

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Meeting Minutes

January 19, 2023, 6:00 PM – 8:00 PM

Meeting Location

Webinar and phone conference

Meeting Attendees:

- MHSA Steering Committee members: Michelle Besse, Diana Burdick, Daniel Cisneros, Laurie Clothier, Julie Field, Anatoliy Gridyushko, Hafsa Hamdani, Crystal Harding, Sharon Jennings, Erin Johansen, Olivia Kasirye, Melissa Lloyd, Brad Lueth, Ebony Chambers McClinton, Ryan McClinton, Susan McCrea, Arushi Mishra, Leslie Napper, Ryan Quist, Heidi Richardson, Koby Rodriguez, Lynsey Semon, Martha Sinclair-West, Andrew Swift
- General Public

Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee members introduced themselves.
II. Agenda Review	The agenda was reviewed; no changes were made.
III. Approval of Prior Meeting Minutes	The November 2022 draft meeting minutes were reviewed; no changes were made.
IV. Announcements	<p>Heidi Richardson, SC Member: Do you know an extraordinary volunteer over age 50? Please nominate them for the 5 Over 50 Volunteer Award. Application deadline is February 15, 2023. Please visit to nominate: https://dcfas.saccounty.net/SAS/Pages/Adult-and-Aging-Commission.aspx</p> <p>Sharon Jennings, SC Member: I recently joined the Stop Stigma Speakers' Bureau. The purpose of the speakers' bureau is to share personal stories about living with a mental illness in an effort to promote positive attitudes about mental illness and share messages of wellness, hope and recovery. If you are living with a mental illness, or have a friend or loved one living with mental illness please consider joining the bureau. Please visit: https://www.stopstigasacramento.org/get-involved/speakers-bureau/</p>
V. Executive Committee / MHSA Updates	<p>Executive Committee Update</p> <p>Leslie Napper, SC Co-Chair, requested that meeting participants submit post-meeting evaluations. Leslie also shared the following update on behalf of the Executive Committee:</p> <p>The Zoom platform for the monthly meetings opens at 5:30 PM before the start of the meeting to provide a space for meet and greet and to ask any questions related to MHSA or the Steering Committee.</p>

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	<p>MHSA Updates</p> <p>Dr. Ryan Quist, Behavioral Health Director, provided the following updates:</p> <p><u>Recent Winter Storms</u> The recent storms has affected many within the county. We need to continue to support each other, especially for consumers impacted by the storm. I would also like to acknowledge and thank the Behavioral Health staff who did an amazing job responding throughout this emergency. Staff volunteered (unpaid) during the holidays to support our unhoused neighbors within our communities throughout the storm. As emergency shelters are closing down, we are still staffing extreme weather shelters (warming shelters) along with a center for those who have experienced damage as a result from the storm.</p> <p><u>Mental Health Rehabilitation Center</u> As mentioned in previous meetings, there is a state initiative called the Behavioral Health Continuum Infrastructure Program (BHCIP) to expand the capacity of behavioral health facilities, including construction, renovation, and acquisition of said facilities. In that previous update, I mentioned we received \$28.5 million to build a 64 bed Mental Health Rehabilitation Center that will step people down from our psychiatric hospitals when they are ready to discharge to make room at those hospitals for others who need those services. Today there is a brand new announcement -- we applied and received \$21.8 million for a youth crisis facility. This facility will include a psychiatric health facility with 16 beds for youth and a crisis stabilization unit for up to 27 youth. The 64 bed Mental Health Rehabilitation Center should be completed before the end of 2026 and the Youth Crisis facility should be completed before the end of 2027. We will expedite as much as possible to finish construction before that.</p> <p>Jane Ann Zakhary, Division Manager, provided the following update:</p> <p><u>MHSA Fiscal Year 2023-24 Annual Update</u> The Division is in the process of developing the Fiscal Year (FY) 2023-24 Annual Update to the MHSA Three Year Program and Expenditure Plan. We will bring it to the MHSA Steering Committee for review and public comment this spring once it is posted for the 30 day public comment.</p> <p>Andrea Crook, MHSA Program Manager, provided the following update:</p> <p><u>MHSA SC Charter</u> The draft MHSA Steering Committee Charter was included in your meeting packet. The Charter is was something discussed</p>

