

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Meeting Minutes

November 17, 2022, 6:00 PM – 8:00 PM

Meeting Location

Webinar and phone conference

Meeting Attendees:

- MHSA Steering Committee members: Diana Burdick, Karen Cameron, Genelle Cazares, Laurie Clothier, Julie Field, Anatoliy Gridyushko, Hafsa Hamdani, Sharon Jennings, Erin Johansen, Olivia Kasirye, Melissa Lloyd, Brad Lueth, Ebony Chambers McClinton, Ryan McClinton, Leslie Napper, Ryan Quist, Heidi Richardson, Koby Rodriguez, Lynsey Semon, Christopher Williams, Jane Ann Zakhary
- General Public

Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee members introduced themselves.
II. Agenda Review	The agenda was reviewed; no changes were made.
III. Approval of Prior Meeting Minutes	The October 2022 draft meeting minutes were reviewed; no changes were made.
IV. Announcements	<p>Heidi Richardson, SC Member: Adult Protective Services (APS) is developing a senior shelter for APS eligible adults age 60 and older and is expected to open early next year. If you know of an older adult needing help as a result of abuse, neglect, exploitation or self-neglect, please contact APS or refer them to the 24-hour APS hotline at 916-874-9377.</p> <p>Christopher Williams, SC Member: The next Sacramento County Student Mental Health and Wellness Collaborative meeting is coming up. For more information, please visit: https://www.scoe.net/news/library/2022/09/23sbmhw_series</p> <p>Koby Rodriguez, SC Member: Sacramento LGBT Community Center is hosting the annual Chosen Family Feast, Nov. 24, at the Center's Midtown location: 1015 20th Street, Sacramento, CA 95811</p>
V. Executive Committee / MHSA Updates	<p>Executive Committee Update</p> <p>Sharon Jennings, SC Co-Chair, requested that meeting participants submit post-meeting evaluations. Sharon also shared the following update on behalf of the Executive Committee:</p>

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	<p><u>MHSA SC membership changes</u> We want to acknowledge Brenna Lin for her service to the Steering Committee as an alternate for the Adult Consumer seat. October's meeting was her last meeting.</p> <p>Hafsa Hamdani has moved from the Transition Age Youth Consumer alternate seat to the Adult Consumer primary seat.</p> <p>MHSA Updates Dr. Ryan Quist, Behavioral Health Director, provided the following updates:</p> <p><u>Loan Repayment Program</u> Through the Workforce Education and Training (WET) component Central Regional Partnership, BHS prioritized the Loan Repayment Program (LRP) to help with recruitment and retention. The LRP is funded by California Department of Health Care Access and Information (HCAI) and matching Sacramento County MHSA WET component funds. The LRP awards educational loan repayments to qualified individuals who commit to a 24-month service obligation in a recognized hard-to-fill or hard-to-retain position at a local community based mental health agency. In collaboration with CalMHSA, Sacramento County is pleased to announce that LRP awards, totaling \$1,485,000, will be offered to 125 individuals who work at a Sacramento County Behavioral Health operated programs and contracted community based mental health agencies.</p> <p><u>Sacramento County Behavioral Health Peer Services</u> We are requesting community input and feedback about the future of behavioral health peer support services here in Sacramento County. On December 15, 2022, we will host a community input session to inform the scope of our peer services. See Attachment A – BHS Peer Services Community Input Session and Input Surveys flyer.</p> <p>Andrea Crook, MHSA Program Manager, presented the following updates:</p> <p><u>MHSA Fiscal Year 2023-24 Annual Update</u> The Division started developing the Fiscal Year (FY) 2023-24 Annual Update to the MHSA Three Year Program and Expenditure Plan. We look forward to sharing all the accomplishments from this past year. More information to come.</p> <p><u>Medi-Cal Peer Certification Scholarship Opportunity</u> Individuals have until November 30, 2022 to apply for a Peer Certification Scholarship. Sacramento County is providing scholarships that cover application, training, and exam costs. See Attachment B – BHS Peer Certification Scholarship Opportunity.</p>

