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|  | <b>COUNTY OF SACRAMENTO</b><br>EMERGENCY MEDICAL SERVICES AGENCY | Document #          | 8063.12  |
|                                                                                   | PROGRAM DOCUMENT:                                                | Initial Date:       | 12/05/11 |
|                                                                                   | Nausea / Vomiting                                                | Last Approved Date: | 10/23/24 |
|                                                                                   |                                                                  | Effective Date:     | 05/01/26 |
|                                                                                   |                                                                  | Next Review Date:   | 12/01/25 |

Signature on File

EMS Medical Director

Signature on File

EMS Administrator

**Purpose:**

- A. To establish the treatment standard for treating patients with nausea and / or vomiting

**Authority:**

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

**Protocol:**

| BLS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| <ol style="list-style-type: none"> <li>1. Assess and support ABC's as needed.</li> <li>2. Supplemental O2 as necessary to maintain SpO2 <math>\geq</math> 94%. Use lowest concentration and flow rate of O2 as possible.</li> <li>3. Suction airway as necessary.</li> <li>4. Assess and treat as appropriate for underlying cause.</li> <li>5. Determine blood glucose. If blood glucose is &lt; 60 mg/dl treat per protocol PD# 8002-Diabetic Emergency.</li> <li>6. Transport patient in position of protecting airway.</li> </ol>                                                          |
| ALS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <ol style="list-style-type: none"> <li>1. Advanced airway adjuncts as needed.</li> <li>2. Consider vascular access and titrate to SBP <math>\geq</math> 90mmHg.</li> <li>3. Ondansetron:               <ul style="list-style-type: none"> <li>• 4mg PO/SL/IM/IV/IO.</li> <li>• For IV or IO Ondansetron, administer slowly (over one (1) minute) to prevent syncope.</li> </ul> </li> <li>4. For persistent vomiting, may repeat x one (1) for max dose of eight (8) mg.</li> <li>5. Withhold from first trimester (&lt; 12 weeks) pregnant patients not already using Ondansetron.</li> </ol> |