

Sacramento County Children's System of Care Committee

MINUTES – TELECONFERENCE MEETING June 26, 2023, 2:00PM-3:30PM

Members Present: Corrine Sako, Patricia Wentzel (staff: Glenda Basina)

Absent: Maria Padilla-Castro

BHS Staff: Kelli Weaver, Sheri Green, Michelle Callejas

Guests: Bina Lefkovitz, Gayle Lafferty/CPS Emergency Response, Mercedes Parker.

Agenda Item

I. Welcome and Introductions

Conduct Agreement Acknowledgement

Chair convened the meeting at 2:02pm, introductions were made and Conduct Agreement acknowledged.

Member Wentzel announced NAMI now has transitional age youth line. NAMI Sac TAY Warmline 916-500-7277

II. Presentation on Sacramento County Budget Requests for FY 2023-24 for Services, Facilities, and Programs Pertaining to Foster Youth, Kelli/Sheri and Michelle

Sheri shared screen on growth request on children/foster youth. Amount of \$13M from BHCIP for psychiatric facility with 16 puff beds and 27 slots; for youth in community to be brought in for pro-intervention, a step along the way to help kids in the community. Contracted. Available to any youth in crisis (not just MediCal). Utilized by people all over California, not just the county. Chair Sako asks if there's a latency. Sheri to get and send out. Increased \$9M from CalAIM funding for provider incentives; staffing/practices. \$150k for additional staff on eating disorders. Hiring licensed clinician. Not a common resource (treatment) anywhere. Started interviewing candidates already. Chair Sako asked percentage of foster youths who experience eating disorder. Sheri to ask research folks for data. Heartland FSP capacity up to 150. Able to walk-in for assessment.

<https://doingwhateverittakes.org>. Sheri to share flyer with everyone. Additional FIT, \$5M under 21 a 16th site for the target zip codes. Anticipated go live 3/1/24. Increase of 15% for psychological testing. \$1.1M for Therapeutic Behavioral Services (TBS) going to board in July to provide CPS youth with intensive support to prevent 14 day notices. Go live October 2023. Increase of \$10.6M going to board in July on CPS crisis. A "pooled authority". Be able to do all special services in the homes. Allows to use funds in times of surge. Allow 1 provider to provide services. Michelle added this allows so much flexibility and more families participating. Pool for STRTP under 19, incentivize providers to prioritize referrals for Sac County youths. Rolling go live date. Therapeutic foster care and intensive services foster care. Foster homes on steroids to create welcome centers thru foster centers. CPS project overlaying MH services.

Michelle shared onscreen document to employees of board approved budget in June, covering entire DCFAS. Only get funding thru Title 4E, main source of funding. IHSS funding \$2.5M presents folks with disability. On CPS \$13.5M, \$7m for Family First Prevention Services Grant, state funded program to get to a federal program to use Title 4E for prevention services. To come into fruition in 2026. Targeting several zip codes with African-American families living with high needs. Pooling resources from across system. In addition to funding with work with Sheri and providers, have 7 agencies willing to help to be able to do emergency services foster home to keep youths for 30 days and keep youths for longer time. \$1m to be able to lease 3 houses in Sacramento, welcoming centers. County staffing 3 sites 24/7. Still calculating cost. The least cost is \$250k annually.

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a. Questions from Committee Members & Members of the Public

Chair Sako asked if no more foster youth at the Wet Center. Per Michelle, all out as of 6/16. They all went and love the homes. Concern they won't leave home for placements. Chair Sako asked of homes if there's a license application submitted asked when to expect it to be finalized. Michelle responded it could be 3-6 months as long as under licensing process, it's okay per state. Member Wentzel commented they've done some hard work. Michelle added they're going back to the Board in a few weeks for more money.

Member Wentzel inquired about MHSA funding; how it's integrated with BHS and are any of the programs MHSA funded? All are covered outside MHSA per Sheri. City of Sacramento have some funding coming down from cannabis. City to have a committee on how to spend \$8m tax dollars. Sheri added if any residing in Sac City, may want to drop hat to give input. Member Wentzel on families getting referred for FSP, does this include families for possible child removal? Sherri responded yes. When children are separated from family, brings so much trauma. FSP is beneficial working with whole family system.

III. Roundtable Discussion regarding Sacramento County Foster Youth Behavioral Health Needs and System Challenges

Chair Sako stated there's been a lot of thoughtful work. Asked Member Wentzel if in support of increase in funding going to BOS in July as shared by Sheri/Michele. Member Wentzel in support and asked for slide deck from Sheri. Sheri appreciates the endorsement.

IV. Public Comment (3 minutes per person)

Public Comment 1: Learned a lot today. Seems hopeful. Applauds staff for thoughtful ideas. Didn't understand loss of MHSA, prevention funding. Kelli responded it's a moving target at this point. Gov. Newsom proposing legislation to modernize how we fund programs. Some information floating around a number of advocacy groups giving feedback. Trying to get it on the bill for voters in March 2024. Some concerns of potential impact. Michelle added concern on County Directors side of no additional funding. Taking from somewhere else, from children's services, impacts non-foster kids in community. Joining with BH directors. Chair Sako dropped the fact sheet on chat: https://www.gov.ca.gov/wp-content/uploads/2023/06/Fact-Sheet_BHSA-Legislative-Reform.pdf

Public Comment 2: Asked regarding report of foster youth served through juvenile justice facilities, if resolved. Michele responded they're no longer using this. Now have 3 facilities. Also asked about coordination of schools with foster youth. Per Michelle, yes, they do it across all school districts.

Member Wentzel wonders about how different programs connect to give students/foster youth access to technology. Michelle responded this is funding from County received from the state.

V. Adjournment

Chair Sako adjourned the meeting at 3:33pm and reminded schedule for the next meeting.

CSOC meets 3rd Monday of each month

Next meeting scheduled for July 17, 2023, 2:00pm-3:30pm