

County of Sacramento
Department of Health Services
Prevention and Early Intervention (PEI) Services and Mental Health Respite Services Provider List
7/1/2025

Thov hu ncaj qha rau lub chaw ua hauj lwm thiaj tau txais kev pab cuam. Yog xav paub ntau ntxiv txog Sacramento County's Mental Health Plan Medi-Cal Provider Cov Npe Koom Haum, thov hu rau ntawm Qhuav Chaw Pab Cuam Tswv Cuab rau ntawm tus xov tooj (916) 875-6069 los yog tus xov tooj hu dawb ntawm 1-888-881-4881.***Cov ntawv tuaJ qhia txog cov chaw saib xyuas txog kab lis kev cai/haiv neeg tsawg tshwj xeeb***

Cov Kev Pab Tiv Thaiv thiab Tuav Tswj Thaum Tseem Ntxov

Lub npe	Chaw Nyob	Xov tooj	Cov Yeeb Yam Ntawm Lub Chaw Pab Cuam	Cov neeg	Rab Peev Xwm Paub Hom Lus/Kab Lis Kev Cai	Kev Paub Tshwj Xeeb
Cov Chaw Pab Cuam						
Txoj Hauj lwm Tiv Thaiv Kev Tua Yus Tus Kheej						
The Living Room operated by A Church For All	819 Striker Avenue Sacramento, Ca 95834 South Sacramento: 7000 Franklin Boulevard Suite 1020 Sacramento, CA 95823	(916) 234-0178 Los yog (916) 899-8861	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Txhua Lub Hnub Nyoog	Neng Mes Kas Dub hauv zej zog	Kev txhawb, kev kawm thiab kev sib raug Rau cov neeg Mes Kas Dub xwb
Asian Pacific Community Counseling	7273 14 th Avenue Suite 120-B Sacramento, CA 95820	(916) 383-6783	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Txhua Lub Hnub Nyoog	Cov neeg hais lus Suav, Hmoob thiab Nyab Laj	Txhawb kev tiv thaiv tua yus tus kheej Kev txhawb, kev kawm thiab kev sib raug Rau cov neeg hais lus Suav, Hmoob thiab Nyab laj xwb
Children's Receiving Home	3555 Auburn Boulevard Sacramento, CA 95821	(916) 482-2370	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Youth/Transitional Aged Youth (TAY) Hnub nyoog 12 txog 25	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Txhawb kev tiv thaiv tua yus tus kheej Kev txhawb, kev kawm thiab kev sib raug <u>Tam sim no or yog yav dhau los</u> Rau cov niam txiv, LGBTQ, los yog cov tsi muaj tsev nyob Youth/TAY

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Community Support Team	Community Based/Field	(916) 874-6015	Hu ncwj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas/Naigate County Behavioral Health System	Txhua Lub Hnub Nyoog	Siv cov kws txhais lus uas tsis yog lus Mes Kas	Kev pab txhawb yam muaj teeb meem, cov chaw pab chaw thiab kev qhuab qhia
Iu-Mien Community Services	<i>Kev pab rau so ntawm:</i> Lemon Hill Community Room 6000 Lemon Hill Ave Sacramento, CA 95824	(916) 383-3083	Kev lees cov neeg qhwa raws hauv xov tooj los sis email, suav txog yus tus kheej mus kiag	Cov hluas mus txog cov neeg laus.	Neeg Co (Mien)	Kev pab txhawb rau ntau txheej neeg Kev Paub Zoo Txog Kab Lis Kev Cai Iu-Mien
Friends for Survival	Community Based	(916) 392-0664	Hu ncwj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	18+	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Kev Pab Txhawb Ua Pawg Rau Cov Neeg Xav Tua Yus Tus Kheej thiab Kev Saib Xyuas Kev Tu Siab
La Familia Counseling Center	3301 37 th Avenue Sacramento, CA 95824	(916) 210-8773	Hu ncwj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Txhua lub hnub nyoog	Cov neeg hais lus Mev/cov neeg Mev	Txhawb kev tiv thaiv tua yus tus kheej Kev txhawb, kev kawm thiab kev sib raug Cov neeg hais lus Mev/cov neeg Mev
La Familia Counseling Center	3301 37 th Avenue Sacramento, CA 95824	(916) 210-8773	Hu ncwj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Cov laus hnub nyoog 55+	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv thiab Mev	Txhawb kev tiv thaiv tua yus tus kheej Kev txhawb, kev kawm thiab kev sib raug Rau cov neeg laus
Mobile Crisis Support Teams	Koom Nrog Cov Tub Ceev Xwm Kev Raug Cai	Tau txais kev saib xyuas raws li kev yuam siv txoj cai li choj (911 los yog tej yam tsi kub ntxhov)		Txhua Lub Hnub Nyoog	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Kev Tshuaj Ntsuam Xyuas Qhov Teeb Meem Mus Raws Chaw thiab kev pab txhawb

