



# Crisis Continuum Initiatives

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Department of Health Services

Behavioral Health Services

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# Crisis Continuum

- ▶ Front Door – Avoiding Psychiatric Hospitalizations
- ▶ Inpatient
- ▶ Back Door – Appropriate setting for discharge

# Front Door – Avoiding Psychiatric Hospitalization

- ▶ Mobile Crisis Support Teams
- ▶ Crisis Residential – 4 sites
- ▶ Urgent Care – Expanding to 24/7
- ▶ Triage Peer Navigators
- ▶ Community Support Team

# Inpatient

- ▶ Current: 433 psychiatric hospital beds
  - Two 16 bed Psychiatric Health Facilities (PHFs)
- ▶ Coming Soon: 133 additional beds
  - Sacramento Behavior Healthcare Hospital
  - HOPE Center – 16 bed PHF

# Inpatient (Continued)

- ▶ Crisis Now: SAMHSA Sponsored / Endorsed Best Practices
  - With a population of 1.6 M residents, need 225 psychiatric hospital beds

# Back Door – Appropriate Setting for Discharge

- ▶ Subacute
  - Mental Health Rehabilitation Centers (MHRCs)
- ▶ Other New Investments: ~\$5 M
- ▶ Adult Residential Treatment
- ▶ Augmented Board and Care
- ▶ Intensive Placement Teams

# CA State Budget

- ▶ \$2.2 B in competitive grants to construct, acquire, and rehabilitate real estate assets to expand the community continuum of behavioral health treatment resources
- ▶ BH Continuum Assessment

# Wellness Crisis Response

- ▶ Call Center
- ▶ Mobile Response
- ▶ Urgent Care 24/7