

	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	9020.06
	PROGRAM DOCUMENT:	Initial Date:	11/15/15
	Pediatric Nausea and/or Vomiting	Last Approval Date:	06/22/23
		Effective Date:	11/01/25
		Next Review Date:	12/01/26

Signature on File

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 EMS Medical Director

 EMS Administrator

Purpose:

- A. To establish a treatment standard for treating pediatric patients with nausea and/or vomiting.

Authority:

- A. California Health and Safety Code, Division 2.5
 B. California Code of Regulations, Title 22, Division 9

Protocol:

BLS	
1.	Consider oxygen therapy per PD # 8837 – Pediatric Airway Management.
2.	Assess and treat, as appropriate, for underlying causes.
3.	Perform blood glucose.
4.	Maintain normal body temperature.
ALS	
1.	Cardiac Monitoring
2.	If vital signs or exam suggests volume depletion, consider: <ul style="list-style-type: none"> a) IV/IO access. b) Normal Saline 20 ml/kg x-1. c) Recheck vitals every 5 minutes.
3.	Consider Ondansetron if age > one (1) month and weight ≥ eight (8) kg. <ul style="list-style-type: none"> [8-15 kg]: <ul style="list-style-type: none"> • Dose: 2 mg PO/IM x-1; Alt: 0.15 mg/kg/dose IV/IO x-1. [16-30 kg]: <ul style="list-style-type: none"> • Dose: 4 mg PO/IM x-1; Max: 4 mg/dose; Alt: 0.15 mg/kg/dose IV/IO x-1. [> 31 kg]: <ul style="list-style-type: none"> • Dose 4 mg PO/IM x-1 Max: 8 mg/dose PO/IM; Alt: 0.15 mg/kg/dose IV/IO x-1.

Cross Reference: PD #8837 – Pediatric Airway Management