

**SACRAMENTO COUNTY WIC PROGRAM****Nutrition Assistant I/II**

Sacramento County WIC Program is hiring for a part-time, non-benefited Nutrition Assistant (NA) position to provide nutrition education and assistance to qualifying participants, which includes basic nutrition and breastfeeding education and counseling, determination of program eligibility through screening and assessment, and provide referrals to community partners for additional information and support.

Location: **Multiple locations** (locations may include offices in Natomas, South Sacramento, Oak Park, Rancho Cordova, and Elk Grove)

Hours: Average of 28 hours per week

Rate: \$21.48—\$24.95 per hour

Respond by: **Continuous until filled; application window closes 12/13/2024**

The Nutrition Assistant is responsible for but not limited to:

- Counsel and educate WIC low income families by telephone, video, and/or in-person at scheduled intervals determined by the WIC program
- Give basic breastfeeding information and support to new parents on getting breastfeeding off to a good start and guidance on overcoming common barriers to breastfeeding
- Conducts nutrition assessment of WIC Program clients, reviewing anthropometric, biochemical, medical/physical, and dietary information.
- Refer families needing additional resources or support to community partners, WIC dietitians, and or WIC lactation consultants.
- Meet regularly by phone or video with assigned WIC clinic manager and the WIC program staff
- Respect each client by keeping her information strictly confidential
- Document contact notes in applicable program databases

Requirements:

- Is able to work from home and the WIC office
- Has reliable transportation
- Completes necessary training

Preference:

- Bilingual in Vietnamese, Russian, Farsi, Dari, and/or Pashto
- Experience with the WIC Program
- Proficient in using Microsoft Office (Excel, Word, Outlook, PowerPoint, etc.) and virtual platforms

Instructions:

Please complete the online application for the **Nutrition Assistant Level I/II** position at www.saccountyjobs.net no later than 5 PM on **December 13, 2024**. If you have any questions about this position, please contact Daniel Ruiz at WICAdmin@saccounty.gov.