

# Youth Help Network (YHN)

**MHSA Steering Committee**

**February 16, 2023**

# What is Youth Help Network

- 90 Day Outreach and Engagement Program
- For youth ages 16 - 25 who live in Sacramento County
- Currently funded through MHSOAC Grant for TAY
- Currently operated by Capital Stars Behavioral Health Services



# Primary Goals of YHN

▶ Connection

▶ Support

▶ Linkage to:

- Community Resources, including Housing Access
- Mental Health Services
- Employment/Educational Resources
- Healthcare Access
- Substance Use Services
- LGBTQ+ Services
- Immigration/Legal Services

# Co-locations, Street Outreach

Wind  
Youth Services



SACRAMENTO  
**LGBT**  
COMMUNITY CENTER



THE GROVE

# Social Media



**New Year, New Resources!**

**SET BIG GOALS FOR YOURSELF**  
Career Goals, Housing, Education, mental health and More...

**REGISTER WITH YOUTH HELP NETWORK**  
Call or Text our warmline at 916-860-9819

**GET LINKED TO SERVICES**  
Choose from multiple options on the services that best fit your needs

YOUTH HELP NETWORK

YHN

youthhelpnetwork • Follow

youthhelpnetwork Nothing starts the new year better than new resources! YHN can support you with linkage to new goals and new possibilities! #YHN #employmentopportunities #affordablehousing #mentalhealthadvocate #education #newyearnewme #2023 #2023goals

4w

11 likes

DECEMBER 29, 2022

Log in to like or comment.



YOUTH HELP NETWORK YHN

CAPITAL STAR COMMUNITY SERVICES

833-20-SHINE

SHINE@STARSINC.COM

youthhelpnetwork • Follow

Grant Union High

youthhelpnetwork Thank you Robert's Family Development Center for inviting YHN and CSET to the 2023 MLK business/resource fair! We had a great time tabling at this fun event! #YHN #CSET #mlk #sacramentocounty #resources

1w

21 likes

JANUARY 16

<https://starsyouth.net/>

# How It's Going

- ▶ Since starting in 2019, YHN has served 973 unduplicated youth
- ▶ 100% of TAY engaged in YHN services who expressed an interest in receiving behavioral health services were connected to ongoing behavioral health services
- ▶ 1,032 followers on social media
- ▶ Strong connections with our homeless provider network allowing YHN to enter information into Homeless Management Information System (HMIS) and link youth to shelters and housing
- ▶ Partnerships with Wind Youth Services, Sacramento LGBT Center, Gender Health Center, The Grove, local Colleges, Probation, CPS, Francis House, City of Sacramento, and TAY Case Conferencing

