

**SACRAMENTO COUNTY WIC PROGRAM**

Breastfeeding Peer Counselor Program

Breastfeeding Peer Counselor

The Sacramento County WIC Program is hiring for a part-time, non-benefited Breastfeeding Peer Counselor (PC) position to provide basic breastfeeding information and encouragement to first-time WIC mothers who are pregnant or breastfeeding their baby.

Location: **Rancho Cordova, CA** (other locations may include offices in Natomas, Oak Park, South Sacramento, and Elk Grove)

Hours: Average of 28 hours per week

Rate: \$21.48—\$24.95 per hour

Respond by: **December 13, 2024**

The Breastfeeding Peer Counselor is responsible for but not limited to:

- Counsel WIC pregnant and breastfeeding mothers by telephone, text, virtual visit, and/or in-person (once the pandemic has ended) at scheduled intervals determined by the WIC program
- Give basic breastfeeding information and support to new mothers on getting breastfeeding off to a good start and guidance on overcoming common barriers to breastfeeding
- Maintain a caseload of WIC mothers and make routine periodic contacts with all mothers assigned
- Facilitate monthly classes and support groups virtually
- Refer mothers needing advanced lactation care and support to WIC lactation consultants, WIC dietitians, or to their medical provider
- Meet regularly by phone or video with the PC Program Coordinator and the WIC program staff
- Respect each client by keeping her information strictly confidential
- Document contact notes in applicable program databases

Requirements:

- Has breastfed at least one baby for 6 months or more (does not have to be currently breastfeeding)
- Is enthusiastic about breastfeeding and wants to help other mothers enjoy a positive experience
- Is able to work from the WIC office and home
- Has reliable transportation
- Completes necessary training

Preference:

- Certified as a Certified Lactation Educator/Counselor or equivalent breastfeeding training
- Experience with the WIC Program and/or Breastfeeding Peer Counselor Program
- Proficient in using Microsoft Office (Excel, Word, Outlook, PowerPoint, etc.) and virtual platforms

Instructions:

Please email your resume and letter of interest to WICAdmin@saccounty.gov by COB on **December 13, 2024**. If you have any questions about this position, please contact Lisa Mathews at phone number (916) 875-2133 or at email address MathewsL@saccounty.gov.