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Refugees Enrichment and Development Association	3425 Arden Way, Sacramento, CA 95825	(916) 500-4299 Hu ncax qha rau tus xov tooj saum toj no rau kev pab cuam Arabic Helpline https://bit.ly/REDAhelp Afghan Helpline https://bit.ly/REDAAfghanHelpline		18+	Arabic, Farsi, Dari thiab Pashto	Txhawb kev tiv thaiv tua yus tus kheej, kev kawm txog tsev Nyuaj Siab, haw kawm ntawv Mes Kas, Pab kev kawm ntawv tom Tsev Kawm Ntawv, Pab cuam rau cov me nyuam yaus ua yog neeg tawg rog, kev ua si, kev sib txhawb thiab sib cuag.
Sacramento Native American Heath Center	2800 Florin Road, Sacramento, CA 95823	(916) 341-0575	Hu ncax qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Neeg Keeb Kwm Meskas, Txhua Lub Hnub Nyoog	Lus Mev, kuj muaj hom lus yog nej xav tau	Kev qhuab qhia, kev nthuav qhia thiab kev pab txhawb txog kev tiv thaiv kev tua yus tus kheej Paub Tshwj Xeeb Txog Kab Lis Kev Cai Neeg Keeb Kwm Meskas
Slavic Assistance Center	2117 Cottage Way Sacramento, CA 95825	(916) 925-1071 slaviccenter2002@gmail.com	Hu ncax qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Cov Neeg Hais Lus Lav Xias/Neeg Slavic, Txhua Lub Hnub Nyoog	Lus Lav Xias, Lus Ukrainian	Kev qhuab qhia, kev nthuav qhia thiab kev pab txhawb txog kev tiv thaiv kev tua yus tus kheej Paub Tshwj Xeeb Txog Kab Lis Kev Cai Neeg Lav Xia/Neeg Slavic
Ukrainian Phone Line Slavic Assistance Center	2117 Cottage Way Sacramento, CA 95825	(916) 925-1010	Hu ncax qha rau lub chaw pab cuam	Hais lus Ukraine hu rau tus xov tooj no	Ukrainian	Chaw pab cuam rau cov neeg uas khiav rog nyob rau teb chaws Ukraine
WellSpace Health	Call Center Based	988 (916) 368-3111 los sis Administrative	Hu ncax qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Txhua Lub Hnub Nyoog	Siv cov kw txhais lus rau cov neeg uas tsis hais lus Askiv	Suicide Prevention Crisis Services
		(916) 368-3118				Kev Pab Tswv Yim Txog Kev Tiv Thaiv

