

**Sacramento County
Children's System of Care Committee**

**MINUTES – TELECONFERENCE MEETING
September 22, 2022, 4:00PM – 6:00PM**

Members Present: Ann Arneill, Silvia Rodriguez (staff: Glenda Basina)

Members Absent: None.

AGENDA ITEM
<p>1. Welcome, Introductions and Purpose, Silvia L. Rodriguez, Chair, Children's Systems of Care</p> <ul style="list-style-type: none">• Chair Rodriguez convened the meeting at 4:01pm and introductions were made.
<p>2. Intersection between Dental and Mental Health, Katie Andrew, Director of Government Relations, Liberty Dental Plan</p> <ul style="list-style-type: none">• Katie introduced herself and provided background on Liberty Dental. Shared a powerpoint presentation. Talked briefly about connection of BH and oral health. Impact on oral health on behavioral health. People with BH conditions disproportionately affected by oral health problems. Likely use of addictive substances compromises oral health; gum disease and tooth loss. Impact of oral health can also impact behavioral health with use of prescribed pain medicine; social/emotional component. System in the County for dental transformation program ended 12/2020. One of the pilots was medical/dental partnership. A simple platform with 3 dental plans still running in the county with financial support in the county. Each plan contributes data in the system and clients/patients can be referred to dental plan and get them into an appointment. Connecting medical members to their dental plan. Possible chance to do behavioral health screenings. An Oakland Asian organization is doing this. Looking for everyone's ideas/feedback.• Public Comment 1 – A lot of MediCal people not aware they have dental benefit. This is important. Katie responded this is the reason they're out trying to spread this in the community. Shared her contact information; kandrew@libertydental.com; (949) 227-4232
<p>3. Presentation/Solidify Commitment for Youth Conference, Silvia L. Rodriguez</p> <ul style="list-style-type: none">• Chair provided background. CSOC conducted school-based MH and report submitted to BOS on 2/2022 with recommendations and findings. Found high suicide rate with junior/high schoolers. Surveyed youth. Didn't know where to go for help for mental health. One recommendation was a youth fair for youth by youth. On the agenda today to solidify this and outreach to various youth commissions. Has commitment from Sup Kennedy, BHS and Dr. Williams at SCOE, La Familia. Goal for today is to solidify the commitment to form a steering committee to form the youth conference.• Public Comment 2 – Ask for the vision/purpose of the youth conference. Per Chair Rodriguez, to engage youth on a county basis. To empower youth leaders and equip them with MH resources to turn around and help their peers. This conference to find leaders to implement the youth conference in the summer to be fully equipped on mental health to start the school year. Train the youth and facilitate the conference with assistance of adults. Be mentors to the youth. Organizing, marketing, presenting in the youth conference. Per Member Arneill, 65% of youth not being aware of MH

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resources in the community. Content would be what's available and the resources. Need to be mindful of the youths express/desire of what they want in the conference.

- Public Comment 3 – This is exactly what is needed. Education correlation of mental health and substance area. Happy to be a speaker there.
- Public Comment 4 – Really likes the idea. Wondering if this would be in person or online. Per Silvia it's whatever the youths want.
- Public Comment 5 – Asked if conference held in May/June when would be the time to prepare and reach out to mentors. Per Chair Rodriguez, it's the youths decision. Can branch out to a subcommittee in preparation.
- Public Comment 6 – Beginning of the year for resources would be beneficial to prevent mental stress.
- Kayli/Braydon/Sophia/Fanica would be interested in the planning process. Chair asked if doable to invite those in this meeting to bring everyone together for a kick-off conference planning in a different meeting or make it at the October CSOC meeting? Per Ann, need time to review report, maybe 45 minutes. Present this first then do the planning for the youth conference. May also want to inform YAB. They want to get involved.

4. Public Comment, All

- Public comment 7 – Recommends to invite someone from Sac MH so they can share what they learned. Suggest for children's event, not too long and give exit prizes.

5. Adjournment, Silvia L. Rodriguez

- Member Arneill adjourned the meeting at 4:59pm.