

	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	8063.12
	PROGRAM DOCUMENT:	Initial Date:	12/05/11
	Nausea / Vomiting	Last Approved Date:	10/23/24
		Effective Date:	05/01/26
		Next Review Date:	12/01/25

Signature on File

EMS Medical Director

Signature on File

EMS Administrator

Purpose:

- A. To establish the treatment standard for treating patients with nausea and / or vomiting

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Protocol:

BLS
<ol style="list-style-type: none"> 1. Assess and support ABC's as needed. 2. Supplemental O2 as necessary to maintain SpO2 \geq 94%. Use lowest concentration and flow rate of O2 as possible. 3. Suction airway as necessary. 4. Assess and treat as appropriate for underlying cause. 5. Determine blood glucose. If blood glucose is < 60 mg/dl treat per protocol PD# 8002-Diabetic Emergency. 6. Transport patient in position of protecting airway.
ALS
<ol style="list-style-type: none"> 1. Advanced airway adjuncts as needed. 2. Consider vascular access and titrate to SBP \geq 90mmHg. 3. Ondansetron: <ul style="list-style-type: none"> • 4mg PO/SL/IM/IV/IO. • For IV or IO Ondansetron, administer slowly (over one (1) minute) to prevent syncope. 4. For persistent nausea/vomiting, may repeat x one (1) for max dose of eight (8) mg. 5. Withhold from first trimester (< 12 weeks) pregnant patients not already using Ondansetron.