

Sacramento County
Mental Health Board (MHB) General Meeting Minutes
 July 1, 2020

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Ann Arneill, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Bryan Richter, <i>Vice-Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Caroline Lucas	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Dan Niccum, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Mike Nguy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Viva Asmelash	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Mark Hoover	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Silvia Rodriguez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Loran Sheley	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Janice Snyder	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	Chair Ann Arneill called the meeting to order at 6:01 p.m. and introductions were made.
II. Comfort Agreement	Ms. Laura Bemis read the MHB Comfort Agreement.
III. Approval of Agenda	Mr. Dan Niccum moved to approve the agenda and Ms. Bemis seconded the motion. Motion carried.
IV. Approval of Minutes	Chair Arneill moved to add "Chair Arneill indicated that the action on their recommendations would be added to the agenda for the July meeting," under section IX of the June MHB Minutes. Mr. Niccum moved to approve the amended minutes and Ms. Viva Asmelash seconded the motion. Motion carried.
V. System Partner Updates	<p>Advocacy Update Ms. Sandena Bader, Client Advocate Liaison, announced the following:</p> <ul style="list-style-type: none"> • CalVoices had its peer empowerment conference on June 26th, which had over 265 attendees. CalVoices was able to provide 178 lunches for attendees and conference feedback was very positive. <p>Association of Behavioral Health Contractors Ms. Diane White announced the following:</p> <ul style="list-style-type: none"> • The Association of Behavioral Health Contractors has expressed gratitude for the alternative payment method going into the new fiscal year, due to challenges brought on by COVID-19.

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	<ul style="list-style-type: none"> The Association of Behavioral Health Contractors will remain in close collaboration with BHS regarding continued efforts and changes during this time. <p>Alcohol and Drug Advisory Board No updates were made.</p>
<p>VI. Mental Health Board Business</p>	<p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> Chair Arneill announced that the next Children’s System of Care Committee meeting will be on July 23rd and the next Adult System of Care Committee will be on July 28th. Both committees meet from 4:00 p.m. – 6:00 p.m. <p>Liaison Reports Liaisons reported on the Alcohol & Drug Advisory Board, Mental Health Services Act Steering Committee, and National Alliance on Mental Illness.</p> <p>Standing Committee Updates</p> <ul style="list-style-type: none"> Children’s System of Care Committee: Ms. Silvia Rodriguez and Mr. Mark Hoover reported that the Children’s System of Care Committee met on June 25th and accomplished the following: <ul style="list-style-type: none"> The Committee has established the goals of examining mental health services in the Child Welfare System, School-Based Mental Health, and the Juvenile Justice system, including Probation. The Committee’s strategic objective is to provide recommendations based on these observations. The Committee’s recommendations will be based on information gathered from County staff, system partners, and community members. At the most recent Committee meeting on June 25th, BHS Division Manager, Melissa Jacobs, and BHS Program Manager, Matt Quinley, provided an update on the implementation of Child Welfare and Probation priorities in Sacramento County. At the same meeting, Brent Malicote and Chris Williams from the Sacramento County Office of Education presented on the implementation of School-Based Mental Health services in Sacramento County. Adult System of Care Committee: Ms. Asmelash reported that the Adult System of Care Committee met on June 23rd and accomplished the following: <ul style="list-style-type: none"> The Committee has established the goals of advocating for mental health services for the homeless, advising and collaborating with law enforcement, and supporting improved mental health outcomes in marginalized communities. The Committee plans on highlighting these goals over the course of different meetings. BHS Division Manager, Kelli Weaver, provided an overview of adult subacute mental health programs at Sacramento County, with a focus on the Augmented

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	<p>Board and Care and Adult Residential Treatment programs.</p> <ul style="list-style-type: none"> o The Committee discussed and formulated homelessness recommendations for BHS and the Board of Supervisors. <p>Appoint Representative to Human Services Coordinating Council Chair Arneill appointed Ms. Loran Sheley to serve as an MHB representative on the Human Services Coordinating Council.</p>
<p>VII. Action Item: Review and Approve Recommendations to BHS and the Board of Supervisors Addressing the Need for Enhanced Mental Health and Related Services to Better Serve the Local Homeless Community</p>	<p>Ms. Asmelash and Mr. Niccum presented the Adult System of Care Committee's drafted recommendations to BHS and the Board of Supervisors addressing the need for enhanced mental health and related services for individuals experiencing homeless in Sacramento County.</p> <p>MHB members provided feedback as follows:</p> <ul style="list-style-type: none"> • Ms. Asmelash suggested that the MHB should make "big asks" in their recommendations in support of community members. • Ms. Padilla-Castro suggested that recommendations be tangible and concrete, so that progress can be adequately monitored. To provide context on this issue, Ms. Maria Padilla-Castro presented a Sacramento Bee article in which she wrote a letter to the editor regarding the preventable death of a homeless community member in 2016. • Mr. Niccum emphasized that the draft recommendations were created to stay within the purview of the MHB, as a County advisory board. • Ms. Rodriguez and Ms. Asmelash discussed City versus County jurisdiction as informing the recommendations. <p>Community members provided questions and feedback as follows:</p> <ul style="list-style-type: none"> • Community member expressed support for the recommendations and thanked the MHB for their work on this issue. <p>Mr. Brad Lueth moved to approve the recommendations and Mr. Bryan Richter seconded the motion. Motion carried.</p>
<p>VIII. Presentation – Youth Realities in Sacramento During COVID-19, CitiesRISE Report and Youth Perspective</p>	<p>Greg Garcia, Youth Engagement Director from CitiesRISE; Olivia Ang-Olsen from CitiesRISE; Frances Kassouni from CitiesRISE; Chalea Wright from IQ Squad; Alana Ramsay from IQ Squad; Amaryana Crutchfield from Impact Sac; and Dream Goodson from Impact Sac provided a presentation from the perspective of youth on the CitiesRISE Report as well as Youth Realities in Sacramento During COVID-19.</p>
<p>IX. Division of Behavioral Health Services</p>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services. He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> • On Thursday of last week, the Criminal Justice INN project was approved by the Mental Health Services Oversight and Accountability Commission. Stakeholder and community feedback was included in the plan. The next step is to seek approval from the Board of Supervisors. • Cases of COVID-19 continue to increase in Sacramento County. Many of these cases are due to families from different households meeting indoors without masks. Please remember

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	<p>to take care of yourselves, your family, and your friends in order to stay safe.</p> <ul style="list-style-type: none"> • Safety precautions are in place for when behavioral health services need to be provided in person, such as staggered appointments, Plexiglas to keep people separated, hand sanitizer, and masks. • The number of youth seeking behavioral health services has decreased. BHS has taken steps to get the word out that these services remain available during the COVID-19 pandemic. • BHS has sponsored four Safe Black Space healing circles, each of which had capacity for over 100 people. Feedback has been received from the African American/Black Community that they would be more comfortable utilizing behavioral health services if more service providers looked like them. • The Source phone line is 24/7 to provide warmline requests for community members to talk about behavioral health challenges.
<p>X. Public Comment</p>	<p>Public Comment 1: Community member discussed the intersectionality between school crises, trauma informed staff, administrative staff, and emergency procedures. Community member advocated for allocating funds to help students navigate and get linked to mental health resources.</p> <p>Public Comment 2: Community member advocated for the hiring of more mental health professionals in schools.</p>
<p>XI. Adjournment</p>	<p>Chair Arneill adjourned the meeting at 8:00 p.m.</p>