

Sacramento County Mental Health Board Executive Committee Meeting

MINUTES– TELECONFERENCE MEETING

Tuesday, January 17, 2023

12:00 pm

Present: Corinne McIntosh-Sako, William Cho, Paul Wagstaffe, (staff: Glenda Basina)

Absent: None

Agenda Item	
I. Welcome and Introductions	Chair Sako convened the meeting at 12:02pm and introductions were made. Chair waived reading of Conduct Agreement.
II. Discussion Item: MHB Executive Committee membership	Chair Sako mentioned the need for majority board vote for Patricia Wentzel and for second Member At Large. Reached out to Ryan Galant and Brad. Both were appreciative but declined due to schedule conflict. Chair to reach out to Maria Padilla-Castro for her availability and interest.
III. Discussion/Action Item: Review & Approve MHB Retreat Agenda	<p>Chair Sako shared her screen with Saturday's retreat agenda; 10am-4pm via Zoom. She and Member Wagstaffe will do the orientation for new members which was reduced to 15-slides, about 40 minutes. Team building exercise to be facilitated by Nancy Pena, MHB committee liaison assignments and any interest serving and goals, Unconscious Bias Training to be presented by Adele James; creating inclusive environments, breakouts and small group exercises.</p> <p>Member Cho suggests if possible changing/bringing forward ice breakers to bring walls down. Chair Sako likes idea and happy to make the switch, changing 3 and 4. Patricia commented it makes sense to make intuitive exercise then do building block last.</p> <p>Chair Sako took roll call for approval of retreat agenda. Passed. Next it will go to Jason for posting.</p>
IV. Discussion/Action Item: Review & Approve Agenda for 2/1/23 MHB General Meeting	Per Chair Sako, to add vote for Patricia to agenda. Read/reviewed draft agenda with the committee. To vote for new name for WCCCRP. Ann Arneill to come back and present on Youth Seats. Chair called for vote in approving agenda. Passed.
V. Discussion Item: MHB Ad Hoc Workgroup on Psychiatric Advanced Directives (PADs)	Member Wagstaffe explained PADs trying now to get started and looking for availabilities. We may be able to get funding through this group. If we can talk more on the ad-hoc committee. Wants input on it. Chair likes keeping Maria which is okay to be part of committee/workgroup but with no voting privilege. Per Member Wagstaffe, no need to worry now since it's an ad-hoc and bylaws, doesn't say limited

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to board members in those committees. Can have someone else participate. Member Wagstaffe asked if it's okay for Loren to stay on ad-hoc. Chair Sako agreed.

VI. Discussion Item: MHB Performance Reports

Member Wagstaffe is in the process of creating an ad-hoc committee for the 2022 Performance Report. Currently doing ground work on this starting with a meeting with Dr. Quist. Looking for 2-3 members of board to review the performance report for a collaborative effort. This will include re-writing the draft that Ann prepared. Work would start February thru mid-March to present to entire board in April. Chair asked Member Wagstaffe if he was looking for any Executive Committee member participation. Member Wagstaffe responded he'd like from the Mental Health Board and one from the Executive Committee, experienced with data is preferred. Per Member Cho, Ryan is an expert in data. Chair wondered if ad-hoc creation required vote of full board. Per Member Wagstaffe, not the full board, just majority. Chair Sako commented this would be good to bring up at retreat.

VII. Public Comment (3 minutes per person)

Patricia mentioned SB 855 deadline for commenting is January 30. There's a big problem with the way it's currently written and is interested in trying to stir other people to review/comment. Asked if there's a way with bringing it to the committee/board. Per Chair Sako, bring it to Jason and Jason will send out to the members, to take action as individuals. Member Cho shared the link to the bill: https://www.calbhbc.org/uploads/5/8/5/3/58536227/sb_855_-_fact_sheet_and_background_info.pdf. Per Member Wagstaffe, it's an important act and a good read. Chair Sako thanked Patricia for raising the issue. Per Member Wagstaffe, may need to bring to BOS that this is a County/local oversight. Patricia to gather more info on Santa Clara's process. Chair Sako commented to bring up during Dr. Quist's report and his Q&A time to see if it's on his radar before starting an ad-hoc.

VIII. Adjournment

Chair adjourned the meeting at 12.50pm after reminders of the retreat this Saturday at 10am and next Executive Committee meeting on 2/21.