

Behavioral Health **YOUTH ADVISORY BOARD**

A MONTHLY NEWSLETTER BROUGHT TO YOU BY THE MEMBERS OF THE BHYAB



December News

The Board advised the Sacramento County Office of Education's Student Behavioral Mental Health and Wellness Collaborative in youth service events. Members had an opportunity to provide their perspective on what would be of value at a services event.

On December 12th, the BHYAB spoke in public comment before Sacramento City Council, advocating for a city youth liaison. Members collaborated with the City's Youth Commission to formulate their talking points and explain why a youth deserves a seat on the dais.

FEATURED

December Meeting News

January Meeting News

Congratulations Officers

Community News

Board Resources

This newsletter is brought to you by:



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January News

On January 2nd, members instated their officers and delegated board responsibilities. Board member and secretary, Natanya Kharat, also committed to becoming the BHYAB's liaison to the Mental Health Board. Natanya will be engaging with the Children's System of Care Committee and updating boards on each other's activities.

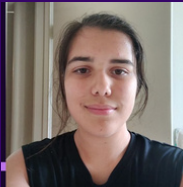
On Jan. 20th, board members attended the Mental Health Services Oversight and Accountability Commission's Youth Advocacy Initiative convening. Members of the board networked with other youth advocates and enhanced their mental health literacy.

On January 23rd, Kimberly Grimes, Health Program Manager for the county Substance Use Prevention & Treatment Services department debriefed members on substance misuse and epidemic facts.

Special thanks to the BHYAB Partners:



MEET THE BOARD



District 1
Storm Burgess



District 2
Zauna Nuru-Bates



District 2
Kai Bzoskie



District 3
Radha Chauhan



District 4
Natanya Kharat



District 5
Jordan Kaitapu

Congratulations, Officers!



At the beginning of the year, officer nominees presented speeches to the board to express their interest in the officer positions of Chair, Vice Chair, and Secretary. On Jan. 21st, the board voted and elected its officers.

A warm congratulations to:
 Radha Chauhan, Chair
 Kai Bzoskie, Vice Chair
 Natanya Kharat, Secretary

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Join the Board!

The Behavioral Health Youth Advisory Board is a governing body that offers youth perspectives on mental health and substance misuse goals and objectives for Sacramento County. No experience is needed! All we ask is that you are passionate about mental health or substance misuse, and we will teach you along the way.

APPLY NOW

BOARD RESOURCES

- [Agenda](#)
- [Application](#)

Special Thanks...

We would like to recognize the supporters of the BHYAB.

Special thanks to:

Kimberly Grimes

Thank you for taking the time to present at a Board meeting!

If you or someone you know would like to present to the BHYAB, please contact sydneys@proyouthandfamilies.org.

