

Agenda

Adult System of Care Committee

October 27, 2020 4:00 p.m. – 6:00 p.m.

Call-in: (669) 900-9128, Meeting ID: 987 3132 2369, Password: 773137

Members Present: Ann Arneill, Loran Sheley, Laura Bemis, Dan Niccum, Viva Asmelash, Maria Padilla-Castro (Jason Richards, staff)

Members Absent: Bradley Lueth

4:00 p.m. Welcome and Introductions – Viva Asmelash, Chairperson

- *Committee Chair Viva Asmelash convened the meeting at 4:07 p.m. and introductions were made.*

4:05 p.m. Review: standing meeting outcomes

- *Chair Asmelash reviewed the standing committee outcomes and methods, goals, and agenda for the meeting.*
- *Committee members established the intentions to focus on outcomes, promote synergy and efficiency, provide support for committee members to feel unified, and promote committee members feeling valuable in pursuit of committee goals.*

4:10 p.m. Introduce LEAP method and results – Viva Asmelash

- *Chair Asmelash outlined the LEAP method, which is an approach to helping individuals with anosognosia, the lack of ability to perceive the realities of one's own condition.*
- *LEAP stands for "Listen, Empathize, Agree, and Partner."*
 - *Listen to understand the other person's point of view and reflect your understanding back to them, without offering opinions or advice.*
 - *Empathize to identify with the thoughts and feelings of another, and convey your empathy to the other person.*
 - *Agree with the other person on problems or symptoms that they perceive, to find common ground and maintain connection.*
 - *Partner with the other person on mutual goals.*
- *This model can deescalate crises, transform non-compliant and oppositional conversations into productive conversations, and can divert*

persons from the criminal justice system into the mental health care system.

- *More information is available online from the LEAP Institute.*

4:25 p.m. Review annual goals, actions-to-date – Viva Asmelash

- 4:35 p.m. Review roll-up of key themes from criminal justice presentations and public comments; determine next actions
- 5:05 p.m. Revisit homelessness goal; determine any possible next actions
- 5:20 p.m. Revisit process goals; determine any next actions

- *Chair Asmelash reviewed the committee's strategic goals and process goals.*
- *Committee members discussed progress on goals, including information presented at meetings and actions to date.*
- *The criminal justice and homelessness goals were highlighted, including recommendations to the Board of Supervisors, Board actions, and ongoing conversations about the prospective \$1.5 million reallocation from the Sheriff's budget to Behavioral Health Services.*
- *Progress and ideas regarding process goals were discussed, such as meeting turn out and using data to inform decisions.*

5:45 p.m. Public Comment

- *No public comments were made.*

6:00 p.m. Adjourn

- *Chair Asmelash adjourned the meeting at 5:44 p.m.*