



**ANNUAL REPORT ON THE
SACRAMENTO COUNTY MENTAL HEALTH BOARD**

Calendar Year 2022

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Executive Summary

The Sacramento County Mental Health Board (MHB) is fulfilling its mission regarding children with serious emotional disturbances and adults with severe mental illness. Its activities are guided by its statutory mandate. It is comprised of consumers, family members, public interest representatives, and a Board of Supervisors representative. This diverse membership guarantees that multiple perspectives are included in the work conducted by the MHB.

The MHB has had many accomplishments in 2022. It focused on advising the Sacramento County Board of Supervisors and the Sacramento County Behavioral Health Services Director on fiscal and policy issues. It also made recommendations to improve school-based mental health services and behavioral health services provided to individuals detained in Sacramento County Jails. Additionally, it conducted a Public Hearing on the Draft Mental Health Services Act (MHSA) 2022-23 Annual Update.

The MHB has successfully completed a majority of its 14 goals for 2022, with significant progress made on others. It monitored the program design, planning, and implementation of new programs within the Division of Behavioral Health Services, and it was pivotal in the formation and commencement of a new subcommittee of the MHB composed of community members and MHB members to serve as an Advisory Committee for the Wellness Crisis Call Center and Response Program (WCCCRP). Completion of the MHB's policy-related goals resulted in recommendations to the Board of Supervisors. It had process-related goals that resulted in the MHB committees' successful outreach to community members, use of both qualitative and quantitative data in decision-making, and collaboration by both the Adult System of Care Committee and the Children's System of Care Committee with other county advisory boards and system partners countywide. In addition, the MHB has apprised itself of many important issues and programs in the community through the presentations it has had at its standing committee and general meetings throughout the year.

The MHB has extensive representation on Behavioral Health Services committees and has liaison relationships with other committees and community-based organizations. These relationships provide opportunities to share the viewpoints of the MHB and to ensure that the MHB is informed of the policies adopted by these entities and of trends in the community.

MHB Purpose

The Sacramento County Mental Health Board is committed to championing the rights of those with mental illnesses in Sacramento County.

MHB Mission

To enable children with serious emotional disturbances and adults with mental illness to access services and programs that assist them, in a manner tailored to each individual, to better control their illness, to achieve their personal goals, and to develop skills and supports leading to their living the most constructive and satisfying lives possible in the least restrictive available settings.

MHB Statutory Mandate

The statutory mandate for mental health boards is found in Section 5604.2(a) of the California Welfare and Institutions Code (WIC):

(a) The local mental health board shall do all of the following:

(1) Review and evaluate the community's public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.

(2) Review any county agreements entered into pursuant to Section 5650. The local mental health board may make recommendations to the governing body regarding concerns identified within these agreements.

(3) Advise the governing body and the local mental health director as to any aspect of the local mental health program. Local mental health boards may request assistance from the local patients' rights advocates when reviewing and advising on mental health evaluations or services provided in public facilities with limited access.

(4) Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process. Involvement shall include individuals with lived experience of mental illness and their families, community members, advocacy organizations, and mental health professionals. It shall also include other professionals that interact with

individuals living with mental illnesses on a daily basis, such as education, emergency services, employment, health care, housing, law enforcement, local business owners, social services, seniors, transportation, and veterans.

(5) Submit an annual report to the governing body on the needs and performance of the county's mental health system.

(6) Review and make recommendations on applicants for the appointment of a local director of mental health services. The board shall be included in the selection process prior to the vote of the governing body.

(7) Review and comment on the county's performance outcome data and communicate its findings to the California Behavioral Health Planning Council.

(8) This part does not limit the ability of the governing body to transfer additional duties or authority to a mental health board.

(b) It is the intent of the Legislature that, as part of its duties pursuant to subdivision (a), the board shall assess the impact of the realignment of services from the state to the county, on services delivered to clients and on the local community.

The composition of mental health boards is also specified in statute in WIC Section 5604(a)(2). It is to have 50% consumers (persons with lived experience of mental illness) or the parents, spouses, siblings, or adult children of consumers. At least 20% shall be consumers, and at least 20% shall be family members of consumers.

MHB Membership

The table below includes MHB members by appointment category and Board of Supervisor district as of August 1, 2022.