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<p>VI. Innovation Component Overview and Community Input Survey</p>	<p>Andrea Crook presented on the Innovation Component Overview and Community Input Survey. See Attachment C – Innovation Community Input Survey flyer, with links to online survey posted in English and Sacramento County’s seven threshold languages.</p> <p>The purpose of the Community Input Survey is to determine where the community would like to see the focus of our next innovative project. Input from the survey will guide future planning, which we will bring back to the MHSA Steering Committee. Please select your top three (3) ideas within the survey. Also, there is an opportunity to fill in your own response. MHSA Steering Committee members and alternates are asked to participate. Additionally, the survey will be shared with the entire community so everyone is welcome to participate. Please participate by December 31, 2022, after which the Division will compile the results and report back to the MHSA Steering Committee in the new year.</p> <p>Member Questions and Discussion</p> <p>Minorities, especially African Americans, are more likely to live in low economic neighborhoods. I believe this is due to the bias that real estate agents hold. This puts minorities at risk and trauma due to the safety hazards associated with low economic neighborhoods. I think there should be a program that targets this and works with real estate agents to ensure equal rights for all ethnic groups.</p> <p><i>Thanks for your comment. Not only can you select categories in the survey, additionally, there is an opportunity for you to write in your specific ideas.</i></p> <p>How will the Psychiatric Advance Directives (PADs) program be objectively evaluated?</p> <p><i>The survey is not specific to PADs, but rather designed to gather ideas that the community has for innovative projects. PADs is included in the survey and may be prioritized by community members completing the survey. The survey will help determine the consensus of our overall community’s ideas for an innovative project.</i></p> <p>I appreciate the ways in which we run this process where the community really does have a voice. I think it is all of our responsibility, particularly those on the MHSA Steering Committee, to help disburse this survey to ensure the constituents that we represent have a voice heard in this process. I want to emphasize for everyone to please share the survey with the community.</p>

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	<p>Thank you for the presentation and I appreciate the flow chart, which helps visualize how the system's recommendation process operates.</p> <p>Was the PADs given funds to do the project or does the Board of Supervisors have to approve?</p> <p><i>Psychiatric Advanced Directives (PADs) project is a multi-county innovation project, which currently includes other counties participating collaboratively. The proposed PADs presentation last month was a recommendation from the Mental Health Board that Sacramento County consider joining this multi-county Innovation project. The Innovation Project Survey presented tonight provides an opportunity for all Steering Committee members and alternates as well as other stakeholders to weigh in and provide feedback and input of what you would like to see Sacramento County implement for its next Innovation project. We are possibly looking to implement more than one project, so the survey asks for your top three recommendations. Participation and feedback will help provide valuable information to inform what future Innovation project will happen next in Sacramento.</i></p>
VII. 2022 MHSA Steering Committee Accomplishments	<p>Alex Trac, MHSA Program Planner, presented on the 2022 MHSA Steering Committee Accomplishments. See Attachment D – 2022 MHSA Steering Committee Accomplishments.</p> <p>Member Questions and Discussion [Many SC members praised the BHS staff for the work they do.]</p>
VIII. General Steering Committee Comment	<p>Ms. Leslie Napper: I want to say thank you to everyone for an amazing year. It was emotional with a lot of difficult conversations, but we soldiered through. I want to acknowledge all of you saying thank you from my heart for your commitment and dedication to the process. I would like to extend tremendous gratitude to all of the stakeholders and the public that come and advocate for everything that they believe in for themselves and for their loved ones and for our community here in Sacramento County regarding MHSA. Therefore, to you, I say a very big thank you for an incredible year together.</p>
IX. General Public Comment	<p>None.</p>
X. Adjournment / Upcoming Meetings	<p>The meeting was adjourned at 7:20 p.m. Upcoming meetings will be held on</p> <ul style="list-style-type: none"> • January 19, 2023 • February 16, 2023

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or ruckera@saccounty.gov.