

**Sacramento County  
Mental Health Board (MHB) General Meeting Minutes  
November 1, 2017**

**Meeting Location**

700 H Street, Hearing Room 2  
Sacramento, CA 95814

<b>Attendance</b>			
<b>MHB Members</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
<i>John Puente, Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Collette Johnson-Schulke	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<i>Tom Campbell, Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	David Lopez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<i>Ann Arneill, Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Lisa Ashley	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Maria Padilla-Castro (non-vote)	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Dmitri Godamunne	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Kindra Montgomery-Block	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Matt Gallagher	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Silvia Rodriguez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<b>Staff to the MHB</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Stephanie Dasalla	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	June R. Powells-Mays	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<b>Meeting Participants &amp; Audience Members</b>			
<b>Name/Title</b>	<b>Agency/Representing</b>	<b>Name/Title</b>	<b>Agency/Representing</b>
Blia Cha, Adult & Family Advocate	Division of Behavioral Health MHA Northern California	Uma Zykofsky, Director	Division of Behavioral Health
Anthony Madariaga, Executive Director	Sacramento County Mental Health Treatment Center	Joaquin Munoz	Community Advocate
Matt Marrison, Client Advocate Liaison	Division of Behavioral Health MHA Northern California	Diana White	Association of Behavioral Health Contractors

<b>Agenda Item</b>	<b>Discussion</b>
<b>I. Welcome and Introductions</b>	Chair Puente called the meeting to order at 6:05 p.m. and introductions were made.
<b>II. Comfort Agreement</b>	Vice-Chair Campbell read the MHB Comfort Agreement.
<b>III. Approval of Agenda</b>	Mr. Kennedy motioned to approve the agenda and Ms. Rodriguez seconded the motion. Motion carried.
<b>IV. Approval of Minutes</b>	Ms. Rodriguez motion to approve the August 2, 2017 minutes as written and Ms. Johnson-Schulke seconded the motion. Motion carried (Abstention: Puente).
<b>V. MHB Business</b>	<p><b>Announcements:</b></p> <ul style="list-style-type: none"> <li>Chair Puente welcome Ms. Maria Padilla-Castro to the Mental Health Board. Ms. Padilla-Castro represents District 4 as a Public Interest member. Ms. Padilla-Castro participated in this evening's meeting as a non-voting member.</li> <li>Ms. Stephanie Dasalla announced that the Clerk of the Board</li> </ul>

Agenda Item	Discussion
	<p>would be sending letters out to MHB members whose terms will be expiring in December. Please be sure to expedite completion of the re-application process if interested in remaining on the MHB.</p> <ul style="list-style-type: none"> <li>The completed 2017 Data Notebook is due the California Mental Health Planning Council in November. The MHB will be requesting an extension. A Data Notebook presentation will be provided at the January MHB meeting to assist in the completion of the report.</li> </ul> <p><b>Report: Turning Point Crisis Residential Program Site Visit</b></p> <ul style="list-style-type: none"> <li>Ms. Arneill and Ms. Montgomery-Block recently toured the Turning Point Crisis Residential Program. A program description was included in this evening's meeting packet (Attachment 1). Ms. Arneill and Ms. Montgomery-Block explained that Turning Point staff indicated a need for more housing options/alternatives. Ms. Padilla-Castro inquired about how long clients are in the program and discharge plans. Ms. Uma Zykofsky responded that the average length of stay is 18 days and clients are always linked to behavioral health services prior to discharge.</li> </ul> <p><b>Status Update: 2017 Goals</b></p> <ul style="list-style-type: none"> <li>Chair Puente distributed the draft of the MHB goals. The Ad-Hoc sub-committee (Campbell, Gallagher, Godamunne, Montgomery-Block, Rodriguez) will be convening to wordsmith and finalize a draft of the goals, which be used for the 2018 goals. Ms. Dasalla will assist in coordinating the meeting.</li> </ul> <p><b>Status Update: 2016 Annual Report</b></p> <p>Chair Puente will consult with Ms. June Powells-Mays to determine if the 2016 Data Notebook will fulfill the MHB's reporting requirement as included in the California Welfare and Institutions Code, Section 5604.2. Chair Puente will report back at our next meeting.</p> <p><b>2018 Election</b></p> <p>An election MHB Officers for the 2018 calendar year was conducted. Elected MHB Officers are as follows:</p> <ul style="list-style-type: none"> <li>Mr. John Puente, Chair</li> <li>Mr. Tom Campbell, Vice-Chair</li> <li>Ms. Collette Johnson-Schulke, Secretary</li> </ul>
<p><b>VI. System Partner Updates</b></p>	<p><b>Advocacy Update:</b></p> <ul style="list-style-type: none"> <li>Ms. Blia Cha announced that she is seeking parents or caregivers of children 14-19 years of age who are currently receiving county mental health services to participate in a focus group (Attachment 2).</li> <li>October 6, 2017 was the last Expert Pool Town Hall meeting for this calendar year. The calendar year 2018 schedule will be distributed soon.</li> <li>Ms. Cha reported that housing options to refer clients continues to be an issue for services providers.</li> </ul>

