

**If you need assistance with completing this form:**

- You may ask any Mental Health Plan staff to assist you.
- You may call Member Services.  
(916) 875-6069
- You may call the Patient Rights Advocate.  
(916) 333-3800

Toll Free 1-888-881-4 881  
TDD 711

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Published by:  
The County of Sacramento  
Division of Behavioral Health  
05/10/2021

Sacramento County Mental Health Plan  
Quality Management, Member Services  
7001A East Parkway, Suite 300M  
Sacramento, CA 95823

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Sacramento, CA 95823



**Sacramento County  
Mental Health Plan**

**Appeal  
Form**

**Standard / Expedited**

Appeal Form – English

Stamp  
Required

# Appeal Form

**Note:** Filing an Appeal following an Adverse Benefit Determination shall not adversely affect your services with Sacramento County Medical Health Plan. Member Services will respond with a resolution within thirty (30) calendar days for the Standard Appeal, or 72 hours for the Expedited Appeal. If the Expedited Appeal is denied, a written notice will be sent to the member and the Standard Appeal process will begin. Please check the appropriate box:

Standard Appeal       Expedited Appeal

**Please print or write legibly.**

Date: \_\_\_\_\_

Service Location: \_\_\_\_\_

Client Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

If client is a minor, enter the name of legal guardian filing on behalf of minor:

Address (City/State/Zip): \_\_\_\_\_

Phone Number (please indicate best time to call):

**1. What is your Appeal? Please describe this issue in specific detail.** Attach additional pages, if necessary.

**2. If you have checked the Expedited box, what is the reason you believe this Appeal needs to be expedited?**  
Please include as much detailed information as possible. Attach additional pages if necessary.

**3. Have you discussed this issue with your service provider (service coordinator, therapist, counselor, psychiatrist, etc.)?**     Yes     No

**4. What would you like to see happen to resolve this Appeal?**

Signature of person making the Appeal: \_\_\_\_\_ Today's date: \_\_\_\_\_