

Sacramento County
Department of Health Services, Behavioral Health Services
Behavioral Health Youth Advisory Board

General Meeting Agenda

Tuesday, August 4, 2026; 5:00-7:00 PM
815 S St, Sacramento CA 95811

Members of the public are encouraged to participate in the meeting telephonically by calling (669) 254-5252, then entering **Meeting ID: 565 106 9871** and **Passcode: e1xAqU**. This meeting may also be accessed through Zoom using the following web address:

<https://zoom.us/j/5651069871?pwd=mHsNDE7Y9BuoNwUqaJwBCv5rfObqqB.1&omn=95238277139>. Public comments may be given verbally at the designated time.

Members of the public may also submit written comments electronically to

BasinaG@saccounty.gov, or by USPostal Service to 7001-A East Parkway, Suite100, Sacramento, CA 95823. Public comments will be accepted until the adjournment of the meeting, distributed to YAB members, and included in the record.

- 1. Welcome and Introductions** **5 pm**
Presenter: Clara Armstrong, Chairman, District 1
 - Members announce their presence
- 2. Approval of Agenda** **5:05 pm**
Presenter: Clara Armstrong, Chairman, District 1
 - Approve agenda 4/7
 - Approve meeting minutes 3/17/26
- 3. Public Comment** **5:10 pm**
Presenter: Members of the public
 - 2-minute comments regarding Sacramento County Youth Behavioral Health Services
- 4. Board Activity Updates** **5:15 pm**
Presenter: Clara Armstrong, Chairman, District 1
 - Quarter Review
- 5. Member Updates Updates** **5:30 pm**
Presenter: Clara Armstrong, Chairman, District 1
 - Clara Resignation
 - Chairman Position Nominations

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| 6. | New Business
<i>Presenter: Clara Armstrong, Chairman, District 1</i> | 5:50 pm |
| 7. | Breaking Barriers Symposium Follow Up
<i>Presenter: Clara Armstrong, Chairman, District 1</i> | 5:55 pm |
| 8. | Fit Program Website / Review
<i>Presenter: Clara Armstrong, Chairman, District 1</i> | 6:15 pm |
| 9. | Adjournment
<i>Presenter: Clara Armstrong, Chairman, District 1</i> | 7 pm |

Members of the public are encouraged to attend. Public comments are accepted during the designated time. Electronic or hard copies of documents are available upon request. Please contact Glenda Basina at BasinaG@sacounty.gov or (916) 875-4948.

Electronic copies of documents will be emailed upon request, and hard copies of documents may be picked up at 7001-A East Parkway, Sacramento, CA 95823. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Alondra Thompson prior to the scheduled meeting at (916) 709-5485 or at ThompsonL@sacounty.gov.

Behavioral Health Youth Advisory Board meetings are held the first and third Tuesday of the month from 5:00 pm – 7:00 pm