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	<ul style="list-style-type: none"> <li>• A flyer for ACCESS California (Attachment 3) was included in this evening's meeting packet. Mr. Matt Marrison explained that ACCESS California is NorCal MHA's new statewide mental health advocacy program. The mission is to strengthen and expand local and statewide client/consumer advocacy through individual and community empowerment. Through ongoing research, data collection and evaluation, legislative and policy analysis, advocacy, education, training, outreach, and engagement activities, MHA NorCal will implement strategies to elevate the voices, identify the needs, and increase genuine public participation of client/consumer stakeholders to drive truly transformative change in California's public mental health system.</li> <li>• The following focus groups will be held for the Mental Health Urgent Care Clinic on November 20, 2017. Individuals interested in participating in the focus groups can contact MHA NorCal. <ul style="list-style-type: none"> <li>▪ Parent/Caregivers: 10am – 11:30am</li> <li>▪ Children/Youth (age 12 – 17): 10am – 11:30am</li> <li>▪ Transition Age Youth Consumers (age 18 – 25): 1:00 – 2:30pm</li> <li>▪ Adult Consumers (age 26 and up): 4:30 – 6pm</li> </ul> </li> <li>• A survey was recently conducted regarding a possible name change for our annual Consumer Speaks Conference. The results of the survey have all been tallied, and 72% of the respondents voted to change the name of the conference to the Peer Empowerment Conference.</li> </ul> <p><b>Association of Behavioral Health Contractors Update:</b></p> <ul style="list-style-type: none"> <li>• Ms. Diana White reported that contract providers did not receive a cost of living increase as part of the FY 2017-18 Adopted Budget. Providers are continuing to experience high employee turnover rates because they cannot compete with salaries of other employers. Ms. White requested the MHB to advocate for an increase for contracted providers.</li> </ul> <p><b>Sacramento Sheriff's Department Update:</b></p> <ul style="list-style-type: none"> <li>• Deputy Allie Murphy, Crisis Intervention Team Coordinator Critical Incident, explained that deputies and on-call sergeants receive, at minimum, 8 hours of mental health crisis training. Mental health crisis training is part of the curriculum at the Sacramento Sheriff's Training Academy; 40 hours of mental health crisis training is required before law enforcement officer begin working in the field.</li> <li>• Deputy Nate Grgich, Ms. Celina Paredes, and Ms. Jennifer Reiman joined this evening's meeting. Deputy Grgich and Ms. Paredes provided example scenarios of the type of incidents they respond to and explained some success stories.</li> <li>• Ms. Reiman reported that there are currently four Mobile Crisis Support Team assigned to five areas throughout Sacramento County. <ul style="list-style-type: none"> <li>▪ One team partners with the Sacramento Police Department (SPD) and covers SPD service areas city-wide.</li> <li>▪ One team partners with Sacramento Sheriff Department-North</li> </ul> </li> </ul>

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	<p>Patrol and covers the North area; Districts 1-4</p> <ul style="list-style-type: none"> <li>▪ One team partners with Sacramento Sheriff Department-Central Station and covers the South area, Districts 5-8</li> <li>▪ One team partners with both the Citrus Heights Police Department and the Folsom Police Department covering Citrus Heights Wed-Friday and Folsom area Tuesdays.</li> </ul> <p>Hours of operation for the 4 teams are 9 am-7 pm, Tuesday - Friday.</p> <ul style="list-style-type: none"> <li>• Supervisor Kennedy added that he is participating in preliminary discussions to extend the Mobile Crisis Support Team pilot to the California Highway Patrol.</li> </ul>
<b>VII. Director's Report</b>	<p>Ms. Zykofsky, Behavioral Health Services Director, provided her report to the MHB (Attachment 4). A question, answer, and discussion session was held regarding the article in <i>The Sacramento Bee</i> regarding Mental Health Services Act (MHSA) funding, Whole Person Care, and the upcoming report back to the Board of Supervisors regarding the potential use of MHSA funding to support additional services for individuals with serious mental illness who are experiencing homelessness.</p>
<b>VIII. Public Comment</b>	<ul style="list-style-type: none"> <li>• A community member shared her mental health experiences.</li> <li>• Mr. Joaquin Munoz, Community Advocate, offered to provide a presentation to the MHB regarding a mental health diagnostic tool.</li> </ul>
<b>IX. Adjournment</b>	<ul style="list-style-type: none"> <li>• Chair Puente adjourned the meet at 8:01 pm.</li> <li>• The next MHB General meeting will be held September 6, 2017 at 6:00 p.m.</li> </ul>