

County of Sacramento
Department of Health Services
Prevention and Early Intervention (PEI) Services and Mental Health Respite Services Provider List
7/1/2023

Please contact the agency directly to access services. For more information about Sacramento County's Mental Health Plan Medi-Cal Provider List, please contact Member Services at (916) 875-6069 or toll free at 1-888-881-4881. ***Bold type indicates culture/ethnic-specific provider***

Prevention and Early Intervention Programs

Name	Address	Phone	Provider Characteristic	Population	Linguistic/Cultural Capacity	Specialties
Organizational Providers						
Suicide Prevention Project						
The Living Room operated by A Church For All	North Highlands: 4704 Roseville Road Suite 110 North Highlands, CA 95660 South Sacramento: 7000 Franklin Boulevard Suite 1020 Sacramento, CA 95823	(916) 234-0178 or (916) 807-7820	Call provider directly to access services	All Ages	African American community	Suicide prevention education, outreach, and engagement African American cultural specialty
Asian Pacific Community Counseling	7273 14 th Avenue Suite 120-B Sacramento, CA 95820	(916) 383-6783	Call provider directly to access services	All Ages	Cantonese-speaking, Hmong, and Vietnamese communities	Suicide prevention education, outreach and engagement Cantonese-speaking, Hmong, and Vietnamese cultural specialty

Children's Receiving Home	3555 Auburn Boulevard Sacramento, CA 95821	(916) 482-2370	Call provider directly to access services	Youth/Transitional Aged Youth (TAY) Ages 12 through 25	Use of interpreters for languages other than English	Suicide prevention education, outreach and engagement Foster, LGBTQ, or Homeless Youth/TAY specialty
Community Support Team	3321 Power Inn Road, Suite 110 Sacramento, CA 95826	(916) 874-6015	Call provider directly to make a referral / access services	All Ages	Use of interpreters for languages other than English	Crisis intervention, assessment, resource navigation & education

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Iu Mien Community Services	5657 Stockton Blvd, Sacramento CA 95824	(916) 383-3083	Accepting clients through referrals via phone or email, including self-referrals	Youth through older adults.	Iu Mien	Intergenerational respite support Iu Mien Cultural Specialty
Friends for Survival	2628 El Camino Avenue, Ste. D-1 Sacramento, CA 95821	(916) 392-0664	Call provider directly to access services	All Ages	Use of interpreters for languages other than English	Suicide Bereavement Support Groups & Grief Services
La Familia Counseling Center	3301 37 th Avenue Sacramento, CA 95824	(916) 210-8773	Call provider directly to access services	All Ages	Spanish-speaking/Latino community	Suicide prevention education, outreach, and engagement Spanish-speaking/Latino cultural specialty
La Familia Counseling Center	3301 37 th Avenue Sacramento, CA 95824	(916) 210-8773	Call provider directly to access services	Adults Ages 55+	Use of interpreters for languages other than English and Spanish	Suicide prevention, education, outreach, and engagement Older Adult specialty
Cal Voices	720 Howe Avenue Suite 102 Sacramento, CA 95825	(916) 366-4668	Call provider directly to access services	Adults	Use of interpreters for languages other than Cantonese, English, Russian, and Ukrainian	Suicide prevention education, outreach, and engagement Consumer-Operated Warmline

Mobile Crisis Support Teams	Sited with Law Enforcement Program Partners	Access through law enforcement dispatch (911 or non-emergency calls)	All Ages	Use of interpreters for languages other than English	Mobile Crisis Assessment and intervention
Refugees Enrichment and Development Association	2919 Fulton Ave. Sacramento, CA 95821	(916) 500-4299 Call provider directly to access services. Arabic Helpline https://bit.ly/REDAhelp Afghan Helpline https://bit.ly/REDAAfghanHelpline	All Ages	Arabic, Dari and Pashto	Suicide prevention, mental health education, English language lab, School Tutoring, refugee youth mentoring, Outdoor Programs, Outreach and engagement

