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|  | <b>COUNTY OF SACRAMENTO</b><br>EMERGENCY MEDICAL SERVICES AGENCY | Document #          | 8042.19  |
|   | PROGRAM DOCUMENT:  | Initial Date:       | 05/02/91 |
|   | <b>Childbirth</b>  | Last Approved Date: | 05/09/19 |
|   |  | Effective Date:     | 07/01/22 |
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Signature on File

EMS Medical Director

Signature on File

EMS Administrator

**Purpose:**

- A. To ~~serve as~~ **establish** the treatment standard for childbirth in the prehospital setting. Applies to ~~any~~ **all** women in labor.

**Authority:**

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22

**Determine and Document:**

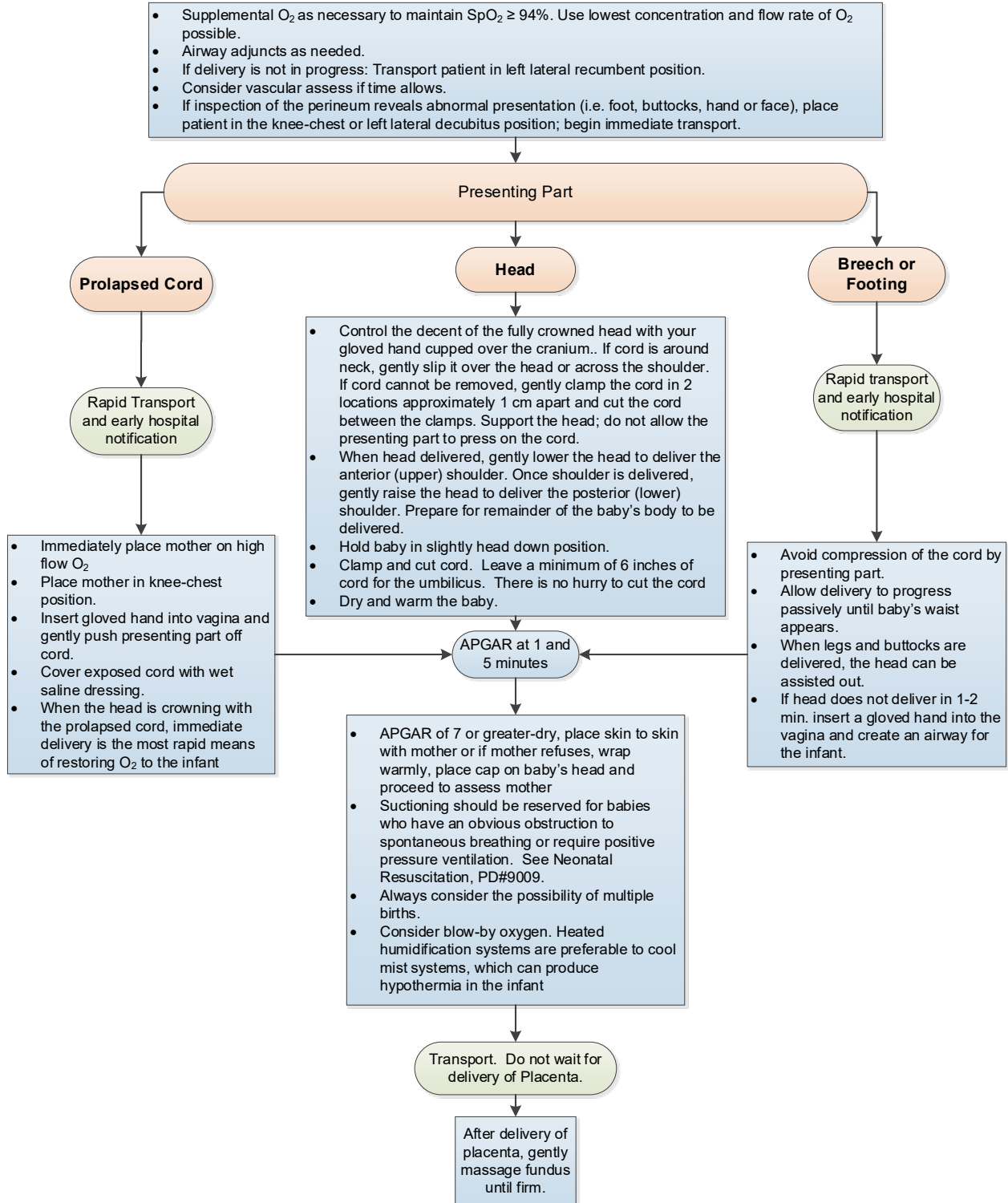
- A. Is patient under a doctor’s care
- B. Number of pregnancies (gravida)
- C. Number of deliveries (para)
- D. Due date (weeks of gestation)
- E. Onset/duration/frequency/intensity of contractions
- F. If a rupture of membranes has occurred (including color/date/time)
- G. If any expected complications during pregnancy are present
- H. Presence of crowning or any abnormal presenting part at perineum
- I. Is there sensation of fetal activity
- J. Does the patient feel the urge to push

