

**Sacramento County
Children’s System of Care Committee**

**MINUTES – TELECONFERENCE MEETING
March 24, 2022, 4:00PM–6:00PM**

Members Present: Silvia Rodriguez, Ann Arneill and Lourdes Santana-Sanchez (staff: Glenda Basina)

Members Absent: Jasmine Morales

AGENDA ITEM
<p>1. Welcome, Introductions and Purpose, Chair Silvia L. Rodriguez</p> <ul style="list-style-type: none">• Chair convened the meeting at 4:03pm, provided background and introductions were made.
<p>2. Overview: Sacramento County Mental Health Referral System, Melissa Jacobs, LCSW, Program Manager Children’s Systems of Care</p> <ul style="list-style-type: none">• Member Arneill shared the referral process for Tier 3 students school-based mental health services on points of disconnect for focus of study; caregivers giving the referral, parents may not know about the referral, people know about it but unable to get hold/return call. Another disconnect is the follow through by the child/parent to show up at the provider. Performance improvement project to help with this disconnect. They call providers directly. Has a select number of providers also families can go to Access or directly to the select number of providers.• Meeting with providers on a weekly basis to get policies/procedures on how each program do the intakes. Compare this program with the existing program. Chair Rodriguez asked how the process of improvement project is linking the schools in improving. Dawn responded the schools are the point of access. They can go direct or link them to Access. Chair asked, if PIP is chosen as referral, how would the schools know you’re improving the system. Dawn said PIP is not specific to school. Data will be available once shared.• Member Arneill requested for write-up on PIP to see the study design.• Member Arneill on first disconnect - School personnel make referral and parent may not know the referral has been made. School refers to Access Team - Should schools notify parent when Access is sent the referral? Likely, schools notify the parents.• Melissa Jacobs suggested for future meetings to invite rural school district, Center Joint Unified to come as well as Victoria Flores at Sac City but Sac City is going out on strike and may not get a response from her. Melissa suggested Elk Grove may have concerns on disconnects. They have a robust MH program in Elk Grove. Referrals does not identify schools districts in referrals. San Juan has a contract with Sac County with Medi-Cal for match. Biggest referrals are caregivers. The schools referral is a very small number.• In terms of CBOS coming to CSOC, recommends Heartland. Melissa suggests PIP providers would be good; UC Davis, La Familia, Uplift and Capital Star.

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3. Overview: Data Sacramento County Mental Health Referral System, Dawn Williams, Health Program Manager Research, Evaluation and Performance Outcomes
- Member Arneill questions on what data to get. Melissa Jacobs gave data for July-Dec for this year with 347 referrals. FY 2021, 602. Need baseline when regular/not pandemic. Dawn pulled the data 2017-18-19, referrals consistent at around 6%. 2021 was big dip at 2.3%. Total referrals from all sources. Dawn will give data to Member Arneill. Need data on MediCal children served in those years, kids referred by school and showed at provider.
 - On how to better support parents, schools should link parents to services. Maybe PIP can get a way to help parents into services. Best for kids, best referral path.
 - CalAim No Wrong Door, watch the process and see how it unfolds to see who may need services. Melissa doesn't know of any presentation. Encourages CSOC to talk to Ryan on this.
 - Member Santana-Sanchez is lost currently with no materials. Chair Rodriguez to talk with Member Santana-Sanchez on the side to bring her up-to-date. Understands the importance as she is a parent that's experienced.
 - Member Arneill also mentioned Bina Lefkowitz's email bringing 14-day referral process. Discontinuance due to lack of follow up. Before referral is cancelled, school should follow through on the contact. A note home should be sent if calls are unanswered.
 - CSOC to find problems with the referral system and figure out ways to bridge the gaps; talk with BH staff, school districts, providers, family/youth providers to bridge families and schools. All in the beginning of information collection. Targeting the unsuccessful school district referrals. To continue for solid recommendations.
 - Public Comment 1: Questioned about school being engaged and communicating with rural area in Elk Grove. Use Center Unified to present.
 - Public comment 2: When a child is tier 2 do you refer to a health plan and if so, any feedback whether kids receive services? Schools not aware of kid at 51/50 when kid returns to school and commits suicide. Understands issue with FRPA and HIPAA. School usually know and can make the referrals and help navigate. Younger kids not covered under confidentiality. The county is the intermediary of payments and would love to see all the school districts in the same set up as San Juan.
 - Public comment 3: Wonders if it's possible to interview legal services in Norcal who get caught with school and provider. May help unpack where system barriers are. Ask someone (Victoria/Don) with San Juan that's typical. Also have a focus group with some parents; invite some parents. Chair mentioned May is dedicated for parents to speak at the CSOC and non-profit organizations. Safe program work direct with parents.
 - Member Arneill thinks legal people can be worked in the meeting before CSOC.
 - Public comment 4: Erica program planner introduced herself. Point person for MH program planner.

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- Melissa Jacobs responded to the question of can data capture upfront with what school the student goes to? Depending on who's completing the referral form? Referral back on 51/50, HIPAA/FRPA is not as big an issue especially with signature of caregiver. Feedback loop, may not have the manpower/resources to do. SBHIP funding may apply to this. Schools have funding for transportation.

4. Children's Systems of Care Committee: Creating Implementation Plan from School-based MH Report, Silvia L. Rodriguez and Ann Arneill

- Member Arneill shared implementing school-based MH services report recommendations. Has four recommendations for CSOC or MHB to implement. Action steps to make them happen and identify committee members to take on the recommendations, looking for volunteers from other members.
- Step 1. MHB to draft bylaws and recommend BOS appoint youth members to the board. Bylaws amended to give youth voting privileges – Assigned to Member Arneill to initiate process to recruit youth applicants – looking at YAB to assist and need committee member.
- On youth training pre/post-meeting. Look at ProYouth and speak with Ryan on funding. Member Arneill assigned
- Step 2. BHS and county mental health providers should deliver information on platforms that youth use, such as Instagram and Tik-Tok. Talk to youth in a way to make sure message is youth-friendly. Request period updated from Dr. Quist what BHS is doing regarding this recommendation
- Step 3. CSOC recruiting parents to participate in youth forums and parents solicit their input on issues that directly affect them.
- Step 4. MHB, YAB, BHS and SCOE collaborate/design, plan and implement a 1-2 day summer youth behavioral health conference designed by youth with support from adult allies with funding from BHS and school. Chair Rodriguez assigned. Action step to hold a zoom with those affected to see if interested in sponsoring/implementing the conference. Target date for conference – early August. Step 2. If so, create planning committee to include Bina and any adult allies she identifies. Looking at member volunteer.
- Member Santa-Sanchez asked for copy of document. Member Arneill to email.

5. Public Comment, Public

- None.

6. Adjournment, Chair Silvia L. Rodriguez

- Chair Rodriguez adjourned the meeting at 5:20pm.