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Sacramento Native American Health Center, Life Is Sacred	2800 Florin Road, Sacramento, CA 95823	(916) 341-0575	Call provider directly to access services	Native American/ Alaskan Native and All other Communities, All Ages	Spanish, other languages available upon request	Suicide prevention education, outreach & engagement Native American Cultural Specialty
Slavic Assistance Center	2117 Cottage Way Sacramento, CA 95825	(916) 925-1071 slaviccenter2002@gmail.com	Call provider directly to access services	Russian Speaking / Slavic Community, All Ages	Russian, Ukrainian	Suicide prevention education, outreach & engagement Russian Speaking/Slavic Community Cultural Specialty
Ukrainian Phone Line Slavic Assistance Center	2117 Cottage Way Sacramento, CA 95825	(916) 925-1010	Call provider directly to access services	Ukrainian Speaking, All Ages	Ukrainian	Warmline services for people affected by the war in Ukraine
WellSpace Health	777 12th Street, Suite 250, Sacramento, CA 95814	(916) 368-3111 or (800) 273-8255	Call provider directly to access services	All Ages	Use of interpreters for languages other than English	Suicide Prevention Crisis Line
		(916) 368-3118				Emergency Department Follow-up Services
Strengthening Families						
Bullying Prevention Project	Sacramento County Office of Education (SCOE) and all School Districts in Sacramento County	SCOE (916) 228-2565	Call provider directly to access services	Children in 4th, 5th and 6th grades	Use of interpreters for languages other than English	Bullying Prevention Education and Training
Child Protective Services-Mental Health Team	7001-A East Parkway, Suite 800 Sacramento, CA 95823	(916) 875-6508	Accessed through Child Protective Services	Children ages 0-21 (CANS/CFT) and Adults (MH assessments) served in CPS system	Use of interpreters for languages other than English	Completion of CANS and participation in Child and Family Team (CFT) meetings, Mental Health Assessment and Consultation

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eVIBE (Early Violence Intervention Begins with Education)	2750 Sutterville Rd Sacramento, CA 95820	(916) 290-8108	Call provider directly to access services	Children & youth ages 18 years and under and their families or caregivers	Spanish, use of interpreters for languages other than English (program materials also available in Arabic, Cantonese, Hmong, Vietnamese, Russian)	Violence prevention education & outreach, family conflict resolution
Quality Child Care Collaborative (QCCC)	9800 Old Winery Place Sacramento, CA 95827	(916) 369-0191	Call Child Action (Ask for a QCCC referral)	Birth through age 5	Use of Interpreters for languages other than English	Mental Health consultation for child care settings serving ages birth through 5
Safe Zone Squad	Sacramento City Unified School District (SCUSD) Albert Einstein Middle School 9325 Mirandy Drive Sacramento, CA 95826	(916) 826-2822	Call provider directly to access services	Children in 6 th and 7 th Grades	Use of interpreters for languages other than English	Crisis Intervention Services Triage & Linkage Referrals & Resources
Safe Zone Squad	Sacramento City Unified School District (SCUSD) Sam Brannan Middle School 9325 Mirandy Drive Sacramento, CA 95826	(916) 826-2928	Call provider directly to access services	Children in 6 th and 7 th Grades	Use of interpreters for languages other than English	Crisis Intervention Services Triage & Linkage Referrals & Resources

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Youth Mental Health First Aid (YMHFA), Question, Persuade, Refer (QPR)	Sacramento County Office of Education (SCOE)	SCOE (916) 228-2565	Call provider directly to access services	All Ages	Use of interpreters for languages other than English	Suicide Prevention & Training
Integrated Health and Wellness						
SacEDAPT (Early Diagnosis and Preventative Treatment of Psychotic Illness)	University of California, Davis 2230 Stockton Blvd. Sacramento, CA 95817	(916) 734-7251	Call provider directly to access services	Individuals ages 12-30	Spanish, Mandarin Chinese	Assessment, early identification & treatment of the onset of psychosis
SeniorLink	El Hogar 630 Bercut Dr. Suite B, Sacramento, CA 95811	(916) 369-7872	Call provider directly to access services	Age 55+	Spanish, Hmong, ASL	Outreach, education & connection to resources
Community Responsive Wellness Program for the Black Communities of Sacramento Administered by Sierra Health Foundation Center for Health Program Management	Improve Your Tomorrow 3780 Rosin Court, Suite 240, Sacramento, CA 95834	(916) 299-3432	Call provider directly to access services	Young men of Color Ages 12-18 and/or Grades 7 to 12	African –American community	Predominantly serves students who are academically underperforming, socially at-risk, and/or have experienced chronic stress or violence at home.

