

County of Sacramento
Department of Health Services
Prevention and Early Intervention (PEI) Services and Mental Health Respite Services Provider List
7/1/2023

Thov hu ncaj qha rau lub chaw ua hauj lwm thiaj tau txais kev pab cuam. Yog xav paub ntau ntxiv txog Sacramento County's Mental Health Plan Medi-Cal Provider Cov Npe Koom Haum, thov hu rau ntawm Qhuav Chaw Pab Cuam Tswv Cuab rau ntawm tus xov tooj (916) 875-6069 los yog tus xov tooj hu dawb ntawm 1-888-881-4881. *Cov ntawv tuab qhia txog cov chaw saib xyuas txog kab lis kev cai/haiv neeg tsawg tshwj xeeb*

Cov Kev Pab Tiv Thaiv thiab Tuav Tswj Thaum Tseem Ntxov

Lub npe	Chaw Nyob	Xov tooj	Cov Yeeb Yam Ntawm Lub Chaw Pab Cuam	Cov neeg	Rab Peev Xwm Paub Hom Lus/Kab Lis Kev Cai	Kev Paub Tshwj Xeeb
Cov Chaw Pab Cuam						
Txoj Hauj lwm Tiv Thaiv Kev Tua Yus Tus Kheej						
The Living Room operated by A Church For All	North Highlands: 4704 Roseville Road Suite 110 North Highlands, CA 95660 South Sacramento: 7000 Franklin Boulevard Suite 1020 Sacramento, CA 95823	(916) 234-0178 thiab (916) 899-8861	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Txhua Lub Hnub Nyoog	Neng Mes Kas Dub hauv zej zog	Kev txhawb, kev kawm thiab kev sib raug Rau cov neeg Mes Kas Dub xwb
Asian Pacific Community Counseling	7273 14 th Avenue Suite 120-B Sacramento, CA 95820	(916) 383-6783	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Txhua Lub Hnub Nyoog	Cov neeg hais lus Suav, Hmoob thiab Nyab Laj	Txhawb kev tiv thaiv tua yus tus kheej Kev txhawb, kev kawm thiab kev sib raug Rau cov neeg hais lus Suav, Hmoob thiab Nyab laj xwb

Lub npe	Chaw Nyob	Xov tooj	Cov Yeeb Yam Ntawm Lub Chaw Pab Cuam	Cov neeg	Rab Peev Xwm Paub Hom Lus/Kab Lis Kev Cai	Kev Paub Tshwj Xeeb
Children's Receiving Home	3555 Auburn Boulevard Sacramento, CA 95821	(916) 482-2370	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Youth/Transitional Aged Youth (TAY) Hnub nyoog 12 txog 25	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Txhawb kev tiv thaiv tua yus tus kheej Kev txhawb, kev kawm thiab kev sib raug Rau cov niam txiv, LGBTQ, los yog cov tsi muaj tsev nyob Youth/TAY
Community Support Team	3321 Power Inn Road, Suite 110 Sacramento, CA 95826	(916) 874-6015	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Txhua Lub Hnub Nyoog	Siv neeg txhais lus uas tsi yog lus Mes Kas	Kev pab txhawb yam muaj teeb meem, cov chaw pab chaw thiab kev qhuab qhia
Iu-Mien Community Services	<i>Kev pab rau so ntawm:</i> Lemon Hill Community Room 6000 Lemon Hill Ave Sacramento, CA 95824	(916) 383-3083	Kev lees cov neeg qhua raws hauv xov tooj los sis email, suav txog yus tus kheej mus kiag	Cov hluas mus txog cov neeg laus.	Neeg Co (Mien)	Kev pab txhawb rau ntau txheej neeg Kev Paub Zoo Txog Kab Lis Kev Cai Iu-Mien
Friends for Survival	2628 El Camino Avenue, Ste.D-1 Sacramento, CA 95821	(916) 392-0664	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Txhua Lub Hnub Nyoog	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Kev Pab Txhawb Ua Pawg Rau Cov Neeg Xav Tua Yus Tus Kheej thiab Kev Saib Xyuas Kev Tu Siab
La Familia Counseling Center	3301 37th Avenue Sacramento, CA 95824	(916) 210-8773	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Txhua lub hnub nyoog	Cov neeg hais lus Mev/cov neeg Mev	Txhawb kev tiv thaiv tua yus tus kheej Kev txhawb, kev kawm thiab kev sib raug Cov neeg hais lus Mev/cov neeg Mev

