	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	8042.19
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	Childbirth	Last Approved Date:	<mark>05/09/19</mark>
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Signature on File

Signature on File

**EMS Medical Director** 

EMS Administrator

## Purpose:

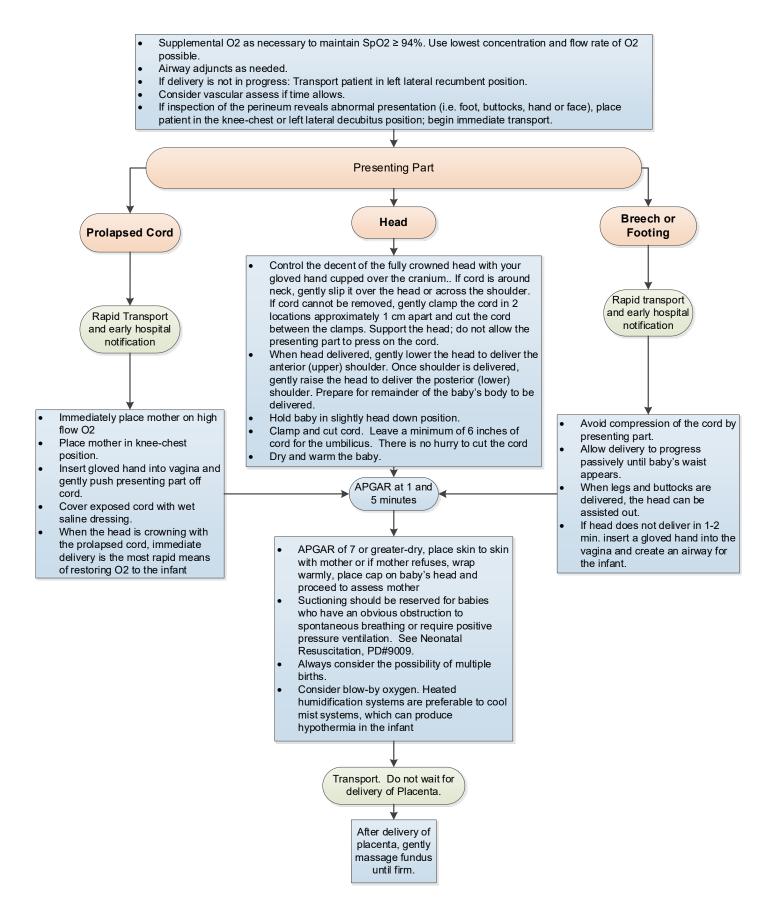
A. To serve as the establish a treatment standard for childbirth in the prehospital setting. Applies to any woman in labor.

## Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22

## **Determine and Document:**

- A. Is patient under a doctor's care
- B. Number of pregnancies (gravida)
- C. Number of deliveries (para)
- D. Due date (weeks of gestation)
- E. Onset/duration/frequency/intensity of contractions
- F. If a rupture of membranes has occurred (including color/date/time)
- G. If any expected complications during pregnancy are present
- H. Presence of crowning or any abnormal presenting part at perineum
- I. Is there sensation of fetal activity
- J. Does the patient feel the urge to push



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	Sign	0	1	2
A - Appearance	Color	Central cyanosis	Peripheral cyanosis	Normal
P - Pulse	Heart Rate	Absent	Slow < 100/min	> 100 / min
G - Grimace	Reflex Irritability	No Response	Grimace	Cough or sneeze
A - Activity	Muscle Tone	Limp	Some motion	Active motion
R - Respirations	Respirations	Absent	Slow / irregular	Good, crying

## NOTES:

- Newborn patients needing resuscitation should be treated in accordance with Protocol (PD) #9009-Neonatal Resuscitation.
- Newborns can suffer from hypothermia, which can occur in minutes.
- Keep baby at or below the level of the mother's heart until cord is clamped.
- Do not pull on the umbilical cord.
- Expedite transport if there is partial delivery of the infant and no further progress after 1-2 minutes.
- Any patient in labor or who delivers in the field shall be taken to a facility with L&D services. Consideration should be given to the patient's pre-determined hospital for delivery, if possible.

\*If delivery occurs prior to/during transport, one (1) Patient Care Reports (PCRs), for each patient, shall be completed.

If Multiple Births:

- Clamp cord of first baby before the second is born
- Care for the babies as you would a single delivery
- Maintain identity of first born

**Cross Reference:** PD# 9009 – Pediatric Neonatal Resuscitation