

# What is a STD?

A sexually transmitted disease (STD) that occurs during vaginal, anal or oral sex and also can be spread by contact with infected blood.

You can get A STD by having sex with someone who is infected.

**MOST people with STDs  
DO NOT KNOW  
they are infected.**

STDs can lead to serious health problems if left untreated.

## Health problems for Women and Men:

- Sores bumps and blisters near your penis/vagina, anus or mouth.
- Burning pain when you urinate (pee) or have a bowel movement.
- Swelling in your groin and are around your sex organs.

## Protect Yourself:

**ABSTINENCE –**  
Don't have sex !!

**SAFER SEX –**  
If you do have sex (vaginal, anal or oral) use a latex or polyurethane condom or dental dam.

**KNOW YOUR PARTNER –**  
Make sure your partner does not have any STDs, and has sex only with you.

**STDs  
DO YOU  
KNOW  
WHAT THEY  
ARE?**

## Get Tested!

- See your doctor or visit a local health clinic
- Most tests only require a urine (pee) sample and can be anonymous
- Ask your partner to get tested

**Chlamydia ~ Syphilis ~ Herpes ~ Genital Warts ~  
Gonorrhea ~ Hepatitis B ~ HIV/AIDS ~ Trichomoniasis**