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|  | <b>COUNTY OF SACRAMENTO</b><br>EMERGENCY MEDICAL SERVICES AGENCY                           | Document #          | 4521.01 |
|   | <u>PROGRAM DOCUMENT:</u><br><br><b>Triage to Alternate Destination Training Curriculum</b> | Initial Date:       | TBD     |
|   |  | Last Approval Date: | TBD     |
|   |  | Effective Date:     | TBD     |
|   |  | Next Review Date:   | TBD     |

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EMS Medical Director

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EMS Administrator

| <b>Triage to Alternate Destination Training Curriculum</b> |   |
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| Length_  | Topic   |
| 30 Min   | <b>Introduction and Reason for Training</b> <ul style="list-style-type: none"> <li>• State and Sacramento County EMS Agency Requirements</li> <li>• Overview of training</li> </ul>   |
| 45 min   | <b>Understanding Mental Illness</b> <ul style="list-style-type: none"> <li>• Mental Illness Defined</li> <li>• Stigma and Its Effect on Attitudes and Behaviors</li> </ul>  |
| 60 min   | <b>Mental Health Conditions</b> <ul style="list-style-type: none"> <li>• Schizophrenia               <ul style="list-style-type: none"> <li>o Signs and Symptoms of Schizophrenia</li> <li>o Common Neuro-Psychiatric Medications Used to Treat Schizophrenia</li> </ul> </li> <li>• Mood/Affective Disorders               <ul style="list-style-type: none"> <li>o Signs &amp; Symptoms of Unipolar Depression (Major Depressive Disorder)</li> <li>o Signs &amp; Symptoms of Bi-Polar Disorder</li> <li>o Common Neuro-Psychiatric Medications Used to</li> </ul> </li> <li>• Anxiety Disorders               <ul style="list-style-type: none"> <li>o Common Anxiety Disorders</li> <li>o Signs and Symptoms of Anxiety</li> <li>o Common Neuro-Psychiatric Medications Used to Treat Anxiety</li> </ul> </li> <li>• Personality Disorders               <ul style="list-style-type: none"> <li>o Personality Disorder Overview</li> <li>o Signs and Symptoms of Personality Disorders</li> <li>o Treatment of Personality Disorders, Including Neuro-Psychiatric Medications</li> </ul> </li> <li>• Pre-hospital Case Study</li> </ul> |
| 60 min   | <b>Understanding Suicidal Thoughts and Behaviors</b> <ul style="list-style-type: none"> <li>• Demographics and Incidence of Suicide</li> <li>• Key Concepts</li> <li>• Contributing Factors to Suicidal Thoughts and Behavior</li> <li>• Warning Signs</li> <li>• Assessing Risk</li> <li>• Intervention</li> <li>• Resources</li> <li>• Pre-hospital Case Review</li> </ul>  |

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|--------|---|
| 45 min | <p><b>Alcohol and Substance Use Disorders</b></p> <ul style="list-style-type: none"> <li>• Substance abuse impact on the community</li> <li>• Understanding the difference between mental health disorders, intoxication, and medical emergencies. Common signs and symptoms</li> <li>• Assessment, treatment, and stabilizing of intoxicated patients.</li> <li>• Pre-hospital Case Review</li> </ul>  |
| 60 min | <p><b>Treatment, Triage, and Transport Parameters</b></p> <ul style="list-style-type: none"> <li>• Review of SCEMSA PD# 2004 – Patient Privacy</li> <li>• Review of SCEMSA PD# 2101 – Patient Initiated Refusal of EMS Assessment, Treatment, and Transport</li> <li>• Review of SCEMSA PD# 2522 – Electronic Health Record and Data Policy</li> <li>• Review of SCEMSA PD# 5050 – Destination</li> <li>• Review of SCEMSA PD# 5203 – Transport Guidelines-Sobering Center Facility</li> <li>• Review of SCEMSA PD# 5205 – Transport Guidelines-Mental Health Facility</li> <li>• Review of SCEMSA PD# 8004 – Suspected Narcotic Overdose</li> <li>• Review of SCEMSA PD# 8062 – Behavioral Crisis-Restraint</li> <li>• Review of SCEMSA PD# 8069 – Buprenorphine</li> <li>• EMS Documentation</li> <li>• EMTALA and EMS, what EMS providers need to know.</li> </ul> |

**Cross References:** PD# 2004 – Patient Privacy  
 PD# 2101 – Patient Initiated Refusal of EMS Assessment, Treatment, and Transport  
 PD# 2522 – Electronic Health Record and Data Policy  
 PD# 5050 – Destination  
 PD# 5203 – Transport Guidelines-Sobering Center  
 PD# 5205 – Transport Guidelines-Mental Health Facility  
 PD# 8004 – Suspected Narcotic Overdose  
 PD# 8062 – Behavioral Crisis-Restraint  
 PD# 8069 – Buprenorphine