District 1: Phil Serna

District 2: Patrick Kennedy

District 3: Rich Desmond

District 4: Sue Frost

District 5: Don Nottoli

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Member	Appointment Category	District
Ann Arneill, Past Chairperson	Consumer	1
Loran Sheley, Chairperson from January-August 2022	Family Member	1
Maria Padilla-Castro	Public Interest	1
Laura Bemis, Public Interest Secretary	Consumer	2
Lourdes Santana-Sanchez	Family Member	2
Corrine McIntosh Sako, Vice Chairperson from January- August 2022; Chairperson from September-December 2022	Public Interest	2
Supervisor Patrick Kennedy	Board Supervisor	2
Ryan Gallant	Consumer	3
William Cho	Family Member	3
Paul Wagstaffe, Vice Chairperson from September- December 2022	Public Interest	3
VACANT	Consumer	4
Brad Lueth	Family Member	4
VACANT	Public Interest	4
Jasmine Morales	Consumer	5
Theresa Riviera	Family Member	5
Silvia Rodriguez	Public Interest	5
Supervisor Don Nottoli	Alternate	5

The MHB experienced three resignations of members during 2022: Loran Sheley (District 1), Jasmine Morales (District 5), and Lourdes Santana-Sanchez (District 2).

MHB General Meeting Date and Location

The MHB meets the first Wednesday of every month from 6:00 p.m. to 8:00 p.m. via Zoom during the Public Health Emergency. Otherwise, it meets at the County Administration Building at 700 H Street, Sacramento, CA 95814.

MHB Standing Committees

MHB Budget Committee

Purpose: To advise the MHB on budget concerns and to provide recommendations for consideration by the MHB.

MHB Members: Ann Arneill; Silvia Rodriguez; Paul Wagstaffe.

MHB Executive Committee

Purpose: To prepare an agenda for the MHB's annual retreat and to carry out any responsibilities delegated to it by the MHB for any activities that do not require approval of the full MHB. To fulfill the MHB's responsibilities only when sensitive matters arise and urgent response is required but the entire MHB cannot be convened. These actions must be approved by the MHB at a subsequent meeting.

MHB Members: Corrine McIntosh Sako, Chairperson; Ann Arneill, Past Chairperson; Paul Wagstaffe, Vice-Chairperson; Laura Bemis, Public Information Secretary; William Cho, At-large Member.

Children's System of Care Committee

Purpose: To work on goals assigned to it at the MHB Annual Retreat and perform other assignments made by the MHB.

MHB Members: Silvia Rodriguez, Committee Chairperson; Ann Arneill; Jasmine Morales; Lourdes Santana-Sanchez.

Adult System of Care Committee

Purpose: To work on goals assigned to it at the MHB Annual Retreat and perform other assignments made by the MHB

MHB Members: Corrine McIntosh Sako, Committee Chairperson; Laura Bemis, Committee Vice-Chairperson; Loran Sheley; Ann Arneill; William Cho.

MHB Accomplishments 2022

1. The MHB approved recommendations for Improving School-Based Mental Health Services in Sacramento County at its 2/02/22 meeting and submitted to the Board of Supervisors and the Behavioral Health Services Director. Recommendations include:
 - The MHB should have youth members. Bylaws permit it to have youth ages 15-18 appointed to the board. They have the right to participate in all matters before the MHB, but they do not have voting privileges. The MHB should amend its Bylaws so the youth members have voting privileges.

- Based on the serious mental health needs of middle school and high school students identified by the CHKS, SCOE and DHS should accelerate its centers of wellness program to increase mental health services in the schools.
- BHS and county mental health providers should deliver information on platforms that youth use, such as Instagram and TikTok. Talk to youth in a way to make sure messaging is youth-friendly.
- The MHB, Behavioral Health Youth Advisory Board (BHYAB), BHS, and Sacramento County Office of Education (SCOE) should collaborate to design, plan, and implement a one- or two-day summer Youth Behavioral Health Conference that is designed by youth with support from adult allies with funding from BHS and SCOE.