Lub npe	Chaw Nyob	Xov tooj	Cov Yeeb Yam Ntawm Lub Chaw Pab Cuam	Cov neeg	Rab Peev Xwm Paub Hom Lus/Kab Lis Kev Cai	Kev Paub Tshwj Xeeb
La Familia Counseling Center	3301 37 th Avenue Sacramento, CA 95824	(916) 210-8773	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Cov laus hnuv nyoog 55+	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv thiab Mev	Txhawb kev tiv thaiv tua yus tus kheej Kev txhawb, kev kawm thiab kev sib raug Rau cov neeg laus
Cal Voices	720 Howe Avenue Suite 102 Sacramento, CA 95825	(916) 366- 4668	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Cov Laus	Siv cov kws txhais lus rau cov neeg uas uas hais lwm yam lus xws li Suav, Ames Kas, Russian thiab Ukrainian	Txhawb kev tiv thaiv tua yus tus kheej Kev txhawb, kev kawm thiab kev sib raug Rau sawv daws – Nyob Warmline
Mobile Crisis Support Teams	Koom Nrog Cov Tub Ceev Xwm Kev Raug Cai	Tau txais kev saib xyuas raws li kev yuam siv txoj cai li choj		Txhua Lub Hnuv Nyooog	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Kev Tshuaj Ntsuam Xyuas Qhov Teeb Meem Mus Raws Chaw thiab kev pab txhawb
Refugees Enrichment and Development Association	2919 Fulton Ave. Sacramento, CA 95821	(916) 500-4299 Hu ncaj qha rau tus xov tooj saum toj no rau kev pab cuam Arabic Helpline https://bit.ly/REDAhelp Afghan Helpline https://bit.ly/REDAAfghanHelpline		Txhua lub Hnuv nyoog	Arabic, Dari thiab Pashto	Txhawb kev tiv thaiv tua yus tus kheej, kev kawm txog tsev Nyuaj Siab, haw kawm ntawv Mes Kas, Pab kev kawm ntawv tom Tsev Kawm Ntawv, Pab cuam rau cov me nyuam yaus ua yog neeg tawg rog, kev ua si, kev sib txhawb thiab sib cuag.

