| | COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY | Document # | 8833.10 |
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| | PROGRAM DOCUMENT: | Initial Date: | 08/01/10 |
| | Ventricular Assist Device (VAD) | Last Approved Date: | 09/23/24 |
| | | Effective Date: | 05/01/25 |
| | | Next Review Date: | 09/01/26 |

| Signature on File | Signature on File | |
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| EMS Medical Director | EMS Administrator | |

Purpose:

- A. To establish a treatment standard for treating patients with a Ventricular Assist Device (VAD).
- B. This policy applies to VADs for left, right, and both ventricles (LVADs, RVADs, and BiVADs)

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Protocol:

BLS

- 1. Supplemental O₂ as necessary to maintain SpO₂ ≥ 94%. Adjust flow and delivery mode as needed.
- 2. Airway adjuncts as needed.
- 3. If the patient is unresponsive, check the power supply and the connections.
- 4. Chest Compressions **ONLY** if unresponsive, apneic, Systolic Blood Pressure (SBP) < 60 mmHg and VAD is presenting with a Red Heart Alarm.
- 5. Collect all VAD equipment (power unit, spare batteries, and black emergency bag).
- 6. Transport patients experiencing VAD-related problems to the appropriate receiving facility providing VAD services. Patients who meet critical trauma criteria or have severe burns shall be taken to UC Davis.

ALS

- 1. Advanced airway adjuncts as needed.
- 2. If auscultated SBP (see precautions A) is less than 60 mmHg, pulmonary edema is not present and patient exhibits symptoms such as dyspnea, hypotension, syncope, and loss of consciousness, then:
 - Establish Intravenous access with Normal Saline, and titrate to an SBP of 70 mmHg not exceeding 1500 ml of fluid.
- 3. If patient remains unconscious with SBP of < 50 mmHg after IV fluid, begin CPR.
- 4. Patients with total artificial hearts (BiVADs) do not respond to CPR and should not receive medication or CPR.
- 5. Cardiac Monitoring.
- 6. Defibrillation and/or cardioversion are indicated for shockable rhythms.

NOTE: Patients with mechanical devices in ventricular tachycardia or ventricular fibrillation may still have a perfusing rhythm and be conscious; these patients should **NOT** receive CPR.

Considerations:

- A. The two (2) most common causes of VAD pump failures are disconnection of the power and failure of the driveline.
- B. VAD patients will not have a systolic and diastolic blood pressure in the absence of a pulse. The blood pressure can be palpated or auscultated with a 70-90 mmHg as an acceptable range. Automatic blood pressure cuffs are not reliable when used on a VAD patient.
- C. Chest compressions and blunt thoracoabdominal trauma can disrupt the anastomoses between the left ventricle, VAD, and the ascending aorta.
- D. Loss of cardiac output from VAD failure and a "red heart" alarm may present patient symptoms such as dyspnea, nausea, hypotension, syncope, loss of consciousness, or pulmonary edema.
- E. The patient or caregiver may be able to interpret any VAD controller unit alarms.
- F. Do not separate the patient from the caregiver. The caregiver is trained in managing the VAD equipment.
- G. VAD patients may also have an Implanted Cardioverter-Defibrillator (ICD) or pacing ICD.
- H. Blood pressure and pulse oximetry may not be measurable.
- I. Cardiac monitoring heart rate will differ from the pulse rate since the VAD is not synchronized with the native heart. The pulse rate reflects the rate supporting perfusion.

NOTE: Reference for additional information:

The International Consortium of Circulatory Assist Clinicians Mechanical Circulatory Support Emergency Guide 2020-2021: ICCAC_Emergency_Guides_20_21.pdf

VAD Program Coordinator will likely be in contact with the patient/caregiver by phone and can be used as a resource in determining if the presenting chief complaint is a pumprelated problem or a patient-related problem.