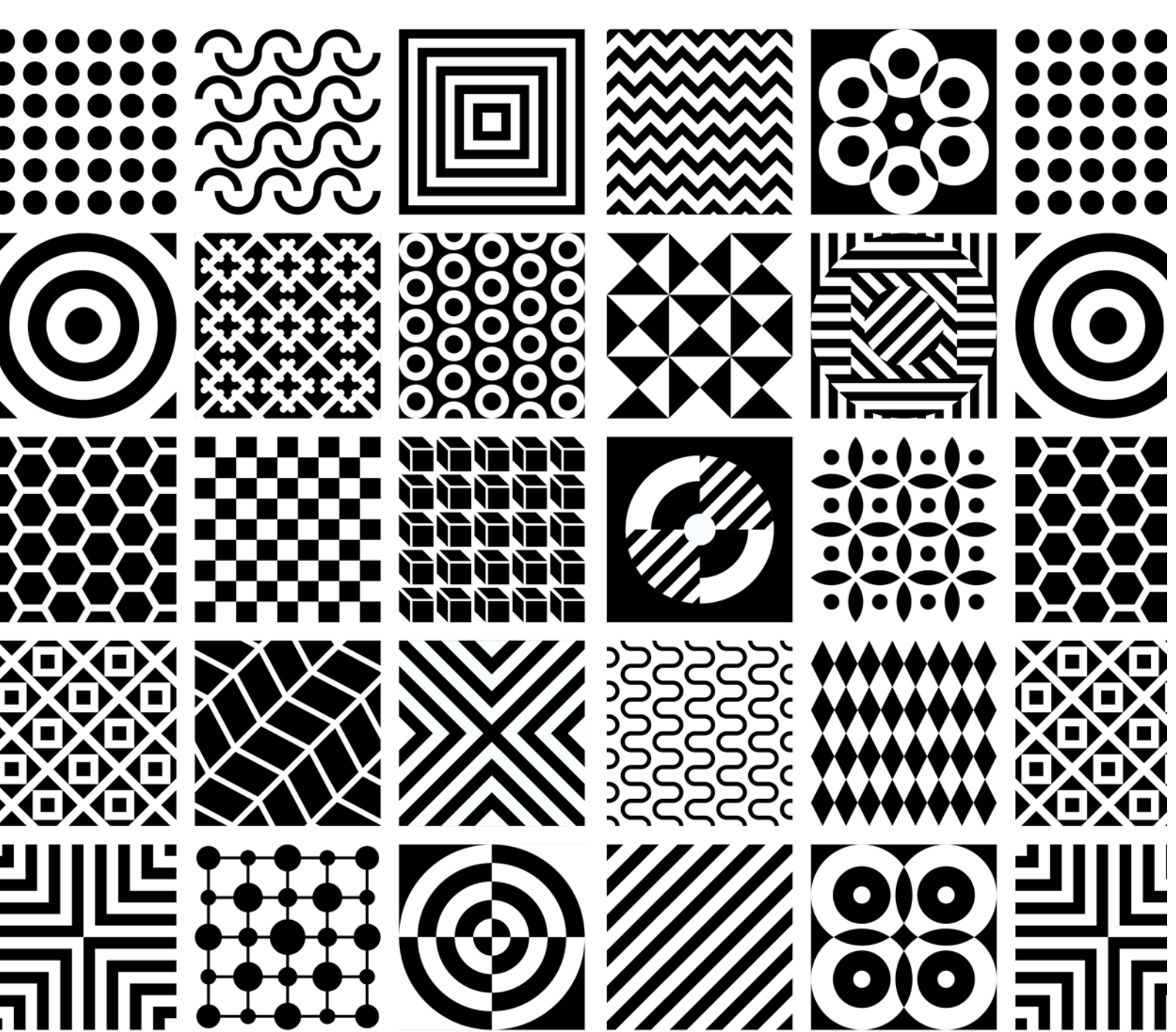


Knowledge

Wisdom

Simple Wisdom

“If you always do
what you’ve
always done,
you’ll always get
what you’ve
always got.”



“All
organizations
are perfectly
designed to
get the results
they get.”

David Hannah

**Avis is only No.2 in rent a cars
So we try harder.**





What is “planned change?”

- A process of deliberately preparing an organization (or a part of it)
- Achieve **new** goals or move in a **new** direction
- Includes culture, internal structure, processes, measurement and rewards, or any other aspects

Importance: Leadership Core Competency



2. Leadership

The ability to inspire individual and organizational excellence, create a shared vision and successfully manage change to attain the organization's strategic ends and successful performance. According to the HLA model, leadership intersects with each of the other four domains.

