

## Sacramento County Emergency Medical Services Agency (SCEMSA) Joint Medical Advisory (MAC)/Operational Advisory (OAC) Committees 9616 Micron Ave. Suite 940 Sacramento, CA. 95827 June 12, 2025



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ITEM	ACTION	DETAILS
Welcome and Introductions	None	None
Minutes Review	March 13, 2025	Approved: Adam Blitz & John Rose
<b>Old Business:</b> <b>PD# 4302</b> – Continuing Education Provider	Approved 1. SCEMSA shall approve or disapprove deny the request for a CE course within sixty	<ul> <li>Discussion: Current policy requires CE providers to submit pre-instruction summaries</li> <li>Concerns raised about administrative burden</li> </ul>

	<ul> <li>(60) calendar days of receipt of the completed request.</li> <li>a. Submit a <u>Continuing</u> <u>Education Course</u> <u>Summary FORM</u> for each         <u>CE course being offered</u> <del>prior to teaching.</del></li> </ul>	<ul> <li>Decision: Remove pre- instruction summary requirement</li> <li>Rationale: Streamline provider process while maintaining post-instruction documentation</li> </ul>
PD# 9004 – Pediatric Burns	<ul> <li>Approved</li> <li>1. Remove the patient from the source of the burn, then remove burning or smoldering clothing and remove jewelry</li> <li>2. Perform ABCs</li> <li>3. Assess for inhalation injury (singed nasal hairs, hoarse voice or stridor, oral or facial burns) and administer supplemental O₂ as necessary to maintain SpO2 ≥ 94%. Be prepared to support ventilation with appropriate airway adjuncts.</li> <li>4. Estimate the size of the burn (see below)</li> <li>5. For burns &lt; 30% TBSA AND no inhalation injury, stop the burning process by applying cool running water over the burn. The goal is cumulative (bystander and first responder) application of cool running water for 20 minutes. Whenever possible, this should be completed prior to transport.</li> <li>a. It is critical that providers remain on scene to complete a full 20 minutes of continuous cooling with running water before initiating transport unless the scene becomes unsafe or the patient's condition necessitates immediate transport.</li> <li>b. Early cessation of cooling may lead to worsened burn severity and increased tissue damage. If transport is initiated before 20 minutes of cooling is completed,</li> </ul>	Identified outdated language restricting monitoring and pain medication protocols

cooling should continue en         route whenever feasible.         6. After cooling the burn, apply a         covering to the burn (dry non-stick gauze, loose plastic wrap, etc.).         7. Avoid hypothermia by isolating and cooling only the burned area. Keep unaffected body parts warm by covering them as much as possible, and use the heater in the passenger compartment.         8. Caustic and Chemical Burns: Wear protective clothing and gloves and consider the presence of hazardous materials. Remove the patient's clothing. Apply cool running water over the burn for 20 minutes. Do not scrub.         9. Electrical Burns: Check for, and dress all entrance and exit wounds.         10. Avoid hypothermic by isolating and cooling only the burned area. Keep unaffected body parts warm by covering them as emuch as possible, and use the heater in the passenger compartment.         11. After cooling the burn (dry non stick guze, loceal plastic wara, etc.).         NOTE: Check for associated injuries. Treat shock, if present. Do not apply ice or creams to the burned area. Fire in enclosed space suggests smoke inhalation or carbon monoxide poisoning.         1. Initiate vascular access in patients with major burns (> 9%). For BSA > 9% or hypotension. Administer 20ml/kg NS fluid bolus.         2. Albuterol (if wheezes present) BVM.         3. Cardia comoitor with SpO <sub>2</sub> .		
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<ul> <li>2. Albuterol (if wheezes present)</li> <li>5 mg via HHN, mask or BVM.</li> </ul>	access site is an	
<ul> <li>5 mg via HHN, mask or BVM.</li> </ul>	unburned area.	
<ul> <li>5 mg via HHN, mask or BVM.</li> </ul>	2. Albuterol (if wheezes present)	
BVM.		
3. Cardiac monitor with SpO <sub>2</sub> .	-	
	3. Cardiac monitor with SpO <sub>2</sub> .	

	<ul> <li>If partial thickness burn with severe pain and without evidence of or mechanism of internal head, chest or abdominal injury:</li> <li>Consider administration of pain medication as per PD# 9018-Pediatric Pain Management.</li> </ul>	
New Business:		Added magnesium administration for pregnancy > 20 weeks
PD#8003 – Seizures	<ul> <li>Approved</li> <li>7. If known or suspected pregnancy (greater than 20 weeks) OR if possible pregnancy within the last 6 weeks, administer magnesium sulfate even if seizure has resolved.</li> <li>Magnesium Sulfate: -10g IM (5 g in each buttock) OR 6g IV/IO in 250 NS, infusion over 10 minutes. * No repeat magnesium dosing without base hospital consultation.</li> </ul>	Dosage: 10 grams IM (5g in each buttock) 6 grams IV/IO No repeat dosing without base hospital consultation Supported by regional best practices
<b>PD# 8026</b> – Respiratory Distress	ApprovedAlbuterol/Atrovent: Mix 2.5mg Albuterol & 0.5mg Atrovent via HHN, mask or inline nebulizer. May repeat up to 3 doses of this mixture.Magnesium Sulfate 2 g IV/IO over 1-2 minutes No repeat magnesium dosing unless base hospital consultation.	Added magnesium administration for moderate to severe respiratory distress Discussion on increasing atrovent to 3 doses. Group agreed to 3 doses of albuterol/atrovent
<b>PD# 8031</b> – Non-Traumatic Cardiac Arrest	Approved Magnesium Sulfate If at any time a patient presents with suspected polymorphic ventricular tachycardia (Torsades de Pointes), magnesium sulfate 2g IV/IO over 1-2 minutes may be given at any time after the first epinephrine dose.	Added magnesium for torsades de pointes 2 grams IV over 2 minutes Administration after first epinephrine dose
<b>PD# 9003</b> – Pediatric Respiratory Distress	Approved Asthma/Bronchospasm -	Implemented weight-based magnesium dosing

