	COUNTY OF SACRAMENTO EMERGENCY MEDICAL SERVICES AGENCY	Document #	9020.06
	PROGRAM DOCUMENT:	Initial Date:	11/15/15
	Pediatric Nausea and/or Vomiting	Last Approval Date:	12/12/24
		Effective Date:	05/01/25
		Next Review Date:	12/01/26

Signature on File	Signature on File
EMS Medical Director	EMS Administrator

## Purpose:

A. To establish a treatment standard for treating pediatric patients with nausea and/or vomiting.

# **Authority:**

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

#### Protocol:

## **BLS**

- 1. Consider oxygen therapy per PD # 8837 Pediatric Airway Management.
- 2. Assess and treat, as appropriate, for underlying causes.
- 3. Perform blood glucose.
- 4. Maintain normal body temperature.

### **ALS**

- 1. If vital signs or exam suggests volume depletion, consider:
  - a) IV/IO access.
  - b) Normal Saline 20 ml/kg.
  - c) Recheck vitals every 5 minutes.
- 2. Consider Ondansetron if age > one (1) month and weight ≥ eight (8) kg.

### [8-15 kg]:

Dose: 2 mg PO/IM; Alt: 0.15 mg/kg/dose IV/IO.

#### [16-30 kg]:

Dose: 4 mg PO/IM;

Max: 4 mg/dose; Alt: 0.15 mg/kg/dose IV/IO.

# [> 31 kg]:

Dose 4 mg PO/IM.

Max: 8 mg/dose PO/IM; Alt: 0.15 mg/kg/dose IV/IO.

Cross Reference: PD #8837 – Pediatric Airway Management