



Funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA)



FIT

FLEXIBLE INTEGRATED TREATMENT

WHAT WE DO:

- Outpatient Mental Health Services for youth under 21 years old
- English & Spanish-speaking providers
- Trauma-Focused Cognitive Behavioral Therapy
- Individual & Family Therapy
- Parent Coaching
- Behavior Support & Stabilization
- Coping Skills Building
- Medication Support
- Case management
- Therapy & Behavioral Groups
- Support out of Homelessness/at risk of
- Advocacy for Youth & Family

SERVICE HOURS:

Monday-Friday
8:30am-5:00pm

Services are for MediCal members who meet criteria for Specialty Mental Health Services

Site Non-Appointment Screening Hours:

* Walk-in to the office: Tuesday 2pm-5:30pm

* Call-in at 916-633-5550:
Monday and Friday 9am-11am

SITE ADDRESS AND CONTACT INFO:

9343 Tech Center Dr., 2nd Floor
Sacramento, CA 95826
PHONE: 916-388-6400
FAX: 916-649-7158
EMAIL: SacFITreferral@pacificclinics.org

WEBSITE LINK:

www.pacificclinics.org