Progress Toward Recommendation Implementation:

- The MHB is currently working to revise MHB bylaws to make youth voting members.
- Providers, such as The Source, have begun creating messaging through platforms, such as Instagram and TikTok.
- MHB members actively worked to begin coordination of a conference for youth.
- SCOE and DHS are currently staffing up 34 schools to increase mental health services in schools.

2. The MHB approved recommendations to Improve Vocational Rehabilitation Services for Consumers Provided by Full-Service Partnerships (FSPs) in Sacramento County at its 11/02/22 meeting and submitted to the Board of Supervisors and Behavioral Health Services Director. Recommendations include:

- BHS should add Individual Placement and Support Supported Employment (IPS) to services offered by FSPs to provide evidence-based employment services to partners.
- BHS should collaborate with FSPs to host job fairs periodically for clients. The job fairs should also address the needs of youth and non- and limited-English speakers.
- FSPs should teach clients when possible to use public transportation to mitigate transportation as a barrier to employment.

- FSP staff should be trained so that they understand how wages from employment affects SSI/SSDI so they can educate clients about the effects of working on their benefits.
 - Progress Toward Recommendation Implementation:
 - From BHS: As these recommendations were finalized in November, many are still in progress.
 - Intended implementation for IPS is FY 23/24 contracts. Content will include educating clients about how employment and working impacts their benefits.
 - BHS will discuss the job fair recommendation with FSP providers.
 - All outpatient programs, including FSPs, include discussions of transportation options including public transportation and the Medi-Cal managed care transportation benefit.
3. The MHB approved recommendations regarding Behavioral Health Services Provided to Individuals Detained in Sacramento County Jails at its 11/08/22 meeting and submitted to the Board of Supervisors and Behavioral Health Services Director. These recommendations were presented at the 12/07/22 Sacramento County Board of Supervisors meeting, “Report On Population Reduction Efforts And Request For Direction On Steps To Address Jail Facility Deficiencies For Mays Consent Decree Compliance.”
- Recommendations include:
- Approve a “Care First, Jails Last” policy resolution that values a comprehensive continuum of care for individuals with mental illness, substance use, and co-occurring disorders rather than incarceration.
 - Invest in building and operating a 24-hour assessment and intervention service center in order for law enforcement and first responder partners to divert people with behavioral health and/or substance use needs from incarceration and emergency room visits.
 - Increase the number of subacute care beds in Sacramento County, with an appropriate number of beds being designated specifically for individuals involved in Mental Health Diversion programs, while also adding 100 substance abuse disorder (SUD) treatment beds specifically for Medi-Cal recipients.
 - Prioritize and allocate robust and sustainable funding to build up and fortify a comprehensive behavioral health crisis continuum of care

while also addressing foundational elements that reduce the need for crisis services.

- Collaboration, cooperation, and commitment from all system partners to properly utilize the services in place for individuals experiencing a behavioral health crisis to divert people with mental illness from the criminal legal system and interrupt the cycle of recidivism.
 - Offer comprehensive compensation packages for the most in-demand behavioral health service positions in order to combat the significant understaffing of the county's behavioral health workforce, thereby ensuring that full and timely services are provided to individuals involved in the criminal legal system with mental health needs while they reside in community.
- Progress Toward Recommendation Implementation:
- From BHS: As these recommendations were finalized in November, many are still in progress.
 - Sacramento County has a total of 33 plans for jail reductions, including 15 new strategies and expansion of 18 existing strategies, with broad representation of system partners. The focus of the 33 plans is to provide alternatives to incarceration and to enhance diversion and treatment services to those already incarcerated to prevent re-entry and provide more appropriate treatment alternatives to those being released.
 - BHS successfully applied for and was granted \$28.5 million for a 64-bed Mental Health Rehabilitation Center subacute facility.
 - BHS supported multiple SUD Residential providers in submitting applications for funding to expand their bed capacity. Over the last year, we have added 50 additional beds across the County. BHS has a RFP for additional SUD capacity building, with a goal of implementation of new treatment beds by July 1, 2023.
 - BHS is working on opening 10 CORE sites with walk-in capacity, with an 11th in process of approval and location identification.
 - BHS funded Mental Health Urgent Care Clinic to open 24/7.

