County of Sacramento

Behavioral Health Services

CULTURAL COMPETENCE PLAN UPDATE

FISCAL YEAR 2024/2025

California Department of Mental Health Cultural Competence Plan Requirements
CCPR Modification

COVER SHEET

An original, three copies, and a compact disc of this report (saved in PDF [preferred] or Microsoft Word 1997-2003 format) due March 15, 2011, to:

Department of Mental Health
Office of Multicultural Services
1600 9th Street, Room 153
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CHECKLIST OF THE CULTURAL COMPETENCE PLAN REQUIREMENTS MODIFICATION (2010) CRITERIA

- ☒ **CRITERION 1: COMMITMENT TO CULTURAL COMPETENCE**
- ☒ **CRITERION 2: UPDATED ASSESSMENT OF SERVICE NEEDS**
- ☒ **CRITERION 3: STRATEGIES AND EFFORTS FOR REDUCING RACIAL, ETHNIC, CULTURAL, AND LINGUISTIC MENTAL HEALTH DISPARITIES**
- ☒ **CRITERION 4: CLIENT/FAMILY MEMBER/COMMUNITY COMMITTEE: INTEGRATION OF THE COMMMITTEE WITHIN THE COUNTY MENTAL HEALTH SYSTEM**
- ☒ **CRITERION 5: CULTURALLY COMPETENT TRAINING ACTIVITIES**
- ☒ **CRITERION 6: COUNTY'S COMMITMENT TO GROWING A MULTICULTURAL WORKFORCE: HIRING AND RETAINING CULTURALLY AND LINGUISTICALLY COMPETENT STAFF**
- ☒ **CRITERION 7: LANGUAGE CAPACITY**
- ☒ **CRITERION 8: ADAPTATION OF SERVICES**

CRITERION 1

COUNTY MENTAL HEALTH SYSTEM

COMMITMENT TO CULTURAL COMPETENCE

Rationale: An organizational and service provider assessment is necessary to determine the readiness of the service delivery system to meet the cultural and linguistic needs of the target population. Individuals from racial, ethnic, cultural, and linguistically diverse backgrounds frequently require different and individual Mental Health Service System responses.

I. County Mental Health System commitment to cultural competence

The county shall have the following available on site during the compliance review:

A. Copies of the following documents to ensure the commitment to cultural and linguistic competence services are reflected throughout the entire system:

1. Mission Statement;
2. Statements of Philosophy;
3. Strategic Plans;
4. Policy and Procedure Manuals;
5. Other Key Documents (Counties may choose to include additional documents to show system-wide commitment to cultural and linguistic competence).

II. County recognition, value, and inclusion of racial, ethnic, cultural, and linguistic diversity within the system

The CCPR Modification (2010) shall be completed by the County Mental Health Department. The county will hold contractors accountable for reporting the information to be inserted into the CCPR. **Note:** The DMH recognizes some very small counties do not have contracts.

The county shall include the following in the CCPR Modification (2010):

A. Provide a copy of the county's CSS plan that describes practices and activities that demonstrate community outreach, engagement, and involvement efforts with identified racial, ethnic, cultural, linguistic, and other relevant small county cultural communities with mental health disparities.

B. A one-page description addressing the county's current involvement efforts and level of inclusion with the above identified underserved communities on the advisory committee.

C. Share lessons learned on efforts made on the items A and B above and any identified county technical assistance needs. Information on the county's current MHSA Annual Plan may be included to respond to this requirement.

III. Each county has a designated Cultural Competence/Ethnic Services Manager (CC/ESM) person responsible for cultural competence

The CC/ESM will report to, and/or have direct access to, the Mental Health Director regarding issues impacting mental health issues related to the racial, ethnic, cultural, and linguistic populations within the county.

The county shall include the following in the CCPR Modification (2010):

A. Detail who is designated the county's CC/ESM responsible for cultural competence and who promotes the development of appropriate mental health services that will meet the diverse needs of the county's racial, ethnic, cultural, and linguistic populations.

IV. Identify budget resources targeted for culturally competent activities The county shall include the following in the CCPR Modification (2010):

A. Evidence of a budget dedicated to cultural competence activities which may include, but not be limited to the following:

1. Budget amount spent on Interpreter and translation services;
2. Reduction of racial, ethnic, cultural, and linguistic mental health disparities;
3. Budget amount allocated towards outreach to racial and ethnic county-identified target populations;
4. Special budget for culturally appropriate mental health services; and
5. If applicable, financial incentives for culturally and linguistically competent providers, non-traditional providers, and/or natural healers.

CRITERION 1

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

COMMITMENT TO CULTURAL COMPETENCE

I. County Mental Health System commitment to cultural competence

The county shall have the following available on site during the compliance review:

A. Copies of the following documents to ensure the commitment to cultural and linguistic competence services are reflected throughout the entire system:

1. Mission Statement;
2. Statements of Philosophy;
3. Strategic Plans;
4. Policy and Procedure Manuals;
5. Other Key Documents (Counties may choose to include additional documents to show system-wide commitment to cultural and linguistic competence).

Items I.A.1-4. Will be available on site during the compliance review. Item I.A.5 is included in Sacramento County's service system continuums of care, referenced below. Please see appendices for:

- **MHP Adult Continuum (Appendix 1)**
- **MHP Child and Family Continuum (Appendix 2)**
- **Substance Use Prevention and Treatment (SUPT) Continuum (Appendix 3)**

Please note that each continuum includes culture-specific programs. Ongoing planning and evaluation efforts continue to be consistent with our **Assurance of Cultural Competence Compliance and Advancement of Health Equity (Appendix 4)** document assuring compliance with various federal, state, and local regulations, laws, statues, and policies related to culturally and linguistically competent services for diverse populations, as well as outlining steps towards advancing health equity.

Examples of advancing health equity are highlighted in Self-Assessment for Modification of Anti-Racism Tool (SMART) and BHS Procurement Process referenced in the subsequent paragraphs.

Self-Assessment for Modification of Anti-Racism Tool

(SMART): In FY 2024-25, BHS incorporated the SMART initiative, created by the American Association of Community Psychiatry (AACP), as one of the incentives for Mental Health Plan (MHP) and Substance Use Prevention and Treatment (SUPT) providers. Two MHP and sixteen SUPT providers participated in the SMART initiative. Providers identified and assessed structural racism and developed strategies for long-term DEI implementation.

The SMART tool focuses on 6 critical domains within behavioral health: 1) Community Engagement/Co-Production, 2) Workplace Culture, 3) Hiring, Recruitment, Retention, and Promotion, 4) Community Advocacy, 5) Population Health Outcomes, and 6) Clinical Care.

For the second year, BHS has implemented the collaboration with the California Institute for Behavioral Health Solutions (CIBHS) to offer training, executive coaching, and technical assistance on completion of the SMART as well as the development of policies and procedures to guide racial equity improvements based on the assessment results. Earning the incentive payment requires completing the SMART, as well as designing Racial Equity Improvement Plan policies, procedures, and projects to promote change, advance equity, and counter structural racism.

Key achievements include over 40 new or revised policies submitted by providers, spanning across various SMART domains. These policies represent concrete steps toward embedding equity in organizational practices and addressing structural inequities with behavioral health services. The **BHS SMART Program Report (Appendix 5)** summarizes activities, outcomes, and recommendations.

BHS Procurement Process: BHS works to continuously improve our systems to be more culturally responsive. Each competitive procurement process, whether a Request for Application (RFA) or Request for Proposal (RFP) includes Cultural Competence Requirements as well as the inclusion of cultural brokers in planning and evaluating services. For example, Sacramento County's 7th Innovation Project through Mental Health Services Act (MHSA) (INN7) focused on the African American/Black/African Descent (AA/B/AD) unhoused population. The community identified the unhoused population and a review of data for the unhoused population revealed that African American/Black/African Descent community members were disproportionately represented. It was launched through a phased approach that began with comprehensive efforts to gain further community and focus

population input and feedback on program design before the procurement process began. Next, local providers were given further opportunities to detail their barriers to successfully completing the cumbersome process. BHS worked to address these barriers, and a draft Letter of Interest for the project was posted for public review, before it was officially advertised.

II. County recognition, value, and inclusion of racial, ethnic, cultural, and linguistic diversity within the system

The CCPR Modification (2010) shall be completed by the County Mental Health Department. The county will hold contractors accountable for reporting the information to be inserted into the CCPR. **Note:** The DMH recognizes some very small counties do not have contracts.

Every BHS contract continues to have a reference to Cultural Competency in the Sacramento County Department of Health Services (DHS) Agreement in Exhibit D of the contract. Instructions for reporting with templates are sent to contractors and contract monitors for follow up to ensure that reports are submitted.

The general boilerplate language in all BHS contracts for reporting states:

"CONTRACTOR shall upon reasonable request and, without additional compensation, therefore, make further fiscal, statistical, program evaluation, and progress reports as required by DIRECTOR or by the CA DHCS concerning contractor's activities as they affect the contract duties and purposes herein. COUNTY shall explain procedures for reporting the required information."

The county shall include the following in the CCPR Modification (2010):

A. Provide a copy of the county's CSS plan that describes practices and activities that demonstrate community outreach, engagement, and involvement efforts with identified racial, ethnic, cultural, linguistic, and other relevant small county cultural communities with mental health disparities.

Sacramento County continues to be known for its multicultural diversity. Penetration rates, however, indicate disparities in access for cultural, racial, and ethnic communities throughout Sacramento County. Due to the degree of marginalization and distrust of government institutions experienced by many of these communities, BHS has continued to pursue intentional partnerships

with the diverse communities in Sacramento County and thereby improve the wellness of community members. In keeping with the community development strategy of engaging individual and community resources, BHS staff have continued to cultivate and expand meaningful relationships with key community leaders and cultural brokers from racial, cultural, ethnic, LGBTQ, faith-based, and emerging refugee communities. We seek input for specific interventions, strategies for outreach, and service delivery approaches that work for their communities.

Examples of FY 2024-25, efforts in community outreach and engagement initiatives are in the subsequent paragraphs.

MHSA Steering Committee: The MHSA Steering Committee (SC) was the core recommending body for MHSA funded programs and activities in Sacramento County and serves as the hub of the community planning process. The Committee was comprised of 30 primary member seats and 30 alternates. Half of the SC consisted of Sacramento County representatives, partners, and community providers, while the other half consumers and family members/caretakers of consumers. Some members of the committee had volunteered to represent multiple partner interests, including Faith-based/Spirituality. The diverse members were also able to bring their perspectives from the various cultures they represented. The MHSA SC was designed to effectively and respectfully engage clients, family members, and other community partners through a broad participation process. The virtual monthly meetings were always open for public attendance and closed captioning was provided. The final SC meeting was held in June 2025 as BHS is transitioning to Behavioral Health Services Act (BHSA).

Behavioral Health Services Act (BHSA): The Community Planning Process (CPP) for BHSA began in January 2025. BHS is required to engage a vastly expanded list of stakeholders in the development of the countywide mental health plan, including Tribal and Indian Health Program designees, and Community-based organizations serving culturally and linguistically diverse constituents. Preliminary engagement in the CPP has been planned for the summer of 2025 including two public Community Conversation events, one in person and one virtual. These events are shared widely, including through the MHSA/BHSA listserv which contains over 800 email recipients. There are also plans to hold a Community Conversation with the County's Cultural Competence Committee at their summer meeting.

MHSA Executive Summary: The executive summary of the MHSA Three Year Program and Expenditure Plans and MHSA Annual Updates are posted online in English and in the threshold languages. The public hearing announcements for the MHSA Three Year Plans and Annual Updates are translated into the threshold languages and distributed via diverse ethnic media outlets to ensure that the community is aware of opportunities to provide comments on the information contained in the MHSA Three Year Plans and Annual Updates.

FY 2025-26 is the last year of MHSA. A description of the practices and activities demonstrating outreach, engagement, and involvement with diverse communities with behavioral health disparities is included in the MHSA FY 2024-25 & 2025-26 Two-Year Plan.

For a copy of the MHSA FY 2024-25 & 2025-26 Two-Year Plan, visit the BHS website.
https://dhs.saccounty.gov/BHS/Pages/MHSA/Plans-and-Updates/GI-MHSA-FY2024-25-and-2025-26-Two-Year-Plan.aspx

B. A one-page description addressing the county's current involvement efforts and level of inclusion with the above identified underserved communities on the advisory committee.

Representation of Sacramento underserved communities is discussed and represented in the Cultural Competence Committee (CCC). Please refer to Criterion 4 for a CCC discussion topics and **Appendix 06** for complete description of participant representation.

BHS has actively enlisted assistance from local community organizations serving cultural, racial and ethnic communities in recruiting clients, family members or community members who may be interested in serving on the Mental Health Board (MHB), the Alcohol and Drug Advisory Board, the Behavioral Health Commission (BHC), and/or the MHSA Steering Committee. These bodies are responsible for representing the clients residing in this county and making recommendations to the Board of Supervisors and BHS leadership.

MHSA Steering Committee: Over half of the members of the MHSA Steering Committee are clients or family members, including

one of the current Co-Chairs of the MHSA Steering Committee and most of the members of the MHSA Steering Committee Executive Team. The MHSA Steering Committee held its final meeting in June 2025 as their role in reviewing the final MHSA Three Year Plan and subsequent Annual Updates has concluded.

BHS values the input and involvement of clients (youth and adults) and family members in developing, managing, implementing, and providing behavioral health services. In promoting the value of involving clients and family members, the Division supports the practice of compensating clients and family members for their participation. Through the Divisions' Advocate Leadership Stipend program, Family and Youth Advocates are compensated for MHSA related activities such as outreach, membership on MHSA Steering Committee, workgroups, service as a panel member for Request for Application evaluation process, and advisory and planning committees.

Mental Health Board (MHB): The MHB conducts intentional outreach to diverse communities to diversify representation on the board. For example, a Crisis Wellness Response Team Advisory Committee was empaneled, composed of MHB members and community members with diverse community, ethnic, and linguistic representation, as outlined the MHB Bylaws. In addition, the MHB voted to amend its Bylaws to grant voting rights to Youth members.

When making recommendations to Behavioral Health Services or the Board of Supervisors, the MHB purposely includes diversity considerations. For example, Full-Service Partnership Employment Services recommendations include specific outreach to non-English speaking, Transition Age Youth, and Older Adults. Similarly, the School-Based Mental Health recommendations promote outreach to Black Indigenous People of Color (BIPOC), LGBTQ+, and linguistically diverse populations, and require implicit bias training for teachers and other school personnel.

In preparation of regulatory requirements of the Behavioral Health Services Act, the last meeting held was in August 2025 to support the integrated model of the new Behavioral Health Commission (BHC) referenced below.

Alcohol and Drug Advisory Board: The Sacramento County Alcohol and Drug Advisory Board conducted widespread intentional outreach efforts to increase diversity of its members. As a result, Members representing the AA/B/AD, Latinx, and LGBTQ+ populations have been appointed to this advisory board. In

preparation of regulatory requirements of the Behavioral Health Services Act the last meeting held was in May 2025 to support the integrated model of the new Behavioral Health Commission (BHC) referenced below.

Behavioral Health Commission (BHC): Sacramento's BHC was formed in the summer of 2025 with the purpose of reviewing and evaluating the community's public mental health and substance use treatment and prevention needs, services, facilities, and special problems. This new commission aligns with regulatory requirements of the Behavioral Health Services Act and integrates the role of the previous Mental Health Board and Alcohol and Drug Advisory Board which both concluded by the summer of 2025. They serve as an advisory committee to the Board of Supervisors and the Behavioral Health Director as to any aspect of the local behavioral health program. BHC recruitment announcements and application instructions were disseminated widely. Examples include recruitment initiatives on the BHS website, at community events, to behavioral health service providers, and through community email distributions. This information was also provided at Mental Health Board and Alcohol and Drug Advisory Board meetings, and existing members were encouraged to apply.

C. Share lessons learned on efforts made on the items A and B above and any identified county technical assistance needs. Information on the county's current MHSA Annual Plan may be included to respond to this requirement.

We continue to build upon what we have learned with each community planning process to ensure subsequent processes include diverse client, family member and community partner input. We have also learned to build sufficient time to translate materials, engage, educate and inform the community at the beginning of community planning processes.

For a copy of the MHSA FY 2024-25 & 2025-26 Two-Year Plan, visit the BHS website.
https://dhs.saccounty.gov/BHS/Pages/MHSA/Plans-and-Updates/GI-MHSA-FY2024-25-and-2025-26-Two-Year-Plan.aspx

III. Each county has a designated Cultural Competence/Ethnic Services Manager (CC/ESM) person responsible for cultural competence

The CC/ESM will report to, and/or have direct access to, the Behavioral Health Director regarding issues impacting mental health

issues related to the racial, ethnic, cultural, and linguistic populations within the county.

The CC/ESM Health Program Manager (HPM) reports to the Behavioral Health Division Manager for Continuous Quality Improvement (CQI) and sits on the Management Team/MHP Quality Policy Council. The Division Manager for CQI reports to the BHS Deputy Director, who reports to the BHS Director.

The county shall include the following in the CCPR Modification (2010):

A. Detail who is designated the county's CC/ESM responsible for cultural competence and who promotes the development of appropriate mental health services that will meet the diverse needs of the county's racial, ethnic, cultural, and linguistic populations.

The CC/ESM HPM continues to be responsible for ensuring that cultural competence is integral to all functions of the Behavioral Health System and is the lead system-wide on issues that affect racial, ethnic, cultural and linguistic populations, including the elimination of disparities in behavioral health care in Sacramento County. The CC/ESM HPM is responsible for the development and implementation of the annual Sacramento County Cultural Competence Plan (CCP) update to ensure that county behavioral health services comply with current federal and state statues, and regulations. Furthermore, the CC/ESM HPM ensures that MH services comply with the DHCS policy letters related to the planning and delivery of specialty mental health services for a highly diverse cultural, ethnic and linguistic community. The CC/ESM HPM also works with SUPT administration to ensure that SUPT service provision complies with DHCS policy letters and federal regulations. The CC/ESM HPM is the chair of the Sacramento County Behavioral Health Services Cultural Competence Committee and reports to the Quality Improvement Committee.

The CC/ESM HPM reports to the Behavioral Health Division Manager for Continuous Quality Improvement (CQI) and sits on the Management Team/MHP Quality Policy Council. In addition to the creation of a full time CC/ESM HPM position, Sacramento County continues to fund a Cultural Competence unit headed by the CC/ESM HPM that provides supervision to the following staff: 2.0 Full Time Equivalent (FTE) Mental Health Program Coordinators, 2.0 FTE Human Service Program Planners, 1.0 FTE Senior Office Assistant, and 1.0 FTE Administrative Services Officer.

Pilot Behavioral Health Racial Equity Collaborative (BHREC):
The CC/ESM HPM, with support from the BHS Director, Deputy Director, and CQI Division Manager, continues to work with a facilitation/planning team from CIBHS to implement a BHREC to advance behavioral health equity. The BHREC pilot utilized a targeted universalism approach that initially focused on the AA/B/AD Community. Following the sunset of the BHREC pilot in December 2022, BHS continued the intentional work with the AA/B/AD Community. With the sunset of the BHREC learning collaborative, the BHREC Steering Committee shifted their role to become an Ad Hoc Committee of the BHS Cultural Competence Committee. The Ad Hoc Committee met during FY 2024-25, however it will sunset in quarter 1 of FY 2025-26. Additionally, BHS continues to make progress on goals from the Racial Equity Action Plans that BHS developed during the BHREC pilot.

BHREC's initial focus on the AA/B/AD was based on the long-standing behavioral health inequities among this community; lack of trust necessary for authentic relationships that support the implementation of behavioral health equity; and the growing awareness of the unique experiences of racism experienced by this community.

Latino/Latinx/Latine/Hispanic (L/LX/LE/H) BHREC: In FY 2023-24, BHS announced the focus on the L/LX/LE/H community. The momentum has continued with the L/LX/LE/H BHREC with engagement of community members and contracted providers in FY 2024-25.

Prior to launching the L/LX/LE/H BHREC, Sacramento County BHS, CIBHS, and Behavioral Health Data Project (BHDP) engaged the L/LX/LE/H community in Sacramento County to understand their needs and perspectives. They used the Community Readiness Model, an evidence-based framework that allows community descriptions of their understanding and experiences with behavioral health to be converted into a concrete readiness stage and appropriate action steps to improve the way the community is served. The feedback provided from the community indicated that the community was in a Pre-planning stage and that the goal of initial BHREC activities should be to raise awareness related to behavioral health with concrete ideas for how to improve service delivery to the community.

Insights gained from the forums, focus groups, and key informant interviews were used to develop themes, strategic directions, Provider learning collaborative, recommended goals, and informed

the recruitment of Steering Committee members for the L/LX/LE/H BHREC.

Each BHREC is facilitated by a planning team made up of County staff and CIBHS staff and consultants and guided by a Steering Committee that includes County staff (18) and community representatives (15). The Steering Committee advises the BHREC planning team to ensure that BHREC activities meet the community's needs. Steering Committee meetings were held monthly from July through October 2024 in advance of onboarding BHREC providers.

Sixteen Providers who serve the community of focus participated in the Learning Collaborative starting in January 2025. BHREC participation is voluntary. In recent years, Sacramento County has begun implementing equity-related incentives for behavioral health providers. BHREC participation can contribute to qualifying for equity-related incentive payments.

BHREC Providers attend learning sessions facilitated by subject matter experts and community leaders. They also collect, report, and review data for BHREC collective impact measures identified by the Steering Committee and planning team. In Fiscal Year 2024-25, the L/LX/LE/H BHREC focused on collaborative planning, provider recruitment, and foundational learning. The chart below references Learning Collaborative dates and topics discussed.

Dates	Topics
January 22, 2025 (Kickoff)	Testimonials and Feedback Themes of the CRM and Driver Diagram
February 25, 2025	Introduction to CQI and Tools
March 4, 2025	Change Ideas to Increase Trust with the Community, Outreach and Communication, and Stigma Reduction
April 1, 2025	Process Improvement Implementation: Defining Practice Change Ideas
May 6, 2025	Building Practices with Community: A Co-Production Approach
June 3, 2025	Cultural Alignment and Trust Building

BHREC activities and various outcome reports have been added to the BHS webpage. For additional information visit the BHS BHREC webpage: https://dhs.saccounty.gov/BHS/Pages/BHREC.aspx

IV. Identify budget resources targeted for culturally competent activities The county shall include the following in the CCPR Modification (2010):

A. Evidence of a budget dedicated to cultural competence activities which may include, but not be limited to the following:

1. Budget spend on Interpreter and translation services;
2. Reduction of racial, ethnic, cultural, and linguistic mental health disparities;
3. Budget amount allocated towards outreach to racial and ethnic county-identified target populations;
4. Special budget for culturally appropriate mental health services;
5. If applicable, financial incentives for culturally and linguistically competent providers, non-traditional providers, and/or natural healers.

The chart on the following page depicts the cultural competence activity expenditures for BHS's county operated and county contracted BHS providers. The amount for each provider's cultural competence activity expenditures includes: the annual costs of interpreters and/or translation services; annual staffing costs of all bilingual/bicultural staff employed; the costs for providing or assisting clients to access natural healers or traditional healing practices; and the costs of all cultural competence training registration fees paid for staff or other expenses related to advancing equity not already listed. The chart only reflects programs that are operational. The programs in the chart do not reflect a true picture of the extent of expenditures for cultural competence, including interpreters, as many program budgets include these items in other categories. Some contracts are 100% dedicated to serving a particular ethnic or cultural group so their entire contract amount is reflected.

Budget Dedicated to Cultural Competence Activities Expenditures			
FY 2024-2025			
Program/Description	**Amount**	**Translation / Interpretation**	**Bilingual / Bicultural Staff**
A Church For Us, dba A Church For All - Supporting Community Connections - African American Community	$ 164,427.00	$-	$-
Allocation for BHS staff receiving a bilingual differential	$ 143,654.40	$-	
Alternative Family Services	$ 2,432,218.97	$ 13,113.57	$ 2,228,855.40
Asian Pacific Community Counseling	$ 1,728,083.00	$ 28,083.00	$ 1,700,000.00
Asian Pacific Community Counseling - Supporting Community Connections - Hmong, Vietnamese, Cantonese	$ 203,268.00	$-	$-
BAART Programs	$ 266,697.60	$-	$ 266,697.60
Bay Area Community Services (BACS)	$ 1,216,189.60	$ 12,228.00	$ 1,160,889.60
Behavioral Health Racial Equity Collaborative, Behavioral Health Interpreter Training and additional CC Trainings	$ 430,000.00	$-	$-
BHS Cultural Competence Unit Staff – 7 FTE	$ 1,216,189.00	$-	$-
Bridges Professional Treatment Services	$ 490,723.67	$-	$ 480,223.67
Cal Voices - Supporting Community Connections - Consumer Operated Warmline	$ 164,427.00	$-	$-
Capital Star Behavioral Health	$ 274,650.59	$ 10,097.00	$ 264,553.59
Center for Collaborative Planning	$ 1,282.18	$ 1,282.18	$-
Children's Receiving Home of Sacramento – Supporting Community Connections - Youth/TAY	$ 167,720.00	$-	$-
Crestwood Behavioral health, Inc.	$ 22,702,410.00	$ 59,720.00	$ 22,642,690.00
Dignity Health Medical Foundation Child Fit	$ 1,527,000.00	$ 20,000.00	$ 1,507,000.00
El Hogar Community Services, Inc.	$ 328,682.92	$ 13,527.10	$ 296,001.68
Gateway Residential Programs	$ 635.00	$ 635.00	$-
God's Love Outreach Ministries	$ 309,500.00	$ 1,000.00	$ 296,500.00
Heartland Child & Family Services	$ 3,978,556.28	$ 40,033.22	$ 3,938,523.06

Budget Dedicated to Cultural Competence Activities Expenditures			
FY 2024-2025			
Program/Description	**Amount**	**Translation / Interpretation**	**Bilingual / Bicultural Staff**
Hope Cooperative	$ 499,550.13	$ 48,700.00	$ 432,260.13
Interpreter/Translation Services – Countywide Vendors	$ 246,786.00	$ 246,786.00	$-
Iu-Mien Community Services - Supporting Community Connections - Iu Mien Community	$ 156,012.00	$-	
La Familia Counseling Center, Inc.- Supporting Community Connections - Latinx/Spanish Speaking Community	$ 247,288.00	$-	$-
La Familia Counseling Center, Inc.- Supporting Community Connections - Older Adults	$ 190,839.00	$-	$-
La Familia Counseling Center - FIT	$ 1,383,790.23	$ 5,961.67	$ 1,373,493.56
MedMark Treatment Centers	$ 55,016.00	$-	$ 55,016.00
Mental Illness: It's not always what you think" Project	$ 1,000,000.00	$-	$-
Omni Youth Programs	$ 137,454.00	$ 4,319.00	$ 133,120.00
Pacific Clinics	$ 958,175.91	$	$ 958,175.91
Paradise Oaks Youth Services	$ 37,371.00	$	$ 37,371.00
PRO Youth and Families, Inc	$ 656,303.00	$ -	$ 655,000.00
Progress House, Inc.	$ 106,187.41		$ 106,187.41
Psynergy Program Inc.	$ 492,584.09		$ 492,584.09
Recover Medical Group P.C.	$ 290,000.00		$ 290,000.00
REDA – Farsi Speaking Community	$ 167,427.00		
REDA – Afghan Community	$ 164,948.00		
REDA – Arabic Community	$ 164,949.00		
River Oak Center For Children	$ 1,231,938.00	$ 92,250.00	$ 1,139,688.00
Sacramento City Unified School District, Student Support Services Department	$ 89,844.00	$-	$ 89,844.00
Sacramento Cultural & Linguistic Center - Assisted Access Program	$ 1,098,857.00	$-	$-
Sacramento LGBT Community Center	$ 101,359.30		$ 89,109.30

Budget Dedicated to Cultural Competence Activities Expenditures			
FY 2024-2025			
Program/Description	**Amount**	**Translation / Interpretation**	**Bilingual / Bicultural Staff**
Sacramento Native American Health Center - Supporting Community Connections – American Indian/Alaska Native/ Indigenous Community	$ 164,427.00	$-	$-
Sierra Health Foundation: Community Responsive Wellness Program for the Black Communities of Sacramento	$ 2,047,110.00	$-	$-
Saint Johns Program for Real Change	$ 5,400.00	$ -	$-
SJUSD - White House Counseling Center	$ 333,751.17	$-	$ 333,751.17
Slavic Assistance Center - Supporting Community Connections - Russian Speaking	$ 164,427.00		
Slavic Assistance Center - Supporting Community Connections - Slavic Community	$ 85,693.00	$ -	$ -
Telecare: SOAR, ARISE, OASIS, Empower ICT	$ 464,464.77	$ 593.15	$ 460,807.05
The Regents Of The University Of California	$ 599,093.28	$ 1,800.00	$ 597,293.28
TLCS, Inc dba Hope Cooperative	$ 499,550.13	$ 48,700.00	$ 432,260.13
Towns Health Services	$ 267,449.40	$ -	$ 265,274.40
Treatment Associates	$ 53,000.00	$ -	$ 53,000.00
Turning Point Community Programs	$ 190,671.75	$ 107,447.63	$ 4,167.45
UC Davis SacEDAPT	$ 890,783.71	$ 1,228.00	$ 889,555.71
UCD CAARE Center	$ 76,258.09	$ -	$ 76,258.09
WellSpace Health (SUD, CRBH & 988, THRIVE)	$ 124,800.00	$ -	$ 124,800.00
Total	**$ 53,629,661.18**	**$ 762,535.12**	**$ 44,270,951.28**

As indicated on the table above, during FY 2024-25 BHS county-operated and contracted service providers spent **$53,629,661.18** on cultural competence related activities. From that figure, the total costs spent in FY 2024-25 for interpreting/translations was **$762,535.12** and the hiring of bilingual/bicultural staff was **$44,270,951.28**. Bilingual county staff who pass a test are paid a differential for their language skills. Contractors are encouraged to provide appropriate compensation for their bilingual staff.

Additionally, one provider, Alternative Family Services, reported spending $100,000 for Natural Healers. Lastly, BHS and contracted service providers spent $828,694.38 on cultural competence trainings.

This table includes the total budget of the Assisted Access Program, operated by Sacramento Cultural & Linguistic Center (SCLC), that provides interpretation services system-wide. The Assisted Access Program also provides cultural brokerage for clinicians, helping them to be more culturally responsive to the people they serve. At the time of the 2010 CCP, two programs, the Transcultural Wellness Center (TWC), a Full-Service Partnership program, serving API communities, and the Assisted Access Program providing interpreters, were specifically designed to reduce racial, ethnic, cultural and linguistic behavioral health disparities. Since that time, additional MHSA Prevention and Early Intervention (PEI) component activities such as the Respite and the Supporting Community Connections (SCC) programs included in the table above have been implemented. They are specifically designed to reduce LGBTQ+, racial, ethnic, cultural, and linguistic behavioral health disparities. Full-Service Partnership program budgets included allocations for providing or assisting clients in accessing traditional healing providers.

SCC programs are focused on the following racial, cultural, ethnic, sexual and gender diverse communities: youth/transition age youth (TAY) (focusing on LGBTQ+, current or former foster youth and homeless youth); American Indian/Alaska Native/Indigenous; African Americans; Latinx; Cantonese, Vietnamese, Hmong; Iu Mien; Arabic-speaking; Farsi-speaking and Afghan Community as well as Russian-speaking/Slavic. The other SCC programs include the Consumer operated Warmline and Older Adult Programs. These ethnic/cultural specific programs are part of the Suicide Prevention effort and have strong outreach components. The Respite Programs listed in the chart also have strong outreach components to diverse LGBTQ communities. These programs are included in this section because their program budgets are clearly dedicated to activities and services that reduce disparities in diverse communities. All BHS programs, however, are expected to work towards reduction of disparities through CCP 2010 goals.

The County-operated Peer Partner Program continues to offer culturally appropriate peer services and peer staff are included as members of a multi-disciplinary team that provide behavioral health services through county-operated programs. La Familia Counseling Center has bilingual/bicultural staff who provide children's

outpatient behavioral health services to many Latinx, as well as Black/African American and Hmong children and youth.

Behavioral Health Information Notice No.: 20-070, informed all Medi-Cal Managed Care Health Plans (MCP) of the updated dataset for threshold languages and identified the threshold languages for each MCP. An additional threshold language, Farsi, was added for Sacramento County according to the dataset from December 2020. Therefore, the threshold languages for Sacramento County now include Arabic, Cantonese, Hmong, Russian, Spanish, Vietnamese, and Farsi. We have translated materials available in all our current threshold languages, including Farsi. All translated versions of the Handbook are complete, community-reviewed, and posted.

Given the changes in power and leadership in Afghanistan that occurred throughout the summer of 2021, numerous Afghan evacuees have been fleeing the country and Sacramento County has welcomed many Afghan refugees. BHS continues to support outreach and engagement efforts as well as compiling and sharing resources. This coordination ensures that the services that will be provided to the Afghan arrivals are culturally responsive and linguistically appropriate. BHS has continued to collaborate with several local agencies that provide culturally and linguistically appropriate services to Afghan community members to discuss the best way to serve not only the new arrivals, but also Afghans who have already settled in Sacramento over the past few years, and who are trying to help their family members and friends who are still in Afghanistan. These agencies include Refugees Enrichment and Development Association (REDA) and Muslim American Society – Social Services Foundation (MAS-SSF), and other community-based organizations that serve Afghan community members.

The newly expanded Afghan community is indicative of the continually emerging needs of Sacramento County. The MHSA Steering Committee supported the creation of two additional Supporting Community Connections programs to serve the Afghan Community and the Farsi speaking Community. Both contracts were renewed for FY 2024-25. The war in Ukraine also resulted in many refugees from Ukraine resettling in Sacramento County. In May of 2022, BHS contracted with a local agency to operate a Ukrainian Phone Support Line to provide culturally and linguistically appropriate support to Ukrainian community members in Sacramento who were concerned for their family and friends still in the Ukraine. This contract was renewed for FY 2024-25. The number of languages and the number of people speaking languages other than English continues to increase. Efforts to recruit, train and

retain bilingual/bicultural staff and to increase capacity for interpreting are needed.

Sacramento County has a 30+ year history of welcoming refugees to the community. Behavioral Health has developed several programs that include a focus on the needs of refugees. Sacramento County has ranked in the top three counties in California for newly arriving refugees for several years. Recently, Sacramento County has resettled more refugees and Special Immigrant Visa holders combined than any other county in California.

CRITERION 2

COUNTY MENTAL HEALTH SYSTEM

UPDATED ASSESSMENT OF SERVICE NEEDS

Rationale: A population assessment is necessary to identify the cultural and linguistic needs of the target population and is critical in designing, and planning for, the provision of appropriate and effective mental health services.

Note: All counties may access 2007 200% of poverty data at the DMH website on the following page: http://www.dmh.ca.gov/News/Reports_and_Data/default.asp within the link titled "Severe Mental Illness (SMI) Prevalence Rates". Counties shall utilize the most current data offered by DMH.

Only small counties, as defined by California Code of Regulations 3200.260, may request Medi-Cal utilization data from DMH by submitting the appropriate form to DMH, no later than five calendar months before plan submissions are due. To complete the Data Request Form, counties must contact the Office of Multicultural Services at 916- 651-9524 to have a DMH staff person assist in the completion of the proper form.

Eligible counties may be provided data within thirty calendar days from the data request deadline; however, all requests are first-come first-serve and provided according to DMH staff availability and resources.

I. General Population

The county shall include the following in the CCPR Modification (2010):

A. Provide a description of the county's general population by race, ethnicity, age, gender, and other relevant small county cultural populations. The summary may be a narrative or as a display of data (other social/cultural groups may be addressed as data is available and collected locally). If appropriate, the county may use MHSA Annual Update Plan data here to respond to this requirement.

II. Medi-Cal population service needs (Use current CAEQRO data if available.) The county shall include the following in the CCPR Modification (2010):

A. Summarize the following two categories by race, ethnicity, language, age, gender, and other relevant small county cultural populations:

1. The county's Medi-Cal population (County may utilize data provided by DMH. See the Note at the beginning of Criterion 2

regarding data requests.)

2. The county's client utilization data

B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.

III. **200% of Poverty (minus Medi-Cal) population and service needs.** (Please note that this information is posted at the DMH website at http://www.dmh.ca.gov/News/Reports_and_Data/default.asp).

The county shall include the following in the CCPR Modification (2010):

A. Summarize the 200% of poverty (minus Medi-Cal population) and client utilization data by race, ethnicity, language, age, gender, and other relevant small county cultural populations.

B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.

IV. **MHSA Community Services and Supports (CSS) population assessment and service needs**

The county shall include the following in the CCPR Modification (2010):

A. From the county's approved CSS plan, extract a copy of the population assessment and summarize population and client utilization data by race, ethnicity, language, age, gender and other relevant small county cultural populations.

B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.

V. **Prevention and Early Intervention (PEI) Plan: The process used to identify the PEI priority populations**

The county shall include the following in the CCPR Modification (2010):

A. Describe which PEI priority population(s) the county identified in their PEI plan and describe the process and rationale used by the county in selecting them. PEI Plan sections should be used to respond to priority populations identified by the county.

CRITERION 2

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

UPDATED ASSESSMENT OF SERVICE NEEDS

I. General Population

The county shall include the following in the CCPR Modification (2010):

A. Provide a description of the county's general population by race, ethnicity, age, gender, and other relevant small county cultural populations. The summary may be a narrative or as a display of data (other social/cultural groups may be addressed as data is available and collected locally). If appropriate, the county may use MHSA Annual Update Plan data here to respond to this requirement.

Note: With the exception of Languages spoken at home, Census 2020 data was utilized for the County population analysis. American Communities Survey (ACS) 2023 was utilized for languages spoken at home as the Census 2020 did not contain all of the languages broken down.

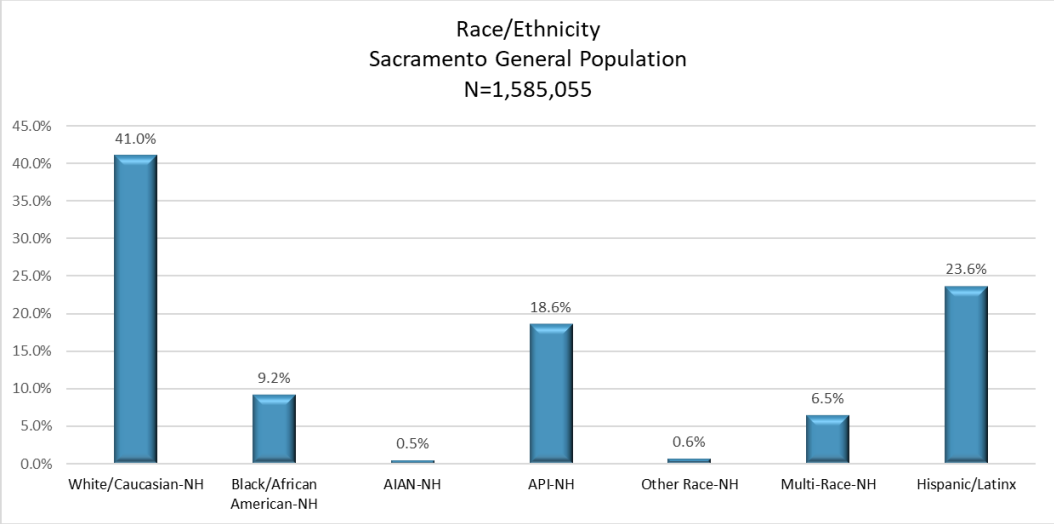
Race/Ethnicity - The Census Bureau and ACS collects Hispanic/Latinx origin separately from race, as does Sacramento County. Additionally, the Census Bureau reports on seven racial categories: White, Black/African American, American Indian/Alaskan Native (AIAN), Asian, Native Hawaiian/Other Pacific Islander, some other race, Two or more races. Data comparison using race and ethnicity is often challenging due to the difference in data collection across data sources. For example, data sources, such as the California Department of Social Services, Medi-Cal Statistics Division and the California External Quality Review Organization (CAEQRO), do not report race and Hispanic/Latinx origin separately.

In order to allow for comparisons across data sources, it was necessary to combine racial categories and include Hispanic/Latinx origin by race. When Hispanic origin is reported by race, all other race categories are reported as Non-Hispanic (NH). For example, "Caucasian-NH" refers to individuals who report as Caucasian only, Non-Hispanic. When race categories are reported as Non-Hispanic, numbers in these race categories may be underrepresented.

For example, if a person reports that they are of Hispanic origin and report a race, their response is reported as Hispanic, and the race is not captured. The chart below illustrates Sacramento County's general population broken down by racial categories and Hispanic/Latinx origin by race that can be compared across data sources.

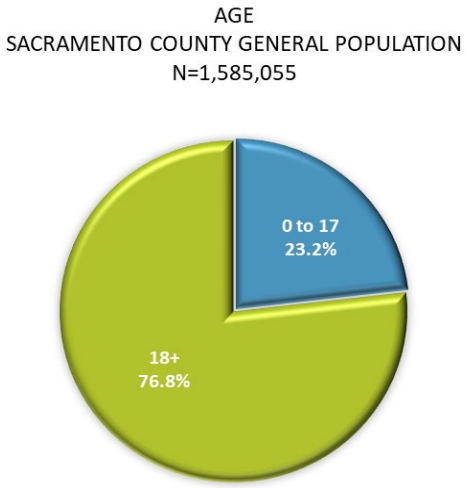
Please note the "API" category includes all Asian/Pacific Islander races and ethnicities (Asian Indian, Chinese, Filipino, Japanese, Korean, Vietnamese, Cambodian, Hmong, Laotian, Thai, Other Asian, Native Hawaiian, Guamanian, Samoan, and Other Pacific Islander) and the "Other" category represents all other races not included in the listed categories.

As the chart below indicates, over 40% (41%) of the majority population is White-NH. This illustrates the majority-minority in the general population of Sacramento County.



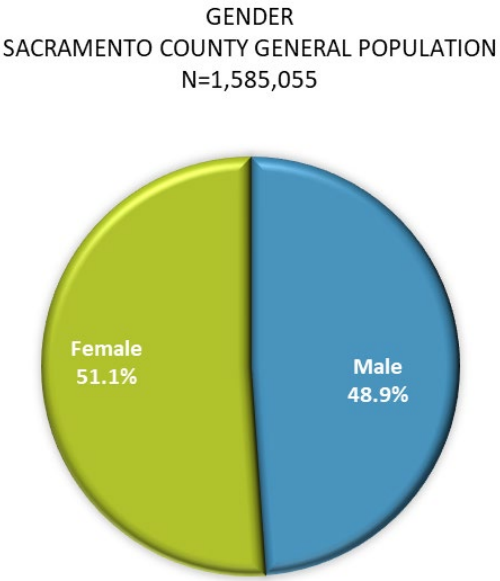
Source: 2020 U.S. Census

Age - As with race/ethnicity, age is reported differently across data sources. In the ACS estimates, less than 24% of Sacramento County's population is under 18, while over 76% are 18 years and older.



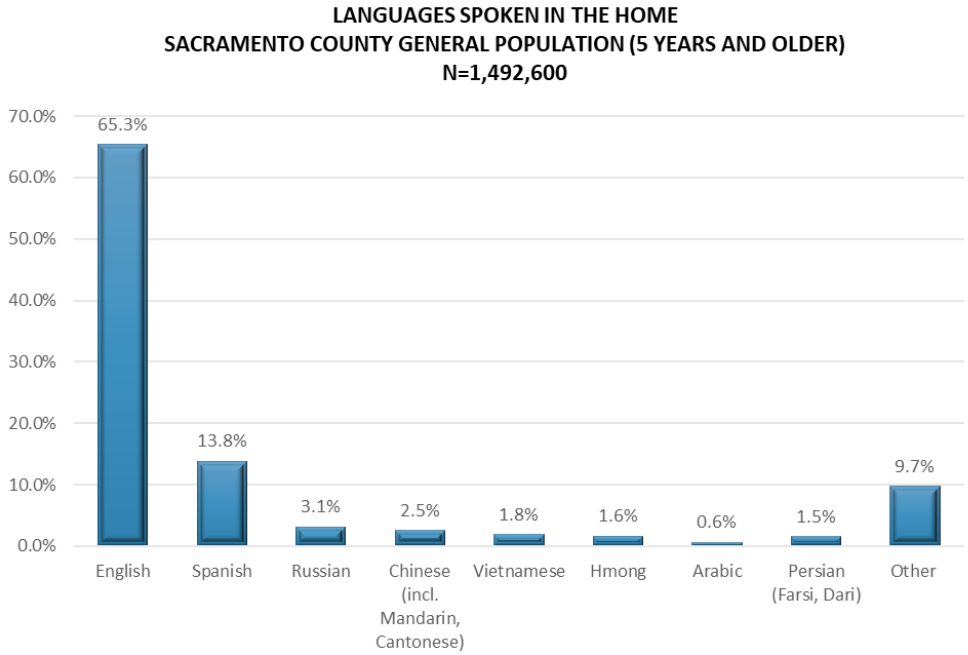
Source: 2020 U.S. Census

Gender – Sacramento County's general population shows a balanced gender distribution, with 51.1% female and 48.9% male residents.



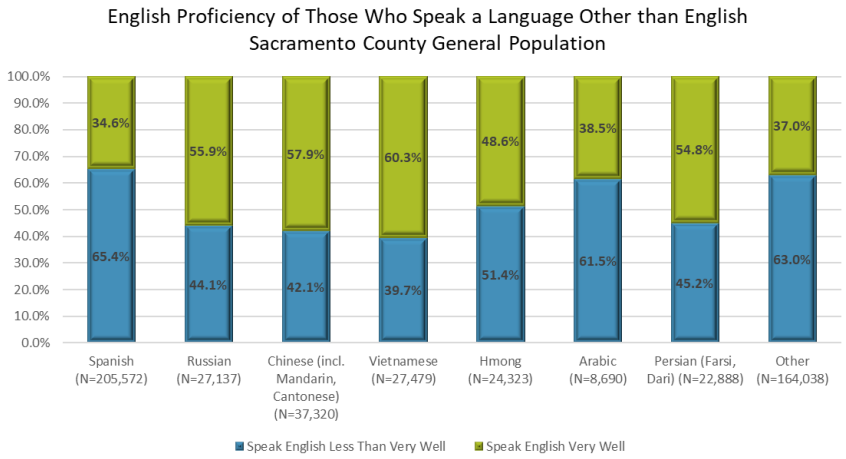
Source: 2020 U.S. Census

Language Spoken - The language categories depicted in the charts that follow represent Sacramento County's threshold languages, English, and all other languages. The data speak to the language that is spoken in the home for individuals over the age of five. Most of the general population over the age of five speaks English (65.3%). The ACS does not currently have data specific to Farsi, so we were not able to include this language in the charts related to language spoken.



Source: 2023 U.S. Census, American Communities Survey (ACS)

English Proficiency - The English proficiency of those who speak a language other than English in the general population is shown in the following chart for each of Sacramento County's threshold languages and then all other non-English languages spoken. There are differences among English proficiency among the different languages. Apart from Vietnamese and Cantonese, the majority of threshold languages indicated speak English "very well".



Source: 2023 U.S. Census, American Communities Survey (ACS)

II. Medi-Cal population service needs (Use current CAEQRO data if available). The county shall include the following in the CCPR Modification (2010)

Please note that Medi-Cal population, unless specifically mentioning Substance Use Prevention and Treatment (SUPT) Services, refers to Mental Health (MH) data only. MH and SUPT data are reported separately because each has distinct staffing structures and demographic profiles. Separating the data allows for a more accurate representation of their differences.

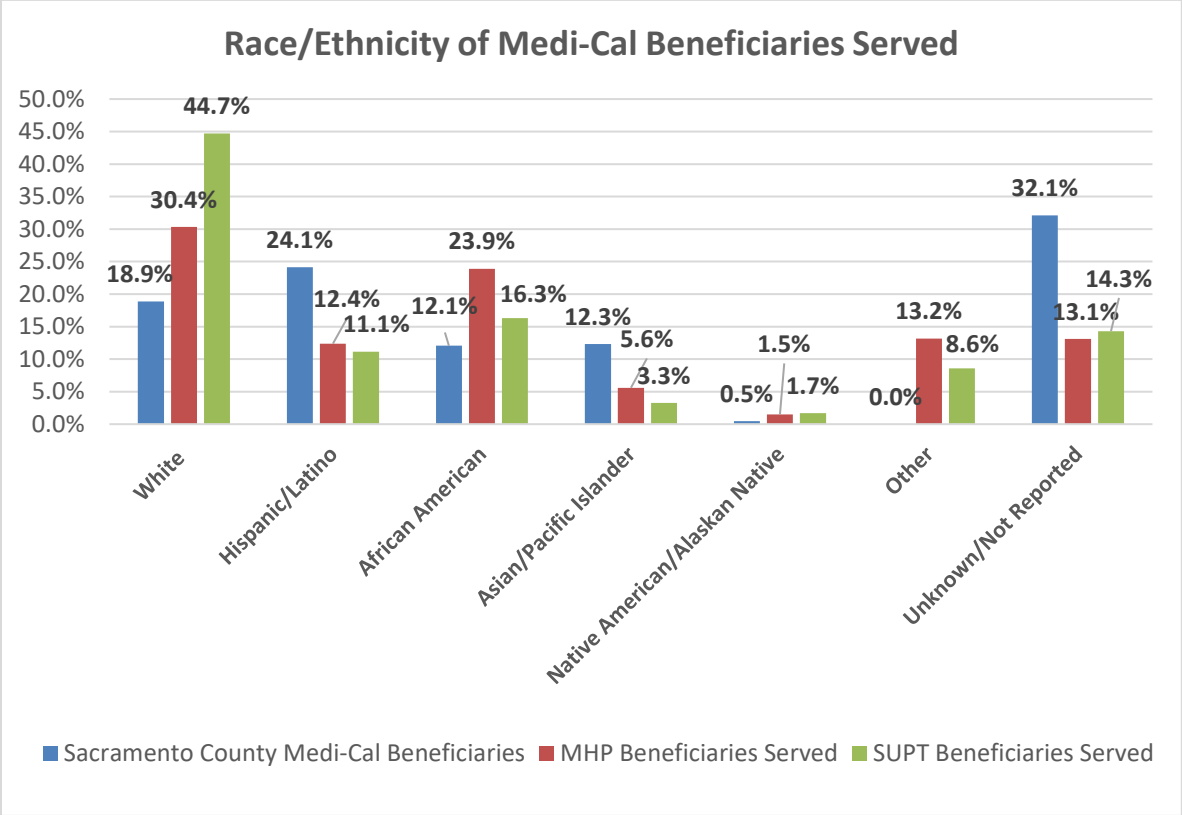
A. Summarize the following two categories by race, ethnicity, language, age, gender, and other relevant small county cultural populations:

1. The county's Medi-Cal population (County may utilize data provided by DMH. See the Note at the beginning of Criterion 2 regarding data requests.)
2. The county's client utilization data

Medi-Cal beneficiary data was obtained through the State of California Open Data Portal. The dataset is produced by DHCS monthly showing the total number of Medi-Cal beneficiaries by County by age, sex, race/ethnicity and primary language. The graphs provided include all Sacramento County Medi-Cal eligible beneficiaries and Medi-Cal beneficiaries served in the MHP and SUPT for FY 2024-25. A total of 26,854 unduplicated beneficiaries received services in the MHP and 5,792 beneficiaries in SUPT.

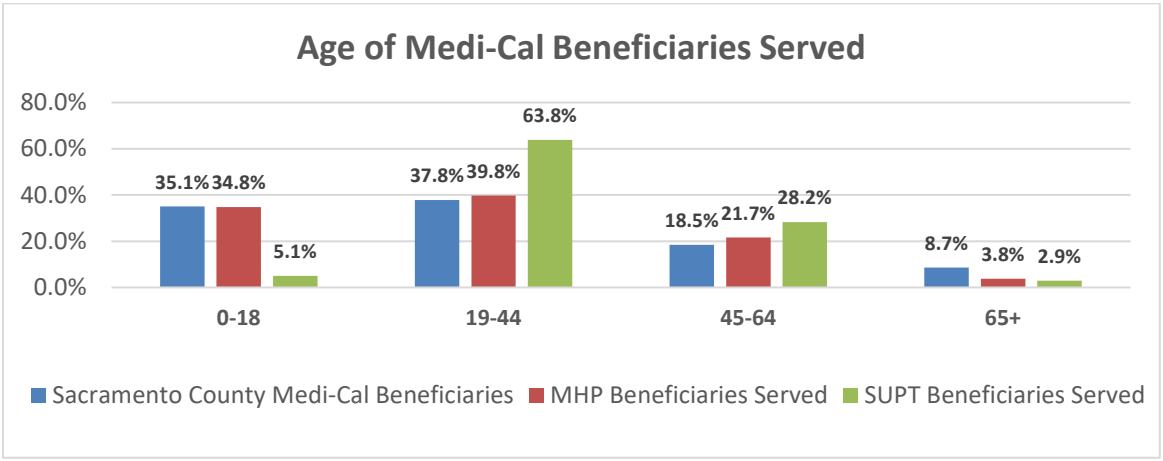
Medi-Cal Eligible Population and Medi-Cal Beneficiaries Receiving Specialty Mental Health Services and Substance Use Prevention and Treatment Services

Race/Ethnicity – This section provides percentages of the Medi-Cal eligible clients receiving mental health specialty services (MHP clients) and SUPT services showed significant differences in some categories. Caucasians served in SUPT were significantly higher than in the MHP and the overall Medi-Cal population (44.7% vs. 30.4% vs. 18.9%), while African American and Other race were higher in the MHP. Hispanics are under-represented in both the MHP and SUPT compared to the overall Medi-Cal population (24.1% vs 12.4% and 11.1%), while African Americans were served at a higher rate (12.1% vs. 23.9% and 16.3%). Asian/Pacific Islanders are highly under-represented in the MHP and SUPT compared to the overall Medi-Cal population (12.3% vs. 5.6% and 3.3%).



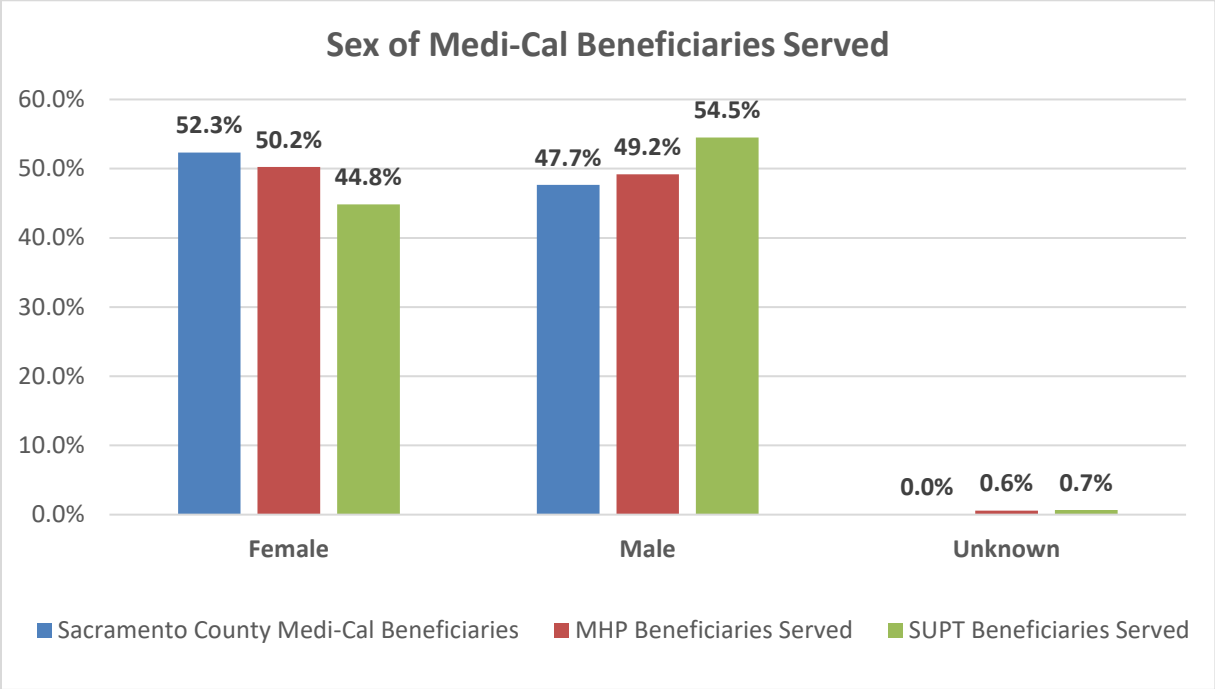
Source: DHCS Medi-Cal Certified Eligibles by Month with Demographics and Sacramento County Electronic Health Record (SmartCare)

Age – The MHP mirrors the overall Medi-Cal population for clients 0-18 (35.1% vs 34.8%) and ages 19-44 (37.8% vs 39.8%). The majority of the SUPT clients were adults, between the ages of 19-44 (63.8%). Both the MHP and SUPT serve significantly less older adults than the overall Medi-Cal population (8.7% vs 3.8% and 2.9%).



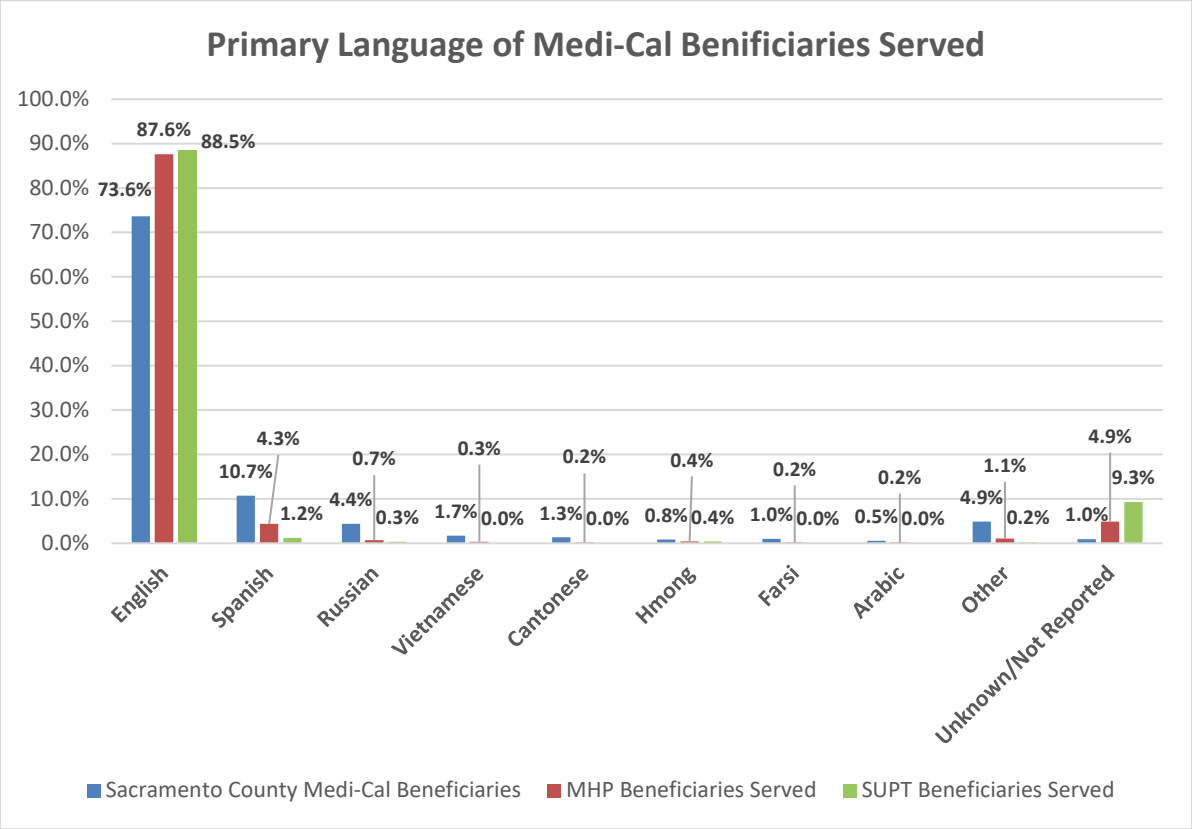
Source: DHCS Medi-Cal Certified Eligibles by Month with Demographics and Sacramento County Electronic Health Record (SmartCare)

***Sex* –** Both females (52.3% vs 50.2%) and males (47.7% vs 49.2%) were similarly represented in the MHP compared to the overall Medi-Cal population. SUPT serves a significantly greater number of males (54.5%) compared to the overall Medi-Cal population and the MHP.



Source: DHCS Medi-Cal Certified Eligibles by Month with Demographics and Sacramento County Electronic Health Record (SmartCare)

Language Spoken – English is the predominant language for all populations, although the MHP and SUPT have a higher percentage of English speakers than the overall Medi-Cal population (73.6% vs. 87.6% and 88.5%). The overall Medi-Cal population has a higher rate of Spanish speakers compared to both the MHP and SUPT (10.7% vs. 4.3% and 1.2%).



Source: DHCS Medi-Cal Certified Eligibles by Month with Demographics and Sacramento County Electronic Health Record (SmartCare)

A comprehensive breakdown of character-specific Penetration Rates data is provided in the chart on the next page.

Penetration Rates – MHP and SUPT

Penetration Rates		Fiscal Year 2023-2024							
		A		B		B/A	C	C/A	
		Medi-Cal Eligible Beneficiaries		MHP Medi-Cal Beneficiaries			SUPT Medi-Cal Beneficiaries		
		N	**%**	**N**	**%**	**%**	**N**	**%**	
Age Group	0-18	227,668	35.1%	8,877	34.8%	3.9%	300	5.1%	0.1%
	19-44	245,344	37.8%	10,139	39.8%	4.1%	3,787	63.8%	1.5%
	45-64	119,989	18.5%	5,521	21.7%	4.6%	1,674	28.2%	1.4%
	65+	56,300	8.7%	964	3.8%	1.7%	175	2.9%	0.3%
	Total	649,301	100.0%	25,501	100.0%	3.9%	5,936	100.0%	0.9%
		N	**%**	**N**	**%**	**%**	**N**	**%**	
Gender	Female	339,834	52.3%	12,810	50.2%	3.8%	2,661	44.8%	0.8%
	Male	309,467	47.7%	12,543	49.2%	4.1%	3,235	54.5%	1.0%
	Unknown	0	0.0%	148	0.6%	N/A	40	0.7%	N/A
	Total	649,301	100.0%	25,501	100.0%	3.9%	5,936	100.0%	0.9%
		N	**%**	**N**	**%**	**%**	**N**	**%**	
Race	White	122,585	18.9%	7,742	30.4%	6.3%	2,653	44.7%	2.2%
	Hispanic	156,747	24.1%	3,158	12.4%	2.0%	661	11.1%	0.4%
	African American	78,264	12.1%	6,096	23.9%	7.8%	968	16.3%	1.2%
	Asian/Pacific Islander	80,162	12.3%	1,428	5.6%	1.8%	195	3.3%	0.2%
	American Indian/Alaskan Native	3,092	0.5%	378	1.5%	12.2%	100	1.7%	3.2%
	Other	0	0.0%	3,357	13.2%	N/A	510	8.6%	N/A
	Unknown/Not Reported	208,451	32.1%	3,342	13.1%	1.6%	849	14.3%	0.4%
	Total	649,301	100.0%	25,501	100.0%	3.9%	5,936	100.0%	0.9%
		N	**%**	**N**	**%**	**%**	**N**	**%**	
Primary Language	English	478,170	73.6%	22,348	87.6%	4.7%	5,251	88.5%	1.1%
	Spanish	69,405	10.7%	1,108	4.3%	1.6%	73	1.2%	0.1%
	Russian	28,616	4.4%	179	0.7%	0.6%	20	0.3%	0.1%
	Vietnamese	11,187	1.7%	85	0.3%	0.8%	1	0.0%	0.0%
	Cantonese	8,569	1.3%	51	0.2%	0.6%	0	0.0%	0.0%
	Hmong	5,468	0.8%	107	0.4%	2.0%	24	0.4%	0.4%
	Farsi	6,634	1.0%	59	0.2%	0.9%	1	0.0%	0.0%
	Arabic	3,507	0.5%	50	0.2%	1.4%	1	0.0%	0.0%
	Other	31,534	4.9%	269	1.1%	0.9%	14	0.2%	0.0%
	Unknown/Not Reported	6,211	1.0%	1,245	4.9%	20.0%	551	9.3%	8.9%
	Total	649,301	100.0%	25,501	100.0%	3.9%	5,936	100.0%	0.9%

III. 200% of Poverty (minus Medi-Cal) population and service needs.

The county shall include the following in the CCPR Modification (2010):

A. Summarize the 200% of poverty (minus Medi-Cal population) and client utilization data by race, ethnicity, language, age, gender, and other relevant small county cultural populations.

B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.

A comparison cannot be made because the number of Medi-Cal beneficiaries is larger than the number of individuals who are at 200% of poverty.

Sacramento County Retention Rates (MHP Only) – Fiscal Year 23/24

Retention rates are calculated annually as a part of Sacramento County's Annual Workplan. The table below depicts the retention rates for beneficiaries receiving outpatient Medi-Cal billable services in the MHP, utilizing the EQRO methodology. The data was extracted from Smart Care and represents all mental health services rendered, not approved claims.

For the purposes of this document, retention rate is defined as:

Retention of individuals in the system of care, as evidenced by the number of specialty mental health services, unduplicated by service date, a beneficiary receives in the year. A beneficiary is considered retained if they receive four or more services in the year. Note: the number is lower than the overall MHP utilization mentioned above because retention is based on those receiving Medi-Cal claimable services, whereas overall utilization may include other non-billable services. Percentages are based on 4 or more services. **This includes the total unduplicated counts from the 5-14 services plus the 15 or more services.**

Race/Ethnicity - As demonstrated below, Sacramento County's retention rates for children (0-17) of any race/ethnicity are relatively high for the total system (range, 75.9%-83.6%). With the exception of Unknown/Not Reported, adults are retained at a lower level across race/ethnicity, ranging from 64.3% for Black/African American to 61.4% for Hispanic/Latinx and 60.4% White/Caucasian.

Gender – Males and females are retained at the same rate (65.2% vs 65.1%).

Age –Children 0-17 are retained in the system at a higher rate than adults. Children's retention rate for the total system is 76.5%, whereas the adult rate is 57.7%.

Language –With the exception of Unknown/Not Reported, the retention rates for all languages are high, ranging from 61.7% (Farsi) to 85.4% (Cantonese).

A comprehensive breakdown of character-specific data is provided in the chart on the next page.

Sacramento County Mental Health Plan Retention - FY 2023/2024														
Characteristics		Total Served	1 Service		2 Services		3 Services		4 Services		5 to 15 Services		>15 Services	
		N	N	%	N	%	N	%	N	%	N	%	N	%
Race/Ethnicity (0-17)	American Indian/Alaskan Native	79	9	11.4%	6	7.6%	2	2.5%	2	2.5%	17	21.5%	43	54.4%
	Asian/Pacific Islander	312	31	9.9%	17	5.4%	13	4.2%	10	3.2%	77	24.7%	164	52.6%
	Black/African American	1,773	126	7.1%	87	4.9%	79	4.5%	47	2.7%	416	23.5%	1,018	57.4%
	Hispanic/Latinx	1,465	94	6.4%	64	4.4%	72	4.9%	53	3.6%	337	23.0%	845	57.7%
	Multi-Racial	1,282	66	5.1%	65	5.1%	41	3.2%	38	3.0%	305	23.8%	767	59.8%
	White/Caucasian	1,977	141	7.1%	76	3.8%	65	3.3%	61	3.1%	413	20.9%	1,221	61.8%
	Other	282	29	10.3%	12	4.3%	10	3.5%	9	3.2%	78	27.7%	144	51.1%
	Unknown/Not Reported	1,289	258	20.0%	197	15.3%	131	10.2%	75	5.8%	270	20.9%	358	27.8%
Race/Ethnicity (18+)	American Indian/Alaskan Native	262	51	19.5%	22	8.4%	9	3.4%	10	3.8%	62	23.7%	108	41.2%
	Asian/Pacific Islander	1,085	172	15.9%	83	7.6%	50	4.6%	29	2.7%	312	28.8%	439	40.5%
	Black/African American	3,911	706	18.1%	308	7.9%	217	5.5%	167	4.3%	984	25.2%	1,529	39.1%
	Hispanic/Latinx	1,555	312	20.1%	127	8.2%	89	5.7%	73	4.7%	354	22.8%	600	38.6%
	Multi-Racial	1,334	260	19.5%	124	9.3%	56	4.2%	61	4.6%	327	24.5%	506	37.9%
	White/Caucasian	5,697	1,290	22.6%	463	8.1%	293	5.1%	211	3.7%	1,274	22.4%	2,166	38.0%
	Other	448	111	24.8%	50	11.2%	20	4.5%	14	3.1%	108	24.1%	145	32.4%
	Unknown/Not Reported	2,483	995	40.1%	359	14.5%	228	9.2%	140	5.6%	479	19.3%	282	11.4%
Age	0-17	8,459	754	8.9%	524	6.2%	413	4.9%	295	3.5%	1,913	22.6%	4,560	53.9%
	18+	16,775	3,897	23.2%	1,536	9.2%	962	5.7%	705	4.2%	3,900	23.2%	5,775	34.4%
Sex	Male	12,812	2,275	17.8%	1,016	7.9%	676	5.3%	497	3.9%	2,935	22.9%	5,413	42.2%
	Female	11,928	2,174	18.2%	917	7.7%	609	5.1%	465	3.9%	2,847	23.9%	4,916	41.2%
	Unknown	494	202	40.9%	127	25.7%	90	18.2%	38	7.7%	31	6.3%	6	1.2%
Primary Language	English	21,514	3,700	17.2%	1,586	7.4%	1,071	5.0%	808	3.8%	5,005	23.3%	9,344	43.4%
	Spanish	1,139	154	13.5%	82	7.2%	52	4.6%	40	3.5%	267	23.4%	544	47.8%
	Russian	177	24	13.6%	7	4.0%	7	4.0%	7	4.0%	44	24.9%	88	49.7%
	Hmong	103	7	6.8%	4	3.9%	7	6.8%	1	1.0%	28	27.2%	56	54.4%
	Vietnamese	83	8	9.6%	8	9.6%	2	2.4%	0	0.0%	31	37.3%	34	41.0%
	Cantonese	48	3	6.3%	3	6.3%	1	2.1%	0	0.0%	18	37.5%	23	47.9%
	Arabic	48	3	6.3%	3	6.3%	3	6.3%	2	4.2%	17	35.4%	20	41.7%
	Farsi	60	13	21.7%	5	8.3%	4	6.7%	1	1.7%	27	45.0%	10	16.7%
	Other Non-English	272	34	12.5%	17	6.3%	13	4.8%	20	7.4%	89	32.7%	99	36.4%
	Unknown / Not Reported	1,790	705	39.4%	345	19.3%	215	12.0%	121	6.8%	287	16.0%	117	6.5%

IV. MHSA Community Services and Supports (CSS) population assessment and service needs

The county shall include the following in the CCPR Modification (2010):

A. From the county's approved CSS plan, extract a copy of the population assessment and summarize population and client utilization data by race, ethnicity, language, age, gender and other relevant small county cultural populations.

B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.

The following is a response to questions A and B.

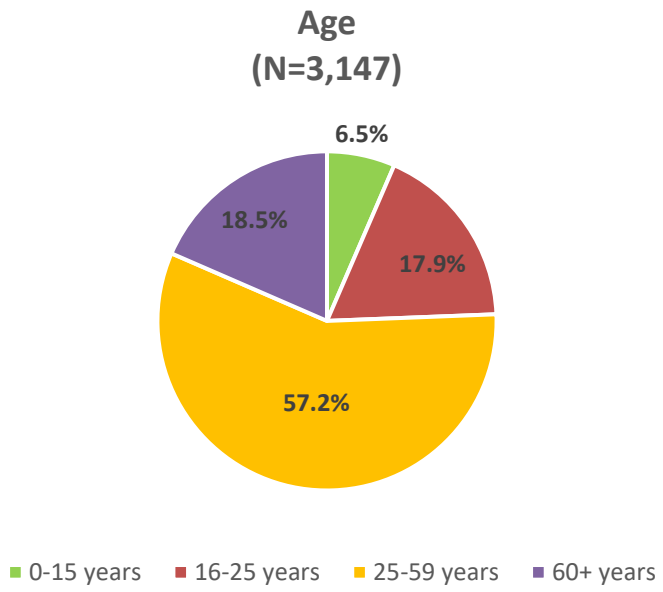
MHSA Demographics – Clients Served

Due to the fact that the data from the approved CSS plan is outdated, we are providing data on the participants served rather than the population assessment. The data provided below is based on data reported in the most recent MHSA Annual Update, which includes all clients served in MHSA funded programs for FY 2023-24.

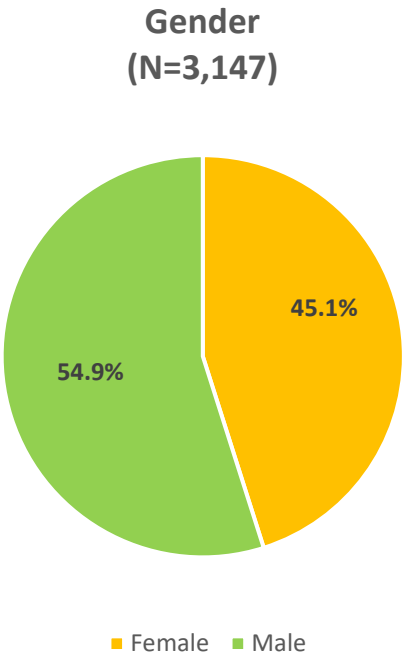
Community Services and Supports (CSS) – Full-Service Partnerships (FSP)

The FSPs served a total of 3,147 partners in FY 2023-24. The charts below examine demographics of the partners served.

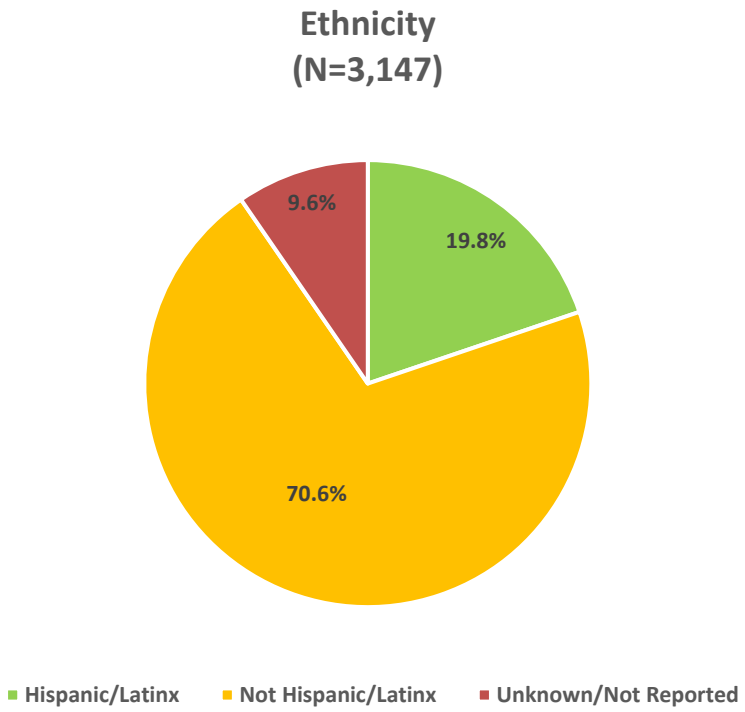
Age **–** The FSPs served an array of age groups, but over half (57.2%) were adults aged 26 to 59. Older adults (60 or older) were the next highest age group served at 18.5%. Clients ages 0 to 15 represented the lowest percentage of the population served (6.5%) since many of our FSP partners focus on the adult population.



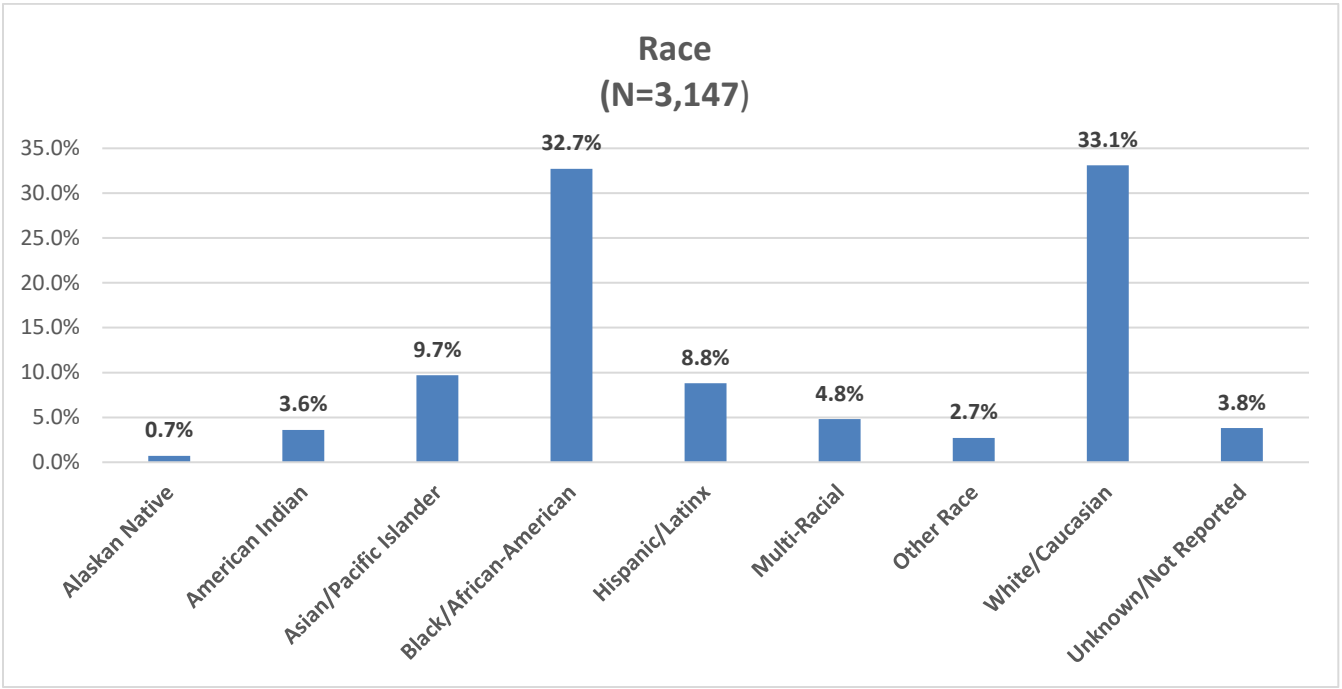
Gender **–** The FSPs served a slightly higher percentage of males than females (54.9% vs 45.1%). This differs from the overall MHP where more females are served than males.