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kev pab txhawb rab peev xwm rau cov tsev neeg						
Bullying Prevention Project	Sacramento County Office of Education (SCOE) thiab tag nrho cov Tsev Kawm ntawv Hauv ib cheeb tsam Nroog Sacramento County	SCOE (916) 228-2565	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Cov menyuam kawm ntawv qeb 4, 5 thiab 6	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Kev Qhuab Qhia thiab Kev Cob Qhia Txog Kev Tiv Thaiv Kev Thab Plaub
Child Protective Services-Behavioral Health Support Team	7001-A East Parkway, Suite 800 Sacramento, CA 95823	(916) 662-1539 DHS-CPS- MH@saccounty .gov	Tau txais kev saib xyuas los ntawm Child Protective Services	Cov menyuam yaus hnuv nyoog 0-21 uas raug pab txhawb rau hauv CPS	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Kev Tshuaj Ntsuam Xyuas Kev Mob Hlwb, kev sab laj, thiab kev mus koom hauv Child and Family Team (CFT) cov rooj sib tham
eVIBE (Early Violence Intervention Begins with Education)	2750 Sutterville Rd Sacramento, CA 95820	(916) 290-8108	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev pab cuam	Cov menyuam yaus thiab cov hluas hnuv nyoog 18 xyoo thiab qis dua thiab lawv tsev neeg los sis cov neeg zov	Lus Xab Pees (muaj cov ntaub ntawv sau ua lus Arabic, Lus Cantonese, Lus Hmoob, Lus Nyab Laj, Lus Lav Xias)	Kev qhuab qhia thiab kev nthuav qhia txog kev tiv thaiv kev ua phem
Quality Child Care Collaborative (QCCC)	10540 White Rock Road Suite 180 Rancho Cordova, CA 95670-6012	(916) 369-0191	Hu rau Child Action (Nug tus QCCC xa)	Hnuv nyoog txog 5 xyoo	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Kev sab laj txog kev nyuaj siab rau cov me nyuam hnuv yug txog 5 xyoos
Safe Zone Squad	Sacramento City Unified School District (SCUSD) Albert Einstein Middle School 9325 Mirandy Drive Sacramento, CA 95826	(916) 826-2822	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev pab cuam	Cov me nyuam kawm qib 6 th thiab 7 th	Muaj neeg txhais lus yog koj tsi paub lus Mes kas	Kev pab cuam txog kev cov nyom & nrhiav kev pab & Tshawb fawb lwm txoj kev pab cuam

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Safe Zone Squad	Sacramento City Unified School District (SCUSD) Rosa Parks K-8 School 2250 68th Ave, Sacramento, CA 95822	(916)752-3332	Hu ncwj qha rau lub chaw pab cuam thiaj tau txais kev pab cuam	Cov me nyuam kawm qib 6 th thiab 7 th	Muaj neeg txhais lus yog koj tsi paub lus Mes kas	Kev pab cuam txog kev cov nyom & nrhiav kev pab & Tshawb fawb lwm txoj kev pab cuam
Youth Mental Health First Aid (YMHFA), Question, Persuade, Refer (QPR)	Sacramento County Office of Education (SCOPE)	SCOPE (916) 228-2565	Hu ncwj qha rau lub chaw pab cuam thiaj tau txais kev pab cuam	Txhua lub hnuv nyoog	Muaj neeg txhais lus yog koj tsi paub lus Mes kas	Txhawb kev tiv thaiv tua yus tus kheej thiab kev kawm
Kev Noj Qab Haus Huv thiab Kev Noj Qab Nyob Zoo						
SacEDAPT (Early Diagnosis and Preventative Treatment of Psychotic Illness)	University of California, Davis 2230 Stockton Blvd. Sacramento, CA 95817	(916) 734-7251	Hu ncwj qha rau lub chaw pab cuam thiaj tau txais kev pab cuam	Leej twg los tau, hnuv nyoo 12-30 xyoo	Lus Xab Pees, Lus Suav	Kev tshuaj ntsuam xyuas, kev txheeb xyuas thiab kho npliag siab rau thaum ntxov
El Hogar SeniorLink	630 Bercut Dr. Suite C, Sacramento, CA 95811	(916) 369-7872	Hu ncwj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Hnuv nyoo 55+	Lus Xab Pees, Lus Hmoob, ASL	Kev nthuav qhia, kev qhuab qhia thiab kev sib txuas nrog cov chaw pab cuam rau neeg laus
Community Responsive Wellness Program for the Black Communities of Sacramento Administered by Sierra Health Foundation Center for Health Program Management	Improve Your Tomorrow 1901 Royal Oaks Drive, Sacramento, CA 95815	(916) 299-3432	Hu ncwj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Cov hluas txhua hom Hnuv nyoo 12-18 Thiab/los yog Kawm ntawv qib 7 txog 12	Cov neng Mes Kas Dub	Feem ntau pab rau cov menyuam kawm ntawv uas kawm tsis tau zoo, muaj kev pheej hmoo ntawm kev sib raug zoo, thiab/lossis tau ntsib kev ntxhov siab lossis kev kub ntxhov hauv teev.