4. The MHB approved recommendations for Improving the Process of Referrals from Schools to Specialty Mental Health Services at its 11/08/22 meeting and submitted to the Board of Supervisors and Behavioral Health Services Director. Recommendations include:
- Develop family education materials that schools would provide to parents when schools are making referrals of students to BHS
 - BHS Access staff should work with school personnel to encourage them to have a policy of making a warm hand off to Access when they find that parents are not assisted in making the Access referral contact.
 - Communication with parents: Use text messaging to communication in multiple languages. It is the communication method that parents prefer, and it gets around the phone number blocking problem.
 - Access Clinician/Team member should reach out to the school referral source via call/text if unable to make contact with the family so school personnel can facilitate follow up.
 - BHS should develop best practices to recommend to FIT providers
 - BHS and SCOE should develop model MOUs between community-based agencies and school districts to streamline access to schools across Sacramento County so mental health clinicians and peer advocates can have easy access to campuses for provision of services to students on campus.
 - BHS should work with SCOE to ensure that schools implement consistent protocols for authorizing access for mental health staff to school campuses.
 - Letting parents choose their provider may increase engagement. If the BHS Performance Improvement Project to test a “No Wrong Door” policy is successful, it should be implemented systemwide in the Children’s System of Care
 - Provide implicit bias training for teachers and other school personnel.
 - Provide information to LGBTQ+ youth about alternative organizations in the community they can use as a supplement to the school referral process.
 - Develop marketing materials across all media platforms, including social media, informing all stakeholders, including students, about the continuum of mental health services in the public mental health system and how to access them.

- Have BHS meet with community-based providers/advocates for LGBTQ+ youth to let them know about Access's policy for referring LGBTQ+ youth who do not want parental involvement in their treatment so that those youth will be more likely to access needed mental health care.
- Progress Toward Recommendation Implementation:
 - From BHS: BHS is implementing a policy that permits youth and families to self-refer directly to outpatient providers. While Access will continue to be an option, it will not be the only option for accessing services. Some additional benefits include:
 - Providers already have texting capabilities and caller id.
 - Some providers already have a presence on social media platforms, such as TikTok.
 - In March 2023, BHS will go to the Board of Supervisors with a new staffing model for Access, which will improve recruitment and develop the capacity for case management with those referring from schools.
 - BHS continues to partner with SCOE in the following areas:
 - Brochures have been developed for families being referred into County services.
 - Ongoing collaboration to facilitate warm handoffs from SCOE to County services.
 - Identifying and addressing barriers to Behavioral Health service providers in accessing school campuses.
 - Offering trainings to school personnel on Behavioral Health and implicit bias.
 - Based on these recommendations, BHS is working on developing additional resources and capacity in the following areas:
 - Resource guides for LGBTQ+ youth.
 - Developing marketing materials across all media platforms, including social media.
- 5. Formed an ad hoc workgroup dedicated to the Wellness Crisis Call Center and Response Program (WCCCRP) to advise the Division of Behavioral Health Services on program design and implementation and to provide information to the public, serving as an interim advisory committee until the WCCCRP Advisory Committee (subcommittee of the MHB) is seated;

workgroup met weekly and also met monthly with Behavioral Health Services staff.

- Conducted recruitment of community members for the WCCCRP Advisory Committee based on composition recommendations approved by full MHB on 12/15/21; selection committee consisting of a MHB member, Board Supervisor designee, and two community members screened applications, conducted interviews, and selected members for advisory committee.
 - WCCCRP Advisory Committee members were approved by the full MHB at its 9/7/2022 meeting, at which time the WCCCRP ad hoc workgroup was disbanded
 - WCCCRP Advisory Committee meets second Monday of each month from 3-5pm; BHS staff attend to provide program updates and receive feedback
 - Conducted Community Survey for Renaming WCCCRP based on public feedback.
 - Program name ideas were solicited, analyzed by Behavioral Health Services REPO, and reviewed and deliberated by workgroup and Behavioral Health Services Director.
 - Top five ideas were brought back to the public to vote on, with survey options available in English and the County's threshold languages, and the name earning the most votes became the new program name.
6. Formed an ad hoc workgroup dedicated to the Psychiatric Advance Directives multi-county collaborative MHSAs innovations project to help advise the Board of Supervisors on Sacramento County participating in the project.
- Recommendation for Sacramento County to participate was presented to the full MHB and ultimately approved on 6/01/22
 - Recommendation for Sacramento County to participate was ultimately approved by the Board of Supervisors on 8/09/2022.
 - Ad hoc workgroup presented at the MHSAs Steering Committee meeting at their 10/22/22 meeting.
7. Site visits were not conducted for the first six months of 2022 because of the COVID-19 Public Health Emergency. Site visits resumed in June 2022 and included:

