⚠ CRISIS SERVICES

911

Life-threatening Emergencies

988/Community Wellness Response Team (CWRT)

Call or text 988

24/7 behavioral health crisis support with mobile crisis teams that can respond in-person when needed

⚠ 24 hr. DROP-IN CRISIS SERVICES

Mental Health Urgent Care Clinic (MHUCC)*

916-520-2460

2130 Stockton Blvd, Bldg. 300,
Sacramento, CA 95817
Daytime Drop-Ins

Mental Health Treatment Center*

916-875-1000

2150 Stockton Boulevard,
Sacramento, CA 95817
Overnight Drop-Ins

*Both Located In The Same Parking Lot

SACRAMENTO COUNTY

Department of Health Services
Behavioral Health Services

David Villanueva
County Executive

Timothy Lutz, Director
Department of Health Services

Ryan Quist, Ph.D., Director
Behavioral Health Services

Kelli Weaver, Deputy Director
Behavioral Health Services

BOARD OF SUPERVISORS

Phil Serna - *1st District*
Patrick Kennedy - *2nd District*
Rich Desmond - *3rd District*
Rosario Rodriguez - *4th District*
Pat Hume - *5th District*

Community Support Team

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(916) 874-6015

Fax: (916) 854-8939
California Relay Service: 711

Hours of Operation

MONDAY - FRIDAY
8:00 a.m. - 5:00 p.m.

Hours are subject to change based on community needs

MISSION STATEMENT

The Community Support Team (CST) serves individuals of all ages and diversity in the community to promote recovery, resiliency, well-being, and reduce the risk of suicide.

WHO IS THE COMMUNITY SUPPORT TEAM (CST)?

The program includes:

- Peers who use their lived experience and life stories to give hope and provide supportive resources.
- Counselors with clinical experience across all ages who can assess and assist with appropriate referrals to Behavioral Health Services.

HOW DOES CST HELP PEOPLE?

- Responds to requests for assistance for individuals, families, or the community
- Provides support in the community (e.g., home, library, park, etc.).
- Helps navigate systems and connect to Behavioral Health Services
- Prevents/reduces risks or stressors by building protective factors and skills.
- Provides early intervention to reduce or avoid the need for crisis services.
- Helps build on strengths, skills and natural supports.
- Increases active connection with self-identified support.
- Encourages key individuals, family members and/or natural supports help their wellness journey

Brochures are available in 8 threshold languages:

English	Hmong
Arabic	Russian
Cantonese	Spanish
Farsi	Vietnamese

Bilingual/Bicultural staff & interpreters available at no cost.

BHS SCREENING, ASSESSMENT, AND COORDINATION (BHS-SAC)

916-875-1055

MONDAY - FRIDAY
8:00 a.m. - 5:00 p.m.

Toll-free 888-881-4881
CA Relay Service: 711