Lub npe	Chaw Nyob	Xov tooj	Cov Yeeb Yam Ntawm Lub Chaw Pab Cuam	Cov neeg	Rab Peev Xwm Paub Hom Lus/Kab Lis Kev Cai	Kev Paub Tshwj Xeeb
Sacramento Native American Health Center	2800 Florin Road, Sacramento, CA 95823	(916) 341-0575	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Neeg Keeb Kwm Meskas, Txhua Lub Hnub Nyooog	Lus Mev, kuj muaj hom lus yog nej xav tau	Kev qhuab qhia, kev nthuav qhia thiab kev pab txhawb txog kev tiv thaiv kev tua yus tus kheej Paub Tshwj Xeeb Txog Kab Lis Kev Cai Neeg Keeb Kwm Meskas
Slavic Assistance Center	2117 Cottage Way Sacramento, CA 95825	(916) 925-1071 slaviccenter2002@gmail.com	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Cov Neeg Hais Lus Lav Xias/Neeg Slavic, Txhua Lub Hnub Nyooog	Lus Lav Xias, Lus Ukrainian	Kev qhuab qhia, kev nthuav qhia thiab kev pab txhawb txog kev tiv thaiv kev tua yus tus kheej Paub Tshwj Xeeb Txog Kab Lis Kev Cai Neeg Lav Xia/Neeg Slavic
Ukrainian Phone Line Slavic Assistance Center	2117 Cottage Way Sacramento, CA 95825	(916) 925-1010	Hu ncaj qha rau lub chaw pab cuam	Hais lus Ukraine hu rau tus xov tooj no	Ukrainian	Chaw pab cuam rau cov neeg uas khiav rog nyob rau teb chaws Ukraine
WellSpace Health	777 12 th Street, Suite 250, Sacramento, CA 95814	(916) 368-3111 los sis (800) 273-8255	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Txhua Lub Hnub Nyooog	Siv cov kw	Tus Xov Tooj Tiv Thaiv Kev Tua Yus Tus Kheej
		(916) 368-3118			txhais lus rau cov neeg uas tsis hais lus Askiv	Kev Pab Tswv Yim Txog Kev Tiv Thaiv
kev pab txhawb rab peev xwm rau cov tsev neeg						
Bullying Prevention Project	Sacramento County Office of Education (SCOE) thiab tag nrho cov Tsev Kawm ntawv Hauv ib cheeb tsam Nroog Sacramento County	SCOE (916) 228-2565	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Cov menyuam kawm ntawv qeb 4, 5 thiab 6	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Kev Qhuab Qhia thiab Kev Cob Qhia Txog Kev Tiv Thaiv Kev Thab Plaub

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Child Protective Services/Mental Health Collaborative	7001-A East Parkway, Suite 800 Sacramento, CA 95823	(916)-875-6508	Tau txais kev saib xyuas los ntawm Child Protective Services	Cov menyuum yaus hnuv nyoog 0-21 uas raug pab txhawb rau hauv CPS	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Kev Tshuj Ntsuam Xyuas Kev Mob Hlwb, kev sab laj, thiab kev mus koom hauv Child and Family Team (CFT) cov rooj sib tham
eVIBE (Early Violence Intervention Begins with Education)	2750 Sutterville Rd Sacramento, CA 95820	(916) 290-8108	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev pab cuam	Cov menyuum yaus thiab cov hluas hnuv nyoog 18 xyoo thiab qis dua thiab lawv tsev neeg los sis cov neeg zov	Lus Xab Pees (muaj cov ntaub ntawv sau ua lus Arabic, Lus Cantonese, Lus Hmoob, Lus Nyab Laj, Lus Lav Xias)	Kev qhuab qhia thiab kev nthuav qhia txog kev tiv thaiv kev ua phem
Quality Child Care Collaborative (QCCC)	9800 Old Winery Place Sacramento, CA 95827	(916) 369-0191	Hu rau Child Action (Nug tus QCCC xa)	Hnuv nyoog txog 5 xyoo	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Kev sab laj txog kev nyuaj siab rau cov me nyuam hnuv yug txog 5 xyoos
Safe Zone Squad	Sacramento City Unified School District (SCUSD) Albert Einstein Middle School 9325 Mirandy Drive Sacramento, CA 95826	(916) 826-2822	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev pab cuam	Cov me nyuam kawm qib 6 th thiab 7 th	Muaj neeg txhais lus yog koj tsi paub lus Mes kas	Kev pab cuam txog kev cov nyom & nrhiav kev pab & Tshawb fawb lwm txoj kev pab cuam
Safe Zone Squad	Sacramento City Unified School District (SCUSD) Sam Brannan Middle School 9325 Mirandy Drive Sacramento, CA 95826	(916) 826-2928	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev pab cuam	Cov me nyuam kawm qib 6 th thiab 7 th	Muaj neeg txhais lus yog koj tsi paub lus Mes kas	Kev pab cuam txog kev cov nyom & nrhiav kev pab & Tshawb fawb lwm txoj kev pab cuam

