|  | COUNTY OF SACRAMENTO<br>EMERGENCY MEDICAL SERVICES AGENCY | Document #          | 8065.12  |
|--|---|---------------------|----------|
|  | PROGRAM DOCUMENT:   | Initial Date:       | 02/28/13 |
|  | Hemorrhage  | Last Approval Date: | 12/14/23 |
|  |   | Effective Date:     | 05/01/24 |
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Signature on File

Signature on File

EMS Medical Director

EMS Administrator

## Purpose:

A. To establish guidelines for basic and advanced life support personnel in managing hemorrhage.

## Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

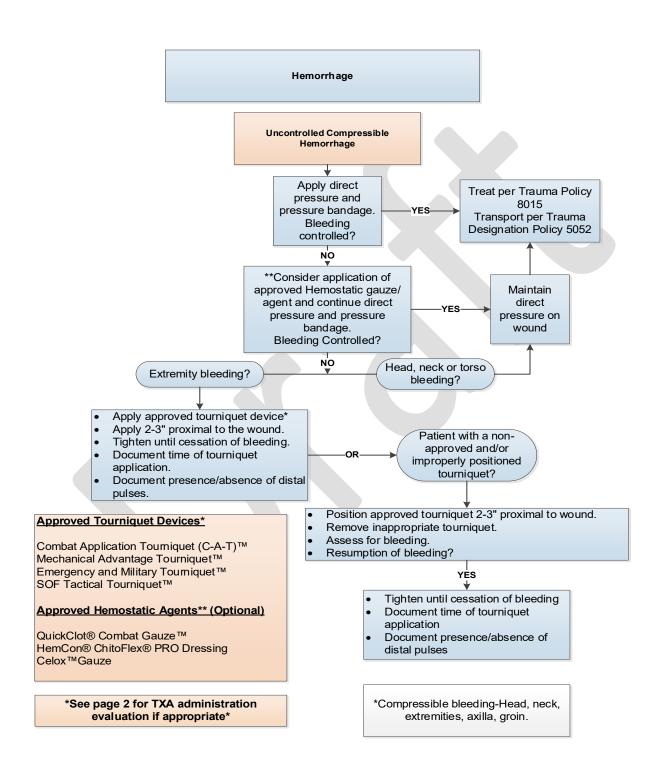
## Notes:

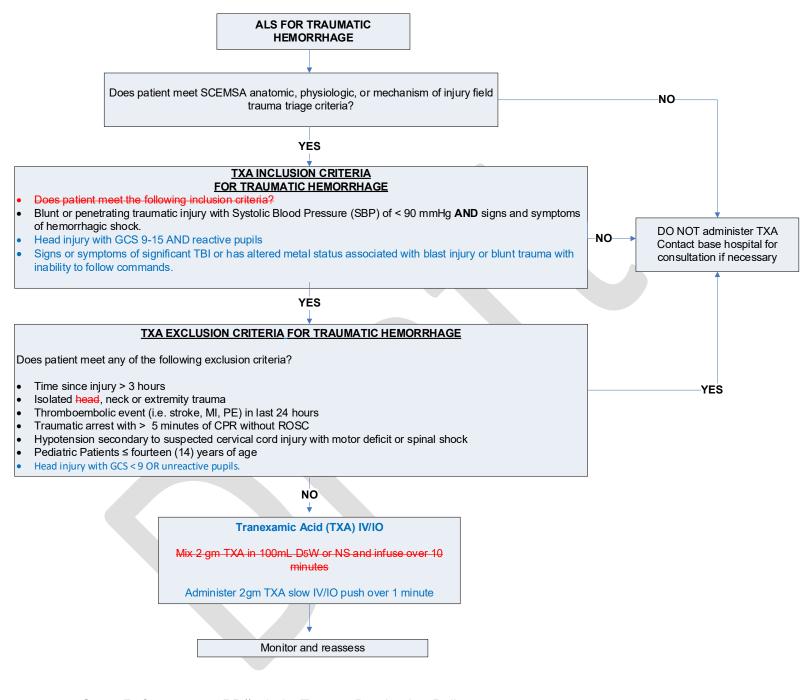
- A. Life-threatening hemorrhage to a limb is best managed with splinting or stabilization of the limb to reduce movement and progress rapidly through the hemorrhage control algorithm below until bleeding is controlled.
- B. Patients with major arterial bleeding can bleed to death in as little as two to three minutes. It is important to control external bleeding before the patient is in shock.
- C. Any patient who requires a tourniquet is considered to have a time-dependent injury and should be transported immediately to an appropriate trauma center per Trauma Destination Policy, PD# 5052.
  - Pediatric patients ≤ fourteen (14) years of age who require a tourniquet shall be transported to the University of California Davis Medical Center (UCDMC), with the following exceptions:
    - a. Pediatric patients without an effective airway may be transported to the nearest available facility for emergent airway establishment.
    - b. Pediatric trauma patients under Cardiopulmonary Resuscitation (CPR) shall be transported to the time closest trauma facility.
- D. It is critical that the time of tourniquet application be documented in the PCR, on the tourniquet when possible, and communicated to all providers.
- E. The use of approved Hemostatic Agents shall be documented in the PCR and communicated to all providers.
- F. While most life-threatening bleeding is a result of trauma, hemorrhage control strategies and sections of this policy also apply to non-traumatic hemorrhage, including but not limited to bleeding AV-shunts and non-traumatic bleeding in patients on anticoagulants. TXA is only indicated by the protocol below for traumatic bleeding, epistaxis, and oral bleeding.

**NOTE:** Consider base hospital physician consult for TXA use in the control of head and neck bleeding.

Epistaxis/Oral Hemorrhage:

| BLS |   |  |  |
|-----|---|--|--|
| 1.  | 1. Assess C-A-B.  |  |  |
| 2.  | 2. Secure airway.   |  |  |
| 3.  | <ol><li>Position of Comfort, reduce anxiety.</li></ol>                                |  |  |
| 4.  | 4. Suction as needed.   |  |  |
| 5.  | <ol><li>Apply ice and direct pressure across the bridge of the nose.</li></ol>        |  |  |
| 6.  | SpO2 with supplemental $O_2$ as needed.   |  |  |
| ALS |   |  |  |
| 1.  | Cardiac monitoring and ETCO2 measurement as available.                                |  |  |
| 2.  | Vascular access, but do not delay airway management for suspected posterior           |  |  |
|     | hemorrhage.   |  |  |
| 3.  | Consider intubation for significant hypoxia, dyspnea, or impending airway loss.       |  |  |
| 4.  | For stable patients with epistaxis, encourage vigorous nose blowing to remove clotted |  |  |
|     | blood.  |  |  |





Cross References: PD# 5052 –Trauma Destination Policy PD# 5053 –Trauma Triage Criteria Policy PD# 8015 – Trauma Policy PD# 9017 – Pediatric Trauma,