



Mental Health Services Act (MHSA) Innovation Component

MHSA Steering Committee
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Community Program Planning Process

Community Program Planning Process (CPPP) means the process to be used by the County to develop the MHSA Three-Year Program and Expenditure Plans, and the MHSA Annual Updates in partnership with stakeholders to:

1. Identify community issues related to mental illness resulting from lack of community services and supports, including any issues identified during the implementation of the MHSA.
2. Identifying the behavioral health needs in the community.
3. Identify and re-evaluate priorities and strategies to meet those mental health needs.

(9 CCR 3200.070)

**Sacramento County
MHA Plan
Development -
Community Program
Planning Process**

Approving

Board of Supervisors (BOS)

- Approves MHA Three Year Plan and Annual Updates
- Grants revenue, appropriation, & contracting authority

Recommending

Mental Health Board (MHB)

- Provides collective comment during posting period
- Conducts public hearing at close of posting period
- Provides recommendations to BOS as part of their mandate

Recommending

Division of Behavioral Health Services (BHS)

- Develops proposed work plans/programs based upon recommendations, public feedback, & DHCS guidelines
- Reviews documents with BHS Director
- Upon BHS Director's approval, posts draft documents for public review and comment

Recommending

MHA Steering Committee

- HUB for BHS MHA CPPP
- Provides guidelines to workgroups and reviews proposals
- Submits program recommendations to Division for plan development
- Provides collective comment during posting period

Recommending

Bodies that may develop program proposals and make recommendations to BHS, including but not limited to:

- | | | |
|---|---------------------------------|----------------------------|
| • Alcohol and Drug Advisory Board | • Family Advocate Committee | • Youth Advisory Board |
| • Behavioral Health Racial Equity Collaborative | • Mental Health Board | • Youth Advocate Committee |
| • Cultural Competence Committee | • Older Adult Coalition | |
| | • Peer Adult Advocacy Committee | |

What are Innovative Projects?

An Innovative Project is a project that a county designs and implements

- for a ***defined time period, and***
- ***evaluates to develop a new best practices in mental health services and supports*** (WIC 5830).



Innovation (INN) Component Requirements

All Innovative Projects must support innovative approaches by doing one of the following:

- Introduce a new mental health practices or approaches, including but, not limited to, prevention and early intervention.
- Make a change to an existing practice or approach, including, but not limited to adaptation for a new setting or community.
- Introduce a new application to the mental health system of a promising community-driven practice or an approach that has been successful in non-mental health contexts or settings.
- Participates in a housing program designed to stabilize a person's living situation while also providing supportive services on site.

(WIC 5830)

INN Component Requirements (Cont.)

The Innovative Projects are required to have the a primary purpose:

- To increase access to underserved groups.
- To increase the quality of services, including better outcomes.
- To promote interagency collaboration.
- To increase access to services, including, but not limited to, services provided through permanent supportive housing.

(WIC 5830)

INN Component Requirements (Cont.)

INN Projects must align with the MHSA General Standards:

- Community Collaboration
- Cultural Competence
- Client Driven
- Family Driven
- Wellness, Recovery and Resilience Focus
- Integrated Service Experience

INN Component Requirements (Cont.)

- Innovative Projects must be time limited (not more than 5 yrs).
- 5% of local MHSA funding shall be used for Innovative Projects.
- Innovative Project Plans are required to receive approval from the Mental Health Services Oversight and Accountability Commission (MHSAOAC) prior to expending funds.
- If an Innovative Project has proven to be successful and the community/county chooses to continue it, the project work plan is required to transition to another category of funding as appropriate.

INN Component Requirements (Cont.)

INN Projects may affect any aspect of mental health practice or assess a new or changed application of a promising approach to solving persistent mental health challenges, including but not limited to:

- Administrative, governance, and organizational practices, processes, or procedures
- Advocacy (i.e. client and/or family advocacy)
- Education and training for service providers, including nontraditional mental health practitioners
- Outreach, capacity building, and community development
- System development
- Public education efforts
- Research
- Services and interventions, including prevention, early intervention, and treatment
- Permanent supportive housing development

Sacramento County INN Projects

Respite Partnership Collaborative – 2011-2016

- ✓ Innovative Approach - introduced a new application
 - Community driven collaborative to develop and support a continuum of respite services and supports
- ✓ Primary Purpose
 - Increase quality of services
 - Promote interagency collaboration
- ✓ Project services are being sustained through CSS and PEI component funds



Sacramento County INN Projects (Cont.)

Mental Health Urgent Care Clinic – 2017 - 2022

- ✓ Innovative Approach – made a change to an existing practice
 - Adapted urgent care medical model to provide crisis response for individuals experiencing a mental health crisis
- ✓ Primary Purpose
 - Increase quality of services
 - Increase access to services
- ✓ Project services are being sustained through CSS component funds



Sacramento County INN Projects (Cont.)

Behavioral Health Crisis Services Collaborative – 2018 - 2023

- ✓ Innovative Approach – introduced a new approach
 - Public (Sacramento County) and Private (Dignity Health) entities sharing governance and regulatory responsibilities to delivering medical emergency and crisis stabilization care on a hospital emergency dept campus
- ✓ Primary Purpose
 - Increase quality of services
 - Increase access to services
 - Promote interagency collaboration
- ✓ Project services are being supported through non-MHSA sources



Sacramento County INN Projects (Cont.)

Forensic Behavioral Health Multi-System Teams / Community Justice Support Program – 2020 - present

- ✓ Innovative Approach – makes a change to an existing practice
 - Adapts and expands on the Child and Family Team (CFT), a child welfare model, for the forensic behavioral health population
- ✓ Primary Purpose
 - Increase access to services
 - Promote interagency and community collaboration



INN Component Requirements Recap

- Must ***contribute to learning*** rather than focusing on providing services.
- ***Time-limited***; not more than 5 years. Time frame is based on complexity of the approach and evaluation of the approach.
- Must align with the ***MHSA General Standards***.
- After Board of Supervisors approval, must obtain ***MHSOAC approval*** before implementation.
- If successful, County may continue the project services but must transition it to another MHSA funding category or another fund source.

INN Survey Results

Participants were asked to choose their top three categories of focus for the next INN Project:

1. **Services and interventions – 62%**
2. **Outreach, capacity building and community development – 50%**
3. **Education and training for service providers – 49%**

4. Advocacy – 42%
5. Public education efforts – 21%
6. System development – 9%
7. Psychiatric Advances Directives (PADs) – 9%
8. Research – 1%



Next Steps



- What stands out from survey results and direction from community?
- What do you think about these top three areas of focus?
- Should we narrow down to top two?
- What could be innovative about these areas of focus?