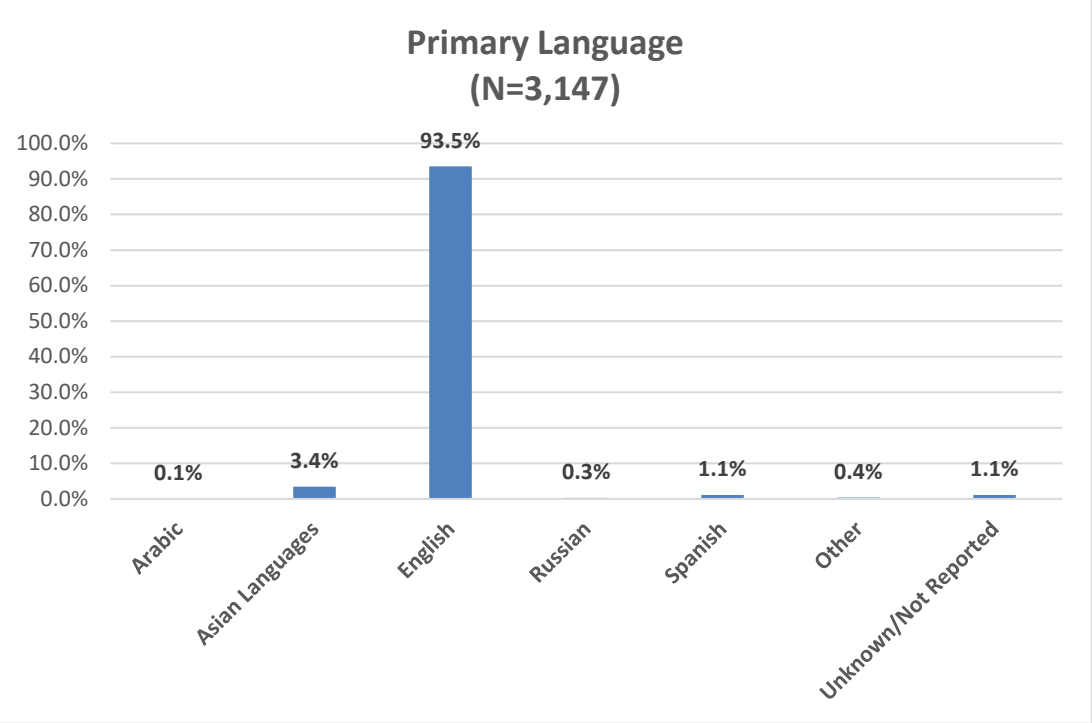
Ethnicity – 19.8% of partners served in the FSPs identified as Hispanic/Latinx.



Race **–**33.1% of the partners served in the FSPs were Caucasian, followed by African American at 32.7%. African Americans and Asian/Pacific Islanders are served at a higher rate than the overall MHP.



Primary Language **–** The majority (93.5%) of partners identified English as their primary language. Although many of our clients are English speakers, interpreters are still offered for clients who speak languages other than English to ensure equity in providing mental health services. The low number of partners identifying a language other than English as their primary language could also suggest that further outreach efforts are needed to reach underserved community members.



Community Services and Supports – General System Development (GSD)

There was a total of 27,361 clients served in GSD programs (25,221 in treatment programs and 2,140 in respite programs) in FY 2023-24.

Data in the charts on the following pages reflect that for many of the programs, "unknown/not reported" continues to be entered in the electronic health record for "race", "ethnicity", "sexual orientation" and "gender identity." This suggests that further training may be needed to equip staff with the skills and knowledge to be able to elicit this information from the client. BHS focused on providing cultural humility training and training focused on Sexual Orientation, Gender Identity and Expression (SOGIE) affirming behavioral health care in FY 2022-23 as part of the annual cultural competence training requirement. BHS included a training entitled, "Cultural Humility: Communities identifying as Transgender and Gender Diverse" in the annual required cultural humility series for FY 2023-24. We will continue to monitor the reporting of SOGIE data since both of the trainings have concluded.

GENERAL SYSTEM DEVELOPMENT - FY 23/24																								
Characteristic	APSS (N=329)		CORE (N=7,434)		CORE CWC (N=4,318)		Peer Support Program at APSS CAPS etc. (N=80)		Crisis Residential Program-Adults (M St.) (N=150)		Crisis Residential Program-Adults (Henrietta Dr.) (N=156)		Crisis Residential Program-Adults (Viking Dr.) (N=168)		Crisis Residential Program-TAY (CRP 4) (N=149)		Flexible Integrated Treatment (FIT) (N=7,922)		Consultation, Support and Engagement Teams (CSET) (N=87)		Mental Health Urgent Care Clinic (MHUCC) (N=4,428)		Total (N=25,221)	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%
Age																								
0 to 15	0	0.0%	0	0.0%	0	0.0%	26	32.5%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	5,895	74.4%	38	43.7%	485	11.0%	6,444	25.6%
16 to 25	28	8.5%	706	9.5%	310	7.2%	8	10.0%	1	0.7%	4	2.6%	10	6.0%	99	66.4%	2,027	25.6%	49	56.3%	1,226	27.7%	4,468	17.7%
26 to 59	214	65.0%	5,687	76.5%	3382	78.3%	36	45.0%	140	93.3%	141	90.4%	145	86.3%	50	33.6%	0	0.0%	0	0.0%	2,415	54.5%	12,210	48.4%
60 and Over	87	26.4%	1,041	14.0%	625	14.5%	10	12.5%	9	6.0%	11	7.1%	13	7.7%	0	0.0%	0	0.0%	0	0.0%	302	6.8%	2,098	8.3%
Unknown/Not Reported	0	0.0%	0	0.0%	1	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.0%
Gender																								
Female	207	62.9%	3,759	50.6%	1,711	39.6%	42	52.5%	53	35.3%	52	33.3%	86	51.2%	81	54.4%	2,747	34.7%	44	50.6%	2,162	48.8%	10,944	43.4%
Male	122	37.1%	3,652	49.1%	2307	53.4%	11	13.8%	97	64.7%	104	66.7%	81	48.2%	68	45.6%	2,466	31.1%	2	2.3%	2,253	50.9%	11,163	44.3%
Other	0	0.0%	0	0.0%	0	0.0%	1	1.3%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	266	3.4%	3	3.4%	0	0.0%	270	1.1%
Unknown/Not Reported	0	0.0%	23	0.3%	300	6.9%	26	32.5%	0	0.0%	0	0.0%	1	0.6%	0	0.0%	2,443	30.8%	38	43.7%	13	0.3%	2,844	11.3%
Ethnicity																								
Non-Hispanic	205	62.3%	4,350	58.5%	2,124	49.2%	47	58.8%	94	62.7%	99	63.5%	107	63.7%	94	63.1%	3,252	41.1%	46	52.9%	3,075	69.4%	13,493	53.5%
Hispanic	72	21.9%	1,517	20.4%	736	17.0%	24	30.0%	35	23.3%	28	17.9%	32	19.0%	28	18.8%	2,819	35.6%	20	23.0%	917	20.7%	6,228	24.7%
Unknown/Not Reported	52	15.8%	1,567	21.1%	1,458	33.8%	9	11.3%	21	14.0%	29	18.6%	29	17.3%	27	18.1%	1,851	23.4%	21	24.1%	436	9.8%	5,500	21.8%
Race*																								
Am Indian/Alask. Native	3	0.9%	124	1.7%	73	1.7%	1	1.3%	1	0.7%	1	0.6%	4	2.4%	2	1.3%	63	0.8%	3	3.4%	397	9.0%	672	2.7%
Asian/Pacific Islander	50	15.2%	540	7.3%	176	4.1%	5	6.3%	2	1.3%	8	5.1%	9	5.4%	5	3.4%	312	3.9%	2	2.3%	787	17.8%	1,896	7.5%
Black	50	15.2%	1,882	25.3%	947	21.9%	16	20.0%	35	23.3%	35	22.4%	47	28.0%	55	36.9%	1,645	20.8%	27	31.0%	982	22.2%	5,721	22.7%
Multi-Race	15	4.6%	585	7.9%	248	5.7%	8	10.0%	16	10.7%	30	19.2%	19	11.3%	26	17.4%	1,276	16.1%	20	23.0%	219	4.9%	2,462	9.8%
Other	59	17.9%	805	10.8%	324	7.5%	14	17.5%	18	12.0%	12	7.7%	12	7.1%	8	5.4%	1,633	20.6%	1	1.1%	244	5.5%	3,130	12.4%
White	120	36.5%	2,560	34.4%	1,286	29.8%	32	40.0%	66	44.0%	50	32.1%	68	40.5%	46	30.9%	1,938	24.5%	23	26.4%	1,751	39.5%	7,940	31.5%
Unknown/Not Reported	32	9.7%	938	12.6%	1,264	29.3%	4	5.0%	12	8.0%	20	12.8%	9	5.4%	7	4.7%	1,055	13.3%	11	12.6%	771	17.4%	4,123	16.3%
Primary Language																								
English	245	74.5%	6,615	89.0%	3,379	78.3%	72	90.0%	145	96.7%	144	92.3%	160	95.2%	143	96.0%	6,795	85.8%	79	90.8%	3,991	90.1%	21,768	86.3%
Spanish	10	3.0%	144	1.9%	32	0.7%	3	3.8%	0	0.0%	0	0.0%	2	1.2%	0	0.0%	803	10.1%	0	0.0%	130	2.9%	1,124	4.5%
Other	65	19.8%	347	4.7%	43	1.0%	4	5.0%	4	2.7%	1	0.6%	2	1.2%	2	1.3%	120	1.5%	0	0.0%	193	4.4%	781	3.1%
Unknown/Not Reported	9	2.7%	328	4.4%	864	20.0%	1	1.3%	1	0.7%	11	7.1%	4	2.4%	4	2.7%	204	2.6%	8	9.2%	114	2.6%	1,548	6.1%
*Totals are higher than other categories as clients select multiple categories																								

GENERAL SYSTEM DEVELOPMENT - FY 23/24												
Characteristic	APSS (N=329)		CORE (N=7,434)		CORE CWC N=4,318		Peer Support Program at APSS CAPS etc. (N=80)		Crisis Residential Program-Adults (M St.) (N=150)		Crisis Residential Program-Adults (Henrietta Dr.) (N=156)	
	N	%	N	%	N	%	N	%	N	%	N	%
Age												
0 to 15	0	0.0%	0	0.0%	0	0.0%	26	32.5%	0	0.0%	0	0.0%
16 to 25	28	8.5%	706	9.5%	310	7.2%	8	10.0%	1	0.7%	4	2.6%
26 to 59	214	65.0%	5,687	76.5%	3382	78.3%	36	45.0%	140	93.3%	141	90.4%
60 and Over	87	26.4%	1,041	14.0%	625	14.5%	10	12.5%	9	6.0%	11	7.1%
Unknown/Not Reported	0	0.0%	0	0.0%	1	0.0%	0	0.0%	0	0.0%	0	0.0%
Gender												
Female	207	62.9%	3,759	50.6%	1,711	39.6%	42	52.5%	53	35.3%	52	33.3%
Male	122	37.1%	3,652	49.1%	2307	53.4%	11	13.8%	97	64.7%	104	66.7%
Other	0	0.0%	0	0.0%	0	0.0%	1	1.3%	0	0.0%	0	0.0%
Unknown/Not Reported	0	0.0%	23	0.3%	300	6.9%	26	32.5%	0	0.0%	0	0.0%
Ethnicity												
Non-Hispanic	205	62.3%	4,350	58.5%	2,124	49.2%	47	58.8%	94	62.7%	99	63.5%
Hispanic	72	21.9%	1,517	20.4%	736	17.0%	24	30.0%	35	23.3%	28	17.9%
Unknown/Not Reported	52	15.8%	1,567	21.1%	1,458	33.8%	9	11.3%	21	14.0%	29	18.6%
Race												
White	120	36.5%	2,560	34.4%	1,286	29.8%	32	40.0%	66	44.0%	50	32.1%
Black	50	15.2%	1,882	25.3%	947	21.9%	16	20.0%	35	23.3%	35	22.4%
Asian/Pacific Islander	50	15.2%	540	7.3%	176	4.1%	5	6.3%	2	1.3%	8	5.1%
Am Indian/Alask. Native	3	0.9%	124	1.7%	73	1.7%	1	1.3%	1	0.7%	1	0.6%
Multi-Race	15	4.6%	585	7.9%	248	5.7%	8	10.0%	16	10.7%	30	19.2%
Other	59	17.9%	805	10.8%	324	7.5%	14	17.5%	18	12.0%	12	7.7%
Unknown/Not Reported	32	9.7%	938	12.6%	1,264	29.3%	4	5.0%	12	8.0%	20	12.8%
Primary Language												
English	245	74.5%	6,615	89.0%	3,379	78.3%	72	90.0%	145	96.7%	144	92.3%
Spanish	10	3.0%	144	1.9%	32	0.7%	3	3.8%	0	0.0%	0	0.0%
Other	65	19.8%	347	4.7%	43	1.0%	4	5.0%	4	2.7%	1	0.6%
Unknown/Not Reported	9	2.7%	328	4.4%	864	20.0%	1	1.3%	1	0.7%	11	7.1%

GENERAL SYSTEM DEVELOPMENT - FY 23/24												
Characteristic	Crisis Residential Program-Adults (Viking Dr.) (N=168)		Crisis Residential Program-TAY (CRP 4) (N=149)		Flexible Integrated Treatment (FIT) (N=7,922)		Consultation, Support and Engagement Teams (CSET) (N=87)		Mental Health Urgent Care Clinic (MHUCC) (N=4,428)		Total (N=25,221)	
	N	%	N	%	N	%	N	%	N	%	N	%
Age												
0 to 15	0	0.0%	0	0.0%	5,895	74.4%	38	43.7%	485	11.0%	6,444	25.6%
16 to 25	10	6.0%	99	66.4%	2,027	25.6%	49	56.3%	1,226	27.7%	4,468	17.7%
26 to 59	145	86.3%	50	33.6%	0	0.0%	0	0.0%	2,415	54.5%	12,210	48.4%
60 and Over	13	7.7%	0	0.0%	0	0.0%	0	0.0%	302	6.8%	2,098	8.3%
Unknown/Not Reported	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.0%
Gender												
Female	86	51.2%	81	54.4%	2,747	34.7%	44	50.6%	2,162	48.8%	10,944	43.4%
Male	81	48.2%	68	45.6%	2,466	31.1%	2	2.3%	2,253	50.9%	11,163	44.3%
Other	0	0.0%	0	0.0%	266	3.4%	3	3.4%	0	0.0%	270	1.1%
Unknown/Not Reported	1	0.6%	0	0.0%	2,443	30.8%	38	43.7%	13	0.3%	2,844	11.3%
Ethnicity												
Non-Hispanic	107	63.7%	94	63.1%	3,252	41.1%	46	52.9%	3,075	69.4%	13,493	53.5%
Hispanic	32	19.0%	28	18.8%	2,819	35.6%	20	23.0%	917	20.7%	6,228	24.7%
Unknown/Not Reported	29	17.3%	27	18.1%	1,851	23.4%	21	24.1%	436	9.8%	5,500	21.8%
Race												
White	68	40.5%	46	30.9%	1,938	24.5%	23	26.4%	1,751	39.5%	7,940	31.5%
Black	47	28.0%	55	36.9%	1,645	20.8%	27	31.0%	982	22.2%	5,721	22.7%
Asian/Pacific Islander	9	5.4%	5	3.4%	312	3.9%	2	2.3%	787	17.8%	1,896	7.5%
Am Indian/Alask. Native	4	2.4%	2	1.3%	63	0.8%	3	3.4%	397	9.0%	672	2.7%
Multi-Race	19	11.3%	26	17.4%	1,276	16.1%	20	23.0%	219	4.9%	2,462	9.8%
Other	12	7.1%	8	5.4%	1,633	20.6%	1	1.1%	244	5.5%	3,130	12.4%
Unknown/Not Reported	9	5.4%	7	4.7%	1,055	13.3%	11	12.6%	771	17.4%	4,123	16.3%
Primary Language												
English	160	95.2%	143	96.0%	6,795	85.8%	79	90.8%	3,991	90.1%	21,768	86.3%
Spanish	2	1.2%	0	0.0%	803	10.1%	0	0.0%	130	2.9%	1,124	4.5%
Other	2	1.2%	2	1.3%	120	1.5%	0	0.0%	193	4.4%	781	3.1%
Unknown/Not Reported	4	2.4%	4	2.7%	204	2.6%	8	9.2%	114	2.6%	1,548	6.1%

GENERAL SYSTEM DEVELOPMENT - RESPITE PROGRAMS - FY 23/24								
Characteristic	Mental Health Respite Program for Women & Children (N=52)		Mental Health Crisis Respite Center (N=1,976)		Abiding Hope Respite House (N=112)		Total (N=2,140)	
	N	%	N	%	N	%	N	%
Age Group								
Children/Youth (0-15)	0	0.0%	7	0.4%	0	0.0%	7	0.3%
TAY (16-25)	5	9.6%	155	7.8%	3	2.7%	163	7.6%
Adults (26-59)	39	75.0%	1620	82.0%	102	91.1%	1,761	82.3%
Older Adults (60+)	1	1.9%	179	9.1%	7	6.3%	187	8.7%
Unknown/Not Reported	7	13.5%	15	0.8%	0	0.0%	22	1.0%
Ethnicity								
Hispanic or Latino	8	15.4%	255	12.9%	17	15.2%	280	13.1%
Non-Hispanic/Non-Latino	35	67.3%	881	44.6%	80	71.4%	996	46.5%
Unknown/Not Reported	9	17.3%	840	42.5%	15	13.4%	864	40.4%
Race								
American Indian or Alaska Native	1	1.9%	41	2.1%	0	0.0%	42	2.0%
Asian	1	1.9%	45	2.3%	1	0.9%	47	2.2%
Black or African American	26	50.0%	555	28.1%	35	31.3%	616	28.8%
Multi-Racial	4	7.7%	275	13.9%	4	3.6%	283	13.2%
Native Hawaiian/Pacific Islander	1	1.9%	6	0.3%	0	0.0%	7	0.3%
Other	5	9.6%	133	6.7%	15	13.4%	153	7.1%
White	9	17.3%	656	33.2%	54	48.2%	719	33.6%
Unknown/Not Reported	5	9.6%	265	13.4%	3	2.7%	273	12.8%
Primary Language								
Arabic	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Cantonese	0	0.0%	2	0.1%	0	0.0%	2	0.1%
English	51	98.1%	1751	88.6%	104	92.9%	1,906	89.1%
Farsi	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Hmong	0	0.0%	1	0.1%	0	0.0%	1	0.0%
Other	0	0.0%	21	1.1%	1	0.9%	22	1.0%
Russian	0	0.0%	2	0.1%	0	0.0%	2	0.1%
Spanish	1	1.9%	22	1.1%	0	0.0%	23	1.1%
Vietnamese	0	0.0%	1	0.1%	0	0.0%	1	0.0%
Unknown/Not Reported	0	0.0%	176	8.9%	7	6.3%	183	8.6%
Sexual Orientation*								
Gay or Lesbian	0	0.0%	110	5.6%	5	4.5%	115	5.4%
Heterosexual or Straight	41	78.8%	1182	59.8%	91	81.3%	1,314	61.4%
Bisexual	0	0.0%	154	7.8%	4	3.6%	158	7.4%
Questioning or unsure	0	0.0%	12	0.6%	0	0.0%	12	0.6%
Queer	0	0.0%	15	0.8%	0	0.0%	15	0.7%
Another sexual orientation	5	9.6%	167	8.5%	0	0.0%	172	8.0%
Unknown/Not Reported	6	11.5%	391	19.8%	12	10.7%	409	19.1%
Current Gender Identity*								
Male	0	0.0%	1007	51.0%	56	50.0%	1,063	49.7%
Female	49	94.2%	706	35.7%	59	52.7%	814	38.0%
Transgender	0	0.0%	31	1.6%	11	9.8%	42	2.0%
Genderqueer	0	0.0%	10	0.5%	6	5.4%	16	0.7%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Another gender identity	0	0.0%	25	1.3%	0	0.0%	25	1.2%
Unknown/Not Reported	3	5.8%	211	10.7%	2	1.8%	216	10.1%
Veteran Status								
Yes	0	0.0%	74	3.7%	0	0.0%	74	3.5%
No	52	100.0%	1902	96.3%	112	100.0%	2,066	96.5%
Decline to answer	0	0.0%	0	0.0%	0	0.0%	0	0.0%

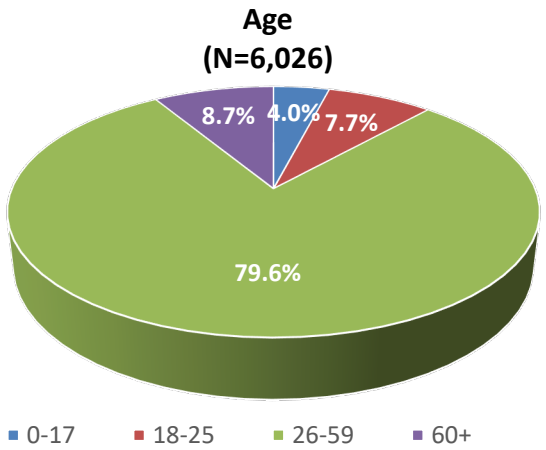
*Totals are higher than other categories as clients select multiple categories

Substance Use Prevention and Treatment (SUPT)

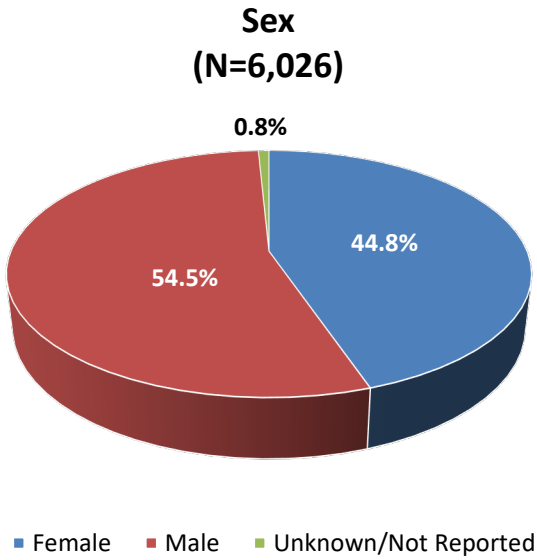
The SUPT system of BHS serves Drug Medi-Cal clients in a variety of settings, including residential, withdrawal management, medication assisted treatment (MAT), outpatient and intensive outpatient.

There was a total of 6,026 unduplicated Medi-Cal beneficiaries served in SUPT programs in FY 23/24.

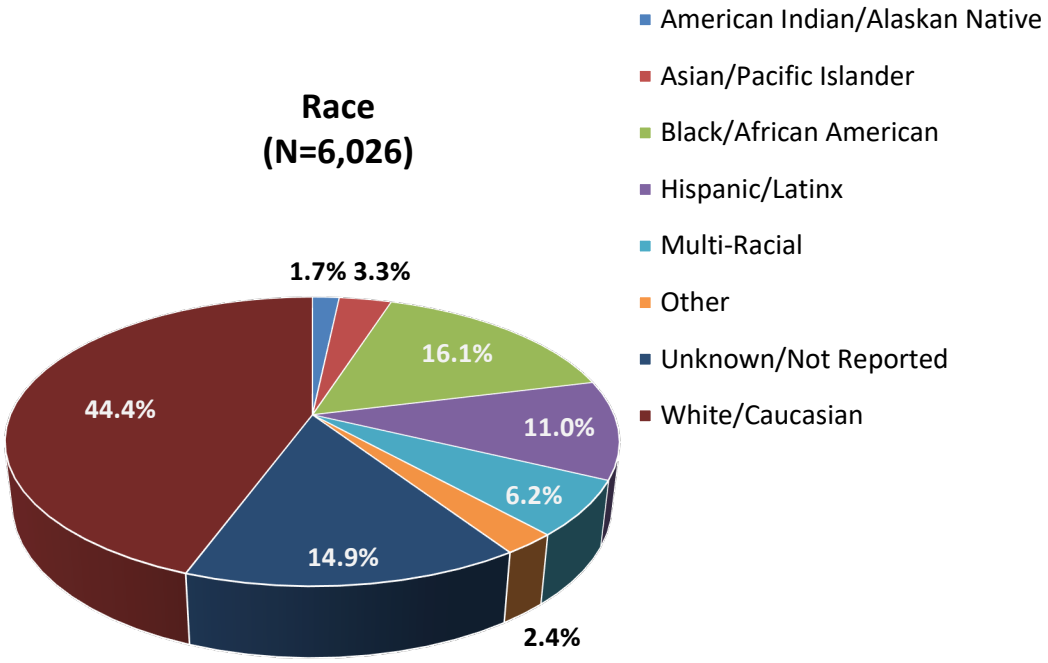
Age – The majority of beneficiaries served in SUPT are between the ages of 26 and 59, representing 79.6% of the population served. Clients ages 0 to 25 represent only 11.7% of clients served, which could indicate that a greater effort is needed to reach out to younger age groups about available SUPT services in the county.

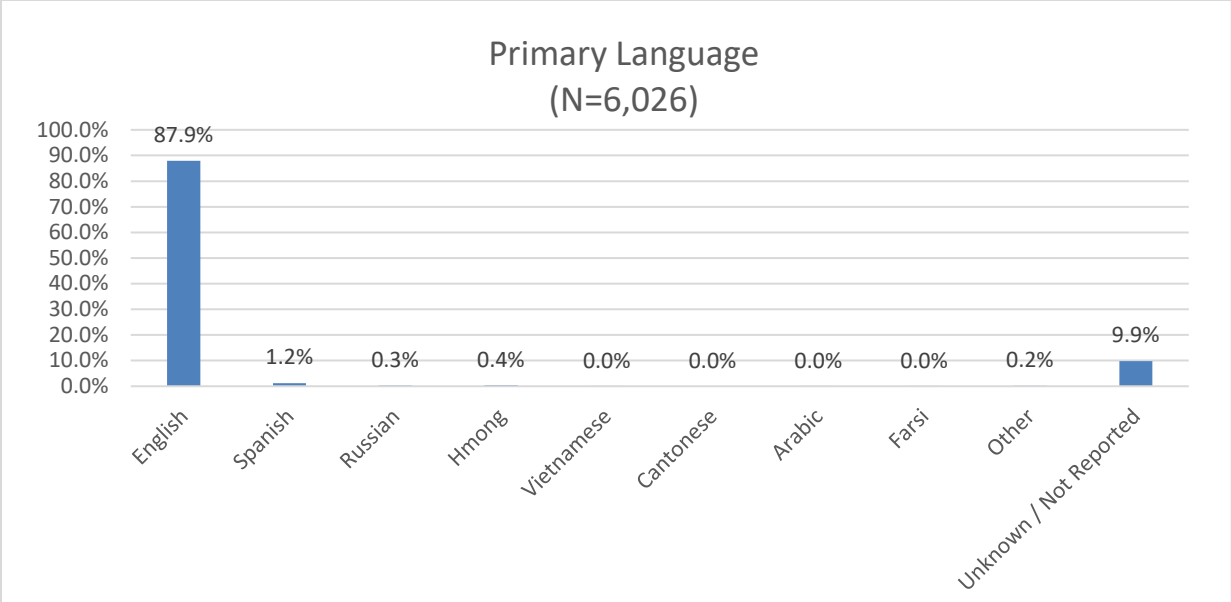


Gender – A slightly higher percentage of males are served than females, at 54.5%.



Race – Of the beneficiaries reported, just over 44.4% reported White/Caucasian, followed by Black/African American at 16.1% and Hispanic/Latinx at 11.0%. Unknown/Not Reported accounted for 14.9% served. This could be addressed by ensuring staff are correctly asking and completing demographics information. Additionally, data indicates that further outreach efforts are needed to reach other underserved groups and advance behavioral health equity for all community members.




Primary Language
(N=6,026)
100.0%
90.0%
80.0%
70.0%
60.0%
50.0%
40.0%
30.0%
20.0%
10.0%
0.0%
87.9%
1.2%
0.3%
0.4%
0.0%
0.0%
0.0%
0.0%
0.2%
9.9%
English
Spanish
Russian
Hmong
Vietnamese
Cantonese
Arabic
Farsi
Other
Unknown / Not Reported

V. Prevention and Early Intervention (PEI) Plan: The process used to identify the PEI priority populations

The county shall include the following in the CCPR Modification (2010):

A. Describe which PEI priority population(s) the county identified in their PEI plan and describe the process and rationale used by the county in selecting them. PEI Plan sections should be used to respond to priority populations identified by the county.

Prevention and Early Intervention (PEI): In FY 2023-2024, PEI Suicide Prevention and Education programs served over 75,000 and outreached to over 47,000 individuals by providing individual outreach and participating in 677 community events as well as 768 groups. Suicide prevention providers also disseminated information and provided referrals to over 10,000 individuals. The Strengthening Families program served 3,874 individuals and offered prevention trainings and information to over 13,000 students, parents/caregivers, education staff, and other community members. The Integrated Health and Wellness program served 2,054 and outreached and distributed information to 1,901 individuals. The Mental Health Promotion program "Mental Illness: It's not always what you think" project utilizes television, radio, social media and print material to advertise across the Sacramento area. In FY 2024-25, there were 6,163,960 impressions from the radio, 649 TV ads, 17 print ads, 34,291,209 impressions from outdoor ads and 21,863,540 impressions from online and mobile ads. Extra media events (Mental Health Awareness Month, Black History Month and other holidays) garnered more than 5,409,955 additional impressions. Social Media impressions included over 61,000 from Instagram and 787,000 from Facebook. The Project's Stop Stigma Sacramento Speakers Bureau speakers shared their personal stories 138 times, at 64 events, with a total audience attendance of 2,913 individuals. The Mental Health Matters television viewership was over 25,000 views and YouTube channel had over 1,000. The time limited PEI programs engaged 6,835 individuals.

There are five (5) PEI programs each comprised of several activities. The PEI programs include: Integrated Health and Wellness, Strengthening Families, Suicide Prevention, Mental Health Promotion, and Time Limited Grants. The activities in each program serve different communities or age ranges; therefore, demographics vary greatly depending on the activity. For example, within the Integrated Health and Wellness Program, the Senior Link activity serves older adults, while eVIBE serves school age children and their families. Supporting Community

Connections serves many different underserved populations, including Arabic speaking, Asian/Pacific Islander, Iu Mien, African American, Latino/Spanish-Speaking, American Indian/Alaska Native/ Indigenous, Russian/Ukrainian, Afghan Community, Farsi-Speaking as well as transition-age youth, older adults, and clients. Because of the uniqueness of the programs and activities, comparisons cannot be made in relation to the overall MHP.

Prevention and Early Intervention – Integrated Health and Wellness

The Integrated Health and Wellness Program consists of three components collectively aimed at addressing and promoting recovering and positive outcomes for a mental illness early in its emergence, reducing risk factors for developing a potentially serious mental illness and to build protective factors, outreaching to increase recognition of early signs of mental illness, and improving timely access to services for underserved populations.

In FY 2023-24, Integrated Health and Wellness programs served 2,054 individuals in the community.

Prevention and Early intervention – Strengthening Families

The Strengthening Families Program consists of several components collectively aimed at reducing risk factors for developing a potentially serious mental illness and to build protective factors, outreaching to increase recognition of early signs of mental illness, and improving timely access to services for underserved populations.

In FY 2023-24 the Strengthening Families served 3,874 children and families in the community.

A comprehensive breakdown of character-specific PEI data is provided in the chart on the next page.

PREVENTION AND EARLY INTERVENTION - INTEGRATED HEALTH AND WELLNESS - FY 23/24														
Characteristic	SacEDAPT (N=137)		Senior Link (N=253)		CRWP Improve Your Tomorrow (N=51)		CRWP ONTRACK Program Resources, Inc. (N=26)		CRWP Roberts Family Development Center (N=654)		CRWP Rose Family Creative Empowerment Center (N=933)		Total (N=2054)	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%
Age Group														
Children/Youth (0-15)	43	31.4%	0	0.0%	29	56.9%	0	0.0%	128	19.6%	204	21.9%	404	19.7%
TAY (16-25)	85	62.0%	0	0.0%	22	43.1%	5	19.2%	95	14.5%	134	14.4%	341	16.6%
Adults (26-59)	9	6.6%	7	2.8%	0	0.0%	17	65.4%	362	55.4%	498	53.4%	893	43.5%
Older Adults (60+)	0	0.0%	186	73.5%	0	0.0%	4	15.4%	66	10.1%	97	10.4%	353	17.2%
Unknown/Not Reported	0	0.0%	60	23.7%	0	0.0%	0	0.0%	3	0.5%	0	0.0%	63	3.1%
Ethnicity														
Hispanic/Latino	49	35.8%	18	7.1%	4	7.8%	2	7.7%	82	12.5%	150	16.1%	305	14.8%
Non-Hispanic/Non-Latino	66	48.2%	160	63.2%	42	82.4%	24	92.3%	562	85.9%	774	83.0%	1628	79.3%
More than one ethnicity	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Unknown/Not Reported	22	16.1%	75	29.6%	5	9.8%	0	0.0%	10	1.5%	9	1.0%	121	5.9%
Race														
American Indian/Alaska Native	1	0.7%	3	1.2%	0	0.0%	0	0.0%	8	1.2%	12	1.3%	24	1.2%
Asian	10	7.3%	7	2.8%	0	0.0%	0	0.0%	1	0.2%	38	4.1%	56	2.7%
Black/African American	35	25.5%	65	25.7%	42	82.4%	22	84.6%	455	69.6%	576	61.7%	1195	58.2%
More than one race	28	20.4%	2	0.8%	9	17.6%	3	11.5%	19	2.9%	12	1.3%	73	3.6%
Native Hawaiian/Other Pacific Islander	0	0.0%	3	1.2%	0	0.0%	0	0.0%	2	0.3%	4	0.4%	9	0.4%
Other	23	16.8%	14	5.5%	0	0.0%	1	3.8%	37	5.7%	100	10.7%	175	8.5%
White/Caucasian	38	27.7%	88	34.8%	0	0.0%	0	0.0%	51	7.8%	83	8.9%	260	12.7%
Unknown/Not Reported	2	1.5%	71	28.1%	0	0.0%	0	0.0%	81	12.4%	108	11.6%	262	12.8%
Primary Language														
English	123	89.8%	185	73.1%	51	100.0%	26	100.0%	576	88.1%	928	99.5%	1889	92.0%
Spanish	9	6.6%	1	0.4%	0	0.0%	0	0.0%	0	0.0%	1	0.1%	11	0.5%
Vietnamese	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Cantonese	0	0.0%	3	1.2%	0	0.0%	0	0.0%	0	0.0%	1	0.1%	4	0.2%
Russian	2	1.5%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.1%
Hmong	1	0.7%	1	0.4%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.1%
Arabic	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Farsi	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Other	2	1.5%	1	0.4%	0	0.0%	0	0.0%	1	0.2%	0	0.0%	4	0.2%
Unknown/Not Reported	0	0.0%	62	24.5%	0	0.0%	0	0.0%	77	11.8%	3	0.3%	142	6.9%
Sexual Orientation														
Heterosexual/ Straight	102	74.5%	165	65.2%	47	92.2%	26	100.0%	372	56.9%	925	99.1%	1637	79.7%
Gay/Lesbian	6	4.4%	7	2.8%	1	2.0%	0	0.0%	6	0.9%	2	0.2%	22	1.1%
Bisexual	13	9.5%	1	0.4%	0	0.0%	0	0.0%	25	3.8%	1	0.1%	40	1.9%
Questioning/Unsure	4	2.9%	0	0.0%	0	0.0%	0	0.0%	5	0.8%	0	0.0%	9	0.4%
Queer	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.3%	1	0.1%	3	0.1%
Another sexual orientation	0	0.0%	4	1.6%	1	2.0%	0	0.0%	37	5.7%	1	0.1%	43	2.1%
Unknown/Not Reported	12	8.8%	76	30.0%	2	3.9%	0	0.0%	207	31.7%	3	0.3%	300	14.6%
Gender Identity														
Female	56	40.9%	155	61.3%	0	0.0%	20	76.9%	441	67.4%	614	65.8%	1286	62.6%
Male	69	50.4%	35	13.8%	48	94.1%	6	23.1%	194	29.7%	316	33.9%	668	32.5%
Transgender	5	3.6%	2	0.8%	0	0.0%	0	0.0%	1	0.2%	0	0.0%	8	0.4%
Genderqueer	1	0.7%	0	0.0%	1	2.0%	0	0.0%	1	0.2%	0	0.0%	3	0.1%
Questioning/Unsure	1	0.7%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.0%
Another gender identity	3	2.2%	0	0.0%	0	0.0%	0	0.0%	4	0.6%	1	0.1%	8	0.4%
Unknown/Not Reported	2	1.5%	61	24.1%	2	3.9%	0	0.0%	13	2.0%	2	0.2%	80	3.9%
Veteran Status														
Yes	0	0.0%	10	4.0%	1	2.0%	2	7.7%	0	0.0%	0	0.0%	13	0.6%
No	0	0.0%	0	0.0%	50	98.0%	24	92.3%	654	100.0%	933	100.0%	1661	80.9%
Unknown/Not Reported	137	100.0%	243	96.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	380	18.5%
*Some totals are higher than other categories as clients select multiple categories														

Prevention and Early intervention – Strengthening Families

The Strengthening Families Program consists of several components collectively aimed at reducing risk factors for developing a potentially serious mental illness and to build protective factors, outreaching to increase recognition of early signs of mental illness, and improving timely access to services for underserved populations.

PREVENTION AND EARLY INTERVENTION - STRENGTHENING FAMILIES - FY 23/24																
Characteristic	QCCC (N=577)		CPS Mental Health Teams (N=574)		eVIBE (N=1,962)		Adoptive Families Respite (N=423)		The Source (N=80)		Safe Zone Squad (N=0)		Youth Help Network (N=258)		Total (N=3,874)	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%
Age Group																
Children/Youth (0-15)	28	4.9%	479	83.4%	1,847	94.1%	187	44.2%	63	78.8%	0	0.0%	1	0.4%	2,605	67.2%
TAY (16-25)	3	0.5%	47	8.2%	40	2.0%	45	10.6%	17	21.3%	0	0.0%	257	99.6%	409	10.6%
Adults (26-59)	18	3.1%	47	8.2%	48	2.4%	178	42.1%	0	0.0%	0	0.0%	0	0.0%	291	7.5%
Older Adults (60+)	0	0.0%	1	0.2%	1	0.1%	11	2.6%	0	0.0%	0	0.0%	0	0.0%	13	0.3%
Unknown/Not Reported	528	91.5%	0	0.0%	26	1.3%	2	0.5%	0	0.0%	0	0.0%	0	0.0%	556	14.4%
Ethnicity																
Hispanic or Latino	4	0.7%	54	9.4%	820	41.8%	90	21.3%	18	22.5%	0	0.0%	47	18.2%	1,033	26.7%
Non-Hispanic/Non-Latino	18	3.1%	124	21.6%	735	37.5%	333	78.7%	51	63.8%	0	0.0%	108	41.9%	1,369	35.3%
More than one ethnicity	13	2.3%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	13	0.3%
Unknown/Not Reported	542	93.9%	396	69.0%	407	20.7%	0	0.0%	11	13.8%	0	0.0%	103	39.9%	1,459	37.7%
Race																
American Indian or Alaska Native	0	0.0%	0	0.0%	13	0.7%	12	2.8%	0	0.0%	0	0.0%	3	1.2%	28	0.7%
Asian	0	0.0%	3	0.5%	272	13.9%	5	1.2%	0	0.0%	0	0.0%	6	2.3%	286	7.4%
Black or African American	10	1.7%	81	14.1%	207	10.6%	77	18.2%	25	31.3%	0	0.0%	119	46.1%	519	13.4%
More than one race	5	0.9%	46	8.0%	374	19.1%	57	13.5%	19	23.8%	0	0.0%	24	9.3%	525	13.6%
Native Hawaiian or other Pacific Islander	0	0.0%	3	0.5%	41	2.1%	0	0.0%	1	1.3%	0	0.0%	2	0.8%	47	1.2%
Other	7	1.2%	25	4.4%	578	29.5%	41	9.7%	3	3.8%	0	0.0%	20	7.8%	674	17.4%
White	19	3.3%	72	12.5%	281	14.3%	221	52.2%	24	30.0%	0	0.0%	52	20.2%	669	17.3%
Unknown/Not Reported	536	92.9%	344	59.9%	196	10.0%	10	2.4%	8	10.0%	0	0.0%	32	12.4%	1,126	29.1%
Primary Language																
English	40	6.9%	243	42.3%	1456	74.2%	423	100.0%	78	97.5%	0	0.0%	197	76.4%	2,437	62.9%
Spanish	5	0.9%	8	1.4%	155	7.9%	0	0.0%	2	2.5%	0	0.0%	3	1.2%	173	4.5%
Vietnamese	0	0.0%	0	0.0%	12	0.6%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	12	0.3%
Cantonese	0	0.0%	0	0.0%	21	1.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	21	0.5%
Russian	0	0.0%	2	0.3%	12	0.6%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	14	0.4%
Hmong	0	0.0%	0	0.0%	3	0.2%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	3	0.1%
Arabic	2	0.3%	0	0.0%	3	0.2%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	5	0.1%
Farsi	0	0.0%	1	0.2%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.0%
Other	3	0.5%	5	0.9%	63	3.2%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	71	1.8%
Unknown/Not Reported	527	91.3%	315	54.9%	237	12.1%	0	0.0%	0	0.0%	0	0.0%	58	22.5%	1,137	29.3%
Sexual Orientation																
Heterosexual or Straight	15	2.6%	121	21.1%	33	1.7%	291	68.8%	33	41.3%	0	0.0%	127	49.2%	620	16.0%
Gay or Lesbian	1	0.2%	1	0.2%	0	0.0%	34	8.0%	3	3.8%	0	0.0%	12	4.7%	51	1.3%
Bisexual	0	0.0%	7	1.2%	5	0.3%	17	4.0%	3	3.8%	0	0.0%	24	9.3%	56	1.4%
Questioning or unsure	0	0.0%	9	1.6%	0	0.0%	38	9.0%	7	8.8%	0	0.0%	2	0.8%	56	1.4%
Queer	0	0.0%	0	0.0%	0	0.0%	1	0.2%	0	0.0%	0	0.0%	0	0.0%	1	0.0%
Another sexual orientation	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.4%	1	0.0%
Unknown/Not Reported	561	97.2%	436	76.0%	1924	98.1%	42	9.9%	34	42.5%	0	0.0%	92	35.7%	3,089	79.7%
Current Gender Identity																
Female	30	5.2%	133	23.2%	981	50.0%	238	56.3%	35	43.8%	0	0.0%	65	25.2%	1,482	38.3%
Male	20	3.5%	81	14.1%	955	48.7%	142	33.6%	25	31.3%	0	0.0%	47	18.2%	1,270	32.8%
Transgender	0	0.0%	0	0.0%	1	0.1%	9	2.1%	2	2.5%	0	0.0%	13	5.0%	25	0.6%
Genderqueer	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	2.5%	0	0.0%	0	0.0%	2	0.1%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	1.3%	0	0.0%	0	0.0%	1	0.0%
Another gender identity	0	0.0%	1	0.2%	0	0.0%	8	1.9%	2	2.5%	0	0.0%	14	5.4%	25	0.6%
Unknown/Not Reported	527	91.3%	359	62.5%	25	1.3%	26	6.1%	13	16.3%	0	0.0%	119	46.1%	1,069	27.6%
Veteran Status																
Yes	0	0.0%	0	0.0%	0	0.0%	6	1.4%	0	0.0%	0	0.0%	0	0.0%	6	0.2%
No	50	8.7%	120	20.9%	0	0.0%	415	98.1%	56	70.0%	0	0.0%	41	15.9%	682	17.6%
Unknown/Not Reported	527	91.3%	454	79.1%	1962	100.0%	2	0.5%	24	30.0%	0	0.0%	217	84.1%	3,186	82.2%

Prevention and Early Intervention – Suicide Prevention

The Suicide Prevention and Education Program consists of several components collectively aimed at recognizing and reducing suicide risk, improving timely access to services for underserved populations, and assisting individuals in accessing and linking to treatment programs. In FY 2023-24 Suicide Prevention programs served 70,149 individuals in the community.

A comprehensive breakdown of character-specific data for suicide prevention programs and Supporting Community Connections is provided in the charts on the next two pages.

PREVENTION AND EARLY INTERVENTION - SUICIDE PREVENTION - FY 23/24														
Characteristic	Suicide Crisis Line (N=67,339)		Emergency Department Follow-Up Services (N=120)		Suicide Bereavement Support Groups & Grief Services (N=39)		Community Support Team (N=922)		Crisis Navigation Program (N=870)		Mobile Crisis Support Team (N=859)		Total (N=70,149)	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%
Age Group														
Children/Youth (0-15)	1,420	2.11%	6	5.0%	0	0.0%	66	7.2%	15	1.7%	70	8.1%	1,577	2.2%
TAY (16-25)	7,573	11.25%	16	13.3%	0	0.0%	164	17.8%	115	13.2%	141	16.4%	8,009	11.4%
Adults (26-59)	13,441	19.96%	53	44.2%	32	82.1%	423	45.9%	624	71.7%	418	48.7%	14,991	21.4%
Older Adults (60+)	5,093	7.56%	31	25.8%	7	17.9%	269	29.2%	115	13.2%	160	18.6%	5,675	8.1%
Unknown/Not Reported	39,812	59.12%	14	11.7%	0	0.0%	0	0.0%	1	0.1%	70	8.1%	39,897	56.9%
Ethnicity														
Hispanic/Latino	2,045	3.0%	10	8.3%	0	0.0%	92	10.0%	136	15.6%	113	13.2%	2,396	3.4%
Non-Hispanic/Non-Latino	8,819	13.1%	25	20.8%	39	100.0%	311	33.7%	454	52.2%	353	41.1%	10,001	14.3%
More than one ethnicity	647	1.0%	5	4.2%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	652	0.9%
Unknown/Not Reported	55,828	82.9%	80	66.7%	0	0.0%	519	56.3%	280	32.2%	393	45.8%	57,100	81.4%
Race														
American Indian/Alaska Native	91	0.1%	0	0.0%	0	0.0%	4	0.4%	18	2.1%	8	0.9%	121	0.2%
Asian	2,030	3.0%	2	1.7%	2	5.1%	43	4.7%	34	3.9%	14	1.6%	2,125	3.0%
Black/African American	1,596	2.4%	11	9.2%	1	2.6%	100	10.8%	164	18.9%	124	14.4%	1,996	2.8%
More than one race	647	1.0%	5	4.2%	3	7.7%	87	9.4%	62	7.1%	23	2.7%	827	1.2%
Native Hawaiian/Other Pacific Islander	55	0.1%	0	0.0%	0	0.0%	8	0.9%	8	0.9%	17	2.0%	88	0.1%
Other	2,435	3.6%	10	8.3%	4	10.3%	40	4.3%	78	9.0%	70	8.1%	2,637	3.8%
White/Caucasian	4,657	6.9%	12	10.0%	20	51.3%	208	22.6%	274	31.5%	347	40.4%	5,518	7.9%
Unknown/Not Reported	55,828	82.9%	80	66.7%	9	23.1%	432	46.85%	232	26.7%	256	29.8%	56,837	81.0%
Primary Language														
English	58,099	86.3%	12	10.0%	37	94.9%	571	61.9%	715	82.2%	618	71.9%	60,052	85.6%
Spanish	69	0.1%	0	0.0%	0	0.0%	14	1.5%	25	2.9%	9	1.0%	117	0.2%
Vietnamese	5	0.0%	0	0.0%	0	0.0%	4	0.4%	0	0.0%	0	0.0%	9	0.0%
Cantonese	17	0.0%	1	0.8%	0	0.0%	0	0.0%	1	0.1%	0	0.0%	19	0.0%
Russian	18	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%	4	0.5%	23	0.0%
Hmong	9	0.0%	0	0.0%	0	0.0%	2	0.2%	0	0.0%	0	0.0%	11	0.0%
Arabic	5	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	5	0.0%
Farsi	0	0.0%	0	0.0%	0	0.0%	1	0.1%	2	0.2%	1	0.1%	4	0.0%
Other	93	0.1%	0	0.0%	0	0.0%	16	1.7%	8	0.9%	5	0.6%	122	0.2%
Unknown/Not Reported	9,024	13.4%	107	89.2%	2	5.1%	314	34.1%	118	13.6%	222	25.8%	9,787	14.0%
Sexual Orientation*														
Heterosexual/Straight	1,672	2.5%	0	0.0%	26	66.7%	201	21.8%	396	45.5%	286	33.3%	2,581	3.7%
Gay/Lesbian	143	0.2%	0	0.0%	0	0.0%	8	0.9%	18	2.1%	10	1.2%	179	0.3%
Bisexual	86	0.1%	0	0.0%	0	0.0%	10	1.1%	26	3.0%	13	1.5%	135	0.2%
Questioning/Unsure	24	0.0%	0	0.0%	0	0.0%	7	0.8%	2	0.2%	6	0.7%	39	0.1%
Queer	46	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	46	0.1%
Another sexual orientation	51	0.1%	1	0.8%	1	2.6%	0	0.0%	3	0.3%	0	0.0%	56	0.1%
Unknown/Not Reported	65,317	97.0%	119	99.2%	12	30.8%	696	75.5%	425	48.9%	544	63.3%	67,113	95.7%
Current Gender Identity*														
Female	31,482	46.8%	12	10.0%	27	69.2%	216	23.4%	300	34.5%	219	25.5%	32,256	46.0%
Male	28,526	42.4%	12	10.0%	5	12.8%	175	19.0%	307	35.3%	223	26.0%	29,248	41.7%
Transgender	258	0.4%	3	2.5%	0	0.0%	1	0.1%	9	1.0%	8	0.9%	279	0.4%
Genderqueer	49	0.1%	0	0.0%	0	0.0%	1	0.1%	1	0.1%	1	0.1%	52	0.1%
Questioning/Unsure	29	0.0%	0	0.0%	0	0.0%	1	0.1%	0	0.0%	2	0.2%	32	0.0%
Another gender identity	64	0.1%	0	0.0%	0	0.0%	4	0.4%	7	0.8%	3	0.3%	78	0.1%
Unknown/Not Reported	6,931	10.3%	93	77.5%	7	17.9%	524	56.8%	246	28.3%	403	46.9%	8,204	11.7%
Veteran Status														
Yes	207	0.3%	1	0.8%	0	0.0%	0	0.0%	0	0.0%	18	2.1%	226	0.3%
No	67,132	99.7%	119	99.2%	39	100.0%	128	13.9%	0	0.0%	350	40.7%	67,768	96.6%
Unknown/Not Reported	0	0.0%	0	0.0%	0	0.0%	794	86.1%	870	100.0%	491	57.2%	2,155	3.1%

PREVENTION AND EARLY INTERVENTION - SUPPORTING COMMUNITY CONNECTIONS (SCC) - FY 23/24																										
Characteristic	Afghan (N=207)		African American (N=246)		Arabic-Speaking (N=173)		Cantonese, Vietnamese, & Hmong-Speaking (N=350)		Consumer Operated Warmline (N=277)		Farsi-Speaking (N=74)		Iu-Mien (N=355)		Native American (N=271)		Older Adults (N=155)		Russian-Speaking/Slavic (N=286)		Spanish-Speaking/ Latino (N=648)		Youth/TAY (N=276)		Total (N=3318)	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%
Age Group																										
Children/Youth (0-15)	12	5.8%	27	11.0%	5	2.9%	0	0.0%	0	0.0%	4	5.4%	79	22.3%	44	16.2%	0	0.0%	0	0.0%	0	0.0%	23	8.3%	194	5.8%
TAY (16-25)	38	18.4%	46	18.7%	23	13.3%	8	2.3%	16	5.8%	15	20.3%	14	3.9%	47	17.3%	0	0.0%	29	10.1%	27	4.2%	252	91.3%	515	15.5%
Adults (26-59)	153	73.9%	117	47.6%	123	71.1%	183	52.3%	237	85.6%	52	70.3%	65	18.3%	135	49.8%	50	32.3%	166	58.0%	463	71.5%	1	0.4%	1,745	52.6%
Older Adults (60+)	4	1.9%	56	22.8%	21	12.1%	159	45.4%	24	8.7%	3	4.1%	197	55.5%	42	15.5%	103	66.5%	91	31.8%	155	23.9%	0	0.0%	855	25.8%
Unknown/Not Reported	0	0.0%	0	0.0%	1	0.6%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	3	1.1%	2	1.3%	0	0.0%	3	0.5%	0	0.0%	9	0.3%
Ethnicity																										
Hispanic/Latino	1	0.5%	9	3.7%	0	0.0%	1	0.3%	40	14.4%	0	0.0%	11	3.1%	88	32.5%	145	93.5%	1	0.3%	635	98.0%	102	37.0%	1,033	31.1%
Non-Hispanic/Non-Latino	206	99.5%	237	96.3%	173	100.0%	348	99.4%	237	85.6%	74	100.0%	343	96.6%	182	67.2%	9	5.8%	285	99.7%	12	1.9%	174	63.0%	2,280	68.7%
More than one ethnicity	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Unknown/Not Reported	0	0.0%	0	0.0%	0	0.0%	1	0.3%	0	0.0%	0	0.0%	1	0.3%	1	0.4%	1	0.6%	0	0.0%	1	0.2%	0	0.0%	5	0.2%
Race																										
American Indian/Alaska Native	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.4%	0	0.0%	0	0.0%	130	48.0%	2	1.3%	0	0.0%	2	0.3%	2	0.7%	137	4.1%
Asian	0	0.0%	3	1.2%	1	0.6%	337	96.3%	11	4.0%	0	0.0%	307	86.5%	13	4.8%	0	0.0%	0	0.0%	0	0.0%	9	3.3%	681	20.5%
Black/African American	0	0.0%	222	90.2%	0	0.0%	0	0.0%	18	6.5%	0	0.0%	6	1.7%	12	4.4%	0	0.0%	0	0.0%	0	0.0%	98	35.5%	356	10.7%
More than one race	3	1.4%	4	1.6%	8	4.6%	9	2.6%	7	2.5%	9	12.2%	31	8.7%	74	27.3%	0	0.0%	117	40.9%	0	0.0%	50	18.1%	312	9.4%
Native Hawaiian/Other Pacific Islander	0	0.0%	1	0.4%	0	0.0%	0	0.0%	1	0.4%	0	0.0%	2	0.6%	1	0.4%	0	0.0%	0	0.0%	0	0.0%	2	0.7%	7	0.2%
Other	204	98.6%	5	2.0%	119	68.8%	0	0.0%	28	10.1%	65	87.8%	8	2.3%	23	8.5%	142	91.6%	166	58.0%	637	98.3%	51	18.5%	1,448	43.6%
Unknown/Not Reported	0	0.0%	8	3.3%	44	25.4%	2	0.6%	152	54.9%	0	0.0%	1	0.3%	5	1.8%	5	3.2%	0	0.0%	4	0.6%	2	0.7%	223	6.7%
White/Caucasian	0	0.0%	3	1.2%	1	0.6%	2	0.6%	59	21.3%	0	0.0%	0	0.0%	13	4.8%	6	3.9%	3	1.0%	5	0.8%	62	22.5%	154	4.6%
Primary Language																										
English	0	0.0%	244	99.2%	0	0.0%	2	0.6%	271	97.8%	0	0.0%	124	34.9%	256	94.5%	10	6.5%	0	0.0%	14	2.2%	276	100.0%	1,197	36.1%
Spanish	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.7%	0	0.0%	0	0.0%	3	1.1%	143	92.3%	0	0.0%	631	97.4%	0	0.0%	779	23.5%
Vietnamese	0	0.0%	1	0.4%	1	0.6%	168	48.0%	0	0.0%	0	0.0%	3	0.8%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	173	5.2%
Cantonese	0	0.0%	0	0.0%	0	0.0%	25	7.1%	0	0.0%	0	0.0%	0	0.0%	1	0.4%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	26	0.8%
Russian	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	286	100.0%	0	0.0%	0	0.0%	286	8.6%
Hmong	0	0.0%	0	0.0%	0	0.0%	154	44.0%	0	0.0%	0	0.0%	3	0.8%	1	0.4%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	158	4.8%
Arabic	1	0.5%	0	0.0%	165	95.4%	0	0.0%	1	0.4%	0	0.0%	0	0.0%	2	0.7%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	169	5.1%
Other	206	99.5%	1	0.4%	5	2.9%	1	0.3%	0	0.0%	74	100.0%	223	62.8%	1	0.4%	0	0.0%	0	0.0%	1	0.2%	0	0.0%	512	15.4%
Unknown/Not Reported	0	0.0%	0	0.0%	2	1.2%	0	0.0%	3	1.1%	0	0.0%	2	0.6%	7	2.6%	2	1.3%	0	0.0%	2	0.3%	0	0.0%	18	0.5%
Sexual Orientation																										
Heterosexual/Straight	207	100.0%	127	51.6%	134	77.5%	347	99.1%	85	30.7%	74	100.0%	303	85.4%	178	65.7%	146	94.2%	286	100.0%	639	98.6%	87	31.5%	2,613	78.8%
Gay/Lesbian	0	0.0%	15	6.1%	0	0.0%	0	0.0%	4	1.4%	0	0.0%	0	0.0%	5	1.8%	0	0.0%	0	0.0%	0	0.0%	12	4.3%	36	1.1%
Bisexual	0	0.0%	3	1.2%	0	0.0%	0	0.0%	3	1.1%	0	0.0%	3	0.8%	6	2.2%	0	0.0%	0	0.0%	0	0.0%	24	8.7%	39	1.2%
Questioning/Unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.4%	0	0.0%	0	0.0%	0	0.0%	17	6.2%	18	0.5%
Queer	0	0.0%	2	0.8%	0	0.0%	0	0.0%	1	0.4%	0	0.0%	0	0.0%	4	1.5%	0	0.0%	0	0.0%	0	0.0%	120	43.5%	127	3.8%
Another sexual orientation	0	0.0%	0	0.0%	9	5.2%	3	0.9%	5	1.8%	0	0.0%	4	1.1%	21	7.7%	0	0.0%	0	0.0%	2	0.3%	8	2.9%	52	1.6%
Unknown/Not Reported	0	0.0%	99	40.2%	30	17.3%	0	0.0%	179	64.6%	0	0.0%	45	12.7%	56	20.7%	9	5.8%	0	0.0%	7	1.1%	8	2.9%	433	13.1%
Gender Identity																										
Female	65	31.4%	150	61.0%	85	49.1%	178	50.9%	127	45.8%	34	45.9%	239	67.3%	180	66.4%	117	75.5%	147	51.4%	496	76.5%	99	35.9%	1,917	57.8%
Male	142	68.6%	64	26.0%	88	50.9%	172	49.1%	52	18.8%	40	54.1%	111	31.3%	67	24.7%	36	23.2%	139	48.6%	149	23.0%	119	43.1%	1,179	35.5%
Transgender	0	0.0%	2	0.8%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	4	1.5%	0	0.0%	0	0.0%	0	0.0%	25	9.1%	31	0.9%
Genderqueer	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.7%	2	0.1%
Questioning/Unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.7%	2	0.1%
Another gender identity	0	0.0%	2	0.8%	0	0.0%	0	0.0%	2	0.7%	0	0.0%	0	0.0%	7	2.6%	0	0.0%	0	0.0%	0	0.0%	27	9.8%	38	1.1%
Unknown/Not Reported	0	0.0%	28	11.4%	0	0.0%	0	0.0%	96	34.7%	0	0.0%	5	1.4%	13	4.8%	2	1.3%	0	0.0%	3	0.5%	2	0.7%	149	4.5%
Veteran Status																										
Yes	0	0.0%	2	0.8%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	6	2.2%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	8	0.2%
No	207	100.0%	244	99.2%	173	100.0%	350	100.0%	277	100.0%	74	100.0%	355	100.0%	265	97.8%	155	100.0%	286	100.0%	648	100.0%	276	100.0%	3,310	99.8%
Unknown/Not Reported	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%

Prevention and Early Intervention (PEI) – Suicide Prevention Respite Programs

PEI Suicide Prevention - Respite activities were added in FY 2015-16. The goal of the respite programs is to provide a safe environment for participants to increase their knowledge of available supports and how to access them, improve well-being, reduce stress, increase connectedness, reduce feelings of isolation and decrease risk of harm.

There was a total of 1,971 individuals served in PEI Suicide Prevention Respite programs in FY 2023-24. Respite activities demographics also vary greatly as some activities serve specific groups. For example, Caregiver Crisis Respite serves caregivers, while the Sacramento LGBT Community Center's Lambda Lounge serves adults in the LBGTQ community. Due to the uniqueness of these activities, comparisons cannot be made in relation to the overall MHP.

A comprehensive breakdown of character-specific data for PEI respite programs is provided in the chart on the next page.

PREVENTION AND EARLY INTERVENTION - RESPITE PROGRAMS - FY23/24												
Characteristic	Caregiver Crisis Intervention Respite (N=83)		Rejuvenation Haven (N=846)		The Ripple Effect (N=246)		Lambda Lounge (N=245)		Q-Spot (N=551)		Total (N=1,971)	
	N	%	N	%	N	%	N	%	N	%	N	%
Age Group												
Children/Youth (0-15)	0	0.0%	6	0.7%	10	4.1%	9	3.7%	54	9.8%	79	4.0%
TAY (16-25)	1	1.2%	125	14.8%	16	6.5%	8	3.3%	333	60.4%	483	24.5%
Adults (26-59)	22	26.5%	0	0.0%	149	60.6%	110	44.9%	4	0.7%	285	14.5%
Older Adults (60+)	60	72.3%	0	0.0%	32	13.0%	18	7.3%	1	0.2%	111	5.6%
Unknown/Not Reported	0	0.0%	715	84.5%	39	15.9%	100	40.8%	159	28.9%	1,013	51.4%
Ethnicity												
Hispanic or Latino	15	18.1%	21	2.5%	19	7.7%	26	10.6%	48	8.7%	129	6.5%
Non-Hispanic/Non-Latino	68	81.9%	105	12.4%	187	76.0%	119	48.6%	344	62.4%	823	41.8%
More than one ethnicity	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Unknown/Not Reported	0	0.0%	720	85.1%	40	16.3%	100	40.8%	159	28.9%	1,019	51.7%
Race*												
American Indian or Alaska Native	2	2.4%	2	0.2%	11	4.5%	4	1.6%	8	1.5%	27	1.4%
Asian	10	12.0%	1	0.1%	3	1.2%	5	2.0%	8	1.5%	27	1.4%
Black or African American	8	9.6%	37	4.4%	57	23.2%	21	8.6%	39	7.1%	162	8.2%
Native Hawaiian/Pacific Islander	0	0.0%	0	0.0%	6	2.4%	4	1.6%	8	1.5%	18	0.9%
White	50	60.2%	28	3.3%	107	43.5%	22	9.0%	89	16.2%	296	15.0%
Other	13	15.7%	44	5.2%	48	19.5%	43	17.6%	68	12.3%	216	11.0%
Unknown/Not Reported	0	0.0%	745	88.1%	40	16.3%	146	59.6%	331	60.1%	1,262	64.0%
Primary Language												
English	83	100.0%	82	9.7%	121	49.2%	75	30.6%	107	19.4%	468	23.7%
Non-English	0	0.0%	0	0.0%	5	2.0%	2	0.8%	3	0.5%	10	0.5%
Unknown/Not Reported	0	0.0%	764	90.3%	120	48.8%	168	68.6%	441	80.0%	1,493	75.7%
Sexual Orientation												
Gay or Lesbian	2	2.4%	7	0.8%	4	1.6%	18	7.3%	41	7.4%	72	3.7%
Heterosexual or Straight	80	96.4%	42	5.0%	190	77.2%	22	9.0%	22	4.0%	356	18.1%
Bisexual	1	1.2%	20	2.4%	4	1.6%	12	4.9%	48	8.7%	85	4.3%
Questioning or unsure	0	0.0%	1	0.1%	0	0.0%	5	2.0%	6	1.1%	12	0.6%
Queer	0	0.0%	0	0.0%	0	0.0%	1	0.4%	7	1.3%	8	0.4%
Another sexual orientation	0	0.0%	18	2.1%	0	0.0%	9	3.7%	46	8.3%	73	3.7%
Unknown/Not Reported	0	0.0%	758	89.6%	48	19.5%	178	72.7%	381	69.1%	1,365	69.3%
Current Gender Identity												
Male	17	20.5%	28	3.3%	104	42.3%	32	13.1%	33	6.0%	214	10.9%
Female	66	79.5%	30	3.5%	100	40.7%	9	3.7%	18	3.3%	223	11.3%
Transgender	0	0.0%	3	0.4%	0	0.0%	8	3.3%	33	6.0%	44	2.2%
Genderqueer	0	0.0%	1	0.1%	0	0.0%	1	0.4%	7	1.3%	9	0.5%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	3	1.2%	2	0.4%	5	0.3%
Another gender identity	0	0.0%	24	2.8%	0	0.0%	14	5.7%	78	14.2%	116	5.9%
Unknown/Not Reported	0	0.0%	760	89.8%	42	17.1%	178	72.7%	380	69.0%	1,360	69.0%
Veteran Status												
Yes	6	7.2%	0	0.0%	4	1.6%	3	1.2%	1	0.2%	14	0.7%
No	77	92.8%	131	15.5%	203	82.5%	142	58.0%	391	71.0%	944	47.9%
Decline to answer	0	0.0%	715	84.5%	39	15.9%	100	40.8%	159	28.9%	1,013	51.4%

*Some totals are higher than other categories as clients select multiple categories

Prevention and Early Intervention – Mental Health Promotion

Mental Health Promotion Program: "Mental Illness: It's not always what you think" project and speakers bureau has a large reach and targets messaging to multiple diverse communities in the Sacramento Region. To see samples of the diverse messaging, please visit the Stop Stigma webpage at https://www.stopstigmasacramento.org/about/collateral/.

Messaging is conducted across multiple mediums and advertising placements, including TV, radio, online, and outdoor. Examples of the Stop Stigma advertising can be found on the MHSA FY2024-25 and 2025-26 Two-Year Plan at https://dhs.saccounty.gov/BHS/Documents/Reports--Workplans/MHSA-Reports-and-Workplans/RT-2024-25--2025-26-MHSA-Two-Year-Plan.pdf.

In addition to printed messaging, MHSA has funded a number of diverse public service announcements that are in-language and are specific to each of the project's communities of focus. The Project's YouTube channel contains several Public Service Announcements and other videos available for viewing. For additional information, visit the Stop Stigma Sacramento YouTube page at https://www.youtube.com/@StopStigmaSacramento/videos.

Prevention and Early Intervention- Time Limited Community Driven Grants

Every Time-Limited Community Driven PEI Grant program and activity is in alignment with the following PEI priorities: childhood trauma prevention and early intervention to deal with the early origins of mental health needs; youth outreach and engagement strategies that target secondary school and transition age youth, with a priority on partnership with college mental health programs; culturally competent and linguistically appropriate prevention and intervention; and strategies targeting the mental health needs of older adults (WIC § 5840.7).

The Time-Limited Community Driven PEI Grant program is administered by California Mental Health Services Authority (CalMHSA), a Joint Powers of Authority, on behalf of Sacramento County. Mid FY 22/23, CalMHSA released a second round PEI Grant program application Process. Twenty-seven (27) community-based agencies' applications were awarded. In FY 2024-25 those twenty-seven programs served 6,835 participants in the community. The charts below provides a comprehensive breakdown of data.

PREVENTION AND EARLY INTERVENTION - TIME LIMITED GRANTS - FY 23/24																		
Characteristic	Agile Group		Be Love Holistic		Cal Voices		CA Black Women's Health Project		Coffee and Conversations Foundation		East Bay Asian Youth Center		Greater Sacramento Urban League		Health Education Council		Total	
	N= 107	%	N= 68	%	N= 119	%	N= 14	%	N= 218	%	N= 134	%	N= 53	%	N= 120	%	N= 833	%
Age Group																		
Children/Youth (0-15)	1	0.9%	0	0.0%	0	0.0%	0	0.0%	28	12.8%	45	33.6%	1	1.9%	0	0.0%	75	9.0%
TAY (16-25)	2	1.9%	1	1.5%	9	7.6%	1	7.1%	45	20.6%	88	65.7%	2	3.8%	0	0.0%	148	17.8%
Adults (26-59)	56	52.3%	64	94.1%	82	68.9%	10	71.4%	112	51.4%	1	0.7%	44	83.0%	117	97.5%	486	58.3%
Older Adults (60+)	48	44.9%	3	4.4%	28	23.5%	3	21.4%	33	15.1%	0	0.0%	6	11.3%	3	2.5%	124	14.9%
Unknown/Not Reported	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Ethnicity																		
Hispanic or Latino	4	3.7%	1	1.5%	20	16.8%	0	0.0%	17	7.8%	28	20.9%	0	0.0%	32	26.7%	102	12.2%
Non-Hispanic/Non-Latino	97	90.7%	61	89.7%	90	75.6%	14	100.0%	171	78.4%	99	73.9%	49	92.5%	87	72.5%	668	80.2%
Other	0	0.0%	0	0.0%	0	0.0%	0	0.0%	29	13.3%	0	0.0%	0	0.0%	0	0.0%	29	3.5%
More than one ethnicity	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Unknown/Not Reported	6	5.6%	6	8.8%	9	7.6%	0	0.0%	0	0.0%	7	5.2%	4	7.5%	1	0.8%	33	4.0%
Race																		
White	2	1.9%	0	0.0%	39	32.8%	0	0.0%	5	2.3%	1	0.7%	0	0.0%	9	7.5%	56	6.7%
Black or African American	101	94.4%	65	95.6%	32	26.9%	14	100.0%	181	83.0%	12	9.0%	52	98.1%	1	0.8%	458	55.0%
Asian	1	0.9%	0	0.0%	15	12.6%	0	0.0%	7	3.2%	89	66.4%	0	0.0%	1	0.8%	113	13.6%
American Indian or Alaska Native	1	0.9%	2	2.9%	2	1.7%	0	0.0%	10	4.6%	0	0.0%	0	0.0%	0	0.0%	15	1.8%
Native Hawaiian or other Pacific Islander	0	0.0%	0	0.0%	0	0.0%	0	0.0%	3	1.4%	0	0.0%	0	0.0%	0	0.0%	3	0.4%
More than one race	0	0.0%	0	0.0%	4	3.4%	0	0.0%	1	0.5%	0	0.0%	0	0.0%	0	0.0%	5	0.6%
Other	2	1.9%	0	0.0%	20	16.8%	0	0.0%	6	2.8%	32	23.9%	0	0.0%	106	88.3%	166	19.9%
Unknown/Not Reported	0	0.0%	1	1.5%	7	5.9%	0	0.0%	5	2.3%	0	0.0%	1	1.9%	3	2.5%	17	2.0%
Primary Language																		
English	105	98.1%	68	100.0%	108	90.8%	14	100.0%	202	92.7%	112	83.6%	53	100.0%	2	1.7%	664	79.7%
Spanish	0	0.0%	0	0.0%	1	0.8%	0	0.0%	3	1.4%	5	3.7%	0	0.0%	34	28.3%	43	5.2%
Vietnamese	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	1.5%	0	0.0%	0	0.0%	2	0.2%
Cantonese	0	0.0%	0	0.0%	2	1.7%	0	0.0%	0	0.0%	4	3.0%	0	0.0%	0	0.0%	6	0.7%
Russian	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Hmong	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	9	6.7%	0	0.0%	0	0.0%	9	1.1%
Arabic	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Other	2	1.9%	0	0.0%	8	6.7%	0	0.0%	11	5.0%	2	1.5%	0	0.0%	84	70.0%	107	12.8%
Unknown/Not Reported	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.9%	0	0.0%	0	0.0%	0	0.0%	2	0.2%
Sexual Orientation																		
Heterosexual or Straight	99	92.5%	55	80.9%	81	68.1%	13	92.9%	139	63.8%	98	73.1%	5	9.4%	95	79.2%	585	70.2%
Gay or Lesbian	0	0.0%	0	0.0%	5	4.2%	1	7.1%	2	0.9%	7	5.2%	0	0.0%	0	0.0%	15	1.8%
Bisexual	1	0.9%	6	8.8%	7	5.9%	0	0.0%	8	3.7%	9	6.7%	0	0.0%	0	0.0%	31	3.7%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Queer	0	0.0%	5	7.4%	2	1.7%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	7	0.8%
Another sexual orientation	2	1.9%	2	2.9%	8	6.7%	0	0.0%	36	16.5%	2	1.5%	0	0.0%	24	20.0%	74	8.9%
Unknown/Not Reported	5	4.7%	0	0.0%	16	13.4%	0	0.0%	33	15.1%	18	13.4%	48	90.6%	1	0.8%	121	14.5%
Current Gender Identity																		
Female	79	73.8%	68	100.0%	91	76.5%	14	100.0%	144	66.1%	67	50.0%	14	26.4%	1	0.8%	478	57.4%
Male	28	26.2%	0	0.0%	23	19.3%	0	0.0%	68	31.2%	61	45.5%	34	64.2%	119	99.2%	333	40.0%
Transgender	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.7%	0	0.0%	0	0.0%	1	0.1%
Genderqueer	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Another gender identity	0	0.0%	0	0.0%	4	3.4%	0	0.0%	1	0.5%	2	1.5%	0	0.0%	0	0.0%	7	0.8%
Unknown/Not Reported	0	0.0%	0	0.0%	1	0.8%	0	0.0%	5	2.3%	3	2.2%	5	9.4%	0	0.0%	14	1.7%
Veteran Status																		
Yes	7	6.5%	1	1.5%	3	2.5%	1	7.1%	5	2.3%	0	0.0%	2	3.8%	0	0.0%	19	2.3%
No	100	93.5%	67	98.5%	116	97.5%	13	92.9%	213	97.7%	134	100.0%	51	96.2%	120	100.0%	814	97.7%
Unknown/Not Reported	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%

PREVENTION AND EARLY INTERVENTION - TIME LIMITED GRANTS - FY 23/24																		
Characteristic	Healthy Community Forum for the Greater Sacramento Region dba Sacramento Covered		International Rescue Committee		Iu Mien Community Services		Justice Teams Network		La Familia Counseling Center		Lao Family Community Development, Inc.		Mental Health California		Musical Instruments n' Kids Hands		Total	
	N= 446	%	N= 92	%	N= 187	%	N= 3	%	N= 1,816	%	N= 441	%	N= 2	%	N= 8	%	N= 2,995	%
Age Group																		
Children/Youth (0-15)	0	0.0%	4	4.3%	129	69.0%	0	0.0%	1	0.1%	50	11.3%	0	0.0%	8	100.0%	192	6.4%
TAY (16-25)	38	8.5%	20	21.7%	58	31.0%	0	0.0%	21	1.2%	64	14.5%	0	0.0%	0	0.0%	201	6.7%
Adults (26-59)	390	87.4%	61	66.3%	0	0.0%	2	66.7%	618	34.0%	315	71.4%	2	100.0%	0	0.0%	1,388	46.3%
Older Adults (60+)	18	4.0%	7	7.6%	0	0.0%	1	33.3%	1,176	64.8%	12	2.7%	0	0.0%	0	0.0%	1,214	40.5%
Unknown/Not Reported	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Ethnicity																		
Hispanic or Latino	90	20.2%	18	19.6%	37	19.8%	3	100.0%	1,784	98.2%	6	1.4%	0	0.0%	6	75.0%	1,944	64.9%
Non-Hispanic/Non-Latino	347	77.8%	63	68.5%	138	73.8%	0	0.0%	24	1.3%	434	98.4%	2	100.0%	2	25.0%	1,010	33.7%
Other	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
More than one ethnicity	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Unknown/Not Reported	9	2.0%	11	12.0%	12	6.4%	0	0.0%	8	0.4%	1	0.2%	0	0.0%	0	0.0%	41	1.4%
Race																		
White	166	37.2%	37	40.2%	21	11.2%	0	0.0%	10	0.6%	101	22.9%	0	0.0%	0	0.0%	335	11.2%
Black or African American	161	36.1%	3	3.3%	59	31.6%	0	0.0%	3	0.2%	0	0.0%	0	0.0%	2	25.0%	228	7.6%
Asian	12	2.7%	19	20.7%	3	1.6%	0	0.0%	8	0.4%	0	0.0%	0	0.0%	0	0.0%	42	1.4%
American Indian or Alaska Native	9	2.0%	0	0.0%	54	28.9%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	63	2.1%
Native Hawaiian or other Pacific Islander	0	0.0%	0	0.0%	8	4.3%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	9	0.3%
More than one race	4	0.9%	2	2.2%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	6	0.2%
Other	72	16.1%	22	23.9%	38	20.3%	3	100.0%	1,763	97.1%	340	77.1%	2	100.0%	4	50.0%	2,244	74.9%
Unknown/Not Reported	22	4.9%	9	9.8%	4	2.1%	0	0.0%	31	1.7%	0	0.0%	0	0.0%	2	25.0%	68	2.3%
Primary Language																		
English	437	98.0%	66	71.7%	168	89.8%	0	0.0%	24	1.3%	2	0.5%	0	0.0%	3	37.5%	700	23.4%
Spanish	6	1.3%	7	7.6%	8	4.3%	3	100.0%	1,781	98.1%	6	1.4%	0	0.0%	5	62.5%	1,816	60.6%
Vietnamese	0	0.0%	0	0.0%	2	1.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.1%
Cantonese	1	0.2%	0	0.0%	2	1.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	3	0.1%
Russian	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Hmong	1	0.2%	0	0.0%	2	1.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	3	0.1%
Arabic	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Other	1	0.2%	18	19.6%	3	1.6%	0	0.0%	7	0.4%	433	98.2%	2	100.0%	0	0.0%	464	15.5%
Unknown/Not Reported	0	0.0%	1	1.1%	2	1.1%	0	0.0%	4	0.2%	0	0.0%	0	0.0%	0	0.0%	7	0.2%
Sexual Orientation																		
Heterosexual or Straight	420	94.2%	59	64.1%	92	49.2%	3	100.0%	1,798	99.0%	22	5.0%	0	0.0%	0	0.0%	2,394	79.9%
Gay or Lesbian	5	1.1%	1	1.1%	11	5.9%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	17	0.6%
Bisexual	8	1.8%	2	2.2%	25	13.4%	0	0.0%	0	0.0%	1	0.2%	0	0.0%	0	0.0%	36	1.2%
Questioning or unsure	0	0.0%	0	0.0%	13	7.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	13	0.4%
Queer	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Another sexual orientation	0	0.0%	8	8.7%	12	6.4%	0	0.0%	17	0.9%	418	94.8%	1	50.0%	0	0.0%	456	15.2%
Unknown/Not Reported	13	2.9%	22	23.9%	34	18.2%	0	0.0%	1	0.1%	0	0.0%	1	50.0%	8	100.0%	79	2.6%
Current Gender Identity																		
Female	86	19.3%	55	59.8%	103	55.1%	2	66.7%	1,298	71.5%	239	54.2%	1	50.0%	0	0.0%	1,784	59.6%
Male	355	79.6%	30	32.6%	52	27.8%	1	33.3%	518	28.5%	202	45.8%	1	50.0%	0	0.0%	1,159	38.7%
Transgender	0	0.0%	1	1.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.0%
Genderqueer	0	0.0%	0	0.0%	1	0.5%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.0%
Questioning or unsure	0	0.0%	0	0.0%	6	3.2%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	6	0.2%
Another gender identity	0	0.0%	0	0.0%	13	7.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	13	0.4%
Unknown/Not Reported	5	1.1%	6	6.5%	12	6.4%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	8	100.0%	31	1.0%
Veteran Status																		
Yes	15	3.4%	0	0.0%	0	0.0%	0	0.0%	7	0.4%	0	0.0%	0	0.0%	0	0.0%	22	0.7%
No	431	96.6%	92	100.0%	187	100.0%	3	100.0%	1809	99.6%	441	100.0%	2	100.0%	8	100.0%	2,973	99.3%
Unknown/Not Reported	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%

PREVENTION AND EARLY INTERVENTION - TIME LIMITED GRANTS - FY 23/24																		
Characteristic	NAMI, Sacramento		Nation's Finest		ONTRACK, Program Resources		Opening Doors, Inc.		Project Optimism		Public Health Institute - Center for Collaborative Planning		Sacramento LGBT Center		Sacramento Youth Center		Total	
	N= 144	%	N= 180	%	N= 140	%	N= 104	%	N= 585	%	N= 39	%	N= 171	%	N= 61	%	N= 1,424	%
Age Group																		
Children/Youth (0-15)	0	0.0%	0	0.0%	0	0.0%	4	3.8%	585	100.0%	0	0.0%	7	4.1%	18	29.5%	614	43.1%
TAY (16-25)	2	1.4%	0	0.0%	29	20.7%	23	22.1%	0	0.0%	39	100.0%	75	43.9%	42	68.9%	210	14.7%
Adults (26-59)	95	66.0%	0	0.0%	104	74.3%	76	73.1%	0	0.0%	0	0.0%	76	44.4%	0	0.0%	351	24.6%
Older Adults (60+)	47	32.6%	0	0.0%	7	5.0%	1	1.0%	0	0.0%	0	0.0%	13	7.6%	0	0.0%	68	4.8%
Unknown/Not Reported	0	0.0%	180	100.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	1.6%	181	12.7%
Ethnicity																		
Hispanic or Latino	9	6.3%	0	0.0%	10	7.1%	87	83.7%	135	23.1%	12	30.8%	20	11.7%	13	21.3%	286	20.1%
Non-Hispanic/Non-Latino	126	87.5%	0	0.0%	115	82.1%	13	12.5%	419	71.6%	21	53.8%	101	59.1%	33	54.1%	828	58.1%
Other	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
More than one ethnicity	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Unknown/Not Reported	9	6.3%	180	100.0%	15	10.7%	4	3.8%	31	5.3%	6	15.4%	50	29.2%	15	24.6%	310	21.8%
Race																		
White	103	71.5%	0	0.0%	0	0.0%	3	2.9%	77	13.2%	10	25.6%	79	46.2%	0	0.0%	272	19.1%
Black or African American	9	6.3%	0	0.0%	129	92.1%	3	2.9%	309	52.8%	14	35.9%	33	19.3%	41	67.2%	538	37.8%
Asian	19	13.2%	0	0.0%	0	0.0%	10	9.6%	16	2.7%	2	5.1%	13	7.6%	10	16.4%	70	4.9%
American Indian or Alaska Native	1	0.7%	0	0.0%	7	5.0%	0	0.0%	8	1.4%	4	10.3%	8	4.7%	0	0.0%	28	2.0%
Native Hawaiian or other Pacific Islander	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.6%	2	3.3%	3	0.2%
More than one race	0	0.0%	0	0.0%	0	0.0%	0	0.0%	14	2.4%	0	0.0%	16	9.4%	0	0.0%	30	2.1%
Other	4	2.8%	0	0.0%	2	1.4%	7	6.7%	77	13.2%	5	12.8%	0	0.0%	7	11.5%	102	7.2%
Unknown/Not Reported	8	5.6%	180	100.0%	2	1.4%	81	77.9%	84	14.4%	4	10.3%	21	12.3%	1	1.6%	381	26.8%
Primary Language																		
English	144	100.0%	0	0.0%	140	100.0%	12	11.5%	569	97.3%	36	92.3%	160	93.6%	60	98.4%	1,121	78.7%
Spanish	0	0.0%	0	0.0%	0	0.0%	85	81.7%	7	1.2%	0	0.0%	2	1.2%	0	0.0%	94	6.6%
Vietnamese	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Cantonese	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Russian	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Hmong	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Arabic	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Other	0	0.0%	0	0.0%	0	0.0%	7	6.7%	7	1.2%	0	0.0%	8	4.7%	1	1.6%	23	1.6%
Unknown/Not Reported	0	0.0%	180	100.0%	0	0.0%	0	0.0%	2	0.3%	3	7.7%	1	0.6%	0	0.0%	186	13.1%
Sexual Orientation																		
Heterosexual or Straight	94	65.3%	0	0.0%	123	87.9%	9	8.7%	94	16.1%	17	43.6%	20	11.7%	46	75.4%	403	28.3%
Gay or Lesbian	13	9.0%	0	0.0%	0	0.0%	0	0.0%	1	0.2%	2	5.1%	43	25.1%	0	0.0%	59	4.1%
Bisexual	7	4.9%	0	0.0%	7	5.0%	0	0.0%	0	0.0%	5	12.8%	25	14.6%	4	6.6%	48	3.4%
Questioning or unsure	2	1.4%	0	0.0%	0	0.0%	0	0.0%	2	0.3%	2	5.1%	17	9.9%	1	1.6%	24	1.7%
Queer	2	1.4%	0	0.0%	0	0.0%	0	0.0%	10	1.7%	0	0.0%	17	9.9%	0	0.0%	29	2.0%
Another sexual orientation	15	10.4%	0	0.0%	2	1.4%	0	0.0%	1	0.2%	8	20.5%	31	18.1%	3	4.9%	60	4.2%
Unknown/Not Reported	11	7.6%	180	100.0%	8	5.7%	95	91.3%	477	81.5%	5	12.8%	18	10.5%	7	11.5%	801	56.3%
Current Gender Identity																		
Female	94	65.3%	0	0.0%	110	78.6%	52	50.0%	315	53.8%	15	38.5%	33	19.3%	31	50.8%	650	45.6%
Male	26	18.1%	0	0.0%	22	15.7%	20	19.2%	268	45.8%	18	46.2%	27	15.8%	29	47.5%	410	28.8%
Transgender	1	0.7%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	42	24.6%	0	0.0%	43	3.0%
Genderqueer	2	1.4%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	5	2.9%	0	0.0%	7	0.5%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	2.6%	4	2.3%	0	0.0%	5	0.4%
Another gender identity	15	10.4%	0	0.0%	7	5.0%	0	0.0%	2	0.3%	5	12.8%	42	24.6%	0	0.0%	71	5.0%
Unknown/Not Reported	6	4.2%	180	100.0%	1	0.7%	32	30.8%	0	0.0%	0	0.0%	18	10.5%	1	1.6%	238	16.7%
Veteran Status																		
Yes	2	1.4%	0	0.0%	3	2.1%	0	0.0%	0	0.0%	0	0.0%	3	1.8%	0	0.0%	8	0.6%
No	142	98.6%	0	0.0%	137	97.9%	104	100.0%	585	100.0%	39	100.0%	168	98.2%	61	100.0%	1,236	86.8%
Unknown/Not Reported	0	0.0%	180	100.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	180	12.6%

PREVENTION AND EARLY INTERVENTION - TIME LIMITED GRANTS - FY 23/24								
Characteristic	Sac Youth Mental Health		Safe Black Space		World Relief		Total	
	N= 1,315	%	N= 76	%	N= 192	%	N= 1,583	%
Age Group								
Children/Youth (0-15)	0	0.0%	0	0.0%	0	0.0%	0	0.0%
TAY (16-25)	0	0.0%	4	5.3%	3	1.6%	7	0.4%
Adults (26-59)	0	0.0%	59	77.6%	154	80.2%	213	13.5%
Older Adults (60+)	0	0.0%	13	17.1%	35	18.2%	48	3.0%
Unknown/Not Reported	1,315	100.0%	0	0.0%	0	0.0%	1,315	83.1%
Ethnicity								
Hispanic or Latino	0	0.0%	1	1.3%	0	0.0%	1	0.1%
Non-Hispanic/Non-Latino	0	0.0%	74	97.4%	192	100.0%	266	16.8%
Other	0	0.0%	0	0.0%	0	0.0%	0	0.0%
More than one ethnicity	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Unknown/Not Reported	1,315	100.0%	1	1.3%	0	0.0%	1,316	83.1%
Race								
White	0	0.0%	0	0.0%	149	77.6%	149	9.4%
Black or African American	0	0.0%	73	96.1%	0	0.0%	73	4.6%
Asian	0	0.0%	0	0.0%	0	0.0%	0	0.0%
American Indian or Alaska Native	0	0.0%	1	1.3%	0	0.0%	1	0.1%
Native Hawaiian or other Pacific Islander	0	0.0%	0	0.0%	0	0.0%	0	0.0%
More than one race	0	0.0%	1	1.3%	0	0.0%	1	0.1%
Other	0	0.0%	0	0.0%	43	22.4%	43	2.7%
Unknown/Not Reported	1,315	100.0%	1	1.3%	0	0.0%	1,316	83.1%
Primary Language								
English	0	0.0%	76	100.0%	0	0.0%	76	4.8%
Spanish	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Vietnamese	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Cantonese	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Russian	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Hmong	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Arabic	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Other	0	0.0%	0	0.0%	192	100.0%	192	12.1%
Unknown/Not Reported	1,315	100.0%	0	0.0%	0	0.0%	1,315	83.1%
Sexual Orientation								
Heterosexual or Straight	0	0.0%	59	77.6%	0	0.0%	59	3.7%
Gay or Lesbian	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Bisexual	0	0.0%	2	2.6%	0	0.0%	2	0.1%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Queer	0	0.0%	5	6.6%	0	0.0%	5	0.3%
Another sexual orientation	0	0.0%	8	10.5%	1	0.5%	9	0.6%
Unknown/Not Reported	1,315	100.0%	2	2.6%	191	99.5%	1,508	95.3%
Current Gender Identity								
Female	0	0.0%	51	67.1%	171	89.1%	222	14.0%
Male	0	0.0%	14	18.4%	0	0.0%	14	0.9%
Transgender	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Genderqueer	0	0.0%	1	1.3%	0	0.0%	1	0.1%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Another gender identity	0	0.0%	8	10.5%	0	0.0%	8	0.5%
Unknown/Not Reported	1,315	100.0%	2	2.6%	21	10.9%	1,338	84.5%
Veteran Status								
Yes	0	0.0%	1	1.3%	0	0.0%	1	0.1%
No	0	0.0%	75	98.7%	192	100.0%	267	16.9%
Unknown/Not Reported	1,315	100.0%	0	0.0%	0	0.0%	1,315	83.1%

CRITERION 3

COUNTY MENTAL HEALTH SYSTEM

STRATEGIES AND EFFORTS FOR REDUCING RACIAL, ETHNIC, CULTURAL, AND LINGUISTIC MENTAL HEALTH DISPARITIES

Rationale: "Striking disparities in mental health care are found for racial and ethnic populations. Racial and ethnic populations have less access to and availability of mental health services, these communities are less likely to receive needed mental health services, and when they get treatment they often receive poorer quality of mental health care. Although they have similar mental health needs as other populations, they continue to experience significant disparities, if these disparities go unchecked they will continue to grow and their needs continue to be unmet..." (U.S. Department of Health and Human Services, Surgeon General Report, 2001).