Lub npe	Chaw Nyob	Xov tooj	Cov Yeeb Yam Ntawm Lub Chaw Pab Cuam	Cov neeg	Rab Peev Xwm Paub Hom Lus/Kab Lis Kev Cai	Kev Paub Tshwj Xeeb
Youth Mental Health First Aid (YMHFA), Question, Persuade, Refer (QPR)	Sacramento County Office of Education (SCOE)	SCOE (916) 228-2565	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev pab cuam	Txhua lub hnuv nyoo	Muaj neeg txhais lus yog koj tsi paub lus Mes kas	Txhawb kev tiv thaiv tua yus tus kheej thiab kev kawm
Kev Noj Qab Haus Huv thiab Kev Noj Qab Nyob Zoo						
SacEDAPT (Early Diagnosis and Preventative Treatment of Psychotic Illness)	University of California, Davis 2230 Stockton Blvd. Sacramento, CA 95817	(916) 734-7251	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev pab cuam	Leej twg los tau, hnuv nyoo 12-30 xyoo	Lus Xab Pees, Lus Suav	Kev tshuaj ntsuam xyuas, kev txheeb xyuas thiab kho npliag siab rau thaum ntxov
SeniorLink	El Hogar 630 Bercut Dr. Suite B, Sacramento, CA 95811	(916) 369-7872	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Hnuv nyoo 55+	Lus Xab Pees, Lus Hmoob, ASL	Kev nthuav qhia, kev qhuab qhia thiab kev sib txuas nrog cov chaw pab cuam
Community Responsive Wellness Program for the Black Communities of Sacramento Administered by Sierra Health Foundation Center for Health Program Management	Improve Your Tomorrow 3780 Rosin Court, Suite 240, Sacramento, CA 95834	(916) 299-3432	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Cov hluas txhua hom Hnuv nyoo 12-18 Thiab/los yog Kawm ntawv qib 7 txog 12	Cov neng Mes Kas Dub	Feem ntau pab rau cov menyuam kawm ntawv uas kawm tsis tau zoo, muaj kev pheej hmoo ntawm kev sib raug zoo, thiab/lossis tau ntsib kev ntxhov siab lossis kev kub ntxhov hauv

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<p>Community Responsive Wellness Program for the Black Communities of Sacramento</p> <p>Administered by Sierra Health Foundation Center for Health Program Management</p>	<p>ONTRACK Program Resources</p> <p>520 9th Street, Suite 102 Sacramento, CA 95814</p>	<p>(916) 285-1810</p>	<p>Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas</p>	<p>Me nyuam yaus, cov laus, tsev neeg, thiab cov koom haum kev tsev nyuaj siab, tsev kho mob, chaw pab cuam, chaw kawm, thiab tej chaw sib raug zoo.</p>	<p>Cov neng Mes Kas Dub</p>	<p>Muab kev qhia txog kev raug mob, muaj zog-raws li, kev coj noj coj ua kev cob qhia, kev sab laj, thiab kev pabcuam kev pabcuam txhawm rau txo qhov tsis sib xws, thiab txhim kho cov kev pabcuam rau ntau haiv neeg.</p>
<p>Community Responsive Wellness Program for the Black Communities of Sacramento</p> <p>Administered by Sierra Health Foundation Center for Health Program Management</p>	<p>Roberts Family Development Center</p> <p>766 Darina Avenue, Sacramento, CA 95815</p> <p>770 Darina Avenue, Sacramento, CA 95815</p>	<p>(916) 646-6631</p>	<p>Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas</p>	<p>Me nyuam yaus thiab Tsev neeg txhuam hom neeg</p>	<p>Cov neng Mes Kas Dub</p>	<p>Muab ib txoj hauv kev tsom mus rau kev txhawb nqa kev kawm qib Pre-K txog qib 12th thiab txhawb nqa, niam txiv kev kawm, kev txhawb nqa nyiaj txiag, kev paub siv thev naus laus zis, thiab kev koom tes hauv zej zog, thiab kev tawm tswv yim</p>