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Community Responsive Wellness Program for the Black Communities of Sacramento Administered by Sierra Health Foundation Center for Health Program Management	ONTRACK Program Resources 520 9th Street, Suite 102 Sacramento, CA 95814	(916) 376-7916	Hu ncwj qha rau lub chaw pab cuam thiab tau txais kev saib xyuas	Me nyuam yaus, cov laus, tsev neeg, thiab cov koom haum kev tsev nyuaj siab, tsev kho mob, chaw pab cuam, chaw kawm, thiab tej chaw sib raug zoo.	Cov neng Mes Kas Dub	Muab kev qhia txog kev raug mob, muaj zog-raws li, kev coj noj coj ua kev cob qhia, kev sab laj, thiab kev pabcuam kev pabcuam txhawm rau txo qhov tsis sib xws, thiab txhim kho cov kev pabcuam rau ntau haiv neeg.
Community Responsive Wellness Program for the Black Communities of Sacramento Administered by Sierra Health Foundation Center for Health Program Management	Roberts Family Development Center 770 Darina Avenue, Sacramento, CA 95815	(916) 646-6631	Hu ncwj qha rau lub chaw pab cuam thiab tau txais kev saib xyuas	Me nyuam yaus thiab Tsev neeg txhuam hom neeg	Cov neng Mes Kas Dub	Muab ib txoj hauv kev tsom mus rau kev txhawb nqa kev kawm qib Pre-Kthru 12th thiab txhawb nqa, niam txiv kev kawm, kev txhawb nqa nyiaj txiag, kev paub siv thev naus laus zis, thiab kev koom tes hauv zej zog, thiab kev tawm tswv yim
Community Responsive Wellness Program for the Black Communities of Sacramento Administered by Sierra Health Foundation Center for Health Program Management	Rose Family Creative Empowerment Center 7000 Franklin Boulevard., Suite 1000 Sacramento, CA 95823	(916) 376-7916	Hu ncwj qha rau lub chaw pab cuam thiab tau txais kev saib xyuas	Me nyuam yaus thiab Tsev neeg txhuam hom neeg	Cov neng Mes Kas Dub	Muab cov kev pab cuam los pab tiv thaiv kev txom nyem kab lis kev cai los ntawm kev pom thiab ua yeeb yam thiab tom qab tsev kawm ntawv cov kev kawm. Muab kev nkag tau rau cov zaub mov noj / zaub mov zoo nrog rau kev kawm txog kev noj qab haus huv thiab kev nyab xeeb.

Kev Saib Xyuas Txog Kev Nyuaj Siab

Lub npe	Chaw Nyob	Xov tooj	Cov Yeeb Yam Ntawm Lub Chaw Pab Cuam	Cov neeg	Rab Peev Xwm Paub Hom Lus/Kab Lis Kev Cai	Kev Paub Tshwj Xeeb
Cov Chaw Pab Cuam						
A Church for All: Ripple Effect	819 Striker Ave, Ste. #1, Sacto, Ca 95834	(916) 807-7305	Kev lees cov neeg qhua raws hauv xov tooj los sis email, suav txog yus tus kheej mus kiag	Cov neeg laus uas muaj mob puas hlwb	Lus Xab Pees	LGBTQ-tau npaj saib xyuas zoo
Capital Adoptive Families Alliance	www.capadoptfam.org	(916) 671-2030	Kam lees xa mus tu rau ntawm cov chaw saib xyuas, cov chaw pab cuam, thiab hu xa mus hauv xov tooj, email, thiab social media	Cov niam txiv ntawm cov menyuam yaus uas raug coj los tu nrog SED	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Lub chaw tshav puam ua si rau tsev neeg thiab cov haujlwm npaj ua rau cov niam qhuav txiv qhuav thiab lawv cov menyuam yaus nrog rau feem kev xav kho mob puas hlwb
Del Oro Caregiver Resource Center	8421 Auburn Blvd, Suite 265 Citrus Heights, CA 95610	(916) 728-9333	Kev lees txais cov neeg qhua raws li kev hu hauv xov tooj tuaj	Cov Neeg Zov Cov Neeg Loj thiab Cov Neeg Zov Cov Neeg Laus	Mien,Tagalog,Chinese, Farsi	Kev saib xyuas thiab pab tswv yim rau cov neeg zov
Sacramento LGBT Community Center: Lambda Lounge	1015 20 th Street Sacramento, CA 95811	(916) 442-0185	Kev lees cov neeg qhua raws hauv xov tooj los sis email, suav txog yus tus kheej mus kiag	LGBTQ cov neeg laus uas muaj hnuv nyoog 18+ los sis cov los sis cov muaj mob puas hlwb	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	LGBTQ-tau npaj zoo thiab saib xyuas zoo; paub tshwj xeeb zoo txog cov neeg laus LGBTQ
Sacramento LGBT Community Center: Q Spot	1015 20 th Street Sacramento, CA 95811	(916) 442-0185	Kev lees cov neeg qhua raws hauv xov tooj los sis email, suav txog yus tus kheej mus kiag	LGBTQ cov neeg laus uas muaj hnuv nyoog 13-24 los sis cov los sis cov muaj mob puas hlwb	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	LGBTQ-kev saib xyuas zoo thiab pab txhawb rau pawg neeg; kev paub tshwj xeeb txog cov hluas LGBT