Note: The purpose of this section is to use this CCPR Modification (2010) as a logic model by continuing the analyses from Criterion 2 and to correlate the county's defined disparities with targeted activities to address them.

The county shall include the following in the CCPR Modification (2010):

I. **List the target populations with disparities your county identified in Medi-Cal and all MHSA components (CSS, WET, and PEI)**

   A. Briefly describe the process and rationale the county used to identify and target the population(s) (with disparities) in its PEI population.

II. **List disparities in each of the populations with disparities(Medi-Cal, CSS, WET, and PEI).**

III. **List strategies for the Medi-Cal population as well as those strategies identified in the MHSA plans (CSS, WET, and PEI) for reducing those disparities described above.**

IV. **Discuss how the county measures and monitors activities/strategies for reducing disparities.**

V. **Share what has been working well and lessons learned through the process of the county's development and implementation of strategies that work to reduce disparities (within Medi-Cal, CSS, WET, and PEI).**

CRITERION 3

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

STRATEGIES AND EFFORTS FOR REDUCING RACIAL, ETHNIC, CULTURAL, AND LINGUISTIC MENTAL HEALTH DISPARITIES

I. List the target populations with disparities your county identified in Medi-Cal and all MHSA components (CSS, WET, and PEI)

A. Briefly describe the process and rationale the county used to identify and target the population(s) (with disparities) in its PEI population.

A response in provided in section II.

II. List disparities in each of the populations with disparities(Medi-Cal, CSS, WET, and PEI).

The following section answers both I. and II. Listing populations with disparities in Medi-Cal, Community Supports and System (CSS), Workforce Education and Training (WET), and Prevention and Early Intervention (PEI). Mental Health Plan (MHP) and Substance Use Prevention and Treatment (SUPT) data are reported separately because each has distinct staffing structures and demographic profiles. Separating the data allows for a more accurate representation of their differences.

Medi-Cal

Race/Ethnicity - The overall Medi-Cal population has a significantly higher percentage of Hispanic/Latino beneficiaries compared to both the MHP and SUPT (24.1% vs 12.4% and 11.1%), whereas the MHP serves a significantly higher percentage of African Americans (23.9% MHP vs 12.1% Medi-Cal Beneficiaries). Disparities are also apparent in the percent of Asian/Pacific Islanders served. The overall Medi-Cal population has a much higher number of Asian/Pacific Islanders compared to both the MHP and SUPT (12.3% vs 5.6% and 3.3%).

Community Services and Supports (CSS) – Full-Service Partnerships (FSP)

Race – Caucasians and African Americans are over-represented in FSP programs compared to the MHP population (Caucasian – 33.1% in FSP programs vs 30.4% in the MHP population and African American – 32.7% in FSP programs vs 23.9% in the MHP population). With that said, the majority (63.0%) of races served in FSPs are of a race other than Caucasian.

Age - Older adults are highly over-represented compared to the overall Medi-Cal beneficiaries in the MHP (18.5% vs. 3.8%). With older adults' higher level of needs, it makes sense that they are served in FSPs, especially in our older adult-specific program. The FSPs serve an array of age groups, but over half served (57.2%) in FY 2023-24 were adults ages, 26 to 59. Older adults are the next highest age group, served at 18.5%, followed by Transition Age Youth (TAY) at 17.9%. Clients ages, 0 to 15, represented the lowest percentage of the population served (6.5%), as many of our FSP partners focus on the adult and TAY populations.

Gender – There are fewer females served in FSPs compared to the MHP (45.1% vs 50.2% for MHP) whereas those receiving SUPT services are majority male (54.5%). The FSPs served a slightly higher percentage of males than females (54.9% vs 45.1%).

CSS – General System Development (GSD)

Gender – There are fewer females served in the GSD treatment programs compared to the MHP (43.4% vs 50.2%). There are also fewer males served (44.3% vs 49.2% MHP).

Age –Adults ages, 26 to 59, represent the highest percentage, 48.4% of those served in the GSD treatment programs and 82.3% in the GSP respite programs.

Race – The percentage of Caucasians (31.5% vs 30.4%) and Asian/Pacific Islander (7.5% vs 5.6%) served in GSD treatment programs were slightly higher compared to the overall MHP. African Americans were slightly lower (22.7% vs 23.9% MHP).

Ethnicity – The percentage of those identifying as Hispanic served by GSD treatment programs is higher than the overall MHP (24.7% vs 12.4%).

Primary Language - The majority of clients identified their primary language as English, 86.3% in GSD treatment programs and 89.1% in GSD respite programs. Primary language penetration rates were unable to be calculated due to the lack of available Medi-Cal data. However, we feel the inclusion of language data is important and will continue to explore ways to include language data in future plans.

Prevention and Early Intervention (PEI)

Demographics vary greatly, as each PEI program activity serves a defined group or age range. Example, Senior Link serves older adults,

while eVIBE serves school age children. Supporting Community Connections (SCC) serves many different unserved and underserved populations, including Asian/Pacific Islander; Iu Mien; African American; Latino/Spanish-Speaking; American Indian/Alaska Native/Indigenous; Russian/Ukrainian; Arabic speaking; Farsi speaking; and Afghan Community as well as Transition-Age Youth (TAY); older adults; and clients. Because of the uniqueness of each PEI program, comparisons cannot be made in relation to the overall MHP or overall Medi-Cal population.

III. List strategies for the Medi-Cal population as well as those strategies identified in the MHSA plans (CSS, WET, and PEI) for reducing those disparities described above.

Sacramento County's MHSA plans are integrated into our overall mental health system. MHSA funds are used to leverage other funding where feasible. The following table displays all relevant programs along with their implementation status, and demonstrates Sacramento County's efforts to reach the unserved, underserved, and inappropriately served populations in the county.

FY 2024-25 MHSA Funded Programs		
Program Type	**Program Name**	**Implementation Status**
Community Services and Supports (CSS)		
Full Service Partnerships	Sierra Elder Wellness Program	Fully Implemented
	Transcultural Wellness Center	Fully Implemented
	Permanent Supportive Housing Program	(5) Fully Implemented
	Sacramento Outreach Adult Recovery (SOAR)	Fully Implemented
	Integrated Services Agency	Fully Implemented
	Juvenile Justice Diversion and Treatment Program	Fully Implemented
	Transition Age Youth	Fully Implemented
	Family Wellness Center	Fully Implemented
	Outpatient Assisted Services and Integration Support (OASIS)	Fully Implemented
	Transformative, Healing, Renewing, Inclusive, Voice, Empowerment (THRIVE) FSP	Fully Implemented
	Adult Residential Treatment	Fully Implemented
	Certified Peer Support-Leadership Liaison	Fully Implemented

FY 2024-25 MHSA Funded Programs		
Program Type	**Program Name**	**Implementation Status**
General System Development	Adult Psychiatric Support Services	Fully Implemented
	Peer Partners	Fully Implemented
	Consumer & Family Voice	Fully Implemented
	Client and Family Voice including SAFE Program	Fully Implemented
	Community Outreach Recovery Empowerment (CORE)	(11) Fully Implemented
General System Development	Mental Health Urgent Care	Fully Implemented
	Mental Health Crisis Respite Center	Fully Implemented
	Abiding Hope Respite House	Fully Implemented
	Crisis Residential Programs	Fully Implemented
	Consultation Support and Engagement Teams	Fully Implemented
	Flexible Integrated Treatment	(16) Fully Implemented
Prevention and Early Intervention (PEI)		
Suicide Prevention	Suicide Crisis Line	Fully Implemented
	ED Follow-up Postvention Services	Fully Implemented
	Suicide Bereavement Support Groups and Grief Services	Fully Implemented
	Supporting Community Connections	(12) Fully Implemented
	Community Support Team	Fully Implemented
	Co-Response Crisis Intervention Team	Fully Implemented
	Crisis Navigation Program	Fully Implemented
	Caregiver Crisis Intervention Respite Program	Fully Implemented
	Rejuvenation Haven	Fully Implemented
	The Ripple Effect Respite Program	Fully Implemented
	Q-Spot Youth/Transition Age Youth Respite Program	Fully Implemented
	Lambda Lounge Adult Mental Health Respite Program	Fully Implemented
Strengthening	Quality Child Care Collaborative	Fully Implemented
	CPS/MH Team	Fully Implemented
	Bullying Prevention Education and Training Program	Fully Implemented
	Youth Mental Health First Aid	Fully Implemented
	Early Violence Begins with	Fully Implemented

FY 2024-25 MHSA Funded Programs		
Program Type	**Program Name**	**Implementation Status**
Families	Education (eVIBE)	
	Adoptive Families Respite Program	Fully Implemented
	The Source	Fully Implemented
	Safe Zone Squad	Fully Implemented
	Youth Help Network	Fully Implemented
	Student Mental Health and Wellness Collaborative	Fully Implemented
Integrated Health and Wellness	SeniorLink	Fully Implemented
	Sacramento Early Diagnosis and Preventative Treatment (SacEDAPT)	Fully Implemented
	Community Responsive Wellness Program for the Black Communities of Sacramento	Fully Implemented
PEI- Mental Health Promotion Campaign	Multi-Media Outreach	Fully Implemented
	Speakers Bureau	Fully Implemented
	Community Outreach	Fully Implemented
	Community Engagement	Fully Implemented
	Mental Health Matters	Fully Implemented
Workforce Education and Training (WET)		
Training & Stipends	High School Training	Fully Implemented
	Psychiatric Residents and Fellowships	Fully Implemented
	Multidiscipline Workforce Recruitment and Retention	Implemented
	Consumer Leadership Stipends	Fully Implemented
	Systemwide Training Continuum	Fully Implemented
	Loan Repayment Programs	(2) Fully Implemented
SUPT		
SUPT: Treatment Services	Residential Services for Youth	To Be Implemented: September 2025
SUPT: Opioid Remediation Activities	Omni Youth Programs (Omni) conducted opioid remediation activities for Afghanistan/Middle East, Asian/Pacific Island, Hispanic, Hmong, Native American, Russian, Ukraine, Deaf and Hard of Hearing, transitional-age youth/college students, and faith communities.	Fully Implemented

FY 2024-25 MHSA Funded Programs		
Program Type	**Program Name**	**Implementation Status**
SUPT: Opioid Remediation Activities	Public Health Institute (PHI) enhanced and expanded the See Her Bloom: Elevating Opioid Treatment Options for Black Women social media campaign. The goal is to increase awareness, trust, and linkage to treatment services, especially medication-assisted treatment to mitigate harm from opioid use and misuse among Black women.	Fully Implemented
	Correctional Health- Substance Use Education and Medication Assisted Treatment (MAT) Services for incarcerated individuals.	Fully Implemented
	Safer Alternatives through Networking and Education (SANE)- Expanded Naloxone Access and Education and MAT for BIPOC, LGBTQ+, homeless, and other diverse, vulnerable populations.	Fully Implemented
	Metro Fire- Narcan Leave Behind Program, MAT Services, Prevention and Youth Education, Narcan + AED Integration for Public Access and Dispatch Awareness, and Responsible Resource Management.	Fully Implemented
Innovation		
Innovation – Project 5 Forensic	Community Justice Support Program	Fully Implemented
Innovation - Project 6	allcove™ Sacramento	Implemented
Innovation - Project 7	Community-Defined Mental Wellness Practices for the African American/Black/African Descent Unhoused	In Development

Please see Appendices 1-3 for the BHS Integrated Services Continuum of Child and Family Mental Health, the Adult Mental Health Service Continuums and the SUPT Continuum. These include all programs and services, regardless of funding source.

For a description of each MHSA-funded program, please refer to the MHSA FY 2024-25 & 2025-26 Two-Year Plan webpage on the BHS webpage: https://dhs.saccounty.gov/BHS/Pages/MHSA/Plans-and-Updates/GI-MHSA-FY2024-25-and-2025-26-Two-Year-Plan.aspx.

BHS strives to have culturally sensitive and responsive programming throughout our integrated system. Below are examples of BHS programs immersed in community engagement strategies to achieve culturally responsive and sensitive programming and outreach.

Community Support Team (CST): In August 2024, CST staff conducted outreach to over 250 community members at Hmong Youth and Parents United, the Highlands Community Charter School Back-to-School Resource Fair, and the Nation's Finest Resource Fair. CST disseminated CST brochures in all threshold languages, CST flyers, CST referral forms, CST resource brochures and swag, including bags, water bottles, lanyards, stress balls and magnets. Throughout the first half of 2025, CST staff conducted ongoing outreach efforts to over 1,000 community members at various events, including the GCC Community Summit, Mack Elementary Resource Fair, Sacramento County LADAP Launch Event, Nation's Finest Mental Health Fair, Valley High School 17th Annual Health and Fitness Expo, Pleasant Grove High School, Mini Stand Down Event at McClellan Air Force Base, and Mental Health Matters Day.

Community Wellness Response Team (CWRT): CWRT participated in 28 outreach events to provide education and information about suicide prevention and CWRT's in-person crisis response team services. CWRT also participated at an Employment Outreach event at the NAACP Job Fair to promote and disseminate information about employment opportunities within Sacramento County DHS BHS programs.

CWRT is an active member of Youth Suicide Prevention Response Network which encompasses primary schools through high schools in the Sacramento County area. CWRT reached out to American River College, Sacramento State University and Rosa Parks School, Mack and COA Elementaries, and Sacramento City Unified School District to provide information on suicide prevention services and Substance Use Prevention and Treatment Programs (SUPT) as well as share employment opportunities within Sacramento County. CWRT also attended a Speak Out event at North Natomas library with Families of Loves Ones Who Committed Suicide.

CWRT participated in several events at Golden One Center during the Sacramento Kings basketball season. A CWRT Mental

Health Clinician was featured on the Jumbotron speaking about our services and promoting 988, the National Life Crisis and Suicide Prevention Line.

CWRT also began a series of filming staff and creating a promotional video that was shared on Sacramento County's CWRT website and articles featured in the County's newsletters.

Community Assistance, Recovery, and Empowerment (CARE) Court Community Listening Session: Prior to the implementation of the CARE Court program in Sacramento County, the Department of Health Services, Behavioral Health Services (BHS) hosted a virtual community listening session on October 22, 2024. The session provided an opportunity for community members and service providers to share concerns and offer feedback on the CARE Court process and available resources, as outlined in Senate Bill (SB) 1338.

During the session, BHS shared updates on the program's implementation progress and community engagement efforts. Based on input received, BHS developed a Frequently Asked Questions (FAQ) document, which was published on the CARE Court website, a subsection of the BHS Court and Justice Involved Programs website to ensure ongoing transparency and accessibility for the public.

Sacramento County BHS Screening and Coordination (BHS-SAC): BHS-SAC hosted several public forums to educate community and BHS commissions on the integration of the MH ACCESS Team and Substance Use Disorder System of Care for Adults. Prior to the integration, members were linked to two separate access programs. The integrated access program is called BHS-SAC and provides a centralized approach to linking members to both mental health and substance use services. The public forums discussing the integration introduced the streamlined service model under CalAIM, going live on January 1, 2025, improving access to both mental health and substance use treatment services across Sacramento County.

BHS-SAC holds weekly meetings with local substance use treatment providers, creating space for collaborative dialogue on the integration process. The gatherings help build stronger partnerships, promoted shared understanding, and supported more coordinated service delivery for residents.

To increase public visibility and community trust, BHS-SAC staff participated in outreach at a Sacramento Kings game by hosting a resource table. This high-traffic event allowed staff to connect with residents, distribute educational materials, and promote the

integrated call center and behavioral health services in an accessible, informal setting.

Flexible Integrated Treatment (FIT): FIT providers employ a diverse multicultural and multilingual workforce that mirrors the community that they serve. Providers tailor engagement services to meet the needs of the community working with trusted community partners to reduce barriers and stigma. This includes printed and non-printed materials, culturally appropriate office artwork and culturally appropriate therapeutic interventions. FIT providers continuously engage in continuing education and training to ensure a high level of culturally responsive and sensitive programming.

Youth Help Network (YHN): Youth Help Network is a short term, 90-day, outreach and engagement program serving youth all over Sacramento County from 16 years old to their 26th birthday. YHN meets with youth in-person or virtually, utilizing social media to engage and educate Sacramento County youth. They help youth assess needs from housing, workforce, mental health, socialization and more. YHN recently launched their own app called "Capital Star Youth Connect" to further engage youth, allowing them to readily access resources and directly chat with staff. Within the program itself, YHN has staff that can engage with youth in: Hindi, Punjabi, Urdu, Spanish, Mandarin, and Hmong.

"Mental Illness: It's not always what you think" Project: The Mental Health Promotion Program: "Mental Illness: It's not always what you think" project and Stop Stigma Sacramento Speakers Bureau has a large reach and targets messaging to multiple diverse communities in the Sacramento region. For a complete selection of diverse messaging, visit the webpage at https://www.stopstigmasacramento.org/about/collateral/.

Messaging is conducted across multiple mediums and advertising placements, including TV, radio, online, and outdoor. For more examples, please review the MHSA FY 2024-25 & 2025-26 Two-Year Plan report on the BHS webpage: https://dhs.saccounty.gov/BHS/Pages/MHSA/Plans-and-Updates/GI-MHSA-FY2024-25-and-2025-26-Two-Year-Plan.aspx

In addition to printed messaging, MHSA funds several diverse public service announcements which can be found on the Stop Stigma Sacramento YouTube channel: StopStigmaSacramento - YouTube.

Additional highlights of community outreach efforts for FY2024-25 include:

- Expanded communications efforts for Journey of Hope in October, resulting in increased participation and exhibition attendance.
- Refreshed the project's website with updated imagery from the latest photoshoot, modernized language, and added new stories from the Speakers Bureau.
- Redesigned all in-language tip cards and launched a dedicated webpage to improve accessibility and visibility.
- Coordinated four pop-ups for Mental Health Awareness Month (May) to engage with the community and reached over 3.5 thousand Sacramento County residents.

MHSA Engagement: Through Sacramento County's MHSA Community Program Planning Processes (CPP), MHSA has engaged community members, specifically our diverse cultural communities, in providing input and feedback relating to incorporating effective community defined practices into MHSA-funded programming and projects. Additionally, our Mental Health Plan (MHP) programs track cultural responsiveness and now our Substance Use Prevention and Treatment (SUPT) programs are prioritizing cultural responsiveness. Examples of specific strategies focused on specific cultural communities are outlined below.

Moving forward with BHSA CPP, BHS will continue these engagement efforts. New requirements have increased the number of stakeholders that are to be included in the CPP, and BHS continues to highly value direct input from consumers and family member/caretakers of consumers as well as community-based organizations serving culturally and linguistically diverse constituents.

Unhoused Outreach and Engagement: Sacramento County's seventh MHSA Innovation Project (INN7) launched a phased approach in June of 2024. Phase 1 included more outreach for input with the focus population: African American/Black/African Descent (AA/B/AD) unhoused and at risk of becoming unhoused individuals. In order to reach these individuals, BHS conducted two types of outreach: direct outreach and engagement through trusted community sites.

Direct outreach consisted of visiting local unsheltered encampments, shelters for the unhoused, and sidewalk outreach. These community members were offered incentives to speak with the BHS team, which were selected by a Behavioral Health Peer Specialist on BHS's

Homeless Engagement And Response Team (HEART). Incentive items included monthly transit passes, all terrain collapsible wagons, solar chargers, hygiene items, and more. They were asked survey questions pertaining to their experiences with County services and how they would prefer to be served. All community members were offered the incentive items and were asked to engage in the survey questions, and a demographics survey was also collected to identify remarks from the AA/B/AD community. The BHS team was able to complete ten (10) of these outreach outings.

Trusted community sites were identified in earlier community conversations with the AA/B/AD community. Other sites were identified as closely connected with the focus population as the direct outreach progressed. These sites were offered a $2500 sponsorship to host a Focus Group with the focus population. In these Focus Groups, participants were offered food and gift cards to participate in the same survey questions for the project. Community sites hosted a total of thirteen (13) focus groups for INN7.

Altogether, BHS was able to engage 154 unhoused/at risk of becoming unhoused individuals who identified as AA/B/AD and was able to utilize their invaluable input to build the project.

Substance Use Treatment, Overdose Prevention, Education, and Awareness: BHS is currently collaborating with the California Overdose Prevention Network on an intentional plan to meet the needs of the Asian and Pacific Islander (API) community, including the lu Mien population in Sacramento County. Targeted outreach efforts initially included providing education about substance use and opioids through engaging community elders in enjoyable activities such as myths/facts and trivia games. To enhance outreach and engagement efforts to decrease substance use stigma as well as to increase awareness and support around accessing available resources to address substance use, BHS has established partnerships with the following organizations and groups that serve the API community:

- Sacramento County Opioid Coalition
- lu Mien Community Services
- Asian Resources Inc.
- My Sister’s House
- Health and Life Organizations
- Multicultural Festival and lu Mien Festival

- Sacramento Cultural and Linguistic Center
- Sacramento County Asian Pacific Islander Caucus (APIC)
- Lunar New Year 2025 Community Event
- ACC Programs Open House- Celebrating AAPI Heritage & Senior Wellness

Figure 1: Sacramento County Behavioral Health Services outreach table. Items on table include resources, Narcan boxes, and giveaways.

Additionally, BHS staff attended Guam's Annual Behavioral Health and Addiction Conference. The conference included training sessions on providing culturally responsive services for LGBTQ Pacific Islanders, promoting equity and inclusion for Pacific Islanders, rediscovering a culture-centered approach to preventing substance misuse, and addressing addiction within Pacific Islander families.

BHS continues to outreach to the AA/B/AD community and participated in the following events providing overdose prevention and awareness education:

- The African American Healing Network monthly meetings
- The African American Caucus Planning Meeting
- allcove Youth Program Event
- Stephon Clark Fentanyl Awareness Event
- Youth Advocacy Showcase
- AAC Black History Month Luncheon Event
- Impact Sacramento Event
- Broadway International Festival
- Neighborhood Wellness Foundation (NWF) outreach
- Kwanzaa Celebration Event

- Liberty Towers Narcan Training
- NTTAC Event-One Community in Blackness
- New Home Church Event
- Mission Baptist Church Event
- Black History Month Event
- Juneteenth Event
- Roberts Family Development Center (RFDC) Parenting Night
- MLK Event
- Pride
- Get Lifted Movie Screening

Additional community outreach and education events include the following events, across numerous diverse communities, providing overdose prevention and awareness education:

- La Familia Career Fair
- National Night Out in Oak Park Community
- Fall Night Market
- International Day Against Abuse and Illicit Trafficking
- Operation Elf
- CPS LGBTQ+ Wellness Foundation
- Senior Pride LGBTQ+ Resource Fair
- Oak Park Faith Community Meeting
- Greater Grace Church Drug Awareness & Overdose Prevention Event
- Mental Health Resource Fair
- H. Allen High Elementary School in Natomas Unified School District
- CPS Resource Family Event
- Excelsior Market Event
- Sacramento Afghan Support Center Community Resource Fair
- First Step Communities – River District Health Fair
- Indkerum High School Event
- CARS ABHPC Regional Training
- Cultural Competency with Russian and Ukrainian Speaking Community Training
- Fentanyl High Movie Screening Event
- Izaya Michael Fentanyl Awareness Event
- Community Academy Outreach Cultural Fair
- ACAC Resource Fair
- Victory Outreach
- Safetyville Event

BHS has a standing agenda item, titled "REACHING DIVERSE

COMMUNITIES" for the Sacramento County Opioid Coalition and Sacramento County Methamphetamine Coalition meetings. BHS has continued to expand the Gone Too Soon project to be very intentional in including individuals from diverse backgrounds.

Figure 2: Documentary series from Safer Sacramento initiative blog, called the "The Ripple Effect."

BHS has continued to expand the Safer Sacramento initiative with the introduction of a new blog series, The Ripple Effect. This nine-part documentary highlights the severe impact of the fentanyl crisis in the U.S., with a particular focus on Sacramento County. The Ripple Effect features personal stories from AA/B/AD and Hispanic families affected by this crisis. Additionally, Safer Sacramento has launched a new Safer Sacramento Youth website, offering a welcoming and inclusive online space dedicated to mental health, well-being, and substance use resources. For more information visit the Safer Sacramento website at http://www.safersacramento.com.

Additionally, the Sacramento County Healthy Beginnings website has been designed to include images of diverse populations, aimed at promoting a healthy and safe environment for Sacramento County's families and children through outreach and education for professionals and community members, addressing perinatal substance use prevention and intervention. For more information visit the Sacramento County Healthy Beginning website www.sachealthybeginnings.com.

At the August 2024 Fentanyl Awareness Summit, a panel on "Reaching Diverse Communities," with a focus on the Latino community, tribal community, and the LGBTQ+ homeless youth community discussed their perspective regarding fentanyl.

BHS continues to collaborate with CPS on the Embracing Equality for Early Intervention Family Treatment Court (EIFTC) Families; this is a grant-funded program to add Cultural Brokers to the EIFTC program to provide culturally specific support to the AA/B/AD families involved in EIFTC.

Figure 3: Omni Youth Programs presenting to Dari and Arab communities at Refugee Enrichment and Development Association (REDA).

This year, Omni Youth Programs, continued to empower local, hard-to-reach communities through community-led prevention efforts. In November 2024, Omni Youth Programs partnered with the Refugee Enrichment and Development Association to host a "Health and Wellness Fair" specifically for the Arab and Afghan communities. The fair featured workshops in Dari and Arabic and attracted participation from adults and youth within these communities.

In February 2025, Omni Youth Programs, kicked off their fifth multi-part Cultural Orientation Series titled "Working Effectively with Diverse Cultures: One Size Does Not Fit All" focusing on the Deaf and Hard of Hearing population. The panelists for the training included Eduardo Cardenas Jr, a passionate advocate for youth drug prevention.

In March 2025, Omni Youth Programs hosted their “Youth Opioid Prevention Event for all Deaf and ASL Families and Communities”. This event featured a “Hidden in Plain Sight” interactive exhibit, information sessions on opioid prevention, and a screening of the deaf movie.

Figure 4: Youth participants from Twin River Unified School District.

In April 2025, Omni Youth Programs partnered with Twins River Unified School District to host a bilingual family event for students and families from Pacific Career and Tech High School and Vista Nueva Career and Tech High School. The event featured opioid prevention workshops for youth and parents, with live Spanish translation. Following the workshops, families enjoyed a dinner, and all materials were provided in Spanish.

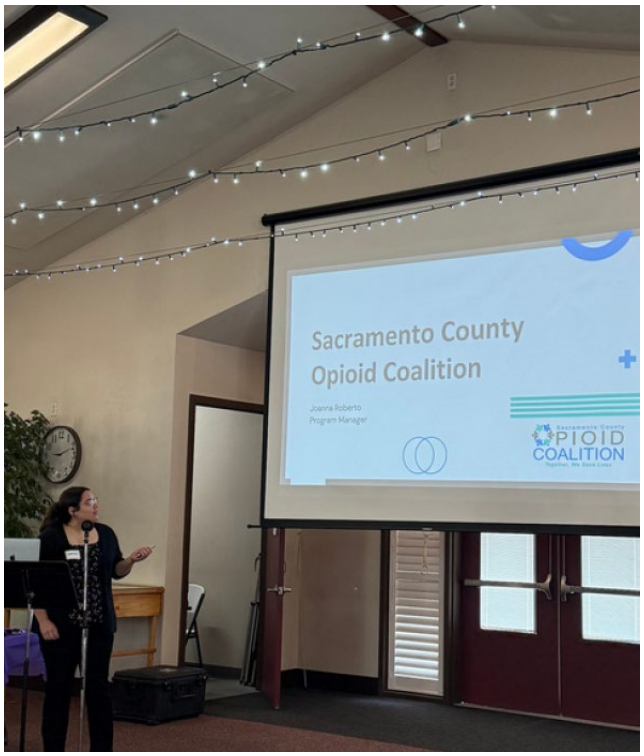


Figure 5: Presentation from Omni Youth Programs and the Sacramento County Opioid Coalition at the "KNOW Opioids Addiction and Spirituality Conference."

In May 2025, Omni Youth Programs and the Sacramento County Opioid Coalition partnered with Elevate Church, El Dorado Federated Church, Yancy Recovery Services, and other dedicated organizations to host the "KNOW Opioids Addiction and Spirituality Conference." Faith leaders from across Sacramento gathered to provide information and resources on opioid prevention, with a focus on better supporting immigrant and refugee communities.

In collaboration with Arrive Alive, BHS conducted assemblies at schools throughout the County to educate diverse youth about the dangers of Fentanyl use as well as other trending substances.

BHS staff, along with several of the contracted Medication Assisted Treatment (MAT) providers, continue to participate in the monthly Project ECHO (Enhancing Community Health Outcomes) clinical training programs. These programs aim to enhance the delivery of culturally responsive, evidenced-based treatment for opioid and stimulant use disorder.

In May 2025, BHS attended the DHCS Advance Behavioral Health Prevention California Action Lab Regional Training. This training

provided valuable insights and perspectives from prevention professionals and community members, aimed at strengthening prevention efforts and community resilience, particularly for 2SLGBTQ+ populations, Latino/a/x communities, and BIPOC populations.

Sacramento County's Let's Talk Meth website has been redesigned to include pictures of diverse populations. This website includes drug education, resources, and support for individuals struggling with methamphetamine addiction. To learn more, visit the Sacramento County Let's Talk Meth Website https://letstalkmeth.org/resources/support-groups/.

This webpage includes support group resources such as:

- Alcohol Anonymous
- Cocaine Anonymous
- Narcotics Anonymous
- LifeRing Secular Recovery California Meetings
- Celebrate Recovery® Christ-Centered 12-Step Groups
- In The Rooms – Online Recovery Meetings
- Marijuana Anonymous
- Reddit Recovery
- Self-Management and Recovery Training (SMART) Recovery
- Sobergrid
- Refuge Recovery
- Sacramento Native American Health Center Recovery Services
- Soberistas
- Sober Recovery
- Harm Reduction Services

Homeless Outreach Program - Point in Time: The Homeless Outreach Program has continued to improve outreach to diverse cultural communities to increase access to services.

The most recent Sacramento County Point in Time (PIT) homeless count in 2024 indicated Black and American Indian/Alaska Native individuals are disproportionately represented in the population experiencing homelessness. Blacks/African Americans are disproportionately represented in the County's homeless population (33% vs 9% of Sacramento County) and American Indian/Alaska Native individuals are also overrepresented within Sacramento County (1.9% vs. 0.3% of Sacramento County). This mirrors national trends. For more information regarding this report, visit

Sacramento Steps Forward webpage at https://sacramentostepsforward.org/continuum-of-care-point-in-time-pit-count/2024-point-in-time-count/.

BHS is working to address these disparities as referenced in an earlier section discussing MHSA Innovation Component Project 7 Plan (INN7): Community-Defined Mental Wellness Practices for the AA/B/AD Unhoused.

BHS is currently seeking approval from the Board of Supervisors to work with trusted community partners on a culturally and community-driven program designed to meet the behavioral health needs of the AA/B/AD community who are at risk of or experiencing homelessness within Sacramento County.

BHS's Homeless Engagement and Response Team (HEART) continues to partner with the City of Sacramento through a formal partnership agreement established in December 2022, to focus efforts within city limits where the most recent PIT indicated that over 60% of homelessness was concentrated.

Additionally, BHS implemented the Behavioral Health Bridge Housing Program (BHBH), which provides short- and mid-term sheltering options to help individuals experiencing homelessness with serious mental illness (SMI) and/or substance use disorder (SUD) transition into long-term housing. BHS collaborated with organizations to address the needs of those who are over-represented and or underserved in the local homeless population as indicated in the most recent PIT count. Visit the BHS Webpage for additional information on Bridge Housing at https://dhs.saccounty.gov/BHS/Pages/Behavioral-Health-Bridge-Housing.aspx.

IV. Discuss how the county measures and monitors activities/ strategies for reducing disparities.

The County tracks demographics and penetration rates by language, culture, age and gender that informs planning strategies.
BHS continues to be mindful of zip codes identified in the pilot BHREC as under resourced and listed those zip codes in the Innovation 7 project explained in the above section.

Additionally, BHS initiated a Latino/Latinx/Latine/Hispanic (L/LX/LE/H) Behavioral Health Racial Equity Collaborative (BHREC) in FY 2023-24 in partnership with the community to develop a better

understanding of barriers that may be preventing community members from accessing BHS services and strategies for mitigating these barriers. For a description of additional efforts relating to the FY 2024-25 L/LX/LE/H BHREC, please see the response to V. below.

V. Share what has been working well and lessons learned through the process of the county's development and implementation of strategies that work to reduce disparities (within Medi-Cal, CSS, WET, and PEI).

The work to reduce disparities is ongoing. BHS tracks demographics and penetration rates and consults with advocates and peer mentors to develop community informed solutions. PEI Supporting Community Connections (SCC) programs have developed relationships with cultural brokers in underserved communities. SCC Programs include cultural and linguistic expertise in:

- Arabic, Cantonese, Spanish, Hmong, Mien, Vietnamese, Russian, Ukrainian, Farsi, Dari, and Pashto.
- Transition Age Youth (TAY) especially LGBTQ+ and current or former foster youth, Older Adults, and Clients.

Outreach and referrals are being tracked to determine if that is improving our penetration rates in underserved communities. An example of what is working well is outreach to the community through both word-of-mouth outreach conducted by trusted cultural brokers and community members and the dissemination of flyers for our community input events that have been translated into our threshold languages. Outreach is conducted by BHS in partnership with our Supporting Community Connections programs and PEI respite programs, all of whom have trusted relationships with the communities they serve. For FY 2024-25, BHS programs and providers participated in 833 events, reaching 262,079 individuals in Sacramento County. Please see **Appendix 14** for a compiled Outreach Log from MHP providers, SUPT providers and PEI providers as well as the county operated programs.

BHS offers real time captioning for virtual events to accommodate Hard of Hearing individuals who may not have specifically requested this during their registration. BHS also provides interpreters for the languages requested by registrants, which included American Sign Language. Examples of the community input flyers include but are not limited to, Community Wellness Response Team and Assisted Outpatient Treatment (AOT).

- For example, visit the Community Wellness Response Team

flyer weblink at https://dhs.saccounty.gov/BHS/Pages/Community-Wellness-Response-Team.aspx.

- For example, visit the AOT weblink at https://dhs.saccounty.gov/BHS/Pages/Laura%27s-Law-AOT-Community-Input.aspx.

Given the low penetration rates within our BHS specialty mental health and SUPT services for the API and Hispanic/Latinx communities, BHS is continuing to work in partnership with cultural brokers and community members in order to improve access for community members. BHS continues the robust work in partnership with the community to design culturally and linguistically appropriate messages that promote hope and wellness and decrease stigma around mental illness for the diverse communities within our county that also experience lower penetration rates.

Latino/Latinx/Latine/Hispanic BHREC: Sacramento County established the Behavioral Health Racial Equity Collaborative in response to heightened awareness of structural racism and racial inequities following the murder of George Floyd in 2020. The County partnered with California Institute for Behavioral Health Solutions (CIBHS) to launch the initial BHREC, which focused on the Black/African American/African Descent community in Sacramento County. In 2023, the County then launched a new Collaborative, using the BHREC structure to engage the County's Latino/Latine/Latinx/Hispanic communities.

Each BHREC is facilitated by a planning team made up of County staff and CIBHS staff and consultants and guided by a Steering Committee that includes County staff (18) and community representatives (15). The Steering Committee advises the BHREC planning team to ensure that BHREC activities meet the community's needs. Steering Committee meetings were held monthly from July through October 2024 in advance of onboarding BHREC providers.

Sixteen BHS Providers (MH and SUPT) who serve the community of focus participated in the Learning Collaborative starting in January 2025. BHREC participation is voluntary. In recent years, Sacramento County has begun implementing equity-related incentives for behavioral health providers. BHREC participation can contribute to qualifying for incentive payments.

Participating BHREC providers attended learning sessions facilitated by subject matter experts and community leaders. They also

collected, reported, and reviewed data for BHREC collective impact measures identified by the Steering Committee and planning team. In Fiscal Year 2024-25, the Latino/Latine/Latinx/Hispanic BHREC focused on collaborative planning, provider recruitment, and foundational learning.

Dates of Leaning Collaboratives Meetings	Topics Discussed
January 22, 2025 (Kickoff)	Testimonials and Feedback Themes from Community Readiness Model and Driver Diagram
February 25, 2025	Introduction to Continuous Quality Improvement (CQI)
March 4, 2025	Change Ideas to Increase Trust with the Community, Outreach and Communication, and Stigma Reduction
April 1, 2025	Process Improvement Implementation: Defining Practice Change Ideas
May 6, 2025	Building Practices with Community: A Co-Production Approach
June 3, 2025	Cultural Alignment and Trust Building

Prior to launching the Latino/Latine/Latinx/Hispanic BHREC, Sacramento County, CIBHS, and Behavioral Health Data Project (BHDP) engaged the Latino/Latine/Latinx/Hispanic community in Sacramento County to understand their needs and perspectives. They used the Community Readiness Model, an evidence-based framework that allows community descriptions of their understanding and experiences with behavioral health to be converted into a concrete readiness stage and appropriate action steps to improve the way the community is served. The feedback provided from the Latino/Latine/Latinx/Hispanic community indicated that the community was in a Pre-planning stage and that the goal of initial BHREC activities should be to raise awareness related to behavioral health with concrete ideas for how to improve service delivery to the community.

Systemwide Community Outreach and Engagement Committee: Systemwide Community Outreach and Engagement Committee (SCOEC) has been meeting bi-monthly during FY24-25. The participants include representatives from the following

agencies: Sacramento LGBT Community Center, OMNI Youth Program, Refugee Enrichment and Development Association, Cal Voices, Hope Cooperative, Heartland Child and Family Services, Asian Resources, Inc., Children's Receiving Home of Sacramento, World Relief, and Hmong Parents and Youth United. The committee activities included several presentations from organizations serving API communities, including Fentanyl Epidemic and Narcan Distribution Resources by BHS SUPT, Hmong Youth and Parents United programs and resources, Sacramento LGBT Community Center programs and resources, and Muslim-American Society – Social Services Foundation, Shifa for Today program and resources. The committee also developed and distributed a culturally responsive Self-Care Activity designed for API community.

CRITERION 4

COUNTY MENTAL HEALTH SYSTEM

CLIENT/FAMILY MEMBER/COMMUNITY COMMITTEE: INTEGRATION OF THE COMMITTEE WITHIN THE COUNTY MENTAL HEALTH SYSTEM

Rationale: A culturally competent organization views responsive service delivery to a community as a collaborative process that is informed and influenced by community interests, expertise, and needs. Services that are designed and improved with attention to community needs and desires are more likely to be used by patients/consumers, thus leading to more acceptable, responsive, efficient, and effective care (CLAS, Final Report).

I. **The county has a Cultural Competence Committee, or similar group that addresses cultural issues, has participation from cultural groups, that is reflective of the community, and integrates its responsibilities into the mental health system.**

The county shall include the following in the CCPR Modification (2010):

A. **If so, briefly describe the committee or other similar group (organizational structure, frequency of meetings, functions, and role). If the committee or similar group is integrated with another body (such as a Quality Improvement Committee), The so inclusive committee shall demonstrate how cultural competence issues are included in committee work.**

B. **If so, briefly describe how the committee integrates with the county mental health system by participating in and reviewing MHSA planning process.**

CRITERION 4

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

CLIENT/FAMILY MEMBER/COMMUNITY COMMITTEE: INTEGRATION OF THE COMMITTEE WITHIN THE COUNTY MENTAL HEALTH SYSTEM

I. **The county has a Cultural Competence Committee, or similar group that addresses cultural issues, has participation from cultural groups, that is reflective of the community, and integrates its responsibilities into the mental health system.**

The county shall include the following in the CCPR Modification (2010):

A. **If so, briefly describe the committee or other similar group (organizational structure, frequency of meetings, functions, and role). If the committee or similar group is integrated with another body (such as a Quality Improvement Committee), The so inclusive committee shall demonstrate how cultural competence issues are included in committee work.**

Please refer to section B for a response to question A.

B. **If so, briefly describe how the committee integrates with the county mental health system by participating in and reviewing MHSA planning process.**

The following is a response to questions A and B.

The Cultural Competence Committee (CCC) is included in the Sacramento County Phase II Consolidation of Medi-Cal Specialty Mental Health Services Plan and is described as a sub-committee of the Quality Improvement Committee. From the beginning, membership was an open process in which a balance was maintained of clients and family members, community members, community-based organizations (CBOs), and county and contract provider line staff and management, all of whom were reflective of the diverse LGBTQ, cultural, linguistic, racial, and ethnic communities of Sacramento County. Meetings are open to everyone. Agenda design allows for inclusion of off-agenda items. Membership is assessed for changing demographics and/or gaps

and new membership is solicited. This process was formalized in 2010 when the CCC membership, along with the Mental Health Board and the MHSA Steering Committee were disaggregated to assess diversity in the annual Human Resource Survey.

Maintaining its advisory/oversight role, in 2000 the CCC sanctioned an ad hoc committee devoted to planning for the first Latino Behavioral Health Week during the third week of September of that year. The success of that planning effort led to the establishment of the System-wide (System-wide Committee) Community Outreach and Engagement Committee in 2002. This committee functions as a working committee to plan and execute tailored outreach activities based on data highlighting disparities in cultural, racial, and ethnic communities. This includes penetration rates reviewed by the CCC. Members of the committee generally represent individuals who have skills and interests in developing and staffing outreach activities and have ties in the community. In January of 2024, the CCC re-started the System-wide Community Outreach and Engagement Committee (SWCOEC), after taking a break during and after COVID-19 pandemic (referenced in Criterion 3, Section V).

After analyzing penetration rates for Behavioral Health Services in Sacramento County, the committee has decided to focus on outreach efforts to Asian Pacific Islander community members, as data shows the lowest penetration rates in that community when it comes to mental health and substance use, prevention and treatment services. The CCC meets monthly and SWCOEC meets every other month, with some members serving on both committees. Please see **CCC Roster (Appendix 06)**. BHS has continued to integrate the work of the System-wide Committee within the work of the CCC. The CCC takes seriously its charge to ensure that the behavioral health system follows a systemic, systematic, and strategic approach to eliminating disparities for cultural, racial, and ethnic communities in a system that practices and promotes a stance of cultural humility at all levels. The CCC believes that the system should be sensitive and responsive to diversity and cultural issues throughout the system at the policy, administrative/executive, and service level and is committed in its role to advise on issues that support these beliefs.

The CCC is a task-oriented committee that assists and advises the behavioral health system to implement culturally and linguistically competent practices and services through oversight of the CCP. The following domains outline the charge of the committee and set the

parameters for goals and objectives:

- Governance and organizational infrastructure (CCP plan development, policy development and review of accountability structures)
- Impacting service and supports
- Meaningful involvement in planning activities and continuous quality improvement
- Community collaboration
- Communication
- Workforce development

To support the efforts of the CCC and convey the goals, objectives, and new initiatives of the Committee to the Substance Use Prevention and Treatment (SUPT) service system, a Program Planner continues to serve as the liaison between the SUPT service system and the CCC. The Program Planner serves on the CCC and participates in the monthly meetings. The SUPT Program Planner provides cultural competence updates at the weekly SUPT Administration Meeting, which includes the Division Manager, Program Manager, other Program Planners, Program Coordinators, and administrative/clerical staff. Additionally, "Cultural Competence Update" is a standing agenda item for the monthly SUPT Executive Director Meeting, which includes all contracted prevention and treatment providers and County SUPT staff.

The CCC, chaired by the Cultural Competence and Ethnic Services Manager, assists BHS with ensuring sustained community member involvement from diverse cultural, racial, and ethnic community members during the various community planning processes. CCC members often encourage diverse community members to participate in BHS-sponsored community planning processes. BHS presents the draft MHSA Three Year Plan and subsequent draft MHSA Annual Updates to the CCC to receive their collective comment and input prior to finalization, Board of Supervisors approval, and submission to DHCS and Commission for Behavioral Health (formerly MHSOAC). All MHSA Three Year Plans and Annual Updates contain information about all Sacramento County MHSA component work plans, programs, and activities. When MHSA funded programs and activities are procured (i.e., Request for Applications or Proposals [RFA/RFP]), BHS always includes at least one cultural competence representative on all competitive bid evaluation processes to support culturally and linguistically responsive service design and delivery. Finally, one voting member

seat on the MHSA Steering Committee is occupied by a cultural competence subject matter expert recommended by the CCC. In addition to the designated seat, several CCC members have also served as MHSA Steering Committee members and two CCC members have served on the MHSA Steering Committee Executive Committee in the past. The charge of the MHSA Steering Committee is to make MHSA-funded program recommendations to BHS.

These are some examples of CCC accomplishments this year:

- CCC members have been providing feedback, suggestions, and other contributions to the 2024 Cultural Competence Plan.
- SUPT gave a presentation to the CCC entitled Fentanyl Epidemic and Narcan Distribution Resources and CCC members provided feedback to SUPT regarding related efforts to decrease Fentanyl overdoses in Sacramento County.
- CCC provided feedback to BHS regarding co-production (a partnership between community members and organizations in which both groups work collaboratively to design, deliver and evaluate services or initiatives that affect the community).
- BHS Homeless Engagement and Response Team (HEART) presented to the CCC about their program and resources and provided feedback on how to better outreach to unhoused community members.
- Sacramento Steps Forward provided a presentation to CCC about their programs and resources.
- OMNI Youth Services presented to CCC about their programs for diverse communities and gathered feedback on how they can collaborate with other agencies represented in CCC.
- CCC continues to provide feedback to the "Mental Illness: It's not always what you think" project. This time the Stop Stigma Speakers Bureau provided an update on Journey of Hope event and asked for assistance in reaching diverse communities.
- CCC members worked together to share resources for LGBTQ+ community members, including a presentation on a Two-Spirit workshop and other resources for American Indian / Alaska Native / Indigenous LGBTQ+ community members, and a presentation by Gender Health Center regarding resources for transgender community members.

- The CCC continues to open our meetings with Land and Labor Acknowledgements.
- The CCC provided collective comment for consideration (see attachment Appendix 07) regarding the Draft Mental Health Services Act (MHSA) Fiscal Year 2025/26 Annual Update. A member volunteered to present the collective comment about the Draft MHSA Fiscal Year 2025/26 Annual Update on behalf of the CCC at the public hearing on March 25, 2025.
- Behavioral Health Racial Equity Collaborative (BHREC) representatives for African American/Black/of African Descent Ad-Hoc Committee and Latino/ Latinx/ Latine/ Hispanic BHREC regularly report to the CCC and gather feedback from the committee.

CRITERION 5

COUNTY MENTAL HEALTH SYSTEM

CULTURALLY COMPETENT TRAINING ACTIVITIES

Rationale: Staff education and training are crucial to ensuring culturally and linguistically appropriate services. All staff will interact with clients representing different countries or origins, acculturation levels, and social and economic standing. Staff refers not only to personnel employed by the organization but also its subcontracted and affiliated personnel (CLAS), Final Report).

I. The county system shall require all staff and shall invite stakeholders to receive annual cultural competence training.

The county shall include the following in the Modification (2010):

A. The county shall develop a three-year training plan for required cultural competence training that includes the following: (The county may submit information from the county's WET plan provisions for training. The county shall describe how training efforts are integrated and can reasonably be expected to create and maintain a culturally competent workforce).

1. Steps the county will take to provide required cultural competence training to 100% of their staff over a three-year period.
2. How cultural competence has been embedded into all trainings.
3. A report list of annual training for staff, documented stakeholder invitation. Attendance by function to include: Administration/Management; Direct Services, Counties; Direct Services, Contractors, Support Services; Community Members/General Public; Community Event; Interpreters; Mental Health Board and Commissions; and Community- based Organizations/Agency Board of Director, and if available, include if they are clients and/or family members.

B. Annual cultural competence trainings topics shall include, but not be limited to the following:

1. Cultural Formulation;
2. Multicultural Knowledge;
3. Cultural Sensitivity;
4. Cultural Awareness; and
5. Social/Cultural Diversity (Diverse groups, LGBTQ, SES, Elderly, Disabilities, etc.)
6. Interpreter Training in Mental Health Settings; and
7. Training Staff in the Use of Mental Health Interpreters

Use the following format to report the previous requirement:

Training Event	Description of Training	How long and often	Attendance by Function	No. of Attendees and Total	Date of Training	Name of Presenter
Example						
Cultural Competence Introduction	*Overview of cultural competence issues in mental health treatment settings.*	*Four hours annually*	∗ *Direct Services* ∗ *Direct Services Contractors* ∗ *Administration* ∗ *Interpreters*	15 20 4 2 Total: 41	*1/24/10*	

II. Counties must have a process for the incorporation of Client Culture Training throughout the mental health system.

A. **The county shall include the following in the CCPR** Evidence of an annual training on Client Culture that includes a client's personal experience inclusive of racial, ethnic, cultural, linguistic, and relevant small county cultural communities. Topics for Client Culture training are detailed on page 18 of the CCPR (2010) from DMH Information Notice 10-02.

B. The training plan must also include, for children, adolescents, and transition age youth, the parent's and/or caretaker's personal experiences with the following:

1. Family focused treatment.
2. Navigating multiple agency services; and
3. Resiliency.

Use the following format to report the previous requirement:

Training Event	Description of Trainings	How long and often	Attendance by Function	No. of Attendees and Total	Date of Training	Name of Presenter
Example *Cultural Competence Introduction* **see Appendix 8 for complete list of training*	*Overview of cultural competence issues in behavioral health treatment settings.*	*Four hours annually*	• *Direct Services* • *Direct Services Contractors* • *Administration* • *Interpreters*	15 20 4 2 Total: 41	1/24/10	

CRITERION 5

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

CULTURALLY COMPETENT TRAINING ACTIVITIES

I. The county system shall require all staff and shall invite stakeholders to receive annual cultural competence training.

A. The county shall develop a three-year training plan for required cultural competence training that includes the following:

1. Steps the county will take to provide required cultural competence training to 100% of their staff over a three-year period.

Sacramento County Behavioral Health Services worked with California Institute for Behavioral Health Solutions (CIBHS) to develop a training tracking system for our county. Utilizing a new Learning Management System (LMS), Learning Cart, BHS supervisors and BHS contract providers submit the names and contact information for the staff involved with providing direct services, their supervisors, and administrative/leadership; these individuals are required to take the annual cultural competence training. The required staff and contractors each have profiles in the LMS and are assigned the required training, which can be monitored and tracked for completion. The LMS includes a mechanism to identify which staff members have not yet taken the training prompting CIBHS to send a reminder notice to the individual(s).

Sacramento County offered a training series in FY 2023-24 and FY 2024-25 focusing on cultural humility. Over the two years, Sacramento County provided five live (virtual) trainings, each two-hours in length. Below is the breakdown of attendance for FY 2023-24 and FY 2024-25:

Role[1]	Registered	Attended	Completed	Average % Complete[2]
Administration/Management	395	363 (91.9%)	140 (35.4%)	62.4%
Direct Services: County Staff	441	416 (94.3%)	256 (58.0%)	60.9%
Direct Services: Contractors	649	601 (92.6%)	290 (44.7%)	62.3%
Support Services	622	568 (91.3%)	247 (39.7%)	62.3%
MH or Alcohol and Drug Advisory Board and Commissions (client)	19	17 (89.5%)	8 (42.1%)	51.1%
MH or Alcohol and Drug Advisory Board and Commissions (family member)	2	2 (100%)	1 (50.0%)	40.0%
Community-Based Organizations/Agency Board of Directors (client)	46	41 (89.1%)	21 (45.7%)	62.0%
Community-Based Organizations/Agency Board of Directors (family member)	3	3 (100%)	1 (33.3%)	60.0%
Unsure/Unknown[3]	365	340 (93.2%)	162 (44.4%)	62.7%
TOTAL	**2,542**	**2,351 (92.5%)**	**1,126 (44.3%)**	**61.6%**

Total attendance at each training was calculated based on attendance records from Learning Cart4. Attendees could choose to attend each training live or watch the recording afterwards. 70% of attendees chose to attend the recorded sessions. Additionally, between 2% and 8% of attendees participated in both session formats per training. As is often the case, training attendance dropped as the series progressed, with almost 2,300 attendees for the first session gradually dropping to just over 1,300 attendees for last session. The figure above depicts training attendance and training format attended for each individual training.

[1] The numbers in this tables are calculated based on the unduplicated list of registered attendees in Learning Cart. Previous reports included the role of "Interpreter" but none were registered this year, so that role has been removed from reporting.

[2] For individuals who started but did not complete the training series

[3] Individuals designated as "Unsure/Unknown" either selected "Unsure" for this item when completing their Learning Cart profile or had not yet completed a Learning Cart profile.

[4] Individuals who attended both Live and Recorded sessions for a training were only counted once.

2. How cultural competence has been embedded into all trainings.

   We continue to embed cultural competence and humility in all training. The Cultural Competence Unit reviews the WET component embedded in the MHSA Annual Update and Workplans ensuring cultural competence are referenced in all training plans.

3. A report list of annual training for staff, documented community member invitation.

   We compile the list of cultural competence training from all the providers which contains information broken out by attendance and by function for each training – please reference the **FY 2024-25 Sacramento County BHS Training Log (Appendix 08)**. All the cultural competence trainings, including the Cultural Humility series and the Behavioral Health Interpreter Trainings are included in the Cultural Competence Training log using the format provided in the CCPR. In addition, copies of the Cultural Competence and Behavioral Health Interpreter training flyers/announcements and invitations can be found on the BHS website referenced below.

   - BH Interpreter Provider Training Flyer: https://dhs.saccounty.gov/BHS/Documents/BHREC/Interpreter%20Trainings/BH%20Interpreter%20Provider%20Training_Flyer%2003.25.24%203.26.24.pdf
   - BH Interpreter Training for Interpreter Flyer: https://dhs.saccounty.gov/BHS/Documents/BHREC/Interpreter%20Trainings/BH%20Interpreter%20Training%20for%20Interpreter_Flyer%20%2004.07.24%204.08.24.pdf

   The table below summarizes a total of 135 trainings conducted across Mental Health (MH) and Substance Use Prevention and Treatment (SUPT) categories, reaching 16,353 attendees. Cultural Competence was the most frequent and well-attended, with 98 trainings and 15,139 attendees.

FY 24-25 Training Types		
Training Types	**Total # of Trainings**	**Total # of Attendees**
MH - Cultural Competence	98	15139
MH - Family Focused - Youth	1	1
MH - Navigating Systems - Youth	2	157
MH - Recovery - Adult	3	43
MH - Resiliency - Youth	3	65
SUPT - Cultural Competence	11	516
SUPT - Family Focused - Youth	4	13
SUPT - Navigating Systems - Youth	3	253
SUPT - Recovery - Adult	10	166
SUPT - Resiliency - Youth	0	0
Total	**135**	**16,353**

Annual cultural competence trainings topics include:

1. Cultural Formulation;
2. Multicultural Knowledge;
3. Cultural Sensitivity;
4. Cultural Awareness; and
5. Social/Cultural Diversity (Diverse groups, LGBTQ, SES, Elderly, Disabilities, etc.).
6. Interpreter Training in Mental Health Settings
7. Training Staff in the Use of Mental Health Interpreters

Between April 2024 and September 2024, Sacramento County Behavioral Health Services with the California Institute for Behavioral Health Solutions (CIBHS) hosted five cultural humility training courses. The courses fulfill the County's annual training requirements under the Cultural Competence Plan for Fiscal Year 2023-24 and 2024-25. Participants could attend the courses live via Zoom at the time they were held, or they could watch a recording afterward.

Participants were required to attend or watch the recordings for each of the following sessions:

FY 2023-24 and FY 2024-25 Training Series		
Training	**Description**	**Time**
1.	Cultural Humility as a Framework in Advancing Justice, Equity, Diversity, and Inclusion	(2 Hours)
2.	Equity and Inclusion for People with Disabilities in Behavioral Health Services: Part 1 – Applying the Americans with Disabilities Act (ADA)	(2 Hours)
3.	Practicing Cultural Formulation *Required only for Clinical Teams	(2 Hours)
4.	Cultural Humility: Communities identifying as Transgender and Gender Diverse	(2 Hours)
5.	Equity and Inclusion for People with Disabilities in Behavioral Health Services: Part 2 - Cultural and Systemic Barriers and the Lived Experience	(2 Hours)

Behavioral Health Interpreter Training for Interpreters was offered in person this fiscal year. This intensive training is intended for bilingual staff who are fluent in English and at least one other language and who use their linguistic skills to provide interpreting services. This training is required for direct service staff, clinicians, administrative support staff, bilingual community members, contractors, clients, case management staff and others who are currently serving as language interpreters in either mental health and/or substance use prevention and treatment programs or who want to become interpreters. In addition to Behavioral Health Interpreter Training for Interpreters, one session of Behavioral Health Interpreter training for Monolingual Providers was provided virtually (via Zoom) as well. This workshop offers practitioners an opportunity to increase cross cultural communication in clinical interactions. Communicating with clients through language interpreters in clinical settings is discussed in this training. Strategies to improve communication and service delivery when working with a language interpreter are outlined and practiced. This training creates a structure for participants to understand the complex roles of the behavioral health interpreter.

Twenty participants attended Behavioral Health Interpreter Training for Interpreters (in-person), and seventeen participants attended Behavioral Health Interpreter Training for Monolingual Providers (virtual) during FY 2024-25.

II. Counties must have a process for the incorporation of Client Culture Training throughout the mental health system.

A. Evidence of an annual training on Client Culture that includes a client's personal experience inclusive of racial, ethnic, cultural, linguistic, and relevant small county cultural communities. Topics for Client Culture training are detailed on page 18 of the CCPR (2010) from DMH Information Notice 10-02.

Refer to the **Peer Empowerment Conference Summary Report** and **Program** (**Appendix 09 & Appendix 10**, respectively).

BHS continues to partner with Cal Voices to provide client culture training throughout the system. An excellent example is the Annual Peer Empowerment Conference. The Peer Empowerment Conference took place at Sacramento State University on May 30, 2025. There were 162 unique participants. This was the 29th annual conference.

The theme was "Building Community in Behavioral Health Services. "The program began with a warm welcome from Stephanie Ramos, Education Director at Cal Voices, followed by opening remarks from Dr. Ryan Quist, Behavioral Health Services Director for Sacramento County.

The morning featured a panel discussion on integrating peer support into clinical teams, where panelists shared insights on cultural shifts, the value of lived experience, and strategies for collaboration. The panel, moderated by Cal Voices Certified Peer Specialist Robert Salinas, included experts from UC Davis Health, HeartLand Child & Family Services, Hope Cooperative, and River Oak Center for Children.

Vesper Moore, COO of Kiva Centers, delivered a compelling presentation on preserving the civil rights roots of peer support. They emphasized the importance of maintaining peer values like self-determination and mutuality amidst growing institutionalizations.

Certified Peer Specialists Nicole Scanlan and Stephanie Ramos provided updates on the Certified Peer Support Specialist Leadership Liaison Program, highlighting recent achievements and goals.

A panel on engaging diverse communities through lived experience discussed the transformative power of culturally responsive peer work and the importance of trust-building in underserved populations.

The keynote delivered by Ebony Chambers McClinton, founder of Healing Grace Studios was “Rooted in Purpose, Rising in Power," and called for centering equity in peer support, uplifting marginalized voices, and recommitting to the movement’s original intent.

Closing remarks reinforced a collective commitment to advancing peer support as a powerful, justice-centered approach to behavioral health.

The 2025 Peer Support Conference successfully advanced the visibility, value, and community of peer support in Sacramento County. Through intentional programming, equity-centered dialogue, and logistical refinement, the event served as both a celebration and a strategic platform for progress. Cal Voices is committed to ensuring the 2026 conference is even more impactful and inclusive.

B. The training plan must also include, for children, adolescents, and transition age youth, the parent’s and/or caretaker’s, personal experiences with the following:

1. Family focused treatment.
2. Navigating multiple agency services; and
3. Resiliency.

All the training described above are included in FY 2024-25 Sacramento County BHS Training Log. The training log contains information about training with an emphasis on Family focused treatment; Navigating multiple agency services; and Resiliency. Training is intended to improve cultural responsiveness throughout the system. BHS and contracted service providers spent $828,694.38 on cultural competence trainings in FY 2024-25. Please refer to the FY 24-25 Training Types chart from I. A. 3 above to see the number of trainings attended per training type.

CRITERION 6

COUNTY MENTAL HEALTH SYSTEM

COUNTY'S COMMITMENT TO GROWING A MULTICULTURAL WORKFORCE: HIRING AND RETAINING CULTURALLY AND LINGUISTICALLY COMPETENT STAFF

Rationale: The diversity of an organization's staff is necessary, but not a sufficient condition for providing culturally and linguistically appropriate health care services. Although hiring bilingual individuals from different cultures does not in itself ensure that the staff is culturally competent and sensitive, this practice is a critical component to the delivery of relevant and effective services for all clients. Staff diversity at all levels of an organization can play an important role in considering the needs of clients from various cultural and linguistic backgrounds in the decisions and structures of the organization. (CLAS, Final Report).

I. **Recruitment, hiring, and retention of a multicultural workforce from, or experienced with, the identified unserved and underserved populations**

The county shall include the following in the CCPR Modification (2010):

A. Extract and attach a copy of the Mental Health Services Act (MHSA) workforce assessment submitted to DMH for the Workforce Education and Training (WET) component. Rationale: Will ensure continuity across the County Mental Health System.

B. Compare the WET Plan assessment data with the general population, Medi-Cal population, and 200% of poverty data. Rationale: Will give ability to improve penetration rates and eliminate disparities.

C. Provide a summary of targets reached to grow a multicultural workforce in rolling out county WET planning and implementation efforts.

D. Share lessons learned on efforts in rolling out county WET implementation efforts.

E. Identify county technical assistance needs.

CRITERION 6

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

COUNTY'S COMMITMENT TO GROWING A MULTICULTURAL WORKFORCE: HIRING AND RETAINING CULTURALLY AND LINGUISTICALLY COMPETENT STAFF

Rationale: The diversity of an organization's staff is necessary, but not a sufficient condition for providing culturally and linguistically appropriate health care services. Although hiring bilingual individuals from different cultures does not in itself ensure that the staff is culturally competent and sensitive, this practice is a critical component to the delivery of relevant and effective services for all clients. Staff diversity at all levels of an organization can play an important role in considering the needs of clients from various cultural and linguistic backgrounds in the decisions and structures of the organization. (CLAS, Final Report).

I. Recruitment, hiring, and retention of a multicultural workforce from, or experienced with, the identified unserved and underserved populations

A. Extract and attach a copy of the Mental Health Services Act (MHSA) workforce assessment submitted to DMH for the Workforce Education and Training (WET) component. Rationale: Will ensure continuity across the County Mental Health System.

The FY 2024-25 and 2025-26 MHSA Two-Year Plan includes Sacramento County's progress on WET activities and future plans.

For full details, the report can be accessed with the provided link: https://dhs.saccounty.gov/BHS/Documents/Reports--Workplans/MHSA-Reports-and-Workplans/RT-2024-25--2025-26-MHSA-Two-Year-Plan.pdf

B. Compare the WET Plan assessment data with the general population, Medi-Cal population, and 200% of poverty data. Rationale: Will give ability to improve penetration rates and eliminate disparities.

C. Provide a summary of targets reached to grow a multicultural workforce in rolling out county WET planning and implementation efforts.

The following includes responses from B – C:

Due to the very diverse population of Sacramento County, BHS strives to retain a diverse workforce. In order to assess the

diversity of the workforce, staff rosters are collected on a quarterly basis by Department of Personnel Services. The rosters collect current staff, position, as well as language capabilities of staff. Staff-specific language capability information is submitted to the state through the county's response to the Network Adequacy Certification Tool.

Beyond the staff rosters utilized for ongoing monitoring, the County surveys BHS staff, BHS committee/steering members, and contracted providers (direct, indirect, administrative, management and volunteers) on an annual basis to analyze staff and committee composition as compared to the community we serve. The purpose of the surveys is to assess demographic and linguistic information for those who provide services in our county to determine whether it is reflective of the diversity of the community. The information collected focuses on staff ethnicity, language proficiency, client/family member status, gender, sexual orientation, lived experience, disability, and veteran status. In July of 2025, BHS disseminated the Human Resources (HR) and Linguistic surveys.

The Human Resources (HR) Survey (Appendix 11) is intended to comply with the CLAS standard 3: Recruit, promote, and support a culturally and linguistically diverse governance, leadership, and workforce that are responsive to the population in the service area. The HR Survey collects information regarding individuals who work and/or provide support (directly or indirectly) to Medi-Cal beneficiaries in the Sacramento County Behavioral Health System. The data is then utilized to compare the workforce to the population served.

In addition to the HR Survey, the **Language Proficiency Survey (Appendix 12)** collects information regarding the linguistic proficiency of individuals involved in the provision of behavioral health services. The information collected from both surveys focuses on staff ethnicity, language proficiency, gender, sexual orientation, client/family member status, disability, and veteran status. Sacramento County BHS 2024 Human Resource Survey findings are summarized with comprehensive data in Appendix 13. The 2025 Human Resources Survey findings will be summarized in the next Cultural Competence Plan.

The following are sample tables taken from the 2024 HR Survey:

Gender Identity: Most staff members self-identified as Female (68.6%). About 17.6% identified as Male and 11.0% declined to

state their gender. The remaining 2.9% of staff members reported nine different gender identities that fall into the "Other" category, which includes Agender (0.2%), Gender Fluid (0.2%), Genderqueer (0.1%), Intersex (0.1%), Non-Binary (1.5%), Other (0.4%), Questioning/Unsure (0.2%), Transgender (0.1%), and Two Spirit (0.1%). Figure 1 shows the staff members' gender identities in the context of staff categories.

Table 1. Gender Identity (N=1227)

GENDER IDENTITY	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		DECLINED		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
Female	496	40.4%	190	15.5%	104	8.5%	52	4.2%	0	0.0%	842	68.6%
Male	128	10.4%	32	2.6%	47	3.8%	9	0.7%	0	0.0%	216	17.6%
Unknown/Declined	48	3.9%	24	2.0%	12	1.0%	4	0.3%	47	3.8%	135	11.0%
Other												
Agender	1	0.1%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	2	0.2%
Gender Fluid	1	0.1%	1	0.1%	1	0.1%	0	0.0%	0	0.0%	3	0.2%
Genderqueer	0	0.0%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Intersex	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Non-Binary	14	1.1%	3	0.2%	1	0.1%	0	0.0%	0	0.0%	18	1.5%
Other	4	0.3%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	5	0.4%
Questioning/Unsure	1	0.1%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	2	0.2%
Transgender	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Two Spirit	0	0.0%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
TOTAL	**695**	**56.6%**	**252**	**20.5%**	**168**	**13.7%**	**65**	**5.3%**	**47**	**3.8%**	**1227**	**100.0%**

Race: Out of 1,227 respondents, the largest racial group is White/Caucasian at 35% (total= 430), followed by Hispanic/Latino at 16% (196). The majority (57.0%) of staff identified with a race other than Caucasian (0.7% American Indian, 11.9% Asian/Pacific Islander, 11.9% Black/African American, 2.0% Other, 16.0% Hispanic/Latino, and 14.5% Multi-Ethnic). The remaining 7.9% of respondents declined to state their race. Figure 2 shows the staff members' Race in the context of staff categories.

Sexual Orientation: Out of all respondents, 66.6% self-identified as Heterosexual/Straight, 17.3% declined to answer, and 16.1% self-identified as part of the LGBTQIA+ community (2.0% Asexual, 5.1% Bisexual, 1.7% Gay, 2.1% Lesbian, 1.9% Queer, and 3.3% Other). Figure 3 shows the staff sexual orientation in the context of staff categories.