**Special Circumstance-** When a midwife is present and accompanies transporting medics to the receiving center (response to a birthing center):

**Definitions:**

- A. **Certified Nurse Midwives (CNM):** Requires a RN degree, and they are independent practitioners who can order, and administer, many medications without a supervising physician, with the exception of, Opiates or Ketamine.
- B. **Certified Professional Midwives:** Do not require an RN degree, and are not independent practitioners.
  - 1. Midwives are experts in partum women’s health and optimizing patient outcomes can be achieved with collaboration between Paramedics and Midwives during transport.
  - 2. Based on complementary expertise:
    - a. Midwife can assume primary responsibility for delivery of the infant, managing post-partum hemorrhage and other birth tract complications.
    - b. Paramedics will assume primary responsibility for ABC’s, airway management, fluid management, seizure control, and both maternal and/or newborn resuscitation if needed.

c. As per PD# 2039 - Physician and/or Registered Nurse at the Scene, if the midwife retains control of the delivery, the paramedic(s) will keep the Base Hospital advised. Paramedics shall not exceed SCEMSA local scope of practice.



|                  | Sign                | 0                | 1                   | 2               |
|------------------|---------------------|------------------|---------------------|-----------------|
| A - Appearance   | Color               | Central cyanosis | Peripheral cyanosis | Normal          |
| P - Pulse        | Heart Rate          | Absent           | Slow < 100/min      | > 100 / min     |
| G - Grimace      | Reflex Irritability | No Response      | Grimace             | Cough or sneeze |
| A - Activity     | Muscle Tone         | Limp             | Some motion         | Active motion   |
| R - Respirations | Respirations        | Absent           | Slow / irregular    | Good, crying    |

**NOTES:**

- Newborn patients needing resuscitation should be treated in accordance with **Protocol PD# 9009 - Neonatal Resuscitation**.
- Newborns can suffer from hypothermia, which can occur in minutes.
- Keep baby at or below the level of the mother's heart until cord is clamped.
- Do not pull on the umbilical cord.
- Expedite transport if there is partial delivery of the infant and no further progress after 1-2 minutes.
- Any patient in labor, or who delivers in the field **shall** will be taken to a facility with **L&D labor and delivery** services. Consideration should be given to the patient's pre-determined hospital for delivery, if possible.

\*If delivery occurs prior to/during transport, one (1) Patient Care Reports (PCRs), for each patient, shall be completed.

If Multiple Births:

- Clamp cord of first baby before the second is born
- Care for the babies as you would a single delivery
- Maintain identity of first born

**Cross Reference:** PD# 9009 - Pediatric Neonatal Resuscitation  
**PD# 2039 - Physician and/or Registered Nurse at the Scene**