



River Oak
Center for Children

SACRAMENTO
COUNTY

River Oak North Laurel Hills

Funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA)

FIT

FLEXIBLE INTEGRATED TREATMENT WHAT WE DO:

- Outpatient Mental Health Services for youth under 21 years old
- The Incredible Years, Motivational Interviewing, Transition to Independence Process, Dialectical Behavior Therapy, Trauma-Focused CBT, Coping Cat, PC-Care, PCIT and Aggression Replacement Training
- Short-term therapy
- Coping skills building
- Medication support
- Case management
- Support out of homelessness/at risk of

SERVICE HOURS:

Monday to Thursday 8:00 AM to 6:00 PM
Friday 8:00 AM to 5:00 PM

Services are for MediCal members who meet criteria for Specialty Mental Health Services.

SITE WALK-IN HOURS

Subject to change

Telehealth: Tuesdays 3:30PM to 5:30PM

Wednesdays 8:00AM to 10:00AM

In Office: Thursdays 1:00PM to 3:00PM

Fridays 9:00AM to 11:00AM

SITE ADDRESS AND CONTACT INFO:

5445 Laurel Hills Drive
Sacramento, CA 95841

PHONE: 916-609-5100

FAX: 916-609-5160

EMAIL: info@riveroak.org



WEBSITE LINK:

www.riveroak.org