- 6/16/2022 - [Hope Cooperative Mental Health Crisis Respite Center](#)
 - 7/11/2022 - [Psynergy's Adult Residential Treatment facility in South Sacramento](#)
 - 8/08/2022 – [Sacramento Mental Health Urgent Care Clinic](#)
 - 9/26/2022 - [Sacramento County Mental Health Treatment Center](#)
 - 10/29/2022 - [Mental Health Court](#)
8. The MHB conducted a Public Hearing on the Draft Mental Health Services Act (MHSA) 2022-23 Annual Update at a meeting held on 5/04/22.
9. The MHB sent a letter to the Board of Supervisors in June 2022 in support of the budget for Behavioral Health Services for Fiscal Year (FY) 2022-23, including support for growth proposals with an emphasis on the following Behavioral Health Services (BHS) programs:
- Homelessness and Housing
 - School-based Mental Health Services
 - Expanding Mental Health Services
 - Need for Beds in the Behavioral Health Continuum of Care
 - Psychiatric Health Facility (PHF) Bed Rate Increases
 - Mental Health Services Act Prevention and Early Intervention Services
 - Patients Rights' Advocates
 - Wellness Crisis Call Center Response Program (WCCCRP)
 - Behavioral Health Services Administration
 - Public Defender
10. The MHB sent a letter of recommendations to the Behavioral Health Services Director regarding the expenditure of Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) funds on 6/06/22.
- Progress Toward Recommendation Implementation:
 - From BHS:
 - A new round of \$10 million in PEI funds will be made available for community-based organizations to apply for Prevention and Early Intervention program funding.
 - The State's Child and Youth Behavioral Health Initiative (CYBHI) aligns with the MHB recommendations. BHS is monitoring the implementation of that initiative to ensure resources are available to Sacramento County children, youth, and families.

11. The MHB completed the 2022 Data Notebook, “Impacts of the COVID-19 Pandemic on Behavioral Health Needs and Services,” as required by WIC Section 5604.2(a)(7) and approved it at its October 5, 2022 meeting. The Data Notebook is a requirement of the California Behavioral Health Planning Council for gathering information on performance data from county mental health programs and for obtaining interpretation of that data from local mental health boards.
12. The MHB made numerous improvements to its meeting procedures to promote accessibility and inclusivity, including:
 - Updated its etiquette guidelines for MHB member conduct during meetings in the form of the “MHB Conduct Agreement,” approved at its 3/02/22 meeting.
 - Increased allotted time for public comment from 2 minutes to 3 minutes per speaker, approved at its 6/01/22 meeting.
13. The MHB took actions to help raise awareness and interest, and increase the number of qualified applicants:
 - Updated recruitment letter.
 - Sent a letter to mental health organizations and system partners to ask for assistance with recruiting (such as Sacramento County Expert Pool, NAMI, Behavioral Health Services Cultural Competence Committee, Behavioral Health Racial Equity Collaborative, Disability Advisory Commission).
 - Updated Mental Health Board webpage to promote current vacancies and make application process more accessible: [How to Join the Mental Health Board](#).
 - Identified community events for marketing and recruitment.
 - Updated the Mental Health Board brochure for marketing.
 - BHS updated the Mental Health Board New Member Orientation and Training presentation (most recent 2016).
14. The MHB participated in the interview panels for the positions of BHS Forensic Behavioral Health Division Manager and Sacramento County Director of Health Services.

15. The MHB sent a letter to the Board of Supervisors in August 2022 recommending an amendment to the MHB's bylaws to include a specific process for making a recommendation to suspend or remove a MHB member to their appointing Supervisor; Board of Supervisors opposed this recommendation at its 9/27/22 meeting.

