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|  | <b>COUNTY OF SACRAMENTO</b><br>EMERGENCY MEDICAL SERVICES AGENCY | Document #          | 8007.22  |
|   | <u>PROGRAM DOCUMENT:</u><br><br><b>Abdominal Pain</b>            | Initial Date:       | 06/14/96 |
|   |  | Last Approved Date: | 03/10/22 |
|   |  | Effective Date:     | 05/01/23 |
|   |  | Next Review Date:   | 03/01/24 |

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 Signature on File  
 EMS Medical Director

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 Signature on File  
 EMS Administrator

**Purpose:**

- A. To establish the treatment standard for patients with abdominal pain.

**Authority:**

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

**Protocol:**

| <b>BLS</b>  |
|---|
| <ol style="list-style-type: none"> <li>1. ABC's/Routine Care-Supplemental O<sub>2</sub> as necessary to maintain SPO<sub>2</sub> ≥ 94%. Use lowest concentration and flow rate of O<sub>2</sub> as possible. Airway adjuncts as needed.</li> <li>2. Transport in position of comfort</li> </ol>   |
| <b>ALS</b>  |
| <ol style="list-style-type: none"> <li>1. Establish vascular access for any of the following, with Normal Saline and titrate to a systolic blood pressure of ≥ 90 mmHg.           <ul style="list-style-type: none"> <li>• Hemodynamically unstable/Hypo-perfusion</li> <li>• Concurrent respiratory compromise</li> <li>• Glasgow Coma Score ≤13</li> <li>• Significant hemorrhage</li> <li>• Pulsatile abdominal mass</li> <li>• Suspected ectopic pregnancy</li> <li>• May establish an IV for pain management</li> </ul> </li> <li>2. Establish cardiac monitoring</li> <li>3. Pain Control: For severe pain, consider administration of pain medications per PD# 8066 – Pain Management Policy</li> <li>4. Consider treating nausea and/or vomiting per PD# 8063 – Nausea and/or Vomiting</li> </ol> |

Cross Reference: PD# 8038 – Shock  
 PD# 8066 – Pain Management  
 PD# 8063 – Nausea and/or Vomiting