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<p>Community Responsive Wellness Program for the Black Communities of Sacramento</p> <p>Administered by Sierra Health Foundation Center for Health Program Management</p>	<p>Rose Family Creative Empowerment Center</p> <p>7000 Franklin Boulevard., Suite 1000 Sacramento, CA 95823</p>	(916) 376-7916	Hu ncaj qha rau lub chaw pab cuam thiaj tau txais kev saib xyuas	Me nyuam yaus thiab Tsev neeg txhuam hom neeg	Cov neng Mes Kas Dub	<p>Muab cov kev pab cuam los pab tiv thaiv</p> <p>kev txom nyem kab lis kev cai los ntawm</p> <p>kev pom thiab ua yeeb yam thiab tom qab</p> <p>tsev kawm ntawv cov kev kawm. Muab kev</p> <p>nkag tau rau cov zaub mov noj / zaub mov</p> <p>zoo nrog rau kev kawm txog kev noj qab</p> <p>haus huv thiab kev nyab xeeb.</p>

Kev Saib Xyuas Txog Kev Nyuaj Siab

Lub npe	Chaw Nyob	Xov tooj	Cov Yeeb Yam Ntawm	Cov neeg	Rab Peev Xwm Paub Hom Lus/Kab	Kev Paub Tshwj Xeeb
Cov Chaw Pab Cuam						
A Church for All: Ripple Effect	4704 Roseville Road, Suite 110 North Highlands, CA 95660	(916) 807-7305	Kev lees cov neeg qhua raws hauv xov tooj los sis email, suav txog yus tus kheej mus kiag	Cov neeg laus uas muaj mob puas hlwb	Lus Xab Pees	LGBTQ-tau npaj saib xyuas zoo
Capital Adoptive Families Alliance	www.capadoptfam.org	(916) 671-2030	Kam lees xa mus tu rau ntawm cov chaw saib xyuas, cov chaw pab cuam, thiab hu xa mus hauv xov tooj, email, thiab social media	Cov niam txiv ntawm cov menyuam yaus uas raug coj los tu nrog SED	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	Lub chaw tshav puam ua si rau tsev neeg thiab cov haujlwm npaj ua rau cov niam qhuav txiv qhuav thiab lawv cov menyuam yaus nrog rau feem kev xav kho mob puas hlwb

Lub npe	Chaw Nyob	Xov tooj	Cov Yeeb Yam Ntawm	Cov neeg	Rab Peev Xwm Paub Hom Lus/Kab	Kev Paub Tshwj Xeeb
Del Oro Caregiver Resource Center	8421 Auburn Blvd, Suite 265 Citrus Heights, CA 95610	(916) 728-9333	Kev lees txais cov neeg qhua raws li kev hu hauv xov tooj tuaj	Cov Neeg Zov Cov Neeg Loj thiab Cov Neeg Zov Cov Neeg Laus	Lus Xab Pees, Lus Co	Kev saib xyuas thiab pab tswv yim rau cov neeg zov
Sacramento LGBT Community Center: Lambda Lounge	1927 L Street Sacramento, CA 95811	(916) 442-0185	Kev lees cov neeg qhua raws hauv xov tooj los sis email, suav txog yus tus kheej mus kiag	LGBTQ cov neeg laus uas muaj hnuv nyoog 24+ los sis cov los sis cov muaj mob puas hlwb	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	LGBTQ-tau npaj zoo thiab saib xyuas zoo; paub tshwj xeeb zoo txog cov neeg laus LGBTQ
Sacramento LGBT Community Center: Q Spot	1927 L Street Sacramento, CA 95811	(916) 442-0185	Kev lees cov neeg qhua raws hauv xov tooj los sis email, suav txog yus tus kheej mus kiag	LGBTQ cov neeg laus uas muaj hnuv nyoog 13-23 los sis cov los sis cov muaj mob puas hlwb	Siv cov kws txhais lus rau cov neeg uas tsis hais lus Askiv	LGBTQ-kev saib xyuas zoo thiab pab txhawb rau pawg neeg; kev paub tshwj xeeb txog cov hluas LGBT
Saint John's Program for Real Change	Yog paub ntau tshaj no ntxiv hu rau qhov kev pab cuam	(916) 453-1482	Kev lees cov neeg qhua los ntawm kev xa tuaj ntawm cov tsev kho mob menyuam yaus, cov tsev kho mob, WEAVE, lwm cov chaw kuaj mob puas hlwb, thiab cov chaw ua haujlwm ntawm tsoom fww	Cov poj niam uas muaj mob puas hlwb, suav txog cov poj niam uas muaj menyuam mos	Cov kws xyaum pab txhais lus (tam sim no yog Lus Lav Xias, Lus Xab Pees thiab Lus Nyaj Laj). Cov hais lus tsis tau Lus Askiv yuav raug hloov raws li qhov muaj neeg ua haujlwm tawm.	Pab saib xyuas rau lub sijhawm luv thiab pab txhawb rau ntawm chaw
Capitol Star Crisis Residential Program	Hu mus nug tau rau cov neeg ua hauj lwm	(916) 890-3000	Hu tau rau pab txog kev pab cuam hauv xov tooj thiab hauv website https://www.starsinc.com/sac-crp/	Kev pab cuam tau hluas thiab laus hnuv nyoog 18-29 xyoos	Mes kas los yog Mev	Crisis Residential Program & Counseling Center Kev pab cuam txog kev kub ntxhov & Kev cob qhia