MHB Annual Retreat

- The MHB held its Annual Retreat on January 22, 2022 from 10:00am to 5:00pm via Zoom due to the COVID-19 public health emergency. The MHB goals for the 2021 calendar year were reviewed and MHB goals for the 2022 calendar year were established; the 2021 Data Notebook was approved; MHB Committee and Liaison assignments were updated; and a presentation on Effective Mental Health Boards by Theresa Comstock, Executive Director of California Association of Local Behavioral Health Boards and Commissions, was received.

Status of MHB Goals for 2022

Adult System of Care Committee

Goal 1: Improve Vocational Rehabilitation Services for Consumers Provided by Full-Service Partnerships (FSPs) in Sacramento County.

Status: Drafted set of recommendations, presented to full MHB at 11/02/22 meeting and ultimately approved.

Goal 2: Continue to Monitor the Development of Sacramento County Behavioral Health Services' Plan to Implement SB 803 - Peer Support Specialist Training and Make Appropriate Recommendations, if necessary.

Status: No recommendations made to date, continue to monitor.

Goal 3: Continue to Monitor the Development & Implementation of Sacramento County Behavioral Health Services' Assisted Outpatient Treatment (AOT) program.

Status: Drafted a recommendation to Behavioral Health Services Director to establish stakeholder workgroup for Assisted Outpatient Treatment Program; presented to full MHB at 6/01/22 meeting and ultimately not approved.

Goal 4: Monitor and Make Appropriate Recommendations regarding Sacramento County Adult Mental Health Outpatient System Transformation.

Status: No recommendations made to date, continue to monitor.

Goal 5: Continue to Monitor and Make Appropriate Recommendations regarding Sacramento County Behavioral Health Services' Programs for Individuals/Consumers Experiencing Homelessness.

Status: No recommendations made to date, continue to monitor.

Goal 6: Monitor and Make Appropriate Recommendations Regarding Behavioral Health Services Provided to Criminal Justice-Involved Individuals in Sacramento County jails.

Status: Drafted set of recommendations, presented to full MHB at 11/08/22 meeting and ultimately approved.

Children's System of Care Committee

Goal 1: Complete "Improving School-based Mental Health Services in Sacramento County" report by the end of the year.

Status: Drafted set of recommendations, presented to full MHB at 2/02/22 and ultimately approved.

Goal 2: Create a plan to further the recommendations from the "Improving School-based Mental Health Services in Sacramento County," approved by the MHB at its February 2022 meeting.

Status: In progress; currently working on implementing the recommendation to add youth voting seats to the MHB.

Goal 3: Complete a Phase 2 Assessment: "Improving the Process of Referrals from Schools to Specialty Mental Health Services."

Status: Drafted set of recommendations, presented to full MHB 11/08/22 and ultimately approved.

Executive Committee

Goal 1: Engage MHB members for input on presentations at 2022 general meetings.

Status: Completed. Held 4 presentations at general meetings during 2022.

Goal 2: Develop a recommended training plan for MHB members.

Status: Completed. BHS staff updated MHB Member Orientation and Training presentation.

Goal 3: Coordinate 2022 site review schedule (when/if appropriate).

Status: Completed. Conduct 5 site visits from June 2022 – October 2022.

Goal 4: Finalize MHB mission and values statement, make it public, and develop a checklist to guide work product.

Status: In progress (work to be continued in 2023).

Goal 5: Continue work on a tool to track goals and progress that can be shared with members and the public.

Status: In progress (work to be continued in 2023).

Presentations Made at MHB General Meetings

At each general monthly meeting of the MHB, there is a report from the Behavioral Health Services Director as well as updates from advocates and peer partners, the association of behavioral health contractors, and other system partners. In addition, the following presentations were received by the MHB from the following system partners:

4/06/22 MHB Meeting

- Presentation by Cal Voices on SAC MAPS
- Presentation on Brown Act Highlights by County Counsel

7/06/22 MHB Meeting

- Presentation by BHS Staff on Behavioral Health Services Wellness Crisis Call Center and Response Team Implementation Update

8/03/22 MHB Meeting

- Presentation by BHS Director on Sacramento County's Implementation of California Advancing and Innovating Medi-Cal (CalAIM) for Behavioral Health Services

10/05/22 MHB Meeting

- Presentation by Wellspace Health on Implementation & Operation of '988' Suicide & Crisis Lifeline

BHS Committee Membership and Liaison Activities

MHB members serve as members of BHS committees and as liaisons to BHS committees and to community-based organizations. These members provide the MHB perspective on the committees on which they are members, and they report back to the MHB on the important policies discussed and adopted by these committees. The liaisons to committees and community-based organizations monitor the activities of these entities and report back to the MHB so that it can stay abreast of those activities and concerns in the community.