Table 2. Race (N=1227)

RACE	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		UNKNOWN		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
American Indian	3	0.2%	2	0.2%	3	0.2%	1	0.1%	0	0.0%	9	0.7%
Asian/Pacific Islander	89	7.3%	40	3.3%	14	1.1%	3	0.2%	0	0.0%	146	11.9%
Black/African American	111	9.0%	19	1.5%	9	0.7%	7	0.6%	0	0.0%	146	11.9%
Declined/Unknown	31	2.5%	11	0.9%	5	0.4%	3	0.2%	47	3.8%	97	7.9%
Hispanic/Latino	134	10.9%	36	2.9%	16	1.3%	10	0.8%	0	0.0%	196	16.0%
More than one	95	7.7%	39	3.2%	33	2.7%	11	0.9%	0	0.0%	178	14.5%
Other	19	1.5%	2	0.2%	3	0.2%	1	0.1%	0	0.0%	25	2.0%
White/Caucasian	213	17.4%	103	8.4%	85	6.9%	29	2.4%	0	0.0%	430	35.0%
TOTAL	**695**	**56.6%**	**252**	**20.5%**	**168**	**13.7%**	**65**	**5.3%**	**47**	**3.8%**	**1227**	**100.0%**

Table 3. Sexual Orientation (N=1227)

SEXUAL ORIENTATION	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		DECLINED		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
Heterosexual/ Straight	478	39.0%	171	13.9%	122	9.9%	46	3.7%	0	0.0%	817	66.6%
Declined/ Unknown	93	7.6%	42	3.4%	19	1.5%	11	0.9%	47	3.8%	212	17.3%
Asexual	15	1.2%	5	0.4%	2	0.2%	3	0.2%	0	0.0%	25	2.0%
Bisexual	48	3.9%	5	0.4%	7	0.6%	2	0.2%	0	0.0%	62	5.1%
Gay	9	0.7%	7	0.6%	5	0.4%	0	0.0%	0	0.0%	21	1.7%
Lesbian	12	1.0%	7	0.6%	4	0.3%	3	0.2%	0	0.0%	26	2.1%
Queer	15	1.2%	6	0.5%	2	0.2%	0	0.0%	0	0.0%	23	1.9%
Other												
Demisexual	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Fluid	7	0.6%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	8	0.7%
Graysexual	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Other	3	0.2%	0	0.0%	2	0.2%	0	0.0%	0	0.0%	5	0.4%
Pansexual	10	0.8%	7	0.6%	4	0.3%	0	0.0%	0	0.0%	21	1.7%
Questioning	2	0.2%	1	0.1%	1	0.1%	0	0.0%	0	0.0%	4	0.3%
Unsure	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
TOTAL	**695**	**56.6%**	**252**	**20.5%**	**168**	**13.7%**	**65**	**5.3%**	**47**	**3.8%**	**1227**	**100.0%**

Outreach and Recruitment:
BHS continues to grow in outreach and recruiting initiatives to increase diversity among our staff to match the Sacramento County demographics of clients we serve. BHS teams have engaged in numerous job fairs with the WET Planner to promote career opportunities in BHS. A detailed list is outlined in section D.

In FY 2024-25 BHS implemented the Diversity Equity, Inclusion and Belonging Committee for staff to have a safe space to discuss Diversity, Equity, Inclusion, and Belonging (DEIB) initiatives, concerns, and provide insight into employee experiences. These meetings continue to meet quarterly and have diverse representation across BHS, including leadership and staff.

BHS re-established the Racial Equity Advocates (REA) committee whose main focus is on strengthening DEI efforts on retention and leadership, increasing outreach/access to jobs within BHS, engaging and building community trust and providing educational tools for the AA/B/AD staff. This year REA was fortunate to have several individuals within and outside the County share practical tools on how to build inclusive and safe spaces within the work place, creating and building trust within the community, employees walking in their purpose, and educational tools on key ways the County is being intentional about continuing the DEI efforts.

REA also created the DEI Liaison roles to help lead the equity-focused goals for staff development across BHS. Monthly communication spotlight topics on subjects such as self-awareness, bias reduction, empathy, cultural humility and inclusive communication have been shared in various programs. BHS staff have access to a toolbox that provides resources to support growth and skill-building, with equity principles embedded into onboarding and daily practices to promote culturally responsive services and equitable outcomes for Sacramento's diverse communities being served.

Self-Assessment for Modification of Anti-Racism Tool (SMART): In the past, BHS implemented an Agency Self-Assessment on Cultural Competence. Moving forward, BHS is implementing another type of agency self-assessment to advance equity called Self-Assessment for Modification of Anti-Racism Tool (SMART).

In FY 2023-24, all Sacramento BHS Short Doyle Providers were eligible to receive an incentive bonus equal to up to 1% of their

annual contract if they were able to complete the SMART organizational assessment tool and submit two policies. The American Association for Community Psychiatry (AACP) created SMART specifically for community behavioral health care organizations. Staff organizational teams are made up of individuals from diverse cultural backgrounds, and at different levels across the organization to assess the extent to which organizational domains specific to behavioral health are impacted by structural racism. These domains are:

- Community Engagement/Co-Production.
- Workplace Culture.
- Hiring, Recruitment, Retention, and Promotion.
- Community Advocacy.
- Population Health Outcomes.
- Clinical Care.

Sacramento County BHS worked in collaboration with the California Institute for Behavioral Health Solutions to offer training and technical assistance on completion of the SMART to not only Short Doyle providers but also Short Term Residential Therapeutic Program (STRTP) providers. Earning the 1% incentive payment requires not only completing the SMART, but also designing Racial Equity Improvement Plans and creating policies and procedures to promote organizational change, advance equity, and counter structural racism. Over a dozen providers participated and submitted policies and procedures by the end of the fiscal year.

Additionally, in FY 2024-25, sixteen SUPT providers and two MHP providers participated in the SMART initiative. Providers identified and assessed structural racism and developed strategies for long-term DEI implementation. By the end of FY 2024-25, eight SUPT and two MHP providers successfully developed and implemented hiring and retention policies designed to attract and retain a workforce that reflects the diversity of the clients they serve.

Mental Health Provider Equity Incentive: For providers who completed Equity Incentive involving SMART in FY 2023-24 they were eligible to receive an equity incentive if they demonstrated improvement in one or more of the domains they selected in FY 2023-24, or in another one of the domains. To receive the equity incentive funding, the provider was required to demonstrate how community engagement and co-production was evident in performing each of the following:

i. Identify and implement 3 additional practice changes in one or more of the domains they focused on in FY 2023/2024, or in another domain, and demonstrate how you applied community co-production throughout your process.
ii. Write 3 accompanying policies and procedures to standardize these practice changes once they have been tested and ready to implement and spread.
iii. Collect an equity process measure and an equity outcome measure quarterly. These measures will be determined after more discussion internally at BHS, with community advisory groups, and with providers.

If eligible providers opted not to participate in the Equity Incentive involving SMART in FY 2023-24, they were eligible to participate in FY 2024/2025 Equity Incentive if they performed the following deliverables:

i. Established a SMART Survey Team and the team attended all Learning Sessions; including the Executive Director/CEO attended the Executive Coaching calls; the Human Resource manager or designee attended the Human Resource Coaching calls;
ii. The survey team completed the SMART assessment; and submitted 2 policies that address at least 2 domains within the SMART tool.
iii. Evidence of community engagement and co-production must be included in the completion of the SMART assessment and policy development.

D. Share lessons learned on efforts in rolling out county WET implementation efforts.

The County of Sacramento Behavioral Health Services (BHS) has had very few issues with the implementation of WET Component Actions. However, there have been some challenges that we have learned from, including the need to advance our diversity recruitment efforts and developing strategic plans around measuring long-term outcomes data to determine if our efforts are effective in accomplishing our diversity recruitment goals.

Countywide Efforts

The County of Sacramento is an equal opportunity employer, and, in the past, BHS has relied heavily on the Department of Personnel Service (DPS) to perform recruitment and hiring efforts. DPS and BHS continue to partner extensively to increase the pool of culturally and linguistically diverse candidates, which are needed to effectively work with the diverse populations we serve in our

various systems of care. This includes various hiring fair events as described below in WET Planner Efforts.

BHS and DPS worked collaboratively to develop two recruitment brochures for clinician positions. These brochures are extensive and include a listing of the County operated programs who hire the classification. For an example of the two brochures, please visit the BHS Employment webpage linked below:

- Senior Mental Health Counselor - https://personnel.saccounty.net/Documents/SeniorMentalHealthCounselorBrochure.pdf
- Mental Health Counselor - https://personnel.saccounty.net/Documents/MentalHealthCounselorBrochure.pdf

With the assistance of the Public Information Officer (PIO), two recruitment videos were developed to recruit nursing and behavioral health professions. Both videos emphasized career paths and work-life-balance and can be found on the BHS Employment Webpage:

- Nursing Team - https://www.youtube.com/watch?v=rExG1BsBLCQ
- Behavioral Health Career Ladders - https://www.youtube.com/watch?v=GFHD0Wn8AK8

WET Planner Efforts

For FY 2024-25 WET Program Planner supported on numerous community job fairs or presented at targeted recruitment events. This included community events, workforce pipeline professionals, colleges and universities, job fairs, and individual job seeker support. Please see the list and description below of our recruitment outreach efforts in FY 2024-25:

- Community Events: WET Planner and BHS Outreach Coordinator attended 14 community events sharing job opportunities, at Health Fairs, Multicultural events, Reentry Resource Fairs, Church Resource Fairs, Children's Fairs, School Resource Fairs, etc. See Employment Outreach List below.
- Workforce Professionals: WET Planner has presented to various Sacramento workforce agencies and sharing job and internships opportunities. This also includes attending partnership meetings addressing workforce development and recruitment. The WET Planner is also a participant and contributor to county-wide

efforts supporting the Mental Behavioral Health Workforce Advisory.

- Colleges and Universities: WET Planner has presented to numerous classrooms, sharing BHS Hiring Event flyers with staff from local colleges and talked about careers in behavioral health with students. WET Planner also worked with the universities and the Contracts unit to execute a five-year MOU for the Department of Health Services for CSU Sacramento Social Work, Nursing, Counseling, Allied Health students and University of Pacific Social Work, Nursing and Physician Assistant students.
- Job Seeker/Internship Support: WET Planner has provided over 30 one-on-one consultations with job seekers or students seeking internships in public behavioral health. This included directing job seekers to the newly developed BHS Employment webpage, sharing resources, vacant positions, application steps or referring students to contracted providers who have clinical internship programs. To date, four of those individuals have been hired with BHS. On a yearly basis, WET Planner surveys county operated and contract providers to develop a chart that shows which agencies/programs accept which types of student internships and frequently shares with internship seekers.
- Job Fairs: WET planner, Outreach Coordinator, and other BHS staff have participated in a job fair hosted by the Sacramento LGBT Community Center, Greater Sacramento Urban League, Refugee and Immigrant Job Fairs, and numerous Job Fairs sponsored by elected officials. See Employment Outreach List below.

Employment Outreach List	Date/Time	Location
Sheriff's Office Job Fair with NAACP	7/24/2024	4625 44th Street Sacramento, CA 95820
You Betta' Work LGBTQIA+ Career Fair	9/12/2024	Sacramento LGBT Community Center 1015 20th St, Sacramento, CA 95811
SacJobs Summer Career Fair	9/12/2024	Lions Gate Hotel 3410 Westover St, McClellan Park, CA
2024 Workforce Development Symposium and Job Fair	9/13/2024	Midtown Church 2225 19th Street,

hosted by Health Education Council and held at Midtown Church		Sacramento
Sac County Airport Wide Job Fair	9/20/2024	Sacramento International Airport
Gen-Z Visionary Youth Building Empowerment (Z-VYBE) Youth Forum	9/7/2024	McKinley Park
SCUSD College & Career Expo	10/19/2024	Hiram Johnson High School
Countywide Job Fair	10/24/2024	Mack Powell Event Center at 2003 Howe Ave
Luther Burbank HS Lunchtime Job Fair	11/13/2024	Luther Burbank High School 3500 Florin Rd Sacramento, Ca 95823
CSUS School of Social Work	02/05/2025	Sacramento State Campus
CSUS MS In Counseling Field Fair	02/07/2025	Sacramento State Campus
UOP Sacramento Employer Showcase	03/10/2025	University of the Pacific, Sacramento Campus
Twin Rivers Unified School District Career Fair	03/15/2025	Citrus Heights Community Center, 6300 Fountain Square Dr., Citrus Heights, CA 95621
Jessup University Career Fair	04/02/2025	Jessup University Campus

Additionally, the WET Planner worked with local universities to host webinars regarding applying to 1) California State University, Sacramento Social Work Program (BSW and MSW) 2) California State University, Sacramento Master's in Counseling Program and 3) University of Pacific Social Work Program (MSW). These webinars were shared with BHS staff and contracted providers seeking to

advance careers in public behavioral health. The WET Planner developed a new robust BHS employment webpage on the BHS website. The website includes an updated list of vacant positions, application resources, list of benefits, overall application steps, and recordings of various helpful webinars, including careers in behavioral health and the university webinars mentioned above.

For additional information on the BHS Employment Webpage, please visit at https://dhs.saccounty.gov/BHS/Pages/Employment/Jobs-in-Behavioral-Health.aspx.

In FY 2024-25, BHS opened a second round of Mental Health Loan Repayment Program (LRP) and received over 200 applicants. Currently, 45 individuals were awarded, receiving either $12,500 or $10,000 for one year of service commitment in a hard-to-fill or hard-to-retain position in Sacramento County's Public Mental Health System to be eligible for program participation. Awardees will receive 100% of the award amount at the end of their service commitment. In FY 2022-23, BHS approved Sacramento County LRP Round 1 awards for 125 individuals who work in either a Sacramento County Behavioral Health County-operated mental health setting or in a contracted, community-based mental health agency. Individual awards ranged from $25,000, $12,500, and $10,000 to approved applicants, totaling $1,485,000 in funds. Awardees were notified by California Mental Health Services Authority (CalMHSA) of the amount and terms. Awardees received 100% of the award amount at the beginning of the contract and in return, LRP awardees were required to work 24 months (two years) in a hard-to-fill or hard-to-retain position in Sacramento County's Public Mental Health System to be eligible for program participation. Also, in FY 2023-24, BHS WET provided an equity award to awardees, increasing award amounts by an additional $10,000 or $12,500, with no additional service commitment.

E. Identify county technical assistance needs.

No technical assistance is requested at this time.

CRITERION 7

COUNTY MENTAL HEALTH SYSTEM

LANGUAGE CAPACITY

Rationale: Accurate and effective communication between clients, providers, staff, and administration is the most essential component of the mental health encounter. Bilingual providers and other staff who communicate directly with clients must demonstrate a command of both English and the threshold language, and that include knowledge and facility with the terms and concepts relevant to the type of encounter (CLAS, Final Report). The DMH will provide threshold language data to each county.

I. Increase bilingual workforce capacity

The county shall include the following in the CCPR Modification (2010):

A. Evidence of dedicated resources and strategies counties are undertaking to grow bilingual staff capacity, including the following:

1. Evidence in the Workforce Education and Training (WET) Plan on building bilingual staff capacity to address language needs.
2. Updates from Mental Health Services Act (MHSA), Community Service and Supports (CSS), or WET Plans on bilingual staff members who speak the languages of the target populations.
3. Total annual dedicated resources for interpreter services in addition to bilingual staff.

Counties shall document the constraints that limit the capacity to increase bilingual staff.

II. Provide services to persons who have Limited English Proficiency (LEP) by using interpreter services.

The county shall include the following in the CCPR Modification (2010):

A. Evidence of policies, procedures, and practices for meeting clients' language needs, including the following:

1. A 24-hour phone line with statewide toll-free access that has linguistic capability, including TDD or California Relay Service, shall be available for all individuals. **Note**: The use of the

language line is viewed as acceptable in the provision of services only when other options are unavailable.

2. Least preferred are language lines. New technologies such as video language conferencing should be considered as resources are available. Use new technology capacity to grow language access.
3. Description of protocol used for implementing language access through the county's 24-hour phone line with statewide toll-free access, including staff training protocol.

B. Evidence that clients are informed, in writing and in their primary language, of their rights to language assistance services.

C. Evidence that the county/agency accommodate persons who have LEP by using bilingual staff or interpreter services.

D. Share historical challenges on efforts made on items A, B, and C above. Share lessons learned.

E. Identify county technical assistance needs. (DMH is requesting counties identify language access technical assistance needs, so that DMH may aggregate information and find solutions for small county technical assistance needs.)

III. Provide bilingual staff and/or interpreters for the threshold languages at all points of contact.

Note: The use of the language line is viewed as acceptable in the provision of services only when no other options are available. Counties should train their staff for the proper use of language lines, but should seek other options such as training interpreters or training bilingual community members as interpreters.

The county shall include the following in the CCPR Modification (2010):

A. Evidence of availability of interpreters (e.g. posters/ bulletins) and/or bilingual staff for the languages spoken in the community.

B. Documented evidence that interpreter services are offered and provided to clients, and the response to the offer is recorded.

C. Evidence of providing contract or agency staff that are linguistically proficient in threshold languages during regular

day operating hours.

D. Evidence that counties have a process in place to ensure that interpreters are trained and monitored for language competence (e.g., formal testing).

IV. Provide services to all LEP clients not meeting the threshold language criteria who encounter the mental health system at all points of contact.

The county shall include the following in the CCPR Modification (2010):

A. Policies, procedures, and practices that include the capability to refer and otherwise link clients who do not meet the threshold language criteria (e.g., LEP clients), and who encounter the mental health system at all key points of contact, to culturally and linguistically appropriate services.

B. Provide a written plan for how clients who do not meet the threshold language criteria are assisted to secure, or linked to, culturally and linguistically appropriate services.

C. Policies, procedures, and practices that comply with the following Title VI of the Civil Rights Act of 1964 (see page 27) requirements:

1. Prohibiting the expectation that family members provide interpreter services;
2. Allowing a client to choose to use a family member or friend as an interpreter, after being informed of the availability of free interpreter services; and
3. Not using minor children as interpreters.

V. Requiring translated documents, forms, signage, and client informing materials

The county shall have the following available for review during the compliance visit:

A. Culturally and linguistically appropriate written information for threshold languages, including the following, at minimum:

1. Member service handbook or brochure;
2. General correspondence;
3. Beneficiary problem, resolution, grievance, and fair hearing

materials;

4. Beneficiary satisfaction surveys;
5. Informed Consent for Medication form;
6. Confidentiality and Release of Information form;
7. Service orientation for clients;
8. Mental health education materials, and
9. Evidence of appropriately distributed and utilized translated materials.

B. Documented evidence in the clinical chart that clinical findings/reports are communicated in the clients' preferred language.

C. Consumer satisfaction survey translated in threshold languages, including a summary report of the results (e.g., back translation and culturally appropriate field-testing).

D. Report mechanisms for ensuring accuracy of translated materials in terms of both language and culture (e.g., back translation and culturally appropriate field-testing).

E. Report mechanisms for ensuring translated materials are at an appropriate reading level (6th grade).

Source: Department of Health Services and Managed Risk Medical Insurance Boards.

CRITERION 7

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

LANGUAGE CAPACITY

I. Increase bilingual workforce capacity

The county shall include the following in the CCPR Modification (2010):

A. Evidence of dedicated resources and strategies counties are undertaking to grow bilingual staff capacity, including the following:

1. Evidence in the Workforce Education and Training (WET) Plan on building bilingual staff capacity to address language needs.

There are several areas in the Sacramento County WET Plan that address building staff language capacity. The WET Planner is leading efforts for continuous improvement (pipeline program with high school etc.).

The original Workforce Needs Assessment identified the following issues in the Language Proficiency section:

- The need for additional staff representing the language diversity of our client population; and
- The need to develop career pathways that lead bilingual staff into higher direct care and supervisory positions.

The following is in the "Comparability of Workforce, by Race/ Ethnicity, to Target Populations Receiving Public MH Services" section of the WET Plan:

- The need for additional staff representing the racial/ethnic diversity of our client population; and
- The need to develop career pathways that lead diverse staff into higher direct care and supervisory positions.

Lastly, the "Positions Designated for Individuals with Client and/or Family Member Experience" section of the WET Plan states:

There is a need for career pathways that allow clients and family members to pursue a variety of undergraduate and graduate educational opportunities so that they can be

educated to a level necessary to provide direct services, especially in licensed positions. While this does not specifically state multicultural clients and family members, they are included in this statement.

The County developed a Behavioral Health Peer Specialist series in FY 2020/21 which includes the creation of Behavioral Health Peer Specialist, Senior Behavioral Health Peer Specialist, and Behavioral Health Peer Specialist Program Manager classifications within the County employment system. These positions are responsible for providing peer support and services based on lived experiences to clients of behavioral health services and their families/caregivers. Given the rich linguistic, cultural, racial, ethnic, sexual, and gender diversity of the population in Sacramento County, BHS wanted to be intentional with informing potential applicants about available positions, particularly for our newly created Peer positions. The first Sacramento County Civil Service Behavioral Health Peer Specialist employee started work in the Behavioral Health Services (BHS) Homeless Response Team in March 2022. Since then, other BHS programs have expanded and hired Behavioral Health Peer Specialists including, the BHS-SAC team, Community Wellness Response Team, CARE Court Programs, SUPT, and Community Support Team. Sacramento County BHS has three (3) Behavioral Health Peer Specialist Program Managers to support Medi-Cal certification, training needs, and overall systemwide support to peer services.

2. Updates from Mental Health Services Act (MHSA), Community Service and Supports (CSS), or WET Plans on bilingual staff members who speak the languages of the target populations.

   As referenced in Criterion 6, Sacramento County surveys all BHS staff, BHS committee/steering members, and contracted providers (direct, indirect, administrative, management and volunteers) on an annual basis to analyze staff composition as compared to the community we serve. The purpose of the two surveys are to assess demographic and linguistic information for those who provide services in our county to determine whether it is reflective of the diversity of the community. The information collected focuses on staff ethnicity, language proficiency, client/family member status, gender, sexual orientation, lived experience, disability, and veteran status. In July of 2025, BHS disseminated the Human Resources (HR)

and Linguistic survey. The Sacramento County BHS 2024 Human Resource Survey findings are summarized in a report found in **Appendix 13**.

3. Total annual dedicated resources for interpreter services in addition to bilingual staff.

   The total FY 2024-25 expenditures for interpretation/translation services were $762,535.12 and $44,270,951.28 for bilingual staff employed throughout BHS and county contracted providers. BHS staff who are bilingual and can provide services in one of the languages recognized by the County or who possess lived cultural expertise can take an exam and receive a wage differential upon successful completion of the exam. Several contract providers also compensate their staff who possess linguistic and cultural expertise. In FY 2024-25, BHS saw a reported expenditure increase towards bilingual staff employed throughout BHS and county contracted providers by $28,103,745.28 (previous year reported $16,167,206).

Counties shall document the constraints that limit the capacity to increase bilingual staff.

Please refer to response for Criterion 7, II. D.

II. Provide services to persons who have Limited English Proficiency (LEP) by using interpreter services.

The county shall include the following in the CCPR Modification (2010):

A. Evidence of policies, procedures, and practices for meeting clients' language needs, including the following:

1. A 24-hour phone line with statewide toll-free access that has linguistic capability, including TDD or California Relay Service, shall be available for all individuals. Note: The use of the language line is viewed as acceptable in the provision of services only when other options are unavailable.

   Sacramento County Behavioral Health Services (BHS) is committed to ensuring language access for all callers. BHS operates a 24-hour statewide toll-free access line with linguistic capabilities for all individuals. The toll-free telephone number is (888) 881-4881; Deaf callers may use video relay service and

Hard of Hearing callers may choose to use California Relay Services to contact us. The telephone greeting includes access to both mental health and substance use disorder treatment services as well as prompts for different languages. Most recently, prompts in Farsi, Sacramento County's newest threshold language, have been added to the phone menu. During the day, calls are routed to the BHS-SAC team and after hours, calls are answered by MH Treatment Center staff. We have updated our outreach materials to reflect all threshold languages. As referenced in Criterion 1, in January 2025, BHS implemented an integrated Access System for all of BHS including MH and SUPT which is named Behavioral Health Services Screening and Coordination (BHS-SAC) which streamlined member access and linkage to care.

2. Least preferable are language lines. The use of new technologies such as video language conferencing should be considered as resources are available. Use new technology capacity to grow language access.

   BHS is required to use particular interpreter service providers due to the nature of County-wide contracts. The Cultural Competence / Ethnic Services Manager provides input with special provisions involving MH/Behavioral health interpreting into the contract requirements and other aspects of the contracting process for the County-wide interpreting and translation contracts. These contracts with various interpreting agencies are for a multi-year period. The County amended the scope of several of the county-wide contracts to include Video Remote Interpreting (VRI) technology during Fiscal Year 2018/19. During the pandemic and post-pandemic, some interpreting services have been provided by phone instead of in person. Quality Management issued guidelines to ensure that confidentiality is maintained whether services are delivered virtually or in-person.

3. Description of protocol used for implementing language access through the county's 24-hour phone line with statewide toll-free access, including staff training protocol.

   It is BHS's practice to utilize bilingual staff to respond to callers whose preferred language is other than English. When such staff is unavailable, program staff may contact the Assisted Access program to request an interpreter. The Assisted Access

program continues to employ bilingual/bicultural staff who function as cultural brokers and interpreters to assist BHS clients and potential clients to access treatment of MH and SUPT service providers. Their goal is to assist in cross-cultural communication to facilitate a mutual understanding of both the client's and provider's beliefs and practices.

Languages spoken by Assisted Access interpreters are as follows:

- Arabic
- Cantonese
- Cambodian
- Dari
- Farsi
- Hindi
- Hmong
- Mandarin
- Mien/Lao
- Pashto
- Punjabi
- Russian
- Ukrainian
- Spanish
- Vietnamese

If the caller speaks a language that is not covered by interpreters from the Assisted Access program, or if Assisted Access staff are not available, staff will request an interpreter from a vendor that has a county-wide contract to provide face-to-face interpreters. If the caller requires immediate assistance and a bilingual staff or interpreter is unavailable (either from the Assisted Access program or through a county-wide contract with an interpreting vendor), an over-the-phone interpreter service is used as a last resort.

Employees working for BHS or one of the contracted provider agencies all receive training and ongoing supervision about how to meet the client's linguistic capability whether by utilizing bilingual staff or an interpreter. To test the accessibility to services and responsiveness of the system, BHS staff provide training to staff who answer the 24-hour phone line and later conduct test calls to all established Access entry points to the system. The test calls have been made to the Mental Health Treatment Center Crisis Stabilization Unit and the Access Team. These test calls were made in all of the threshold languages for Sacramento County: Spanish, Hmong, Cantonese, Russian, Arabic, Farsi, and Vietnamese. As part of the efforts to test the accessibility to services and responsiveness of the system, Quality Management and

culturally and linguistically diverse contract provider staff conduct test calls to all established Access entry points to the system throughout the year. Following the calls, feedback was collected regarding accessibility across cultures. Training and feedback were given to all providers to improve cultural responsiveness in fielding business hour and after-hour calls.

Quality Management (QM) continues making test calls and provide test call trainings, as well as ongoing staff orientations in the use of language line access services for non-English speakers, to ensure high quality Mental Health Plan (MHP) and SUPT services.

BHS has found an increasing comfort level on the part of staff to respond to Limited English Proficiency speakers with bilingual staff or the use of the over-the-phone interpreter services. BHS continues its efforts to recruit bilingual staff at the entry points to the BHS system. The language proficiency of staff is reported to Data Analytics unit (DA) and Cultural Competency on a quarterly basis for network adequacy and annually through the completion of the HR Survey and Language Proficiency Survey.

Through our partnership with NorCal Services for Deaf & Hard of Hearing, we have transitioned from TTY to Video Relay Service since this is what the Deaf Community uses.

B. Evidence that clients are informed, in writing and in their primary language, of their rights to language assistance services.

During the initial session with all BHS members, staff provide a variety of documents to the beneficiary and explain to them in detail for Acknowledgement of Receipt. If the member is receiving BHS services, they receive an integrated document referred to as a "Behavioral Health Member Handbook" for specialty Mental Health Services and Drug Medi-Cal Organized Delivery System. Copies of the referenced documents are listed below and can be located on the BHS webpage.

- **Acknowledgement of Receipt in Threshold Languages:** https://dhs.saccounty.gov/BHS/Pages/GI-Provider-Resources-Forms.aspx
- **Specialty Mental Health Services and Drug Medi-Cal Organized Delivery System Member Handbook:**

https://dhs.saccounty.gov/BHS/Pages/Members-Handbook/GI-Members-Handbook-Mental-Health.aspx

The Member Handbook contain the following information:

- How a member is eligible for services
- How to access services
- Who the service providers are
- What services are available
- What a member's rights and responsibilities are
- BHS's Grievance and State Fair Hearing process; and
- Important phone numbers

BHS has translated threshold language versions of the Member Handbook, which are posted on the County website. The threshold languages include Arabic, Chinese, Farsi, Hmong, Spanish, Russian, and Vietnamese. The Member Handbook is currently being orally translated into the threshold languages for BHS members. The audio versions of the Member Handbook are being prepared in the threshold languages and will be posted by the time of the next review. BHS also has a Braille transcription of the Member Handbook available.

Staff clarify the contents of the Member Handbook to the beneficiary and explain that interpreter services are available at no charge to the member. BHS is committed to ensuring accurate and effective communication between clients and service providers. If a service provider is unable to communicate in a client's preferred language, all contracted prevention and treatment providers, and direct service County staff, have access to interpreter services through the County's Assisted Access Program. The Assisted Access Program provides in-person interpretation services. The Member Handbook, service brochures, and other written materials include the BHS 24-hour phone line with statewide toll-free access that has linguistic capability and California Relay Service information.

The following is an excerpt from the Behavioral Health (BH) Member Handbook:

> *The county provides oral interpretation services from a qualified interpreter, on a 24-hour basis, at no cost to you. You do not have to use a family member or friend as an interpreter. We discourage the use of minors as*

interpreters, unless it is an emergency. Interpreter, linguistic and cultural services are available at no cost to you. Help is available 24 hours a day, 7 days a week. For language help or to get this handbook in a different language, call the county telephone number listed on the cover of this handbook (TTY: 711). The call is toll free. (Page 6-7 of BH Member Handbook)

Behavioral Health Services (BHS) has translated all the required materials and brochures into the threshold languages, with inclusion of taglines listed below in the prevalent non-English languages in the State, as well as large print, explaining the availability of oral interpretation or written translation services. Additionally, all Informing Materials and Language Assistance Posters, in 16 languages, that describe how to request language assistance have been displayed in lobbies of all BHS provider locations.

To view the Language Assistance Poster, visit the BHS website: https://dhs.saccounty.gov/BHS/Documents/Provider-Forms/Language-Assistance/PO-BHS-SUPT-Language-Assistance-Poster.pdf

Sacramento County Mental Health Services and SUPT Informing Materials are available in Sacramento County's seven threshold languages on the BHS webpage. The listed forms and documents listed below are examples of translated materials found on the BHS website at https://dhs.saccounty.gov/BHS/Pages/GI-Provider-Resources-Forms.aspx.

- **MH and SUPT Acknowledgement of Receipt**
- **MH and SUPT Advance Medical Directory**
- **MH and SUPT Appeal Forms**
- **MH and SUPT Grievance Forms**
- **MH and SUPT Member Rights and Problem Resolution Poster and Guides**
- **MH Change of Provider Forms**
- **MH Service Verification Form**
- **MH and SUPT Member Suggestion Form**
- **SUPT DMC-ODS Provider Directory:** https://dhs.saccounty.gov/BHS/Documents/SUPT/LI-BHS-SUPT-DMC-ODS-Provider-Directory.pdf

- **Mental Health Medi-Cal, PEI, and MH Respite Providers Lists:** https://dhs.saccounty.gov/BHS/Pages/GI-Mental-Health-Providers.aspx

The Provider Directories are available in all seven threshold languages and includes the linguistic and cultural capacity for all service providers.

C. Evidence that the county/agency accommodate persons who have LEP by using bilingual staff or interpreter services.

We continue to employ bilingual staff at all program sites. When this is not feasible, interpreters and/or interpreter services are utilized.

Also found on pages 6-7 of the BH Member Handbook is the following excerpt:

> *The county provides oral interpretation services from a qualified interpreter, on a 24-hour basis, at no cost to you. You do not have to use a family member or friend as an interpreter. We discourage the use of minors as interpreters, unless it is an emergency. Interpreter, linguistic and cultural services are available at no cost to you. Help is available 24 hours a day, 7 days a week. For language help or to get this handbook in a different language, call the county telephone number listed on the cover of this handbook (TTY: 711). The call is toll free.*

Page 66 of the BH Member handbook outlines a Nondiscrimination Notice stating:

> *Discrimination is against the law. Sacramento County Behavioral Health follows State and Federal civil rights laws. Sacramento County Behavioral Health does not unlawfully discriminate, exclude people, or treat them differently because of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity, or sexual orientation.*
>
> *Sacramento County Behavioral Health provides:*

- *Free aids and services to people with disabilities to help them communicate better, such as:*
  - *Qualified sign language interpreters*
  - *Written information in other formats (large print, braille, audio or accessible electronic formats)*
- *Free language services to people whose primary language is not English, such as:*
  - *Qualified interpreters*
  - *Information written in other languages*

D. Share historical challenges on efforts made on items A, B, and C above. Share lessons learned.

BHS recognizes the importance of recruitment and retention of bilingual/bicultural staff as being the best way of engaging and retaining clients and this is an expectation of every contract. Survey responses from Limited English Proficiently (LEP) clients have indicated the importance of bilingual staff. Prior client satisfaction surveys have underscored that increased satisfaction was correlated with the presence of bilingual staff on site. There is a continuing challenge to recruit and retain highly skilled bilingual/bicultural staff as they are in great demand. Due to the limited number of highly skilled bilingual/bicultural staff in this region, BHS is faced with the challenge of competing with other agencies and institutions outside of the public behavioral health sector that can offer salaries that are more competitive. For example, salaries offered by hospitals, health plans, and the California Department of Corrections and Rehabilitation tend to be higher, which results in competition in urban areas like Sacramento County. Although BHS has authorized contract providers to increase the salaries of their direct service staff, the competitive job market continues to result in staff departures for private or school settings, thus affecting retention in the public behavioral health system.

The pandemic and statewide requirements have also impacted BHS and contract providers' ability to hire and retain staff throughout our programs, especially staff from culturally and linguistically diverse communities. BHS utilizes strategies and approaches related to recruitment, hiring, promotion and retention to increase the diversity of our workforce to be more reflective of the communities that we serve. BHS offered Workforce Education and Training financial incentive programs administered by the Department of Health Care Access and Information (HCAI) to support the ongoing workforce shortages in the public mental health system. Through our

membership in the Regional Partnership for the Central Region, BHS participated in the Loan Repayment and Retention Program. BHS approved awards to a total of 170 individuals through Round 1 and Round 3 of the Loan Repayment Program. Full details of the Loan Repayment program was outlined in Criterion 6. Section D.

BHS includes speakers who can share their lived experience as we continue our recruitment efforts and will be focusing on presenting them to student groups. BHS recently facilitated a panel of African American male BHS staff to support African American male students with Brothers of Sankofa/Improve Your Tomorrow, a Community Responsive Wellness Program (CRWP) provider.

E. Identify county technical assistance needs. (DMH is requesting counties identify language access technical assistance needs, so that DMH may aggregate information and find solutions for small county technical assistance needs.)

None currently.

III. Provide bilingual staff and/or interpreters for the threshold languages at all points of contact.

Note: The use of the language line is viewed as acceptable in the provision of services only when no other options are available. Counties should train their staff for the proper use of language lines but should seek other options such as training interpreters or training bilingual community members as interpreters.

The county shall include the following in the CCPR Modification (2010):

A. Evidence of availability of interpreters (e.g. posters/ bulletins) and/or bilingual staff for the languages spoken in the community.

Every attempt is made for all BHS services to be available in both threshold and non-threshold languages to the extent possible by on-site bilingual staff. During the initial session, staff provide a variety of documents to the client and explain them in detail to the client. One of the documents is the Member Handbook. The following is an excerpt from pages 6-7 of the BH Member Handbook:

The county provides oral interpretation services from a qualified interpreter, on a 24-hour basis, at no cost to you. You do not

have to use a family member or friend as an interpreter. We discourage the use of minors as interpreters, unless it is an emergency. Interpreter, linguistic and cultural services are available at no cost to you. Help is available 24 hours a day, 7 days a week. For language help or to get this handbook in a different language, call the county telephone number listed on the cover of this handbook (TTY: 711). The call is toll free.

The Assisted Access Program is available to assist, link and provide interpreter services for all clients of BHS programs, regardless of whether they meet the threshold language criteria.

The availability of interpreters for non-English speaking clients including the Deaf and Hard of Hearing (DHOH) are provided free of charge for all services. This is written on the promotional materials that BHS uses to inform the community about BHS services. SUPT re-designed outreach brochures to make them more user-friendly and engaging. The re-designed brochures have been translated into the seven threshold languages.

Samples of the revised brochures can be found on the BHS website at: https://dhs.saccounty.gov/BHS/Pages/GI-Provider-Resources-Forms.aspx

For all major public planning meetings, BHS uses standard wording as follows to notify attendees that interpreters are available at no charge:

> If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Alondra L. Thompson one week prior to the event at (916) 709-5485 or email Alondra L. Thompson at thompsonal@saccounty.gov.

B. Documented evidence that interpreter services are offered and provided to clients, and the response to the offer is recorded.

From the point at which staff begin providing BHS services to a client, they provide a copy of the BH Member Handbook to the client and explain the rights to which the client is entitled. One of the rights is access to an interpreter at no cost to the client. To further support these efforts, the following is in place for training and supervision of the BHS workforce.

Staff receive Documentation training from BHS when they begin working for either a contracted provider or a County operated clinic. During the training, staff are reminded that interpreter services are

to be made available free of charge to the client. According to documentation standards in the Policy No. 10-30 "Progress Notes (Mental Health)", staff should include the following information in the introductory Progress Note:

> "The clinical introductory progress note is written at the first face - to - face contact, or very soon thereafter, providing an overview of the client and his/her MH condition. A complete note includes but is not limited to: the identity of the client, including age, ethnicity, and other significant demographic information, the referral source, presenting condition, including symptoms, behaviors, and level of functioning, need for services/medical necessity justification, client strengths, supports, and a plan for subsequent services. If a client indicates a primary language other than English, or a physical disability, the provider will offer an accommodation to provide culturally and linguistically competent services and note this in the clinical introductory progress note. If a client refuses such accommodation, this refusal will be documented in the clinical introductory progress note."

To view Policy No. 10-30 "Progress Notes (Mental Health)", visit the BHS Policy and Procedure webpage at: https://dhs.saccounty.gov/BHS/Documents/BHS-Policies-and-Procedures/PP-BHS-QM-10-30-Progress-Notes-%28Mental-Health%29.pdf

Staff will document in the client's chart what cultural services are available and shall record their response to the offer of an interpreter. Currently, in SmartCare the need for and provision of interpreter services is entered into each progress note, including the agency and/or individual providing interpretation. If a need is identified, then the method of interpretation and the language provided are recorded in the progress note. For reference, see excerpt below from *Cultural Competence & Ethnic Services Policy and Procedure 01-02 "Procedure for Access to Interpreter Services":*

> "Cultural and linguistic accommodations must be offered to the client and on behalf of the family/caregiver. This must be documented in every note when a language other than English is indicated. If the provider is trained

> and proficient in English and the target language, then the progress note must specify the language spoken during the session. When an interpreter is necessary, the progress note shall include the following: the language the session was conducted in, language services offered, the name of the interpreter, and how interpretation was conducted. If a provider is using a client's family member for interpretation, document the emergency situation and circumstances where no other means of interpretation or communication was available. Should the client elect a family member as the interpreter, there must be documentation of the clinical decision-making informing that decision and documentation demonstrating efforts to offer an independent interpreter. Sacramento County prohibits the use of children as interpreters under all circumstances."

To view Policy No. 01-02 "Cultural Competence & Ethnic Services Policy and Procedure - Procedure for Access to Interpreter Services", visit the BHS Policy and Procedure webpage at: https://dhs.saccounty.gov/BHS/Documents/BHS-Policies-and-Procedures/PP-BHS-CCES-01-02-Access_to_Interpreter_Services.pdf

Staff will conduct follow-up to their offer and document the results in the chart. These standard processes are reviewed as part of the Sacramento County Documentation Training curriculum. Documentation is also reviewed throughout the Utilization Review process, both internally at the agency and externally by BHS. For reference, see excerpt from the Policy QM-09-05 "Electronic Utilization Review/Quality Assurance Activities":

> "It is the policy of the Sacramento County MHP to conduct reviews of mental health services authorized and provided by all county operated, county contracted and out of county service providers. The MHP Quality Improvement Committee (QIC) charges the Utilization Review Committee (URC), the Quality Management (QM) unit and affiliated working committees to complete these oversight, monitoring and quality assurance functions. Qualified staff and appropriate tools are to be utilized to review medical necessity, quality, quantity and appropriateness of care provided in accordance with contractual and regulatory

requirements. The URC/QM submits annual findings of reviews, trends and recommendations to the QIC chair, the QM Manager for the MHP, who maintains operational direction for Utilization Review (UR) and Quality Assurance (QA) activities. These findings are reviewed and analyzed by the QIC for the purpose of identifying possible Performance Improvement Projects or other QA/QI activities. The policy applies to county operated, county contracted and out of county providers and outlines their responsibility for monitoring and quality assurance activities assigned within its organizational structure."

To view Policy No. 09-05 "Electronic Utilization Review/Quality Assurance Activities", visit the BHS Policy and Procedure webpage at: https://dhs.saccounty.gov/BHS/Documents/BHS-Policies-and-Procedures/PP-BHS-QM-09-05-Electronic-Utilization-Review_Quality-Assurance-Activities.pdf

The goal of the Electronic Utilization Review/Quality Assurance (EUR/QA) process is to conduct concurring and retrospective electronic chart reviews that 1) monitor type and quality of service delivery within MHP established standards of care; 2) ensure adherence to documentation and authorization standards and requirements; and 3) verify and validate accurate, timely charting to support service claims.

As part of the EUR/QA monthly process, a Utilization Review Tool is used to review documentation standards as referenced in Policy No. 09-05 "Electronic Utilization Review/Quality Assurance Activities"

All SUPT contracted providers have completed documentation training facilitated by BHS Quality Management clinical staff. SUPT clinical staff, in collaboration with Quality Management clinical staff, have revamped and will continue to refine the Site Review and Utilization Review monitoring tools to align with DMC-ODS, Minimum Quality Drug Treatment Standards, and Prevention standards as well as national culturally and linguistically appropriate standards (CLAS). Monitoring tools include:

- CLAS (Standards 1-15)
- Communicate the organization's progress in implementing and sustaining CLAS to all community members, constituents, and the general public. California Relay is in place to support hearing impaired.

- Services are accessible to the disabled at no additional cost.
- Materials/devices available to serve persons with disabilities at no charge (e.g., Braille/large print/signing interpreter/wide doors/ramps, etc.)
- The Informing Materials are placed in the lobby in English and threshold languages: Arabic, Chinese, Farsi, Hmong, Spanish, Russian, and Vietnamese
- Personnel Records/Staff training: American with Disabilities Act (ADA) Training, Cultural Competency Training, etc.
- Intake/Initial Assessment, the client's cultural and language needs were explored, accommodated (e.g., the use of an interpreter) and documented. (Culture can include religion, ethnic/racial background, sexual orientation, gender identity, language, ability/disability, acculturation, etc.)
- Treatment Plan Development: the client's cultural and language needs were explored, accommodated (e.g., the use of an interpreter) and documented. (Culture can include religion, ethnic/racial background, sexual orientation, gender identity, language, ability/disability, acculturation, etc.)
- Re-Assessment/Updated Treatment Plan: Any changes in client's cultural and language needs were accommodated (e.g., the use of an interpreter) and documented. (Culture can include religion, ethnic/racial background, sexual orientation, gender identity, language, ability/disability, acculturation, etc.)
- Currently, SUPT Program Coordinators and Quality Management staff conduct utilization reviews of client charts annually, which is then reviewed with providers. Over this past year, a Utilization Review Committee has been convening monthly for SUPT and MH staff to provide technical assistance and guidance to contracted providers.

C. Evidence of providing contract or agency staff that are linguistically proficient in threshold languages during regular day operating hours.

As stated in III A. above, every attempt is made for all BHS services to be available in both threshold and non-threshold languages to the extent possible by bilingual on-site staff. All providers are encouraged to employ bilingual/bicultural staff who can provide services in the preferred language of the client. In cases where bilingual program staff are not available, staff continue

to enlist the services of interpreter staff from the Assisted Access Program. Assisted Access Program staff are available during regular day operating hours for interpreting throughout the system. Please see Criterion 7, II A. 3 for a more detailed description of the Assisted Access Program. If needed, staff may contact additional interpreting agencies to schedule a face-to-face interpreter.

D. Evidence that counties have a process in place to ensure that interpreters are trained and monitored for language competence (e.g., formal testing).

BHS has sponsored numerous interpreter training sessions over the years and has adopted the use of Behavioral Health Interpreter Training (BHIT, formerly known as Mental Health Interpreter Training, or MHIT) to train interpreters. All interpreting staff were trained during the pilot of the MHIT in 2007, and we have been offering a session annually to train additional interpreters who have joined the workforce since the pilot and subsequent training sessions. To date, 370 bilingual staff have completed the BHIT and 295 staff have attended the training intended for staff who utilize interpreters in behavioral health settings. Additionally, select staff from the Assisted Access program who have completed the forty-hour Health Interpreter Training and BHIT are available for consultation with agencies as the need arises.

Sacramento County utilizes a formal process for determining language proficiency of staff employed by the county who may function as an interpreter. While the County cannot test the proficiency of contract provider staff, we advise them to develop means for testing the language proficiency of staff. Some have set up their own testing by using in-house resources, while others have chosen to contract with outside agencies for language proficiency testing.

BHS uses a systematic method for collecting language proficiency of staff employed in a behavioral health setting in Sacramento County. This systematic data collection is conducted through the administration of the annual HR Survey. The Human Resource Survey contains a Language Proficiency Survey section (See Appendix 11 and 12) that solicits information from provider agencies about language proficiency testing. The following is an excerpt from the

Human Resource Survey:
Please state languages you are proficient in in the space provided below.

1. Language: (Check all that apply)

☐ Speak ☐ Read ☐ Write

2. Did you take a formal test to determine Proficiency?

☐ Yes ☐ No

IV. Provide services to all LEP clients not meeting the threshold language criteria who encounter the mental health system at all points of contact.

The county shall include the following in the CCPR Modification (2010):

A. Policies, procedures, and practices that include the capability to refer, and otherwise link, clients who do not meet the threshold language criteria (e.g., LEP clients) who encounter the behavioral health system at all key points of contact, to culturally and linguistically appropriate services.

The process that BHS uses to provide services in the preferred language of the client is the same whether the client speaks a threshold language or another language. BHS compiles a database of the responses from the HR Survey and Language Proficiency Survey responses. From this database, a report is generated that lists all the staff employed by a county operated or contract provider who are proficient in a language other than English. Many of the languages reflected are beyond the scope of the seven threshold languages currently identified for Sacramento County. BHS SAC staff review the language list and consider the presence of bilingual staff when making referrals to providers if a client is LEP The language proficiency of staff is also reported on a quarterly basis on provider staff rosters, and in the quarterly submission of the network adequacy standards.

Many of the BHS providers employ bilingual staff who speak a language outside of one of the threshold languages. In the instance when a bilingual staff member is not available, providers will request an interpreter from the Assisted Access Program. For a more detailed description of the Assisted Access Program, please see Criterion 7, II A. 3. If an interpreter is not available through Assisted Access, then staff will request an interpreter from an interpreting agency. Only as a last result would staff use an over-the-phone interpreter to provide services.

B. Provide a written plan for how clients who do not meet the threshold language criteria are assisted to secure or linked to culturally and linguistically appropriate services.

BHS-SAC offers a streamlined access process for all individuals, starting from initial client contact. Services are provided in the client's preferred language, whether they speak a threshold or non-threshold language, ensuring consistent support and equitable communication across all populations. As outlined in Section III.C, BHS strives to make all behavioral health services accessible through bilingual staff whenever possible.

To facilitate linguistically appropriate assignments, the BHS-SAC Team utilizes a provider directory that identifies the languages spoken by staff when matching clients to outpatient MH and SUPT services. When bilingual staff are unavailable, interpreters are accessed through Sacramento County's contracted telephonic interpreter services (e.g., Language Line) and/or County-contracted face to face interpreters depending on client preference or service complexity.

To further meet the diverse needs of the community, the BHS-SAC Team references the Sacramento County DMC-ODS Provider Directory and the Mental Health Provider Director which includes essential information such as provider specialties (e.g., LGBTQ+, veterans, criminal justice population, Trauma), cultural competence training status, and physical disability accommodations: LI-BHS-SUPT-DMC-ODS-Provider-Directory.pdf and Provider Lists linked to the BHS website.

C. Policies, procedures, and practices that comply with the following Title VI of the Civil Rights Act of 1964 (see page 27) requirements:

1. Prohibiting the expectation that family members provide interpreter services;
2. A client may choose to use a family member or friend as an interpreter after being informed of the availability of free interpreter services; and
3. Minor children should not be used as interpreters.

BHS has enacted policies that comply with Title VI of the Civil

Rights Act of 1964 and addresses interpretation services by family members with Policy No. 01-03 "Interpretation Services by Family Members" and Policy No. 01-02 "Procedure for Access to Interpreter Services". According to these policies, the use of family members as interpreters is prohibited except in rare or extenuating circumstances. The following is an excerpt from the policy 01-03:

Family members can be used as interpreters only in the following situations:

1. *In emergencies where no other means of interpretation or communication are available.*
2. *When a client specifically chooses not to use a BHS interpreter and elects to use a family member for interpretation services, a Release of Information form must be signed by the client before the family member may be used as an interpreter. (See attached release form). Continued offers to provide an independent interpreter must not be excluded by this initial decision. Clinical decisions must always inform these efforts and may involve utilizing both family and independent interpreters in specific circumstances.*

Additionally, the following is an excerpt from Policy 01-02: Procedure for Access to Interpreter Services:

A. *Sacramento County BHS generally prohibits the use of family members as interpreters except in rare or extenuating circumstances:*

    1. *In emergencies where no other means of interpretation or communication are available.*

    2. *When a client specifically chooses not to use an interpreter provided by BHS and elects to use a family member for interpretation services, a Release of Information form must be signed by the client before the family member may be used as an interpreter. (See attached release form). Continued offers to provide an independent interpreter must not be excluded by this initial decision. Clinical decisions must always inform*

these efforts and may involve utilizing both family and an independent interpreter in specific circumstances.

Sacramento County BHS prohibits the use of children as interpreters in any circumstance. *In the event of emergency situations, providers are always responsible to access alternative interpreter services to ensure that children are not placed in a position to make this decision.*

To view Policy No. 01-03 "Interpretation Services by Family Members", visit the BHS Policy and Procedure webpage at: https://dhs.saccounty.gov/BHS/Documents/BHS-Policies-and-Procedures/PP-BHS-QM-01-03-Interpretation-Services-by-Family-Member

V. Required translated documents, forms, signage, and client informing materials

The county shall have the following available for review during the compliance visit:

A. Culturally and linguistically appropriate written information for threshold languages, including the following, at minimum:

1. Member service handbook or brochure;
2. General correspondence;
3. Beneficiary problem, resolution, grievance, and fair hearing materials;
4. Beneficiary satisfaction surveys;
5. Informed Consent for Medication form;
6. Confidentiality and Release of Information form;
7. Service orientation for clients;
8. Behavioral health education materials, and
9. Evidence of appropriately distributed and utilized translated materials.

All the materials listed above are available for review in English and the Sacramento County's threshold languages (Arabic, Cantonese, Farsi, Hmong, Russian, Spanish, and Vietnamese) during a compliance visit.

B. Documented evidence in the clinical chart that clinical findings/reports are communicated in the clients' preferred language.

Documented evidence in the clinical chart that clinical findings/ reports are communicated in the client's preferred language will be available for review during the compliance visit. All providers in both MH and SUPT have assessments recorded in our Smart Care billing system, which includes a demographics screen/form which asks the client's preferred language, etc. As of July 1, 2023, this is now entered in SmartCare Electronic Health Record and clinicians identify the interpreting agency.

C. Client satisfaction survey translated in threshold languages, including a summary report of the results (e.g., back translation and culturally appropriate field-testing).

The Treatment Perception Survey (TPS) is administered to SUPT youth and adult clients for a specific sample period, which is distributed by service providers in English and 12 additional threshold languages. SUPT service providers administered the TPS October 21-25, 2024, which included race, ethnicity, cultural sensitivity, understood communication, and treated with respect. The table below depicts the demographics of those who completed the survey compared to those served during the survey collection week. Nine percent (9%) of youth served during the week completed a survey and 13% of adults completed a survey.

TPS 2024 (10/21/24 - 10/25/24)			
Age Group	Unduplicated # Served	# Completed Surveys	% Completed
Youth 12-17	45	4	9%
Adults 18+	2824	378	13%
Total	2869	382	13%

The Consumer Perception Survey is distributed by MH service providers in all threshold languages to MH clients. It was distributed in May 2024.

The Division of Behavioral Health encourages its Mental Health providers to reach a response rate of at least 75%. Response rate (B/A) is calculated by dividing the number of surveys received

(whether they were fully completed), by the unduplicated number of clients receiving face-to-face services during the collection period.

The completion rate (C/B) is determined by dividing the number of surveys completed, by the total number of surveys received. The completion rate for the current survey period increased from the previous period for Adults, Older Adults, and Youth, but decreased for Caregivers.

The percentage of consumers reflected (C/A) is determined by dividing the number of surveys completed by the total number of consumers served. The percentage of consumers reflected went down for Adults, remained the same for Older Adults and increased for Caregivers and Youth, as displayed in the table below.

	A	B	C	B/A	C/B	C/A
	Consumers Served (N)	Surveys Received (N)	Completed Surveys (N)	Response Rate (%)	Completion Rate (%)	Consumers Reflected (%)
Adults – May 2024	3218	830	469	26	57	15
May 2023	2446	986	517	40	52	21
May 2022	1857	665	350	36	53	19
June 2021	1490	571	241	38	42	16
Older Adults – May 2024	661	224	142	34	63	22
May 2023	501	187	109	37	58	22
May 2022	213	132	51	62	39	24
June 2021	339	205	86	61	42	25
Caregivers – May 2024	2916	795	545	27	69	19
May 2023	2837	551	414	19	75	15
May 2022	2206	705	454	32	64	21
June 2021	2242	1441	405	64	28	18
Youth – May 2024	1962	545	436	28	80	22
May 2023	2074	486	376	23	77	18
May 2022	1305	528	368	41	70	28
June 2021	1330	933	269	70	29	20

D. Report mechanisms for ensuring accuracy of translated materials in terms of both language and culture (e.g., back translation and culturally appropriate field-testing).

See D. response below.

E. Report mechanisms for ensuring translated materials are at an appropriate reading level (6th grade). Source: Department of Health Services and Managed Risk Medical Insurance Boards.

This response applies to D and E:

All BHS brochures are translated by County approved contracted interpreters/translators and undergo culturally appropriate field testing. The BHS document translation policy requires the following:

i. All BHS programs and BHS contract providers shall utilize qualified translators or individuals who have passed a written language proficiency test to translate written materials.

ii. If an individual who has not passed a written language proficiency test translates a document, then the completed document must be forwarded to BHS for review prior to use.

iii. The translation should be done at a 5th grade reading level.

iv. The forward and back method of translation shall be used for all documents requiring translation.

v. The layered review should be completed by a second and third translator reviewing the documents.

vi. A review shall also be conducted with clients/ community members to ensure that the document is clear and meets the education level of the community.

Source: Department of Health Services

CRITERION 8

COUNTY MENTAL HEALTH SYSTEM

ADAPTATION OF SERVICES

Rationale: Organizations should ensure that clients/consumers receive from all staff members, effective, understandable, and respectful care, provided in a manner compatible with their cultural health beliefs and practices and preferred language (CLAS Final Report).

I. Client driven/operated recovery and wellness programs

The county shall include the following in the CCPR Modification (2010):

A. List client-driven/operated recovery and wellness programs and options for consumers that accommodate racially, ethnically, culturally, and linguistically specific diverse differences.

II. Responsiveness of mental health services

The county shall include the following in the CCPR Modification (2010):

A. Documented evidence that the county/contractor has available, as appropriate, alternatives and options that accommodate individual preference, or cultural and linguistic preferences, demonstrated by the provision of culture-specific programs, provided by the county/contractor and/or referral to community- based, culturally-appropriate, non-traditional mental health provider.

(Counties may develop a listing of available alternatives and options of cultural/linguistic services that shall be provided to clients upon request. The county may also include evidence that it is making efforts to include additional culture-specific community providers and services in the range of programs offered by the county).

B. Evidence that the county informs clients of the availability of the above listing in their member services brochure. If it is not already in the member services brochure, the county will include it in their next printing or within one year of the submission of their CCPR.

C. Counties have policies, procedures, and practices to inform all Medi-Cal beneficiaries of available services under consolidation of specialty mental health services.

(Counties may include **a.)** Evidence of community information and education plans or policies that enable Medi-Cal beneficiaries to

access specialty mental health services; or **b.**) Evidence of outreach for informing under-served populations of the availability of cultural and linguistic services and programs (e.g., number of community presentations and/or forums used to disseminate information about specialty mental health services, etc.)

D. Evidence that the county has assessed factors and developed plans to facilitate the ease with which culturally and linguistically diverse populations can obtain services. Such factors should include:

1. Location, transportation, hours of operation, or other relevant areas;
2. Adapting physical facilities to be accessible to disabled persons, while being comfortable and inviting to persons of diverse cultural backgrounds (e.g., posters, magazines, décor, signs); and
3. Locating facilities in settings that are non-threatening and reduce stigma, including co-location of services and /or partnerships, such as primary care and in community settings. (The county may include evidence of a study or analysis of the above factors, or evidence that the county program is adjusted based upon the findings of their study or analysis.)

III. Quality Assurance

Requirement: A description of current or planned processes to assess the quality of care provided for all consumers under the consolidation of specialty mental health services. The focus is on the added or unique measures that shall be used or planned in order to accurately determine the outcome of services to consumers from diverse cultures including, but not limited to, the following:

The county shall include the following in the CCPR Modification (2010):

A. Grievances and Complaints: Provide a description of how the county mental health process for Medi-Cal and non-Medi-Cal client Grievance and Complaint/Issues Resolution Process data is analyzed and any comparison rates between the general beneficiary population and ethnic beneficiaries.

CRITERION 8

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

ADAPTATION OF SERVICES

I. Client driven/operated recovery and wellness programs

The county shall include the following in the CCPR Modification (2010):

A. List client-driven/operated recovery and wellness programs and options for clients that accommodate racially, ethnically, culturally, and linguistically specific diverse differences.

The Living Room: Is a Supporting Community Connections (SCC) program, operated by A Church For All, that provides culturally informed support services to African American community members across genders and all age groups. The program provides multi-faceted outreach and engagement activities that are intended to promote and support community connections and improve access to behavioral health and other needed services. These activities include participating in community outreach events and conducting presentations in faith-based and community-based organizations serving African American community members such as in schools, afterschool programs, and youth programs. The program has also implemented a social media strategy to provide suicide prevention, programmatic, and resource information.

To promote trust and ease of access, support services are co-located two days per week, at Rose Family Creative Empowerment Center, a central location within the African American community.

Cal Voices, Client-Operated Warmline: Operates a non-crisis telephone support service available to all Sacramento County adult residents during the specific (peak) hours of Monday thru Friday from 9:00 AM to 5:00 PM. Warmline goals are to support individuals with increasing access and linkage to needed services; improving self-reported life satisfaction and wellbeing; and reducing suicide risk factors including isolation and the need for crisis services while enhancing protective factors including connectedness and knowledge of available resources.

Warmline callers receive culturally/linguistically appropriate services which may include but are not limited to supportive listening, coaching, mentoring, linkage and referral to behavioral health services and other needed resources, skill building, and social networking. The Warmline also provides support services including Wellness Recovery Action Plan (WRAP) workshops; community outreach and engagement; one-on-one peer support; community education and training about mental health issues; and volunteer training, development, and support.

Capital Star Peer Support Services: Peer Support Services operates at six (6) County-Operated programs, including Adult Psychiatric Support Services (APSS) Clinic, Child and Adolescent Psychiatry (CAPS) Clinic, Mental Health Treatment Center (MHTC), Youth Detention Facility (YDF), and Interagency Placement Committee (IPC) on a voluntary basis.

Peer Support Services is founded on key principles of respect, shared responsibility, and mutual agreement of what is helpful to individuals in recovery. Peer Support Services is about fostering a connection with a client, based on similar lived experiences, and making a connection that leads to honest conversations about challenges and hope in a client's life. Peer Support Services are a person-centered approach with emphasis on a strength-based model, leading to empowerment and independence.

Peers are recruited for both their life experiences and their cultural background and reflect the cultural diversity of Sacramento County. Peers talk to clients in empathetic ways, sharing their lived experience to foster hope and a sense of community. Peers meet with clients and discuss hope, strategies for change, ideas for growth, and goals/dreams. Peers also facilitate several recovery groups, in an effort to keep clients connected and active with other peers and resources.

CORE Program Community Wellness Centers: The CORE Program, includes eleven (11) co-located peer-run Community Wellness Center sites geographically located throughout the Sacramento County community that are operated by four (4) providers: Turning Point Community Programs operating three (3) sites; El Hogar Community Services operating two (2) sites; Bay Area Community Services (BACS) operating three (3) sites, and Hope Cooperative operating three (3) sites. Turning Point Community Programs subcontracts with Sustainable Wellness

Solutions (SWS) to operate three (3) Community Wellness Centers.

The focus of the Community Wellness Centers is to connect individuals, ages 18 and older, to peer led meaningful groups, activities and additional support resources by acting as a drop-in center for all interested community members. The Community Wellness Centers act as the front door for individuals interested in mental health services and have the ability to connect those who qualify to their Outpatient program for assessments for ongoing mental health services. Community Wellness Centers are shaped by ongoing feedback from community, community members and clients to create a space that is welcoming, culturally responsive and client centered. Some of the sites will have access to shower and laundry facilities. All 11 sites have 2 Community Outreach Workers to support in connecting our unhoused community members to the Community Wellness Centers and support in getting connected to ongoing mental health services should they be interested and qualify.

II. Responsiveness of mental health services

The county shall include the following in the CCPR Modification (2010):

A. Documented evidence that the county/contractor has available, as appropriate, alternatives and options that accommodate individual preference, or cultural and linguistic preferences, demonstrated by the provision of culture-specific programs, provided by the county/contractor and/or referral to community-based, culturally appropriate, non-traditional mental health provider.

(Counties may develop a listing of available alternatives and options of cultural/linguistic services that shall be provided to clients upon request. The county may also include evidence that it is making efforts to include additional culture-specific community providers and services in the range of programs offered by the county).

The County of Sacramento has community-based programs serving culture and language-specific groups. Leveraging Prevention and Early Intervention (PEI) funding, BHS contracts with culturally specific providers to offer culturally responsive and linguistically appropriate PEI and mental health respite programs.

For a listing of these programs, please view program information found on the BHS website at https://dhs.saccounty.gov/BHS/Documents/MHP-MediCal-

Providers/LI-PEI-and-MH-Respite-Services-Provider-List-English.pdf.

As referenced in the previous section, the Client-Operated Warmline operated by Cal Voices and the Peer Support Services Program, administered by Capital Star, are examples of client driven/operated recovery and wellness programs. The Peer Support Services Program is a collaborative and integrated program within the following County operated programs:

- Adult Psychiatric Support Services (APSS)
- Child and Adolescent Psychiatric Services (CAPS)
- Mental Health Treatment Center (MHTC)
- Youth Detention Facility (YDF)
- Interagency Placement Committee (IPC)
- Community Support Team (CST)

To further support the recovery process, Peer Support Services are provided to clients and their families receiving services within these County operated programs. Additionally, several county-operated programs employ Behavioral Health Peer Specialists and Senior Behavioral Health Peer Specialists in the following programs:

- Homeless Engagement and Response Team (HEART)
- Community Wellness Response Team (CWRT)
- Behavioral Health Services-Screening And Coordination (BHS-SAC)
- Substance Use Prevention and Treatment (SUPT)
- Community Assistance, Recovery and Empowerment (CARE) Court

These efforts are accomplished through a variety of interventions, including informing clients about recovery and services, advocating, connecting to resources, decreasing isolation and risk for suicide, reducing unnecessary use of psychiatric hospitalization, law enforcement, and jail, increasing individual/family and natural support persons' knowledge of available resources, experiential sharing, relationship building, socialization/self-esteem building, group facilitation and assisting clients with overcoming barriers to seeking services due to racial, ethnic, cultural or language barriers, which are key strategies contributing to successful outcomes.

Lastly, the Behavioral Health Services Act (BHSA) employs three Behavioral Health Specialist Program Managers which support providers and county-operated programs with recruitment, peer

certification, trainings, leadership development, and curriculum development.

The Prevention and Early Intervention (PEI) component provides funding for programs and activities designed to prevent mental illness from occurring or becoming more severe and disabling. Sacramento County's PEI Plan is comprised of four (4) previously approved programs designed to address suicide prevention and education; strengthening families; integrated health and wellness; and mental illness stigma and discrimination reduction.

Included in PEI programming are respite programs, all of which involve peers. Respite program goals include providing a safe environment in which participants increase their knowledge of available supports and how to access them, improve well-being, reduce stress, increase connectedness, and reduce feelings of isolation, decrease risk of harm, and reduce visits to the emergency room and psychiatric hospitals. There are currently five respite programs:

- **Caregiver Crisis Intervention Respite Program** – Del Oro Caregiver Resource Center: Administered by Del Oro Caregiver Resource Center, decreases hospitalizations due to mental health crises of family caregivers of dementia patients. The program provides respite care, family consultation, home visits and an assessment with a Master's level clinician to develop a care plan focused on services, supports, and wellness. The program serves adult caregivers of all age groups with most caregivers being in the 60+ age range.

- **Homeless Teens and Transition Age Youth (TAY) Respite Program** – Administered by Wind Youth Services, Rejuvenation Haven program provides mental health crisis respite care via a drop-in center or pre-planning to transition age youth aged 13-25 years old who are experiencing overwhelming stress due to life circumstance and homelessness. Services include screening, planning, crisis intervention, enriching workshops, health screenings, groups, crisis counseling and case management.

- **Ripple Effect Respite Program** –Administered by A Church for All, this program provides planned mental health respite care designed to prevent acute mental health crisis from occurring for adults ages eighteen and older, with an emphasis on people of color who may identify as LGBTQ. The program utilizes a peer

run structure to increase social connectedness and operates a daily support group that helps participants overcome suicide risk factors.

- **Lambda Lounge Adult Mental Health Respite Program** - Administered by Sacramento LGBT Community Center, this program provides drop-in mental health respite care designed to prevent an acute mental health crisis from occurring, as well as suicide prevention support services to unserved and underserved adults ages twenty-four (24) and older who identify as LGBTQ+. The program offers a variety of support groups focused on mitigating risk factors, building healthy relationships, health, and wellness, etc.

- **Q Spot Youth/Transition Age Youth (TAY) Respite Program** –Administered by Sacramento LGBT Community Center, this program provides drop-in mental health respite care and supportive services to unserved and underserved youth/TAY ages thirteen (13) through twenty-three (23) who identify as LGBTQ+.

Every September, Sacramento County celebrates **National Recovery Month** to increase awareness and understanding of mental health and substance use disorders and celebrate the people in recovery. This annual event is organized by the California Consortium of Addiction Programs and Professionals and in collaboration Sacramento County Substance Use Prevention and Treatment (SUPT) Services and community-based service providers, host this event at the California State Capitol. The event includes a recovery walk, pancake breakfast, provider fair, sobriety countdown, keynote speakers, advocacy, entertainment and giveaways. Individuals in recovery and their peers in recovery share their diverse experiences and stories of healing while also meeting new peers to support their continued journey in recovery. This event emphasizes that individuals in recovery and their support systems can be "*change*" agents in our communities.

Figure 1: Two people talking at the Sacramento County Substance Use Prevention and Treatment vendor table.

Figure 3: A person standing in front of a tree looking at the Gone Too Soon Memorial Posters, those lost to opioid overdose and fentanyl poisoning.

Figure 2: Sacramento County representative and CCAPP CEO and President standing in front of a podium with a plaque during the Resolution presentation at the 32nd Annual Recovery Happens at the California State Capitol.

B. Evidence that the county informs clients of the availability of the above listing in their member services brochure. If it is not already in the member services brochure, the county will include it in their next printing or within one year of the submission of their CCPR.

The MHP informs clients of the availability of the above listing in our Member Services Brochure. It is provided to clients in all threshold languages, noted in the case file, and checked in Quality Management case reviews. The same is true for SUPT.

For example, resources in all threshold languages are available online at https://dhs.saccounty.gov/BHS/Pages/Resources.aspx.

C. Counties have policies, procedures, and practices to inform all Medi-Cal beneficiaries of available services under consolidation of specialty mental health services.

(Counties may include **a.)** Evidence of community information and education plans or policies that enable Medi-Cal beneficiaries to access specialty mental health services; or **b.**) Evidence of outreach for informing under-served populations of the availability of cultural

and linguistic services and programs (e.g., number of community presentations and/or forums used to disseminate information about specialty mental health services, etc.)

Outreach to underserved linguistic and cultural groups is integrated into our practice. For example, outreach materials are available in all of the Sacramento County threshold languages and outreach is conducted by BHS in partnership with our Supporting Community Connections programs and PEI respite programs, all of whom have trusted relationships with the communities they serve. Please see **Appendix 14** for a compiled Outreach Log from MHP providers, SUPT providers and PEI providers as well as the county operated programs. For FY 2024-25, BHS programs and providers outreached at 833 events, reaching 262,079 individuals in Sacramento County.

Many program brochures that are used at outreach events are available in all threshold languages and are available online on the BHS website. To learn more, visit the BHS Resources webpage at https://dhs.saccounty.gov/BHS/Pages/Resources.aspx.

D. Evidence that the county has assessed factors and developed plans to facilitate the ease with which culturally and linguistically diverse populations can obtain services. Such factors should include:

1. Location, transportation, hours of operation, or other relevant areas;

2. Adapting physical facilities to be accessible to disabled persons, while being comfortable and inviting to persons of diverse cultural backgrounds (e.g., posters, magazines, décor, signs);

3. Locating facilities in settings that are non-threatening and reduce stigma, including co-location of services and /or partnerships, such as primary care and in community settings. (The county may include evidence of a study or analysis of the above factors, or evidence that the county program is adjusted based upon the findings of their study or analysis.)

BHS is intentional about appropriating services where they are most needed. Target zip codes with high need and/or low service availability are prioritized for siting services. In the 2023 update, the Adult Redesign transformed the entire adult system to site services around the county in target zip codes. Last year, in Child and Family services, Flexible Integrated Treatment (FIT) issued a

request for proposal (RFP). As part of the RFP process for the 16th FIT site, contractors were asked to consider that their outpatient mental health service co-located sites, and a hub site, should be located in high need zip codes identified in the RFP that have higher than average incidences with CPS, poverty, highest referrals for FIT services, and child deaths but with few resources available.

BHS has conducted multiple community-driven studies, including the Mental Health Services Act (MHSA) Innovation Component Project 7 Plan (INN7) Phase 1 Report and the Community-Defined Mental Wellness Project for the African American/Black/African Descent (AA/B/AD) unhoused/at risk of becoming unhoused, which collectively demonstrate how the County has assessed barriers and developed plans to improve access for culturally and linguistically diverse populations. Engagement sessions were intentionally held in accessible, trusted community locations identified by the AA/B/AD community (e.g., churches, libraries, shelters, encampments, community centers). Transportation was consistently identified as a major barrier. In response, BHS provided Regional Transit passes and collapsible carts to unhoused participants. Findings confirm that to serve culturally and linguistically diverse populations effectively, services must be mobile, accessible, and flexible; facilities must be physically and culturally welcoming; and programs should be embedded in trusted, non-threatening community settings with strong partnerships and co-located supports. These efforts directly inform program design.

From June 5–18, 2025, BHS posted the draft LOI/PP for public review on our website and distributed it broadly via email, inviting final feedback to ensure the draft accurately reflected community input and priorities shared during earlier engagement sessions. No additional feedback was received during this review period.

As part of the procurement process for INN7, organizations were asked to have established trusted hub sites located in zip code(s) 95838 and either 95820, 95823, or 95824, identified as having some of the highest concentrations of homelessness in Sacramento County along with other risk factors such as high poverty, housing instability, chronic health conditions, and violent crime rates. Organizations were asked to submit Program Proposals that reflected culturally rooted and community-defined practices to address these inequities and engage populations disproportionately impacted by homelessness.

III. Quality Assurance

Requirement: A description of current or planned processes to assess the quality of care provided for all consumers under the consolidation of specialty mental health services. The focus is on the added or unique measures that shall be used or planned in order to accurately determine the outcome of services to consumers from diverse cultures including, but not limited to, the following:

The county shall include the following in the CCPR Modification (2010):

A. Grievances and Complaints: Provide a description of how the county mental health process for Medi-Cal and non-Medi-Cal client Grievance and Complaint/Issues Resolution Process data is analyzed and any comparison rates between the general beneficiary population and ethnic beneficiaries.

Quality Management Member Services (QM) is currently reviewing the grievance and complaints for the FY 2024-25. At this time, the collection and analysis are not available for the FY 2024-25 report but will be available at the time for the next Cultural Competence Plan.

The MHP monitors and tracks the grievance, appeal and State Fair Hearing processes using an Access database. The database captures beneficiary demographics, date of receipt, date logged, date acknowledgement letter is mailed to the beneficiary, nature of the issue, actions taken to resolve the issue and the resolution date. In addition, the database generates reports to assist staff to monitor their progress towards completion and compliance with timeliness requirements for unresolved grievances and appeals. Grievances and appeals were logged timely with a success rate of 100%, grievances were resolved with a success rate of 100%, and both expedited and standard appeals were resolved with a 100% success rate. The MHP records actions taken for State Fair Hearing issues in the Access database, but the notification of a hearing and the resolution of the hearing is managed by the State Fair Hearing Office.

The California Department of Health Care Services (DHCS) requires Mental Health Plans (MHP) to submit an annual accounting of grievances and appeals filed by Medi-Cal beneficiaries regarding their provision of mental health services called the Managed Care

Plan Annual Report (MCPAR).

During FY 2023-24, the MHP received 400 grievances reportable on the DHCS Managed Care Program Annual Report (MCPAR), meaning 1.6% of members filed a grievance, or slightly more than 1 in every 100 members. Grievances involve any issue of dissatisfaction with MHP services brought to the attention of the Plan, other than an adverse benefit determination. This fiscal year, grievances received related to Abuse, Neglect or Exploitation (3), accessing services (9), Case Management (130), Communication Issues (13), Customer Service (11), Denial of Expedited Appeal (1), Inpatient Services (1), Payment/Billing (1), Quality of Care (172), and Other (59). Grievances are managed by licensed clinicians in accordance with best clinical practice, County and Provider policies and procedures, and State and Federal regulations. Grievances are resolved in favor of the beneficiary, whenever possible and appropriate.

In addition, whenever the MHP makes a decision that adversely affects a member's Plan benefits the member is issued a Notice of Adverse Benefit Determination (NOABD) notifying them of the action being taken or intended to be taken. When the member disagrees with the determination, they have the right to file an appeal. During FY 23-24, the MHP received 130 appeals. The types of NOABDs issued that resulted in an appeal included, Denial or Limited Authorization of Services (46), and the Reduction, Suspension, or Termination of a Previously Authorized Service (84). A total of 530 grievances and appeals were reportable to DHCS.

The table below illustrates a comparison of the number of grievances and appeals brought to the attention of the MHP by members during FY 22-23 versus those received during FY 23-24.

Sacramento County Mental Health Plan						
Annual Problem Resolution Summary/Analysis Report						
Category	**Adults**		**Children**		**Total**	
Fiscal Year	**22-23**	**23-24**	**21-22**	**23-24**	**22-23**	**23-24**
Grievances	211	297	97	103	308	400
Standard Appeal	75	100	35	28	110	128
Expedited Appeal	0	1	0	1	0	2
Total	286	398	132	132	418	530

The MHP predominantly provides services in English. Members whose primary language is other than English receive services either by staff competent in the beneficiary's language or by interpreters. Auxiliary aids are also available, upon request and at no cost to the beneficiary, to ensure clear and accurate communication. The table below reflects the race/ethnicity of beneficiaries who have submitted grievances, appeals or State Fair Hearings during FY 2023-24. As seen in the table, White/Caucasian, who have the highest population within the MHP also has the largest number of grievances (159), but the second highest number of appeals (36). African American/Black, who have the second largest population of MHP beneficiaries also have the second highest number of grievances (115), yet the most filed appeals (42). Spanish/Hispanic have the third largest number of filed grievances (68) and appeals (31). The majority of grievances received were in the areas of Quality of Care (172) and Case Management (130).

Ethnicity	Abuse, Neglect, Exploitation	Access to Services	Case Management	Communication	Customer Service	Denial of Expedited Appeal	Inpatient	Other MCPAR Grievances	Payment or Billing	Quality of Care	Total MCPAR Grievances	Appeals	SFH
American Indian	0	0	1	0	0	0	0	1	0	2	4	1	0
Black	1	2	41	5	3	0	0	16	0	47	115	42	0
Chinese	0	0	2	0	0	0	0	2	0	0	4	0	0
Multiracial	0	0	6	0	0	0	0	1	0	10	17	3	1
Other	0	0	0	0	0	0	0	0	0	1	6	1	0
Other Asian	0	0	2	0	0	0	0	3	0	1	15	7	0
Spanish	0	1	23	2	2	0	0	11	0	29	68	31	1
Unknown	0	1	1	1	2	0	0	0	1	2	8	7	1
Vietnamese	0	0	2	0	0	0	0	0	0	2	4	2	0
White	2	2	49	3	4	1	1	24	0	73	159	36	2
Total	3	9	130	13	11	1	1	59	1	172	400	130	5

There was an overall increase in the number of Medi-Cal beneficiaries within the MHP during this fiscal year. The number of grievances and appeals rose in kind and remained under 2%, in accordance with historical data. The MHP remains committed to improving the overall care provided to our members and particularly strives to improve the quality of care given through increased staff responsiveness to members' calls and inquiries, providing services in a professional and friendly manner and to include additional therapy and case management services, whenever possible. Unfortunately, Sacramento County MHP, like the State of California and the nation, continues to struggle with staff shortages in the mental health field post-COVID, despite efforts to hire and retain qualified staff. The MHP has made accessing services easier by putting more provider sites throughout the county and allowing members to drop-in to sites for services. As stated in Criterion 3, the integration of the MH ACCESS Team and Substance Use Disorder System of Care for Adults occurred on January 1, 2025, renaming the integrated program to BHS-Sac. Similarly, the MHP is continuing its efforts to attract qualified staff to the MHP through advertising employment opportunities, job fairs, and competitive salaries and benefits. Existing staff are encouraged to participate in training opportunities to increase compliance and to learn effective strategies to meet their own individual needs.

