	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	8063.10
	PROGRAM DOCUMENT:	Initial Date:	12/05/11
	Nausea / Vomiting	Last Reviewed Date:	12/09/21
		Effective Date:	05/01/24
		Next Review Date:	12/01/25

Signature on File	Signature on File	
EMS Medical Director	EMS Administrator	

Purpose:

A. To establish the treatment standard for treating patients with nausea and / or vomiting

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Protocol:

BLS

- 1. Assess and support ABC's as needed.
- 2. Supplemental O2 as necessary to maintain SpO2 ≥ 94%. Use lowest concentration and flow rate of O2 as possible.
- 3. Suction airway as necessary.
- 4. Assess and treat as appropriate for underlying cause.
- 5. Determine blood glucose. If blood glucose is < 60 mg/dl treat per protocol PD# 8061-Decreased Sensorium.
- 6. Transport patient in position of protecting airway.

ΔΙΩ

- 1. Advanced airway adjuncts as needed.
- 2. Cardiac Monitoring for possible dysrhythmias.
- 3. Consider vascular access and titrate to SBP ≥ 90mmHg.
- 4. Ondansetron:
 - 4mg PO/SL/IM/IV/IO.
 - For IV or IO Ondansetron, administer slowly (over one (1) minute) to prevent syncope.
- 5. For persistent vomiting, may repeat x one (1) for max dose of eight (8) mg.
- 6. Withhold from first trimester (< 12 weeks) pregnant patients not already using Ondansetron.