Lub npe	Chaw Nyob	Xov tooj	Cov Yeeb Yam Ntawm	Cov neeg	Rab Peev Xwm Paub Hom Lus/Kab	Kev Paub Tshwj Xeeb
<p>TLCS, Inc. (dba Hope Cooperative)–Mental Health Crisis Respite Center</p>	<p>Yog paub ntau tshaj no ntxiv hu rau qhov kev pab cuam</p>	<p>(916) RESPITE (916) 737-7483</p>	<p>Kev lees txais cov neeg qhua rau hauv xov tooj tsis hais tus kheej hu mus thiab cov neeg hauv zos xa mus</p>	<p>Cov neeg laus</p>	<p>Lus Hmoob, Lus Lithuanian, Lus Lav Xias, thiab Lus Xab Pees</p>	<p>Saib xyuas mob puas hlwb tau txhua txhua 24 teev/7 hnuv hauv ib asthiv</p>
<p>Turning Point Community Programs – Abiding Hope Respite House</p>	<p>Yog paub ntau tshaj no ntxiv hu rau qhov kev pab cuam</p>	<p>(916) 287-4860</p>	<p>Kev lees txais cov neeg qhua uas xa los ntawm cov chav kho mob xwm txheej ceev, kev yuam siv txoj cai lij choj, cov thawj coj hauv kis kho mob uas tsis kho hauv tsev kho mob, cov chaw nkaum, thiab yus kheej xa mus</p>	<p>Cov Neeg Loj thiab Cov Neeg Laus nyob hauv los sis cov muaj mob puas hlwb</p>	<p>Lus Xab Pees thiab Lus Nyab Laj</p>	<p>Kev-sib pab cuam rau qhov teeb meem</p>
<p>Rejuvenation Haven at Wind Youth Services</p>	<p>815 S Street Sacramento, CA 95811</p>	<p>(916) 504-3313</p>	<p>Kev lees cov neeg qhua raws hauv xov tooj los sis email, suav txog yus tus kheej mus kiag</p>	<p>Cov hluas hnuv nyoog 13-25 xyoo uas tsis muaj tsev nyob los sis muaj feem yuav ua rau tsis muaj tsev nyob thiab raug saib xyuas rau hauv los sis cov neeg muaj feem yuav muaj</p>	<p>Lus Xab Pees</p>	<p>Saib xyuas thaum tuaj txog hauv</p>