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Saint John's Program for Real Change	Yog paub ntau tshaj no ntxiv hu rau qhov kev pab cuam	(916) 453-1482	Kev lees cov neeg qhua los ntawm kev xa tuaj ntawm cov tsev kho mob menyuam yaus, cov tsev kho mob, WEAVE, lwm cov chaw kuaj mob puas hlwb, thiab cov chaw ua haujlwm ntawm tsoom fwv	Cov poj niam uas muaj mob puas hlwb, suav txog cov poj niam uas muaj menyuam mos	Siv los txais lus rau lum hais lus uas tsis yog lus mekas	Pab saib xyuas rau lub sijhawm luv thiab pab txhawb rau ntawm chaw
Capitol Star Crisis Residential Program	Hu mus nug tau rau cov neeg ua hauj lwm	(916) 890-3000	Hu tau rau peb txog kev pab cuam hauv xov tooj thiab hauv website https://www.starsinc.com/sac-crp/	Kev pab cuam tau hluas thiab laus hnuv nyoog 18-29 xyoos	Mes kas los yog Mev	Crisis Residential Program & Counseling Center Kev pab cuam txog kev kub ntxhov & Kev cob qhia
TLCS, Inc. (dba Hope Cooperative)– Mental Health Crisis Respite Center	Yog paub ntau tshaj no ntxiv hu rau qhov kev pab cuam	(916) RESPITE (916) 737-7483	Kev lees txais cov neeg qhua rau hauv xov tooj tsis hais tus kheej hu mus thiab cov neeg hauv zos xa mus	Cov neeg laus	Siv los txais lus rau cov lus uas tsis yog lus mekas	Saib xyuas mob puas hlwb tau txhua txhua 24 teev/7 hnuv hauv ib asthiv
Turning Point Community Programs – Abiding Hope Respite House	Yog paub ntau tshaj no ntxiv hu rau qhov kev pab cuam	(916) 287-4860	Kev lees txais cov neeg qhua uas xa los ntawm cov chav kho mob xwm txheej ceev, kev yuam siv txoj cai lij choj, cov thawj coj hauv kis kho mob uas tsis kho hauv tsev kho mob, cov chaw nkaum, thiab yus kheej xa mus	Cov Neeg Loj thiab Cov Neeg Laus nyob hauv los sis cov muaj mob puas hlwb	Siv los txais lus rau cov ua tsis yog lus mekas	Kev-sib pab cuam rau qhov teeb meem

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Rejuvenation Haven at Wind Youth Services	815 S Street Sacramento, CA 95811	(916) 504-3313	Kev lees cov neeg qhua raws hauv xov tooj los sis email, suav txog yus tus kheej mus kiag	Cov hluas hnuv nyoog 13-25 xyoo uas tsis muaj tsev nyob los sis muaj feem yuav ua rau tsis muaj tsev nyob thiab raug saib xyuas rau hauv los sis cov neeg muaj feem yuav muaj mob puas hlwb	Lus Xab Pees	Saib xyuas thaum tuaj txog hauv