



# Dystonic Reaction

E	Supplemental O2 as necessary to maintain SPO2 > 94%
	Airway adjuncts as necessary
	Bring home medications to ED with patient
P A	Establish vascular access
	Cardiac Monitoring
	<b>Diphenhydramine – 50mg IV (preferred) or IM</b>
	Monitor and reassess

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Contact Base Hospital for medical direction if needed.

# DRAFT

E	EMT
A	AEMT
P	Paramedic





# Dystonic Reaction

A dystonic reaction occurs as an idiosyncratic reaction to a phenothiazine compound. Frequently, no clear history or medication use is available; therefore, this reaction should be treated based on its clinical presentation.

**Note:** Although diphenhydramine is used to treat this reaction, it is not an allergic reaction to the medication. The patient should be informed of this distinction. Dystonic reactions, which may require field treatment to alleviate patient discomfort, may present as the following:

1. Facial grimacing with poor ability to voluntarily relax tensed facial muscles.
2. Torticollis or twisted posturing of the neck.

