	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	9004.19
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	Pediatric Burns	Last Approval Date:	03/08/23
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Signature on File	Signature on File
EMS Medical Director	EMS Administrator

# Purpose:

A. To establish a treatment standard for pediatric patients burned by caustic material, electricity or heat.

### **Authority:**

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

#### Protocol:

A. The ability to maintain temperature in prehospital settings is a significant problem with a dose dependent increase in mortality for temperatures below 37°C or 98.6°F. Simple interventions to prevent hypothermia can reduce mortality. During transport warm and maintain normal temperature, being careful to avoid hyperthermia.

#### **BLS**

- I. ABC' s/Routine Medical Care:
  - a. Stop the burning process. Remove patient from source of the burn. Remove burning or smoldering clothing and remove jewelry. Administer supplemental O₂ as necessary to maintain SpO₂ ≥ 94%. Be prepared to support ventilation with appropriate airway adjuncts. Check for associated injuries and apply dry sterile dressings to burned areas.
- 2. Inhalation Injury: Assess for:
  - a. Burns around face and neck.
  - b. Singed nasal hairs.
  - c. Soot around nose and mouth.
  - d. Chemical inhalation.
- 3. Caustic and Chemical Burns: Wear protective clothing and gloves and consider the presence of hazardous materials. Remove source of burn. Remove all clothing. Wash with copious amounts of water. Do not scrub.
- 4. Electrical Burns: Electrical burns are potentially severe injuries not apparently visible from the surface wound that require further treatment in the hospital. Check for, and dress all entrance and exit wounds.
- 5. Transport: Any patient with the following shall be transported to UCDMC Burn Center:
  - a. Partial thickness > 9% of body surface.
  - b. Any electrical or any chemical burn.
  - c. Evidence of possible inhalation injury.
  - d. Any burn to face, hands, feet, genitalia, perineum or major joints.
- 6. Transport.

**NOTE:** Check for associated injuries. Treat shock, if present.

Do not apply ice or creams to the burned area.

Fire in enclosed space suggests smoke inhalation or carbon monoxide poisoning.

### **ALS**

- 1. Initiate vascular access in patients with major burns (> 9%). For BSA > 9% or hypotension. Administer 20ml/kg NS fluid bolus.
  - When possible the preferred vascular access site is an unburned area.
- 2. Albuterol (if wheezes present)
  - 5 mg via HHN, mask or BVM.
- 3. Cardiac monitor with SpO<sub>2</sub>.
- 4. If partial thickness burn with severe pain and without evidence of or mechanism of internal head, chest or abdominal injury:
  - Consider administration of pain medication as per PD# 9018-Pediatric Pain Management.

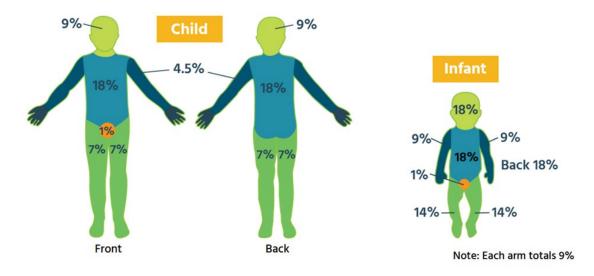
**NOTE**: Any patient with the following shall be transported to UCDMC Burn Center:

- Partial thickness >9% of body surface.
- Any electrical or any chemical burn.
- Evidence of possible Inhalation Injury.
- Any burn to the face, hands, feet, genitalia, perineum or major joints.
- Cardiac arrest shall go to the closest E.D.

## Estimating Burn Size (either method can be used):

**Rule of Palm:** The palm of the person who is burned (not fingers or wrist area) is about 1% of the body. Use the person's palm to measure the body surface area burned.

#### **Rule of Nines:**



Cross Reference: PD# 9018 - Pediatric Pain Management

PD# 8837 - Pediatric Airway Management