

	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	4521.01
	<u>PROGRAM DOCUMENT:</u> Triage to Alternate Destination Training Curriculum	Initial Date:	4/01/2025
		Last Approval Date:	4/01/2025
		Effective Date:	4/01/2025
		Next Review Date:	3/10/2027

EMS Medical Director

EMS Administrator

Triage to Alternate Destination Training Curriculum	
Length_	Topic
30 Min	Introduction and Reason for Training <ul style="list-style-type: none"> • State and Sacramento County EMS Agency Requirements • Overview of training
45 min	Understanding Mental Illness <ul style="list-style-type: none"> • Mental Illness Defined • Stigma and Its Effect on Attitudes and Behaviors
60 min	Mental Health Conditions <ul style="list-style-type: none"> • Schizophrenia <ul style="list-style-type: none"> o Signs and Symptoms of Schizophrenia o Common Neuro-Psychiatric Medications Used to Treat Schizophrenia • Mood/Affective Disorders <ul style="list-style-type: none"> o Signs & Symptoms of Unipolar Depression (Major Depressive Disorder) o Signs & Symptoms of Bi-Polar Disorder o Common Neuro-Psychiatric Medications Used to • Anxiety Disorders <ul style="list-style-type: none"> o Common Anxiety Disorders o Signs and Symptoms of Anxiety o Common Neuro-Psychiatric Medications Used to Treat Anxiety • Personality Disorders <ul style="list-style-type: none"> o Personality Disorder Overview o Signs and Symptoms of Personality Disorders o Treatment of Personality Disorders, Including Neuro-Psychiatric Medications • Pre-hospital Case Study
60 min	Understanding Suicidal Thoughts and Behaviors <ul style="list-style-type: none"> • Demographics and Incidence of Suicide • Key Concepts • Contributing Factors to Suicidal Thoughts and Behavior • Warning Signs • Assessing Risk • Intervention • Resources • Pre-hospital Case Review

45 min	<p>Alcohol and Substance Use Disorders</p> <ul style="list-style-type: none"> • Substance abuse impact on the community • Understanding the difference between mental health disorders, intoxication, and medical emergencies. Common signs and symptoms • Assessment, treatment, and stabilizing of intoxicated patients. • Pre-hospital Case Review
60 min	<p>Treatment, Triage, and Transport Parameters</p> <ul style="list-style-type: none"> • Review of SCEMSA PD# 2004 – Patient Privacy • Review of SCEMSA PD# 2101 – Patient Initiated Refusal of EMS Assessment, Treatment, and Transport • Review of SCEMSA PD# 2522 – Electronic Health Record and Data Policy • Review of SCEMSA PD# 5050 – Destination • Review of SCEMSA PD# 5203 – Transport Guidelines-Sobering Center Facility • Review of SCEMSA PD# 5205 – Transport Guidelines-Mental Health Facility • Review of SCEMSA PD# 8004 – Suspected Narcotic Overdose • Review of SCEMSA PD# 8062 – Behavioral Crisis-Restraint • Review of SCEMSA PD# 8069 – Buprenorphine • EMS Documentation • EMTALA and EMS, what EMS providers need to know.

Cross References: PD# 2004 – Patient Privacy
 PD# 2101 – Patient Initiated Refusal of EMS Assessment, Treatment, and Transport
 PD# 2522 – Electronic Health Record and Data Policy
 PD# 5050 – Destination
 PD# 5203 – Transport Guidelines-Sobering Center
 PD# 5205 – Transport Guidelines-Mental Health Facility
 PD# 8004 – Suspected Narcotic Overdose
 PD# 8062 – Behavioral Crisis-Restraint
 PD# 8069 – Buprenorphine