



River Oak
Center for Children

SACRAMENTO
COUNTY

River Oak South Big Horn

Funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63. Mental Health Services Act (MHSA)

FIT

**FLEXIBLE INTEGRATED TREATMENT
WHAT WE DO:**

- Outpatient Mental Health Services for youth under 21 years old
- The Incredible Years, Motivational Interviewing, Transition to Independence Process, Dialectical Behavior Therapy, Trauma-Focused CBT, Coping Cat, PC-Care, PCIT and Aggression Replacement Training
- Short-term therapy
- Coping skills building
- Medication support
- Case management
- Support out of homelessness/at risk of

SERVICE HOURS:

Monday to Thursday 8:00 AM to 6:00 PM
Friday 8:00 AM to 5:00 PM



Services are for MediCal members who meet criteria for Specialty Mental Health Services.

SITE WALK-IN HOURS

Subject to change
Telehealth: Tuesdays 3:30PM to 5:30PM
Wednesday 8:00AM to 10:00AM

In Office:
Thursdays 1:00PM to 3:00PM
Fridays 8:00AM to 10:00AM

**SITE ADDRESS AND
CONTACT INFO:**

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Elk Grove, CA 95758
PHONE: 916-609-5100
FAX: 916-226-2804
EMAIL: info@riveroak.org

WEBSITE LINK:

www.riveroak.org