	ALS	Add nebulized epinephrine for
1.	Airway management as per	severe croup
	PD# 8837- Pediatric Airway	
	Management.	Discussed potential risks and
2.	Pulse Oximetry, when	operational considerations
۷.	available, may be used to	
	titrate oxygen saturation to a	
	SpO <sub>2</sub> $\geq$ 94%.	
3.		
0.	Atrovent via HHN, mask or	
	inline nebulizer. May repeat up	
	to three doses of this mixture.	
4.		
	1:1,000 (1 mg/ml) solution	
	Intramuscular (IM) up to a	
	maximum dose of 0.3 ml.	
5.	Initiate vascular access.	
	Titrate to a minimal Systolic	
	Blood Pressure (SBP) for the	
	patient's age. Vascular	
	access shall not take	
	precedence over the	
	administration of Albuterol or	
e	Epinephrine. For moderate to severe	
ю.		
	exacerbations, administer magnesium sulfate 50 mg/kg to a	
	maximum dose of 2g IV/IO in 250	
	NS, infusion over 10 minutes.	
7.		
٨	Croup/Strider Condition is	
A.	Croup/Stridor - Condition is severe:	
	BLS	
1.		
4	ALS	
1.	Airway management as per PD# 8837	
2	Pulse oximetry, when available,	
۷.	will be used to titrate oxygen	
	will be used to thrate oxygen	
3	saturation to SpO2 $\ge$ 94%.	
3.	saturation to SpO2 ≥ 94%. <b>Epinephrine</b> : 2.5mg 1:1000 via	
3.	saturation to SpO2 $\ge$ 94%. Epinephrine: 2.5mg 1:1000 via nebulizer or 0.01 mg/Kg of	
3.	saturation to SpO2 ≥ 94%. <b>Epinephrine</b> : 2.5mg 1:1000 via	
3.	saturation to SpO2 $\ge$ 94%. <b>Epinephrine</b> : 2.5mg 1:1000 via nebulizer or 0.01 mg/Kg of 1:1,000 (1mg/ml) solution IM up to	

SUNDOWN (removed)	Group discussion on best practices for when a patient is an Organ Donor. Group decided to discontinue policy.
Approved	No comments.
<ul> <li>Approved</li> <li>1. Base hospital consult is <u>NOT</u> for the base hospital to grant or deny a refusal of service.</li> </ul>	Group discussion on base hospital responsibility in regard to AMAs. Base hospitals are a "phone a friend" for when help is needed. They do not need to be contacted for every AMA.
Approved	No comments.
Approved	No comments.
Approved	No comments.
Approved 1. Magnesium Sulfate	No comments.
Approved	No comments.
	Approved Approved 1. Base hospital consult is NOT for the base hospital to grant or deny a refusal of service. Approved Approved 1. Magnesium Sulfate Approved Approved Approved Approved Approved Approved Approved

PD# 5001 – Equipment and Supply Shortages	Approved	No comments.
<b>PD# 6002 –</b> Stroke Critical Care System General Provisions	Approved	No comments.
<b>PD# 8002 –</b> Diabetic Emergencies	<ul> <li>Approved</li> <li>Dextrose 10-12.5 grams IV. If blood sugar remains ≤ 60 mg/dl, give additional Dextrose 12.5-25 grams IV. May repeat for a total of 50 grams.</li> </ul>	Group discussion on editing the wording to alleviate confusion.
<b>PD# 8004 –</b> Suspected Narcotic Overdose	Approved If patient is revived by Narcan and GCS15, consider Buprenorphine administration.	Group discussion on the benefits of buprenorphine administration and its positive impact on patient outcomes
Chairman's Report	APOT	<ul> <li>Ambulance Patient Offload Times (APOT)</li> <li>Presented comprehensive data analysis</li> <li>Current 90th percentile offload time: 35 minutes</li> <li>Compared with 6 peer counties</li> <li>Sacramento experiencing slight upward trend while others decline</li> <li>Discussed stakeholder collaboration strategies</li> <li>Hospitals implementing new mitigation efforts</li> <li>Additional Discussions</li> <li>Amiodarone Shortage Management</li> <li>Approved lidocaine substitution for amiodarone when needed</li> </ul>

Adjournment	Next MAC/OAC September 11, 2025, at 9616 Micron Ave	
Roundtable		
		Provides operational flexibility during medication shortage
		Non-transporting ALS units will not be required to stock amiodarone during the shortage