

Calculating Sugar Content in Beverages

Grams* ÷ 4=Tsp.

*check number of servings
per container!



Nutrition Facts	
1 Serving Per Container	
Serving Size	1 Bottle
Amount Per Serving	
Calories	240
% Daily Value	
Total Fat 0g	0%
Sodium 75mg	3%
Total Carbohydrate 65g	24%
Total Sugars 65g	
Includes 65g Added Sugars	130%
Cholesterol 0mg	0%
Protein 0g	
Vitamin D	0%
Calcium	0%
Iron	0%
Potassium	0%
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.	

16.25
teaspoons!

INGREDIENTS

CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CARAMEL COLOR,
PHOSPHORIC ACID, NATURAL FLAVORS, CAFFEINE.