# Collaboration Feedback

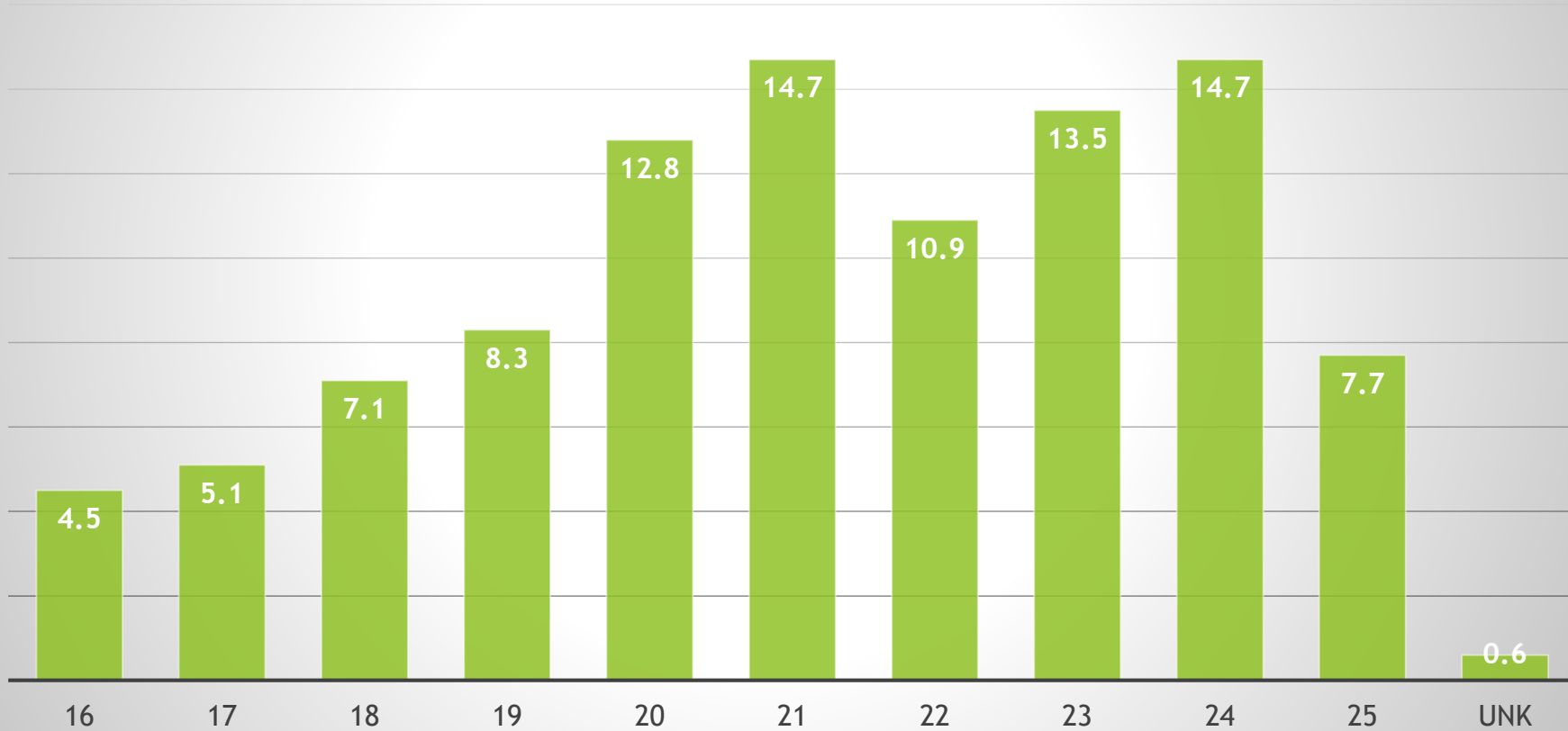
- ▶ 11/18/21 Homeless Youth Taskforce Presentation to MHSA Steering Committee suggested YHN as a model for outreach and early engagement to address homelessness experienced by youth
- ▶ From the Homeless Youth Taskforce Presentation:

## Opportunities- Robynne

- ▶ Professional development
  - ▶ High quality behavioral health trauma therapy
  - ▶ Career pathways- ↑retention/ ↓turnover
- ▶ Clinical Supervision
  - ▶ Provider network to provide support
  - ▶ “Golden ticket” into treatment centers
- ▶ YHN as a model
  - ▶ Outreach
  - ▶ Easy engagement