As important, the MHP has a goal of having all staff trained in cultural competence. This fiscal year there were disproportionate appeals and requests to change providers by those identifying as African American/Black, in comparison to those identifying as White/Caucasian who has the largest number of members within the MHP. The MHP strives to treat all members equally and equitably and aims to educate staff about the various cultures and their unique needs with the intention of decreasing conscious or unconscious biases from negatively influencing services provided to BHS members.

ADULT BEHAVIORAL HEALTH SERVICE CONTINUUM
FISCAL YEAR 2024 - 2025

September 2024

Prevention and Early Intervention (PEI)

PEI Project 1
Suicide Prevention
- Suicide Prevention Crisis Line (call, text, chat)
- Community Support Team*
- Bereavement Support Group and Grief Services – Friends for Survival
- Supporting Community Connections*
- Emergency Department Follow-Up
- Mental Health Respites*
- Mobile Crisis Support Team*
- Crisis Navigation Program*

PEI Project 2
Strengthening Families
- Bullying Prevention Education and Training
- Early Violence Intervention Begins with Education (eVIBE)
- Child Protective Services Mental Health Team
- Sacramento Children's Home - The Source*

PEI Project 3
Integrated Health and Wellness
- El Hogar SeniorLink
- Community Responsive Wellness Program for Black Communities of Sacramento

PEI Project 4
Mental Health Promotion Program
- Community Education
- Community Outreach and Engagement
- Multi-Media Project
- Speakers Bureau

Supporting Community Connections*

A Church for Us dba A Church for All
serving African American community

Asian Pacific Community Counseling
serving Cantonese-speaking, Hmong, and Vietnamese communities

Children's Receiving Home
serving homeless, LGBTQ or Foster Youth/TAY (ages 12 to 25)

Iu Mien Community Services
serving Iu Mien community

La Familia Counseling Center
serving Spanish-speaking/ Latino community

Cal Voices
Consumer Operated Warmline

La Familia Counseling Center
serving Older Adults (ages 55+)

Sacramento Native American Health Center
serving American Indian/ Alaskan Native community

Slavic Assistance Center
serving Slavic/Russian speaking community & Ukrainian phone support

Refugees Enrichment and Development Association
serving Arabic speaking community

Serving Farsi speaking community
(in development)

Serving Afghan community
(in development)

Mental Health Respites*

A Church for Us dba A Church for All
The Ripple Effect

Capital Adoptive Families Alliance
Adoptive Families Respite Program

Del Oro
Caregiver Crisis Intervention Respite Center

Sacramento LGBT Community Center
Lambda Lounge Adult Mental Health Respite Program
(age 18+)

Sacramento LGBT Community Center
Q-spot/TAY Respite Program
(ages 13-25)

St. John's Program for Real Change
Mental Health Respite Program for Women and Children

Hope Cooperative
Mental Health Crisis Respite Center

Turning Point
Abiding Hope Respite House

Wind Youth Services
Respite Program
(for Youth and TAY)

Family Respite Center
(coming soon)

Entry Points

All CORE Community Wellness Centers

Sacramento County
MH Access Team and SUPT System of Care

Sacramento County
CWRT

Sacramento County
HEART

Sacramento County
Intensive Placement Team

Mental Health Treatment Center
Intake Stabilization Unit

Sacramento County
CST*
in partnership with Cal Voices Peer Program

Asian Pacific Community Counseling
Assistance Access and Interpreter Services System-Wide

CSET for CSEC
(Age 12-21)

Central Star
Youth Help Network*
(TAY age 16-25)

Community & Wellness Outreach

CORE Community Wellness Centers
- BACS Cedar
- BACS Sycamore
- BACS Willow
- El Hogar Marigold
- El Hogar Mariposa
- Hope Cooperative Howe
- Hope Cooperative Marconi
- Hope Cooperative X St.
- Turning Point Madison
- Turning Point Rosin
- Turning Point Elk Grove

CORE Community Outreach Teams
- BACS Cedar
- BACS Sycamore
- BACS Willow
- El Hogar Marigold
- El Hogar Mariposa
- Hope Cooperative Howe
- Hope Cooperative Marconi
- Hope Cooperative X St.
- Turning Point Madison
- Turning Point Rosin
- Turning Point Elk Grove

Specialty Mental Health Services
Moderate Intensity ⟺ High Intensity

Outpatient Service Providers

CORE Outpatient Program
- BACS CORE Cedar
- BACS CORE Sycamore
- BACS CORE Willow
- El Hogar CORE Marigold
- El Hogar CORE Mariposa
- Hope Cooperative CORE Howe
- Hope Cooperative CORE Marconi
- Hope Cooperative CORE X St.
- Turning Point CORE Madison
- Turning Point CORE Rosin
- Turning Point CORE Elk Grove

THRIVE Outpatient Programs
- WellSpace THRIVE OP+ (coming soon)
- BACS THRIVE OP+ (coming soon)

Sacramento County APSS Clinic
In partnership with Central Star Behavioral Health Peer Support Services Program

Sacramento County CAPS Clinic
In partnership with Central Star Behavioral Health Peer Support Services Program
(ages 0-21)

Sacramento Early Diagnosis and Preventative Treatment Clinic (SacEDAPT)*
(ages 13-25)

Full Service Partnerships (FSP)
- APCC TWC
- Capital Star TAY
- El Hogar CJSP*+
- El Hogar SEWP
- Hope Cooperative New Direction
- River Oak JJDTP+
- Telecare ARISE
- Telecare SOAR
- Turning Point ISA
- Turning Point Pathways
- Telecare OASIS*+
  - AOT
  - AOT Intensive Engagement Team
- Heartland Family FSP
- BACS THRIVE+ (coming soon)

Augmented Board and Care (ABC)

Court/Justice Collaborative

Sacramento County Clinical Team
Adult Day Reporting Center-Partnership with Probation

Sacramento County Collaborative Court Clinical Team
- Mental Health Court
- Mental Health Diversion

Justice Diversion Treatment Resource Center (JDTRC)

Crisis Services

Sacramento County
24/7 Community Wellness Response Team
In partnership with WellSpace 988 and BACS Crisis Navigation Program (CNP)*

Mental Health Urgent Care Clinic

Mobile Crisis Support Teams*
- MCST-Citrus Heights PD
- MCST-Elk Grove PD
- MCST-Folsom PD
- MCST-Galt PD
- MCST-Los Rios PD
- MCST-SSD – North
- MCST-SSD – South
- MCST -Rancho Cordova

Crisis Residential Programs
- Turning Point Community Programs:
  - Viking Drive, 15 beds
  - Henrietta, 15 beds
  - M Street, 15 beds
- Capital Star Behavioral Health Transition Age Youth:
  - Marconi, 15 bed

BACS
Crisis Navigation Program*
- Kaiser South ED
- Kaiser North ED
- Mercy General ED
- Mercy Folsom ED
- Methodist ED
- San Juan ED
- Sutter ED
- Sutter Center for Psychiatry
- UC Davis ED
- Heritage Oaks
- Sierra Vista
- Crestwood PHF

Sacramento Children's Home
The Source*
(up to age 25)

Central Star
Youth Help Network*
(Transition Age Youth age 16-25)

WellSpace Health
Crisis Receiving for Behavioral Health (CRBH)
(Age 18+)*

Acute Care

Consumer Self Help Office of Patient's Rights

ELIGIBILITY: Adults who are a danger to themselves or others or require 24-hour care in a locked setting.

Crisis Stabilization*
- MHTC Intake and Stabilization Unit

Inpatient
- MHTC – Stockton Blvd
- Sierra Vista
- Heritage Oaks
- Sutter Center for Psych
- Sacramento Behavioral Health Hospital

Psychiatric Health Facilities (PHF)-16 Beds
- Crestwood - Engle
- Crestwood – Stockton
- Heritage Oaks

Sub Acute Care

ELIGIBILITY: Target population criteria is individuals who are unable to reside in the community as a result of psychiatric conditions. Often have co-morbid medical or substance abuse disorders. Clients in secure settings are on LPS Conservatorship.

Adult Residential Treatment (ART)
- God's Love Outreach Ministries (GLOM)
- Psynergy Programs

Transitional Residential Program

Mental Health Rehabilitation Centers

Psychiatric Skilled Nursing Facilities

State Psychiatric Hospitals

Advocacy
Consumer Advocate Liaison to Division of Behavioral Health & Adult & Family Advocate Liaison to Division of Behavioral Health

System Partners
- Managed Care Plans (MCP)
- Substance Use Prevention and Treatment
- Employment Cooperative
- Department of Human Assistance (DHA)
- Probation (Adult Day Reporting Center)
- Public Guardian/Conservator Office
- Law Enforcement Agencies (LEA)

KEY

ABC – Augmented Board and Care Program
AOT – Assisted Outpatient Treatment
APSS – Adult Psychiatric Support Services
CORE – Community Outreach Recovery Empowerment
CSET for CSEC – Consultation, Support, Evaluation and Training for Commercially, Sexually Exploited Children
CSH – Consumer Self Help
CSU – Crisis Stabilization Unit
CST – Community Support Team
CWRT – Community Wellness Response Team
ED – Emergency Department
FHP – Flexible Housing Pool
HEART – Homeless Engagement and Response Team
ISA – Integrated Service Agency
MHANC – Mental Health America of Northern California
MHSA – Mental Health Services Act
MHTC – Mental Health Treatment Center
PD – Police Department
SAAC – Southeast Asian Assistance Center
SPD – Sacramento Police Department
SSD – Sacramento Sheriff Department
SUPT – Substance Use Prevention and Treatment
TAY – Transitional Age Youth
* – Double Displayed Program
+ – Justice Involved Programming

Funding Sources
- FFP/Medi-Cal
- Realignment/General Fund
- MHSA
- SAMHSA
- CalWORKS
- PATH
- SB82 CHFFA
- SB82 MHSOAC

Housing Supports
- DHA FHP
- ABC

CHILD AND FAMILY BEHAVIORAL HEALTH SERVICE CONTINUUM Serving Youth under age 21

FISCAL YEAR 2024-2025

August 2024

Prevention and Early Intervention (PEI)

PEI Project 1
Suicide Prevention
- Suicide Prevention Crisis Line (call, text, chat)
- Community Support Team[1]
- Bereavement Support Groups and Grief Services-Friends for Survival
- Supporting Community Connections[2]
- Mental Health Respites[3]
- Emergency Department Follow Up Services
- Mobile Crisis Support Teams[4]
- BACS Crisis Navigation Program[5]

PEI Project 2
Strengthening Families
- Bullying Prevention Education and Training
- Early Violence Intervention Begins with Education (eVIBE)
- Quality Child Care Collaborative (QCCC)
- Child Protective Services Mental Health Team[6]
- The Source[7]

PEI Project 3
Integrated Health and Wellness
- Sacramento Early Diagnosis and Preventive Treatment (SacEDAPT)[8]
- SeniorLink
- Community Responsive Wellness Program for the Black Communities of Sacramento

PEI Project 4
Mental Health Promotion Program
- Community Education
- Community Outreach and Engagement
- Multi-Media Project
- Speakers Bureau

SUPT Prevention Providers
- Omni
- Pro Youth & families
- Public Health Institute
- SCOE

allcove Youth Drop-in Center (Greater Sacramento Urban League)

Supporting Community Connections[2]

A Church for Us dba A Church for All
serving African American community

Asian Pacific Community Counseling
serving Cantonese-speaking, Hmong, and Vietnamese communities

Children's Receiving Home
serving homeless, LGBTQ, or foster youth/TAY (ages 12-25)

Iu Mien Community Services
serving Iu Mien community

La Familia Counseling Center
serving Spanish- Speaking/ Latino community

Cal Voices
Consumer-Operated Warmline

Sacramento Native American Health Center
serving American Indian/ Alaskan Native/Indigenous community

Slavic Assistance Center
serving Slavic/Russian-Speaking community & Ukranian Phone Support

Refugees Enrichment and Development Association serving Arabic-Speaking community

Refugees Enrichment and Development Association serving Farsi-Speaking community

Refugees Enrichment and Development Association Serving Afghan community

Mental Health Respites[3]

A Church for Us dba A Church for All The Ripple Effect*

Capital Adoptive Families Alliance
Adoptive Families Respite Program

Del Oro Caregiver Crisis Intervention Respite Center*

Sacramento LGBT Community Center
Lambda Lounge Adult Mental Health Respite Program* (age 18+)

Sacramento LGBT Community Center
Q-Spot/TAY Respite Program (ages 13-25)

St. John's Program for Real Change
Mental Health Respite Program for Women and Children*

Hope Cooperative
Mental Health Crisis Respite Center*

Turning Point
Abiding Hope Respite House*

Wind Youth Services
Respite Program (Youth/Transition Age Youth 13-25)

Family Respite Center
(coming soon)

Entry Points

All Flexible Integrated Treatment (FIT) Programs

Sacramento County MH Access Team and SUPT System of Care

Sacramento County 24/7 Community Wellness Response Team In Partnership with WellSpace 988 and BACS Crisis Navigation Program (CNP)*

Sacramento County Homeless Engagement and Response Team (HEART)
- Homeless shelter
- Homeless encampment

Sacramento County Intensive Placement Team*

Children's Crisis Stabilization Unit
MHTC Intake Stabilization Unit

Sacramento County Community Support Team[1]

Child Protective Services/ Mental Health Team[6]

Juvenile Probation/Mental Health Collaboration

Interagency Placement Committee (IPC) with Peers
(STRTP and Out of State Authorization)

Sacramento Cultural & Linguistic Center Assisted Access and Interpreter Services System-Wide

CSET for CSEC (Up to age 21)

Central Star Youth Help Network
(Transition Age Youth 16-25)

SUPT Access Points
- SUPT System of Care
  - Children's Receiving Home
  - School sites
  - Wind Youth
- Community Locations as needed
- Juvenile Court
- Youth Detention Facility

Assisted Outpatient Treatment Engagement Team

Capital Star TAY FSP
(Age 16 -25)

HeartLand Family FSP

Sacramento County CAPS Clinic

Sacramento Early Diagnosis and Preventive Treatment (SacEDAPT)[8]

Specialty Mental Health/Substance Use Prevention and Treatment
Early Childhood | Outpatient | Intensive Outpatient

Parent Child Interaction Therapy
- CAPS Clinic
- Capital Star
- River Oak
- Stanford Sierra Youth and Families
- Turning Point
- UC Davis CAARE
- Sacramento Children's Home

Quality Child Care Collaborative

Flexible Integrated Treatment (FIT)
- Capital Star
- Dignity Health
- La Familia
- River Oak
- Sacramento Children's Home
- Stanford Sierra Youth and Families
- HeartLand
- Turning Point
- UC Davis CAARE
- Pacific Clinics

Sacramento County CAPS Clinic in Partnership with Central Star Peer Support Services Program

Sacramento County APSS Clinic* in Partnership with Central Star Peer Support Services Program

SMHS/SUPT School Based Mental Health
- San Juan Unified School District – White House Counseling Center
- Sacramento County Office of Education
- Sacramento City Unified School District (SCUSD)-Safe Zone Squad-Albert Einstein Middle School
- SCUSD-Safe Zone Squad-Rosa Parks K-8 School

Psychological Testing
- Sacramento County CAPS Clinic

SUPT Outpatient Treatment
- Another Choice Another Chance
- Rio Vista
- Sobriety Brings a Change
- WellSpace Health
- Additional Outpatient Services at selected Middle Schools & High Schools

Medication Assisted Treatment Providers:
- Aegis
- BAART Programs
- CORE Medical Clinic
- MedMark
- Treatment Associates

Deaf and Hard of Hearing Community Counseling Services

Trauma Informed Culturally Responsive Therapy (TICRT)
Black/African American community

Sacramento Early Diagnosis and Preventive Treatment (SacEDAPT)[8]

Wraparound
- River Oak
- Sacramento Children's Home
- Stanford Sierra Youth and Families

Full Service Partnerships
- River Oak Juvenile Justice Diversion and Treatment Program (JJDTP) (Age 13-26)
- El Hogar CJSP
- Telecare ARISE
- Telecare Oasis
- Telecare SOAR*
- HOPE Cooperative New Direction*
- Asian Pacific Community Counseling Transcultural Wellness Center
- Capital Star Transition Age Youth (Age 16-25)
- Turning Point ISA*
- Turning Point Pathways
- HeartLand Family FSP

Therapeutic Behavioral Services (TBS)
- River Oak
- Stanford Sierra Youth and Families
- Turning Point
- HeartLand
- Sacramento Children's Home

SUPT Intensive Outpatient Treatment
- Sobriety Brings About Change
- WellSpace Health

Youth Intensive Placements and SUPT Residential

24/7 Welcoming Centers
- Temporary Shelter Care Facilities
- Emergency foster homes
- Emergency STRTPs

Short Term Residential Therapeutic Program (STRTP)
- Children's Receiving Home
- Paradise Oaks
- Sacramento Children's Home
- Gateway Residential
- Out of County STRTPs

Therapeutic Foster Care/ Specialty MH Services
- Stanford Sierra Youth and Families
- Alternative Family Services

SUPT Youth Residential Treatment
(Up to Age 18)
Out of County Referrals

SUPT Transitional Sober Living Environment Bridges
(Women & Children)

SUPT Associated Rehabilitation for Women
- River City Recovery
- Sacramento Recovery
- Saint John's Program for Real Change (take families)
- Volunteers of America (take families)
- WellSpace Health

Foster Youth Resources and Treatment
(in development)
- Alternative Family Service
- Pacific Clinics
- Sacramento Children's Home
- Environmental Alternatives
- Stanford Sierra Youth and Families
- Progress Ranch
- Foster Hope

Crisis Services

Sacramento County 24/7 988 Community Wellness Response Team in Partnership with WellSpace 988 and BACS CNP*

Mobile Crisis Support Teams[4]
- MCST Citrus Heights PD
- MCST Folsom PD
- MCST Galt PD
- MCST Los Rios PD
- MCST Rancho Cordova PD
- MCST SSD North
- MCST SSD South

Mental Health Urgent Care Clinic

Crisis Residential Programs
- Turning Point Community Programs (age 18+):
  -Viking Drive, 15 beds
  -Henrietta, 15 beds
  -M Street, 15 beds
- Capital Star Behavioral Health Transition Age Youth - Marconi, 15 beds

BACS Crisis Navigation Program[5]
- Kaiser South ED
- Kaiser North ED
- Mercy General ED
- Mercy Folsom ED
- Methodist ED
- San Juan ED
- Sutter ED
- Sutter Center for Psychiatry
- UC Davis ED
- Heritage Oaks
- Sierra Vista
- Crestwood PHF

WellSpace Health
Crisis Receiving for Behavioral Health (CRBH) (Age 18+)*

The Source[7]
916-SUPPORT, 24/7

Youth Help Network
(Transition Age Youth age 16-25)

Acute

Consumer Self Help Office of Patient's Rights

ELIGIBILITY: Children and youth who are a danger to themselves or others or are gravely disabled and require 24-hour care in a locked setting.

- **MHTC Children's Crisis Stabilization Unit**
- **Dignity CSU***

Psychiatric Hospitals
- Heritage Oaks Hospital
- Out of County
- Sierra Vista
- Sutter Center for Psychiatry

Youth Detention Facility (YDF)
Mental Health Team

Advocacy
- **Family & Youth Advocate Liaison to Division of Behavioral Health**
- **Family Partners and Youth Peer Advocates are on staff in the contracted outpatient provider network**
- **Peer Support Services Program Provides system-wide support/advocacy/referrals to families not yet linked to the system providers or to County-operated programs**

Key
*** Program only serves 18+**
ED – Emergency Department
MHTC – Mental Health Treatment Center
SPD – Sacramento Police Department
SSD – Sacramento Sheriffs Department

OUT OF COUNTY RESIDENTIAL PROVIDERS

Examples Include:
- Mountain Valley
- Summitview
- Victor

FUNDING SOURCES
- Medi-Cal
- ECM
- Realignment
- MHSA
- MHSSA MHSA
- Wraparound Savings
- Juvenile Medical Services
- Probation
- CPS
- DHA
- CHFFA
- MHSOAC
- ARPA
- CRRSAA
- SAMHSA MHBG

SYSTEM PARTNERS
- Child Protective Services (CPS)
- Probation
- Child Action
- Office of Homeless Initiatives
- Substance Use Prevention and Treatment (SUPT))
- Department of Human Assistance (DHA)
- Education
- Primary Care

< Superscript numbers 1 to 8 indicate programs that are listed in more than one column/category.

< Please refer to the Adult Behavioral Health Service Continuum for a complete list of Adult programs that serve Transition Age Youth 18+

Department of Health Services, Division of Behavioral Health

SUBSTANCE USE PREVENTION AND TREATMENT CONTINUUM OF CARE – FISCAL YEAR 2024-25

PREVENTION SERVICES

PREVENTION PROVIDERS

- Arrive Alive
- Omni Youth Programs
- PRO Youth and Families
- Public Health Institute
- Sacramento County Office of Education

PROGRAMS

- Leadership and Advocacy Project
- Youth Engaged in Action
- Community Education for Drug-Free Youth
- Families and Communities Together
- Active Parenting of Teens
- Family Matters
- Teens in Action
- Friday Night Live
- Club Live

CAMPAIGNS

- Talk. They Hear You
- Future Forward
- 1 Pill Can Kill
- Safer Sacramento
- Healthy Beginnings
- Let's Talk Meth

TREATMENT ACCESS POINTS

BHS-SAC

Primary access point for treatment services. Substance Use Disorder (SUD) screening, level of care determination, and referral to a network provider

24 Hours a Day, 365 Days a Year
Telephone
916-875-1055
CA Relay
711
Toll Free
(888) 881-4881

SUD Screenings also conducted at:

- Bay Area Community Services CORE Sites
- Child Protective Services
- Collaborative Courts
- Community Justice Service Program
- Community Support Team
- Crisis Response for Behavioral Health
- El Hogar CORE Sites
- HEART Program
- Hope Cooperative CORE Sites
- Juvenile Delinquency Court
- Mental Health Urgent Care Clinic
- Mobile Crisis Support Team
- Probation Dept.
- Rio Consumnes Correctional Center
- Sacramento County Health Center
- Sacramento County Main Jail
- Sacramento County Mental Health
- Turning Point CORE Sites
- Youth Detention Facility

OUTPATIENT SERVICES

ADULT SERVICES

Outpatient and Intensive Outpatient services for adults 18+ years of age

PROVIDERS

- Akua Mind and Body
- Another Choice, Another Chance
- Bridges Professional Treatment Services
- Recover Medical Group (telehealth only)
- TLCS, Inc.
- Towns Health
- WellSpace Health

YOUTH SERVICES

Outpatient and Intensive Outpatient services for youth up to 18 years of age

PROVIDERS

- Another Choice, Another Chance
- Stanford Sierra Youth and Families
- WellSpace Health

MEDICATION ASSISTED TREATMENT

ADULT SERVICES

Medication-assisted treatment for adults 18+ years of age

PROVIDERS

- Aegis Treatment Centers, LLC
- Bi-Valley Medical Clinics, Inc.
- C.O.R.E. Medical Clinic, Inc.
- MedMark Treatment Centers
- Sunrise Health and Wellness Center
- Transitions Clinic
- Treatment Associates, Inc.

YOUTH SERVICES

Medication-assisted treatment for youth up to 18 years of age

PROVIDER

- C.O.R.E. Medical Clinic, Inc.
- MedMark Treatment Centers

RESIDENTIAL TREATMENT SERVICES

ADULT SERVICES

Residential treatment for adults 18+ years of age

PROVIDERS

- Akua Mind and Body
- Associated Rehabilitation
- Center Point
- GLOM
- Progress House
- River City Recovery
- Sacramento Recovery House
- Serenity Recovery Solutions
- Yolo Wayfarer Center, dba Walter's House
- WellSpace Health

YOUTH SERVICES

Residential treatment for youth up to 18 years of age

PROVIDERS

Out-of-Network Referral

WITHDRAWAL MANAGEMENT SERVICES

ADULT SERVICES

Withdrawal management/detox for adults 18+ years of age

PROVIDERS

- Akua Mind and Body
- Center Point
- GLOM
- Sacramento Recovery House
- Serenity Recovery Solutions
- WellSpace Health
- Emergency Departments

YOUTH SERVICES

Withdrawal management/detox for youth up to 18 years of age

PROVIDERS

- Emergency Departments

PERINATAL SERVICES

Treatment services for pregnant and parenting women

OUTPATIENT SERVICES

- Bridges Professional Treatment Services

RECOVERY RESIDENCE

- Bridges Professional Treatment Services
- Volunteers of America

MEDICATION-ASSISTED TREATMENT PROVIDERS

- Bi-Valley Medical Clinic, Inc.
- C.O.R.E. Medical Clinic, Inc.

RESIDENTIAL PROVIDERS

- Progress House

RECOVERY RESIDENCES

Alcohol and drug-free cooperative living in which all residences are in recovery. Some facilities are for individuals, 18+ years of age and other facilities are family-oriented in which minor children can live on the premises with their recovering parent/guardian

PROVIDERS

- Akua Mind and Body
- Bridges Professional Treatment Services
- Don't Be Afraid To Change
- Sacramento Recovery House
- Saint John's Program for Real Change
- Saint Martin's
- TLCS, Inc.
- Volunteers of America

COLLABORATIVE COURT PROGRAMS

Problem-solving courts that combine judicial supervision with behavioral health services, which are rigorously monitored and focused on recovery to reduce recidivism and improve offender outcomes

COURT PROGRAMS

- CARE Court
- Chronic Offender Rehabilitation Effort (CORE)
- Dependency Family Treatment Court
- Driving Under the Influence Treatment Court
- Drug Diversion Program
- Early Intervention Family Treatment Court
- Mental Health Treatment Court
- Prop 36 Court
- Re-Entry Court
- Recovery Court
- Veterans Court

DRIVING UNDER THE INFLUENCE PROGRAMS

State-licensed DUI programs for DUI offenders. Education programs include:

- Wet & Reckless
- First Offender: 3, 6, and 9-Month Programs
- Multiple Offenders: 18-Month Program

PROVIDERS

- Bridges Professional Treatment Services
- Safety Center
- Terra Nova

COALITIONS

Sacramento County Coalition for Youth
Community members working together to make Sacramento a safe place for young people to grow up, free from the influences of substances that are addictive and harmful.

Sacramento County Opioid Coalition
Collaboration of healthcare professionals, community based organizations, law enforcement, county agencies, and concerned citizens determined committed to saving lives by preventing overdoses through expanding treatment access, promoting safe disposal, encouraging early intervention, treatment and recovery, enhancing opioid surveillance, and expanding public education and media outreach.

Sacramento County Methamphetamine Coalition
The goal of the Methamphetamine Coalition is to identify and implement initiatives addressing the methamphetamine use problem and reducing meth use and its impact in Sacramento County.

SYSTEM PARTNERS

- Collaborative Courts/ Programs
- Correctional Health
- Criminal Justice
- Crisis Response for Behavioral Health
- Department of Child, Family, and Adult Services
- Department of Human Assistance
- Law Enforcement
- Mental Health
- Probation
- Public Health
- Primary Health
- Sacramento County Health Center

FUNDING SOURCES

- Drug Medi-Cal
- Enhanced Care Management
- Realignment 2011
- Substance Abuse Block Grant
- ARPA
- CalWORKS
- Opioid Settlement Funds
- State General Fund
- Mental Health Block Grant
- DUI Revenue

SACRAMENTO COUNTY

DIVISION OF BEHAVIORAL HEALTH SERVICES
ASSURANCE OF CULTURAL COMPETENCE COMPLIANCE AND THE ADVANCEMENT OF HEALTH EQUITY

This document assures compliance with various federal, state and local regulations, laws, statutes, and policies related to culturally and linguistically competent services for diverse populations as well as outlines steps towards advancing health equity as noted within the Sacramento County Division of Behavioral Health Services (BHS) Cultural Competence Plan Objectives, the National Culturally and Linguistically Appropriate Services (CLAS) Standards, and the Self-Assessment for Modification of Anti-Racism Tool (SMART).

Each organization within a culturally and linguistically competent system focused on advancing health equity is responsible for demonstrating humility, respect for all, and responding to the individualized needs of community members. Services are provided within the appropriate cultural context and through a trauma-informed equity lens that are inclusive of intersectionality of race, ethnicity, national origin, income level, religion, gender identity, gender expression, sexual orientation, age, and/or physical disability. Cultural competence is a developmental and dynamic process – one that occurs over time and is never ending.

Culturally competent and responsive providers:

- Are aware of the impact of their own culture on their relationships with clients.
- Are knowledgeable and respectful of the intersectionality of one's culture, ethnicity, race, gender identity and expression, sexual orientation, and socio-economic status.
- Adapt their skills to meet the values and customs of each individual served.
- Strive for behavioral health equity and exhibit accountability to the communities served.

BHS Equity Vision Statement Goal (adopted 2021)
Sacramento County Behavioral Health Services (BHS) envisions a community where all Sacramento County residents thrive and have equitable access to optimal behavioral and emotional wellness. By racial equity we mean closing the gaps so that race does not predict one's success, while also improving outcomes for all.

How To Get To Goal

- BHS seeks to be an organization where staff and clients feel welcome and have a sense of belonging, that includes all cultural/ethnic identities.
- We seek to create an organizational culture that is client/family driven and reflects community diversity at all agency levels.
- As a member of the wider Sacramento community, and through mutual collaboration and partnerships, BHS prioritizes strategies that consider harmful impacts, advance unbiased results, and takes accountable action so that cultural/ethnic identity no longer predict behavioral health wellness.

Equity Core Values

- Client and family driven
- Mutual collaboration and partnership
- An environment of belonging, emotional safety, and promotion of expressions of diversity
- Staff reflective of community served
- Accountability, impact, results
- Innovation/fundamental change

Definitions

Cultural Competence is a set of congruent practice skills, knowledge, behaviors, attitudes, and policies that come together in a system, agency, or among client-led providers, family members, and professionals that enables that system, agency, or those professionals and clients, and family member providers to work effectively in cross-cultural situations (adapted from Cross, et al., 1989).

Cultural Humility is the "ability to maintain an interpersonal stance that is other-oriented (or open to the other) in relation to aspects of cultural identity that are most important to the [person]" (Hook, Davis, Owen, Worthington and Utsey, 2013). It includes "a lifelong commitment to self-evaluation and self-critique," "a desire to fix power imbalances," and "aspiring to develop partnerships with people and groups who advocate for others" (Tervalon & Murray-Garcia, 1998).

Equity "is achieved when the dimensions of our identity (e.g., sex, gender identity and expression, cultural identity, race/ethnicity, disability, national origin, age, language, family structure, religion/faith, immigration status, or sexual orientation) and other dimensions of difference defined by social, economic, demographic, and/or geographic characteristics are no longer predictive of unjust cycles of harm and oppression across generations is stopped" (Children and Youth Behavioral Health Initiative, 2023).

Cultural Competence Guiding Principles

Cultural Competence is an ongoing process that is critical to eliminating cultural, racial, ethnic, gender identity and expression, and sexual orientation disparities in the delivery of quality and equitable mental health and substance use, prevention, and treatment services. Cultural Competence enhances the ability of the whole system to incorporate the languages, cultures, beliefs, and practices of its clients into the service, and should be incorporated into all aspects of policy-making, program design, administration, service delivery, data collection, and outcome measurement.

"While culturally competent service delivery systems will continue to have primary goals around ongoing elimination of inequities for specific racial, ethnic, and cultural communities, culturally competent systems must be sufficiently flexible in order to promote improved quality and effectiveness of services for all community members…" (County Behavioral Health Directors Association of California Framework for Advancing Cultural, Linguistic, Racial and Ethnic Behavioral Health Equity, Updated 2016, page 2).

The County Behavioral Health Directors Association of California developed the following guiding principles and corresponding strategies for counties to use in operating a culturally and linguistically competent system of care to eliminate disparities. This is further complimented by Sacramento County's commitment towards advancing equity, the National CLAS Standards, and SMART.

Commitment to Cultural Competence and Health Equity

- Address cultural competence and advancing equity at all levels of the system including policy, programs, operations, treatment, research and investigation, training, and quality improvement. (CLAS-Standard 1)
- Demonstrate commitment to cultural humility while improving safety and equity for staff and clients through all agency policy and practice documents, including the mission statement,

statement of values, strategic plans, and policy and procedural manuals. (CLAS-Standard 2, SMART-Workplace Culture, SMART-Clinical Care)

- Provide easy to understand print and multimedia materials and signage in languages commonly used by the population in the service area to inform them of the availability of language assistance services offered at no cost to them to address potential disparities with access to care and engagement. (CLAS-Standards 6 and 8, SMART-Clinical Care)

Identification of Disparities and Assessment of Needs and Assets

- Collect, compile, and analyze population statistics across language, ethnicity, age, gender, sexual orientation, socio-economic status markers and evaluate the impact of County Client Services Information data across same statistical areas. (CLAS-Standard 11)
- Conduct regular assessments of community health assets and needs and use the results to plan and implement services that respond to the cultural, linguistic, ethnic, sexual orientation, and gender diversity of populations in the service area. This could include creating plans for assessing and addressing potential disparities for individuals within special populations (e.g., those who are unhoused, have legal/child protective service involvement, or are at risk for vulnerability due to their age) (CLAS-Standard 12, SMART-Community Advocacy)

Implementation of Strategies to Reduce Identified Disparities

- Develop, implement, and monitor strategies for the elimination of identified health and functional disparities (including upstream approaches that address the social determinants of health) and track impact of those strategies on eliminating such disparities. (CLAS-Standard 9, SMART Outcomes/Program Evaluation)
- Utilize a quality improvement framework with a racial equity lens to monitor and evaluate culturally responsive and community defined service delivery and disparity elimination activities. Incorporate data reflection in partnership with the community and share improvement targets/progress with stakeholders to maintain accountability. (CLAS-Standards 10 & 15, SMART-Outcomes/Program Evaluation)

Community Driven Care

- Develop formal and informal relationships with community members, community organizations, and other partners to maximize accountability in the delivery of effective culturally, ethnically, linguistically, sexual orientation and gender affirming appropriate care and monitor the outcomes of these partnerships. (CLAS-Standard 13, SMART-Community Engagement/Co-Production)
    - Ensure diverse representation of clients on advisory/governance bodies/committees (a recommended minimum of 50%) to develop service delivery and evaluation. Diverse representation may include:
        - Individuals with lived mental health/behavioral health experience
        - Family members of a client
        - Transition Age Youth (TAY)
        - Parent/caregivers of youth with serious emotional disturbance
        - Representatives from unserved/under-served/inappropriately served communities including Limited English Proficient (LEP) individuals
- Establish and implement a transparent and inclusive process for obtaining client, community, and staff input related to culturally responsive and community defined service delivery planning, implementation, monitoring, and evaluation. Create and utilize culturally and

linguistically appropriate conflict grievance resolution processes. (CLAS-Standard 14, SMART-Community Engagement/Co-Production)

Workforce Development

- Establish workforce recruitment/hiring strategies that ensure adequate levels of peer specialists (persons with lived experience), community (navigators, community health workers), administrative, support, and professional staff, reflective of the diversity of the populations served. Emphasize professional development opportunities (e.g., mentorship); creating a "safe space" to identify and discuss topics of racism, its effects, and ways to improve safety and equity; self-care strategies to address stress and micro-aggressions; and other retention efforts (e.g., examining current promotion practices). Develop corrective measures to address severe shortages impacting ability to serve county populations. This may include creating formal processes to address incidents of racial disparities or discrimination in the workplace (WIC 4341; CLAS-Standard 3; SMART-Workplace Culture; SMART-Hiring, Recruitment, Retention, and Promotion).
- Provide ongoing cultural competence and quality improvement training to peer (persons with lived experience), community (navigators, community health workers), administrative, support and professional personnel (trained behavioral health interpreters, bilingual staff) to effectively address the needs of cultural, racial, ethnic (including linguistic capability), sexual orientation or gender diverse populations. This may include engaging in trauma-informed conversations about experiences of racism and microaggressions as well as identifying ways to address these issues. (CCR Title 9 Section 1810.410, CLAS-Standards 4 and 7, SMART-Workplace Culture)

Provision of Culturally and Linguistically Appropriate Services

- Ensure access to culturally/linguistically appropriate as well as sexual orientation and gender affirming services (treatment interventions, engagement strategies, outreach services, assessment approaches, community defined practices). Offer language assistance at no cost to them, for all diverse unserved, underserved, and inappropriately served populations by making them available, accessible, acceptable, accommodating, and sensitive to historical, cultural (including healing practices and ceremonies), spiritual and/or religious experiences and values of diverse populations, inclusive of gender roles, sexual orientation, generational differences, etc. (CLAS-Standards 1 and 5, SMART-Clinical Care)
- Make available behavioral health services that are responsive to the numerous stressors and social determinants of health experienced by cultural, racial, ethnic, sexual orientation or gender diverse populations which have a negative impact on the emotional and psychological state of individuals and make every attempt to provide greater access to services to address potential barriers or disparities impacting access to care and/or engagement (e.g. providing services during evenings/weekend hours and/or in less stigmatizing settings such as in primary care locations, at faith-based organizations, at community organizations, etc.) (CLAS-Standard 12, SMART-Clinical Care)

CONTRACTOR hereby agrees to comply with the principles and guidelines set forth as outlined above, and shall:

1. Promote and support the attitudes, behaviors, knowledge, and skills necessary for staff to work respectfully and effectively with clients and each other in a culturally diverse work environment by:

- Supporting evidence-based, community-defined, promising, and emerging practices that are affirming of one's sexual orientation/gender identity/gender expression and congruent with ethnic/racial/linguistic/cultural group belief systems, cultural values, traditional healing practices, and help-seeking behaviors.
- Supporting the County's goal to reduce disparities to care and promote behavioral health equity by increasing access, decreasing barriers, and improving services for unserved, underserved, and inappropriately served communities.
- Providing an emotional environment that ensures people of all cultures, ages, sexual orientation, gender identity, and gender expression feel welcomed and cared for. This shall include:
    - Respect for individual preferences for cultural healing practices including spiritual and/or holistic approaches to health
    - Reception staff that are proficient in the different languages spoken by clients
    - Bilingual and/or bicultural clinical staff that are knowledgeable of cultural and ethnic differences, needs, culturally accepted social interactions and healthy behaviors within the client's family constellation or other natural support system, and who are able and willing to respond to clients and their natural support system in an appropriate and respectful manner.
    - Staff identifying their own pronouns and asking about the client's pronouns

2. Create/implement a comprehensive management strategy to address culturally and linguistically appropriate services, including strategic goals, plans, outcomes, evaluation, policies, procedures, and designated staff responsible for implementation.
    - As outlined in the Sacramento County BHS Cultural Competence Plan Objectives: Ensure progress in the delivery of culturally competent services through the biennial completion and analysis of a system-wide Agency Self-Assessment of Cultural Competence.

3. Develop and implement a strategy to recruit, retain and promote qualified, diverse culturally and linguistically competent administrative, clinical, and support staff, reflective of the community, that are trained and qualified to address the needs of the racial and ethnic communities being served.
    - As outlined in the Sacramento County BHS Cultural Competence Plan Objectives: Increase the percentage of direct service staff by 5% annually to reflect the racial, cultural, and linguistic makeup of the county until the makeup of direct services staff is proportionate to the makeup of Medi-Cal beneficiaries plus 200% of poverty population.

4. Require and arrange for ongoing education and training for administrative, clinical, and support staff in culturally and linguistically competent service delivery. In addition to ensuring that staff members participate in required cultural competence trainings offered by Sacramento County Division of Behavioral Health Services, CONTRACTOR shall provide cultural competence training to all employees.
    - As stated in the Sacramento County BHS PP-BHS-CCES-02-01_Implementation of Cultural Competence: All BHS-funded program staff who provide direct behavioral health services and their supervisors/managers/administrators must complete a minimum of six (6) hours annually of BHS-approved cultural competence/behavioral health equity training(s) as part of their contract agreement with the County.

5. Provide oral and written notices, including translated signage at key points of contact, to clients in their primary language informing them of their right to receive no cost interpreter services and

offer all clients who speak a primary language other than English access to a bilingual staff or interpreter.

6. Translate signage and commonly-used written educational/informing materials into the predominant language(s) spoken by the communities located within the service area and make these readily available to clients/families.

7. Create a physical environment and "safe space" that ensures individuals of all cultures, races/ethnicities, ages, sexual orientation, gender identity, and gender expression feel welcomed and cared for in the setting. This shall include:
    - Decorating the waiting and treatment areas with artwork/images that are gender affirming and reflect the diverse cultures of Sacramento County
    - Providing reading materials, resources, and magazines in multiple languages that are at appropriate reading levels and are suitable for different age groups, including children and youth
    - Considering cultural differences and preferences when offering refreshments
    - Ensuring that any pictures, symbols, or materials on display are not unintentionally disrespectful to another culture
    - Including gender affirming restroom space and signage
    - Using gender affirming language in forms and documents
    - Asking about and using client's pronouns

8. Ensure that interpreters and bilingual staff demonstrate bilingual proficiency; receive training which includes the skills and ethics of interpreting; and possess knowledge of the terms and concepts relevant to clinical or non-clinical encounters in both languages.
    - As outlined in the Sacramento County BHS Cultural Competence Plan Objectives:
      Maintain the standard that 98% of staff identified as interpreters complete the approved mental health/behavioral health interpreter training and receive certification. Include system partners in training to expand pool of trained interpreters in emerging language populations.

9. Ensure that the clients' primary spoken language and self-identified race/ethnicity/sexual orientation/gender identity and pronouns are included in the provider's management information system as well as within any client records used by provider staff.

10. Promote equity in behavioral health service utilization by actively engaging and sustaining meaningful participation of representatives from unserved, underserved, and inappropriately served communities at every step of program planning, implementation, outcome measurement, and evaluation processes.

11. Collaborate with cultural, racial, ethnic, sexual orientation, or gender diverse communities and emerging refugee communities to learn more about how these communities define and view culturally and linguistically competent outreach, engagement, and behavioral health wellness and recovery services.

<u>Dissemination of these Provisions:</u> CONTRACTOR shall inform all its officers, employees, agents, and subcontractors providing services hereunder of these provisions.

By my signature below, as the authorized representative of the CONTRACTOR named below, I certify acceptance and understanding for myself and the CONTRACTOR of the above provisions.

	Contractor (Organization Name)
Signature of Authorized Representative	Name of Authorized Representative (Printed)
Date	Title of Authorized Representative

SACRAMENTO COUNTY BEHAVIORAL HEALTH SMART INITIATIVE SUMMARY REPORT

This report summarizes Sacramento County Behavioral Health Services' initiative to embed racial equity practices across Substance Use Prevention and Treatment (SUPT) provider organizations through the Self- Assessment for Modification of Anti-Racism Tool (SMART). The initative equipped 19 provider organizations with tools to identify and address structural racism, build capacity for sustainable transformation, promote community partnership, and establish infrastructure for long-term DEI strategy implementation.

SACRAMENTO COUNTY

CIBHS
CALIFORNIA INSTITUTE *for* BEHAVIORAL HEALTH SOLUTIONS

Fiscal Year 2024/2025

Report produced by Healing Grace Studios, LLC.

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Executive Summary

During Fiscal Year 2024/2025, Sacramento County Behavioral Health Services (BHS) introduced an imperative initiative focused on integrating racial equity practices within Substance Use Prevention and Treatment (SUPT) provider organizations. Utilizing the Self-Assessment for Modification of Anti-Racism Tool (SMART), created by the American Association for Community Psychiatry (AACP), providers assessed structural racism in their organizations and developed strategies to tackle inequities.

The SMART tool focuses on 6 critical domains within behavioral health: **1) Community Engagement/Co-Production, 2) Workplace Culture, 3) Hiring, Recruitment, Retention, and Promotion, 4) Community Advocacy, 5) Population Health Outcomes, and 6) Clinical Care.**

The initiative was implemented in collaboration with the California Institute for Behavioral Health Solutions (CIBHS), which provided extensive technical assistance, training, and executive coaching. Incentives were awarded to organizations that not only completed the SMART assessment but also enacted at least 2 policies centered on equity.

Goals of the SMART Initiative

- Equip providers with tools to identify and dismantle systemic racism.
- Build capacity for sustainable policy and practice transformation.
- Promote community partnership and co-production.
- Establish an infrastructure for long-term diversity, equity, and inclusion strategy implementation.

A total of 19 community-based organizations (see provider list on the Acknowledgements, Page 12) participated in the initiative, completing the SMART assessment, forming cross-functional survey teams, attending all required trainings, and submitting equity-centered policies. Early outcomes indicate a positive shift in organizational culture, deeper community engagement, and stronger alignment between leadership and frontline staff in advancing equity efforts.

Project Overview

The SMART initiative was introduced to Sacramento County SUPT providers to establish a baseline understanding of how structural racism manifests within behavioral health organizations and what actionable steps can be taken to counteract it. This work aligns with county-wide strategic priorities around equity, justice, and culturally responsive care.

SMART Survey Teams

Each organization formed a diverse team to complete the SMART assessment, identifying organizational strengths, challenges, and opportunities across the six domains. Teams were tasked with developing at least two new or revised policies grounded in SMART findings and guided by co-production practices.

- Executive Sponsors
- Peer Support Specialists / Family Partners
- Direct Service Staff
- Human Resource Managers
- Data Analysts
- Clinical Supervisors / Program Managers
- Community Members

Incentive Structure

To encourage full participation and meaningful engagement with the SMART process, Sacramento County BHS established a financial incentive structure:

0.5% of each provider's FY24/25 Drug Medi-Cal contract was allocated as an incentive.

To qualify for this incentive, providers were required to:

- ☑ Complete and submit the SMART assessment
- ☑ Develop and implement two co-produced policies based on assessment findings
- ☑ Ensure cross-role representation on their SMART teams
- ☑ Participate in all required training and coaching sessions

Training, Coaching, and Technical Assistance

Providers received tailored support through a series of required and optional learning opportunities. The comprehensive structure included multiple touchpoints to ensure organizations had the necessary tools and knowledge to implement the SMART framework effectively.

1 October 2024

In-Person Kickoff (10/3/24)

2 November 2024

Executive Leadership Coaching (11/7/24)
Monthly Group Coaching Begins

3 December 2024

Learning Session (12/3/24)
HR Coaching (12/5/24)

4 January 2025

Executive Leadership Coaching (1/9/25)

5 February 2025

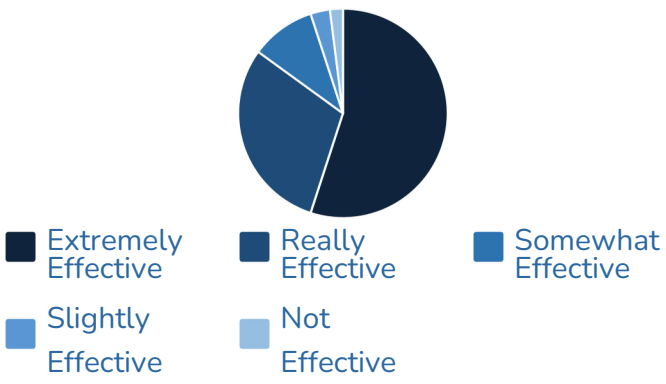
Learning Session (2/4/25)
HR Coaching (2/20/25)

6 March-April 2025

Executive Coaching (3/6/25)
Learning Session (4/2/25)
HR Coaching (4/10/25)

Training Topics

- Equity-centered policy development
- Community co-production frameworks DEI-
- aligned onboarding & performance review practices
- Trauma-informed leadership



Participant evaluations consistently demonstrated

Key Achievements

40+

New Policies

Over 40 new or revised policies were submitted by providers, spanning various SMART domains. These policies represent concrete steps toward embedding equity in organizational practices and addressing structural racism within behavioral health services.

Promising Policy Examples:

Workplace Culture

- Anonymous staff feedback systems
- Equity committees
- Trauma-informed conflict resolution protocols

Hiring, Retention & Promotion

- Stay interviews
- Inclusive job descriptions
- DEI metrics in performance reviews

Community Engagement

- Youth advisory boards
- Caregiver co-design teams
- Community-led outreach strategies

Equity Accountability

- Data dashboards disaggregated by race/ethnicity
- Quarterly SMART reviews

Promising Policies Examples

Hope Cooperative

Developed anti-racism policy with restorative justice pathways and formal role of lived experience staff in all programs (May 2025)

Stanford Sierra Youth & Families

Developed a policy and training to equip staff in using third-party language services, improving access to linguistically appropriate care.

Bridges SMART Team

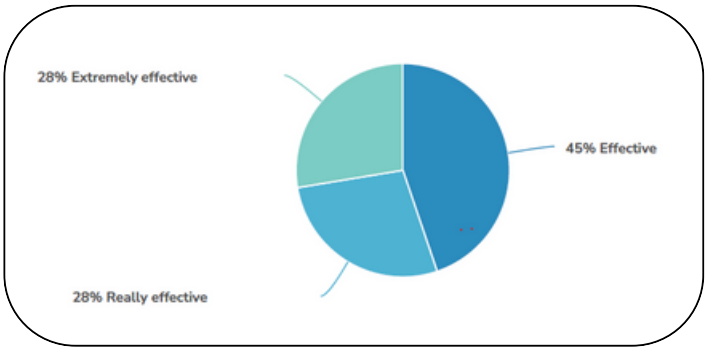
Equity-focused data review team with corrective action protocols

These policies demonstrate a shift from performative DEI work to structural changes that can meaningfully impact organizational culture and service delivery. The implementation of lived experience roles in evaluation teams and hiring panels represents a particularly significant advancement in community co-production.

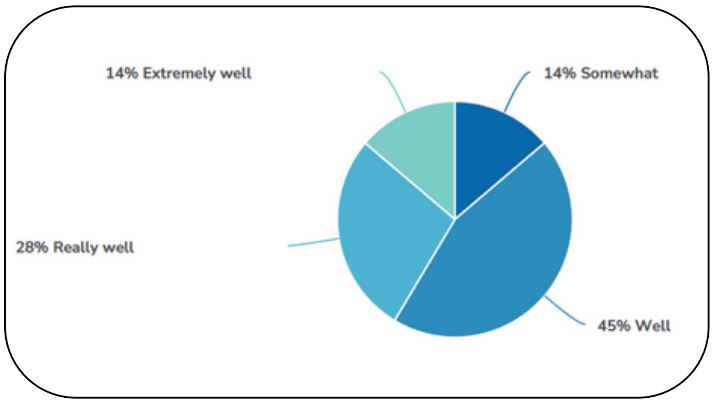
Evaluation and Participant Feedback

Three Learning Sessions were held throughout the project year. Evaluations and feedback demonstrated increased confidence in identifying equity barriers, strong appreciation for peer learning, and a shift toward policy grounded in community voice and structural analysis.

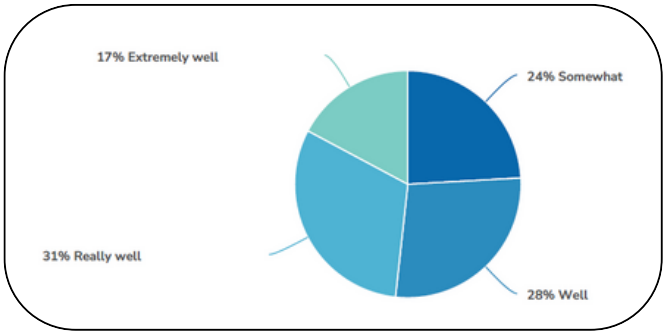
How effectively did the facilitators guide the session?



How well did the session enhance your understanding of an anti-racist workplace culture?



How well did the session enhance your understanding of Co-Production/Community Engagement?



Participant Quotes

> *"The examples helped bridge the gap between concepts and action."*

> *"The SMART Initiative helped us move from performative to purposeful DEI work."*

> *"Leadership coaching helped shift our culture from compliance to co-ownership."*

These evaluations reflect a growing confidence among participants in applying equity concepts to concrete organizational changes. The high ratings for facilitation effectiveness suggest that the training approach successfully engaged participants and provided actionable knowledge. The shift from conceptual understanding to practical application was particularly valued, as indicated by participant quotes highlighting the bridge between theory and action.

Challenges and Lessons Learned

While the SMART program achieved significant success, participants encountered several challenges throughout implementation. Understanding these obstacles and the resulting lessons provides valuable insight for future equity initiatives.

Challenges Faced

Time Constraints

Providers struggled to balance SMART activities with existing responsibilities and service delivery demands. Some teams reported difficulty scheduling meetings with all required participants.

Staff Turnover

Inconsistent team participation due to staff changes disrupted continuity in the SMART process. New team members required additional onboarding to understand the framework and previous work.

Limited Infrastructure

Many organizations lacked existing structures specifically designed for equity work, making it challenging to integrate SMART activities into established workflows.

Lessons Learned

Executive Leadership Buy-In

Early and consistent engagement from executive leadership proved critical for successful implementation. Organizations with strong leadership support reported fewer barriers to policy development and implementation.

Intentional Structure

Equity work requires protected time, clear accountability mechanisms, and ongoing peer support. Organizations that established formal structures for SMART activities showed more consistent progress.

Recommendations and Future Support Needs

Participants identified several priorities for sustaining equity work beyond the initial SMART implementation. These recommendations reflect both immediate needs and longer-term aspirations for system transformation.

Ongoing Needs

- Technical assistance for policy implementation and monitoring
- Equity change management training for leadership
- Shared peer learning spaces
- Practical tools for co-production in clinical care and community outreach

Requested Future Topics

- LGBTQ+ housing supports
- Disability inclusion
- Community advocacy models
- Reporting mechanisms for racism in small organizations
- Integrating equity into board governance

These recommendations emphasize the need for ongoing support structures to maintain momentum. Participants recognized that sustainable equity work requires continued learning, peer exchange, and technical assistance beyond the initial SMART implementation. The requested future topics reflect a desire to deepen equity work across multiple dimensions of identity and organizational structure.

Conclusion

The FY2024/25 SUPT SMART Initiative marks a critical step forward in transforming Sacramento County's behavioral health system into a more equitable, community-centered network of care. With foundational policies in place and growing momentum across provider organizations, the SMART framework offers a scalable, sustainable approach to dismantling structural racism and embedding equity in everyday operations.

Assessment

Organizations identified structural barriers through the SMART tool

Policy Development

Teams create equity-centered policies based on assessment findings

Evaluation

Outcomes are measured and policies refined based on results

Implementation

New policies are put into practice with staff training and support

The success of this initiative demonstrates that with structured assessment tools, technical assistance, and incentives, behavioral health organizations can make meaningful progress toward equity goals. By centering community voice and addressing structural barriers, Sacramento County's SUPT providers are building a more just and effective system of care that better serves all community members. As this work continues, ongoing investment in equity infrastructure, leadership development, and community partnership will be essential to sustain momentum and deepen impact across the behavioral health system.

Appendix

Photo from SMART Kickoff Event

Left to Right: Ebony Chambers McClinton (Equity Coach), Erin Reynolds (DEI Director, SSYAF), Dr. Laura Heintz (CEO, SSYAF), Koby Rodriguez (Equity Coach). SSYAF presented lessons learned from their SMART pilot.

Sample Practice Changes

Sacramento Recovery House (SRH)

A formal policy to combat systemic racism through required anti-racism training.

- Anti-Racism Training – Required for all staff, leaders, & board.
- Cultural Competence – Build skills to serve diverse communities
- Accountability – Track completion.
- Prevent systemic racism.

Hope Cooperative

Formal role of lived experience staff in all programs, including:

- Minimum staffing requirements
- Career advancement pathways
- Integration in leadership decision-making
- Peer support supervision structure

Bridges SMART Team

Equity-focused data review team with corrective action protocols, including:

- Quarterly review of disaggregated outcome data
- Required action plans for identified disparities
- Community involvement in solution development
- Transparent reporting of findings and actions

Provider Participation Summary

Provider	SMART Completed	Policies Submitted	Incentive Disbursed
All 19 Providers	✓	✓	✓

Acknowledgements

The success of the FY 2024/2025 SUPT SMART Initiative would not have been possible without the dedication and collaboration of many partners. Sacramento County Behavioral Health Services extends deep gratitude to the 19 provider organizations that engaged in this transformative equity journey. Your commitment to reflection, accountability, and meaningful change has laid the groundwork for a more just and responsive behavioral health system. Special thanks to the California Institute for Behavioral Health Solutions (CIBHS) for their expert facilitation, technical assistance, and coaching support throughout the initiative. We also recognize the contributions of the Equity Coaches, Quality Improvement teams, and lived experience leaders whose guidance helped shape and ground this work. Lastly, we acknowledge the leadership of the Sacramento County Department of Health Services for championing equity-centered initiatives and allocating the resources necessary to bring this vision to life.

Project Implementation Team

Sacramento County

- Kimberly Grimes
- Pamela Hawkins
- Mary Nakamura

CIBHS

- Karen Kaur
- Jennifer Clancy
- Kelly Lawrence

Equity Coaches

- Koby Rodriguez, Koby Rodriguez Consulting
- Ebony Chambers Healing Grace Studios

Provider Organizations

- Acadia Healthcare AKUA Behavioral Health
- Associated Rehabilitation
- Bridges Professional Treatment Services
- C.O.R.E. Medical Clinic, Inc.
- HOPE Cooperative
- Walter's House
- Progress House Inc
- River City Recovery Center
- Record Consulting Services LLC
- Sacramento Comprehensive Treatment Center
- Sacramento County BHS SUPT
- Sacramento Recovery House, Inc.
- Stanford Sierra Youth & Families
- Sunrise Health & Wellness Center
- Telecare Corporation
- Towns Health Services
- Treatment Associates
- UC Davis SacEDAPT
- WellSpace Health

Cultural Competence Committee/System Wide Community Outreach and Engagement Committee Roster for Fiscal Year 2024/2025

Ajna Glisic	Roman Romaso
Carl Colegrove	Asher Martini
Chuck Franklin	Asia Nicht
Erica Cambern	Amanda Lynch
Erin Hamilton	Robert Salinas
Erriel Hawkins	Susan Saechao
Hilda Khairallah	Lien Lam
Jaime Gerigk	Roselee Ramirez
Jessie Armenta	Ari Lozano
Josselyn Gutierrez	Alexanderia Russell
Lara Almosli	Guadalupe Zavala
Mark Dandeneau	Mary Nakamura
Maurine Huang	Melissa Viscarra
Mykel Gayent	Amanda Oyao
Nico Herrera	Alondra Thompson
Rexanne Irizarry	Mary Ann Wong
Sadia Himalaya-Rajput	Maksim Tsymbal
Sunjung Cho	Lakshmi Malroutu
Vanessa Cuevas-Romero	Jayna Mislang
Vinder Lallian	Ivan Leshchuk

The combined Cultural Competence Committee/System-Wide Community Outreach and Engagement Committee consists of individuals representing the cultural, racial, ethnic, sexual and gender diverse groups in Sacramento County and includes consumers and family members, county and contractor providers, community-based organizations, community advocates and other behavioral health community partners. The broad-based committee is committed to assisting in the improvement of behavioral health services to our diverse communities.

The following agencies/programs/boards are affiliated with the committee: Asian Pacific Community Counseling, Behavioral Health Services (Cultural Competence, MHSA, Data Analytics Team, Substance Use, Prevention and Treatment), CAL Voices, California Black Women's Health Project, Children’s Receiving Home, CSU Sacramento, Dignity Health, El Hogar Community Services, Gender Health Center, HeartLand Child and Family Services, Iu Mien Community Services, La Familia Counseling Center, Mental Health Board, M.F. Huang Consulting, My Sister’s House, OMNI Youth Programs, NAMI Sacramento, Sacramento County Department of Human Assistance, Stanford Sierra Youth and Families, Refugees Enrichment and Development Association (REDA), Sacramento Cultural and Linguistic Center, Sacramento Native American Health Center, Sacramento LGBT Community Center, Slavic Assistance Center, Turning Point Community Programs and World Relief.

Revised 09/23/2025

Sacramento County Behavioral Health Services Cultural Competence Committee Collective Feedback for the Public Hearing on the DRAFT Mental Health Services Act (MHSA) Fiscal Year 2025-26 Annual Update
April 2, 2025
6:00pm

On March 25, 2025, members of the Cultural Competence Committee (CCC) provided the following collective comments in response to the DRAFT Mental Health Services Act (MHSA) Fiscal Year 2025-26 Annual Update. The Committee's comments are fully outlined below.

- The committee supports the DRAFT Mental Health Services Act (MHSA) Fiscal Year 2025-26 Annual Update and appreciates the array of programs available for consumers and family members in Sacramento County.
- The committee appreciated the mental health supports available for the LGBTQ+ community.
- The committee also appreciated reading the success stories and reviewing the data provided and did not have any further recommendations.

Respectfully submitted,

Mary Nakamura

On behalf of the Sacramento County Division of Behavioral Health Services, Cultural Competence Committee

FY 2024-25 Sacramento County BHS Training Log

Types	Event	Description	Duration and Frequency	Total Attendees	Date of Training	Name of Presenter	Name of Provider
MH - Cultural Competence	Hmong Youth and Parents United	Provided Culturally Competent Information about the Commuity Support Team	2 Hours	5	8/1/2024	Ayannah Albrecht and Txong Yang	Cal Voices
MH - Family Focused - Youth	Nations Finest Resource Fair	Provided recovery educ. And outreach to veterans as well as their natural supports	4 Hours	50	8/6/2024	Andrea Housley	Cal Voices
MH - Cultural Competence	GCC Community Summit	Provided Culturally Competent Information about the Commuity Support Team	1.5 Hours	50	2/2/2025	Christeana Zamora	Cal Voices
MH - Family Focused - Youth	Nations Finest Resource Fair	Provided recovery educ. And outreach to veterans as well as their natural supports	2 Hours	50	3/18/2025	Christeana Zamora	Cal Voices
MH - Recovery - Adult	Mini Stand Down Event	Provided recovery educ. And outreach to veterans as well as their natural supports	4 Hours	100	5/2/2025	Patrick Walsk	Cal Voices
MH - Cultural Competence	Introduction to a Framework for Confronting Racism in Behavioral Health	Understanding Racism	1.5 hours	3	4/15/2021	Ken Epstein	Mercy San Juan
MH - Cultural Competence	2020 Cultural and Linguistic Competency	Understand LGBT, health care access to refugees, working with seniors and people with disabilities	23 minutes	4	8/30/2024	Online Training	Mercy San Juan
SUPT - Family Focused - Youth	ABHPC Training: Maximizing the Reach & Success of Community Partnerships	Explores principles that enhance community-led initiatives from the perspectives of coalitions, stakeholders, rightsholders, community-based organizations, local champions, and more. Emphasizing local knowledge, cultural responsivity, and grassroots engagement, participants will learn to foster strong partnerships leveraging local resources and networks. The session covers practical approaches for building and sustaining partnerships, including effective communication, collaboration, and decision-making.	1 hour	1	8/22/2024	Advance Behavioral Health Prevention California (ABHPC)	Omni Youth Program
MH - Cultural Competence	ABHPC Elevation Community Voices: Centering Primary Prevention with Latino Communities	Centering Primary Prevention with Latino/a/x Communities session will identify common barriers to prioritizing this community in prevntion efforts and methods to embed cultural humility throughout the planning and implementation process.	2 hours	1	10/17/2024	Advance Behavioral Health Prevention California (ABHPC)	Omni Youth Program
MH - Cultural Competence	Weaving Wisdom with Innovation: Timeless Indigenous Strategies for Contemporary Substance Use Disorder Prevention	Highlights how blending traditional and modern practices creates effective community-based prevention models. Unpack the process of merging ancestral knowledge with innovative approaches, aiming to tackle substance use challenges more effectively, enhance community bonds, and promote health.	2 hours	1	11/19/2024	Angela Da Re, Brittney Sampson, Colber Prosper	Omni Youth Program
SUPT - Family Focused - Youth	Cigarillos: The Current Evidence on Youth an Young Adult Use of Cigarillos and Opportunities for Education in Hispanics Communities	Understand the difference between cigarillos and cigars - Discuss the current evidence on cigarillo use among youth and young adults - Learn about available resources and opportunities	1 Hour	1	11/20/2024	Rescure Agency	Omni Youth Program
MH - Cultural Competence	Alcohol Use of Deaf and Hard of Hearing Students	Alcohol is an issue for deaf, deafblind, and hard of hearing (DDBHH) students.	1 Hour	1	12/30/2024	Ohio State University	Omni Youth Program
MH - Cultural Competence	Deaf & Hard of Hearing Cultural Orientation: One Size Doesn't Fit All	Working Effectively with Diverse Cultures-One Size Doesn't Fit All" - For agencies seeking to build meaningful relationships with immigrant, refugee, and underserved cultures in Sacramento	2 Hours	48	2/21/2025	Eddie Cardenas, Don Lee	Omni Youth Program

FY 2024-25 Sacramento County BHS Training Log

Types	Event	Description	Duration and Frequency	Total Attendees	Date of Training	Name of Presenter	Name of Provider
MH - Cultural Competence	ABHPC Event: Opioid Use Across Populations and Communities	Diverse ways opioid misuse affects different populations and communities, from urban centers to rural California to border towns	2 Hours	1	2/27/2025	Shari Kessel Schneider, MSPH	Omni Youth Program
SUPT - Cultural Competence	The Importance of Inclusion for LGBTQ+ Youth and Professionals	Overview of the spectrum of sexuality, learned of the federal and state laws around LGBTQ+ youth, and practiced navigating scenarios in the classroom.	1 Hour	4	7/24/2024	Pro Youth and Families Youth and Family Collective	Pro Youth and Families Youth and Family Collective
SUPT - Cultural Competence	Lunch and Learn - Hispanic Heritage Month	Presentation on why Hispanic Heritage month is celebrated and how it is celebrated in different countries	30 minutes	3	9/2/2024	Pro Youth and Families Youth and Family Collective	Pro Youth and Families Youth and Family Collective
MH - Cultural Competence	Lunch and Learn - Thanksgiving	Presentation by DEI Committee members on the history of Thanksgiving	45 minutes	3	11/12/2024	Pro Youth and Families Youth and Family Collective	Pro Youth and Families Youth and Family Collective
MH - Cultural Competence	Lunch and Learn - Black Female Educators	Presentation by Hope Collective members on the impact and legacy of Black female education pioneers	30 minutes	1	3/25/2025	Pro Youth and Families Youth and Family Collective	Pro Youth and Families Youth and Family Collective
MH - Cultural Competence	Asian American Pacific Islander Heritage Month	The history of AAPI Heritage Month, notable figures locally and in the mental health field, and AAPI media	30 minutes	1	5/27/2025	Pro Youth and Families Youth and Family Collective	Pro Youth and Families Youth and Family Collective
MH - Cultural Competence	Cultural Competency	5 key Elements of Cultural Competency in an individual: 1. Awareness and acceptance of difference, 2. Awareness of own cultural values, 3. Understanding the dynamics of difference, 4. Development of cultural knowledge, 5. Ability to adapt practice to the cultural context of the client	3 hours	62	10/14/2024	Erin Hamilton	Stanford Sierra Youth and Families
SUPT - Cultural Competence	Cultural Competency	5 key Elements of Cultural Competency in an individual: 1. Awareness and acceptance of difference, 2. Awareness of own cultural values, 3. Understanding the dynamics of difference, 4. Development of cultural knowledge, 5. Ability to adapt practice to the	3 Hours	3	10/14/2024	Erin Hamilton	Stanford Sierra Youth and Families
MH - Cultural Competence	Cultural Insight Activity	Quarterly Cultural Insight Activities for Teams covering topics about: Ageism, Allyship, Conformity, Privilege	1 hour	257	9/30/2024	Asia Vacek	Stanford Sierra Youth and Families
SUPT - Cultural Competence	Cultural Insight Activity	Quarterly Cultural Insight Activities for Teams covering topics about: Ageism, Allyship, Conformity, Privilege	1 Hour	5	9/30/2024	Asia Vacek	Stanford Sierra Youth and Families
MH - Cultural Competence	Trevor Project CARE Training	Purpose: To support youth-serving professionals on the challenges LGBTQ+ youth face, specifically the higher rates of suicide	1.5 Hours	138	2/6/2025	Kyle Teller from Trevor Project	Stanford Sierra Youth and Families
SUPT - Recovery - Adult	Advanced Motivational Interviewing Part 1: Core Concepts	Motivational Interviewing (including Culturally relevant Tips)	3 Hours	25	8/1/2024	Alicia Shiver MS, LMHC, LADAC	Bridges Professional Treatment Services
SUPT - Recovery - Adult	Advanced Motivational Interviewing Part 2: Practice	Motivational Interviewing (including Culturally relevant Tips)	3 Hours	24	9/19/2024	Dee-Dee Stout MA	Bridges Professional Treatment Services

FY 2024-25 Sacramento County BHS Training Log

Types	Event	Description	Duration and Frequency	Total Attendees	Date of Training	Name of Presenter	Name of Provider
MH - Cultural Competence	LGBTQ Ethics	Not Identified	3 Hours	33	11/21/2024	Kristina Padilla M.A., LAADC, ICAADC	Bridges Professional Treatment Services
MH - Recovery - Adult	Advanced Motivational interviewing Part 1: Core Concepts	Motivational Interviewing (including Culturally relevant Tips)	3 Hours	24	2/20/2025	Dee-Dee Stout MA	Bridges Professional Treatment Services
SUPT - Recovery - Adult	Advanced Motivational Interviewing Part 2: Practice	Motivational Interviewing (including Culturally relevant Tips)	3 Hours	26	3/20/2025	Alfonso Edington CADC II	Bridges Professional Treatment Services
SUPT - Recovery - Adult	Gender Responsiveness and Trauma Informed Care	Not Identified	3 Hours	26	4/17/2025	Kristina Padilla M.A., LAADC, ICAADC	Bridges Professional Treatment Services
SUPT - Recovery - Adult	Advanced Motivational Interviewing Part 1: Core Concepts	Motivational Interviewing (including Culturally relevant Tips)	3 Hours	4	7/1/2024	Alfonso Edington CADC II	Bridges Professional Treatment Services
SUPT - Recovery - Adult	Advanced Motivational Interviewing Part 2: Practice	Motivational Interviewing (including Culturally relevant Tips)	3 Hours	2	7/1/2024	Alfonso Edington CADC II	Bridges Professional Treatment Services
SUPT - Recovery - Adult	Advanced Motivational Interviewing	Motivational Interviewing (including Culturally relevant Tips)	3 Hours	1	7/1/2024	Alfonso Edington CADC II	Bridges Professional Treatment Services
SUPT - Cultural Competence	Cultural Engagement, Cultural Competence, and Cultural Humility in Interpersonal Collaborative Practice	Psychoeducation on defining Cultural Competence, Identity, Ethnicity, and Linguistics	1 Hour	3	5/7/2025	Diane E. Elze, PhD	Volunteers of America, Northern California Northern Nevada, Inc.
SUPT - Cultural Competence	Cultural Competency	Annual VOA Cultural Competency	1 Hour	10	5/12/2025	Online Training	Volunteers of America, Northern California Northern Nevada, Inc.
MH - Cultural Competence	Caring for LGBTQIA+ California	Caring for LGBTQIA+ California	1 Hour	45	5/1/2025	Relias Online	A & A Health Services San Pablo
MH - Cultural Competence	Knowing the Rights of Residents	Knowing the Rights of Residents	1 Hour	45	2/1/2025	Relias Online	A & A Health Services San Pablo
MH - Cultural Competence	A Client's Experience of Trauma Informed Care	A Client's Experience of Trauma Informed Care	1 Hour and a Quarter	45	12/1/2025	Relias Online	A & A Health Services San Pablo
SUPT - Resiliency - Youth	Introduction to Early Child Mental Health: Supporting Young Children and Families Involved in the Foster Care System	The mission of Early Childhood Mental Health (ECMH) practitioners is to promote the well-being and empowerment of the community by providing access to collaborative early intervention, mental health, and early education services that foster health development, strong relationships, healing, and resilience for infants, young children, and their families who face adversity	3 Hours	29	2/1/2024	Ayumi Kurtz, Vanessa Hernandez	Alternative Family Services

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SUPT - Family Focused - Youth	Introduction to Family Seeing When Working with System Involved Youth	Each event will be focused around case consultation of Home Based Shelter Care (HBSC) clients, implementing Family Seeing lens and practices. Each day will include an interactive time for each staff present to apply learnings to their own cases	4 Hours	42	3/15/2024	Kevin Campbell and Elizabeth Wendel	Alternative Family Services
SUPT - Family Focused - Youth	Leaders Event; Supporting the Family Seeing Work with System Involved Youth and Families	Family Seeing is a public health project. We see the family in front of us, leadership to be focused around case consultation of Home Based Shelter Care (HBSC) clients, implementing Family Seeing lens and practices. Trainers present leadership strategies that support the Family Seeing Concepts and the work involved. Within this case consultation, staff learn to apply teachings of Family Seeing to their own cases	2 Hours	21	4/22/2024	Kevin Campbell and Elizabeth Wendel	Alternative Family Services
SUPT - Cultural Competence	Racial Equity 101	"Trainers explore the process of inclusivity and paradigm shift from colonialism and other systems of oppression within the context of the system of care. Trainers present an understanding of white supremacy; White Supremacy is a historically based, institutionally perpetuated system of exploitation and oppression of continents, nations and peoples of color by White peoples and nations of the European continent. "	1.5 Hours	40	4/29/2024	Taquelia Washington, Emily Artalejo Frailey	Alternative Family Services
SUPT - Navigating Systems - Youth	"Understanding the Impact of Structural Racism on System-Involved Youth and Families"	"The training will end with strategies to address these issues within our organizations. Structural racism refers to the totality of ways in which societies foster racial discrimination through mutually reinforcing systems of housing, education, employment, earnings, benefits, credit, media, health care and criminal justice."	3 Hours	29	7/17/2024	Nola Brantley	Alternative Family Services
SUPT - Navigating Systems - Youth	Heros Initiative Introduction to Wraparound Services	Wraparound's roots began in the 1970s. Wraparound was a novel idea in that it sought to empower families through community support, fostering flexible care (a.k.a. unconditional care), developing collaborative plans that prioritize family needs and positive outcomes, all to prevent problems and improve lives. California planted its own Wraparound garden in the 1980's. Since then, families have flourished and the number of agencies providing Wraparound support has grown.	4 Hours	19	8/12/2024	Jarred Vermillion	Alternative Family Services
SUPT - Recovery - Adult	Organizational Strategies for Addressing Vicarious Trauma for Managers/Supervisors	Trainer discusses impact of vicarious trauma on caregiving, and particularly on caregivers of youth who have experienced trauma. Training addresses the concept of how "caring too much, seeing the pain and suffering of others while having an 'empty cup'" can lead to vicarious trauma, compassion fatigue and burn-out.	4 Hours	19	8/19/2024	Nola Brantley	Alternative Family Services
MH - Resiliency - Youth	Shame, Trauma and Self Compassion	Shame often accompanies trauma and can delay one's ability to disclose their abuse, delay one's healing journey and create barriers to utilizing one's support system. Trainer will discuss how shame presents in services and what practitioners can do to combat shame. One of the strategies discussed is self-compassion; teaching a client how to use it.	3 Hours	31	9/12/2024	Nicole Kelly	Alternative Family Services
SUPT - Cultural Competence	"Beyond the Basics" Cultural Humility & The Power of Relationships	Participants will learn how cultural diversity is appropriate and logical in response to needs, i.e. that individuals are never "just different". Participants will understand that it is not possible for a person to understand all cultures, nor is it necessary. Trainers will emphasize the need to be humble and accepting of what they learn of another culture. Participants will continue to discuss the roles that pre-prejudice, prejudice, bigotry, and racism play psycho-dynamically as well as developmentally will help participants become aware of their own attitudes with regard to diversity.	3 Hours	25	9/11/2024	Alma Woodard, Debbie Jensen-Davis	Alternative Family Services
SUPT - Cultural Competence	Racial Equity 102	Trainers present the concept of racial trauma, as a body's response to being exposed to race-based stress, violence, erasure and gas-lighting that is endemic to living on the land now called the United States – a nation founded on settler colonialism and White supremacy. White supremacy is both an ideology and a historical and current system of trauma that shapes our perception of what is "real". It moves through our individual and collective bodies as an energy intent on maintaining unequal power relationships. Trainers also present the four Is of oppression which produce a complex and dynamic experience of oppression for each person uniquely. With descriptions of white	2 Hours	120	9/30/2024	Taquelia Washington, Emily Artalejo Frailey	Alternative Family Services
MH - Resiliency - Youth	Supporting Youth with Trauma Triggers	This training will provide an overview of trauma and triggers, common types of trauma triggers and strategies to support system-involved youth and young adults who are being triggered	3 Hours	33	11/14/2024	Monique Calderon	Alternative Family Services
SUPT - Navigating Systems - Youth	Introduction to Principles of Wraparound	Trainer describes Wraparound as a strengths-based planning process that occurs in a team setting to engage with children, youth, and their families. Wraparound shifts focus away from a traditional service-driven, problem-based approach to care and instead follows a strengths-based, needs-driven approach. The intent is to build on individual and family strengths to help families achieve positive goals and improve well-being. Wraparound is also a team-driven process. From the start, a child and family team is formed and works directly with the family as they identify their own needs and strengths	2 Hours	16	11/21/2024	Jarred Vermillion	Alternative Family Services
MH - Cultural Competence	Narrative Thereapy for API Client	Theoretical Orientation about Narrative Therapy for API clients of all age groups	1 Hour	15	9/7/2024	Karessa Kelly, LMFT	Alternative Family Services
MH - Cultural Competence	Restorative Justice Training	Core principlease of Restortative Justice with a focus on utilizing circles, community building, reentry, and racial equity.	12 Hours	273	12/12/2024	Atunse Justice League	BACS

