

Minutes
Adult System of Care Committee
July 28, 2020 4:00 p.m. – 6:00 p.m.
Call-in: (669) 900-9128, Meeting ID: 987 3132 2369, Password: 773137

Members Present: Ann Arneill, Viva Asmelash, Loran Sheley, Laura Bemis, Dan Niccum, Bradley Lueth, Maria Padilla-Castro, Theresa Riviera (Jason Richards, staff)

Members Absent: None

4:00 p.m. Welcome and Introductions - Viva Asmelash, Chairperson

- *Chair Viva Asmelash convened the meeting at 4:02 p.m. and introductions were made.*

4:05 p.m. Review: standing meeting outcomes & methods; agenda

- *Chair Asmelash reviewed the standing committee outcomes and methods goals, agenda, and handouts for the meeting.*
- *Committee members established the intentions to focus on outcomes, promote synergy and efficiency, provide support for committee members to feel unified, and promote committee members feeling valuable in pursuit of committee goals.*

4:10 p.m. High-level updates on assigned actions following last meeting

- *Meetings may be reorganized based on today's discussion.*
- *Laura Bemis's community feedback letters will be reviewed at next month's meeting.*
- *MHB Chair Ann Arneill and Committee Chair Viva Asmelash worked on filling in the monthly presentation sheet for the Adult System of Care Committee, reflecting committee progress on goals.*

4:20 p.m. Mental health and criminal justice research findings - Loran Sheley

- *Loran Sheley discussed her research on outcomes from law enforcement to mental health crises in Sacramento County, proposed alternatives to law enforcement responses, and next steps. Full details are included in the attached report.*
- *Laura Bemis asked about the statistics in the report as related to law*

enforcement response. MHB Chair Ann Arneill drew parallels between the CAHOOTS program in the handout and Sacramento County's Mobile Crisis Support Teams (MCSTs). Brad Lueth discussed potential areas of improvement for MCST programs, including increasing input and involvement from family members. Chair Ann Arneill offered to send the most recent MCST evaluation to Committee members.

4:35 p.m. City of Sacramento's 911 proposal to create an Office of Community Response - Ann Arneill, MHB Chairperson

- *MHB Chair Ann Arneill observed the Sacramento City Council meeting on July 1st, at which the City Council allocated \$5 million to create an office of community response over the next two years to develop a 911 emergency response system for mental health crises which does not involve a response from law enforcement. Currently, available information is very general and will need to become more specific as the initiative progresses.*
- *Melinda Avey, Chair of the Alcohol and Drug Advisory Board (ADAB), has proposed that the MHB and ADAB write a joint letter to the Board of Supervisors recommending a similar initiative for County Sheriff responses. This will be discussed at a future MHB meeting.*

4:55 p.m. Mental health component of Trauma Through A Traumatized Perspective Trainings (TTTP) Trainings - Henry Ortiz

- *Henry Ortiz provided an overview of his own experience with the criminal justice system and outline the Trauma Through a Traumatized Perspective (TTTP) program, which validates and provides resources to members of the forensic population who have mental health challenges with the assistance of others who have been in that situation. Their recommendation is to develop crisis response teams that involve members of the community with personal experience with the issues involved as well as from the communities they are serving.*
- *Committee Chair Viva Asmelash asked about similar programs in other cities. Henry Ortiz to send this information to the Committee.*

5:15 p.m. Review homelessness goal language; brainstorm related tactics for the year

- *Committee Chair Viva Asmelash described actions taken on the MHB*

homelessness goal so far, including: 1) presentations from Loaves and Fishes as well as the Sacramento Regional Coalition to End Homelessness, and 2) issuing MHB recommendations to the Board of Supervisors on the topic of homelessness based on the presentations.

- *Brad Lueth discussed the effects of homelessness throughout Sacramento County, outside the hot spot areas. He advocated for enhanced services for individuals experiencing homelessness throughout the County.*
- *Theresa Riviera suggested that the MHB request data on opioid use in the homeless population, as discussed at a recent Sacramento City Council meeting. MHB Chair Ann Arneill to follow up.*
- *Committee Chair Viva Asmelash suggested that the MHB request data specific to the effects of COVID-19 on the homeless population.*
- *Henry Ortiz advocated for more training for law enforcement regarding this issue as well as the involvement of individuals with lived experience of homelessness.*

5:50 p.m. Public Comment

- *No public comments were made.*

6:00 p.m. Adjourn

- *Chair Asmelash adjourned the meeting at 5:46 p.m.*