Alcohol and Drug Advisory Board

MHB Liaison: Silvia Rodriguez; Alternate: William Cho

Purpose: Promotes a healthy community and reduces the harmful effects associated with alcohol and drug use.

Behavioral Health Racial Equity Collaborative (BHREC)

MHB Liaison: Corrine McIntosh Sako

Purpose: Established to bring together key stakeholders of the Sacramento County behavioral health system to build Racial Equity Action Plans (BHREC Action Plans) to improve behavioral health outcomes in the Sacramento community, especially for those communities of people who identify as African American/Black/of African descent.

BHS Cultural Competence Committee (CCC)

MHB Liaison: Theresa Riviera

Purpose: A subcommittee of the Quality Improvement Committee. Acts as an advisor to BHS on cultural competence issues, including outreach, accessibility, linguistic requirements, human resources, and strategies to improve penetration rates. The CCC takes an active role in the continued monitoring of current state-mandated Cultural Competence Plans (CCPs) and the development of subsequent CCPs in Sacramento County. The CCC also reviews all services and programs, Quality Assurance Annual Workplan Reports, and MHSA Annual Update plans with respect to cultural competence issues.

First 5 Sacramento Advisory Commission

MHB Member: Silvia Rodriguez

Purpose: Makes strategic investments based on best practices and a community-driven plan. Investments are made into programs that meet the highest needs of children and families in Sacramento County.

Human Services Coordinating Council

MHB Members: Lourdes Santana-Sanchez, Paul Wagstaffe

Purpose: Serves as an advisory body to the Board of Supervisors on matters relating to health and human services planning and policy issues.

BHS Mental Health Services Act Steering Committee

MHB Member: Brad Leuth; Alternate: Laura Bemis

Purpose: Makes recommendation to BHS for MHSA programs and funding by: Engaging clients, family members, and other community stakeholders to develop MHSA plans; Reviewing and ranking proposals developed with stakeholder input; Making specific program recommendations consistent with MHSA goals, guidelines, and requirements.

National Alliance on Mental Illness (NAMI)

MHB Liaison: Laura Bemis

Purpose: A grassroots organization that provides a community of support, education, resources, and outreach activities to families, friends, and persons with mental illness so as to improve their general welfare and to reduce the stigma of mental illness.

Older Adult Commission

MHB Liaison: Maria Padilla-Castro

Purpose: The Older Adult Coalition (OAC) provides an educational forum regarding Sacramento County community-based services and supports to promote older adult mental health recovery. The OAC meets every other month, including at the Annual Mental Health & Aging Conference. The OAC is comprised of a broad cross-section of the mental health, health, and social service professional community in the public and private sector. Its voluntary membership also reflects public citizens, consumers, family members, retired professionals, and mental health and older adult advocates.

BHS Quality Improvement Committee

MHB Member: Ryan Gallant

Purpose: The Mental Health Plan (MHP) Quality Improvement Committee (QIC) is chaired by the Mental Health Plan (MHP) Quality Management Program Manager. The QIC meets on a monthly basis. It includes consumers; family members; representatives of the contracted service provider system; Mental Health Access

Teams; Research and Evaluation, Quality Management; Cultural Competence; psychiatry; pharmacy; and Alcohol and Drug Services Unit. The QIC structure is the umbrella for standing subcommittees, ad hoc subcommittees, and/or workgroups that are developed to meet the changing needs of the MHP. Subcommittees report to the monthly QIC meetings where information is reviewed and comments are received from all parts of the system. These deliberations result in approval, new initiatives, and recommendations for new directions and constitute a critical communication forum for the MHP.

Sacramento County Maternal Mental Health Collaborative

MHB Member: Silvia Rodriguez

Purpose: Increases knowledge of maternal mental health disorders and resources available to address them among mothers, healthcare providers, policy makers, and other stakeholders.