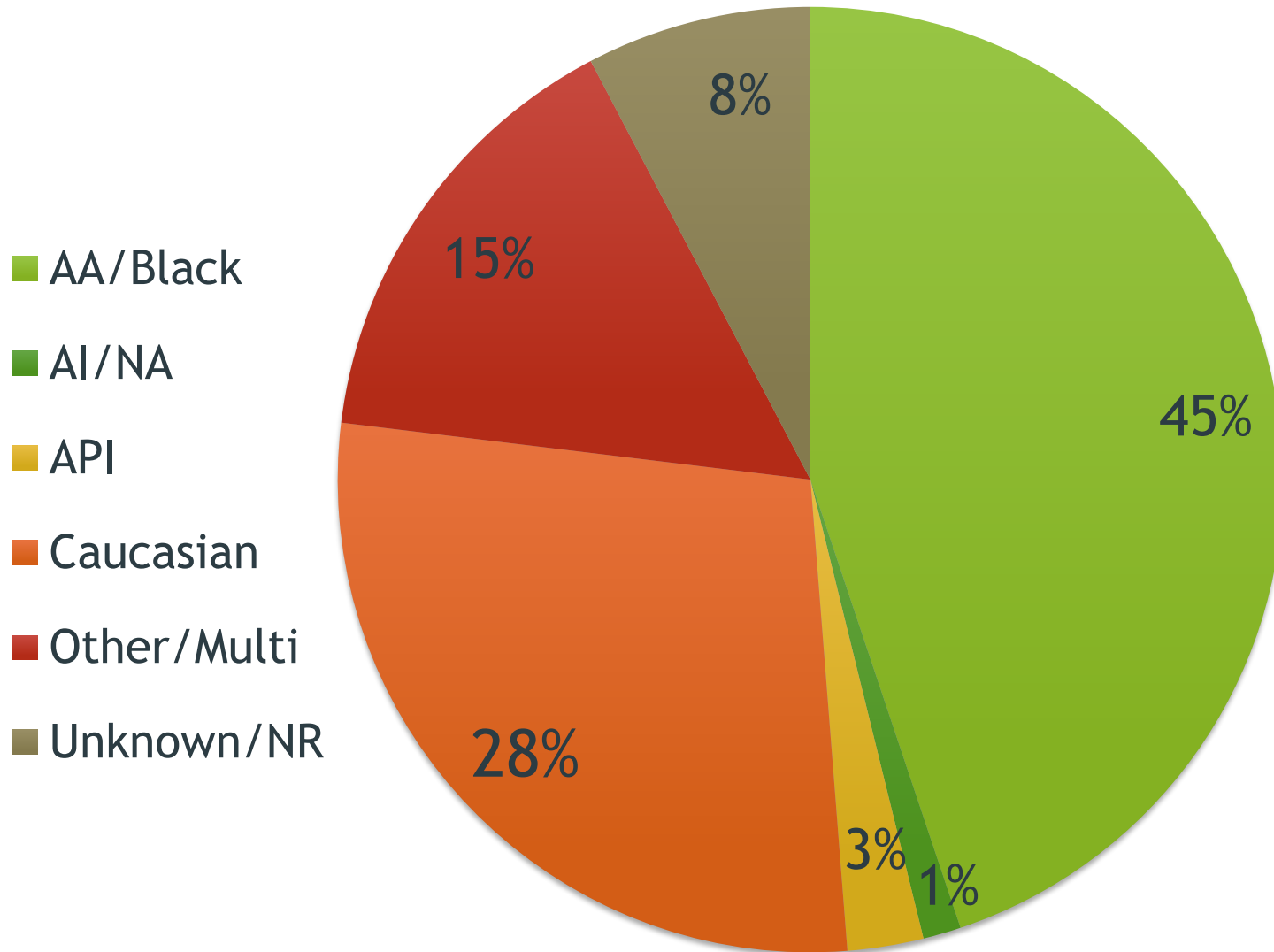
# Who YHN serves

Percent of Age Enrolled in YHN



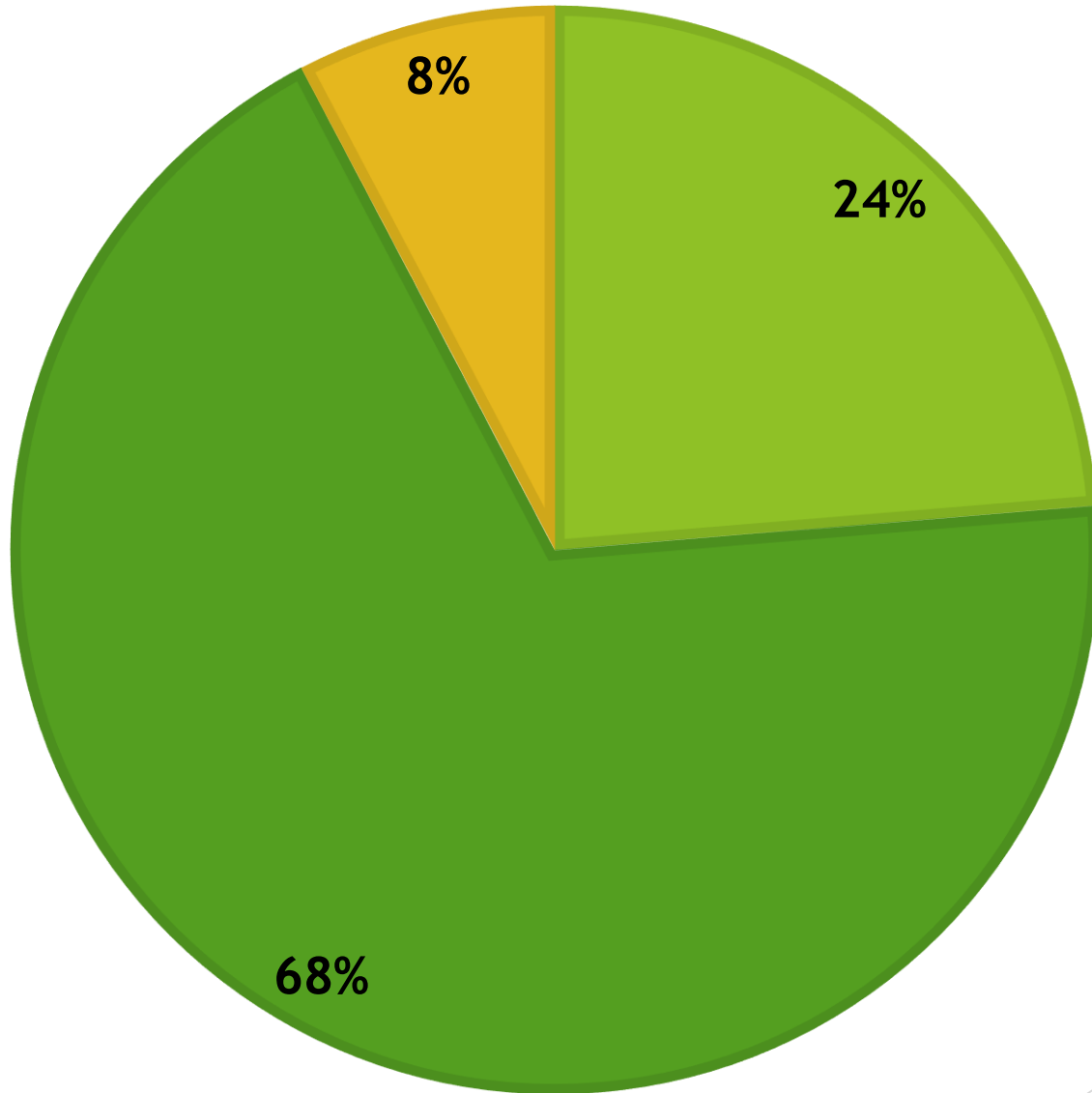


## Race

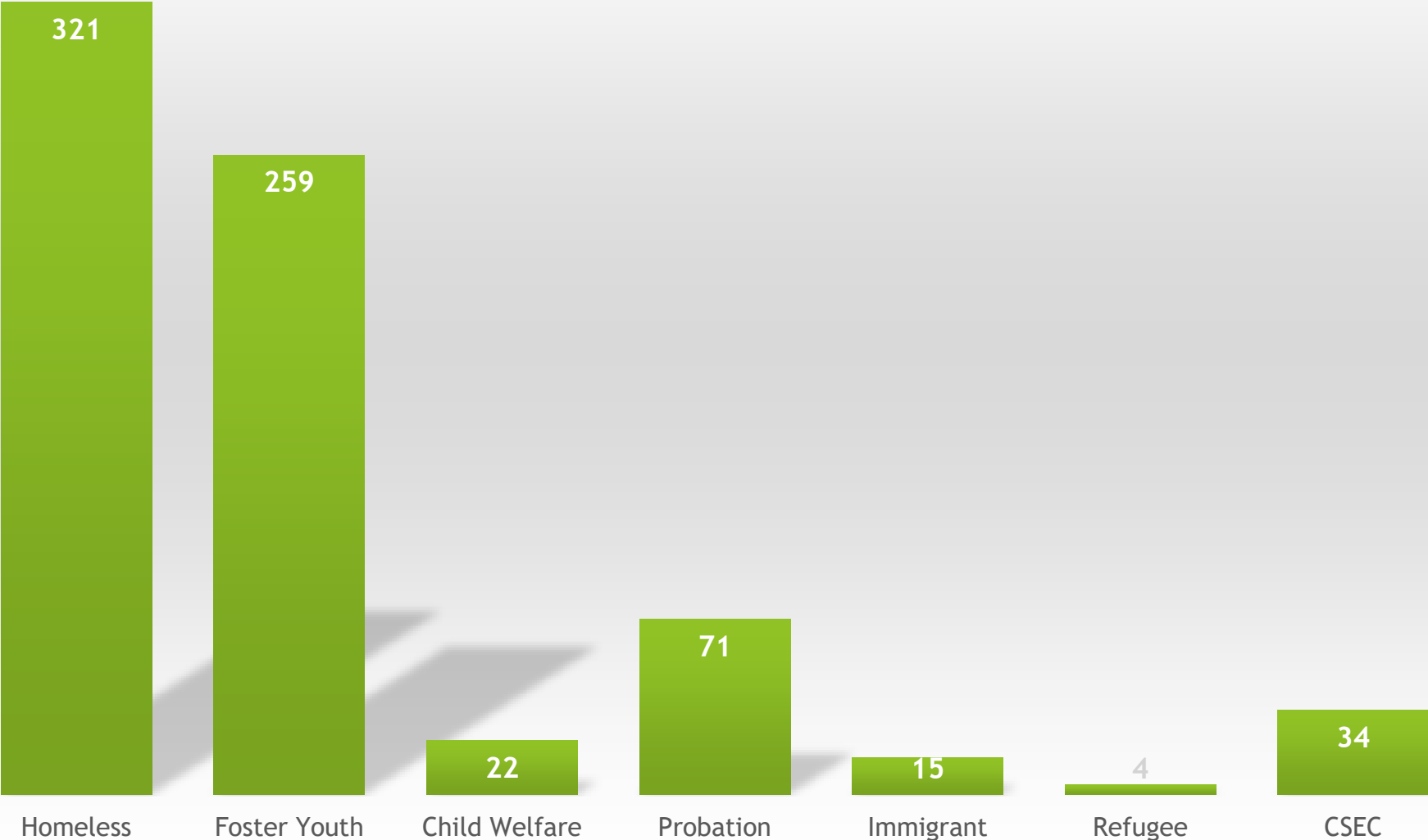


# ETHNICITY

■ Hispanic ■ Not Hispanic ■ Unknown/NR ■



Since starting the program in 2019: Youth are asked if they identify with any of the below groups of people.



# Youth Perspective



# Request for support

- ▶ YHN grant funding will end on June 30, 2023
- ▶ Enhances services as recommended by the Steering Committee and complements youth supports provided by The Source
- ▶ YHN is in alignment with PEI Strengthening Families programming and will be identified as a PEI Access and Linkage to Treatment service category in the MHSA Annual Update

# Funding

**Current Funding Ends June 30, 2023**

Grant Funds

\$4,019,929 over 4 years

**Requested PEI Component Funding**

\$936,175 annually

# Questions

# Thank you!

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