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MH - Cultural Competence	Supporting the Behavioral Health Goals of the LGBTQ+ Clients	The goal of this course is to provide addictions, behavioral health counseling, marriage and family therapy, nursing, psychology, and social work professionals as well as physicians working in health and human service settings with information about how to practice more effectively and affirmatively with clients who are LGBTQ+, as well as how to employ adapted interventions.	1.5 Hours	76	7/1/2024	Online Training	BACS
MH - Cultural Competence	Cultural Competence and Healthcare	This course discusses cultural competence and how organizations can use cultural competency to create an atmosphere of inclusion.	1 Hour	152	7/1/2024	Online Training	BACS
MH - Cultural Competence	Core Practice: Cultural Attunement (VILT)	This virtual instructor-led training explores the foundational principles of cultural attunement as a core practice in behavioral health. Participants will examine how identity, power, and systemic context shape engagement, and learn strategies to build trust across cultural differences. The session emphasizes self-reflection, humility, and practical tools for fostering equity-centered relationships in service delivery.	2 Hours	4	8/1/2024	Pam Robertson	Capital Star Behavioral Health
MH - Cultural Competence	First Nations Approaches to Healing Trauma	Ancestral Wisdom, Internalized Beliefs of Inferiority, PTSD, Biofeedback & Neurofeedback	2.25 Hours	1	7/19/2024	Patricia Vickers, PhD	BHS - Elena Spectorov
MH - Cultural Competence	Sensorimotor Psychotherapy: Theory and Practice	Overview of sensorimotor psychotherapy, techniques w/ clts & impact of implicit & explicit bias & oppression	2.5 Hours	5	8/19/2024	Pat Ogden, PhD	BHS - Elena Spectorov
MH - Cultural Competence	Trauma-informed, Spiritually aware: Considering spirituality in holistic self and client care	Intersections of trauma and spirituality, how complex trauma impacts spirituality, addressing biases in regligion and spirituality	3.1 Hours	5	9/23/2024	Jana Pressley, PsyD	BHS - Elena Spectorov
MH - Cultural Competence	From Binary to Spectrum: A Workshop on LGBTQIA-Affirming Therapy	Foundations of how to create a therapeutic environment that is affirming, inclusive and responsive to needs of LGBTQIA+ clients	3 hours 50 minutes	2	8/12/2024	Alexa Mulee, LMHC, C-DBT	BHS - Elena Spectorov
MH - Cultural Competence	The Cost of Showing Up as Ourselves: Creating Intra-Personal Practices for LGBTQIA+ Practitioners to Manage Burnout and Grief	Discusses stress experienced by clinicians who work with LGTBIA+ clts, implications of burnout and stress and using intrapersonal practices to center self-care in practice	1.5 hours	3	8/12/2024	Shanea Thomas, Ed. D., LICSW	BHS - Elena Spectorov
MH - Cultural Competence	Exploring Sexual Identity, Non-Monogamy, and Art-Based Interventions for LGBTQIA+ Clients	Understanding the intricacies of sexual identity, ethical non-monogamy, & unconventional relationships of LGBTQIA+ clts using art therapy techniques	1.5 Hours	3	8/12/2024	Pamela Malkoff Hayes, MFT, ATR-BC	BHS - Elena Spectorov
MH - Cultural Competence	Supporting Parents of your LGBTQIA+ Clients and Patients	Discusses strategies on supporting parents and LGBTQIA youth	1 Hour	1	8/13/2024	Uchenna Umeh	BHS - Elena Spectorov
MH - Cultural Competence	Resilience Amidst Adversity: Supporting LGBTQIA+ Youth and Families in the Face of Bans on Gender Affirming Care	Overview of challenges of providing efficient gender affirming care in a safe therapeutic environment when policies and bans make it feel impossible	2 Hours	1	8/13/2024	Susan Radzilowski, MSW, LMSW, ACSW	BHS - Elena Spectorov
MH - Cultural Competence	Meeting the Needs of all LGBTQIA+ Youth: The Importance of Interesectionality among LGBTQIA+ Youth of Color	Overview of the current state of LGBTQIA+ youth mental health, considering intersectionality in interventions, & how to contribute to the success & well-being of LGBTQIA+ youth	1.5 Hours	1	8/13/2025	Myeshia Price	BHS - Elena Spectorov
MH - Cultural Competence	Growing Up LGBTQIA+: The Impact of Overt & Covert Cultural Sexual Abuse on Identity and Relationships	Recognizing the intersection between cultural factors, sexual identity, and trauma w/ LGBTQIA+ clients	1 Hour 45 minutes	1	8/13/2024	Joe Kort, PhD, LMSW	BHS - Elena Spectorov

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MH - Cultural Competence	Trauma and Intellectual and Developmental Disabilities (IDD): Intervening with Youth with IDD who have Experienced Trauma	Foundation of various IDDs in various populations and strategies and skills for interacting with and supporting youth with IDD who experienced trauma	3 Hours	5	3/13/2025	Michael Gomez, Ph.D.	BHS - Elena Spectorov
MH - Cultural Competence	Positive Parenting Beyond the Belt: Examining Alternative Approaches to Child Disciplinary Practices in Communities of Color	Parenting practices of various cultures and alternative approaches	2 Hours	1	8/21/2024	Monica Montury, LCSW, M.S.W.	BHS - Elena Spectorov
MH - Cultural Competence	Play-Based Techniques to Help At-Risk Youth Living in Poverty Develop Effective Emotional Regulation Skills in Academic, Social, & Community Settings	Working with youth in poverty across various settings using play therapy techniques	1.5 Hours	1	12/29/2024	Brittany Prioleau, PhD, LPC, LCMHC, ACS, NCC, CMHIMP; Claire Cronin, PhD, LCMHC-QS, LPC, RPT-S,	BHS - Elena Spectorov
MH - Cultural Competence	Disrupting Negative Narratives with Kids in Mind	Discusses how ppower and priviledge influences society, culturally based barriers, evaluating own values, attitude and actin and using anti-racist resources for social justice	1.5 Hours	1	12/29/2024	S. Kent Butler, PhD	BHS - Elena Spectorov
MH - Cultural Competence	Somatic Therapy to Tame the Survival Response and Heal Implicit Trauma Memories	Teaches how to help clients move beyond survival physiology, how to apply polyvagal theory, understanding transgenerational trauma, connecting to inner animal, boundary repair	6.5 Hours	1	10/19/2024	Abi Blakeslee, SEP, CMT, MFT, PhD	BHS - Elena Spectorov
MH - Cultural Competence	Break the Cycle of Intergenerational Trauma: Comprehensive Assessment, Tailored Interventions, and Empowered Understanding	How to assess intergenerational trauma, develop treatment plans and help clts heal from trauma and gain emotional resilience	1.5 Hours	1	12/17/2024	Mariel Buque, PhD	BHS - Elena Spectorov
MH - Cultural Competence	Kids at the Crossroads of Grief: When Emoticons & Memes aren't Enough...	How to offer support that is relevant, youth-focused, culturally aware and sensitive to individual and community grief needs	1.5 Hours	1	12/29/2024	Alesia Alexander, LCSW, CT	BHS - Elena Spectorov
MH - Cultural Competence	ADHD in Diverse Populations: Strategies to Treat Adults, Kids & Collaborate with Care Teams	Discusses historical mistrust, contextuality of multiculturalism and transculturalism, culturally competent work, disparities in assessment and case studies	4.5 Hours	1	4/6/2025	Brandi Walker, PhD	BHS - Elena Spectorov
MH - Cultural Competence	Essential Tools & Skills for Women with ADHD: Specialized Assessment & Comprehensive Treatment Strategies	Discusses misdiagnoses, symptom presentation, intersection of gender, the impact of hormones, risk factors for girls and women, common presenting concerns, and tx considerations	4 Hours	1	4/5/2025	Michelle Frankc, PsyD	BHS - Elena Spectorov
MH - Cultural Competence	Healing Together: Integrated Mental Health Approaches for Native Youth	Discussed how Native Youth are impacted by trauma, what it's like to work in the rural community one lives in, and adapting to a new culture	2 Hours	1	6/18/2025	Ki-Shan Daniels, Trinity Heaven Mace, Amy Mathieson, LCSW, Drea Jones, MSW	BHS - Elena Spectorov
MH - Cultural Competence	Caring for LGBTQIA+ Residents in California	Many LGBTQIA+ individuals experience health disparities throughout their lives. These disparities can have a significant impact on their health and well-being. You are in a unique position to ensure that all people in your care are treated equally, fairly, and with respect. This course discusses relevant terminology, best practices, and California regulations concerning LGBTQIA+ residents in long-term care settings. This course provides general staff with information on caring for LGBTQIA+ residents.	1 Hour	1	9/16/2024	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	DEI: An Introduction to Multicultural Care	The U.S. has a history of attracting diverse populations to live within its borders. Inhabitants currently represent hundreds of cultural, ethnic, and linguistic groups.	1 Hour	65	4/1/2025	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Implicit Bias in Healthcare	Recent movement toward diversity, equity, and inclusion (DEI) is encouraging for historically overlooked individuals. Diversity and inclusivity bring a variety of frequently ignored perspectives and experiences…	1.5 Hours	1	12/2/2024	Relias eLearning	Turning Point Community Programs

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MH - Cultural Competence	Improving Behavioral Health Equity: Immigrant and Refugee Populations	People from immigrant and refugee communities are vulnerable to behavioral health issues and inequities due to experiences they have before, during, and after migration.	1 Hour	1	10/7/2025	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Providing Culturally Competent Care to Children	Culturally competent care helps build trust, improve health outcomes, and support the well-being of children in healthcare settings. This course equips general staff in post-acute settings with the knowledge and skills to provide culturally competent care to children.	30 minutes	1	6/23/2025	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Working with LGBTQ+ Children and Youth		1 Hour	2	10/8/2024	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Your Role In Workplace Diversity	To understand and appreciate diversity in the workplace, you must develop a deep understanding of yourself, as well as any unconscious bias you may have. Your ability to use a variety of strategies to effectively deal with diverse situations is very important. Equally important is the ability to share these effective strategies openly and leverage the diversity that exists within an inclusive organization. In this course, you'll explore how to become aware of your attitudes toward diversity, understand the source of any cultural bias you may have, and increase your acceptance of diverse cultures, people, and ideas. You'll also discover how to become an advocate for diversity and inclusion within	30 minutes	313	7/1/2024	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Cultural Awareness and Humility	As workplaces become more diverse, employees must become more knowledgeable of other cultural norms, respect the wide range of cultural behaviors, and effectively communicate with people of various backgrounds. This course provides important information about navigating culturally diverse settings effectively through cultural humility.	30 minutes	3	9/10/2024	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Cultural Competence and Healthcare	Cultural competence in healthcare refers to the delivery of quality care. It refers to meeting the needs of people with disabilities, members of the LGBTQ+ community, and those from diverse socioeconomic and cultural backgrounds. Cultural competence must be a two-way system to benefit people with differing beliefs, attitudes, values, and behaviors. This course discusses cultural competence and how organizations can use cultural competency to create an atmosphere of inclusion.	30 minutes	204	1/1/2025	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Cultural Competence for Supervisors	Today's workforce is increasingly diverse. Supervisors must be able to work effectively and respectfully with people from a variety of cultural backgrounds. In this course, you will learn about various dimensions of culture. You will learn what cultural competence is and how you can become more culturally competent. You will also learn how culture and cultural competence affect your relationship with the staff members you supervise.	1 Hour	12	7/1/2024	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Cultural Considerations Related to Suicide	Best practices for suicide prevention are culturally responsive and sensitive. This course examines the specific ways cultural factors impact suicide risk and outcomes. You will learn which groups have a heightened suicide risk and cultural factors that increase vulnerability. Culturally responsive evidence-based strategies to mitigate suicide will also be discussed.	1 Hour	2	2/8/2025	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Cultural Humility and Implicit Bias in Behavioral Health	People belonging to marginalized identities face behavioral health disparities for multiple complex reasons. Implicit bias and a lack of cultural humility play a role in behavioral health disparities.	1 Hour	273	7/1/2024	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Addressing Racial Trauma in Behavioral Health	Racism is so detrimental to society that it is considered a public health crisis. Healthcare professionals need to be able to recognize and address racial trauma in their clients.	1 Hour	1	10/4/2024	Relias eLearning	Turning Point Community Programs
MH - Recovery - Adult	Approaches to Person-Centered Planning in Behavioral Health	Person-centered planning was developed in response to working with people with learning and developmental disabilities as well as older adults. It has seen such a positive response that this approach is now advocated when working with all areas of society, including children and behavioral health clients. In order to implement person-centered care, providers need more training and support to increase competency in this approach (Choy-Brown et al., 2020). Historically, medical model treatment plans for those with behavioral health challenges have focused on symptom reduction, behavior management, decreased hospitalization, and treatment compliance. In this course, you	1 Hour	41	6/12025	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Strategies for Avoiding Assumptions About Sexual Orientation	Sexual orientation refers to a person’s sexual attraction or romantic interest (American Psychological Association, 2021). It is always best to address an individual in the way they would like to be described when a preference is expressed. Assumptions about a person’s sexual orientation can lead to being unintentionally offensive or hurtful. This microlearning course includes practices that can help you avoid making assumptions that can potentially harm others (Casey et al., 2019; Human Rights Campaign, n.d.; Malark & Zonana, 2022).	.10 of an Hour	1	5/26/2025	Relias eLearning	Turning Point Community Programs
MH - Cultural Competence	Diversity Training	Cultural Competency and Diversity Training	1 Hour	5	4/22/2025	Sharina Barney	Crestwood Behavioral Health, Inc.

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MH - Cultural Competence	Diversity: Unconscious Bias	Help your employees to overcome any unconscious bias.	45 minutes	108	7/2/2024-6/28/25	Cornerstone LMS	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	Building Inclusive Work Communities	create and maintain work communities that are inclusive of the diverse people on your team. In doing so, you can do your best to ensure there aren't any team members who feel left behind or like they don't belong. After completing the course, you'll have specific, concrete ways to create a real community of belonging at work, not just a shared space	50 Minutes	100	7/4/2024-6/30/2025	Cornerstone LMS	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	Generational Diversity In The Workplace	how to recognize generational characteristics, and the role generational inclusion plays in the workplace. You'll learn what comprises a generation, how they differ, and how intergenerational collaboration creates a successful outcome. You'll identify the working styles and qualities each group offers. Linda will share common misunderstandings between generations along with ways to prevent exclusion.	1 Hour	77	7/11/2024-6/17/2025	Cornerstone LMS	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	Adding Value Through Diversity	he value of diversity is more than checking boxes and meeting basic standards. In this course, you'll not only learn what it takes to keep in compliance with the 1964 Civil Rights Act, you'll discover the critical steps to build a vibrant, more dynamic environment for ideas and employees to thrive	50 minutes	74	7/12/2024-6/29/2025	Cornerstone LMS	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	Tackling Gender Bias: Micro-course	understand the impact of gender bias in the workplace and the business case for tackling it	20 minutes	1	2/21/2025	Cornerstone LMS	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	Unconscious Biases: Series	This course provides an introduction to unconscious bias, a psychological process that we are all subject to and that can negatively affect the workplace. It illuminates how unconscious bias works, factors that can trigger unconscious bias, and strategies for counteracting unconscious bias in order to create an inclusive environment, positive professional relationships, and a high-functioning workplace.	20 minutes	86	9/8/2024-6/27/2025	Cornerstone LMS	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	Addressing Systemic Racism in the Workplace	helps learners understand what systemic racism is, its negative impact on the workplace, and ways to address it	25 minutes	45	7/2/2024-6/17/2025	Cornerstone LMS	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	Culturally Informed Recovery Supports and Services	This training provides an overview of some of the structural elements that Crestwood offers to identify and respond to cultural needs amongst the diverse groups of people that we serve.	60 minutes	36	10/31/2024	Barbara Reese	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	DNA: DEI Series	This 14-lesson series highlights the social skills and constructs useful for creating an inclusive workplace of belonging.	60 minutes	68	7/4/2024-1/14/2025	Barbara Reese	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	Establishing Equity	video course intended to show viewers how to move towards equity in the workplace. This course, comprising five video lessons, walks through the four elements of the DEI continuum: diversity, inclusion, equality, and equity	45 minutes	10	7/9/2024-6/12/2025	Cornerstone LMS	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	Talking About: A Seat at the Table	In this series, people from diverse backgrounds have vulnerable conversations about how social issues have impacted them in the workplace.	60 minutes	13	8/11/2024	Cornerstone LMS	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	Understanding Gender Bias: Micro-course	This short course will give a better understanding of the nature of gender bias how gender bias impacts on both men and women in the workplace, the negative impact of prescriptive and descriptive stereotypes, the business case for tackling gender bias.	15 minutes	5	11/12/2024-6/19/2025	Cornerstone LMS	Crestwood Behavioral Health, Inc.
MH - Cultural Competence	Supporting LGBTQ+ Youth in Care	Explores the experiences of LGBTQ+ youth in care and how parents can support LGBTQ+ children and teens at home and in the community.	4 Hours	11	3/31/2025	Foster Parent College	Children's Receiving Home of Sacramento

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MH - Cultural Competence	Sexual Orientation, Gender Identity & Expression (SOGIE)	Psychoeducation about sexual orientation, gender identity & expression, and strategies for providing culturally responsive services	1.5 Hours	4	10/23/2024	Nicolette Herrera	Children's Receiving Home of Sacramento
MH - Cultural Competence	Supporting Families of Transgender Youth	This webinar looks at ways for families to come together to support transgender youth specifically during the election cycle.	1.5 Hours	1	1/31/2025	Luca Valenitne	Children's Receiving Home of Sacramento
MH - Cultural Competence	Improving Cultural Competency for Behavioral Health Professionals	The goal of this e-learning program is to help behavioral health professionals increase their cultural and linguistic competency when providing care and treatment.	5 Hours	1	8/12/2024	Cine-Med	Children's Receiving Home of Sacramento
MH - Cultural Competence	An Introduction to Cultural and Linguistic Competency	Learn what culture has to do with behavioral health care.	1 Hour	1	10/22/2024	Cine-Med	Children's Receiving Home of Sacramento
SUPT - Recovery - Adult	Trauma Informed Care: Including Race/Gender		2 Hours	29	2/12/2025	John R. Durbin, CADC II, SUDCC II	WellSpace Health
MH - Cultural Competence	Trauma Informed Motivational Interviewing	Motivational Interviewing (MI) is a directive, client-centered approach for eliciting behavioral change by helping clients to explore and resolve ambivalence. This training is designed to meet the needs of complex work teams that provide support, problem-solving skills, and enhanced coping strategies.	16 Hours	9	4/7-4/8	Kristen Dempsey	Homeless Engagement and Response Team
MH - Cultural Competence	Overview of How Behavioral Health Disorders are Impacted by Trauma.	The impact that trauma has on specific behavior health disorders.	1.5 Hours		1/1/2024	Relias	Gramercy Court
MH - Cultural Competence	Enhancing Treatment Engagement of Individuals with Behavioral Health Disorders	Provide addictions, behavioral health counseling, nursing, and others to promote engagement for individuals with substance use.	1.75 Hours		3/1/2024	Relias	Gramercy Court
MH - Cultural Competence	Boundaries in the Treatment Relationship	The concept of a professional therapeutic boundary and how it differes from a personal relationship.	1.25 Hours		3/1/2024	Relias	Gramercy Court
MH - Cultural Competence	Addressing Behavioral Health Needs of Veterans	Overview of strategies to recognize, understand, and support the unique mental health challenges faced by veterans.	2 Hours		8/1/2024	Relias	Gramercy Court
MH - Cultural Competence	A Culture- Centered Approach to Recovery	Integrating cultural understanding and respect into personalized strategies for effective recovery support.	1 Hour		10/1/2024	Relias	Gramercy Court
MH - Cultural Competence	Cultural Humility and Implicit Bias in Behavioral Health	Approaches to recognize personal biases, respect diverse backgrounds, and provide equitable, culturally sensitive care.	1 Hour		11/1/2024	Relias	Gramercy Court
MH - Cultural Competence	LGBTQ+	Promoting understanding, inclusivity, and supportive care for LGBTQ+ individuals.	1 Hour		12/1/2024	Fatama Mustapha	Gramercy Court

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MH - Cultural Competence	DEI: An Introduction to Multicultural Care	foundational knowledge and strategies to provide culturally responsive care. It emphasizes the importance of understanding and addressing diversity, equity, and inclusion (DEI) within behavioral health settings.	1 Hour		1/1/2025	Relias	Gramercy Court
MH - Cultural Competence	Addressing Behavioral Health Needs of Veterans	Overview of strategies to recognize, understand, and support the unique mental health challenges faced by veterans.	2 Hours		7/1/2025	Relias	Gramercy Court
MH - Cultural Competence	Counseling Lesbian Gay Bisexual and Transgender (LGBT) Clients v.2	learning about Lesbian, Gay, Bisexual, and Transgender clients	1 Hour	1	7/1/2024	My Learning Point	River Oak
MH - Cultural Competence	Diversity in the Workplace	about helping you see where you can act to make your workplace an accepting place to for everyone and celebrate each person's diversity	1 Hour	33	7/1/2024	My Learning Point	River Oak
MH - Family Focused - Youth	Cultural Competence: The Immigrant Experience Ethnicity and Families	The domain of clinical practice currently faces a crisis of competence and conscience in the treatment of those clients whose ethnicity, race, or class renders them minority groups in American society.	1 Hour	1	7/1/2024	My Learning Point	River Oak
MH - Resiliency - Youth	Immigration and Its Impact on Children's Mental Health	This course documents the existence of striking disparities for minorities in mental health services and the underlying knowledge base.	1 Hour	1	7/1/2024	My Learning Point	River Oak
MH - Cultural Competence	Cultural Humility and Implicit Bias in Behavioral Health	The goal of this course is to provide healthcare professionals in health and human services settings with knowledge to practice cultural humility and address implicit bias.	1 Hour	146	7/1/2024	Relias	Hope Cooperative
MH - Cultural Competence	Improving Behavioral Health Equity: Immigrant and Refugee Populations	This course provides an overview of issues that affect behavioral health equity in immigrants and refugees. It also offers strategies to address behavioral health inequity within these communities.	1 Hour	1	7/1/2024	Relias	Hope Cooperative
MH - Cultural Competence	Improving Behavioral Health Equity: Children, Adolescents, and Emerging Adults	The goal of this course is to introduce behavioral health providers and non-licensed direct care staff in behavioral health settings with an overview of the behavioral health inequities which exist for children, adolescents, and emerging adults. Strategies to address these inequities will also be provided.	1 Hour	1	7/1/2024	Relias	Hope Cooperative
MH - Cultural Competence	Improving Behavioral Health Equity: People Who Are Transgender and Nonbinary	The goal of this course is to provide education to addictions, behavioral health counseling, case and care management, marriage and family therapy, non-licensed direct care, psychology, and social work professionals working in health and human services settings around improving behavioral health equity for people who are transgender and nonbinary.	1 Hour	1	7/1/2024	Reilas	Hope Cooperative
MH - Cultural Competence	Overcoming Barriers to LGBTQ+ Affirming Behavioral Health Services	This course will help you to improve your ability to understand the unique needs of LGBTQ+ populations and provide affirming care that addresses those needs.	1 Hour	2	7/1/2024	Relias	Hope Cooperative
SUPT - Recovery - Adult	Cultural Humility and Implicit Bias in Behavioral Health	The goal of this course is to provide healthcare professionals in health and human services settings with knowledge to practice cultural humility and address implicit bias.	1 Hour	10	7/1/2024	Relias	Hope Cooperative
MH - Cultural Competence	REJ Round Table Talk (6138-W) 1.5 Hours	Live discussion of Race Equity and Justice talks	1.5 Hours	3	7/30/2024	Pacific Clinics	Pacific Clinics

FY 2024-25 Sacramento County BHS Training Log

Types	Event	Description	Duration and Frequency	Total Attendees	Date of Training	Name of Presenter	Name of Provider
MH - Cultural Competence	Roots, Identity, and Culture of Afro-Latinos (CR) (1.5 Hours) (6367-W)	Psychoeducation about the unique experiences of Afro-Latinos	1.5 Hours	3	9/13/2024	Pacific Clinics	Pacific Clinics
MH - Cultural Competence	LGBTQ 101	LGBTQ+ 101 training provides foundational knowledge and skills to foster a more inclusive environment for individuals with diverse sexual orientations and gender identities	1 Hour	172	5/7/2025	Olaywa Austin, LGBT Center	Sacramento Native American Health Center
MH - Cultural Competence	Reconnecting the Circle: 2Spirit	Two-spirit identity, how to discuss SOGIE, sexual behavior, and allyship with friends, family, and providers. Workhop also disusses ongoing impact of colonization on gender and sexual orientation.	6 Hours	24	5/31/2025	Dr. Roger Kuhn	Sacramento Native American Health Center
SUPT - Cultural Competence	Diversty Equity & Agency	Diversity Equity	2 Hours	14	7/24/2024	Innovation Bridges	Sacramento Native American Health Center
MH - Cultural Competence	LGBT	LGBT 101	2 Hours	38	5/28/2025	Innovation Bridges	Sacramento Native American Health Center
SUPT - Cultural Competence	LGBT	LGBT 101		18	5/28/2025	Innovation Bridges	Sacramento Native American Health Center
MH - Resiliency - Youth	Trauma and Mental Illness (TAMI) Consultation	Therapy consultation for clinicians including cultural formulation, interventions, and psychoeducation	1 Hour	8	9/26/2025	Karina Muro, Ph.D. and Tori Galvez, PsyD	UC Davis SacEDAPT
MH - Cultural Competence	Working with Systems Involved Youth and Subcultures: Corrections, Incarceration, Policies and Procedures	psychoeducation of diverse populations, gang culture, and impacts of SES	4 Hours	3	7/9/2024	Victoria Galvez, Psy.D.	UC Davis SacEDAPT
MH - Cultural Competence	Latinx Cultural Considerations	psychoeducation for providing culturally responsive services to Latinx population	1 Hour	5	8/15/2024	EPI-CAL Cornerstone, Karina Muro, Ph.D.	UC Davis SacEDAPT
MH - Navigating Systems - Youth	Healthy Rural California Psychiatry Residency	presentation on MH shortages in rural CA area and how to build a health care workforce	1 Hour	68	8/4/2024	Rachel Mitchell, MD	UC Davis SacEDAPT
MH - Cultural Competence	Mental health, Racisism, and Contemporary Challenges of Being Black in America	facilitated discussion with APA press authors of CC book	1 Hour	82	8/16/2024	Dr. Annelle Primm and Dr. Donna Norris	UC Davis SacEDAPT
MH - Navigating Systems - Youth	Innovative Community Models to Improve MH for our Minority Populations	Mechanisisms of MH disparities, reccomendations for transforming MH and substance use tx services, structural changes needed to reduce racial inequities in MH	1 Hour	89	8/23/2024	Margarita Alegria, PhD	UC Davis SacEDAPT
MH - Cultural Competence	Empathy and Compassion as Foundations of Equity, Inclusion, and Belonging	Become familiar with definitions of empathy, compassion, & self-compassion and how each relates to equity, inclusion, and belonging. Appreciate challenges and opportunities of applying empathy and compassion concepts to health justice work. Practice self-compassion exercises that can be applied in one's professional and personal life	1 Hour	92	1/20/2025	Lisa T. Eyler, PhD	UC Davis SacEDAPT

FY 2024-25 Sacramento County BHS Training Log

Types	Event	Description	Duration and Frequency	Total Attendees	Date of Training	Name of Presenter	Name of Provider
MH - Cultural Competence	The Socialization of the Strong Black Woman	Define the Strong Black Woman schema. Describe how Black women are socialized to be strong. Identify how being a strong black woman shapes black women's functioning	1 Hour	59	6/13/2025	Gabriella Gaskin-Cole, Ph.D.	UC Davis SacEDAPT
MH - Cultural Competence	Grafting the Family Tree	approach to understanding the impact of betrayal trauma on family formation in cisgender lesbian women in relationships	1 Hour	21	11/20/2024	Laney Alvarado, MA	UCD CAARE Center
MH - Cultural Competence	Making Mental Health Spaces Affirming for LGBTQ+ Members	This training provides knowledge and skills to foster an environment of acceptance, respect, and inclusivity. Additionally, introducing knowledge of gender, sexual orientation, pronouns, and related concepts.	1 Hour	14	7/17/2024	Shalimar Boulos, LCSW	Sac LGBT
MH - Cultural Competence	Racial Equity Training: The Basics of Racial Equity	This training explores how racial equity is essential to the delivery of services in an LGBTQ+ social services agency.	2 Hours	2	7/24/2024	Reggie Caldwell	Sac LGBT
MH - Cultural Competence	Racial Equity Training: Structural Racism Training	This training provides an understanding of the implications of structural racism on health and wellness.	2 Hours	1	8/28/2024	Reggie Caldwell	Sac LGBT
MH - Cultural Competence	Racial Equity Training: Privilege and Power	This training provides an understanding on what our relation and positionality to power is, and the implications on racial equity.	2 Hours	1	9/25/2024	Reggie Caldwell	Sac LGBT
MH - Cultural Competence	Trauma-informed Peer Support	Participants will learn how trauma-informed care relates to the Peer Support Specialist core competencies, ethical guidelines, and values. This training will include cultural considerations and the impact trauma has on how we view the world.	1 Hour	2	5/30/2025	CalVoices Training Center/ Jennifer Churchill and Zauna Nuru-Bates	Sac LGBT
MH - Cultural Competence	Cultural Competence Refresher	Refresher Course for all direct client support staff.	4 Hours	5	7/25/2024	Jeff Bearden	God's Love Outreach Ministries
MH - Cultural Competence	Cultural Competence Refresher	Refresher Course for all direct client support staff.	4 Hours	2	8/4/2024	Jeff Bearden	God's Love Outreach Ministries
MH - Cultural Competence	Cultural Competence Refresher	Refresher Course for all direct client support staff.	4 Hours	2	12/5/2024	Jeff Bearden	God's Love Outreach Ministries
MH - Cultural Competence	Cultural Competence Refresher	Refresher Course for all direct client support staff.	4 Hours	6	2/18/2025	Jeff Bearden	God's Love Outreach Ministries
MH - Cultural Competence	Cultural Competence Refresher	Refresher Course for all direct client support staff.	1 hour	36	5/29/2025	Jeff Bearden	God's Love Outreach Ministries
MH - Cultural Competence	Iu Mien Student Conference Cultural Workshop	IMCS Board Member provided educational history and culure awarness and linkage to our SCC Youth and Senior programs	2 hours	20	6/21/2025	Sen Saetern	Iu Mien

FY 2024-25 Sacramento County BHS Training Log

Types	Event	Description	Duration and Frequency	Total Attendees	Date of Training	Name of Presenter	Name of Provider
MH - Cultural Competence	Provider Diversity and Cultural Sensitivity Training (Kaiser)	Relias module: Meaning of diversity, culture & cultural competency, equal access and non-discrimination, laws and regulations, transgender care, language assistance services, interacting with people with disabilities	1 hour	158	2/1/2025-8/13/2025	Relias	Psynergy
MH - Cultural Competence	Cultural Competence/Cultural Awareness Training	Explain the importance of understanding a person's culture when providing services, examine common issues in cultural diversity and treatment disparities, identify appropriate responses to cultures that differ from your own	4 hours	81	7/1/2025-8/13/2025	Relias	Psynergy
MH - Cultural Competence	Caring for LGBTQIA+ Residents in California	This course discusses relevant terminology, best practices, and California regulations concerning LGBTQIA+ residents in long-term care settings. This course provides general staff with information on caring for LGBTQIA+ residents.	1 hour	123	7/1/2025-8/13/2025	Relias	Psynergy
MH - Cultural Competence	Cultural Humility as a Framework in Advancing Justice, Equity, Diversity, and Inclusion	Learn about cultural humility. Identify challenges in discussing racism in the workplace. Recognize opportunities where you can use cultural humility in difficult conversations	2 hours	2296	6/30/2025	Dr. Jei Africa	Sacramento County BHS Cultural Competence Training Series
MH - Cultural Competence	Equity and Inclusion for People with Disabilities in Behavioral Health Services	Identify common barriers and improve access amoung clients with disabilities in BH care settings	2 hours	2116	6/30/2025	Cheryl Bennett	Sacramento County BHS Cultural Competence Training Series
MH - Cultural Competence	Practicing Cultural Formulation	Incorporate culturally responsive services, acquire cultural knowledge regarding concepts of health, illness, and healing, specifically the application of the CFI	2 hours	1801	6/30/2025	Dr. Kristi Haggins	Sacramento County BHS Cultural Competence Training Series
MH - Cultural Competence	Transgender, Gender Non-Conforming, and Intersex (TGI) communities in Behavioral Health Care	Knowledge in sexual orientation, gender identity, expression, barriers to health care, and challending bias	2 hours	1871	6/30/2025	Alexis Sanchez	Sacramento County BHS Cultural Competence Training Series
MH - Cultural Competence	Equity and Inclusion for People with Disabilities in Behavioral Health Services	Identify the County's responsibilites under ADA laws to improve services when workingw ith clients.	2 hours	1322	9/26/2024	Cheryl Bennett	Sacramento County BHS Cultural Competence Training Series

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CERTIFIED PEER SUPPORT SPECIALIST LEADERSHIP LIAISON PROGRAM
2025 PEER EMPOWERMENT CONFERENCE

Date: May 30, 2025
Location: Harper Alumni Center (CSUS)
Number of Attendees: 162

Event Summary

This day-long event, hosted by Cal Voices, brought together leaders, advocates, and providers to celebrate and strengthen the role of peer support in behavioral health systems. The program began with a warm welcome from Stephanie Ramos, Education Director at Cal Voices, followed by opening remarks from Dr. Ryan Quist, Behavioral Health Services Director for Sacramento County.

The morning featured a panel discussion on integrating peer support into clinical teams, where panelists shared insights on cultural shifts, the value of lived experience, and strategies for collaboration. The panel, moderated by Robert Salinas, included experts from UC Davis Health, HeartLand Child & Family Services, Hope Cooperative, and River Oak Center for Children.

After a short break, Vesper Moore, COO of Kiva Centers, delivered a compelling presentation on preserving the civil rights roots of peer support. They emphasized the importance of maintaining peer values like self-determination and mutuality amidst growing institutionalization.

Following lunch, Nicole Scanlan and Stephanie Ramos provided updates on the Certified Peer Support Specialist Leadership Liaison Program, highlighting recent achievements and goals.

The afternoon continued with a panel on engaging diverse communities through lived experience. Panelists discussed the transformative power of culturally responsive peer work and the importance of trust-building in underserved populations.

The day concluded with a keynote by Ebony Chambers McClinton, founder of Healing Grace Studios. Her talk, "Rooted in Purpose, Rising in Power," called for centering equity in peer support, uplifting marginalized voices, and recommitting to the movement's original intent.

Closing remarks and a raffle wrapped up the event, reinforcing a collective commitment to advancing peer support as a powerful, justice-centered approach to behavioral health.

Post Conference Reflection

Successes

The 2025 Peer Support Conference achieved a number of key logistical and programmatic successes:

Event Logistics

- Pre-event Setup: Day-before setup was highly effective in minimizing stress on the day of the event.

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- Efficient Registration: Streamlined check-in using lanyard trees, tag holders, and designated lines for vendors, speakers, and walk-ins improved flow and reduced bottlenecks.
- Site Management: Smart use of space (e.g., storing overflow items in the kitchen area) and organizing a separate drink station contributed to a smooth attendee experience.
- Facilities Support: Cal Voices staff and volunteers provided essential hands-on assistance, including outdoor setup in high temperatures.

Program Quality

- Engaging Speakers: Vesper Moore and Ebony Chambers McClinton were widely praised for delivering dynamic, mission-centered keynotes that deeply resonated with attendees.
- Diversity, Equity & Inclusion (DEI) Panel: This session was particularly well-received and ran smoothly, fostering meaningful conversation on trust-building in underserved communities.
- Interactive Experiences: Activities like raffles, outdoor engagement, and visual art displays elevated the event experience.
- Positive Attendee Feedback: Many participants provided in-person appreciation for the content, flow, and welcoming environment of the conference.

Challenges Identified

Despite its success, several challenges were noted, providing valuable insight for future improvement:

Panel & Program Management

- Unstructured Panel Transitions: Some panels lacked buffer time between sessions, resulting in rushed transitions.
- Missing Name Tents: Panelists sat in unassigned seating, and the absence of name tents caused some confusion.
- Overextended Conversations: The DEI panel, while powerful, ran over time due to limited time management tools.

Vendor & Provider Engagement

- Unregistered Vendors: Some vendors failed to formally register, creating coordination issues.
- Limited Provider Response: There was a lack of responsiveness from provider agencies when confirming panel participants.

Miscellaneous

- Care Court Conversation: The topic raised unexpected tensions or confusion that may require better framing or facilitation in the future.

Proposed Solutions and Recommendations for 2026

Event Planning & Setup

- Secure Venue Early: Consider the University Union with both an auditorium and dining space.

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- Maintain Pre-Event Setup: Reinforce the importance of setting up the day prior, including storage needs.
- Request Volunteer Support: Recruit and assign roles early (greeters, registration, floaters, etc.).
- Include More Art & Culture: Increase visual art displays to reflect the diversity of the peer community.
- Limit Vendors: Cap vendor participation at seven (7) to allow for manageable coordination and adequate space.

Panel Improvements

- Panelist Prep: Conduct advance Zoom prep calls covering expectations, timing, name pronunciation, and logistics.
- Name Tents & Timing Tools: Provide two-sided name tents and signage with time reminders to keep panels on track.
- Printed & Displayed Questions: Print panel questions and project them via slide deck to enhance clarity and focus.

Registration and Check-In

- Combine Check-In Tables: Merge vendor, speaker, and walk-in check-ins into one unified system.
- Three Check-In Staff + Door Greeter: Ensure adequate personnel are assigned to expedite the process and provide wayfinding support.

Food & Beverage Logistics

- Hydration: Add an extra water bucket for the trough and increase hot water/tea availability.
- Diverse Food Options: Provide more whole fruit and snacks.
- Beverage Placement: Move drinks to the back-right corner for easier access and better crowd control.
- Lunch Flow: Use clear signage to direct the lunch line and consider switching desserts to platters.
- Waste Management: Increase trash collection in the afternoon to manage volume.

Conclusion

The 2025 Peer Support Conference successfully advanced the visibility, value, and community of peer support in Sacramento County. Through intentional programming, equity-centered dialogue, and logistical refinement, the event served as both a celebration and a strategic platform for progress. Cal Voices is committed to applying the lessons learned to ensure the 2026 conference is even more impactful, inclusive, and seamless.

CAL VOICES, IN PARTNERSHIP WITH
SACRAMENTO COUNTY BEHAVIORAL HEALTH SERVICES, PRESENTS

29th Annual

Peer Empowerment Conference

Building Community in Behavioral Health Services

Friday May 30, 2025

9:00 AM to 4:00 PM

Harper Alumni Center | Sacramento State

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SACRAMENTO COUNTY

The Certified Peer Support Specialist Leadership Liaison Program is a collaborative program of Cal Voices and Sacramento County Department of Health Services, Division of Behavioral Health Services, funded through the voter-approved Proposition 63, the Mental Health Services Act.

ABOUT CAL VOICES

In 1946, a coalition of mental health patients, mental health service providers, and interested community members began a local Mental Health Association chapter in Sacramento, which is now known as Cal Voices. For 77 years, Cal Voices has provided mental health consumers with culturally-affirming peer support services, assistance in navigating various human service agencies, and advocacy for consumer-oriented public behavioral health policies. Currently, Cal Voices provides these services in Amador, Placer, and Sacramento counties, and offers technical assistance to other behavioral health agencies statewide. 100% of our staff identify as consumers, family members, and/or parents/caregivers including our entire Executive Leadership team and all of our program managers. Cal Voices is an affiliate of Mental Health America (MHA), the country's oldest and largest nonprofit organization addressing all aspects of mental health.

Since 2015, Cal Voices has trained, coached, and mentored thousands of Peers in California to build their knowledge and expertise. We have conducted key informant interviews, organizational assessments, training, and technical assistance for hundreds of county staff and thousands of Peer providers in California's Public Behavioral Health System.

CERTIFIED PEER SUPPORT SPECIALIST LEADERSHIP LIAISON PROGRAM (CPS-LLP)

The Certified Peer Support Specialist Leadership Liaison Program is a collaborative program of Cal Voices and Sacramento County Department of Health Services, Division of Behavioral Health Services (BHS), funded through the voter-approved Proposition 63, the Mental Health Services Act. This program is intended to support Sacramento County Behavioral Health Service providers.

The Program works to:

- Expand the number of diverse Certified Medi-Cal Peer Support Specialists (CMPSS)
- Increase the tools and resources available to support Medi-Cal Peer Support Services
- Increase the knowledge of CMPSS staff related to the evidence-based practice of peer support
- Increase BHS providers' knowledge about developing, expanding, and retaining a diverse peer workforce.

We encourage you to participate in our program offerings and to stay tuned for upcoming opportunities. Contact us at peerleadership@calvoices.org.

CONFERENCE AGENDA

9:00 AM – 9:10 AM	**Welcome and Morning Kick Off** Stephanie Ramos | Education Director | Cal Voices
9:10 AM – 9:25 AM	**Welcoming Remarks** Dr. Ryan Quist | Behavioral Health Services Director Sacramento County Department of Health Services, Division of Behavioral Health Services
9:30 AM – 10:30 AM	**Panel Discussion: Peer Support in Clinical Teams and Programs** This panel explores integrating peer support into clinical teams, highlighting benefits, cultural shifts, and strategies to elevate lived experience as essential behavioral health expertise. **Panelists** • Alishia Dauterive | Peer Supervisor | UC Davis Health • Shaunda Jones | Clinical Program Manager of Advocacy | HeartLand Child & Family Services • Latesha Pierce | Program Manager | Hope Cooperative • Passionique Saunders | Youth Advocate | River Oak Center for Children **Moderator** • Robert Salinas | Peer Support Specialist Liaison | Cal Voices
10:30 AM – 10:45 AM	**Break**
10:45 AM – 11:45 AM	**Presentation: Maintaining the Integrity of Peer Support: Civil Rights and Behavioral Health** Vesper Moore | Chief Operating Officer | Kiva Centers Peer support arose from civil and human rights movements challenging coercive behavioral health systems. As peer roles expand, preserving core values—self-determination, mutuality, and social justice—is essential. Vesper Moore will explore its grassroots origins, risks of institutional co-optation, and ties to civil rights, offering strategies to protect the integrity of peer support in clinical, community, and policy settings.
11:45 AM – 1:00 PM	**Lunch Distribution and Break**

CONFERENCE AGENDA (continued)

1:00 PM – 1:30 PM — **Program Updates: Certified Peer Support Specialist Leadership Liaison Program**

Nicole Scanlan | Peer Support Specialist Liaison | Cal Voices
Stephanie Ramos | Education Director | Cal Voices

1:30 PM – 2:30 PM — **Panel Discussion: Leveraging Lived Experience to Enage Diverse Communities**

This panel explores how peer support specialists use lived experience to build trust, enhance outreach, and improve culturally responsive behavioral health care in diverse communities.

Panelists

- Doretha Williams-Flournoy | Executive Director | A Church for All
- Gulshan Yusufzai | Executive Director | MAS-Social Services Foundation
- Marcella Araiza | TAY Clinician | Sacramento LGBT Community Center
- Name | Position | Agency

Moderator

- Zauna Nuru-Bates | Peer Support Specialist Liaison | Cal Voices

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2:30 PM – 2:45 PM — **Break**

2:45 PM – 3:45 PM — **Speaker Presentation: Rooted in Purpose, Rising in Power – Centering Equity in Peer Support**

Ebony Chambers McClinton | Founder | Healing Grace Studios
As we close a day dedicated to building community and uplifting the peer workforce, Ebony Chambers McClinton will lead a powerful reflection on the heart of peer support—centering lived experience, amplifying marginalized voices, and advancing equity in behavioral health. In a time of political tension and shifting narratives, this keynote explores the original intent of peer support and the vital role of diversity, equity, and inclusion. It's a call to action and an invitation to stay grounded in our values and fuel the movement forward with purpose and inspiration.

3:45 PM – 4:00 PM — **Closing Remarks and Raffle**

Jennifer Churchill | Peer Support Specialist Liaison | Cal Voices
Stephanie Ramos | Education Director | Cal Voices

SPEAKER BIOGRAPHIES - IN ORDER OF APPEARANCE

STEPHANIE RAMOS | EDUCATION DIRECTOR | CAL VOICES

Stephanie Ramos is a family member of someone living with severe mental health challenges. She has served as Youth Advocate, Family Coordinator, Operations Manager, Communications Director, and Education Director for Cal Voices over the course of 19+ years. Her work has included grassroots advocacy efforts in Sacramento and statewide on various boards and committees. She has over a decade of experience providing training and technical assistance across California to implement and improve peer support programs.

DR. RYAN QUIST | BEHAVIORAL HEALTH DIRECTOR

SACRAMENTO COUNTY BEHAVIORAL HEALTH SERVICES

Ryan Quist, Ph.D., is the Behavioral Health Director in Sacramento County. His work in Behavioral Health started in Riverside County Behavioral Health where he worked in various roles dedicating more than 20 years to County Behavioral Health. Dr. Quist remains very active in Statewide advocacy on Behavioral Health topics and was elected by other Behavioral Health Directors as President for the County Behavioral Health Directors Association (CBHDA) for 2023 and 2024. He co-chairs the CBHDA Medi-Cal Policy Committee. He was selected to participate in the CalAIM Behavioral Health Stakeholder workgroup and contributed to planning for the various Behavioral Health CalAIM initiatives now being implemented. In Sacramento County, his focus is on mental health and substance use services for the homeless population, criminal justice population, and bolstering the crisis continuum of care to prevent psychiatric hospitalizations. For children's services, he is dedicated to promoting field-based and school-based services and collaborating to support the foster youth and probation populations.

ROBERT SALINAS | PEER SUPPORT SPECIALIST LIAISON | CAL VOICES

Robert Salinas has been with Cal Voices for over five years, serving in multiple roles including WISE U Intern, Family and Friends Coordinator, Peer Support Specialist, Program Manager, and currently as a Peer Support Specialist Liaison, representing consumer Peer Support Specialists. Robert is a certified Wellness Recovery Action Plan (WRAP®) facilitator and draws from his lived experience with mental health and substance use recovery. His professional work journey and personal insight enable him to advocate effectively for peer-driven support services. Robert is committed to fostering empowerment, resilience, and recovery within the behavioral health community through compassionate, person-centered care.

SPEAKER BIOGRAPHIES (continued)

ALISHIA DAUTERIVE | PEER SUPERVISOR | UC DAVIS HEALTH

Alishia Dauterive is a trained peer supporter and community health advocate who credits the peer community and her lived experience—rooted in ancestral connection and altered states—for guiding her growth, humility, and ability to hold space for pain. She co-leads the Lived Experience Integration team with UC Davis' Early Psychosis Intervention California Network and develops, reviews, and presents trainings statewide. Alishia also serves as a Peer Supervisor for UC Davis Health's EDAPT early psychosis clinics. She challenges the de-politicization of mental health, emphasizing the roles of generational trauma, environment, and systemic oppression. Through her work, she fosters critical conversations about equity in care. Alishia holds a B.S. in Psychology and is pursuing a Master of Public Health focused on communal care and health equity.

SHAUNDA JONES | CLINICAL PROGRAM MANAGER OF ADVOCACY
HEARTLAND CHILD AND FAMILY SERVICES

Shaunda Jones is the Clinical Program Manager of Advocacy at Heartland Child and Family Services, advancing from Family Advocate through innovation and impact. She created Coffee Time, a caregiver group, and led a youth anger management program to support healing. With a background in education and youth development, her journey has been shaped by grief, single parenthood, and resilience. Shaunda leads with empathy, striving to simplify systems, empower others, and be the advocate she once needed, with a focus on intentional, transformative care.

LATESHA PIERCE | PROGRAM MANAGER | HOPE COOPERATIVE

Latesha Pierce is a bold leader, mental health advocate, and change-maker dedicated to serving marginalized communities with compassion and intention. As Program Manager of Hope Cooperative Inc's CORE Wellness Center in Sacramento, she leads a peer-driven team focused on mental wellness, housing support, harm reduction, and community empowerment. Her work centers around healing, equity, and real-life transformation. With personal lived experience and professional expertise, Latesha is a voice for those often unheard. She's known for building programs from the ground up, mentoring future leaders, and showing up for her community in meaningful ways. Whether she's managing crisis situations, linking members to resources, or empowering her staff of peers, she brings transparency, heart, and a vision for lasting change.

SPEAKER BIOGRAPHIES (continued)

PASSIONIQUE SAUNDERS | YOUTH ADVOCATE | RIVER OAK CENTER FOR CHILDREN

Passionique Saunders is a Peer Support Specialist at River Oak Center for Children with over four years of experience supporting youth in their mental health journeys. Her passion for this work is deeply rooted in her own personal lived experience, navigating and overcoming mental health challenges as both a youth and an adult. Passionique knows firsthand how essential it is to feel genuinly heard, supported, and understood. She is committed to creating safe and affirming spaces where youth can be themselves, explore their experiences, and build resilience. Passionique believes in the power of connection and is dedicated to walking alongside her clients as they find their voice and take steps toward healing.

VESPER MOORE| CHIEF OPERATING OFFICER | KIVA CENTERS

Vesper Moore serves as the Chief Operating Officer at Kiva Centers. As an Indigenous activist and leader, Vesper is deeply committed to promoting mental health and disability rights through activism, leadership, organizing, public speaking, and education. Their work focuses on cultivating social movements and raising public awareness to foster lasting social change. Vesper has contributed to the establishment of mental health organizations worldwide and has been an advocate for civil rights in the United States. Through their advocacy, they have brought the perspectives of people with mental health challenges and disabilities to both national and international platforms. Collaborating with the United States government and the United Nations, Vesper helps shape strategies around trauma, intersectionality, and disability rights. They have been featured on NBC News, PBS NewsHour, Politico, and at The White House. Vesper is at the forefront of legislative reform, striving to shift the societal paradigm surrounding mental health.

NICOLE SCANLAN | PEER SUPPORT SPECIALIST LIAISIN | CAL VOICES

Nicole Scanlan has been with Cal Voices for ten years, working to connect individuals to mental health services and improve care for underserved populations. Specifically, Nicole has worked to improve mental health services for LGBTQIA+ communities. Nicole currently serves as a Peer Support Specialist Liaison representing family members of adults. Their lived experience and involvement in Certified Medi-Cal Peer Support Specialist training programs bring valuable insight and diversity to the field, supporting the growth and effectiveness of Peer Support employment across communities.

SPEAKER BIOGRAPHIES (continued)

ZAUNAMAAT NURU-BATES | PEER SUPPORT SPECIALIST LIAISON
CAL VOICES

Zauna Nuru-Bates, CMPSS works as a TAY Certified Peer Support Specialist Liaison at Cal Voices. In this role, they provide continuing education training and technical assistance for Certified Peers in Sacramento. Zauna's peer support service experience includes: Statewide Advocacy Liaison, Peer Advocate, Case Manager, and Client Support Associate. They also advocate for diversity and inclusion at all levels of the Behavioral Health System.

DORETHA WILLIAMS-FLOURNOY | EXECUTIVE DIRECTOR & SENIOR PASTOR
A CHURCH FOR ALL

Doretha Williams is a visionary leader and bridge-builder committed to advancing equitable health outcomes, particularly for African American communities. Raised in South Central Los Angeles, she develops culturally relevant solutions through innovative programs and collaborations. She currently serves as Senior Pastor and Executive Director of A Church For Us, which houses The Ripple Effect Respite Center and The Living Room Suicide Prevention Project. Doretha has held leadership roles with the California Black Health Network, California Institute for Behavioral Health Solutions, and AIDS Project East Bay—where she helped establish California's first African American HIV/AIDS State of Emergency. She also directed the Network of Ethnic Physician Organizations, engaging over 20,000 physicians to address healthcare disparities. Her work consistently elevates community voices and fosters partnerships that drive systemic change in health policy and access.

GULSHAN YUSUFZAI | EXECUTIVE DIRECTOR
MAS-SOCIAL SERVICES FOUNDATION

Gulshan, a refugee from Afghanistan, was displaced to Pakistan due to the Soviet invasion before arriving in the U.S. at age nine. She settled in Sacramento, earned a degree in political science from UC Davis, and developed a passion for community development and social services. Gulshan worked with the California Institute for Mental Health (2004-2008) and served as Deputy Director of the California Network of Mental Health Clients (2009-2012). In 2013, she became the Executive Director of MAS-SSF, expanding staff, programs, and securing funding. Gulshan launched the first Peer Support program for Muslims in the U.S. and was named the 2022 Mental Health Champion by the Steinberg Institute for her leadership.

SPEAKER BIOGRAPHIES (continued)

MARCELLA ARAIZA | TAY CLINICIAN | SACRAMENTO LGBT COMMUNITY CENTER

Marcella Araiza (She/Her–They/Them) is the Mental Health Clinician for Youth/TAY Services at the Sacramento LGBT Community Center. A first-generation Mexican American and former migrant farmworker, Marcella is a bilingual, trauma-informed therapist providing co-occurring therapy to LGBTQIA+ youth. She uses evidence-based modalities and empowers clients with tools to manage their mental health beyond treatment. Marcella holds a B.A in Psychology from California State University, Fresno and an M.A. in Counseling from the University of Phoenix, San Diego. Outside of work, she enjoys backpacking, horseback riding, sailing, motorcycle riding, traveling, and helping raise her grandchildren.

PANELIST INFORMATION

EBONY CHAMBERS MCCLINTON | FOUNDER | HEALING ART STUDIOS

Ebony Chambers McClinton is a seasoned leader with over 20 years of experience in social justice, equity, child welfare, mental health, and diversity. She offers consultation on strategic change, equity initiatives, and leadership development, drawing on personal and professional experience. A national speaker and facilitator, Ebony advocates for mental health access and stigma reduction in underserved communities. She has trained schools, agencies, and universities through nonprofit work, consulting, and UC Davis, focusing on culturally responsive practices and inclusive leadership. She has also worked with the National Council for Behavioral Health to address LGBTQ health disparities. Ebony's honors include Sacramento's 40 under 40, Bizwomen Headliner, Top 25 Black Changemakers, and Pride Grand Marshal. She serves on the MHSA Steering Committee and as Board President of Black Womxn United, championing the education, empowerment, and inclusion of Black women and girls while ensuring community voice drives systems change.

SPEAKER BIOGRAPHIES (continued)

JENNIFER CHURCHILL | PEER SUPPORT SPECIALIST LIAISON | CAL VOICES

Jennifer Churchill has worked in the Behavioral Health System for over 13 years, working in a variety of roles, including Alcohol and Drug Counselor, Lead Family Advocate, Advocacy Supervisor, and now Certified Peer Support Specialist Liaison, representing parents and caregivers who work in Peer Support Specialist roles. She is passionate about helping people struggling with substance misuse and integrating Peer Support into Substance Use Prevention and Treatment Services. Jennifer currently serves as a public interest representative and Vice Chair of the Sacramento County Alcohol and Drug Advisory Board.

NOTES:

Scan the QR Code to complete your Conference Evaluation

SPECIAL THANKS

Cal Voices would like acknowledge and thank those involved in planning and supporting the development of this year's conference!

Sacramento County Department of Health Services, Division of Behavioral Health

For 29 years, Sacramento County has been the primary funder of Cal Voices' Peer Empowerment Conference. We could not have provided this event for so long without their generous support!

CONFERENCE PLANNING TEAM

Jennifer Churchill

Zauna Nuru-Bates

Robert Salinas

Nicole Scanlan

RAFFLE PRIZES

We extend our heartfelt thanks to the generous companies who donated raffle prizes for this year's conference. These contributions add excitement and enjoyment to our event, helping to create a fun and engaging experience for all attendees. We truly appreciate their generosity and partnership—thank you for helping make this event a success!

BENNETT'S

EST. 1933 BUCKHORN – real California barbecue –

CROCKER art museum

SACRAMENTO REPUBLIC FC

CHIPOTLE MEXICAN GRILL

MIKUNI japanese restaurant & sushi bar

SAFEWAY

SMASH BURGER

Save Mart

The Certified Peer Support Specialist Leadership Liaison Program is a collaborative program of Cal Voices and Sacramento County Department of Health Services, Division of Behavioral Health Services, funded through the voter-approved Proposition 63, the Mental Health Services Act.

It is time for the annual Sacramento County Behavioral Health Services Human Resource Survey. The Division monitors the diversity of committees, boards, youth and family advocates and all other staff through the administration of the Human Resource Survey. This survey is required per Sacramento County's Cultural Competence Plan, Drug Medi-Cal Organized Delivery System, and the results provide important information on the diversity of staff involved in the provision of Behavioral Health Services in Sacramento County. The results also help inform strategies for representation and workforce planning.

It is mandatory that all required staff/volunteers/contractors described in Question #3 turn in a survey. This includes staff or contracted staff that provide mental health and substance use prevention and treatment services for Sacramento County clients and Behavioral Health Services advisory board/committee members.

The Human Resource Survey is anonymous and does not require a name. We do not receive emails from recipients, and responses are kept private and secure. The data goes directly into the SurveyMonkey database, and the report will provide an aggregate summary of all responses.

* 1. Agency Name or Committee Name:

* 2. Please select your program. (select all that applies)

- [ ] Adult Mental Health Program Services
- [ ] Behavioral Health Commission (formerly Mental Health Board and Alcohol and Drug Advisory Board)
- [ ] Behavioral Health Youth Advisory Board
- [ ] Children's Mental Health Program Services
- [ ] Cultural Competence Committee
- [ ] Inpatient Mental Health Provider
- [ ] Prevention and Early Intervention Services
- [ ] SUPT Contracted Prevention Providers: Prevention Coordinators, Friday Night Live/Club Live staff, support staff, volunteers, etc.
- [ ] SUPT Contracted Treatment Providers: Executive Directors, Clinical Directors, Medical Directors, Licensed Practitioners of the Healing Arts/direct service staff, clerical/administrative staff, volunteers, interns, etc.
- [ ] SUPT County Staff: SUPT Management, Planners, Program Coordinators, Licensed Practitioners of the Healing Arts/direct service staff, clerical/administrative staff, volunteers, etc.
- [ ] Other (please specify)

* 3. Staff Category: Please choose only one.

- **Behavioral Health Peer Provider**
  This category includes Medi-Cal certified peer provider. Titles may include peer specialist, consumer advocate, peer mentor, peer advocate, peer support aide, family advocate, family partner.

- **Licensed Mental Health Direct Service Staff**
  This category includes Psychiatrist, Psychiatric/Family Nurse Practitioner, Clinical Nurse Specialist, Licensed Psychiatric Technician, Licensed Clinical Psychologist, Psychologist registered intern (or waivered), LCSW, MSW registered intern (or waivered), MFT, MFT registered intern (or waivered) and other licensed direct service mental health staff.

- **Unlicensed Mental Health Direct Service Staff**
  This category includes Mental Health Rehabilitation Specialist, Case Manager/Service Coordinator, Employment Services Staff, Housing Services Staff, Consumer Support Staff, Family Member Support Staff, Benefits/Eligibility Specialist, Mental Health Prevention Providers, and other unlicensed mental health direct service staff. This category is for all staff classified by the MHP as MHRS, even if the staff duties fall in another category. Service Coordinators, Personal Service Coordinators and Case Managers belong in this category. Titles may include Job Developer, Employment Consultant, Employment Specialist, Vocational Assistant, Employment Coordinator, Vocational Activities Coordinator, Educational Support Specialist, Employment Aide and Job Coach, Peer Specialist, Consumer Advocate, Peer Mentor, Peer Advocate, Peer Counselor, Parent Partner, Family Member Provider, Family Advocate, Family Partner, Family Member Manager, Family Services Worker, and Family Liaison, MHTC Mental Health Worker and TBS Workers, among others.

- **Other Mental Health Care Professionals**
  This category includes Physician, Registered Nurse, Licensed Vocational Nurse, Physician Assistant, Occupational Therapist, Other Therapist (physical, recreation, art dance), or other direct service health care staff. This category can include such titles as traditional cultural healers.

- **Mental Health Managerial and Supervisory**
  This category includes CEO or manager above direct supervisor, Supervising Psychiatrist (or other physician), Licensed Supervising Clinician and other managers and supervisors. Count positions for licensed and non-licensed managerial and supervisory personnel if 50% of more of the person's time is managerial/supervisory. Job titles may include Program Manager, Service Chief, Health Care Program Manager, Program Director, Assistant Program Director, Nursing Supervisor, Supervising Psychiatric Social Worker, Team Leader, Unit Supervisor, Supervising Case Manager, Supervisor of Clerical Staff, among others.

- **Mental Health Administrative Staff/Advisory Board Committees/Other Advisory Groups**
  This category includes Analysts, Tech Support, Quality Assurance, Education, Training, Clerical, Secretary, Administrative Assistants and other administrative staff. This category includes Information Technology support, with titles such as Information Systems/Performance Measurement Staff. Quality assurance includes quality improvement, compliance, and related job titles where the individual's primary duties are in quality assurance. Other job titles may include Staff Development Officer, Training Coordinator, Training Officer, Secretaries, Clerks, Administrative or Office Assistants, Billing Clerk, Medical Records Specialist, Grant Writer, Public Information Officer, Planners and Contract Monitors, Board Members among others.

- **SUPT Licensed Direct Service Staff**
  This category includes Licensed Practitioners of the Healing Arts who provide direct substance use prevention and treatment services: Physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, Registered Pharmacists, Licensed Clinical Psychologists, Licensed Clinical Social Workers, Licensed Professional Clinical Counselors, Licensed Marriage and Family Therapists, and licensed eligible practitioners working under the supervision of a licensed clinician.

○ **SUPT Registered & Certified Direct Service Staff**
This category includes registered and certified staff who provide direct substance use prevention and treatment services: Certified Alcohol Drug Counselor (CADCI, CADCII, CADCIII), Registered Alcohol Drug Technician (RADT, RADTI, RADTII), etc. Job titles may include Case Manager, Service Coordinator, Personal Service Coordinators, Job Developer, Employment Consultant, Employment Specialist, Vocational Assistant, Employment Coordinator, Vocational Activities Coordinator, Educational Support Specialist, Employment Aide and Job Coach, Peer Specialist, Consumer Advocate, Peer Mentor, Peer Advocate, Peer Support Aide, Peer Guide, Peer Coach, and Peer Counselor, Parent Partner, Family Member Provider, Family Advocate, Family Partner, Family Member Manager, Family Services Worker, and Family Liaison, Alumni Liaison or staff.

○ **SUPT Other Health Care Professionals**
This category includes other direct service health care staff such as Occupational Therapist, other therapists (physical, recreation, art, dance), traditional cultural healers, or unlicensed SUPT Prevention Providers.

○ **SUPT Managerial and Supervisory**
This category includes positions for licensed, unlicensed, registered, or certified managers and supervisors in which 50% or more of their time is focused on managerial/supervisory duties. Job titles may include Chief Executive Officer/Executive Director, Clinical Director, Program Director, Division Manager, Program Manager, Team Leader, Unit Supervisor, Supervisor of Clerical Staff, etc.

○ **SUPT Administrative Services/Advisory Boards/Advisory Board Committees/Other Advisory Groups**
This category includes staff that perform duties that support the provision of substance use prevention and treatment services, but do not provide direct services. Such as program planning, monitoring, evaluation; quality assurance/improvement; information technology/Avatar; fiscal services, training/education; administrative tasks; members of provider agency Boards, the Sacramento County Alcohol and Drug Advisory Board (SCADAB), SCADAB committee members (Treatment Com’t, Budget and Evaluation Com’t, Criminal Justice Com’t), and other advisory groups. Job titles may include Program Planner, Program Coordinator/Contract Monitor, Administrative Services

* 4. Which best describes your race/ethnicity? (may select up to 5)

- [ ] Alaska Native
- [ ] American Indian
- [ ] Asian Indian
- [ ] Asian Native
- [ ] Black/African American
- [ ] Cambodian
- [ ] Chinese
- [ ] Filipino
- [ ] Former Soviet
- [ ] Guamanian
- [ ] Hispanic/Latino
- [ ] Hawaiian
- [ ] Hmong
- [ ] Japanese
- [ ] Korean
- [ ] Laotian
- [ ] Mien
- [ ] Native Hawaiian
- [ ] Other Asian
- [ ] Other Pacific Islander
- [ ] Prefer not to answer
- [ ] Samoan
- [ ] Ukrainian
- [ ] Vietnamese
- [ ] White/ Caucasian
- [ ] Other (please specify)

* 5. Which best describes your sexual orientation?

- ◯ Asexual
- ◯ Bisexual
- ◯ Fluid
- ◯ Gay
- ◯ Graysexual
- ◯ Heterosexual/Straight
- ◯ Lesbian
- ◯ Pansexual
- ◯ Queer
- ◯ Questioning
- ◯ Unsure
- ◯ Prefer not to answer
- ◯ Other (please specify)

* 6. Which best describes your gender identity?

- ◯ Agender
- ◯ Male
- ◯ Female
- ◯ Genderfluid
- ◯ Genderqueer
- ◯ Intersex
- ◯ Non-Binary
- ◯ Transgender
- ◯ Two Spirit
- ◯ Questioning or unsure
- ◯ Prefer not to answer
- ◯ Other (please specify)

* 7. I am a current or former recipient of Mental Health or Substance Use Treatment Services.

- ◯ Yes
- ◯ No
- ◯ Prefer not to answer

* 8. I am a parent or caregiver of a youth, who is a current or former recipient of Mental Health or Substance Use Treatment Services.

- ◯ Yes
- ◯ No
- ◯ Prefer not to answer

* 9. I live with a disability.

- ◯ Yes
- ◯ No
- ◯ Prefer not to answer

* 10. You answered "yes" to Question #9; please share your disability category(s). (select all that applies)

- [ ] Vision
- [ ] Mobility
- [ ] Auditory
- [ ] Neurological
- [ ] Cognitive
- [ ] Medical
- [ ] Psychological
- [ ] Choose not to answer

* 11. I am currently or have served in the US Military.

- ◯ Yes
- ◯ No
- ◯ Prefer not to answer

Thank you for completing our survey.

It is time for the annual Sacramento County Behavioral Health Services Language Proficiency Survey. The Division monitors the linguistic diversity and proficiency of committees, boards, youth and family advocates and all other staff through the administration of the Survey. This survey is required per Sacramento County's Cultural Competence Plan, Drug Medi-Cal Organized Delivery System, and the results provide important information on the linguistic diversity of staff involved in the provision of Behavioral Health Services in Sacramento County.

It is mandatory that all required staff/volunteers/contractors described in Question #5 turn in a survey. This includes staff or contracted staff that provide mental health and substance use prevention and treatment services for Sacramento County clients and Behavioral Health Services advisory board/committee members.

The Language Proficiency Survey is not anonymous because information regarding staff ability to speak/read/write languages other than English is gathered. This survey provides the Division with information about language capacity within our system of care.

Please enter the languages you are proficient in other than English. The survey has space for four languages.

* 1. Agency Name or Committee Name

* 2. First Name

* 3. Last Name

* 4. Please select the Program: (select all that applies)

- [ ] Adult Mental Health Program Services
- [ ] Behavioral Health Commission (formerly Mental Health Board and Alcohol and Drug Advisory Board)
- [ ] Behavioral Health Youth Advisory Board
- [ ] Children's Mental Health Services
- [ ] Cultural Competence Committee
- [ ] Inpatient Mental Health Provider
- [ ] Prevention and Early Intervention Services
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- [ ] SUPT County Staff: SUPT Management, Planners, Program Coordinators, Licensed Practitioners of the Healing Arts/direct service staff, clerical/administrative staff, volunteers, etc.
- [ ] Other (please specify)

* 5. Staff Category: (please choose only one)

- ○ **Behavioral Health Peer Provider**
  This category includes Medi-Cal Certified Peer Provider. Titles may include Peer Specialist, Consumer Advocate, Peer Mentor, Peer Advocate, Peer Support Aide, Family Advocate, Family Partner.
- ○ **Licensed Mental Health Direct Service Staff**
  This category includes Psychiatrist, Psychiatric/Family Nurse Practitioner, Clinical Nurse Specialist, Licensed Psychiatric Technician, Licensed Clinical Psychologist, Psychologist registered intern (or waivered), LCSW, MSW registered intern (or waivered), MFT, MFT registered intern (or waivered) and other licensed direct service mental health staff.
- ○ **Unlicensed Mental Health Direct Service Staff**
  This category includes Mental Health Rehabilitation Specialist, Case Manager/Service Coordinator, Employment Services Staff, Housing Services Staff, Consumer Support Staff, Family Member Support Staff, Benefits/Eligibility Specialist, Mental Health Prevention Providers, and other unlicensed mental health direct service staff. This category is for all staff classified by the MHP as MHRS, even if the staff duties fall in another category. Service Coordinators, Personal Service Coordinators and Case Managers belong in this category. Titles may include Job Developer, Employment Consultant, Employment Specialist, Vocational Assistant, Employment Coordinator, Vocational Activities Coordinator, Educational Support Specialist, Employment Aide and Job Coach, Peer Specialist, Consumer Advocate, Peer Mentor, Peer Advocate, Peer Counselor, Parent Partner, Family Member Provider, Family Advocate, Family Partner, Family Member Manager, Family Services Worker, and Family Liaison, MHTC Mental Health Worker and TBS Workers, among others.
- ○ **Other Mental Health Care Professionals**
  This category includes Physician, Registered Nurse, Licensed Vocational Nurse, Physician Assistant, Occupational Therapist, Other Therapist (physical, recreation, art dance), or other direct service health care staff. This category can include such titles as traditional cultural healers.
- ○ **Mental Health Managerial and Supervisory**
  This category includes CEO or manager above direct supervisor, Supervising Psychiatrist (or other physician), Licensed Supervising Clinician and other managers and supervisors. Count positions for licensed and non-licensed managerial and supervisory personnel if 50% of more of the person’s time is managerial/supervisory. Job titles may include Program Manager, Service Chief, Health Care Program Manager, Program Director, Assistant Program Director, Nursing Supervisor, Supervising Psychiatric Social Worker, Team Leader, Unit Supervisor, Supervising Case Manager, Supervisor of Clerical Staff, among others.

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- **SUPT Other Health Care Professionals**
  This category includes other direct service health care staff such as Occupational Therapist, other therapists (physical, recreation, art, dance), traditional cultural healers, or unlicensed SUPT Prevention Providers.

- **SUPT Managerial and Supervisory**
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  This category includes staff that perform duties that support the provision of substance use prevention and treatment services, but do not provide direct services. Such as program planning, monitoring, evaluation; quality assurance/improvement; information technology/Avatar; fiscal services, training/education; administrative tasks; members of provider agency Boards, the Sacramento County Alcohol and Drug Advisory Board (SCADAB), SCADAB committee members (Treatment Com't, Budget and Evaluation Com't, Criminal Justice Com't), and other advisory groups. Job titles may include Program Planner, Program Coordinator/Contract Monitor, Administrative Services.

* 6.
Does your agency provide a differential for staff who provide services in languages other than English?

- Yes
- No
- N/A

* 7. Are you proficient in any other language other than English?

- Yes
- No

8. Language/Proficiency (Type in the language you speak other than English)

9. Select only one

- ◯ Certified
- ◯ Fair
- ◯ Fluent
- ◯ Poor
- ◯ Good

10. Language/Proficiency (if applicable, type in a 2nd language you speak other than English)

11. Select only one

- ◯ Certified
- ◯ Fair
- ◯ Fluent
- ◯ Poor
- ◯ Good

12. Language/Proficiency (if applicable, type in a 3rd language you speak other than English)

13. Select only one

- ◯ Certified
- ◯ Fair
- ◯ Fluent
- ◯ Poor
- ◯ Good

14. Language/Proficiency (if applicable, type in a 4th language you speak other than English)

15. Select only one

- ◯ Certified
- ◯ Fair
- ◯ Fluent
- ◯ Poor
- ◯ Good

Behavioral Health Services
2024 Human Resources Survey

Lien Lam
Program Planner
Data Analytics Team
Division of Behavioral Health Services

OVERVIEW

Title 9, California Code of Regulations, Chapter 11, Medi-Cal Specialty MHS, Article 4, Section 1810.410 (c)-(d) states each Behavioral Health Plan (BHP) shall submit an annual Cultural Competence Plan Report (CCPR) consistent with the plan reporting requirements, including the population assessment and organizational and service provider assessments. In 2022, the CCPR requirements included strategies to address Culturally and Linguistically Appropriate Services (CLAS) standards.

The Human Resources (HR) Survey is intended to comply with the CLAS standard 3: *Recruit, promote, and support a culturally and linguistically diverse governance, leadership, and workforce that are responsive to the population in the service area.*

The HR Survey collects information regarding individuals who work and/or provide support (directly or indirectly) to Medi-Cal beneficiaries in the Sacramento County Behavioral Health System. The data is then utilized to compare the workforce to the population served.

In addition to the HR Survey, the Language Proficiency Survey collects information regarding the linguistic proficiency of individuals involved in the provision of behavioral health services. The information collected from both surveys focuses on staff ethnicity, language proficiencies, gender, sexual orientation, consumer/family member status, disability, and veteran status.

KEY FINDINGS

- 1,227 staff members responded to at least one question on the HR Survey. This is not an unduplicated count as the HR Survey was anonymous.

- Of the 1,227 survey respondents, 70.3% provided direct services while 25.8% provided indirect services.

- Mental Health (MH) Services staff comprised 77.2% of survey respondents, and 19.0% of surveys were Substance Use Prevention & Treatment (SUPT) Services staff.

- 68.6% of staff members self-identified as Female, 17.6% as Male, 11.0% declined to state their gender, and 2.9% self-identified as a gender that fell into the "Other" category (Agender, Gender Fluid, Genderqueer, Intersex, Non-Binary, Other, Questioning/Unsure, Transgender, and Two Spirit.)

- While White/Caucasian represented 35.0% of respondents, the majority (57.0%) of staff identify with a race other than Caucasian (0.7% American Indian, 11.9% Asian/Pacific Islander, 11.9% Black/African American, 2.0% Other, 16.0% Hispanic/Latino, and 14.5% Multi-Ethnic). The remaining 7.9% of respondents declined to state their race.

- Out of all respondents, 66.6% self-identified as Heterosexual/Straight, 17.3% declined to answer, and 16.1% self-identified as part of the LGBTQIA+ community (2.0% Asexual, 5.1% Bisexual, 1.7% Gay, 2.1% Lesbian, 1.9% Queer, and 3.3% Other).

- 29.0% of staff members reported being a current/former recipient of Mental Health or Substance Use Treatment Services, and 10.5% as the parent/caregiver of a youth, who is a current/former recipient of Mental Health or Substance Use Treatment Services. 12.3% of staff members reported living with a disability, and 3.2% are current/former members of the US Military Service.

- 1,062 unduplicated staff members responded to at least one question on the Language Proficiency Survey. 37.8% of staff members reported being proficient in another language other than English. In total, 37 different languages were represented among staff. Spanish was the most frequently reported non-English language (19.8%).

ALL STAFF

Staff Categories

Of the 1,227 staff members who reported their staff category, the majority (70.3%) were direct service providers (Behavioral Health Peer Provider, Licensed Direct Service Staff, Other Health Care Professionals, Unlicensed Direct Service Staff, or Registered/Certified Direct Service Staff). The remaining 25.8% of respondents fulfill indirect service provision roles (Administrative or Managerial & Supervisory).

The survey respondents were 77.2% Mental Health (MH) Services staff while 19.0% were Substance Use Prevention and Treatment (SUPT) Services staff, and 3.8% declined to state their staff category.

Figure 1 provides a visual depiction of the staff categories, and Table 1 offers a detailed breakdown of staff categories. In addition, detailed descriptions of each category may be found in Appendix A.

Figure 1. Staff Categories (N=1227)

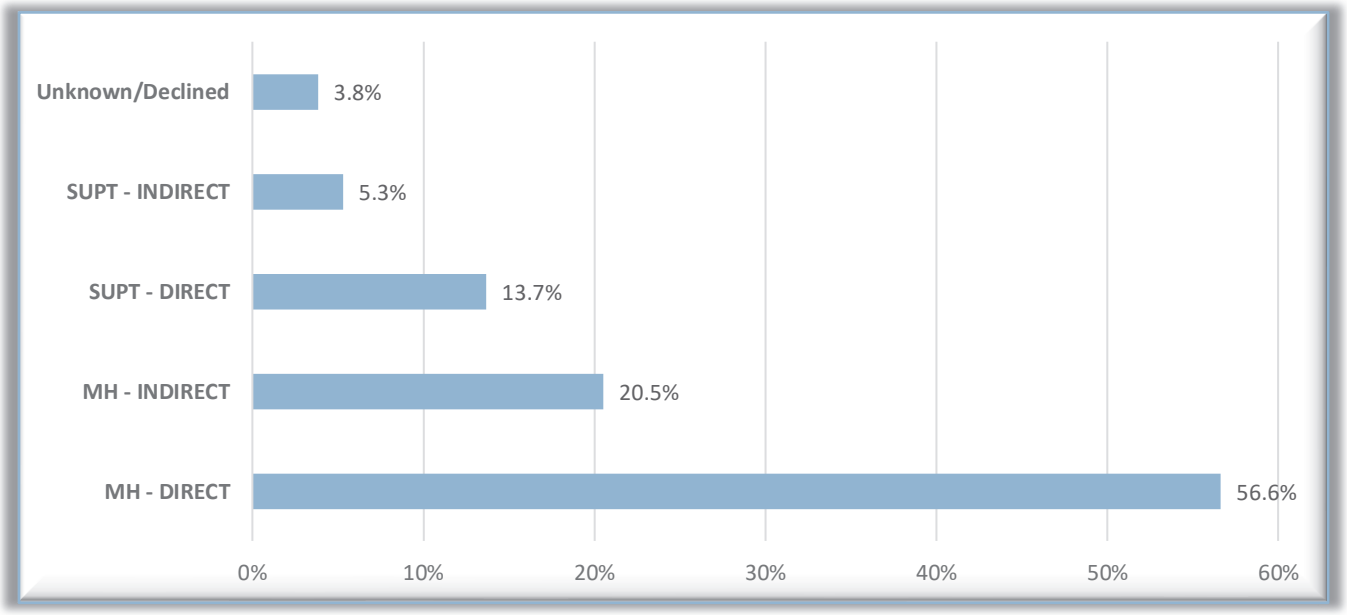


Table 1. Staff Categories (N=1227)

SERVICES	DIRECT		INDIRECT		DECLINED		TOTAL	
Mental Health	695	56.6%	252	20.5%	0	0.0%	947	77.2%
Substance Use Prevention & Treatment	168	13.7%	65	5.3%	0	0.0%	233	19.0%
Unknown/Declined	0	0.0%	0	0.0%	47	3.8%	47	3.8%
TOTAL	**863**	**70.3%**	**317**	**25.8%**	**47**	**3.8%**	**1227**	**100.0%**

STAFF DEMOGRAPHICS

Gender Identity

Most staff members self-identified as Female (68.6%). About 17.6% identified as Male and 11.0% declined to state their gender. The remaining 2.9% of staff members reported nine different gender identities that fall into the "Other" category, which includes Agender (0.2%), Gender Fluid (0.2%), Genderqueer (0.1%), Intersex (0.1%), Non-Binary (1.5%), Other (0.4%), Questioning/Unsure (0.2%), Transgender (0.1%), and Two Spirit (0.1%).

Figure 2 shows the staff members' gender identities in the context of staff categories, and Table 2 offers a detailed breakdown of each gender identity.