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<p>Community Responsive Wellness Program for the Black Communities of Sacramento</p> <p>Administered by Sierra Health Foundation Center for Health Program Management</p>	<p>ONTRACK Program Resources</p> <p>520 9th Street, Suite 102 Sacramento, CA 95814</p>	<p>(916) 285-1810</p>	<p>Call provider directly to access services</p>	<p>Children, adults, families, and organizations in behavioral health, health care, human services, educational, and social justice sectors</p>	<p>African –American community</p>	<p>Provides trauma-informed, strengths-based, culturally responsive training, consulting, and technical assistance services aimed at reducing disparities, and improving services for diverse communities.</p>
<p>Community Responsive Wellness Program for the Black Communities of Sacramento</p> <p>Administered by Sierra Health Foundation Center for Health Program Management</p>	<p>Roberts Family Development Center</p> <p>766 Darina Avenue, Sacramento, CA 95815</p> <p>770 Darina Avenue, Sacramento, CA 95815</p>	<p>(916) 646-6631</p>	<p>Call provider directly to access services</p>	<p>Children and Families of Color</p>	<p>African –American community</p>	<p>Provides a holistic approach focusing on Pre-K thru 12th grade academic support and enrichment, parent education, economic empowerment, technology literacy, and community involvement, and advocacy.</p>
<p>Community Responsive Wellness Program for the Black Communities of Sacramento</p> <p>Administered by Sierra Health Foundation Center for Health Program Management</p>	<p>Rose Family Creative Empowerment Center</p> <p>7000 Franklin Boulevard., Suite 1000 Sacramento, CA 95823</p>	<p>(916) 376-7916</p>	<p>Call provider directly to access services</p>	<p>Children and Families of Color</p>	<p>African – American community</p>	<p>Provides services to help combat cultural poverty through visual and performing arts and after school education programs. Provides access to healthy food/meals as well as health and safety education.</p>

Mental Health Respite Services

Name	Address	Phone	Provider Characteristic	Population	Linguistic/Cultural Capacity	Specialties
Organizational Providers						
A Church for All: Ripple Effect	4704 Roseville Road, Suite 110 North Highlands, CA 95660	(916) 807-7305	Accepting clients through referrals via phone or email, including self- referrals	Adults in or at risk of mental health crisis	Spanish	LGBTQ-friendly planned respite

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Capital Adoptive Families Alliance	www.capadoptfam.org	(916) 671-2030	Accepts referrals from adoption agencies, provider agencies, and self-referrals via phone, email, and social media	Parents of adopted children with SED	Use of interpreters for languages other than English	Family respite camp and planned activities for adoptive parents and their children with complex mental health needs
Del Oro Caregiver Resource Center	8421 Auburn Blvd, Suite 265 Citrus Heights, CA 95610	(916) 728-9333	Accepting clients through self-referral via phone	Caregivers of Adults and Caregivers of Older Adults	Mien	Crisis respite care and respite counseling for caregivers
Sacramento LGBT Community Center: Lambda Lounge	1015 20th Street Sacramento, CA 95811	(916) 442-0185	Accepting clients through referrals via phone, or walk in, including self-referrals	LGBTQ adults ages 24+ in or at risk of mental health crisis	Spanish, use of interpreters for languages other than English	LGBTQ-friendly planned and drop-in respite; LGBTQ adult specialty
Sacramento LGBT Community Center: Q Spot	1015 20th Street Sacramento, CA 95811	(916) 442-0185	Accepting clients through referrals via phone or email, including self-referrals	LGBT Youth ages 13-23 in or at risk of mental health crisis	Spanish, use of interpreters for languages other than English	LGBTQ-friendly drop-in respite and support groups; LGBT youth specialty
Saint John's Program for Real Change	Contact program for more information	(916) 453-1482	Accepting clients through referrals from psychiatric hospitals, hospitals, WEAVE, other mental health providers, and governmental agencies	Women in mental health crisis, including women with children	Language capacity of intern volunteers (currently Russian, Spanish, and Vietnamese). Non-English language capacity subject to change depending on staff turnover.	Short-term respite and on-site support services

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Capitol Star Crisis Residential Program	Contact program for more information	(916) 890-3000	Contact program for referral forms by phone or website https://www.starsinc.com/sac-crp/	Transitional Age Youth and Young Adults ages 18-29	English, Spanish	Crisis Residential Program & Counseling Center
TLCS, Inc. (dba Hope Cooperative)–Mental Health Crisis Respite Center	Contact program for more information	(916) RESPITE (916) 737-7483	Accepting clients through telephone self-referral and community referrals	Adults	Hmong, ASL (non-fluent)	24 hour/7 day a week mental health crisis respite services
Turning Point Community Programs – Abiding Hope Respite House	Contact program for more information	(916) 287-4860	Accepting clients through referrals from emergency rooms, law enforcement, outpatient case managers, shelters, and self-referrals.	Adults and Older Adults in or at risk of mental health crisis	Mien	24 hour/7 day a week residential mental health crisis respite services
Rejuvenation Haven at Wind Youth Services	815 S Street Sacramento, CA 95811	(916) 504-3313	Accepting clients through referrals via phone or email, including self-referrals	Youth ages 13-25 who are homeless or at-risk of homelessness and are in or at risk of mental health crisis	Spanish	Drop-in respite; Youth experiencing homelessness specialty