

	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	8007.22
	<u>PROGRAM DOCUMENT:</u> Abdominal Pain	Initial Date:	06/14/96
		Last Approved Date:	03/26/24
		Effective Date:	11/01/24
		Next Review Date:	03/01/26

 Signature on File
 EMS Medical Director

 Signature on File
 EMS Administrator

Purpose:

- A. To establish the treatment standard for patients with abdominal pain.

Authority:

- A. California Health and Safety Code, Division 2.5
 B. California Code of Regulations, Title 22, Division 9

Protocol:

BLS	
1.	ABC's/Routine Care-Supplemental O ₂ as necessary to maintain SPO ₂ ≥ 94%. Use lowest concentration and flow rate of O ₂ as possible. Airway adjuncts as needed.
2.	Transport in position of comfort
ALS	
1.	Establish vascular access for any of the following, with Normal Saline and titrate to a systolic blood pressure of ≥ 90 mmHg. <ul style="list-style-type: none"> • Hemodynamically unstable/Hypo-perfusion • Concurrent respiratory compromise • Glasgow Coma Score ≤13 • Significant hemorrhage • Pulsatile abdominal mass • Suspected ectopic pregnancy • May establish an IV for pain management
2.	Establish cardiac monitoring
3.	Pain Control: For severe pain, consider administration of pain medications per PD# 8066 – Pain Management Policy
4.	Consider treating nausea and/or vomiting per PD# 8063 – Nausea and/or Vomiting

Cross Reference: PD# 8038 – Shock
 PD# 8066 – Pain Management
 PD# 8063 – Nausea and/or Vomiting