Leadership includes:

- A. Leadership Skills and Behavior
- B. Organizational Climate and Culture
- C. Communicating Vision
- D. Managing Change

Why change? The evolving nature of society demands it

Demographic

Legal/regulatory

Economic

Technology

Socio-cultural

Environmental

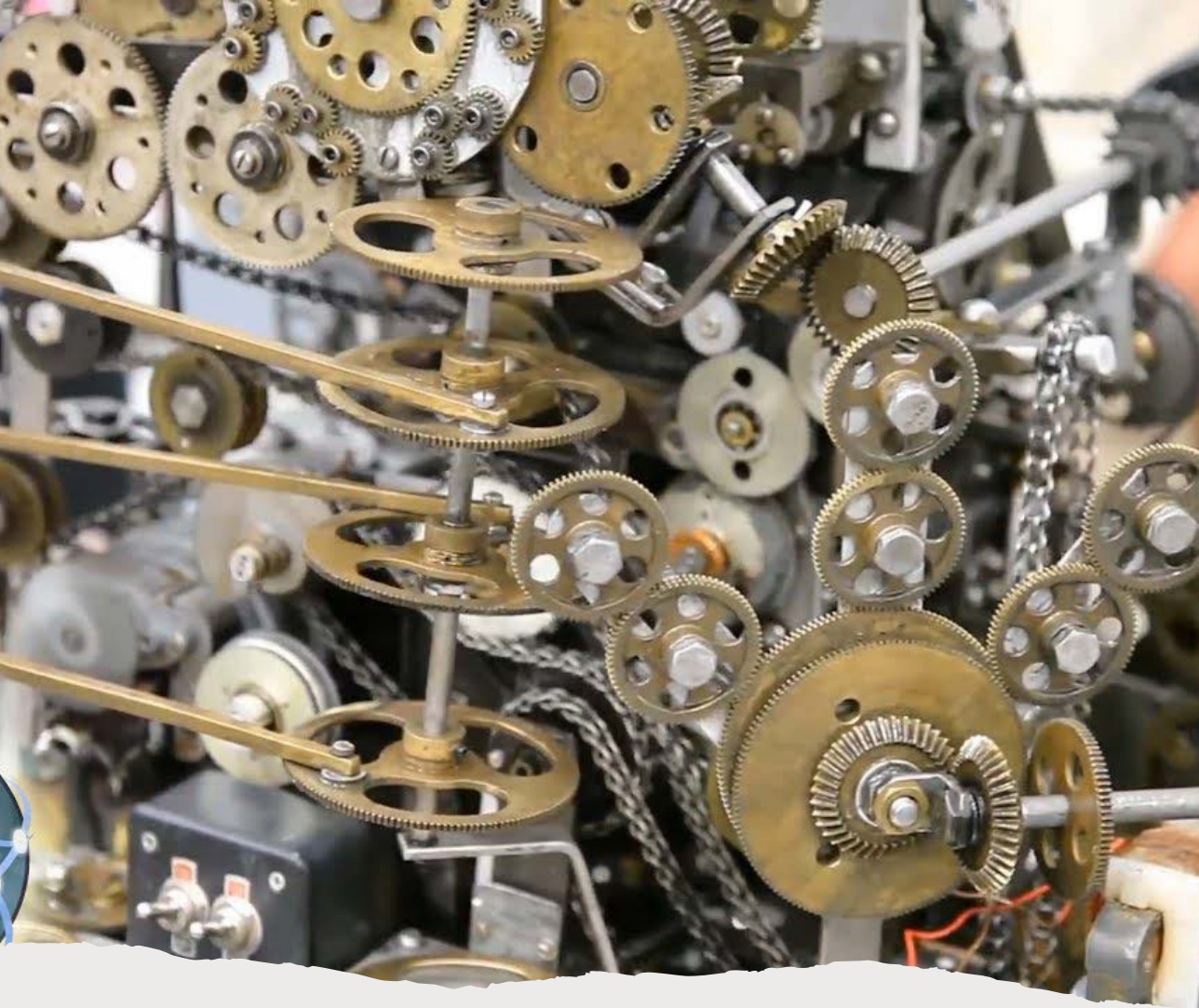


Why is change so hard?
Why not "just 'fix' it?"

- **Size matters:** larger organizations are more complex
- **External/Internal regulatory demands:** the more regulated, the more constraints
- **People naturally resist change:** change efforts trigger fear



JUST DO it



Why is Change so Hard?

Join The



Resistance

Why is change so hard?

Convincing people that there is a problem

Convincing people of the solution

Knowing what to change: the need for data and monitoring systems

Culture, tribalism

Leadership

Incentivizing participation

Sustainability

Unintended consequences

Ten challenges in improving quality in healthcare: lessons from the Health Foundation's programme evaluations and relevant literature

Mary Dixon-Woods, Sarah McNicol, Graham Martin

BMJ Qual Saf 2012;**21**:876–884. doi:10.1136/bmjqs-2011-000760

What do we change?

All organizations, though different in many ways, share the same “design components”

- **Processes**
- **Measurement systems**
- **Human resource systems**
- **Structure**
- **Strategy**
- **Culture**

