

Minutes
Adult System of Care Committee
May 26, 2020 4:00 p.m. – 6:00 p.m.

Call-in: (669) 900-9128, Meeting ID: 928 8448 0955, Password: 713715

Members Present: Ann Arneill, Viva Asmelash, Loran Sheley, Laura Bemis, Dan Niccum, Theresa Riviera (Jason Richards, staff)

Members Absent: Maria Padilla-Castro, Bradley Lueth

4:00 p.m. Welcome and Introductions
Viva Asmelash, Chairperson

- *Chair Viva Asmelash convened the meeting at 4:01 p.m. and introductions were made.*

4:05 p.m. Review Agenda

- *Chair Asmelash provided an overview of the agenda and handout for the meeting.*

4:08 p.m. Part 1: Review *Outcomes Before Methods*

- *Chair Asmelash discussed the Outcomes Before Methods approach, as outlined in the handout. This approach prioritizes the assessment of people-centered desired outcomes before defining and planning the methods used to achieve them.*
- *Chair Asmelash emphasized the importance of committee members maintaining shared ownership of the committee's activities, with the goals of feeling unified, connected to one another, valuing the meetings, and achieving synergy and efficiency.*

4:20 p.m. Part 2: High-level meeting plan by month

- *Chair Asmelash reviewed current plans for committee meetings through July, including a review of BHS priorities and an update on homelessness.*
- *Laura Bemis asked if the judge from Mental Health Court could give a presentation. Chair Asmelash to follow up.*

4:35 p.m. Part 3: Refresher on goals

- *Chair Asmelash reviewed the MHB goals associated with this committee:*
 - *Goal 5: Advocate for mental health services for the homeless.*
 - *Goal 7: Advise and collaborate with law enforcement first responder programs leading to better outcomes particularly for at risk communities and marginalized individuals.*
- *Chair Asmelash reviewed the MHB process goals that will inform committee activities:*
 - *Goal 2: Engage and outreach to community members.*
 - *Goal 3: Develop sources for data-driven decision making.*

- *Goal 4: Improve communication and cross-collaboration among sister organizations, such as the Alcohol and Drug Advisory Board, Cultural Competence Committee, and the Mental Health Services Act Steering Committee. Recommended by Board of Supervisors Chiefs of Staff: Work with the Maternal, Child, and Adolescent Advisory Board.*
 - *MHB Chair Ann Arneill reminded the committee that the last part of Goal 4 pertains to the Children's committee.*

4:45 p.m. Part 4: Review prioritized presentations

- *Committee members discussed potential presentations, with priorities identified in the following areas: homelessness, crisis continuum, and criminal justice.*
- *Dan Niccum and Laura Bemis asked about the difference between the mobile team that works with the police department versus mobile crisis support teams operated by BHS. MHB Chair Arneill to follow up.*
- *Chair Asmelash outlined the prioritized presentations as listed in the handout in terms of groups of consumers that are impacted by each topic.*
- *Loran Sheley requested a presentation from crisis services providers on the services they provide as well as the limitations they come across.*
- *Laura Bemis highlighted the importance of addressing areas important to people of color.*
- *MHB Chair Arneill highlighted the importance of focusing on topics specific to community members with mental illness.*
- *Dan Niccum suggested that the committee define the term "first responders" to clarify the focus of the law enforcement goal. Chair Asmelash and MHB Chair Arneill clarified this topic as it relates to law enforcement first responders specifically.*
- *MHB Chair Arneill clarified that the Sheriff serves unincorporated areas of the County. Incorporated areas of the county are served by their own distinct police departments.*
- *Loran Sheley suggested that different law enforcement entities may have different ways of responding to mental health needs in the community, and suggested that the scope of presentations be tailored accordingly.*
- *MHB Chair Arneill to coordinate with Deputy Allie Murphy, from Sacramento County Sheriff, who has provided law enforcement updates at previous MHB general meetings.*
- *Dan Niccum highlighted the different approaches for law enforcement entities versus BHS, in terms of how they perceive mental health issues with homeless community members.*
- *Chair Asmelash suggested that the committee connect with sister organizations, such as the Alcohol and Drug Advisory Board, to find out what progress they have made with similar law enforcement goals.*
- *MHB Chair Arneill suggested that the committee begin to define best outcomes such as "reduced recidivism" and "reduced hospitalizations." Other suggested best outcomes included "reduced incidence of arrest" and "better support for families." Committee members were encouraged to read the Innovation plan, which discusses a proposed model of mental*

health services for consumers leaving jail to prevent recidivism.

5:00 p.m. Part 5: Review draft of methods/actions for criminal justice goal

- Gather any additional thoughts and feedback
- Take volunteers who will begin to move these actions forward

- *Dan Niccum and Laura Bemis discussed the possibility of requesting a virtual tour of facilities for site visits during the COVID-19 crisis. Chair Asmelash suggested that this could be an optional activity for the full MHB, if implemented. MHB Chair Arneill clarified some of the challenges that could arise with virtual tours due to some providers no longer providing services in person.*
- *Chair Asmelash recapped action steps for committee members as follows:*
 - *Dan Niccum to compile an action plan for Police and 911 data*
 - *All members are encouraged to read the Innovation report*
 - *MHB Chair Arneill to reach out to Deputy Allie Murphy and get more information about the CIT training*
 - *Chair Asmelash and Loren Sheley to create a process map*
 - *All members to ask presenters and community partners to include gaps or areas of improvement*
 - *MHB Chair Arneill to follow up with the Alcohol and Drug Advisory Board*
 - *Chair Asmelash to follow up with Cultural Competence Committee*
 - *Loren Sheley to follow up with anti-recidivism organizations and advocates*
 - *Chair Asmelash to follow up with organizations that serve family members of consumers*
 - *Chair Asmelash to compile a list of criminal justice contacts*
 - *Chair Asmelash to compile a list of social media accounts of providers and the County, for engagement purposes*
 - *Laura Bemis to coordinate with NAMI*

5:45 p.m. Public Comment

- *No public comments were made.*

6:00 p.m. Adjourn

- *Chair Asmelash adjourned the meeting at 5:45 p.m.*

Electronic or hard copies of documents are available upon request. Please contact Jason Richards at RichardsJa@saccounty.net or (916) 875-6482. Electronic copies of documents will be emailed upon request and hard copies of documents may be picked up at 7001-A East Parkway, Sacramento, CA 95823. For more information regarding the Sacramento County Mental Health Board, please visit our website at [Mental Health Board Homepage](#). If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one (1) week prior to the scheduled meeting at (916) 875-3861 or at RuckerA@saccounty.net.