Figure 2. Gender Identity by Staff Category (N=1227)

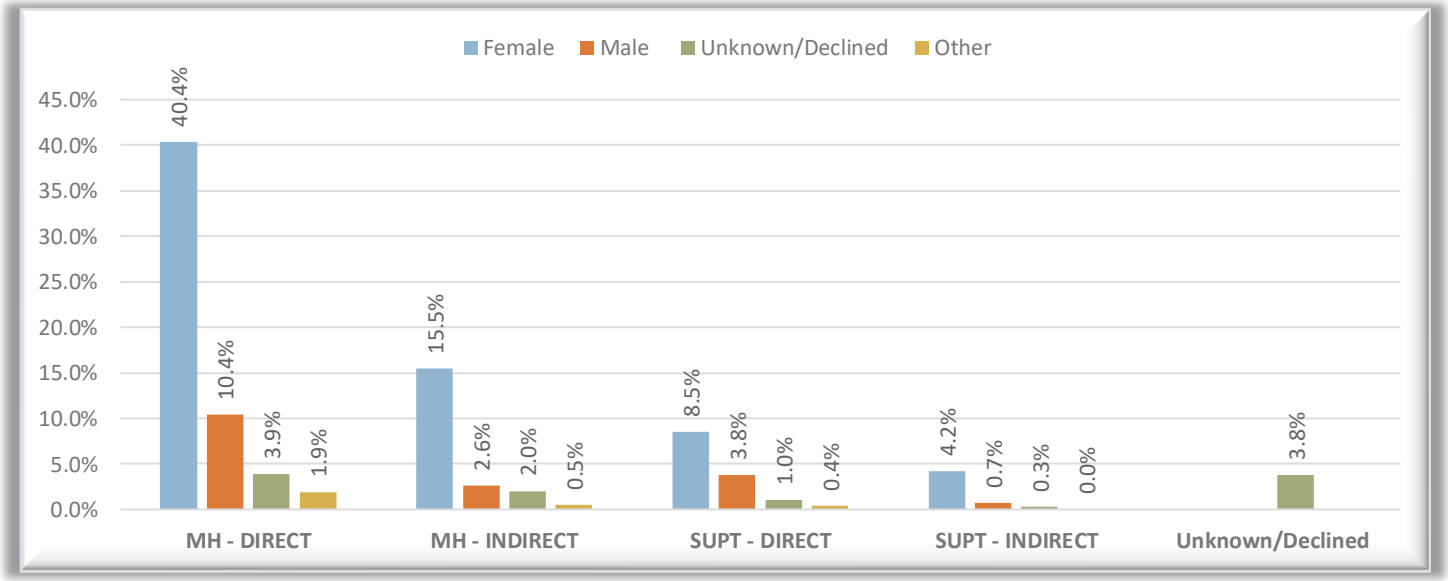


Table 2. Gender Identity (N=1227)

GENDER IDENTITY	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		DECLINED		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
Female	496	40.4%	190	15.5%	104	8.5%	52	4.2%	0	0.0%	842	68.6%
Male	128	10.4%	32	2.6%	47	3.8%	9	0.7%	0	0.0%	216	17.6%
Unknown/Declined	48	3.9%	24	2.0%	12	1.0%	4	0.3%	47	3.8%	135	11.0%
Other												
Agender	1	0.1%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	2	0.2%
Gender Fluid	1	0.1%	1	0.1%	1	0.1%	0	0.0%	0	0.0%	3	0.2%
Genderqueer	0	0.0%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Intersex	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Non-Binary	14	1.1%	3	0.2%	1	0.1%	0	0.0%	0	0.0%	18	1.5%
Other	4	0.3%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	5	0.4%
Questioning/Unsure	1	0.1%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	2	0.2%
Transgender	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Two Spirit	0	0.0%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
TOTAL	**695**	**56.6%**	**252**	**20.5%**	**168**	**13.7%**	**65**	**5.3%**	**47**	**3.8%**	**1227**	**100.0%**

Race

While White/Caucasian represented 35.0% of respondents, the majority (57.0%) of staff identify with a race other than Caucasian (0.7% American Indian, 11.9% Asian/Pacific Islander, 11.9% Black/African American, 2.0% Other, 16.0% Hispanic/Latino, and 14.5% Multi-Ethnic). The remaining 7.9% of respondents declined to state their race. Direct mental health service providers were significantly more likely to self-identify with a race other than White/Caucasian when compared to the other three staff categories. These differences are visualized in Figure 3. In addition, Figure 4 and Table 3 offer detailed information regarding the racial makeup of staff categories by noting specific races reported by staff members.

Figure 3. Racial Makeup of Staff Categories (N=1227)

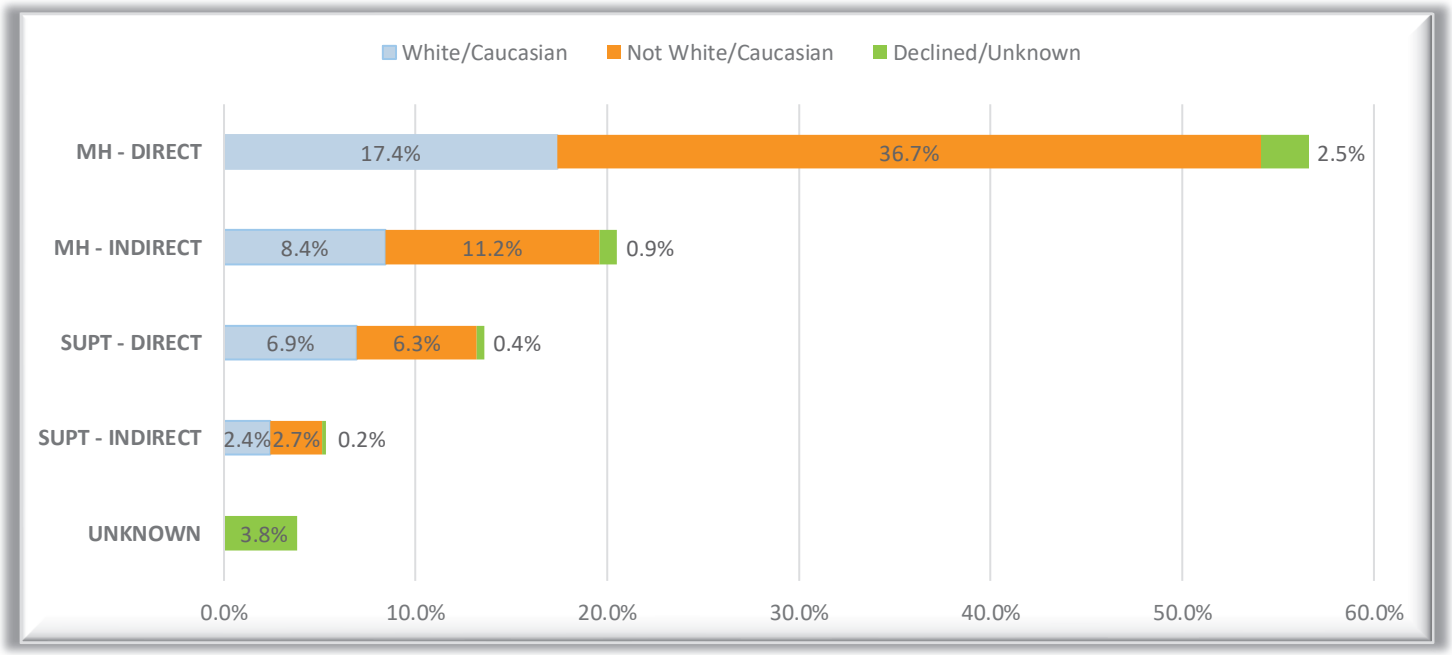


Figure 4. Race by Staff Category (N=1227)

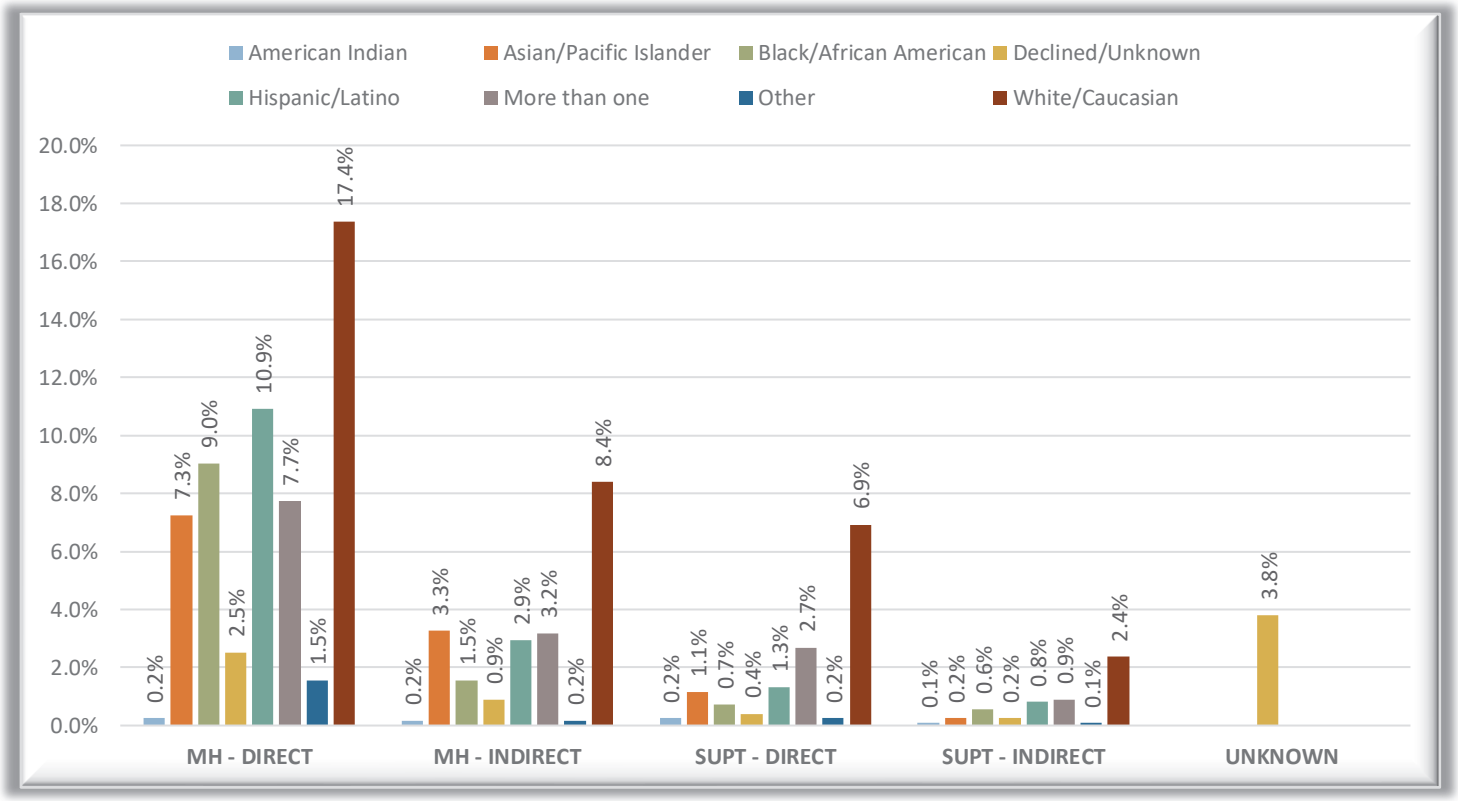


Table 3. Race (N=1227)

RACE	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		UNKNOWN		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
American Indian	3	0.2%	2	0.2%	3	0.2%	1	0.1%	0	0.0%	9	0.7%
Asian/Pacific Islander	89	7.3%	40	3.3%	14	1.1%	3	0.2%	0	0.0%	146	11.9%
Black/African American	111	9.0%	19	1.5%	9	0.7%	7	0.6%	0	0.0%	146	11.9%
Declined/Unknown	31	2.5%	11	0.9%	5	0.4%	3	0.2%	47	3.8%	97	7.9%
Hispanic/Latino	134	10.9%	36	2.9%	16	1.3%	10	0.8%	0	0.0%	196	16.0%
More than one	95	7.7%	39	3.2%	33	2.7%	11	0.9%	0	0.0%	178	14.5%
Other	19	1.5%	2	0.2%	3	0.2%	1	0.1%	0	0.0%	25	2.0%
White/Caucasian	213	17.4%	103	8.4%	85	6.9%	29	2.4%	0	0.0%	430	35.0%
TOTAL	**695**	**56.6%**	**252**	**20.5%**	**168**	**13.7%**	**65**	**5.3%**	**47**	**3.8%**	**1227**	**100.0%**

Sexual Orientation

Out of all respondents, 66.6% self-identified as Heterosexual/Straight, 17.3% declined to answer, and 16.1% self-identified as part of the LGBTQIA+ community (2.0% Asexual, 5.1% Bisexual, 1.7% Gay, 2.1% Lesbian, 1.9% Queer, and 3.3% Other). The "Other" category included 0.1% Demisexual, 0.7% Fluid, 0.1% Graysexual, 0.4% Other, 1.7% Pansexual, 0.3% Questioning, and 0.1% Unsure. Direct mental health service providers were most likely to self-identify as part of the LGBTQIA+ community when compared to the other three staff categories.

Figure 5 shows the LGBTQIA+ representation. Figure 6 and Table 4 offer detailed information regarding the sexual orientations of staff categories.

Figure 5. LGBTQIA+ Representation (N=1227)

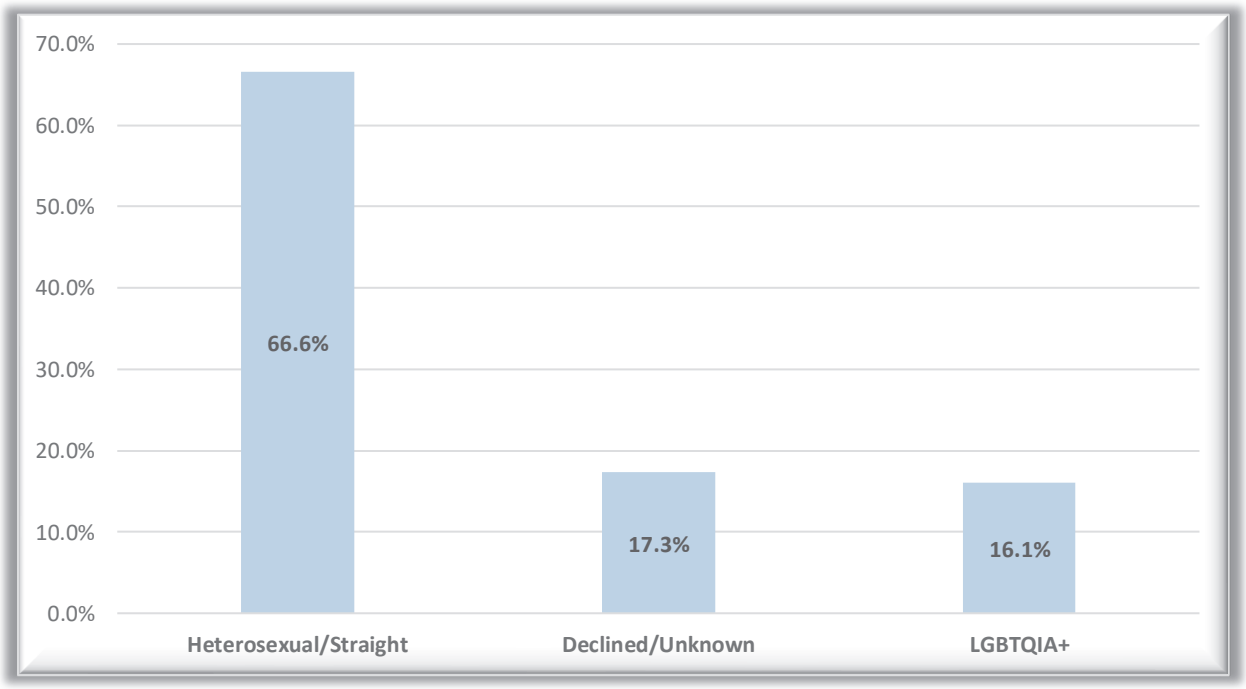


Figure 6. Sexual Orientation by Staff Category (N=1227)

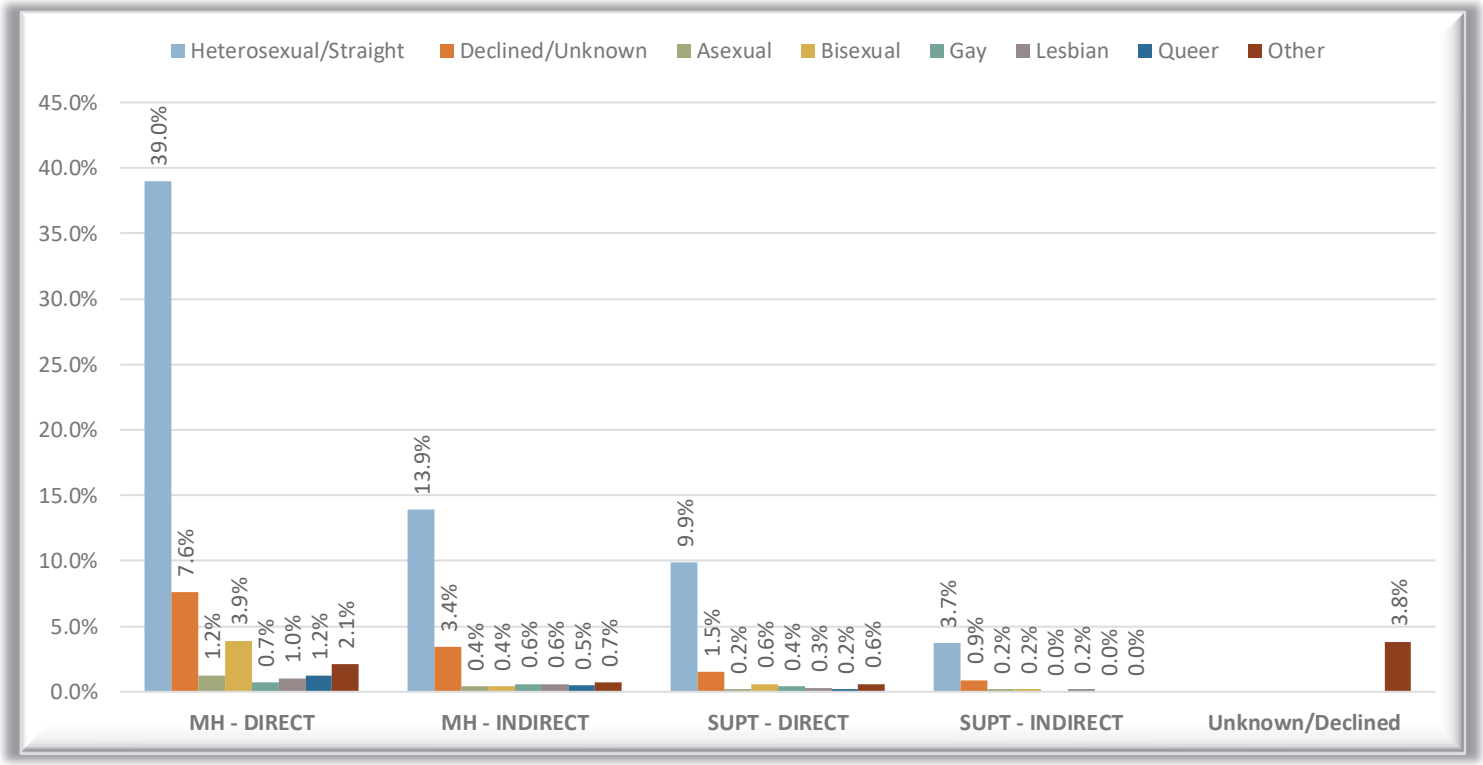


Table 4. Sexual Orientation (N=1227)

SEXUAL ORIENTATION	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		DECLINED		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
Heterosexual/Straight	478	39.0%	171	13.9%	122	9.9%	46	3.7%	0	0.0%	817	66.6%
Declined/Unknown	93	7.6%	42	3.4%	19	1.5%	11	0.9%	47	3.8%	212	17.3%
Asexual	15	1.2%	5	0.4%	2	0.2%	3	0.2%	0	0.0%	25	2.0%
Bisexual	48	3.9%	5	0.4%	7	0.6%	2	0.2%	0	0.0%	62	5.1%
Gay	9	0.7%	7	0.6%	5	0.4%	0	0.0%	0	0.0%	21	1.7%
Lesbian	12	1.0%	7	0.6%	4	0.3%	3	0.2%	0	0.0%	26	2.1%
Queer	15	1.2%	6	0.5%	2	0.2%	0	0.0%	0	0.0%	23	1.9%
Other												
Demisexual	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Fluid	7	0.6%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	8	0.7%
Graysexual	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Other	3	0.2%	0	0.0%	2	0.2%	0	0.0%	0	0.0%	5	0.4%
Pansexual	10	0.8%	7	0.6%	4	0.3%	0	0.0%	0	0.0%	21	1.7%
Questioning	2	0.2%	1	0.1%	1	0.1%	0	0.0%	0	0.0%	4	0.3%
Unsure	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
TOTAL	**695**	**56.6%**	**252**	**20.5%**	**168**	**13.7%**	**65**	**5.3%**	**47**	**3.8%**	**1227**	**100.0%**

Recipients, Family Members, Disabled and Military

As part of the HR survey, staff were asked whether they identified as a recipient, family member, having a disability, and/or US military service history. In response, 29.0% reported being a current/former recipient of Mental Health or Substance Use Treatment Services, and 10.5% as the parent/caregiver of a youth, who is a current/former recipient of Mental Health or Substance Use Treatment Services. A reported 12.3% of staff members live with a disability, and 3.2% are current/former members of the US Military Service. Staff responses are broken down by staff category in Table 5.

Table 5. Recipient Status, Disabilities, & Military Service by Staff Category (N=1227)

CONSUMER STATUS, DISABILITIES, & MILITARY SERVICE	MH - DIRECT		MH - INDIRECT		SUPT - DIRECT		SUPT - INDIRECT		UNKNOWN		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
I am a current/former recipient of Mental Health or Substance Use Treatment Services.	199	16.2%	50	4.1%	94	7.7%	13	1.1%	0	0.0%	356	29.0%
I am the parent/caregiver of a youth, who is/was a recipient of Mental Health or Substance Use Treatment Services.	73	5.9%	28	2.3%	23	1.9%	5	0.4%	0	0.0%	129	10.5%
I live with a disability.	99	8.1%	24	2.0%	24	2.0%	4	0.3%	0	0.0%	151	12.3%
I am currently or have served in the US Military.	29	2.4%	3	0.2%	7	0.6%	0	0.0%	0	0.0%	39	3.2%
Not Applicable/Declined	295	24.0%	147	12.0%	20	1.6%	43	3.5%	47	3.8%	552	45.0%
TOTAL	**695**	**56.6%**	**252**	**20.5%**	**168**	**13.7%**	**65**	**5.3%**	**47**	**3.8%**	**1227**	**100.0%**

Language

When asked whether they were able to speak a language other than English, 37.8% of staff members responded "yes." Overall, survey responses highlighted varying levels of language proficiency among staff categories, with direct mental health service providers standing out for notable linguistic diversity. Staff members who provide direct mental health services to consumers makeup 67.8% of staff members who can speak a language other than English. Differences in non-English language proficiency between staff categories are outlined in Figure 7 and Table 6 below.

Figure 7. Non-English Language Proficiency by Staff Category (N=1062)*

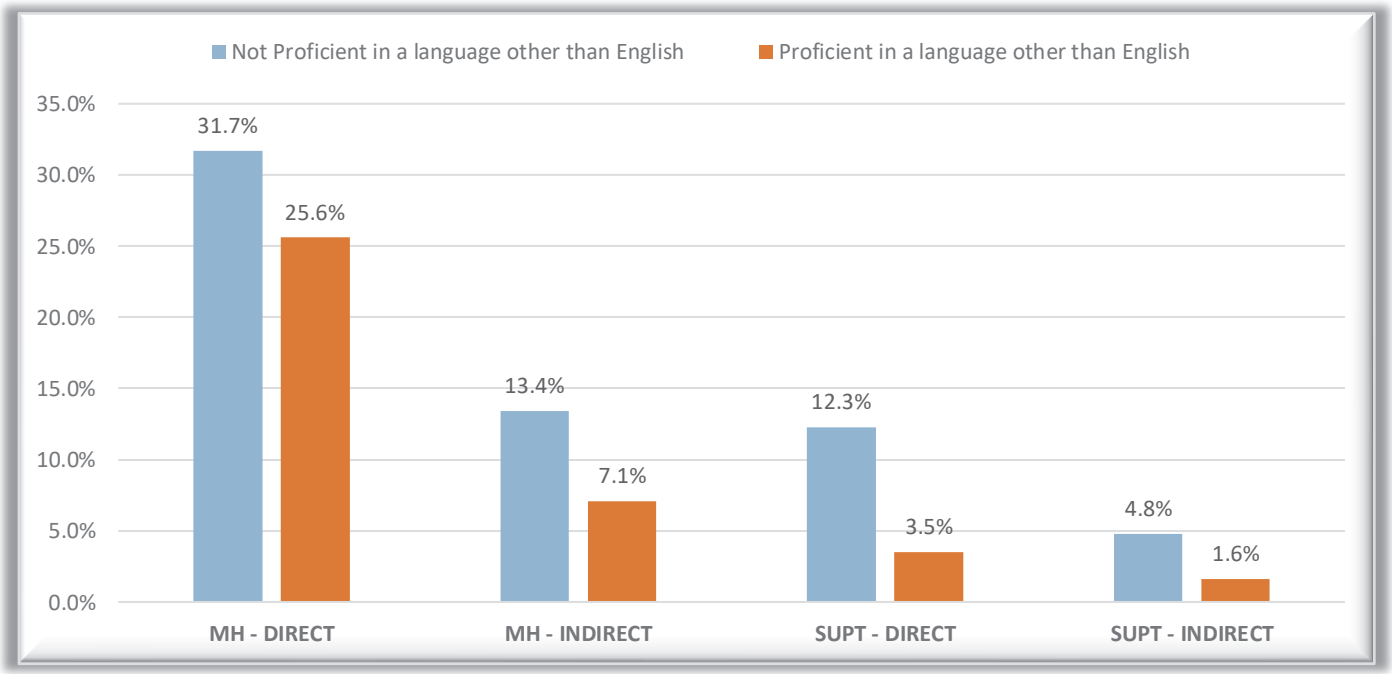


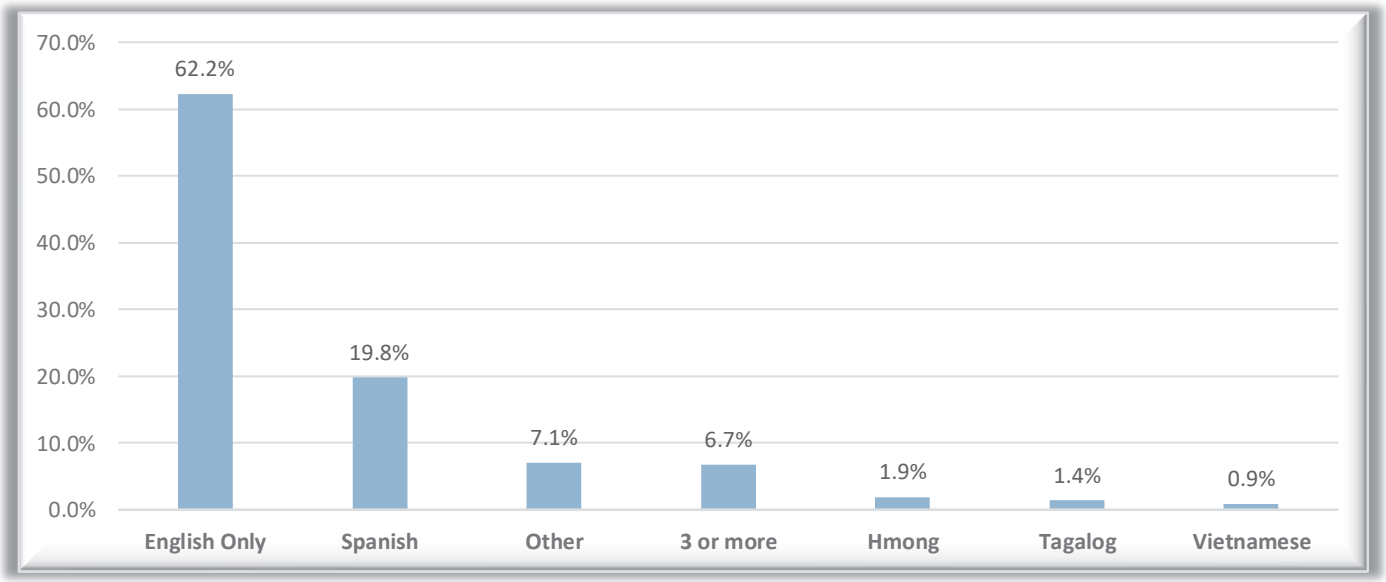
Table 6. Non-English Language Proficiency by Staff Category (N=1062)*

LANGUAGE PROFICIENCY	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		TOTAL*	
	N	%	N	%	N	%	N	%	N	%
Not proficient in a language other than English	337	31.7%	142	13.4%	131	12.3%	51	4.8%	661	62.2%
Proficient in a language other than English	272	25.6%	75	7.1%	37	3.5%	17	1.6%	401	37.8%
TOTAL	**609**	**57.3%**	**217**	**20.4%**	**168**	**15.8%**	**68**	**6.4%**	**1062**	**100.0%**

*N is lower than other demographics included in this Report and represents an unduplicated count. The Language Proficiency Survey used to collect language data was completed by fewer staff members (N=1062) than the HR Survey used to collect other demographic data (N=1227).

While 62.2% of all staff members reported only being able to speak English, 37.8% reported having "good" to "fluent" proficiency in other languages. In total, 37 different languages are represented among staff. Spanish was the most frequently reported non-English language (19.8%). Additionally, 6.7% of staff members are proficient in three or more languages, reflecting their multilingual abilities. A variety of other languages are also spoken by staff. Notably, 1.9% of staff members speak Hmong, 1.4% speak Tagalog, and 0.9% speak Vietnamese. Further contributing to this linguistic diversity, a group categorized as "Other" languages constitutes 7.1% of all staff and is comprised of 33 different languages. Out of the direct mental health service providers, 44.7% reported possessing the ability to speak a language other than English, with Spanish being the most common language reported (14.2%) amongst that group. Figure 8 and Table 7 showcase the diverse array of non-English languages spoken by staff members.

Figure 8. Languages Spoken by Staff (N=1062)*



*N is lower than other demographics included in this Report and represents an unduplicated count. The Language Proficiency Survey used to collect language data was completed by fewer staff members (N=1062) than the HR Survey used to collect other demographic data (N=1227).

Table 7. Non-English Languages Spoken by Staff (N=1062)*

LANGUAGES	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		TOTAL*	
	N	%	N	%	N	%	N	%	N	%
English Only	337	31.7%	142	13.4%	131	12.3%	51	4.8%	661	62.2%
Hmong	12	1.1%	6	0.6%	0	0.0%	2	0.2%	20	1.9%
3 or more	47	4.4%	14	1.3%	10	0.9%	0	0.0%	71	6.7%
Spanish	151	14.2%	32	3.0%	16	1.5%	11	1.0%	210	19.8%
Tagalog	10	0.9%	2	0.2%	3	0.3%	0	0.0%	15	1.4%
Vietnamese	8	0.8%	1	0.1%	0	0.0%	1	0.1%	10	0.9%
Other										
American Sign Language	2	0.2%	1	0.1%	0	0.0%	1	0.1%	4	0.4%
Arabic	2	0.2%	1	0.1%	0	0.0%	0	0.0%	3	0.3%
Armenian	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Bisaya	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Bulgarian	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Cambodian/Khmer	3	0.3%	0	0.0%	1	0.1%	0	0.0%	4	0.4%
Cantonese	4	0.4%	0	0.0%	0	0.0%	1	0.1%	5	0.5%
Chinese	0	0.0%	2	0.2%	0	0.0%	0	0.0%	2	0.2%
Farsi	2	0.2%	0	0.0%	0	0.0%	0	0.0%	2	0.2%
Filipino	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
French	6	0.6%	1	0.1%	0	0.0%	0	0.0%	7	0.7%
German	2	0.2%	1	0.1%	0	0.0%	0	0.0%	3	0.3%
Gujarati	0	0.0%	0	0.0%	1	0.1%	0	0.0%	1	0.1%
Hebrew	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Hindi	0	0.0%	1	0.1%	2	0.2%	0	0.0%	3	0.3%
Igbo	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Italian	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Japanese	1	0.1%	3	0.3%	0	0.0%	0	0.0%	4	0.4%
Korean	2	0.2%	2	0.2%	0	0.0%	0	0.0%	4	0.4%
Mandarin	0	0.0%	1	0.1%	0	0.0%	0	0.0%	1	0.1%
Mien	2	0.2%	1	0.1%	0	0.0%	0	0.0%	3	0.3%
Other	0	0.0%	1	0.1%	0	0.0%	1	0.1%	2	0.2%
Pangasinan	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Polish	0	0.0%	1	0.1%	0	0.0%	0	0.0%	1	0.1%
Portuguese	0	0.0%	1	0.1%	0	0.0%	0	0.0%	1	0.1%
Punjabi	2	0.2%	0	0.0%	2	0.2%	0	0.0%	4	0.4%
Russian	3	0.3%	1	0.1%	0	0.0%	0	0.0%	4	0.4%
Swahili	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Thai	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Tongan	0	0.0%	1	0.1%	1	0.1%	0	0.0%	2	0.2%
Turkish	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Urdu	1	0.1%	1	0.1%	0	0.0%	0	0.0%	2	0.2%
Yoruba	1	0.1%	0	0.0%	1	0.1%	0	0.0%	2	0.2%
TOTAL	**609**	**57.3%**	**217**	**20.4%**	**168**	**15.8%**	**68**	**6.4%**	**1062**	**100.0%**

*N is lower than other demographics included in this Report and represents an unduplicated count. The Language Proficiency Survey used to collect language data was completed by fewer staff members (N=1062) than the HR Survey used to collect other demographic data (N=1227).

DIRECT SERVICE STAFF COMPARED TO MEDI-CAL BENEFICIARIES SERVED IN THE MENTAL HEALTH PLAN (MHP)

The data below compares the demographics of direct mental health services staff to the demographics of Medi-Cal beneficiaries served in the MHP during Fiscal Year 23-24. Please note that not all demographics collected on the HR survey are comparable to the clients served, due to differences in collection methods. Therefore, some categories and labels were combined and/or renamed to support continuity. Aggregated MHP beneficiary demographics data can be found in Appendix B.

Gender

A comparison of direct mental health services staff and MHP beneficiaries' genders found that Females are overrepresented among staff (71.4%) when compared to that of beneficiaries (34.9%). In contrast, Males are underrepresented in the direct staff category based on 18.4% of staff identified as male compared to 34.7% of MHP beneficiaries. The individuals who declined to specify their gender identity are significantly higher among MHP beneficiaries, 28.0% versus 6.9% of direct staff. The proportions of transgender and "Other" categories are minimal, indicating a consistent trend of smaller representation. These findings are visualized in Figure 9 and Table 8.

Figure 9. Gender – MH Direct Service Staff Compared to MHP Beneficiaries

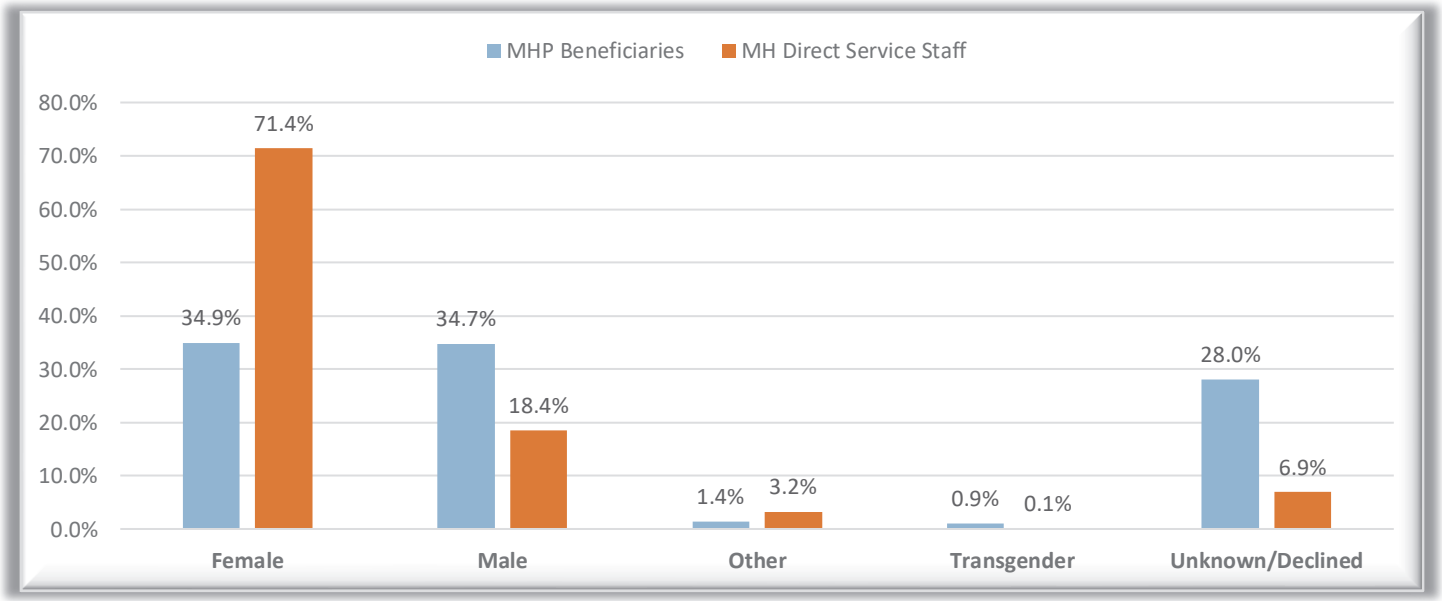


Table 8. Gender - Direct Service Staff Compared to MHP Beneficiaries

GENDER IDENTITY	MHP BENEFICIARIES		MH DIRECT SERVICE STAFF	
	N	%	N	%
Female	8,903	34.9%	496	71.4%
Male	8,853	34.7%	128	18.4%
Other	356	1.4%	22	3.2%
Transgender	238	0.9%	1	0.1%
Unknown/Declined	7151	28.0%	48	6.9%
TOTAL	**25,501**	**100.0%**	**695**	**100.0%**

Race

White/Caucasian individuals are the most prevalent racial group among both direct mental health services staff (30.6%) and MHP beneficiaries (30.4%). Black/African American individuals are underrepresented amongst staff (16.0%) when compared to MHP beneficiaries (23.9%). In contrast, Asian/Pacific Islander individuals are overrepresented amongst staff (12.8%) when compared to 5.6% of beneficiaries. The Hispanic/Latino (19.3% staff, 12.4% beneficiaries) and Multi-Racial individuals (13.7% staff, 10.4% beneficiaries) are also overrepresented. The American Indian/Alaskan Native individuals are similarly represented (0.4% staff, 1.5% beneficiaries), as are individuals represented by "Other" race (2.7% staff, 2.8% beneficiaries). Lastly, a noteworthy portion of MHP beneficiaries (13.1%) preferred to not disclose their race, compared to only 4.5% of direct service staff. Figure 10 and Table 9 showcase similarities and differences between staff and MHP beneficiary race distribution.

Figure 10. Race - Direct Service Staff Compared to MHP Beneficiaries

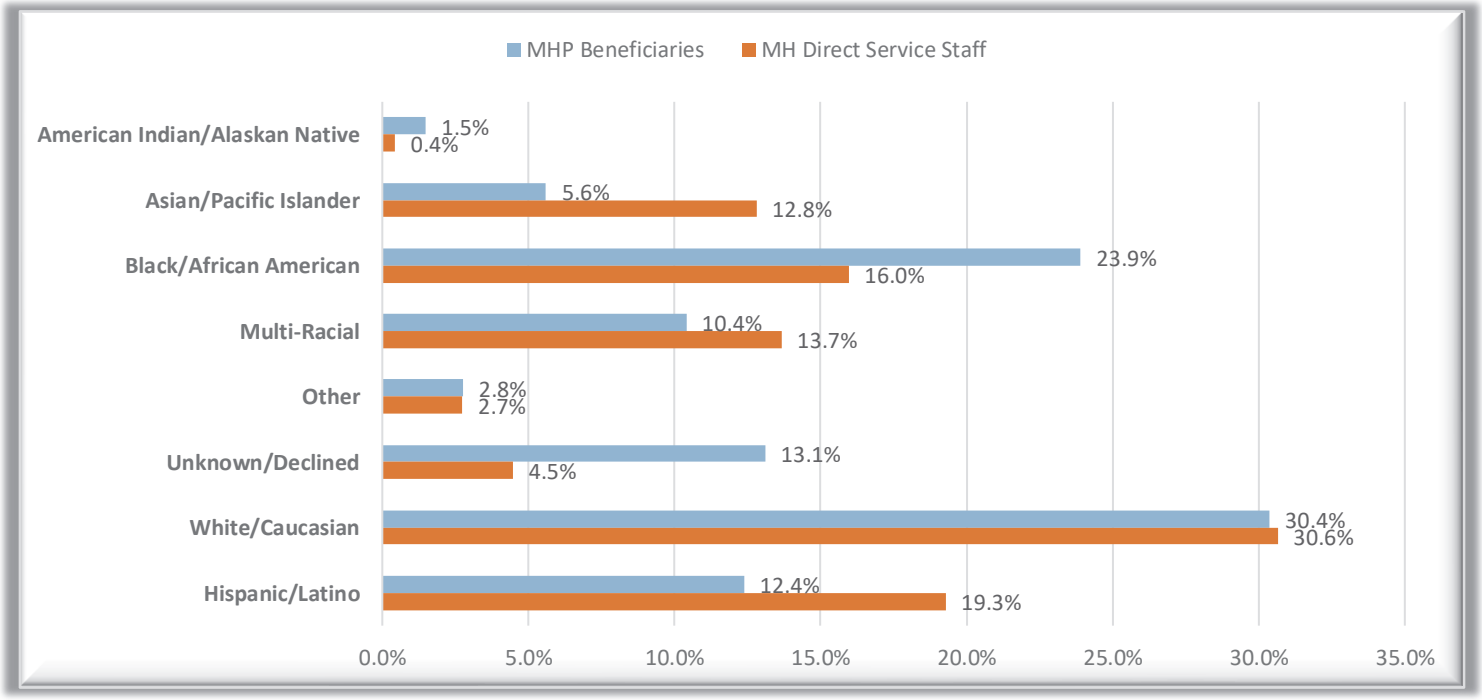


Table 9. Race - Direct Service Staff Compared to MHP Beneficiaries

RACE	MHP BENEFICIARIES		MH DIRECT SERVICE STAFF	
	N	%	N	%
American Indian/Alaskan Native	378	1.5%	3	0.4%
Asian/Pacific Islander	1,428	5.6%	89	12.8%
Black/African American	6,096	23.9%	111	16.0%
Multi-Racial	2,654	10.4%	95	13.7%
Other	703	2.8%	19	2.7%
Unknown/Declined	3,342	13.1%	31	4.5%
White/Caucasian	7,742	30.4%	213	30.6%
Hispanic/Latino	3,158	12.4%	134	19.3%
TOTAL	**25,501**	**100.0%**	**695**	**100.0%**

Sexual Orientation

The most notable difference when comparing direct mental health services staff and MHP beneficiaries' sexual orientation is that many MHP beneficiaries (46.4%) chose to not report their sexual orientation at all, compared to only 13.4% of direct staff. Straight/Heterosexual individuals are the predominant sexual orientation reported by both staff (68.8%) and MHP beneficiaries (46.0%). Staff were overrepresented in the remaining sexual orientation categories, which include Bisexual (6.9% staff, 3.6% beneficiaries), Lesbian/Gay (3.0% staff, 1.6% beneficiaries), and "Other" (7.9% staff, 2.3% beneficiaries). These findings are visualized in Figure 11 and Table 10 below.

Figure 11. Sexual Orientation - Direct Service Staff Compared to MHP Beneficiaries

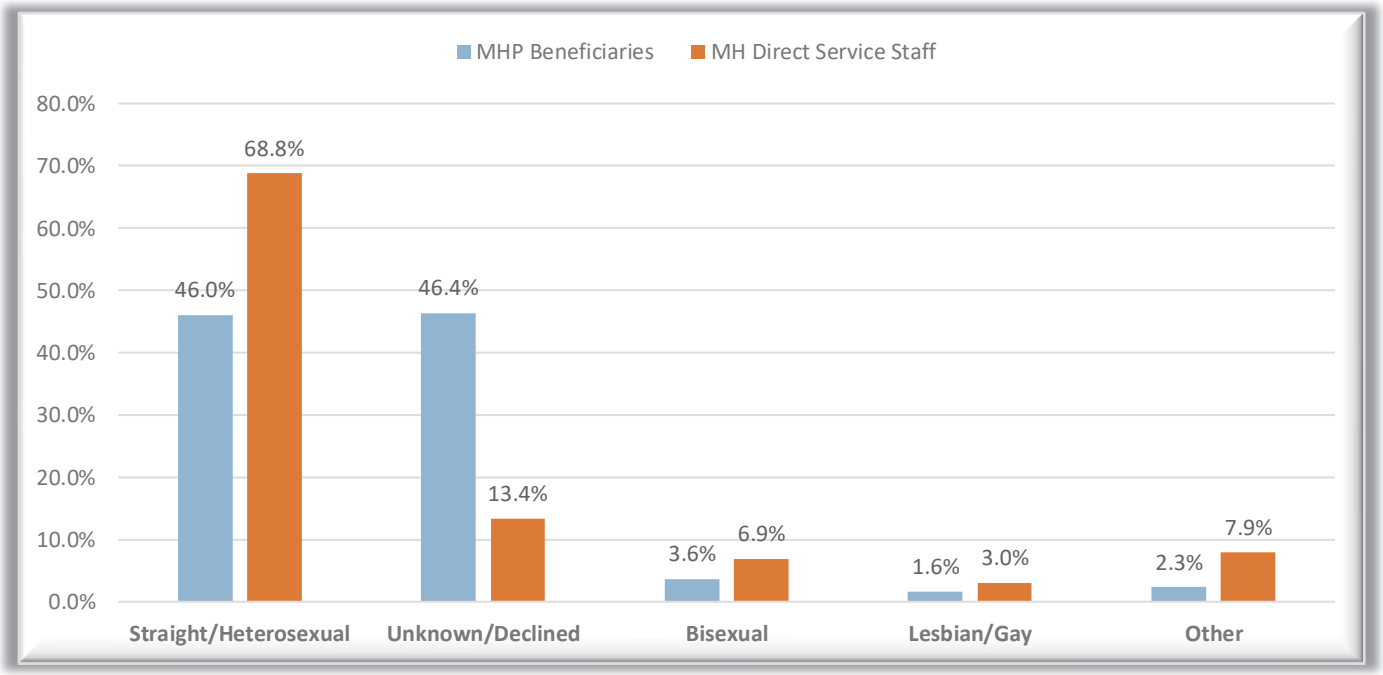


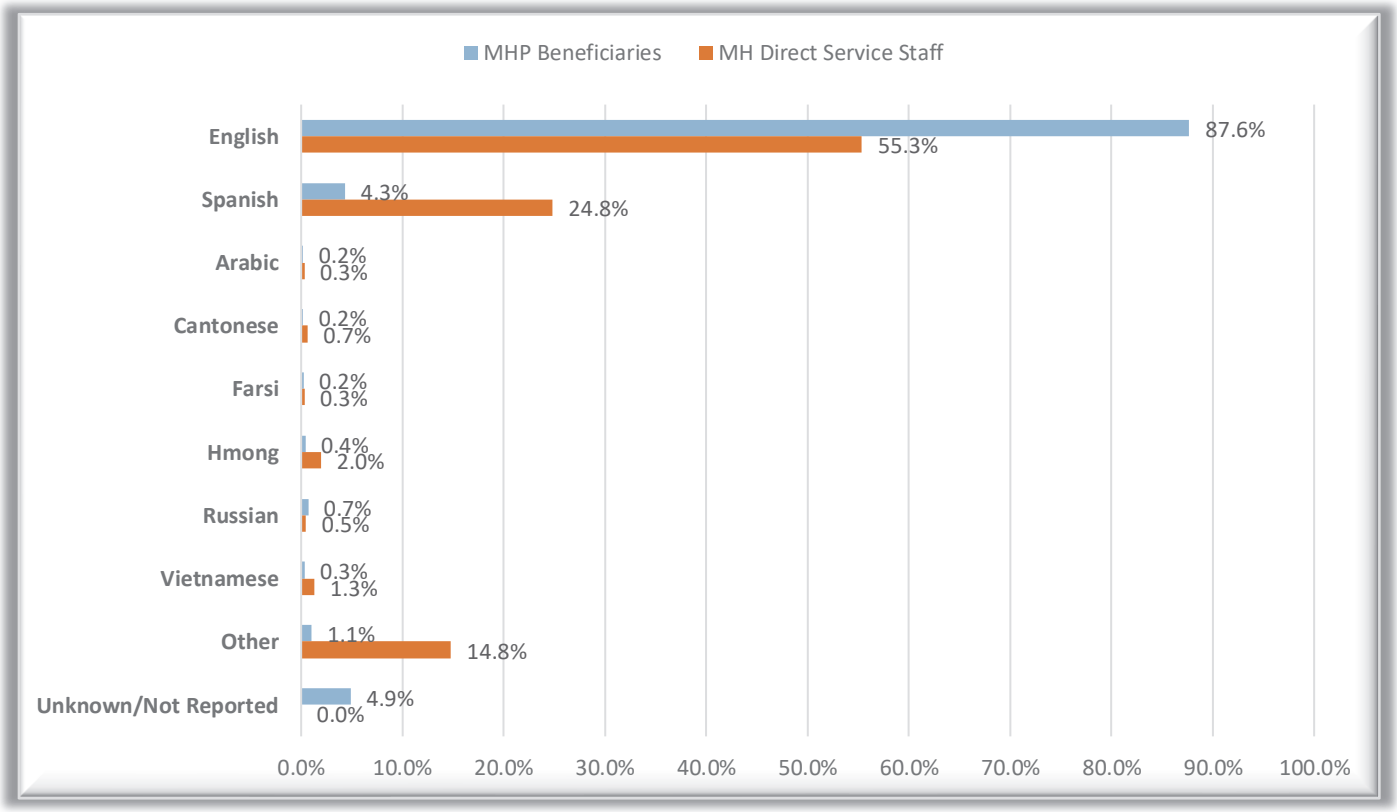
Table 10. Sexual Orientation – Direct Service Staff Compared to MHP Beneficiaries

SEXUAL ORIENTATION	MHP BENEFICIARIES		MH DIRECT SERVICE STAFF	
	N	%	N	%
Straight/Heterosexual	11,740	46.0%	478	68.8%
Unknown/Declined	11,830	46.4%	93	13.4%
Bisexual	923	3.6%	48	6.9%
Lesbian/Gay	416	1.6%	21	3.0%
Other	592	2.3%	55	7.9%
TOTAL	**25,501**	**100.0%**	**695**	**100.0%**

Language

A comparison of languages spoken by direct mental health services staff and MHP beneficiaries highlights the significant presence of Spanish among staff, the varying representation of different languages, and the importance of linguistic diversity. Overall, English was the most common language both among staff (55.3%) and MHP beneficiaries (87.6%). In total, staff members were significantly more likely to possess the ability to speak a non-English language (44.7%) than beneficiaries (7.4%). Staff were more likely to be proficient in Arabic, Cantonese, Farsi, Hmong, Spanish and Vietnamese when compared to MHP beneficiaries. "Other" languages also have a notable presence among staff (14.8%) than beneficiaries (1.1%). Russian is the only non-English language slightly underrepresented among staff (0.5% staff versus 0.7% beneficiaries). Figure 12 and Table 11 showcase similarities and differences between non-English languages spoken by direct mental health service staff and MHP beneficiaries.

Figure 12. Language - Direct Service Staff Compared to MHP Beneficiaries*



*N is lower than other demographics included in this report. The survey used to collect language data was completed by fewer direct mental health service providers (N=609) than the survey used to collect other demographic data (N=695).

Table 11. Language - Direct Service Staff Compared to MHP Beneficiary

LANGUAGES	MHP BENEFICIARIES		MH DIRECT SERVICE STAFF*	
	N	%	N	%
English	22,348	87.6%	337	55.3%
Spanish	1,108	4.3%	151	24.8%
Arabic	50	0.2%	2	0.3%
Cantonese	51	0.2%	4	0.7%
Farsi	59	0.2%	2	0.3%
Hmong	107	0.4%	12	2.0%
Russian	179	0.7%	3	0.5%
Vietnamese	85	0.3%	8	1.3%
Other	269	1.1%	90	14.8%
Unknown/Not Reported	1,245	4.9%	N/A	0.0%
TOTAL	**25,501**	**100.0%**	**609**	**100.0%**

DIRECT SERVICE STAFF COMPARED TO MEDI-CAL BENEFICIARIES SERVED IN SUBSTANCE USE PREVENTION AND TREATMENT SERVICES (SUPT)

Data below compares the demographics of direct SUPT service providers to the demographics of Medi-Cal beneficiaries served in SUPT during Fiscal Year 23-24. Please note that not all demographics collected on the HR survey are comparable to the clients served, due to differences in collection methods. Therefore, some categories and labels were combined and/or renamed to support continuity. Aggregated SUPT beneficiary demographics data can be found in Appendix C.

Gender

A comparison of SUPT direct staff and SUPT beneficiaries' gender found that Females are overrepresented among staff (61.9%) when compared to Female beneficiaries (30.8%). In contrast, Males are underrepresented among staff (28.0% staff, 35.9% SUPT beneficiaries). The individuals who declined to specify their gender identity are significantly higher among SUPT beneficiaries, 32.7% versus 7.1% of direct staff. The Transgender and "Other" categories are notably smaller among both staff and SUPT beneficiaries. Figure 13 and Table 12 reflect these findings.

Figure 13. Gender - Direct Service Staff Compared to SUPT Beneficiaries

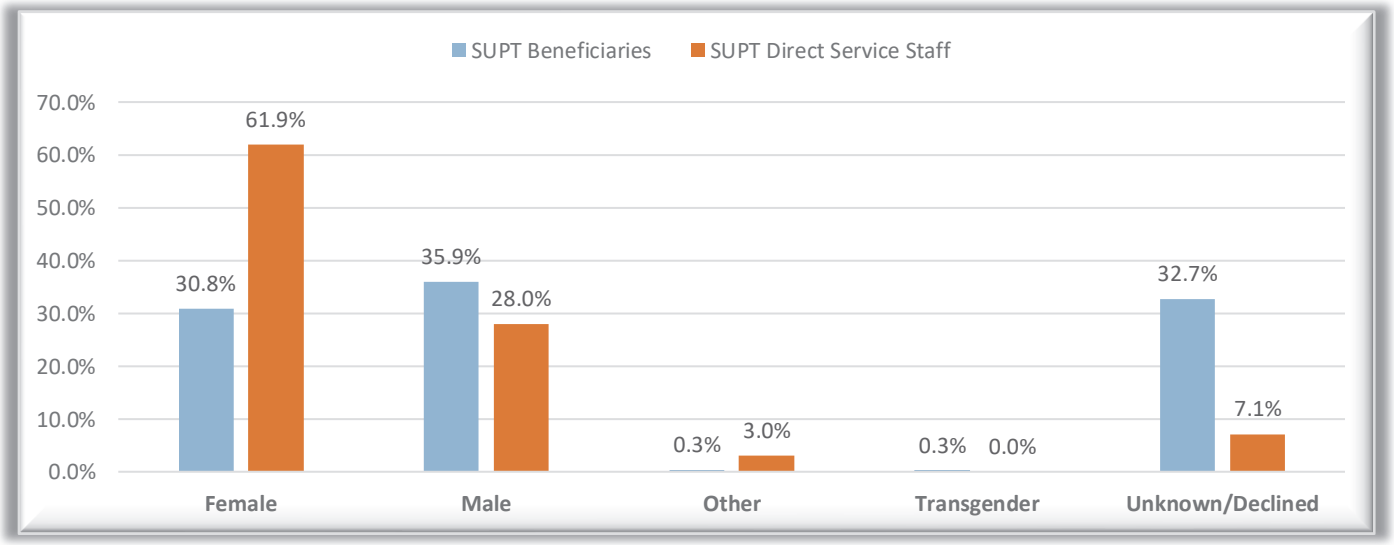


Table 12. Gender - Direct Service Staff Compared to SUPT Beneficiaries

GENDER IDENTITY	SUPT BENEFICIARIES		SUPT DIRECT SERVICE STAFF	
	N	%	N	%
Female	1,829	30.8%	104	61.9%
Male	2,131	35.9%	47	28.0%
Other	19	0.3%	5	3.0%
Transgender	15	0.3%	0	0.0%
Unknown/Declined	1942	32.7%	12	7.1%
TOTAL	**5,936**	**100.0%**	**168**	**100.0%**

Race

White/Caucasian individuals are the most prevalent demographic group among both direct SUPT services staff (50.6%) and SUPT beneficiaries (44.7%). Black/African American individuals are underrepresented amongst staff (5.4%) when compared to SUPT beneficiaries (16.3%). In contrast, Asian/Pacific Islander individuals are overrepresented amongst staff (8.3%) when compared to 3.3% of beneficiaries. The Multi-Racial individuals are also overrepresented (19.6% staff , 6.2% beneficiaries). The American Indian/Alaskan Native individuals are similarly represented (1.8% staff, 1.7% beneficiaries), as are individuals represented by "Other" race (1.8% staff, 2.4% beneficiaries). The Hispanic/Latino are slightly underrepresented amongst staff (9.5%) compared to 11.1% of beneficiaries. SUPT beneficiaries were more likely to decline to provide their race (14.3% beneficiaries, 3.0% staff). These findings are outlined in Figure 14 and Table 13 below.

Figure 14. Race - Direct Service Staff Compared to SUPT Beneficiaries*

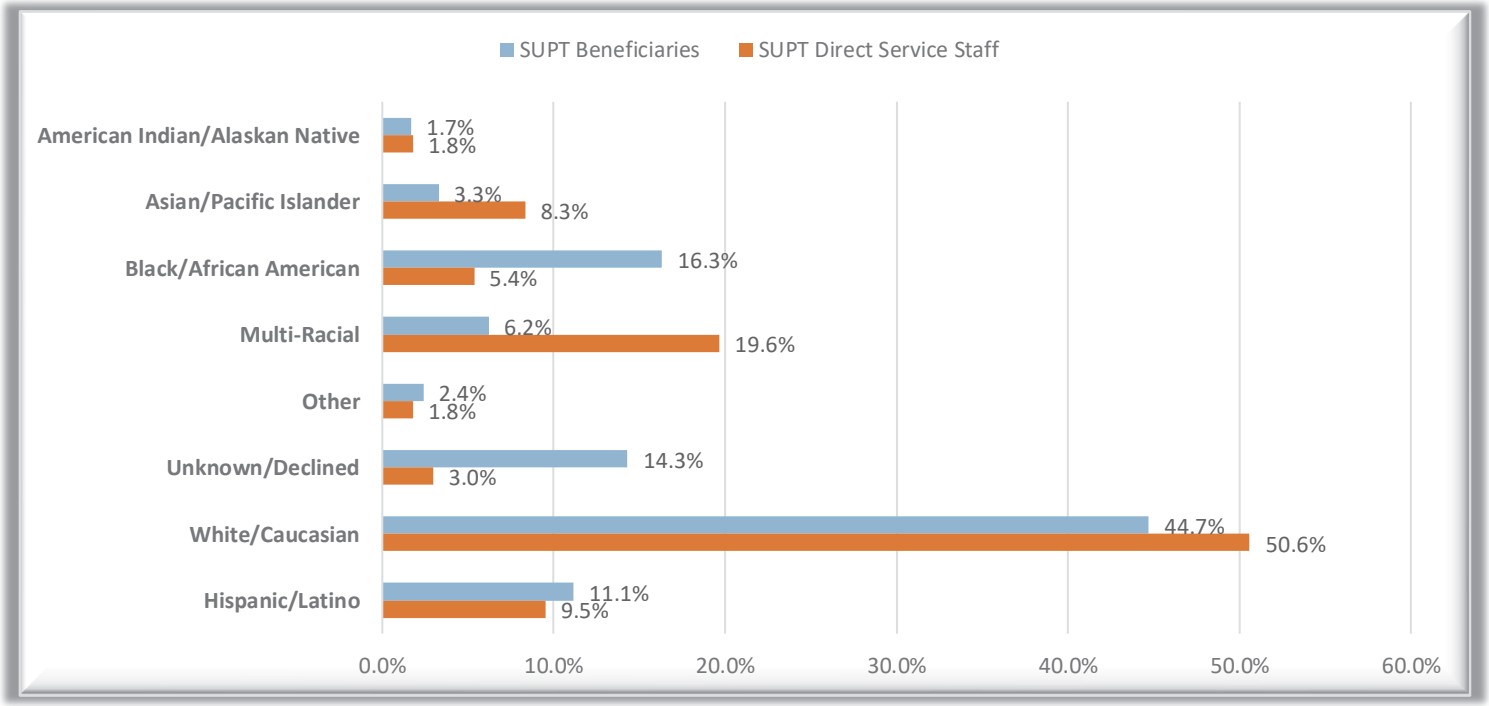


Table 13. Race - Direct Service Staff Compared to SUPT Beneficiaries

RACE	SUPT BENEFICIARIES		SUPT DIRECT SERVICE STAFF	
	N	%	N	%
American Indian/Alaskan Native	100	1.7%	3	1.8%
Asian/Pacific Islander	195	3.3%	14	8.3%
Black/African American	968	16.3%	9	5.4%
Multi-Racial	368	6.2%	33	19.6%
Other	142	2.4%	3	1.8%
Unknown/Declined	849	14.3%	5	3.0%
White/Caucasian	2,653	44.7%	85	50.6%
Hispanic/Latino	661	11.1%	16	9.5%
TOTAL	**5,936**	**100.0%**	**168**	**100.0%**

Sexual Orientation

The most notable difference when comparing direct SUPT services staff and SUPT beneficiaries' sexual orientation is that many beneficiaries (43.3%) chose to not report their sexual orientation at all, compared to only 11.3% of direct staff. Straight/Heterosexual individuals are the predominant sexual orientation reported by both staff (72.6%) and SUPT beneficiaries (52.8%). Staff were overrepresented in the remaining sexual orientation categories, which include Bisexual (4.2% staff, 2.1% beneficiaries), Lesbian/Gay (5.4% staff, 1.3% beneficiaries), and "Other" (6.5 % staff, 0.4% beneficiaries). Figure 15 and Table 14 showcase these similarities and differences.

Figure 15. Sexual Orientation - Direct Service Staff Compared to SUPT Beneficiaries

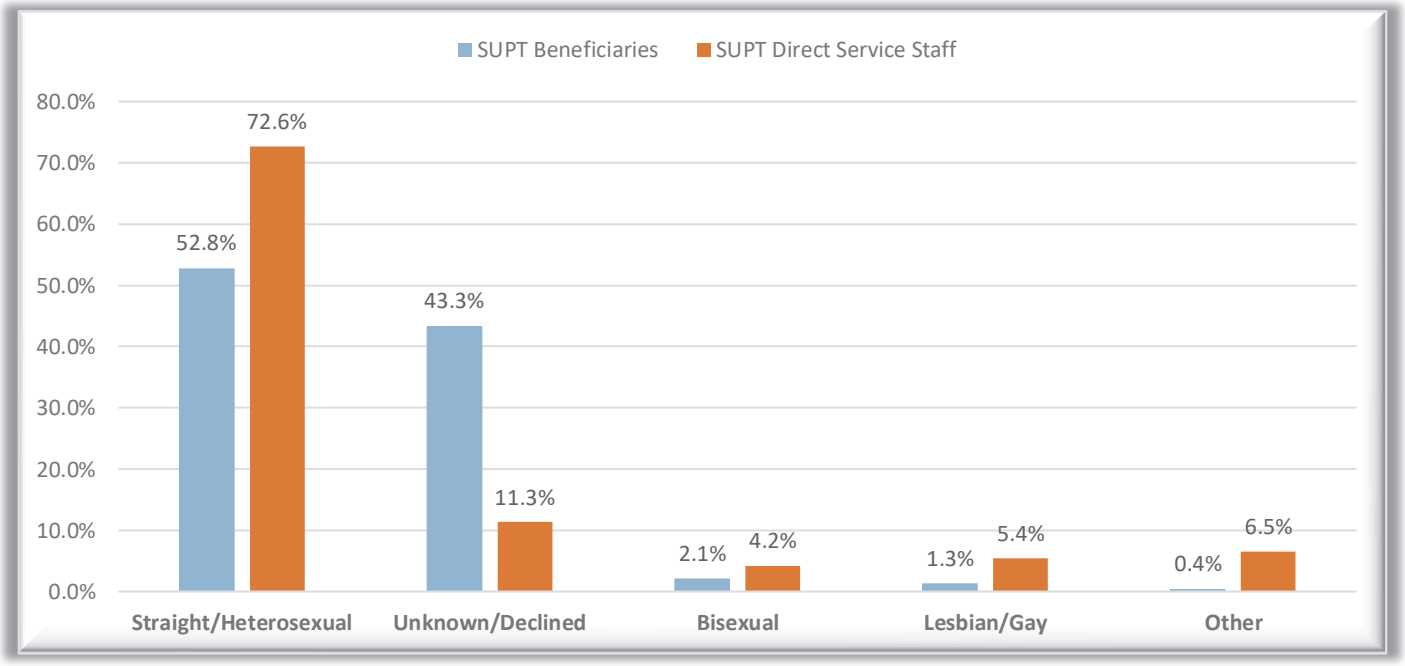


Table 14. Sexual Orientation - Direct Service Staff Compared to SUPT Beneficiaries

SEXUAL ORIENTATION	SUPT BENEFICIARIES		SUPT DIRECT SERVICE STAFF	
	N	%	N	%
Straight/Heterosexual	3,133	52.8%	122	72.6%
Unknown/Declined	2,573	43.3%	19	11.3%
Bisexual	127	2.1%	7	4.2%
Lesbian/Gay	77	1.3%	9	5.4%
Other	26	0.4%	11	6.5%
TOTAL	**5,936**	**100.0%**	**168**	**100.0%**

Language

Overall, English was the most common language reported among both direct SUPT services staff (78.0%) and SUPT beneficiaries (88.5%). In total, staff members were significantly more likely to possess the ability to speak a Non-English language (22.0%) than beneficiaries (2.2%). Similarly, staff were more likely to report having the ability to speak Spanish (9.5% staff, 1.2% beneficiaries) and "Other" languages (12.5% staff, 0.2% beneficiaries). Arabic, Cantonese, Farsi, Hmong, Russian, and Vietnamese have similar representations with very minor variations. Figure 16 and Table 15 showcase similarities and differences between languages spoken by staff and SUPT beneficiaries.

Figure 16. Languages - Direct Service Staff Compared to SUPT Beneficiaries

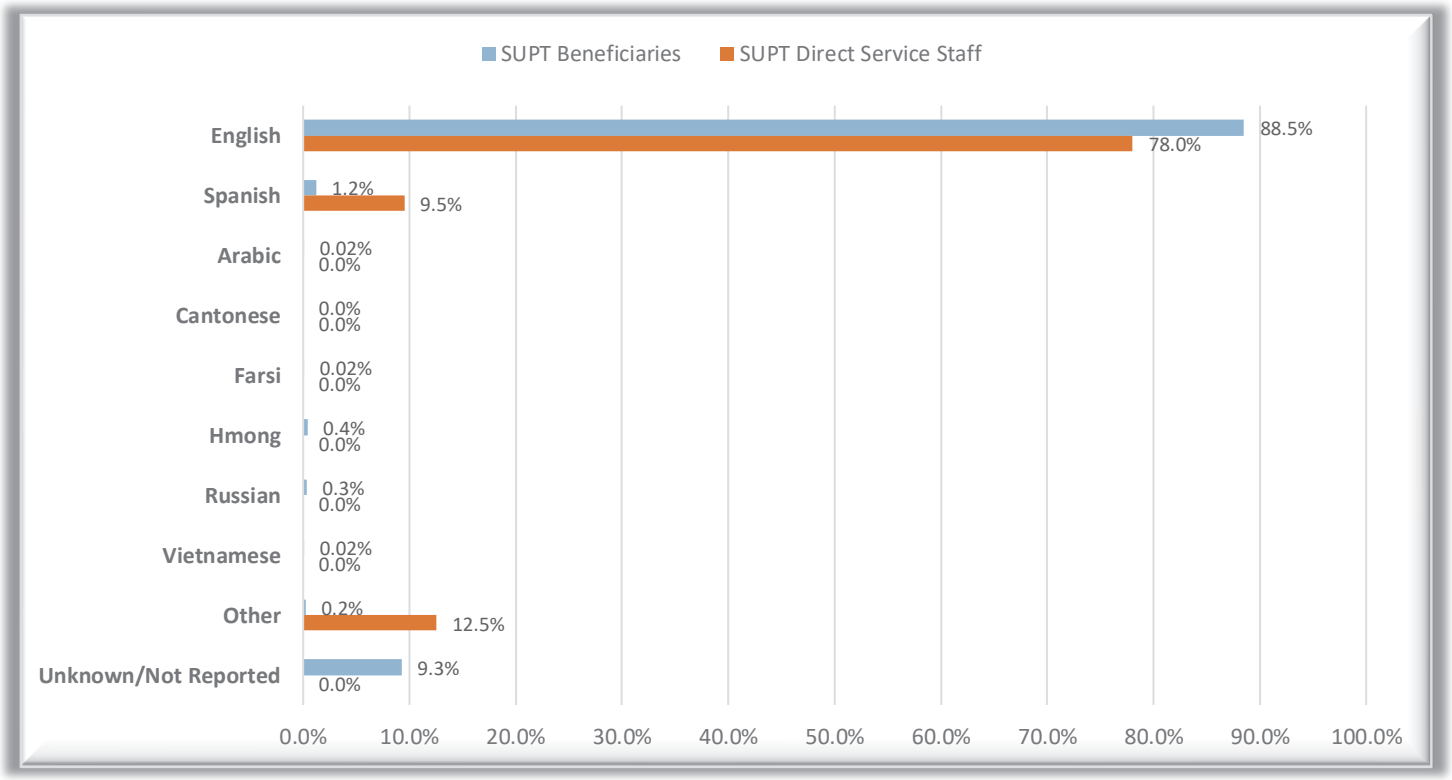


Table 15. Languages - Direct Service Staff Compared to SUPT Beneficiaries

LANGUAGES	SUPT BENEFICIARIES		SUPT DIRECT SERVICE STAFF	
	N	%	N	%
English	5,251	88.5%	131	78.0%
Spanish	73	1.2%	16	9.5%
Arabic	1	0.02%	0	0.0%
Cantonese	0	0.0%	0	0.0%
Farsi	1	0.02%	0	0.0%
Hmong	24	0.4%	0	0.0%
Russian	20	0.3%	0	0.0%
Vietnamese	1	0.02%	0	0.0%
Other	14	0.2%	21	12.5%
Unknown/Not Reported	551	9.3%	N/A	0.0%
TOTAL	**5,936**	**100.0%**	**168**	**100.0%**

APPENDIX A - Position Descriptions by Staff Category

Category	Position Descriptions
MH - DIRECT	**Behavioral Health Peer Provider:** This category includes Medi-Cal certified peer provider. Titles may include Peer Specialist, Consumer Advocate, Peer Mentor, Peer Advocate, Peer Support Aide, Family Advocate, and Family Partner.
	Licensed Mental Health Direct Service Staff: This category includes Psychiatrist, Psychiatric/Family Nurse Practitioner, Clinical Nurse Specialist, Licensed Psychiatric Technician, Licensed Clinical Psychologist, Psychologist registered intern (or waivered), LCSW, MSW registered intern (or waivered), MFT, MFT registered intern (or waivered), and other licensed direct service mental health staff.
	Other Mental Health Care Professionals: This category includes Physician, Registered Nurse, Licensed Vocational Nurse, Physician Assistant, Occupational Therapist, other therapist (physical, recreation, art, dance), or other direct service health care staff. This category can include such titles as traditional cultural healers.
	Unlicensed Mental Health Direct Service Staff: This category includes Mental Health Rehabilitation Specialist (MHRS), Case Manager/Service Coordinator, Employment Services Staff, Housing Services Staff, Consumer Support Staff, Family Member Support Staff, Benefits/Eligibility Specialist, and other unlicensed mental health direct service staff. This category is for all staff classified by the MHP as MHRS, even if the staff duties fall in another category. Service Coordinators, Personal Service Coordinators, and Case Managers belong in this category. Titles may include Job Developer, Employment Consultant, Employment Specialist, Vocational Assistant, Employment Coordinator, Vocational Activities Coordinator, Educational Support Specialist, Employment Aide and Job Coach, Peer Specialist, Consumer Advocate, Peer Mentor, Peer Advocate, Peer Counselor, Parent Partner, Family Member Provider, Family Advocate, Family Partner, Family Member Manager, Family Services Worker, and Family Liaison, Mental Health Treatment Center (MHTC) Workers, and Therapeutic Behavioral Services (TBS) Workers, among others.
MH - INDIRECT	**Mental Health Administrative Staff/Advisory Board/Steering Committee/Other Advisory Groups:** This category includes Analysts, Tech Support, Quality Assurance, Education, Training, Clerical, Secretary, Administrative Assistants, and other administrative staff. This category includes Information Technology support, with titles such as Information Systems/Performance Measurement Staff. Quality assurance includes quality improvement, compliance, and related job titles where the individual's primary duties are in quality assurance. Other job titles may include Staff Development Officer, Training Coordinator, Training Officer, Secretaries, Clerks, Administrative or Office Assistants, Billing Clerk, Medical Records Specialist, Grant Writer, Public Information Officer, Planners and Contract Monitors, Board Members among others.
	Mental Health Managerial and Supervisory Staff: This category includes CEO or manager above direct supervisor, Supervising Psychiatrist (or other physician), Licensed Supervising Clinician and other managers and supervisors. Count positions for licensed and non-licensed managerial and supervisory personnel if 50% of more of the person's time is managerial/supervisory. Job titles may include Program Manager, Service Chief, Health Care Program Manager, Program Director, Assistant Program Director, Nursing Supervisor, Supervising Psychiatric Social Worker, Team Leader, Unit Supervisor, Supervising Case Manager, Supervisor of Clerical Staff, among others.
SUPT - DIRECT	**SUPT Licensed Direct Service Staff:** This category includes Licensed Practitioners of the Healing Arts who provide direct substance use prevention and treatment services: Physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, Registered Pharmacists, Licensed Clinical Psychologists, Licensed Clinical Social Workers, Licensed Professional Clinical Counselors, Licensed Marriage and Family Therapists, and licensed eligible practitioners working under the supervision of a licensed clinician.
	SUPT Other Health Care Professionals: This category includes other direct service health care staff such as Occupational Therapists, other therapists (physical, recreation, art, dance), or traditional cultural healers.
	SUPT Registered & Certified Direct Service Staff: This category includes registered and certified staff who provide direct substance use prevention and treatment services: Certified Alcohol Drug Counselor (CADCI, CADCII, CADCIII), Registered Alcohol Drug Technician (RADT, RADTI, RADTII), etc. Job titles may include Case Manager, Service Coordinator, Personal Service Coordinators, Job Developer, Employment Consultant, Employment Specialist, Vocational Assistant, Employment Coordinator, Vocational Activities Coordinator, Educational Support Specialist, Employment Aide and Job Coach, Peer Specialist, Consumer Advocate, Peer Mentor, Peer Advocate, Peer Support Aide, Peer Guide, Peer Coach, and Peer Counselor, Parent Partner, Family Member Provider, Family Advocate, Family Partner, Family Member Manager, Family Services Worker, and Family Liaison, Alumni Liaison or staff.
SUPT - INDIRECT	**SUPT Administrative Services/Advisory Boards/Advisory Board Committees/Other Advisory Groups:** This category includes staff that perform duties that support the provision of substance use prevention and treatment services, but do not provide direct services. Such as program planning, monitoring, evaluation; quality assurance/improvement; information technology/Avatar; fiscal services, training/education; administrative tasks; members of provider agency Boards, the Sacramento County Alcohol and Drug Advisory Board (SCADAB), SCADAB committee members (Prevention and Education Committee, Treatment Committee, Budget and Evaluation Committee, Criminal Justice Committee), Program Coordinator/Contract Monitor, and Administrative Services.
	SUPT Managerial and Supervisory Staff: This category includes positions for licensed, unlicensed, registered, or certified managers and supervisors in which 50% or more of their time is focused on managerial/supervisory duties. Job titles may include Chief Executive Officer (CEO), Executive Director (ED), Clinical Director, Program Director, Division Manager, Program Manager, Team Leader, Unit Supervisor, Supervisor of Clerical Staff, etc.