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	<p>years ago and is now presented for your review. We would like to receive your input at the next meeting for any edits or revisions.</p> <p>Inside the charter, you will find MHSA general standards, community planning process overview, MHSA SC roles and responsibilities, and MHSA definitions, along with a copy of the steering committee application.</p>
<p>VI. Peer Input Session and Survey Results</p>	<p>Andrea Crook presented on the Peer Input Session and survey results. See Attachment A – Peer Input Session Results.</p> <p>The presentation covers the Peer Services survey and results from the Peer Session. We will have an additional community meeting on February 1, 2023 from 4:30 to 5:30 PM to provide a report out on the survey results and input session discussion and opportunity for questions and answers. Please watch for an email with meeting details and participation link.</p> <p>Tonight will be an informative presentation only.</p> <p>Member Questions and Discussion</p> <p>Are experienced family member peers ever included or are there only consumer peers?</p> <p><i>Yes, they are. Family members, caregivers, and parents all have incredibly valuable lived experience in the peer workforce.</i></p>
<p>VII. MHSA Innovation Component Survey Results</p> <ul style="list-style-type: none"> • Member Discussion • Public Comment • SC Action 	<p>Julie Leung, MHSA Program Planner, provided background and context regarding MHSA Innovation component and survey results received from the community.</p> <p>See Attachment B – Innovation Component Requirements and Innovation Survey Results.</p> <p>Member Questions and Discussion</p> <p>Summary: SC members engaged in thoughtful discussion. SC members expressed concern for a low survey response rate, which did not contribute to an adequate representation of community voice. Additional feedback suggested revising the survey to include specific innovative examples and having SC members play a more active role promoting the importance of community input to increase the survey response rate.</p> <p>Motion</p> <p>Laurie Clothier moved to appoint the Executive Committee with other interested Steering Committee members to form a work group to prioritize the three survey recommendations before us and bring back the vote at next month’s meeting. Seconded by Crystal Harding.</p> <p>A friendly amendment was offered by Leslie Napper to Empower the Executive Committee and interested Committee members to</p>

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	<p>consider how to move this conversation forward. Laurie Clothier and Crystal Harding accepted the amendment.</p> <p>Public Comment</p> <p>Dr. Diane Wolfe, Psychiatrist: I found the survey challenging because it was multiple choice and that did not call for creative thinking. I think it would be useful to invite people to brainstorm and offer specific suggestions around either programs to experiment with, or problems that need to be solved. At which point the Steering Committee could then brainstorm to come up with potential ideas for innovative projects.</p> <p>Robin Barney, Cal Voices: I would like to speak to the services and interventions. I really appreciate Dr. Wolfe's and Ebony's comments. Dr. Wolfe spoke to inviting people to brainstorm and Ebony addressed having a workshop. I think discussions mentioned earlier are great because it would give us the opportunity to honestly take a look at the existing services, interventions, and innovations to help us generate new knowledge, methods, and technologies that can be readily applied to achieve near and long-term improvement in the MH outcomes across diverse disorders, age, groups, backgrounds, and settings. For family members who are here tonight, I strongly encourage you to attend the February 1 focus group because this is how we get our voices heard and create change.</p> <p>SC Action</p> <p>Motion passed.</p>
VIII. General Steering Committee Comment	<p>Dr. Ryan Quist: Please see this great article about our own Ms. Leslie! https://sacobserver.com/2022/12/despite-increased-access-health-disparities-for-blacks-persist-in-sacramento/</p> <p>Sharon Jennings: I was introduced to a webinar entitled <i>Bringing Justice to Those Suffering From Mental Illness</i>. The webinar is about mental illness and the criminal justice system. Judge Lawrence Brown is so compassionate it makes me proud that MHSA dollars are helping to support this kind of a program. So if you are interested, go to the Sacramento County Public Law Library website for information about viewing this webinar.</p>
IX. General Public Comment	None.
X. Adjournment / Upcoming Meetings	<p>The meeting was adjourned at 8:08 p.m. Upcoming meetings will be held on</p> <ul style="list-style-type: none"> • February 16, 2023 • March 16, 2023

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Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or ruckera@saccounty.gov.