APPENDIX B – MEDI-CAL MHP BENEFICIARY DEMOGRAPHICS

DEMOGRAPHICS	AGES										TOTAL	
	0-17		18-25		26-59		60+		UNKNOWN			
GENDER IDENTITY	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**
Female	2,698	10.6%	1,050	4.1%	4,306	16.9%	849	3.3%	0	0.0%	8,903	34.9%
Male	2,631	10.3%	872	3.4%	4,632	18.2%	718	2.8%	0	0.0%	8,853	34.7%
Other	152	0.6%	105	0.4%	91	0.4%	8	0.0%	0	0.0%	356	1.4%
Transgender	76	0.3%	79	0.3%	80	0.3%	3	0.0%	0	0.0%	238	0.9%
Unknown/Declined	2,666	10.5%	853	3.3%	3,071	12.0%	560	2.2%	1	0.0%	7,151	28.0%
SEXUAL ORIENTATION	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**
Straight/Heterosexual	3,041	11.9%	1,245	4.9%	6,315	24.8%	1,139	4.5%	0	0.0%	11,740	46.0%
Lesbian/Gay	98	0.4%	77	0.3%	226	0.9%	15	0.1%	0	0.0%	416	1.6%
Bisexual	260	1.0%	256	1.0%	397	1.6%	10	0.0%	0	0.0%	923	3.6%
Other	449	1.8%	79	0.3%	62	0.2%	2	0.0%	0	0.0%	592	2.3%
Unknown/Declined	4,375	17.2%	1,302	5.1%	5,180	20.3%	972	3.8%	1	0.0%	11,830	46.4%
RACE	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**
American Indian/Alaskan Native	80	0.3%	37	0.1%	228	0.9%	33	0.1%	0	0.0%	378	1.5%
Asian/Pacific Islander	309	1.2%	177	0.7%	793	3.1%	149	0.6%	0	0.0%	1,428	5.6%
Black/African American	1,850	7.3%	797	3.1%	2,947	11.6%	502	2.0%	0	0.0%	6,096	23.9%
Hispanic/Latino	1,490	5.8%	420	1.6%	1,101	4.3%	147	0.6%	0	0.0%	3,158	12.4%
Multi-Racial	1,278	5.0%	376	1.5%	914	3.6%	86	0.3%	0	0.0%	2,654	10.4%
Other	274	1.1%	73	0.3%	292	1.1%	64	0.3%	0	0.0%	703	2.8%
Unknown/Declined	986	3.9%	334	1.3%	1,750	6.9%	271	1.1%	1	0.0%	3,342	13.1%
White/Caucasian	1,956	7.7%	745	2.9%	4,155	16.3%	886	3.5%	0	0.0%	7,742	30.4%
PRIMARY LANGUAGE	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**
Arabic	8	0.0%	3	0.0%	31	0.1%	8	0.0%	0	0.0%	50	0.2%
Cantonese	14	0.1%	2	0.0%	24	0.1%	11	0.0%	0	0.0%	51	0.2%
English	7063	27.7%	2,675	10.5%	10,785	42.3%	1824	7.2%	1	0.0%	22,348	87.6%
Farsi	14	0.1%	5	0.0%	35	0.1%	5	0.0%	0	0.0%	59	0.2%
Hmong	6	0.0%	2	0.0%	81	0.3%	18	0.1%	0	0.0%	107	0.4%
Other	34	0.1%	18	0.1%	154	0.6%	63	0.2%	0	0.0%	269	1.1%
Russian	37	0.1%	7	0.0%	96	0.4%	39	0.2%	0	0.0%	179	0.7%
Spanish	765	3.0%	104	0.4%	201	0.8%	38	0.1%	0	0.0%	1,108	4.3%
Unknown/Declined	274	1.1%	138	0.5%	721	2.8%	112	0.4%	0	0.0%	1,245	4.9%
Vietnamese	8	0.0%	5	0.0%	52	0.2%	20	0.1%	0	0.0%	85	0.3%
TOTAL	**8,223**	**32.2%**	**2,959**	**11.6%**	**12,180**	**47.8%**	**2,138**	**8.4%**	**1**	**0.0%**	**25,501**	**100.0%**

APPENDIX C - MEDI-CAL SUPT BENEFICIARY DEMOGRAPHIC

DEMOGRAPHICS	AGES								TOTAL	
	0-17		18-25		26-59		60+			
GENDER IDENTITY	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**
Female	48	0.8%	142	2.4%	1,476	24.9%	163	2.7%	1,829	30.8%
Male	94	1.6%	184	3.1%	1,715	28.9%	138	2.3%	2,131	35.9%
Other	1	0.0%	2	0.0%	14	0.2%	2	0.0%	19	0.3%
Transgender	0	0.0%	4	0.1%	11	0.2%	0	0.0%	15	0.3%
Unknown/Declined	96	1.6%	119	2.0%	1,507	25.4%	220	3.7%	1,942	32.7%
SEXUAL ORIENTATION	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**
Straight/Heterosexual	112	1.9%	261	4.4%	2,561	43.1%	199	3.4%	3,133	52.8%
Lesbian/Gay	3	0.1%	8	0.1%	62	1.0%	4	0.1%	77	1.3%
Bisexual	10	0.2%	22	0.4%	94	1.6%	1	0.0%	127	2.1%
Other	3	0.1%	4	0.1%	19	0.3%	0	0.0%	26	0.4%
Unknown/Declined	111	1.9%	156	2.6%	1,987	33.5%	319	5.4%	2,573	43.3%
RACE	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**
American Indian/Alaskan Native	4	0.1%	5	0.1%	80	1.3%	11	0.2%	100	1.7%
Asian/Pacific Islander	8	0.1%	18	0.3%	154	2.6%	15	0.3%	195	3.3%
Black/African American	71	1.2%	86	1.4%	707	11.9%	104	1.8%	968	16.3%
Hispanic/Latino	36	0.6%	70	1.2%	510	8.6%	45	0.8%	661	11.1%
Multi-Racial	33	0.6%	61	1.0%	266	4.5%	8	0.1%	368	6.2%
Other	6	0.1%	16	0.3%	110	1.9%	10	0.2%	142	2.4%
Unknown/Declined	33	0.6%	48	0.8%	665	11.2%	103	1.7%	849	14.3%
White/Caucasian	48	0.8%	147	2.5%	2,231	37.6%	227	3.8%	2,653	44.7%
PRIMARY LANGUAGE	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**	**N**	**%**
Arabic	0	0.0%	0	0.0%	1	0.0%	0	0.0%	1	0.0%
Cantonese	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
English	208	3.5%	413	7.0%	4,191	70.6%	439	7.4%	5,251	88.5%
Farsi	0	0.0%	0	0.0%	1	0.0%	0	0.0%	1	0.0%
Hmong	0	0.0%	0	0.0%	13	0.2%	11	0.2%	24	0.4%
Other	0	0.0%	0	0.0%	11	0.2%	3	0.1%	14	0.2%
Russian	1	0.0%	0	0.0%	18	0.3%	1	0.0%	20	0.3%
Spanish	6	0.1%	8	0.1%	53	0.9%	6	0.1%	73	1.2%
Unknown/Declined	24	0.4%	30	0.5%	435	7.3%	62	1.0%	551	9.3%
Vietnamese	0	0.0%	0	0.0%	0	0.0%	1	0.0%	1	0.0%
TOTAL	**239**	**4.0%**	**451**	**7.6%**	**4,723**	**79.6%**	**523**	**8.8%**	**5,936**	**100.0%**

FY 2024-25 Sacramento County BHS Outreach Log

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Gun Violence Awareness Symposium	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. TAY and Familes, community safety	25	6/30/2025
Valley High Lions Club	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	50	6/28/2025
Healing In Color : MH Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult amd Black / African-American community members in Sacramento County. Healing in Color is a transformative mental health summit designed specifically for communities of color and those who served them. Specifically participated for Seniors.	50	6/28/2025
Family Fun Friday Event San Juan High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. SJUSD -TAY and Familes	126	6/27/2025
Pioneer Towers Senior Pride Party	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Center staff attended the Pioneer Towers Senior Pride Party to distribute mental health resources to LGBQ+ seniors.	25	6/27/2025
Tahoe Park Pride	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center staff tabled at Tahoe Park Pride to connect with families in Sacramento and provide them with mental health, sexual health, and employment services.	30	6/27/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County. This episode included an interview with clinical psychologist about refugees and mental health.	5000	6/26/2025
Rancho Cordova Chamber of Commerce Business Expo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Participated in Rancho Cordova's Business Expo with a table and information about Saint John's	600	6/26/2025
Rancho Cordova Chamber of Commerce Business Expo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	6/26/2025
California Native Harm Reduction Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	15	6/25/2025
A Seat at the Table Books Hiring and Job Education Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center Staff collaborated with A Seat at the Table Book store, to table at their Hiring and Job Education Fair to provide employment, mental health, and sexual health resources for the LGBTQ+ community.	40	6/25/2025
SHRA Senior Health & Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	40	6/24/2025
Life Steps Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	60	6/23/2025
Sutterview Apartments	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Resource and Health Fair for residents.	10	6/23/2025
Madison Elementary School Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	95	6/22/2025
Black Inventors Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County. A powerful, family-friendly event that celebrates the brilliance, creativity, and impact of Black innovators—past, present, and future!	35	6/22/2025
4th Annual Iu Mien Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	400	6/21/2025
Juneteenth Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County. This event celebrated the importance of history and how far we have come.	700	6/21/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Juneteenth Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County. Celebrating African American Communities	128	6/21/2025
Woodland Pride	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center Staff engaged with a wide number of Woodland residents to share about the Center's mental and sexual health resources and events.	102	6/21/2025
Lavender Courtyard Pride Party	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Center staff attended the Lavender Courtyard's Pride Party to promote mental health resources to LGBQ+ seniors and hosted a tie dye workshop to help them foster a sense of belonging.	24	6/20/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County.	5000	6/19/2025
Homeless encampment Stockton	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	7	6/19/2025
Multicultural Community Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	6/18/2025
Sacramento Manor Senior Apartments	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Sponsored by: Mai Vang. SeniorLink provided resource table of program information and services.	50	6/18/2025
American Red Cross Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	10	6/17/2025
Mercy Housing Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	28	6/17/2025
Lavendar Courtyard and Wong Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Resource and Health Fair for senior population.	50	6/17/2025
Mercy Housing Ardenaire's Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	45	6/17/2025
California Disability Leadership Alliance Day Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	60	6/16/2025
Girl Scouts Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	9	6/15/2025
Mexican Consulate Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	85	6/15/2025
Hoa Hao Buddhist Temple Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	140	6/15/2025
Club 55 at Sac Pride Festival Pride Day 2	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. At the Center's largest event, Sacramento Pride Festival, with over 20,000 attendees, the health team provided a safe space for LGBTQ older adults to get mental and sexual health resources, network with the community, and rest.	164	6/15/2025
Qspot at Sac Pride Festival Pride Day 2	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. At the Center's largest event, Sacramento Pride Festival, with over 20,000 attendees, the youth programs team provided a safe space for LGBTQ youth to get connected to mental health resources, network with the community, and rest.	195	6/15/2025
Sacramento PRIDE	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Attended and shared information at Sacramento Pride to share resources about employment opportunities, need for Resource Families, and recruit mentor for Wonder.	12,000	6/15/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
2025 Sacramento PRIDE	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County, focusing on LGBTQ youth and families.	10,000	6/14/2025
Ukrainian Church Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Ukrainian-speaking community members in Sacramento County.	43	6/14/2025
2025 Ukrainian Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Ukrainian-speaking community members in Sacramento County.	267	6/14/2025
4th Annual Indigefest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous and Youth and Transition Age Youth community members in Sacramento County. Indigenous communities and youth	60	6/14/2025
Club 55 at Sac Pride Festival Day 1	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. At the Center's largest event, Sacramento Pride Festival, with over 20,000 attendees, the health team provided a safe space for LGBTQ older adults to get mental and sexual health resources, network with the community, and rest.	135	6/14/2025
Qspot at Sac Pride Festival Pride Day 1	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. At the Center's largest event, Sacramento Pride Festival, with over 20,000 attendees, the youth programs team provided a safe space for LGBTQ youth to get connected to mental health resources, network with the community, and rest.	200	6/14/2025
4th Annual Indigefest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	60	6/14/2025
Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	3	6/14/2025
Sacramento PRIDE	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Attended and shared information at Sacramento Pride to share resources about employment opportunities, need for Resource Families, and recruit mentor for Wonder.	12,000	6/14/2025
Pride Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	15,000	6/14/2025
Mutual Housing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Presentation and training for Mutual Housing Resident Service Coordinators	7	6/13/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County. This episode included an interview with a pastor about mental health.	5000	6/12/2025
SJUSD Summer Event San Juan High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. TAY and Familes	100	6/12/2025
SJUSD Summer Event San Juan High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	6/12/2025
Big Trees Apartments	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Hosted by: LifeSteps. Resource & Health Fair for residents.	10	6/11/2025
Arcade Library Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	8	6/10/2025
Presentation at Lavender Courtyard	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community members in Sacramento County. Center staff went to present at Lavender Courtyard to connect with the maturing community, inform them of the Center's resources, and provided free Pride tickets.	23	6/9/2025
Davis Pride Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center staff collaborated with Davis Pride to table and distribute resources regarding mental health, sexual health, housing, and employment resources.	100	6/7/2025

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Fentanyl Awareness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	2	6/7/2025
Annual BBQ & Yard Sale	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	105	6/7/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County.	5000	6/5/2025
UC Davis Pride Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center staff tabled at UC Davis's Pride event, led by students to discuss the history of pride, public policy, and distribute resources regarding mental health.	10	6/5/2025
Family Respite Camp	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American and American Indian / Alaska Native / Indigenous community members in Sacramento County.	21	6/5/2025
Peer Empowerment Conference Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County. Cal Voices and Sacramento County Behavioral Health Services hosted the 29th Annual Peer Empowerment Conference.	250	6/4/2025
Pine Knolls Apartments	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Hosted by: LifeSteps. Senior Resource and Health Fair for residents.	10	6/3/2025
Healing Together Suicide Prevention Training	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	44	6/2/2025
Community Field Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County. Health resource Imani Clinic -Oak Park's African American community	35	6/1/2025
Community Field Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County. Health resource Imani Clinic -Oak Park's African American community	35	6/1/2025
Protect Yourself Protect Your Health Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	120	5/31/2025
HeartLand Resource Fair: Summer Kick Off (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	175	5/31/2025
Protect Yourself Protect Your Health Senior Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	50	5/31/2025
St. Paul Baptist Church - Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Hosted by: Greater Sacramento Women's Brain Health Program. SeniorLink provided resources and information of program services.	75	5/31/2025
Youth 2 Youth (Y2Y) Mental Health Presentation (JobCorps)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Mental Health Awareness for Young adults n Sac Job Corp	120	5/30/2025
Youth 2 Youth (Y2Y) Mental Health Presentation (JobCorps)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	120	5/30/2025
Resource Fair at Capitol Collegiate Academy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	65	5/29/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County. This episode focused on an interview with a school principal.	5000	5/29/2025

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Mexican Consulate Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	140	5/29/2025
Mental Health Wellness Fair 2025 John F. Kennedy High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. John F. Kennedy TAY students and families	217	5/28/2025
David Reese Lunch Buddies (95828)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	5/28/2025
Vernon Greer Elementary Resource Fair Family Picnic (95632)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	400	5/28/2025
EXLP Literacy Night/Resource Fair (95652)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	250	5/28/2025
Mental Health Wellness Fair 2025 John F. Kennedy High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	217	5/28/2025
Picnic on the Green: Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	5/28/2025
JFK Mental Health Awareness Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County, focusing on underserved and stigamtized youth.	76	5/28/2025
Site Visit at Children's Receiving Home	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	10	5/27/2025
Car Seat Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	3	5/27/2025
2025 International Kids Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County.	2500	5/24/2025
Reaching Out Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	60	5/24/2025
Reaching Out Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Participated as a vendor hosted by the Presbyterian Church.	40	5/24/2025
Morey Ave. Preschool Parent & Family Day (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	5/23/2025
Saybrook Affordable Housing Development	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	25	5/22/2025
Healing Together Strengthening Care and Suicide prevention	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African American community members in Sacramento County. This was a special screening of the "S Word" documentary where suicide attempt survivors share there stories and the truth behind their journey.	87	5/22/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County.	5000	5/22/2025
2025 Cultural Fair / Charter School / Community Outreach Academy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County.	1500	5/22/2025

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Nutrition Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	22	5/22/2025
Mexican Consulate Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	105	5/22/2025
Spring Showcase & Community Resource Fair Sac New Technology HS	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. TAY students and families	45	5/22/2025
Elementary School Open House Wellness Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Tabled at a wellness fair for students and community members highlighting community resources and awareness of mental health services.	50	5/22/2025
Life Steps - Villa Jardin Healh Fair (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	50	5/22/2025
WEAVE leadership	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	5/22/2025
Madison Elementary Open House and Wellness Fair (95660)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	5/22/2025
John Cabrillo Family Night (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	75	5/22/2025
Spring Showcase & Community Resource Fair Sac New Technology HS	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	45	5/22/2025
Gibson Community Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. 2025 Senior Resource Fair	100	5/22/2025
JFK High School Red Ribbon Week Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Passed out marijuana cards, discussed the effects of Fentanyl, disseminated information about cannabis, nicotine, and alcohol to students via spinning-the-wheel activity.	84	5/22/2025
Sacramento Food Bank Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	20	5/21/2025
Lunch Bunch (95818) - Leataata Floyd & MidTown Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	5/21/2025
Common Good Community Connect	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	8	5/21/2025
Drug Proof Your Youth - TRUSD Farsi& Dari translated workshop for parents	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Connected with Farsi and Dari speaking parents of teens.	9	5/20/2025
Asian Resource, Inc. Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	160	5/19/2025
South Sac Community Resource Center (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	25	5/19/2025
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	5/19/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Parent Information Exchange (SCUSD)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	75	5/19/2025
Mental Health Advosory Board Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	10	5/19/2025
Multicultural Event with Eric Guerra	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. This multicultural event celebrated the diverse cultures, traditions, and identities. The event had food, music, dance, art, and storytelling from different cultural backgrounds. The goal was to promote understanding, inclusivity, and appreciation of the unique contributions	150	5/18/2025
Recovery Sunday	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African American community members in Sacramento County. This event was day of healing and hope through community action to address addiction and break the stigma around it, as well as a Narcan mini training.	150	5/18/2025
50th Year Anniversary Hmong American Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Hmong community members in Sacramento County. Celebrating Hmong-American Community	200	5/17/2025
The Center Block Party (95820) Hiram Johnson High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	250	5/17/2025
Unity Fair @ Howe Park (95825)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	400	5/17/2025
Placer Pride	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center Staff engaged with a wide number of Placer County residents to share about the Center's mental and sexual health resources and events.	55	5/17/2025
50th Year Anniversary Hmong American Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	200	5/17/2025
Fentanyl Awareness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	2	5/17/2025
kNOw Opioids- Faith, Indonesian, Vietnamese & Hispanic/Latino Opioid Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Spanish-speaking and Vietnamese-speaking community members in Sacramento County. Collaborated with the Presbyterian Church to share behavioral health resources and also "Opioids & Fentanyl: Drug Proof Your Youth.	35	5/17/2025
Sacramento New Technology High School (County Prevention Site)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	5/17/2025
Mental Health Resource Fair School of Engineering & Sciences	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. TAY students and families	120	5/16/2025
La Familia (95820) Birth and Beyond	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	25	5/16/2025
Mental Health Resource Fair (95831) School of Engineering & Science	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	5/16/2025
Mental Health Resource Fair School of Engineering & Sciences	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	120	5/16/2025
West Sacramento Community Center Senior Resource Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Participated as a vendor at this Resource Fair specifically for Senior Citizens.	50	5/16/2025
LGBTQ+ Senior Pride Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Participated as a vendor at this Resource Fair specifically for LGBTQ+Senior Citizens.	50	5/16/2025

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Servant Hearts / Wisdom Project	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Senior Pride LGBTQ+ Resource Fair	75	5/16/2025
The Stephens Foundation Mother's Day Luncheon	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County. A Mother's Day lunch at the Pannell Community Center thanking all the women who have dedicated their efforts to the community.	70	5/15/2025
North Highlands-Antelope Library Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	5/15/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County. This episode focused on issues with depression for refugee individuals.	5000	5/15/2025
Mental Health Resource Fair (95832) John Still Middle School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	5/15/2025
Career and Wellness Fair (95818) Health Professionals High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	5/15/2025
Rosa Park Middle School Mental Health Awareness Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking, Farsi-speaking and Afghan community members in Sacramento County.	220	5/14/2025
Mental Health Matters Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	5/14/2025
Art & Wellness Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	22	5/14/2025
Art & Wellness Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	22	5/14/2025
Mental Health Matters Day 2025	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Table for Mental Health Matters Day at Capital Park in partnership with Mental Health America of California	800	5/14/2025
Mental Health Awareness Event Rosa Parks Middle School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. TAY students and families	197	5/14/2025
Strength in Speaking Out - Rosa Parks Middle School (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	250	5/14/2025
David Reese Lunch Buddies (95828)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	5/14/2025
Family Night @ Robla! (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	5/14/2025
Mental Health Awareness Event Rosa Parks Middle School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	197	5/14/2025
Mental Health Matters Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	5/14/2025
Mental Health Matters Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	5/14/2025

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"Strength in Speaking Out" Mental Health Awareness Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Teen Suicide Prevention Event	150	5/14/2025
Mental Health Matters	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	1,500	5/14/2025
Mental Health Matter Day	Attended event and distributed resources to improve access, knowledge and awareness of behavioral health services, focusing on stigamtized youth and families.	206	5/14/2025
Luau in the Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on older adult, Spanish-speaking and API community members in Sacramento County.	140	5/13/2025
La familia presents Aloha: Luau in the Park	Older Adult: Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Center presented at the La Familia Luau in the Park event aimed at support Older Adults and connecting them to health resources including mental and sexual health. Additionally used this as an opportunity to promote pride and club55.	120	5/13/2025
Campus Commons Senior Living Home	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community members in Sacramento County.	150	5/12/2025
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	5/12/2025
Slavic Multicultural Festival Yarmarka	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County.	1000	5/10/2025
Project Church Food Distribution (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	5/10/2025
Rose Family Creative Empowerment Center (95823) Community Baby shower	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	5/10/2025
Rainbow Mini Park Resource Fair & Mother's Day Celebration (95824) Color the Block	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	75	5/10/2025
Afghan Support Center Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Afghan and Farsi-speaking community members in Sacramento County. This event was held by Cherokee Federal to connect families with resources.	700	5/9/2025
American Pacific Islanders Heritage Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Asian Americans, Native Hawaiians, and Pacific Islanders	104	5/9/2025
FamFest Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Families and children, Community organizations	67	5/9/2025
God's Love Outreach Ministries (GLOM) Annual Mental Health Awareness Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. GLOM partnered with the SJC Community Centers (the Well) to host our annual Mental Health Awareness Event in Mental Health Awareness Month. Through guest speakers, client testimony, and provided resources, GLOM worked diligently to increase awareness surrounding	89	5/9/2025
River District Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Outreach to provide behavioral health resources and information to unhoused individuals in the River District area. Outreach also included showers, animal services, food, oral health exams, and other services.	150	5/9/2025
Job Corps Career and Resource Fair (95832)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	200	5/9/2025
Fern Bacon Student Mental Health Fair (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	5/9/2025

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Sacramento Library Presentation (County-Wide)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	200	5/9/2025
David Reese Multicultural Fair (95828)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	5/9/2025
American Pacific Islanders Heritage Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	104	5/9/2025
FamFest Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	67	5/9/2025
First Step Communities Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	250	5/9/2025
River District health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	5/9/2025
River District Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Shining light on healthcare services, with emphasis on providing direct care to people experiencing homelessness in the River District.	50	5/9/2025
Afghan Support Center Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Afghan and Farsi-speaking community members in Sacramento County. This event was held by Cherokee Federal to connect families with resources.	600	5/8/2025
Hagginwood Community Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	7	5/8/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County.	5000	5/8/2025
Nutrition Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	22	5/8/2025
Mexican Consulate Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	95	5/8/2025
Presentation at Parent Mental Health Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth, Spanish-speaking and Arabic-speaking community members in Sacramento County. Shared information about Pacific Clinics and Mental Health awareness with families of elementary schoolers. Parents primarily spoke Arabic and Spanish, so translation was provided.	10	5/8/2025
Sunshine Food Pantry (95632)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	5/8/2025
BCLC Liberty Towers Event (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	35	5/8/2025
Mercy Housing Health and Resource Fair (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	5/8/2025
Parenting with Purpose: Raising Resillient Drug- Proof Kids - FCUSD Parent Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Collaborated with culturally diverse parents of teens.	21	5/8/2025
Rosemont Community Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Annual event hosted by Rosemont Community Association sharing local resources and services.	15	5/8/2025

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Afghan Support Center Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Afghan and Farsi-speaking community members in Sacramento County. This event was held by Cherokee Federal to connect families with resources.	750	5/7/2025
Lunch Bunch (95818) - Leataata Floyd & MidTown Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	5/7/2025
Color the Block - Fortune Fair (95757)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	5/7/2025
EXLP Chopped Challenge (95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	250	5/7/2025
Toby Johnson Middle School - Ice Cream Social and Wellness Fair (95757)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	5/7/2025
Myth or Fact -Hiram Johnson High School Iu Mien Lunch Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Iu Mien community members in Sacramento County. Connected to Hiram Johnson Iu Mien Group.	19	5/7/2025
Afghan Support Center Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Afghan and Farsi-speaking community members in Sacramento County. This event was held by Cherokee Federal to connect families with resources.	650	5/6/2025
Afghan Support Center Community Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. This week long event and resource fair provides support and resources for Afghan Refugees.	35	5/6/2025
Afghan Support Center Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Afghan and Farsi-speaking community members in Sacramento County. This event was held by Cherokee Federal to connect families with resources.	700	5/5/2025
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	50	5/5/2025
Guardian Scholar Graduation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County, focusing on former foster youth students.	70	5/5/2025
Excelsior Market Wellness Festival w/ Color the Block (95829)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	5/4/2025
Excelsior Night Market	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. This vibrant community event brings together local artists, entrepreneurs, and families for a day filled with culture, creativity, and connection.	50	5/4/2025
Asian Resource, Inc. 50 Years Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	200	5/3/2025
Spring Into Wellness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African American community members in Sacramento County. A Queer and Trans Bipoc Health and Wellness Fair.	150	5/3/2025
NAMI Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Families and children, Communty organizations	213	5/3/2025
NAMI Walks 2025 (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	500	5/3/2025
Community Baby Shower Resource Fair (95821)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	250	5/3/2025

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NAMI Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	213	5/3/2025
NAMI Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Collaborated with NAMI to host a resource table at NAMI Walks Sacramento	100	5/3/2025
NAMI Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Participated in the 2025 NAMI mental health walk to share about culturally relevant services available for youth.	800	5/3/2025
2025 NAMIWalk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	400	5/3/2025
NAMI Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	5/3/2025
Wellness Day Umoja International Academy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. UMOJA- TAY students and families	133	5/2/2025
Sierra Sac Valley Medical Society	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	2	5/2/2025
Wellspace Health - Multidisciplinary Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	30	5/2/2025
Wellness Day Umoja International Academy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	133	5/2/2025
Allcove Consortium	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County, specifically focusing on black youth and families.	8	5/2/2025
Asian Resource, Inc. AAPI Heritage+Mental Health Awareness Month	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	250	5/1/2025
Super Sunday	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African American community members in Sacramento County. Presented services of the African American Suicide Prevention Project to congregation.	50	5/1/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County. This episode focused on parenting and mental health.	5000	5/1/2025
Girl Scouts Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	9	5/1/2025
Mexican Consulate Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	95	5/1/2025
Resource Fair at William Land Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	5/1/2025
NAMI Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	5/1/2025
South Asian, Southwest Asian, and North African (SSWANA) event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking, Farsi-speaking and Afghan community members in Sacramento County. This event took place at American River College.	150	4/30/2025

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Radio program "Immigrant Life" from SAC - Ethno FM 87.7FM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County. This episode incouded an interview with Slavic Assistance Center executive director about their SCC program.	5000	4/30/2025
Senior Info Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	100	4/30/2025
David Reese Lunch Buddies (95828)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	4/30/2025
Community Incubation League	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	4/30/2025
WeForce Inc. (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	7	4/30/2025
SUYU Open House and Resource Fair (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	4/30/2025
Senior Info Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Participated as a vendor at the Neil Orchard Senior Activity Center in Rancho Cordova sharing	40	4/30/2025
Myth or Fact - Youth Group Avenue Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Outreached to Youth Group at Avenue Church.	18	4/30/2025
Preventing Teen Alcohol & Marijuana Use: Theory & Strategies - CSUS AOD Prevention Class	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Collaborated with CSUS Public Health Dept. 'Alcohol & Other Drug' class to share behavioral health resources to college attendees.	32	4/30/2025
Telecare Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	4/29/2025
BrightLife Kids Collaboration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	10	4/29/2025
Valley High School Tech Health Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	500	4/28/2025
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	4/28/2025
Preventing Teen Alcohol & Marijuana Use: Theory & Strategies - CSUS AOD Prevention Class	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Collaborated with CSUS Public Health Dept. 'Alcohol & Other Drug' class to share behavioral health resources to college attendees.	26	4/28/2025
Arab Heritage Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	1000	4/27/2025
Paul Hom Asian Clinic Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	350	4/27/2025
Wellness Month Kick Off at First Baptist Tabernacle (95818)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	70	4/27/2025
Reaching Out Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County. Bethany Presbyterian Church organized this monthly event distributing food, clothing, books, toys, and resources to the community.	70	4/26/2025

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Kid's Day in the Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Families and children, Communty organizations	50	4/26/2025
Kid's Day at the Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Tabled at Kid's Day at the Park, a free event for community members to learn more about resources available to them. Shared information about Pacific Clinics and services available.	700	4/26/2025
Kids Day At the Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	2,000	4/26/2025
Spring into Wellness Family Fun Day - Alison Elementary (95660)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	4/26/2025
Kid's Day in the Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	4/26/2025
Kids Day in the Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	4/26/2025
Reaching Out Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Participated as a vendor hosted by the Presbyterian Church.	40	4/26/2025
Kid's Day in the Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Community Event	5,000	4/26/2025
Baby Block Party (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	4/25/2025
Mexican Consulate	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Spanish-speaking community members in Sacramento County. Informational Resource Fair. Tabled with program activites, events and services offered.	30	4/25/2025
Resources for Independent Living	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Resource Fair for Seniors/Disabled population.	85	4/25/2025
Dia Del Nino	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	538	4/24/2025
Mexican Consulate Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	4/24/2025
Wellness Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	4/24/2025
Asian Pacific Islander Community Center Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	4	4/24/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County.	5000	4/24/2025
Family Night	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County.	123	4/24/2025
Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	20	4/24/2025

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Urban Village The Crossings at Wyndham	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Affordable Housing community and resident families	10	4/24/2025
Open House/Wellness Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Tabled at a wellness fair for students and community members highlighting community resources and awareness of mental health services.	50	4/24/2025
Sunshine Food Pantry (95632)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	4/24/2025
Movement For Life (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	25	4/24/2025
Greer SJUSD CARE Fair (95825, 95864)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	4/24/2025
Woodridge Elem. Open House & Wellness fair (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	250	4/24/2025
Urban Village The Crossings at Wyndham	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	10	4/24/2025
Resource Fair @ The Crossing at Wyndham	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Meet & Greet introduction to the local Older Adult residents at the apartment complex.	10	4/24/2025
Highlands Community Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Table at Highlands Charter School Rancho Cordova with table offering resources	200	4/23/2025
Molina Healthcare One Stop Grand Opening	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Community organizations and Molina	30	4/23/2025
Resource Fair for APS	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Collaborated with Adult Protective Services social workers to distribute resources to improve access, knowledge and awareness of behavioral health services, to APS clients.	45	4/23/2025
Lunch Bunch (95818) - Leataata Floyd & MidTown Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	4/23/2025
Molina Healthcare One Stop Grand Opening	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	30	4/23/2025
United Families, Safe Families - Hispanic/Latino Opioid Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Spanish-speaking community members in Sacramento County. Collaborated with TRUSD to share behavioral health resources and also "Opioids & Fentanyl: Drug Proof Your Youth and Myth or Fact: The Truth About Drugs with a translation.	25	4/23/2025
Sac State Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	23	4/22/2025
Howe Park - Resource Table (95825)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	10	4/22/2025
Skyscraper Comics - Tournament (95833)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	30	4/22/2025
Sacramento Job Corps Wellness Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Partnered with Sacramento Job Corps to share behavioral health resources and relevant drug prevention facts to Job Corps Students.	75	4/22/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Spring Egg Stravaganza	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	4/22/2025
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	4/21/2025
Wong Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Presentation to staff.	2	4/21/2025
Galt Homeless camp Off I-5	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	25	4/21/2025
Minority Health Month Wellness Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	65	4/19/2025
Minority Mental Health Wellness Fair (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	200	4/19/2025
Easter Outreach - Elevate Life Church (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	4/19/2025
Valley High School Health Tech Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	600	4/18/2025
InterRadio iBratTV Interview	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County. This episode included an interview with a Ukrainian pastor about mental health.	3000	4/18/2025
World Relief Collaboration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	50	4/17/2025
Sac County Public Health Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	60	4/17/2025
Pacific Housing - Resource Table (95757)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	4/17/2025
World Relief Collaboration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	50	4/16/2025
David Reese Lunch Buddies (95828)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	4/16/2025
World Relief Collaboration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	100	4/15/2025
Howe Park - Resource Table (95825)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	4/15/2025
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	45	4/14/2025
Harper Medical Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Meet & Greet introduction to Older Adults that were formerly incarcerated.	15	4/14/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Solidarity Saturday	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Provided food, resources, hygiene products and clothes to unhoused TAY and community.	70	4/12/2025
Missionary Gospel Ukrainian Church Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County.	24	4/12/2025
Church of the Nazarene Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	200	4/12/2025
Project Church Food Distribution (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	4/12/2025
Norwood Jr High Center Stage Event (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	250	4/12/2025
Temple Park Easter Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Participated as a vendor hosted by the Church of the Nazarene to the Community.	30	4/12/2025
PrEP for the Club	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. The Center hosted the PrEP for the Club Event to promote sexual health, harm reduction and mental health services to folks 18+.	50	4/11/2025
Drug Proof your Youth - TRUSD	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Connected with parents of teens.	26	4/11/2025
Out of Darkness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	4/10/2025
Girl Scouts Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	10	4/10/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County. Radio interview with a school psychologist titled "Teens and Mental Health."	5000	4/10/2025
Network Café (95819)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	80	4/10/2025
Parents & Pasteries - Woodridge Elementary (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	35	4/10/2025
David Reese Stem Night (95828)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	70	4/10/2025
Sunshine Food Pantry (95632)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	4/10/2025
Marconi Academy Wellness Fair Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Tabled at a wellness fair for students and community members highlighting community resources and awareness of mental health services.	50	4/9/2025
Garden Valley Elementary Open House (95834)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	4/9/2025
LGBTQ Inclusivity, Visibility, and Empowerment Mental Health Conference	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. This conference was held by Mental Health of America California, to celebrate and amplify the groundbreaking advocacy work for LGBTQ+ mental health across California. Used this opportunity to network with different LGBTQ+ Centers	20	4/9/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Myth or Fact -Hiram Johnson High School Iu Mien Lunch Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Iu Mien community members in Sacramento County. Connected to Hiram Johnson Iu Mien Group.	24	4/9/2025
C.O.R.E. Marigold Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	8	4/8/2025
Mutual Housing @ LandPark Woods (95757)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	4/8/2025
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	4/7/2025
Annual Community Fair (95826)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	350	4/5/2025
PBS Community Event (95833)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	500	4/5/2025
Girl Scouts Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	8	4/4/2025
Garden Valley Student Support (95834)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15	4/4/2025
Orangevale Community Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Delivered SeniorLink Brochures and flyers to senior program staff.	30	4/4/2025
Mexican Consulate Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	75	4/3/2025
CORE Center Madison Ave. Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	7	4/3/2025
Katherine Johnson Middle School Eid Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking, Afghan and Farsi-speaking community members in Sacramento County.	50	4/3/2025
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County. Radio program titled "Refugee Mental Health."	5000	4/3/2025
Multicultural Community Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. The event included fire prevention blanket workshop, an art activity and a potluck.	50	4/3/2025
Drug Proof your Youth - El Santuario de Mariposas spanish translated workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Spanish-speaking community members in Sacramento County. Connected with Spanish-speaking parents of teens.	10	4/3/2025
Care Fest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	200	4/2/2025
Link To The Law Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	4/2/2025
Radio program "Immigrant Life" from SAC - Ethno FM 87.7FM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking / Slavic community members in Sacramento County. This episode incouded an interview with a psychoogist.	5000	4/2/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
SCC Care Fest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Provided mental health screenings to college students in underserved areas in Sacramento.	60	4/2/2025
SCC CareFest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	4/2/2025
Stonebridge Counseling Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	3	4/1/2025
SMUD Presentation (95817)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	30	4/1/2025
Talk that Talk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Spoke with TAY youth about resources, experiences and navigating current issues.	10	3/31/2025
SCUSD Parent Information Exchange	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	75	3/31/2025
The Bolt Gear Market	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center staff spoke and networked with multiple members of the local leather community such as Leather Pride and further solidifying ties with Golden Rule services.	40	3/30/2025
Cesar Chavez March & Community Event (95818)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and American Indian / Alaska Native / Indigenous community members in Sacramento County.	200	3/29/2025
Women & Girls Mental Health Summit (95829)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	3/29/2025
Sac Filipinx LGBTQIA - Spring into Wellness Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Staff attended and tabled at a BIPOC focused health fair to reach more BIPOC folks and inform them of the Center's resources including mental and sexual health.	80	3/29/2025
Sacramento Job Corps CRC (95832)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	3/28/2025
SCUSD CARE Presentation (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	30	3/28/2025
Trans Day of Visibility/South SaQ LGBTQ+ Resource Fair (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	75	3/28/2025
Caroline Wenzel Family Night (95831)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	30	3/27/2025
Lunch Bunch (95818) - Leataata Floyd & MidTown Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	3/26/2025
Latino Speaker Panel: Cross Cultural Course	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Spanish-speaking community members in Sacramento County. Guest speaker on the Latino Speaker Panel for Spring Semester Cross- Cultural Course at Jessup University.	35	3/26/2025
CORE Center Howe Ave. Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	7	3/25/2025
Nicholas Family Night (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	3/25/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Suy:U Family Night (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	3/25/2025
Myth or Fact- East Bay Asian Youth Center Club: Luther Burbank After School Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Connected with East Bay Asian Youth Center Club at Luther Burbank after school program.	24	3/25/2025
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	3/24/2025
Myth or Fact - Rosa Parks School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Outreached to culturally diverse students at Rosa Parks High School.	148	3/24/2025
Student Wellness Collaborative	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American and Spanish-speaking community members in Sacramento County, specifically with black and Hispanic students.	67	3/23/2025
36th Annual Sweet Potato Festival (95832)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	400	3/22/2025
Werq Your Wellness Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. The Center hosted a health fair during the midtown farmers market, welcoming the general public to learn about the Center's resources including a variety of organizations tabling. The Mental Health team also provided workshops focused on mental health (Self-care, mental	250	3/22/2025
VA Service Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Spanish-speaking community members in Sacramento County. Emailed and mailed SeniorLink Brochure and Flyer. (English/Spanish)	20	3/21/2025
Sacramento Library (Downtown)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Spanish-speaking community members in Sacramento County. Emailed and mailed SeniorLink Brochure and Flyer. (English/Spanish)	20	3/21/2025
Sacramento County Departmnt of Human Services	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Spanish-speaking community members in Sacramento County. Emailed and mailed SeniorLink Brochure and Flyer (English/Spanish)	20	3/21/2025
Mercy Housing - Healthy Families, Health Futures, Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Table for event for folkis in the Land Park Woods Apartments in Sacramento	100	3/20/2025
Mercy Housing - Land Park Woods (95818)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	80	3/20/2025
John Cabrillo Family Night (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	3/20/2025
Robertson Family Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Spanish-speaking community members in Sacramento County. Emailed and mailed SeniorLink Brochure and Flyer. (English/Spanish)	20	3/20/2025
Myth or Fact - East Bay Asian Youth Center Club : Grant Union High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Connected with East Bay Asian Youth Center Club at Grant Union High School.	19	3/20/2025
Department of Human Assistance	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Provided a training to CalWORKS Clinical Team regarding the Options Transitional program to bring awareness about our program to the staff that works with potential clients for the program.	101	3/19/2025
Drug Proof Your Youth (Spanish Translation) - District Migrant Parent meeting Walnut Grove Elementary	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Spanish-speaking community members in Sacramento County. Collaborated with group of Spanish speaking parents of teens.	14	3/19/2025
Hollywood Park Family Night (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	3/18/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
John Sloat Family Night (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	3/18/2025
LGBTQ+ ALLY Training	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Partnered with The Trevor Project for an LGBTQ+ youth support trainings for youth providers.	45	3/18/2025
Sacramento Food Banks	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Emailed and mailed SeniorLink Brochure and Flyer for each Bank to distribute in food boxes	200	3/18/2025
Myth or Fact- East Bay Asian Youth Center Club: Hiram Johnson	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Connected with East Bay Asian Youth Center Club to share knowledge on behavioral health resource information.	19	3/18/2025
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	3/17/2025
Age & Disability Inaugural Action Plan	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Participated as a vendor hosted at Sac State by Sacramento County to support Older Adults, people with disabilities, and their caregivers.	300	3/17/2025
CSU, Sacramento: Age & Disability Friendly Action Plan Launch Conference	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Vendor table for SeniorLink with information about program.	300	3/17/2025
Mental Health Night at Sacramento Kings Game	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. In collaboration with SacBHS, promoted 988/CWRT services to community members attending the Kings Game and provided information regarding all BACS programs.	85	3/17/2025
North Natomas Kite Festival (95835)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	250	3/15/2025
Child Action Parent Support Group (95670)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	75	3/15/2025
Arcade Library Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	4	3/13/2025
Street Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	10	3/13/2025
James Rutter Parent & Staff Presentation (95828)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	35	3/13/2025
Lunch Bunch (95818) - Leataata Floyd & MidTown Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	3/12/2025
Presentation: Childhood Poisoning Prevention Coalition	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15	3/12/2025
Fern Bacon Open House (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	3/12/2025
Street Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15	3/11/2025
Hawks Care Center Disability Support	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Provided behavioral health resources to college school students in underserved areas in Sacramento.	35	3/11/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
World Relief Collaboration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	10	3/11/2025
Hawks Care Fest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Networked at a college with other social workers and provided knowledge of the Center's resources to students, faculty, and staff.	30	3/11/2025
CareFest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	3/11/2025
Respite Kids Day Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American and American Indian / Alaska Native / Indigenous community members in Sacramento County.	37	3/9/2025
Solidarity Saturday	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	60	3/8/2025
SCC Provider Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on , Russian-speaking / Slavic, Youth and Transition Age Youth, Iu Mien, Afghan, Arabic-speaking and Farsi-speaking community members in Sacramento County.	50	3/8/2025
Project Church Food Distribution (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	3/8/2025
City of Sac Youth Resource & Employment Fair (95814)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	250	3/8/2025
Natomas Unified LGBTQIA+ Student Conference	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Staff tabled at the Natomas Unified LGBTQIA+ Student Conference to connect LGBTQ+ youth to the Center's youth programs and mental health services.	75	3/8/2025
SCC Resources Provider Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Iu Mien community members in Sacramento County. As a nonprofit organization supported the host, Iu Mien Community by presenting written information including services offered by LAFCC Older Adult Program.	100	3/8/2025
Las Palmas Parent Presentation (95828)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	45	3/6/2025
EGUSD's LGBTQ+ Youth Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Staff tabled at the EGUSD LGBTQ+ Youth Summit to connect LGBTQ+ youth to the Center's youth programs and mental health services.	68	3/6/2025
MultiCultureal Community Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Hmong-speaking community members in Sacramento County. Meet & Greet with Hmong Older Adult Group at SeniorLink.	35	3/6/2025
El Hogar - SeniorLink	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Hmong-speaking community members in Sacramento County. La Familia staff presented their services to SeniorLink's Hmong speaking group.	40	3/6/2025
Dameron Hospital- Substance use	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	13	3/6/2025
Sunburst Projects Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	6	3/4/2025
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	3/3/2025
Youth Rise Summit Career Fair (Cordova High School 95670)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	3/1/2025

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Sac Mardi Gras! (95814)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	200	3/1/2025
Deaf, Strong & Healthy - Deaf & Hard of Hearing Opioid Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Collaborated with the Deaf & Hard of Hearing Community to share behavioral health resources and also "Opioids & Fentanyl: Drug Proof Your Youth and Myth or Fact: The Truth About Drugs" with live translation.	103	3/1/2025
MTHS Black History Month Community Extravaganza (95624)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	60	2/28/2025
Black Family Night (Luther Burbank High School 95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	10	2/28/2025
Sac Youth Night	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Collaborated with Sac LGBTQ Center, focusing on LGBTQ youth and families.	86	2/28/2025
Network Café (95819)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	80	2/27/2025
Connections Café (95670)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	35	2/27/2025
Health and Wellness Resource Fair (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	2/27/2025
Senior Living Apartments	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Verandas Senior Apartments, meet & greet session with residents.	1	2/27/2025
Lunch Bunch (95818) - Leataata Floyd & MidTown Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	2/26/2025
Mercy Housing - Kennedy Estates Health Fair (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	80	2/26/2025
Myth or Fact - Hiram Johnson Iu Mien Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Iu Mien community members in Sacramento County. Connected to Hiram Johnson Iu Mien Group to share knowledge on behavioral health resource information.	21	2/26/2025
Presentation at SMUD	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center staff presented to Smud's staff to share the Center's resources and inform them of methods to build an affirming space for LGBTQ+ folks.	8	2/25/2025
Warmline Family Resource Center (95827)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	30	2/24/2025
Family Fun and Playfest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Tabled at Family Fun and Playfest, a free event for community members to learn more about resources available to them. Shared information about Pacific Clinics and services available.	300	2/22/2025
35th Annual 100 Black Men of Sacramento Youth Conference	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	2/22/2025
Path to Positivity - Wackford Community Center (95758)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	80	2/22/2025
SCOE Early Learning Family Engagement Event (95827)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	2/22/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Reaching Out Resource Fair.	90	2/22/2025
Senior Mobile Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Capital Estates Mobile Home for all ages.	5	2/21/2025
Sac Family Connect	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	60	2/20/2025
Sacramento Charter High School Resource Fair (95817)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	75	2/20/2025
John Cabrillo Elementary (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	25	2/20/2025
Self-Care Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. The Center hosted the Self-Care fair to provide LGBTQ+ of all ages self-care tips and mental health resources.	23	2/20/2025
Adult Space	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Meet & Greet introduction to Older Adults at the Valley Hi North Laguna Library.	20	2/20/2025
Myth of Fact - NP3 High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Connected to culturally diverse students at NP3 High School.	14	2/20/2025
Bay Area Community Services (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	7	2/19/2025
Aspire Public Schools Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	20	2/19/2025
Mental Health & Community Resources for Students and Families (Edward Harris Middle School - 95624)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	90	2/19/2025
La Familia Community Resource presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County. Center presented at the La Familiaat an Older Adults support group; connecting them to health resources including mental and sexual health. Additionally used this as an opportunity to promote pride and Club55.	15	2/19/2025
Meadowview Navigation Womans Shelter	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center staff tabled at the Women's Shelter to promote mental health, housing, and employment resources. The sexual health team also provided HIV testing.	42	2/19/2025
Community Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	10	2/18/2025
LGBT Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Provided behavioral health resources in underserved area in Sacramento to LGBT community.	13	2/18/2025
Community Connect Night - Toby Johnson Middle School (95757)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	2/18/2025
SJUSD Refugee Paperwork and Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	50	2/15/2025
Citrus Heights Collaborative (95621)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	35	2/14/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
BrightLife Kids Collaboration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	7	2/14/2025
Senior Art	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Collaborated and participated with Older Adults at weekly Art Special Event.	23	2/14/2025
Valentine Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	75	2/14/2025
Liberty Towers MDT (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	20	2/13/2025
ExerciseWorkshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Chair Yoga, low impact exercise for Older Adults at St. Robert Parish.	33	2/13/2025
Myth of Fact - NP3 High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Connected to culturally diverse students at NP3 High School.	18	2/13/2025
Student Voices (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	2/12/2025
Lunch Bunch (95818) - Leataata Floyd & MidTown Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	50	2/12/2025
SMUD Community Lobby Days	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center staff collaborated with SMUD to provide mental and sexual health resources to the general public at their event.	22	2/12/2025
Community Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	8	2/11/2025
Rosa Parks Elementary Staff Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	10	2/11/2025
End Child Poverty meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Attended meeting to address child poverty and related socioeconomic factors.	28	2/11/2025
Individual presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	1	2/9/2025
Solidarity Saturday	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	80	2/8/2025
Project Church Food Distribution (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	2/8/2025
Sacramento Kings Pride Night	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center staff tabled at the Kings Game highlighting Pride Night and sharing mental and sexual health resources to the general public at the event.	150	2/8/2025
Community Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	7	2/7/2025
Wellspace Health - Multidisciplinary Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	2/7/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
CSUS - Site Fair & Symposium	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	2/7/2025
Gateway Community Charters School Summit (95652)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	2/6/2025
Oak Park Neighborhood Association (95817)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	100	2/6/2025
LGBTQ+ Care Training	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Partnered with The Trevor Project for an LGBTQ+ Suicide Awareness and Prevention trainings for youth providers.	220	2/6/2025
Men's Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Spanish-speaking community members in Sacramento County. Spanish.	7	2/6/2025
Myth of Fact- NP3 High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Connected to culturally diverse students at NP3 High School.	26	2/6/2025
GCC Community School Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American and Spanish-speaking community members in Sacramento County.	88	2/6/2025
Meet and Greet	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	2/5/2025
EGUSD Regional Open house (95828)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	2/5/2025
Always Knocking/Gang Awareness Prevention Program (95823/95828)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	6	2/4/2025
La Familia Neighborhood Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Spanish-speaking community members in Sacramento County. Presentation and informational table to provide overview of SeniorLink program and its services to the older adult population that attends the Center's senior program.	8	2/4/2025
Lobby Day Event - SMUD (95817)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	100	2/3/2025
Elevating Youth Voice Subcomittee	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Attended meeting to address structural racism in the mental health system.	18	2/3/2025
SCOE Behavioral Health Staff Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	20	1/31/2025
MidTown Church Event at Leataata Floyd Elementary School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	5	1/31/2025
CBO/FIT Provider Convening	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	35	1/30/2025
Fortune School Resource Fair (95757)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	1/30/2025
CBO/FIT Provider Convening	Collaborated with stakeholders and distributed resources to improve access, knowledge and awareness of behavioral health services, focusing on black and Hispanic youth and families in South Sacramento.	91	1/30/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Commission on the status of Women & Girls Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Table for event highlighting nonprofits dedicated to helping women	150	1/29/2025
Myth or Fact - Hiram Johnson Iu Mien Lunch Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Iu Mien community members in Sacramento County. Connected to Hiram Johnson Iu Mien Group to share knowledge on behavioral health resource information.	21	1/29/2025
SUY:U Family Game Night	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	1/28/2025
Parent Information Exchange (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	1/27/2025
Open House Mixer, Black Chamber of Commerce	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Black / African-American community members in Sacramento County.	100	1/27/2025
Chabolla Community Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Presentation and informational table to provide overview of SeniorLink program and its services to the older adult population that attends the Center's senior program.	20	1/27/2025
Park Place Senior Apartments	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Presentation: provide information about SeniorLink program to senior residents	7	1/27/2025
Grower's Alliance Fellowship Day & Wellness Fair (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	25	1/26/2025
Respite Kids Day Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American and American Indian / Alaska Native / Indigenous community members in Sacramento County.	38	1/26/2025
Keep Families Safe from Traficking Symposium (95630)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	70	1/25/2025
Annual Plant Celebration & Resource Fair (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	1/25/2025
Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Reaching Out Resource Fair.	50	1/25/2025
Monterey Trails High school Open House Showcase	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	1/23/2025
John Cabrillo Family Night (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	60	1/23/2025
North Highlands Recreational Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Presentation: provide information about SeniorLink program to senior residents	17	1/23/2025
Grant Union HS - Call to Action Day - Martin Luther King Jr. March & Resource Fair (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	1/20/2025
March for the Dream (95822, 95818)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	300	1/20/2025
Oak Park Networking	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	1/16/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Know Your Rights	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County. Held at Ethel Philips Elementary School.	35	1/16/2025
Stockton Safe Stay Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Provided resources such as hygiene kits and provided resources to behavioral health services to unhoused individuals.	30	1/15/2025
Know Your Rights	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County. Fern Bacon Elementary School.	10	1/15/2025
Building Industry Association	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	7	1/14/2025
Individual presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	1	1/13/2025
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	1/13/2025
Delta Shores Winter Wonderland (95832)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	500	1/11/2025
Sisters of Nia	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	25	1/11/2025
Wellspace Health - Multidisciplinary Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	1/10/2025
Allcove Consortium	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth in Sacramento County, focusing on Black / African-American youth and families.	9	1/10/2025
Point Pleasant United Methodist Church (95757)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	5	1/9/2025
California Montessori Project (95624)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	5	1/9/2025
YAC General Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth in Sacramento County, specifically foster youth and homeless youth.	20	1/9/2025
CCCS Service Inquiry Support	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County. Meeting with school staff and community members to overcome barriers to accessing services for Spanish Speaking families on campus.	12	1/8/2025
Folsom High School GSA Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. The Center presented to LGBTQ+ students at the Folsom high School GSA Club's meeting about youth services and resources regarding mental health.	13	1/8/2025
Uber Health	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	1/7/2025
Meeting with county MH staff	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Information meeting with Sacramento county mental health team on trauma and psychosis and impacts on system involved youth and TAMI project	4	1/6/2025
Drug Proof Your Youth - TRUSD Parent Workshop Zoom	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Collaborated with cultrually diverse parents of teens to share knowledge on behavioral health resource information.	13	1/6/2025

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
CDCR Sac Metro Parole Office	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	1/2/2025
Takin it to the Streetz - Christmas Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	250	12/21/2024
Roberts Family Development Center - Wellness Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	150	12/21/2024
Oak Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Oak Park Community Center, Oak Park collaborating and participating in their Christmas celebration with Older Adults.	30	12/20/2024
Family Night/Winter Program John Cabrillo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	12/19/2024
Chamber Alliance Outreach Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American ande Spanish-speaking community members in Sacramento County. Attended Sacramento Black Chamber of Commerce, Rainbow Chamber of Commerce and Latinx Chamber of Commerce joint holiday mixer to share about Wonder Program and highlight need for diverse mentor recruitment.	120	12/19/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	12/18/2024
Dignity Health/CORE Winter Community Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. DH grant community event for CORE Members and community	50	12/18/2024
Fern Bacon Middle School - Holiday Cookie Decorating (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	12/17/2024
SCUSD Holiday Mixer (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	12/17/2024
Midtown Church Event at Leataata Floyd Elementary School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	12/17/2024
Drug Proof Your Youth - FCUSD Virtual Parent Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Collaborated with Folsom Cordova Unified School District Health & Wellness Department -Tobacco Prevention program.	16	12/17/2024
Color the Block - Coat & Toy Distribution (95864)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	250	12/14/2024
Elevate Life - Toy Distribution (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	12/14/2024
July Forward - Annual Holiday Celebration (95811)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	75	12/13/2024
Gingerbread Bash - Liberty Towers (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	250	12/13/2024
Bulldog Café - Fern Bacon Middle School (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	30	12/11/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	12/11/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
SAVA Winter Resource Fair (95820)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	12/11/2024
Rainbow Chamber Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Attended the Sacramento LGBTQ+ Chambers of Commerce mixer to share about Wonder mentor and the need for diverse mentors.	100	12/11/2024
Individual presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	3	12/10/2024
Roberts Family Development Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	20	12/10/2024
Parent Resource Pop Up - Leataata Floyd Elementary (96818)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	30	12/10/2024
SAVA Winter Resource Fair (95834)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	12/10/2024
District 8 Meadowview Farmers Market	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	12/8/2024
Wellspace Health - Multidisciplinary Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	12/6/2024
Empowerment and Sexual Health Education Summit in PrEP for Change	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Sacramento Prevention Collaboration hosted a Provider Symposium for health providers to learn about PrEP to be able to better prescribe it to their patients. This event was in person and virtual as well.	82	12/6/2024
HeartLand Holiday Gift Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	20	12/5/2024
ILP Advisory Committee (95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	75	12/5/2024
Victor Youth Services (Yolo and Placer Counties)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	5	12/5/2024
Sac LGBT and La Familia: Tamales Cooking Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County. Mental Health Workshop in collaboration with La familia to support older adults 55+. This workshop consists of learning to make tamales, relating that back to building community, and improving one's mental health.	20	12/5/2024
Presentation to Sac Juvenile Probation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	5	12/4/2024
HeartLand Holiday Gift Program - Building Industry Association	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	200	12/4/2024
Sac LGBTQ Center (95811)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	7	12/3/2024
La Familia community resource presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County. The Center presented to the Latino+ senior support group at La Familia to share Sacramento LGBT Center's mental and sexual health programs.	57	12/3/2024
Sacramento Together Task Force	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth in Sacramento County, specifically on exploited youth.	10	12/3/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
World AIDS Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. The Center hosted an event to celebrate the progress made towards prevention and treatment since the Aids crisis. Staff also provided mental health resources at this event. Most attendees were older adults.	34	12/1/2024
Chosen Family Feast	awareness about available services, focusing on diverse community members in Sacramento County. Food was served from 11am to 2pm.LGBTQ+ families and friends could dine inside the Center's community room, with service provided by volunteers or they can choose to take their food to go. There were 116 members who chose to dine in and 49 who chose the to go option. Inside the dining room, long dining tables to encourage folks to engage with another or play	200	11/28/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	11/27/2024
Roberts Family Development Center MDT (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	25	11/26/2024
Anthem Blue Cross Medi-cal/HeartLand Collaborative	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	11/26/2024
Prevention Teen Alcohol and Marijuana Use: Theory & Strategies - CSUS AOD	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Collaborated with Public Health Dept. 'Alcohol & Other Drug' class to share behavioral health resources to college attendees.	25	11/26/2024
Oak Park Neighborhood Association, monthly meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	30	11/24/2024
Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	2	11/24/2024
HeartLand Fall Resource Festival (95838, 95820, 95832, 95624, 95817,	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	175	11/23/2024
Transgender Celebration Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Center hosted a Transgender Celebration Day to an audience of Transgender youth. Gender affirming products and resources were distributed.	17	11/23/2024
Thanksgiving Giveback	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Collaborated with the Homeless Shelter. Provided Mental Health resources and food to critically unhoused populations and had Case Management on site to provide support, as needed.	100	11/22/2024
REDA Health & Wellness Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County. Partnered with REDA with Farsi and Arabic translation.	75	11/22/2024
Sac Family Connect Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	11/21/2024
John Cabrillo Family Night (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	75	11/21/2024
Pride Resource Fair- Sierra College	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Center staff attended the Pride Resource Fair at Sierra college to provide LGBTQ+ college students about the Center's resources regarding recovery groups, harm reduction, sexual health, and mental health services.	50	11/21/2024
Prevention Teen Alcohol and Marijuana Use: Theory & Strategies - CSUS AOD	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Collaborated with Public Health Dept. 'Alcohol & Other Drug' class to share behavioral health resources to college attendees.The risk & protective factor theory, why & how drug prevention works, stats on current youth drug use, effective drug	38	11/21/2024
Rosa Parks Middle School MH Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	11/20/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	11/20/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Lao Family Community Development	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	10	11/20/2024
Latino Speaker Panel : Cross Cultural Course	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Spanish-speaking community members in Sacramento County. Outreached to the Jessup Univeristy Cross Cultural Course to speak on the Latino Panel.	15	11/20/2024
Leataata Floyd Elementary School (95818)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	8	11/19/2024
Sac Children's Home Crisis Nursery	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	7	11/18/2024
California Black Women Health Project	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	11/16/2024
Community Climate Action Day (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	500	11/16/2024
Allcove Consortium	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County, focusing on black youth and families.	8	11/15/2024
Liberty Towers MDT (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	20	11/14/2024
Rising Star PreSchool (95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	5	11/14/2024
Las Palmas Collaboration (95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	10	11/14/2024
Sac State Harm Reduction Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Center staff attended the Sac State Harm Reduction Resource fair to provide college students about the Center's resources regarding recovery groups, harm reduction, sexual health, and mental health services.	15	11/14/2024
CCCS Care Fair (95652, 95660, 95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	11/13/2024
Community Collaborative Charter School (CCCS) Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Center staff tabled for the Community Collaborative Charter School Fair to promote to students and staff about youth programs and activities such as Therapy, QSpot, QSpace, and Queer Peer. Educators were also provided resources at the school	12	11/13/2024
Luther Burbank High School Career Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Center staff attended the Luther Burbank High School Career day to promote to students about the mental health and employment services at the Center.	60	11/13/2024
Guardian Scholar Bridge Conference	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth in Sacramento County, focusing on former foster youth students.	55	11/13/2024
Rainbow Mini Park Resource Fair & Book Giveaway (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	75	11/10/2024
Level UP Youth Mental Health Conference (95829)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	11/9/2024
Liberty Towers Fall Bash (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	11/9/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Liberty Towers Fall Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	400	11/9/2024
Starr King Elementary Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	11/7/2024
Individual presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	1	11/7/2024
Neighborhood Wellness Center (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	5	11/7/2024
Luther Burbank (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	6	11/7/2024
Into the Classroom Podcast	Spoke on the "Into the Classroom" podcast to speak on behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County..	3	11/7/2024
Myth or Fact: Natomas HS - Spanish	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Spanish-speaking community members in Sacramento County. Communicated with Spanish speaking students from Natomas High School. Outreach was translated in spanish	15	11/5/2024
Center for Fathers and Families (95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	10	11/3/2024
North Sacramento Centennial Fair (95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	350	11/2/2024
Trunk or Treat at Sac Children's Museum (95670)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	400	10/31/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	75	10/30/2024
Fruitridge Collaborative Trunk or Treat (95820)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	10/30/2024
Dignity Health/CORE Fall Community Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. DH grant community event for CORE Members and community	25	10/30/2024
Leataata Floyd Elementary School (95818)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15	10/29/2024
Cannery Place Apartments	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Presentation: provide information about SeniorLink program to senior residents	5	10/29/2024
Myth of Fact - Pacific Career Tech High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Communicated with culturally diverse students at Pacific Career Tech High School.	49	10/29/2024
Parent Information Exchange (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	10/28/2024
Rio Cazadero High School Red Ribbon Week	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Passed out marijuana cards, displayed a graphic about the dangers of fentanyl, and disseminated prevention education.	26	10/28/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Cabrillo Park Literacy Fair (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	10/27/2024
Act on Kindness - Community Resource Fair (95652)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	10/27/2024
Run for Safe Haven (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	400	10/26/2024
EGUSD Fall Festival (95758, 95757, 956240)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	10/26/2024
Fatherhood Conference - Always Knocking (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	45	10/26/2024
Color the Block - Trunk or Treat (95828)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	10/25/2024
CASH Resource Fair & Trunk or Treat (95817)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	10/25/2024
Valley Hi Family Resource Center (95823) - Trunk or Treat	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	400	10/25/2024
John Cabrillo Elementary School (95822) - Trunk or Treat	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	10/25/2024
Fortune School Harvest Festival (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	10/25/2024
Folsom Cordova Partnership	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Participated in their Harvest Fesitval with a table and information about Saint John's	1,000	10/24/2024
WEAVE leadership	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	20	10/24/2024
Next Move - Trunk or Treat (95655)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	10/24/2024
MeadowBoo Halloween Event (95832)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	400	10/24/2024
Sacramento Charter High School (95817) - Trunk or Treat	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	10/24/2024
Individual presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	1	10/23/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	10/23/2024
Las Palmas Fall Festival (95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	10/23/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
AcademyStay	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	10/23/2024
Drug Proof Your Youth - TRUSD	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Collaborated with TRUSD's to culturally diverse parents.	37	10/23/2024
Collaborative Resource Roundtable	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth in Sacramento County, focusing on underserved youth and families.	10	10/23/2024
Cap Radio	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	45	10/22/2024
Myth or Fact - Hiram Johnson	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Connected to culturally diverse students at Hiram Johnson High School.	125	10/22/2024
Job Corps (95832)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	10/21/2024
Myth or Fact - Hiram Johnson	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Connected to culturally diverse students at Hiram Johnson High School.	201	10/21/2024
Healthy Sacramento Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	100	10/21/2024
Excelsior Market Harvest Festival, Color the Block (95829)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	10/20/2024
Pathways 2 Progress Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. The Pathways to Progress Fair is a collaborative effort of the Federal Defender's Office, Federal Probation, Federal Pre-Trial Services, and the U.S. Attorney's Office. The P2P fairs have an overall focus of providing reentry resources, education, and employment resources for those	40	10/20/2024
Antioch Progressive Baptist Church: Harvest Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American and Youth and Transition Age Youth community members in Sacramento County. Distributed resources related to prevening underage drinking and drug use to primarily the Black community connected with local faith-based organizations.	19	10/19/2024
Salvation Army Community Day (95817)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	10/19/2024
Healthy Community Day (95820)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	10/19/2024
National Latino AIDS Awareness Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County. Staff promoted health services and youth and family services that the Center provides to the primarily latino population that showed up. Bilingual Community Resources & Outreach Coordinator helped community members who only speak Spanish	50	10/19/2024
Your Health! A Fall Health Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County. The Center attended La familia's Health fair to promote mental health and community resources to the Latino population.	7	10/19/2024
Temple Ave Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	100	10/19/2024
Families Matter Conference at Arden Middle School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Passed out marijuana cards, displayed a graphic about the dangers of fentanyl, and disseminated prevention education.	43	10/19/2024
North County Elementary - Trunk Or Treat (95843)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	10/18/2024

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SNAHC Fall Gathering/Trunk Or Treat (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	350	10/18/2024
SNAHC Fall Gathering	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County. Family Fall Festival, supporting and connecting with our Native American community.	350	10/18/2024
The Growth Center/Women's Empowerment (95824, 95823, greater Sac)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	10	10/17/2024
CCCS Trunk Or Treat (95660)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	10/17/2024
Sac State Community Outreach Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	125	10/17/2024
ARC Basic Needs Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County; focusing on underserved, homeless, and impoverished youth.	122	10/17/2024
Individual presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	1	10/16/2024
Project Kingdom/All Nations Church (95817)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15	10/16/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	10/16/2024
Youth mental Health Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15	10/14/2024
Walk N Roll - Disability Resource Fair (95818)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	10/12/2024
Youth Empowerment Summit (Florin Square 95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	10/12/2024
Lao Family	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Domestic Violence Resource Fair networking with agencies that specialize in helping victims.	50	10/12/2024
Sacramento Public Library Team	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	10/11/2024
Wellspring Women's Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	15	10/11/2024
CCCS TK-8th grade (95652, 95660, 95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	10	10/11/2024
River District's Coming Out Day Celebration	awareness about available services, focusing on diverse community members in Sacramento County. Program Staff tabled at the River District's Coming out Day celebration to reach out to an audience of queer folks of all ages and families to inform them of the Center's programs, resources, and services including mental health, housing, sexual health, employment, advocacy, and more.	75	10/11/2024
Liberty Towers MDT (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	20	10/10/2024

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Sac State Pride Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Program Staff tabled at the Sac State Pride Resource Fair to reach out to an audience of college students to inform them of the Center's programs, resources, and services including mental health, housing, sexual health, employment,	30	10/10/2024
Black Mother's United - Mommy Mingle (95820, 95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	45	10/9/2024
Boys and Girls Club (95824, 95822, 95838, 95660, 95670, 95823, 95670, 95833, 95827, 95814)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	10	10/9/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	10/9/2024
Sac LGBT x American Association of Retired Persons: 6 Pillars of Brain Health Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. In collaboration with the American Association of Retired Persons, the Center hosted a mental health workshop called the 6 Pillars of Brain Health. This is aimed to support older adults 55+ with ways to cope with their mental health challenges.	15	10/9/2024
Rose Family Creative Empowerment Center (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	45	10/8/2024
Solvera (Sacramento Region Refugee Coalition)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	10/8/2024
South Sacramento Multicultural Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	500	10/5/2024
Rosemont Boosters - Fall Festival (95827)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	10/5/2024
UC Davis Mind Institute	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County. Supported conference Aprendiendo Junto.	150	10/5/2024
Wellspace Health - Multidisciplinary Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	30	10/4/2024
Valley Hi Family Resource Center (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	45	10/4/2024
Fall Literacy Festival (95608)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	10/4/2024
AFSP Out of the Darkness Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Clinic had resource table at Out of the darkness walk	150	10/4/2024
Dudley Elementary Fall Festival (95843)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	10/3/2024
Elevate Life Strengthening Families (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	10/3/2024
CCCS Parent Presentation (95652, 95660, 95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	45	10/3/2024
Embracing Equality	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	1	10/3/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sacramento County SMART Kick Off for SUPT Provider	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Presented about the agency's successful implementation of SMART (Self-Assessment Modification for Anti-Racisim Tool) to Sac County SUPT providers.	50	10/3/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	50	10/2/2024
Burbank High School Red Ribbon Week Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Passed out marijuana cards, discussed impacts of Fentanyl, and distributed Self-soothing pamphlets.	68	10/2/2024
OOTD Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	10/1/2024
EGUSD Family & Community Engagement (95758, 95757, 956240	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	20	9/30/2024
SCUSD Parent Information Exchange	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	9/30/2024
Sisters of Nia	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	10	9/30/2024
Clean Air & Wellness Celebration (95824)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	500	9/29/2024
Celebrate North Highlands (95652)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	1,500	9/28/2024
Youth Entrepreneur Faire/All Nations Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	500	9/28/2024
Rosemont Community Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	45	9/28/2024
The Growth Center/Women's Empowerment (95824, 95823, greater Sac)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	10	9/26/2024
Luther Burbank Back to School Night (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	9/26/2024
Luther Burbank: Back to School Night	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Center staff tabled for the Back to School Night at Luther Burbank High School, talking to students and staff about youth programs and activities such as Therapy, QSpot, QSpace, and Queer Peer. Educators were also provided resources at the school	34	9/26/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	9/25/2024
Rose Family Creative Empowerment Center (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	40	9/24/2024
Fentanyl Awareness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	8	9/24/2024
Sac Family Connect	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	5	9/23/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
First Baptist-Tabernacle Church (95818)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	150	9/22/2024
Rise Against Hate (95818)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	500	9/21/2024
Baby Block Party (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	300	9/20/2024
Elk Grove Senior Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Senior Resource Fair.	100	9/19/2024
Drug Proof Your Youth - Katherine Johnson Middle school	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Outreached to culturally diverse students at Katherine Johnson Middle School.	5	9/19/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	9/18/2024
Drug Proof Your Youth - Twin Rivers Unified School District (TRUSD)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Communicated with culturally diverse parents from Twin Rivers Unified School District.	7	9/18/2024
Multidisciplinary Outreach Event (95820)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	40	9/17/2024
Seat at the Table	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County, focusing on LGBTQ youth and families.	78	9/17/2024
Wackford Community Center (95758)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	12	9/16/2024
Bridging Initiatives (95841)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	10	9/16/2024
UC Davis	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	10	9/16/2024
CCCS Presentation (95652, 95660, 95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	10	9/16/2024
Calvary Christian Center – Homeless Shelter Q&A	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Informational Event for Community Amid Shelter Opening	50	9/16/2024
Elk Grove Multicultural Festival (95758, 95757, 95624)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	3,000	9/14/2024
Recovery Happens Placer County	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	9/14/2024
Stanford Senior Settlement	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. 29th Annual Senior Health & Information Fair.	50	9/13/2024
Sacramento Promise Zone (7 underserved wards)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	15	9/12/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Fern Bacon Middle School Back to School & Wellness Fair - 95823	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	9/12/2024
EGUSD Presentation & Collaborative Meeting (95624)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	12	9/11/2024
Union House Elementary School - 95823	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	12	9/11/2024
Abraham Lincoln Elementary School Open House and Wellness Fair - 95827	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	9/11/2024
Regency Place	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Senior Resource Fair.	30	9/11/2024
Strength in Speaking Out - Rosa Parks Middle School (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	9/10/2024
Multidisciplinary Outreach Event- Meadowview (95822, 95832)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	9/10/2024
Cal Middle School Open House and Wellness Fair (95818)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	9/10/2024
Rosa Parks Elementary: Teen Suicide Prevention & Awareness Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Teen Suicide Prevention Event	200	9/10/2024
Ulezi Health Fair Event (95817, 95820)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	9/7/2024
Z-VYBE - LCHC - Flourishing Futures (95816)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	9/7/2024
Allcove Consortium	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	9	9/6/2024
SMUD: Connecting Our Communities Expo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	9/5/2024
Café & Play - Liberty Towers Church (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15	9/4/2024
John Cabrillo Elementary School (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	9/4/2024
Care Solace	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Outreach planning meeting with 3rd party service promoting linkage of families in EGUSD to needed services.	5	9/4/2024
Recovery Happens	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Every September since 1992, SUD treatment providers gather to increase awareness and understanding of mental health and substance use disorders and celebrate the people who recover.	20	9/4/2024
Technosabios	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Spanish-speaking community members in Sacramento County.	6	9/4/2024

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SeniorActivityGrp	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	13	9/4/2024
Recovery Happens Sacramento County	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	800	9/4/2024
SeniorActivityGrp	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	76	9/3/2024
Rainbow Fest HIV Testing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. The Center's staff tended Rainbow Fest, an LGBTQ+ event in Lavender Heights to provide HIV testing in collaboration with Sac County and OneCommunityHealth. Staff also promoted the Center's mental and sexual health resources at this event.	55	9/1/2024
Elevate Life Bball Championship Community Celebration (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	8/31/2024
Back to School Resource Fair - Luther Burbank High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	75	8/30/2024
Liberty Towers - Food and Backpack Drive (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	8/28/2024
CARE Festival at American River College	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	125	8/28/2024
Lodi Memorial Hospital	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	2	8/27/2024
Sacramento Job Corps Back to School Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	300	8/27/2024
Grower's Alliance Fellowship Day & Wellness Fair (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	8/24/2024
Hope Community Back to School Party	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	8/24/2024
Diocese of Sacramento Hispanic/Latino Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County. Support provided in Spanish.	200	8/24/2024
South Sacramento Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	1,500	8/24/2024
A Place to Nurture @ Robertson Community Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. Senior Resource Fair and Dance event for older adults.	50	8/24/2024
Balance Dance Project	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	10	8/23/2024
Building Up 2024	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	100	8/22/2024
Dignity Health/CORE Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. DH grant community event for CORE Members and community	55	8/22/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Multidisciplinary Outreach Event (95820)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	25	8/20/2024
13th Annual Sacramento Banana Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	700	8/18/2024
Community Day - New Home Baptist Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	150	8/17/2024
Isdor Cohen Elementary	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	8/16/2024
Healing Heels	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	10	8/16/2024
Fentanyl Awareness & Action Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	450	8/15/2024
Sam Pannel Community Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Back to School resource fair and open house at the Meadowview Community Center	300	8/15/2024
Sac CO Fentanyl Awareness Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Clinic had resource table to improve access and knowledge of MAT services	100	8/15/2024
Sacramento County Fentanyl Awareness & Acton Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	700	8/15/2024
Lodi Memorial	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	17	8/15/2024
Earl Warren Elementary	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	8/14/2024
Multidisciplinary Outreach Event (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	100	8/14/2024
Rose Family Creative Empowerment Center (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	25	8/13/2024
MIXED Cosmetology Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American and Spanish-speaking community members in Sacramento County.	197	8/13/2024
Backyard Boogie	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	24	8/13/2024
CCCS Presentation (95652, 95660, 95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	5	8/12/2024
3Strands HIV Testing Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. This event is an HIV testing event targeted to unhoused and foster youth; Economic Justice/Employment; General Health & Wellness; Housing & Homelessness; Mental Health; Sexual Health & Harm Reduction; Substance Use Prevention &	36	8/12/2024
Praise in the Park Resource Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American and Youth and Transition Age Youth community members in Sacramento County. Distributed resources related to prevening underage drinking and drug use to primarily the Black community connected with local faith-based organizations.	101	8/11/2024

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2024 Praise in the Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County. Baptist Church Community celebration, resource table, informational literature, play activities, cultural connection, community connection, raffle prizes	250	8/11/2024
BCLC Kings & Queens Rise/Arden Arcade	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	200	8/10/2024
Tecoy Porter School Orientation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	8/10/2024
Individual presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	1	8/9/2024
HeartLand Open House	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. HeartLand South FIT Open House, resource table, informational literature, games, crafts, food, snacks, music, community outreach.	150	8/9/2024
Oasis City Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	2	8/8/2024
Multidisciplinary Outreach Event (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	10	8/8/2024
Sacramento LGBT Community Center Back to School Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	8/8/2024
South SaQ Back-to-School Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Center hosted a Back-to- School resource fair to an audience of youth and families. School supplies, clothing, and food were distributed. Community partners tabled providing additional resources. Hosted at the Marsha P. Johnson Center South	76	8/8/2024
Rose Family Creative Empowerment Center (95823)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	25	8/7/2024
Sacramento Native American Health Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	7	8/7/2024
Elk Grove Unified School District	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15	8/7/2024
National Night Out/Sunrise Pointe	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	8/6/2024
National Night Out/Arden Arcade	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	8/6/2024
National Night Out/Florin Road Partnership	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	8/6/2024
Church Outreach - Risk Management	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.		8/6/2024
Elk Grove Unified School District	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	45	8/6/2024
National Night Out	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	67	8/6/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Nations Finest veterans home	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	8/6/2024
Hmong Youth and Parents United	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Hmong community members in Sacramento County.	2	8/5/2024
Get Ready for Robla Back to School (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	250	8/3/2024
PS7 Back to School Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	8/3/2024
St.Hope/Sacramento Charter High School and Middle School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	8/3/2024
Sac Youth Center CORE Training Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. DH grant community event for SYC members	50	8/3/2024
United Way (95827)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	30	8/2/2024
Wellspace Health - Multidisciplinary Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	8/2/2024
Back2SchoolEvent	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Held at Oak Park Community Center.	1,000	8/2/2024
Back to School Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	200	8/2/2024
Summer Bash - CCCS/Sac Youth Center (95652, 95660, 95815)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	8/1/2024
Street Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Peer Support and Case Manager handed out hygiene packets and food to homless in our area	25	8/1/2024
Men's Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Spanish-speaking community members in Sacramento County. LAFCC weekly Men's group for Spanish speakers	6	8/1/2024
Technosabios	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and Spanish-speaking community members in Sacramento County.	10	8/1/2024
Iranian-American Cultural & Educational Center (IACEC)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Farsi-speaking community members in Sacramento County.	2	8/1/2024
PS7 (95820)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	7/31/2024
Disability Pride Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. The Center hosted the Disability Pride Resource Fair inviting 7 disability organizations from the Sacramento region including Resources for Independent Living, Agency on Aging, ACC Senior Services, Atlas California Regional Center, 211, Renter's Helpline, California State Council on	27	7/31/2024
Vientamese-American Community of Sacramento event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Vietnamese community members in Sacramento County.	2	7/31/2024

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Casa de Espanol	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	2	7/31/2024
Sacramento Charter High School (95817)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	7/30/2024
BCLC Kings & Queens Rise/South Sac	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	300	7/27/2024
Resource Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	3	7/26/2024
Methodist Hospital	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	21	7/26/2024
The Bonding Project	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County. In partnership with UOP and Lavender Courtyard, the Center facilitated the Bonding Project aiming to connect older LGBTQ+ individuals 55+ within their community to support their well-being and improve their sense of belonging.	18	7/25/2024
Individual presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	2	7/24/2024
Capital City Independent Study (95822)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	7/24/2024
Slavic Community Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	2	7/24/2024
Fortune School Fair - Tecoy Porter (95832)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	7/23/2024
Sac St Guardian Scholars	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County; specifically former foster youth.	3	7/23/2024
Individual presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	1	7/22/2024
Substance Misuse group Info Night (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Hosted and facilitated introduction to Free Substance Misuse and Mindfulness Group with Healing Heals.	10	7/22/2024
Out at the Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	7/20/2024
CAP Center Outreach (95660)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	12	7/19/2024
BAART Programs Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County, focusing on youth with substance use concerns and their parents.	54	7/19/2024
Multidisciplinary Outreach Event (95820)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	7/16/2024
Fortune School Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Informational literature, shared resources, introduction to HeartLand South.	30	7/16/2024

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Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Black Child Legacy Project Mutual Assitance Network	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County. Collaborated with Black Child Legacy Project, focusing on black youth and their parents.	17	7/16/2024
July Forward Festival (95811)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	75	7/13/2024
Men's Juntos Afuera	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	25	7/13/2024
July Forward Community Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	30	7/13/2024
UCD Trainee Orientation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	3	7/12/2024
Wellspace Health - Multidisciplinary Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	7/12/2024
Multidisciplinary Outreach Event (95842)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	15	7/11/2024
LGBTQ Center Outreach (95811)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	7/11/2024
Myth or Fact - Natomas High School Girls Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	3	7/11/2024
UCD Trainee Orientation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	3	7/10/2024
Individual presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County. Overview of trauma and psychosis and impacts on system involved youth	1	7/10/2024
Roberts Family Development Center Outreach (95838)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County. African American Healing Network	5	7/10/2024
Myth or Fact: Best Youth Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	18	7/9/2024
AcademyStay	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	20	7/8/2024
Gravity Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	2	7/5/2024
Dignity Health/CORE Summer Wellness Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. DH grant community event for CORE Members and community	25	7/3/2024
Wheatland Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	18,500	7/3/2024
CORE Summer Wellness Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	60	7/3/2024

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Noah Kahan Concert	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	18,500	7/3/2024
Grief Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	2	7/2/2024
WomenSupportGrp	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	2	7/2/2024
Lao Family Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County. Collaborated with Lao Family Center, focusing on Lao and other Asian youth and their parents.	89	7/2/2024
Zumba	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	7	7/1/2024